

# The Divine Cool Breeze

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# canajoharie

It is such a great pleasure to see you all assembled here, which is such a far-fetched place, away from the madding crowd. It is such a beautiful place, which has vibrations. I selected this place suddenly from a very thick newspaper, an American newspaper. The vibrations were just shooting out and I said, "What is this, coming from where?" There was a little advertisement and I said, "This is the place where we have to go." This place has so many vibrations, even in the advertisement.

the divine cool breeze



CAN YOU IMAGINE ME THINKING ABOUT A PLACE LIKE THIS?

# a far-fetched place

away from the madding crowd

So you can imagine  
how the guidance comes.  
It comes from vibrations  
and that is how I was  
here and this place was  
selected by the Divine  
Force. And it happened  
only in one day – such  
a miraculous thing to  
happen in one day.  
It was taking so much  
time for them even to get  
this and suddenly I told  
them, “Better get it.”  
It all worked out and we  
are now here in the most  
beautiful atmosphere.








The red Indians were driven out and they came here to hide themselves. They were hiding themselves in this place so that they should not be crushed and destroyed forever. That era is over now, that era of domination, of entering into somebody else's land and occupying it and considering it to be a great revelry. All that is over now. The human understanding has gone much beyond and they understand that this is sinful, this is wrong, whatever we have done was wrong.

But those people are no more. And the children and the grandchildren of those children, of these people who were the children of God ... they do not like all that – because you have no right to take somebody's land like that and occupy it as your own. Of course, the land does not belong to anyone, but still, wherever you are born, that is your land and that land has to be kept with those who are born here, who own it.



shri krishna puja 2001

But this kind of aggression has been going on for ages. Now the time has come to finish this. Once and for all give up this kind of adventure, to enter into somebody's land or somebody's house and occupy it.

But there is another kind of aggression I see now. It is that they enter into the minds of the people now through their talk, through all kinds of their aggressive attitude and the mind itself becomes a slave. The present times are like that, I think, where people have no freedom to think what is right, what is wrong and also to take to right things. They have to accept whatever is happening around, whatever is immoral, whatever is destructive. One has to accept because still, I think, we do not have a sufficient number of Sahaja Yogis who can oppose all these adventures of modern times....

The first, first duty of every Sahaja Yogi now is to save others, to talk about Sahaja Yoga, to work out Sahaja Yoga in different places.... The concern has to now go from yourself to others. You got your Realization all right. You corrected yourself. You are absolutely perfecting yourself. All this is there, but now what is to be done? For what is this light enlightened here? It is for others.

So now Sahaja Yogis have to live for others and not for themselves. They will have all the energy, they will have all the support and they will have all the blessings. So we have to live for others. And how do we live for others is very simple. It is to have concern, concern about everything. You should have concern about the Mother Earth, concern about your neighbours, concern about the people who are suffering all over the world. If you read the newspaper, you will be amazed how things are happening, how people are suffering.

We have to understand fundamentally that unless and until transformation takes place, we cannot change this world. And you all can transform others, so it is your duty. It is your job to transform other people and to tell them what is divine love.

**live** for others

Love is the only way now we can work it out. It is something like a big, big oil which should go into this darkness of aggression and which will clarify many places, many hearts, many people. It is an ocean, we should say, an ocean of greatness. This divine love is so great and so powerful, at the same time so very gentle that you can see the nature, how the trees grow. Every leaf gets the sunshine. Every tree has its own position. We have to learn so much from the nature because nature is abounding with that love. Nature has no aggressiveness. It is just under the complete control of the divine love.

# love is the only way

With this understanding, you should also know that when you are getting to Sahaja Yogis what should be your attitude, how you should move, how you should talk to them, how you should understand them, how you should express your love. This is quite possible now. It is not difficult. You should not be afraid, not feel shy, but in a sweet manner you can talk to them. You can communicate with them. You can tell them because this was the time this was to happen. That is the reason Adi Shakti had to come. Without Her it would not have been possible.

All other incarnations were there, but firstly, they were only on one chakra.... They had to establish themselves with other people, with the people around. They did try and they worked it out, but it did not really work in the real sense of the word.

So Adi Shakti had to come, who has all of them with Her. They are all with us, all the time wanting to help you to do everything that you want to achieve.... These holy vibrations are with you for every kind of good work you want to do. And any kind of Sahaj work you want to do, these vibrations will definitely be there to guide you, to help you, to support you and to love you. You will be amazed how people, once they start working for Sahaja Yoga, how they are blessed from every angle.

So you have to decide in your own mind that all your dreams have to come true. So the only thing that you have to do is to know only that your purpose of life is to spread Sahaja Yoga....

It is a very unique time where there is light everywhere. The nature is absolutely with you. You can see how nature acts, how it is trying to help you and support you and how it wants to work out everything for you. It is to be just understood and felt that you are something very special and that you have all the help, every one of you.

It is not one person, two persons. It is not ten persons. It is the whole lot, as if the whole ocean is there to help you, help you to swim over to save so many. You have not seen such an ocean where there is so much depth and all the waves try to save you, to make you float in the realm of joy.

All this has happened to you because there is a purpose. It is not just because you have done *poorva punyas* and all that. Many people say because of a previous life we have got it. That is true. The cause may be that, but the result is that now you are capable of giving Realization to people and this is what you have to do.

All the way you have come here in this wilderness. From this wilderness only, you will rise and you will bless all the people of the world. Especially America should be blessed again and again because it is the Virat. It is Shri Krishna's land because people will always try to follow, to copy you. Things will improve if you get ... the blessings of the various lotuses you have within yourself, no doubt. But what about you doing something about it? And this is what is very important....

When you meditate, you think about yourself, how much you have grown, what have you done, what have you given to others. Whatever you have got, unless and until you distribute it, it won't increase. That is the fundamental law and that works. I have seen people who are realized souls, who are very good, who know everything about Sahaja Yoga, but are not yet that much confident or that much deep. All this is only possible if you yourself get into creating new Sahaja Yogis and more Sahaja Yogis – not for popularity, but for their good and for the good of the whole....

Try to experiment with it. Once you experiment, you will find out that only with the attention that you put to these things, it will work out. I am sure it will work out....

**it will** work out

On a subtler level we have worked, but now we have to work it on the surface. At the subtler level we are there. We have achieved and we can achieve much more. But we should come out of it and think what can we do on the surface, so that people see what Sahaja Yoga is and what it can do for people.

It is your personal behavior, your collective behavior, your national behavior, all are going to change the atmosphere which is supposed to be superficial, so that that also becomes subtler.



I have been saying this in many places, but at this puja I think it is important to say that if you are really facing the Adi Shakti, then you must know your powers are boundless. You have to just assert those powers. It is not a stationary power. There is a movement in it and there is a right type of a movement. It knows where to enter, how to work it out.

Now look at this place. Can you imagine Me thinking about a place like this? But I just had in mind, of course, I must say, that we should have some place here because the American Sahaja Yogis did not have any place to meet – that's all. And see how I got it. But the desire to do all this should be there within your subtler level and then it works. It works. It is like a magic, I tell you. Now you have faith in yourself and decide about it.

I am so very happy that it has been achieved with such ease – unbelievable, with such ease. Absolutely, nothing great was done. The way we got this was so simple. Just like another Sahaja Yogi, the person who was to sell to us came down so excited and he just sold it to us, finished. We did not have to do anything to convince him or to talk to him or reduce the price – nothing. And he sold it out to us.

In the same way, whatever on a subtler level you desire, it becomes a terrific force which moves by itself, which knows where to go, how to enter into which area and it gets the thing done. It is something we all should experience and work it out with full confidence. It is the love that we have, the concern we have. This is the power that has given us Self Realization and this is the power that has given us this enrichment of achievements.

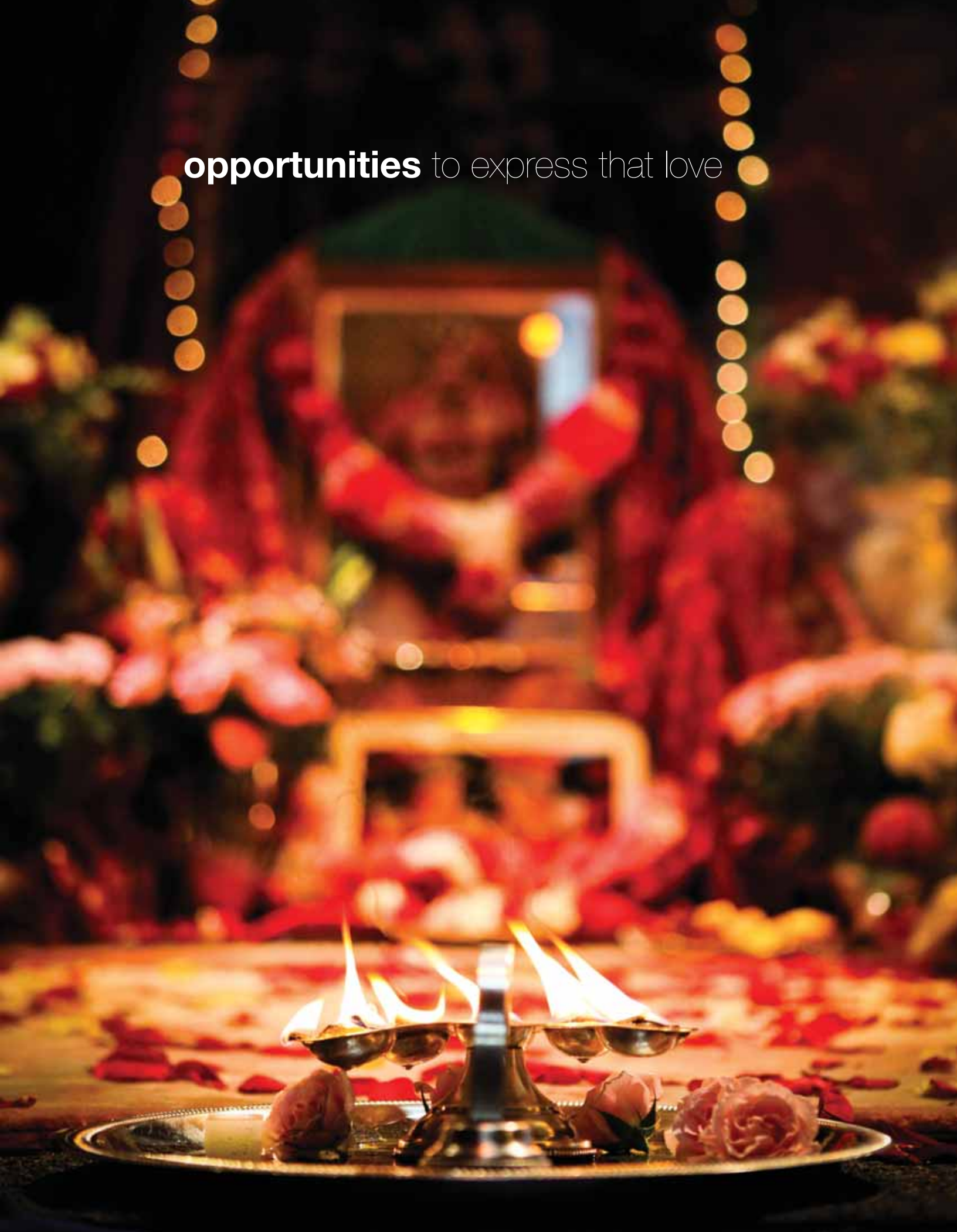
**this force** will come in

I am sure all of you who are here will realize how it was done – I mean so quickly. This is one of the things that should just tell you what we are capable of doing, what we are capable of achieving. And when you think of so many people who are lost in the maya of ignorance, we should really feel from inside that concern and that hankering, “How can I help these people?” And you will be amazed, once you think like that, how this Divine Power, this Force, will come in. Forget about petty things and petty problems. They are nothing. You have such a powerful thing behind you.

It is true that all this universe was created, everything was created and then you were created and all that is done. But the greatest thing this Power has done is to create Sahaja Yogis. This is the greatest thing. Those who have knowledge, those who have the pure knowledge and those who have the divine love in their heart, what a tremendous personality it is. Just think of that and you will get all the opportunities to express that love.



**opportunities** to express that love



# an immortal portal

shri adi shakti puja 2000

Throughout the world, there are doors immortal and gateways to the spirit, opening and closing every day, by the grace of Shri Mataji Nirmala Devi – Ganapatipule, Cabella, Nagpur, Pratishtan, Belapur, to name a few, and one I recently returned from: Canajoharie, New York, USA.

We are a family, for we know who Shri Mataji Nirmala Devi is and that our Mother is working out everything. The camaraderie, work level, dedication, commitment, sheer determination demonstrated throughout this time by our brothers and sisters was incredible. I am privileged to have been a small part and to have been able to take time out of “our lives” to pay homage, to get: muddy, cold, wet, full of sawdust and share the gift of divine collectivity with our brothers and sisters with whom we have shared so much, so many times before.

This was a journey of lifetimes, all in a few short weeks in the summer of 2000, visiting a new Immortal Portal.

A part of me was left there and a larger part of there I take with me. *Jeff Lyons*



shri krishna puja 2001

It was a blessing for Sahaja Yoga all over the world and especially in America when Shri Mataji graced us with Her presence at Canajoharie. *Nirmal Mukhi*

There's something about the beauty and intensity of vibrations of Canajoharie that makes it unlike any experience. That, combined with being surrounded by my brothers and sisters and having Mother on the land, made it a time that I will always carry in my heart. *Grace Buetti (age 15)*

It really felt like playing in Mother's garden – with eight hundred to a thousand of your siblings. All I really remember from the puja itself was how beautiful Shri Mataji looked, how the vibrations flow so strongly doing Her puja and how clear and joyful and playful I felt afterwards. *Mark Mays*

Krishna Puja 2001, in Satya Yuga, was one memorable event and really was a live preview of our Mother's vision of what is to come in the future.

*Sujata Gulati (De Sousa)*

mother's garden





**all the time** they worshipped





# spiritual people

In America I was surprised to see that there were so many red Indians, who are called as Indian Americans. They were all oppressed – oppressed so much that they had to run away to different places. And then I went to this place, Canajoharie. I found the vibrations were so good. That means they were very innocent, simple people. Americans at that time who went there tried to completely finish them. So they went and hid in places like Canajoharie. But Canajoharie had such tremendous vibrations that I said, “Look at this. So many years have passed, still the people who lived there or walked about and were absolutely enjoying this place were red Indians,” the ones who were Indians – we call them American Indians. But they are so simple and innocent and they were also, I think, spiritual people because they used to worship the Mother. Mother, all the time they worshipped.

**canajoharie** shri adi shakti puja 2000

I have already told you about the Adi Shakti, how She had to work out so many things in this world, first to create and then to create human beings through the evolutionary process, after that to comfort, then to counsel. So many people came on this Earth just to do the counselling. They told what was wrong, what was right, what we should do, what we should not do, what is self-respect and what is the duty of a human being as the superior-most creature.

So many of them came on this Earth. One after another, in every country, they came and their counselling formed religions. Of course, you see the mess of the religions and that is how their life was wasted. They formed religions after religions, by which only human beings were divided, divided to such an extent they hate each other.... Despite that, the human brain in its freedom did all kinds of wrong things and created a country – or we can say the whole world – full of lots of problems arising out of religion.

How can it be that religion makes you hate somebody? Religion is there to understand love, imbibe love and compassion.

So the third thing one had to do is the Adi Shakti's job. That is the one Kundalini within us and, by Her awakening, we got pure knowledge, absolute knowledge – pure knowledge that it cannot be challenged, absolutely. Whatever you know after Realization is absolute. If you know that, then what you have to understand is that everything has to be united. You cannot have fights and you cannot hate anyone. If that thing starts happening, all the problems of the world will be finished. So the first thing, redemption – that is the quality of the Adi Shakti – was to redeem people of their all-wrong ideas about others....

**religion** is to imbibe love



There are six enemies we have got and unless and until we can conquer those six enemies we cannot be a religious person. That is what it is said. But actually, all religions are based only on prospering those six enemies that we have within ourselves. When you see this clearly, you start seeking. You start seeking – seeking a message, the truth and the revelation of truth. Absolute truth can only come through your evolution, through your reformation, that you become a person who knows the truth. For that, Adi Shakti's ascent is important within you, which is your Kundalini. And when this thing takes place, automatically you drop all those six enemies that you have. You become a beautiful human being. Like a lotus, when it is in early germinating state, it looks like all other small animals or small, very, very small dirty things that are in the pond. And then when she starts coming out, coming out of that horrible water, it becomes such a beautiful flower, rises up and opens out.

In the same way, a Sahaja Yogi, though he lives along with all these horrible things that are going on, but flowers like a lotus. It does not have all these insects, all this dirt and filth of that water in which it lives. It sucks only the pure water and ... the others remain there as it is. So what is left within you is nothing but purity, beauty and fragrance, just like a lotus. Then there is no more the problem of getting attacked by all of these small, small creatures in the water and all the dirty things that are in the water. And this state that you have achieved now, I am very happy to see so many people in America have achieved it....

The second thing that happens to you, you become absolutely collective. This has to happen, but I find still people have not understood the meaning of collectivity.... I have seen, even among Sahaja Yogis sometimes, some people who are working for money, who are educated, sometimes look down upon people who are not so well off. Or maybe the housewives, who are working in the house, looking after the children, building up the families, are not treated with respect as some secretary.... When money is important, then the Lakshmi principle is not respected.... Very wrong things can happen. You can work, you can be educated, but you should be able to look after your family and look after their comfort and look after their unity....

The women who work very hard in the household with love, look after the children, look after the family are in no way less than these people who are working in the office. So such women must be respected by their husbands, by the males of the family. Not only that, but all the Sahaja Yogis must respect such women who are doing such a difficult task. I have been a housewife and I know what it is to run the house, to look after the children, to look after the complete organization and looking after the expenditure of the money if that is limited. This ego has to go....

In one of My lectures, I talked to you about the emotional intelligence. That is what we should try to imbibe – emotional intelligence. That means the intelligence that is based on emotions. Unless and until we become emotionally intelligent, our society cannot improve. In an emotional intelligence, you care and you enjoy caring. You do everything for others with a great emotional understanding, not for one child, not for one son, but for everyone you have to be emotionally intelligent.

Some children are born like this, but some are to be made like that, that they should be emotionally intelligent because if the mother and father are money-oriented, very selfish, they won't allow their child to give anything to others. So such a child will grow into a very funny type of a person and he will never do anything for anybody, not even for his own country....

## what are you making out of your life

This emotional intelligence has to be brought in our lives, in our pattern that we have. Are we emotionally intelligent or we are just intelligent or emotional...? If you are just intelligent, you can become a very dry person. You may just have few friends – maybe you may not have – and you will always try to preserve yourself away from the collectivity. And if you are emotional, you will be attached only to one person, attached to one child ... for no rhyme and reason. Why are you attached to one person? Why do you bother about one person only...?

So according to ethics, emotional intelligence is the highest quality by which you give to others. You care for others, for everyone and you become very, very collective.... I am just a woman, I am just a mother, but what I have is really the emotional intelligence, an ocean of it, and from that I know about everything. I understand about everything and all this work has been done because of that quality in My head. I am not attached to one person or to one style. Whatever you say, I can understand because I am at a level where I can understand everything that you are doing. To achieve that, you try to develop emotional intelligence.... The joy of life is only in the emotional intelligence. If you do not have that, it becomes very dry. Life becomes very unbearable, horrible and even the family gets broken up if there is no emotional intelligence in the family....

I thought that for this special puja I should say something about the family. In our ashrams or in our programs or wherever we are, we should remember this point, that are we having that emotional intelligence when we are trying to talk about Sahaja Yoga. Why do I need to be every place to tell them what is the meaning? You can tell them. If you have that emotional intelligence, everybody will listen to you....



You are Sahaja Yogis. You have to send waves of emotional intelligence. You have to send love all over the world. You have to show how you can with love win over. It is also possible if you are not so attached. If you are attached to your country only, now it is a bigger issue. Then you will try to exploit other countries, take advantage of them, try to run them down. But if you are emotionally attached to your country, then you will bring a good name to your country by doing real good work. I do not know why people do not know how to discriminate. Why are they so selfish trying to bring them up, trying to do all the good things for themselves?

There is a very great chance for all of you to get this within you, your reach, because you are all Sahaja Yogis. You have become like lotuses and the lotus has the fragrance which spreads all over. And days together it stays in the water, in that dirty water and it spreads the fragrance. With that fragrance also you can do lots of things. The bees come there. They sleep in that beautiful house of a lotus and in the night it closes down very carefully, all kinds of things come for the flower, to take the little of the beauty of that flower. We can say because you can extract also the essence of that which has a fragrance, you can also get some honey out of that, whatever is possible. Everybody comes to that flower. That does not mean that flower in any way is weak, but that is its quality. That is its strength. That is its understanding. That is what you are. You are all made into lotuses. You are not made into some sort of creeps or some sort of stupid donkeys – no. You are the people who are to give the fragrance of your love, fragrance of your compassion to others. And you should feel happy about it. That does not mean that you give up this, give up that – nothing of the kind. But it means that whatever you have, whatever is your possibility, capability, you must try to do for others, give it to them and the more you do it, this collectivity, that is what is very important....

The whole family of Sahaja Yoga also is your family, so for everyone you must have compassion and love. I know some people grow very fast, but some do not because they lack this balance between emotion and intelligence. This balance has to be completely established....

In our general attitude also, we should try to see are we really following, are we really doing what is to be done. What are we doing for morality? That is a very important point in Sahaja Yoga – how you dress, how you walk, how you talk. Everything is very important. And all other things that you have, you should try how to create and all these things of different, different chakras you should try to concentrate on them and see for yourself what are you doing.

What are you making out of your life? You are Sahaja Yogis. You are special people. You are not ordinary. I want to tell you that you should have self-esteem. Try to understand what is your quality – what are your qualities.





nature



vibrations



canajoharie

You have to fight the negative forces. You have to fight the wrongdoers. All this [Shri Krishna] explains in a very beautiful manner, that we have within us three kinds of powers, which we also know, and by the middle one that we have we rise above all these material, physical, mental, emotional, all these problems facing us into a new realm of spirituality. And that is what He wanted to save from the cruel people, from the aggressive, who were also misleading others.

It is a very good understanding, if you have, that who is your relation? Who is your brother? Who is your sister? Those who are evolved souls are your relations. They are your own and for them, if you have to fight the people who are aggressive, you better do it. You have to do it. That is the way of dharma.

So we have three paths, as you know, in Sahaja Yoga. The one is of bhakti. Bhakti is where you sing the praise of God, have devotion. You do all kinds of rituals, everything and you think that you are very close to God. This is one which is being accepted by many, many people and by many so-called religions, that we must have complete dedication for God....

The second one was the karma, that you do your work. You go on doing your work with a detached mind. I mean it is not possible, but that is what they say, we are doing our karmas, good karmas. We do all kinds of good things, go to various places for our cleansing, meet many great people of spirituality, go to all various places and pray, visit all auspicious places which are being described. All kinds of rituals we do for that. That is the karma yoga....

The third one is the discretion, which He calls as the *gyanmarga*. It is the central path by which you evolve. You evolve into ... a new state of your mind, a new state of your being, by which you become absolutely above every nonsense. Also you are endowed with power to fight whatever is bad, whatever is corrupting, whatever is killing this world. At that stage, you are equipped with a divine power that you can finish off anything that is negative around you. This is to be understood, that that is a state. That is not just talking. That is not just believing that "I am that," but it is a state. If you come up to that state where you are beyond all these things and you have all the knowledge, pure knowledge, the subtle knowledge of being – this is the *gyanmarg*....

Ours is a *gyanmarg*. That is the knowledge, the path of knowledge, in which you have to know all the knowledge. Unless and until you have the whole knowledge, you are not yet a *gyani*, a person who knows. In this way, He has established that our evolutionary process has to come beyond all other human awareness. Other human awareness is of no value for a spiritual personality....



# ours is a gyanmarg

We are born as human beings and we know so many things already. People know so many things, but they do not know the actual. This knowledge does not come through your reading or through your intellectual pursuit or for your emotional movement – no. It is *shashvat*. That means it is all the time there. It exists. It will exist. And it is just to be understood, just to be known to yourself what it is. It cannot change. It cannot be remolded. It is what it is and that is what you know now. Nobody would doubt that. Because those who haven't got this state, they may doubt, they may call you crazy, they may think anything. But with the open eyes, whatever you say is the truth. In the same way, with the open heart and an open brain, when you know that that is the real truth, that is what is to be known....

Shri Krishna's specialty was that He always supported people who were realized souls, who were on the right path, who are doing righteous things. He would never support anybody who may be well-off, who may be a great thing....

The discrimination is the gift of Shri Krishna. Apart from anything else, He gives us the gift of discrimination. That is His style, to teach you how to discriminate and then you will become experts on discrimination, on vibrations. On vibrations, you can get everything so clearly, so beautifully. Others may not agree with you – that is a different point – but you know what is right and what is wrong. And that is what Shri Krishna's gift is....

Sahaja Yogis first have the power of satisfaction, tremendous satisfaction. Imagine in this place you are all enjoying so much. You are living here, so happy. It shows what? You are so satisfied. Otherwise nobody would like.... But to live with others, this collectivity also is the blessing of Shri Krishna. He teaches you to be collective, the fun of collectivity, the enjoyment of collectivity. A person who is secluded, who keeps himself off like a drunkard is not the one who worships Shri Krishna. The one who is one with Shri Krishna enjoys everyone who is there. Especially if they are all realized souls, that person enjoys their company very much. That is something so easily understood in your lives if you see how you live happily, morally, absolutely perfect, in no way you do anything immoral, steal anything or have bad feelings for other people. It is something surprising that has happened to you that you are all living so happily in one place together with such joy. His collectivity is to be understood because I always say that Shri Krishna is the Deity of America.





America is the Vishuddhi of the whole world, so it is very important that the people who are in charge here should know all the powers of the Vishuddhi, plus how to preserve it and how to expand it to the whole world. With these two hands, which also are from Vishuddhi chakra ... you have to spread Sahaja Yoga. You have to go to different worlds, different countries. Even to small villages you have to spread Sahaja Yoga. Only in the hands first you see the cool breeze.



## **shri krishna's specialty**

he always supported people

who were realized souls

who were on the right path

who are doing righteous things



That means you feel the universal power of the Divine in your hand. So this is the collective universal love that comes to your hand and teaches you. So it is such an important chakra. In the same way, America is very important and, as citizens of America, you should try to maintain the religion, the dharma here and to create a great understanding for world problems. And try to give love to all the people from whatever country they may be coming. May God Bless you all.









# imagine in this place

You are all enjoying so much.

You are living here, so happy.

It shows what?

You are so satisfied.

It is something surprising

that has happened to you

that you are all living

so happily

in one place together

with such joy.

Today we are going to worship Shri Krishna as a very great personality. And you know why He came on this Earth – to establish the new form of – not Virat, not Virata – but a form by which this country became so prosperous. And by His advent only, He created a beautiful mentality among the people how to develop this country with dharma. And you had very great leaders who followed Him and who worshipped Him in a way and created a new world of this America.

But unfortunately, as the time passed on, this form vanished from the minds of the people. The reason was Krishna was represented here by a very, very wrong type of people who had no idea about Shri Krishna, that He was a great master of wealth, that He knew how to use the wealth and how to create the wealth with dharma, not with adharma. They all forgot about it completely and gradually started using maneuvering powers, all kinds of adharmic things – cheating, grabbing money, spending their money in absolutely useless things.

He is Kubera. He does not need any money, of course. He achieves money. And not only that, He is, He lived in money. They said that He created a golden house for Himself, absolutely made with gold in Dwaraka, but it submerged in the water, in the sea.... He was the one who was for satya first – truth. He was for truth and He worked out everything on the principle of truth. Whatever was not truth, He tried to finish it off. Whatever was destructive, He tried to remove that. And He established Himself through truth only. He is the one who represents the truth, absolute truth, and how the truth can prevail in everything....

By worshipping Kubera, what we are doing? We are going to establish the truth of money, what lies behind the money, what is the point of having money. This country had money. As a result, so many good people came here to work and you had so many complementary things. You had lots of people who have complemented because I think in certain things Americans were a little less. Not in intelligence, but in brilliance I think they were little bit lacking.









So they got very brilliant people from abroad and also they were very focused people, so they worked it out very well. Also they respected people who came with brains. So this is what happens when you forget that truth is the main point. If you do not have the truth, no use having money. Because what you did was to go around with this thing, that thing, I mean all kinds of things, to just get money....

What is the use of such money, which is so temporary, which is so useless? But that is human nature, to run after maya. And this is the quality of money, that it gives you maya – maya like this, that they get a little money somehow, with that little money, they buy something. Then they think money is very important. You can buy lots of things. You can buy cars. You can buy airplanes, this, that. So there is where maya plays on you and you start running after that mad money....

Sahaja Yoga is one thing which gives you a complete vision of the destruction that can follow this maya business. It is something, such a insight that you do not have to do anything with it.... Even if you understand the value of money, even if you understand that money can bring lots of things to you, despite that, you do not look at it. You just turn your face. That is the sign of a real Sahaja Yogi. To him, it does not matter, temperamentally. It is not that he does something for that or tells his mind – nothing. Temperamentally, he does not care for money just because he is above it. The one who is above money is a real Sahaja Yogi. The one who is engulfed in the nonsense and the maya of money is not a Sahaja Yogi.

Sahaja Yogis have to fix their mind to their spirit. Enjoy the powers of your spirit, your own. That enjoyment, once you get it, you do not fall to your greed. This is something very, very simple, but sometimes you do not do it....

A Sahaja Yogi has his own spirit to enjoy, more than anything else. He does not want to possess anything. It is a headache to possess things....

So what I have to tell you is this: you should not worry about your financial situations at all. Do not go on calculating. Do not see how much money you have in the bank, what you have to do with your money, where you should invest. I have seen people going mad planning the whole thing. There is no need to do that once you are a Sahaja Yogi. It all works automatically. The greed is within you, just like any other disease. As you have diseases, greed is also there. As your diseases can get cured with Sahaja Yoga, your diseases, as much as your greed is, it vanishes. You do not know what greed is.

The only way to counter-balance is to become extremely generous. If you are extremely generous, greed will run away. That may be another way of doing it.... You have to be generous, just generous, not with yourself, but with others. As much as possible, be generous. Generosity is very love-giving, one of the expressions of your love....

To be generous is the best way to live in this world. After all, it is a headache to have too many things. Better to get rid of them, but out of love. If you do that, you will know how much they will be appreciative of you.

Another thing is, to get rid of greed, you should try to do some sort of a collective social work. Supposing you go to some place where lots of poor people are there, I tell you your greed will just drop out....

In Sahaja Yoga, we do not say ... that you give up your clothes, you give up your family, you stay in a forest or in a hut or anything – nothing of the kind. Do not give up anything. You have to give up from your heart. Just it should happen in your personality. You do not have to give up. And if you have that well built-in spirituality, you will not even think of grabbing someone. On the contrary, you would like to give up everything.... You give up from within. If you are not attached to it, you have given up. That much should be there and if you all enjoy your generosity and charity, there is nothing like it. I have known people who are very rich and all that, but they lack generosity. That is another quality of Kubera....

the world will improve

The third solution for this kind of a nonsensical greed is your self-respect. Why should you steal, why should you have anything that is stolen or why should you have anything that belongs to another person? If you have that self-respect within you, you won't touch anything that is not yours....

Greed is never satisfied. I have seen people who were very rich once upon a time become very, very poor. So to them, life has become hell. They cannot live without their great pomp and show, but they do not understand that it was false. They just go on feeling extremely downtrodden when they lose their money. Then there are people who want to have money. They will do anything but get money....

Power is the same as that. If you have your own powers, you do not hanker after these powers. But they want to have power because they want to have money and they get power with money – can you imagine? Where are human beings, at what level, at what level of evolution they are? They are going around and around the circle of this money. This is Nabhi chakra which has to improve, which gives you satisfaction. If your Nabhi chakra is satisfied, you have achieved the state of Kubera. That is very important, to see that your Nabhi should be satisfied.

There are so many other kinds of things we have, but I think now the worst is this greed. And this, if it is managed somehow or other, brought to its own level, then I think the world will improve very much.



A scenic landscape photograph showing a lush green field in the foreground, a line of trees and shrubs in the middle ground, and a blue sky with scattered white clouds in the background. The text "a most beautiful atmosphere" is overlaid on the upper portion of the image.

**a most beautiful** atmosphere







It is the woman who makes the marriage happy or unhappy. She should know how to handle the situation and to understand because it is a question of love. If you have love in your heart, you can win over anybody.

So first you must think of showing, expressing in a very gentle manner your love for your husband and for his family and try to control yourself in a way that they do not get upset with you and he does not get upset with you.

Sometimes you may not like some things. At that moment you should keep quiet and later on you can correct it, but the best thing is how you love your husband, how you look after him, how you suggest that you love him very much.

This is not understood sometimes. Sometimes the brides think that once you are married, "We can demand this, we can demand that." There should be no demand at all, no demand of any kind, but the only thing is, if you develop the love, it will look after you and give all that is necessary that you want to have.

You do not have to open your mouth and ask, "Give me this, I want this." No, there is no need at all. It is the love that you have shown or given that will be valued the most and will be granting whatever is your need and whatever is necessary.

But you should never open your mouth. That is the secret. Never ask for anything and it may be that he may also complain that "You are not saying anything to me." It is all right. Whatever is proper is all right.

You see, you have to build up this self-respect of your husband. You have to respect his self-reliance. It is all you have to do ... because you are the supporting personality. But actually you are his energy. You are the one who is going to completely fulfill his life with your love and with your attention.

If you have decided on that, you won't see small, small things. You won't bother about small things, what sort of a dress he is wearing, what sort of a thing he does because he comes from a different family, different background and he has his own style of doing things. So you should not try to criticize him on that point.... There is nothing to be expected that it should be in a very perfect way that you think.

So he should be left to himself in the way that he wants to express. If you find anything very wrong, then when he is quiet, then tell him very quietly, make him understand. This in no way makes you subservient to your husband. On the contrary, he will become subservient to you. He will try to always keep you happy and keep you pleased because this is a Sahaj match. This is not an ordinary marriage.

Sahaj marriage means two realized souls are married to each other. Those who have achieved their spirit are married, so whatever may be the case with others, with you it should be the maximum amount of enjoyment, love, peace and blessings....

Maybe something is different from yours.... It does not matter. It is not important. It is superficial. But if anything has to be done to keep them pleased, better do it because in return they will always look after your pleasures, your happiness, your joy.

In case they fail and they cannot adjust themselves to a proper married life, then also we allow divorce.... But first is the duty of a wife, I personally think, to see that you make a beautiful home, a beautiful house, family and beautiful children....

A woman thinks she works very hard in the house and that she should have more rest, she should be more sort of going outside and all that. The husband also thinks he works very hard. So the point is never think about yourself. Think about the other, how much he works, how much he is putting his effort, how much time he gets. If you think like that, from your heart, then you will understand his difficulties and there won't be any problem. But if he also starts thinking about himself, it is wrong....

So it has to be very mutually understood and you have to prove that Sahaj marriages are excellent. They give the greatest joy and the greatest happiness and greatest morality.

On this point, please be careful. If you try to be immoral after marriage, it is going to be impossible for Me to get you married because you get a bad reputation and it is very difficult.... Try to make it a beautiful marriage, so that others also enjoy. If they are happily married couples, then everybody enjoys their company. Otherwise there is somebody complaining, this, that. Then no one likes to talk to such people.

So keep all these things away from your family life and just give joy, which you are capable of.

I am looking forward to your married life and to a very, very happy life that you are going to have.

May God bless you.

## the divine cool breeze

### THE DIVINE COOL BREEZE

volume twenty-six number three

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PAGE 1: Shri Adi Shakti Puja 1999

PAGE 11: Shri Ganesha Puja 1999

PAGE 23: Shri Krishna Puja 2001

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Shri Adi Shakti Puja 1999

### PHOTOGRAPHS

*All photos taken at Canajoharie*

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PAGE 2: Shri Krishna Puja 2001 (*Sergiy Shatokhin photo*)

PAGE 7: Shri Adi Shakti Puja 2011 (*Omar Davis photo*)

PAGES 8-9 and 16-17: Canajoharie, Guru Puja 2009 (*Omar Davis photo*)

PAGES 10-11: the sky over Canajoharie, Guru Puja 2010 (*Omar Davis photo*)

PAGES 20-21: Asees Ahluwalia and swimmers (*Yuri Mishin photo*)

PAGES 22-23: Shri Adi Shakti Puja 2000 (*Guruguha Vijalapur photo*)

PAGES 28-29: Melanie, Mandar and Janak Pandit, Shri Krishna Puja 2012 (OD)

PAGES 32-33: Canajoharie pond, 2011 (*Omar Davis photo*)

BACK COVER: Canajoharie, Guru Puja 2008 (*Omar Davis photo*)

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a far-fetched place

canajoharie

I just had in mind that we should have some place here because the American Sahaja Yogis did not have any place to meet.





away  
from the  
madding  
crowd





# nature

every leaf gets the sunshine

every tree has its own position

we have to learn so much from nature

because nature is abounding with love