



BANGALORE IT BEGINS IN INDIA. IT ENDS IN INDIA. ONE YEAR. A VISION OF BEAUTY.

CHENAI

HYDERABAD

PUNE

GOA

BOMBAY

DELHI

CALCUTTA

PERTH

MELBOURNE

SYDNEY

AUCKLAND

BRISBANE

TOKYO

TAIPEI

HONG KONG

KUALA LUMPUR

BANGKOK

CABELLA LIGURE

LONDON

VIENNA

GHENT

GENEVA

BASEL

PARIS

COLOGNE

HAMBURG

BERLIN

VIENNA

AMSTERDAM

WARSAW

PRAGUE

BUCHAREST

MOSCOW

SAINT PETERSBURG

TOGLIATTI

CHICAGO

TORONTO

VANCOUVER

LOS ANGELES

NEW YORK

BARCELONA

RIO DE JANEIRO

SAO PAULO

BRASILIA

BUENOS AIRES

BOGOTA

ISTANBUL

TUNIS

ATHENS

FARIDABAD

NOIDA

GHAZIABAD

CHANDIGARH

YAMUNANAGAR

DEHRADUN

JAIPUR

GANAPATIPULE

KALWE

# 1904

## VISION OF **BEAUTY**

If you want the vision of beauty, you should not mind the size of the train.





Every year we have birthdays....

Every year we make a vow that this year

I will not do this or I will not do that.

This is a very good way of seeing

how far we have come in life.

Many people who really have achieved

a very great height in their spiritual life

did not need a birthday, but every day

they felt it is a birthday to start,

to go ahead, to understand, to learn.

Every day is a new year for them.

VISION OF **NOW**

REMEMBER THAT WE ARE ONE, PART AND PARCEL OF ONE BEING



15 JANUARY **BANGALORE** PUBLIC PROGRAM  
 17 JANUARY **CHENNAI** TALK TO SAHAJA YOGIS  
 18 JANUARY **CHENNAI** PUBLIC PROGRAM  
 21 JANUARY **HYDERABAD** PUJA  
 27 JANUARY **PUNE** PUBLIC PROGRAM  
 28 JANUARY **PUNE** MUSIC PROGRAM  
 16 FEBRUARY **GOA** TALK TO BUSINESS EXECUTIVES  
 22 FEBRUARY **HYDERABAD** SHRI RAJARAJESHWARI PUJA  
 22 FEBRUARY **HYDERABAD** PUBLIC PROGRAM  
 23 24 FEBRUARY **BOMBAY**

14 MARCH DELHI INDIA **SHRI SADASHIVA PUJA**

extend  
the light

There are lots of things which we have to learn. When we worship Shiva, we praise Him. "You are this. You are that. You are that." When you worship Me, also you praise Me. "You are this" ... the thousand names of Shiva, thousand names of the Goddess, thousand names of Vishnu. These are their names you are worshipping. What about you people? How many names can you have? Actually in the puja, when you take the names of these Shaktis, they also get awakened within, no doubt. After the puja you do feel that way, but you do not utilize them. So many people I have seen have come in the puja and they have got that power within themselves, the same powers. But by the time they are out it's finished. It is gone. So surrendering has another side – assumption, assumption that "I am a Sahaja Yogi and I can absorb all these powers within myself." So one side is surrendering. Why to surrender? To absorb – automatically when you are surrendered, you absorb. But once you have absorbed, then you should retain and assume within yourself, know that you have these powers.... Surrendering is important to reach the state of your spirit, of Shiva and Sadashiva. But the second state is that you have to now think of others. First it is, as they say in Sanskrit, *vyashti*. That means individual gain. You get the individual gain and then it becomes *samashti*. That means the collective. You have to work it out on the collective.... It is important that you should now extend this light to others.

I am a Sahaja Yogi and I can absorb  
all these powers within myself.



# A Tour of South India



**PUNE** ~ The city of Pune wore a festive look on January 27th as our beloved Mother Shri Mataji was scheduled to address a public program in the evening on the grounds of the New English High School on Tilak Road.

Shri Mataji's beaming face flashed at every bus stop, on banners across the roads and flags hoisted atop lamp posts. Thousands of people sat, impatiently awaiting Her arrival. The Yuva Shakti of Pune with orange turbans were the outriders on motorcycles in front of our Holy Mother as She travelled by car to the program.

Shri Mataji held the audience spellbound by Her presence and spoke for over an hour. It was a great experience to see all the hands raised to show the en masse awakening of all the Kundalinis. There were twenty-five thousand people attending the program and Shri Mataji said that on that night one hundred thousand people in Pune got their Realization.

It took two hours for Shri Mataji to leave the program site because of the huge crowds. There were two lines,

each a quarter of a mile long, of people doing namaskar along both sides of the road as Shri Mataji left by car.

Late the next evening, on the courtyard of the lawns of Pratishtan, Shri Mataji's home in Pune, there was a program of qawwali music composed by the Sufi Qawals of Hyderabad. A small compact gathering listened to the praises extolling our beloved Mother.

•

**BANGALORE** ~ Shri Mataji was very pleased with the growth of Sahaja Yoga in Bangalore. About fifteen hundred people attended the public program which had beautiful vibrations.

In Madras, Shri Mataji explained that when Madras works out all of India will work out. The program attracted at least twenty-five hundred people, crammed into the hall and foyer.

At the Hyderabad public program there was in the region of ten to twelve thousand people. Shri Mataji said, "All of Hyderabad is here."

21 MARCH **CALCUTTA INDIA BIRTHDAY PUJA**

a lush  
garden

In our own life, we see that our surroundings change very slowly. Sometimes it is shocking. Sometimes you are surprised how the surroundings are not changing. But in a subtle way, there is a tremendous change that is happening within us and without. The whole atmosphere today is governed by human beings. I do not know how far Paramachaitanya works it out, but it is for us to open ourselves to new dimensions in our lives.... On the tree of Sahaj Yoga very few – very, very few – leaves fall off and you sometimes face a lush garden of beautiful people. To Me, it is like miraculous fireworks. It starts like a small line and then opens up into several beautiful patterns. It is impossible to envisage or to visualize what will happen to us, to Sahaj Yoga and to all of you. I have never learned to imagine things, but the vision that you see is really remarkable. It is very remarkable that I see all Sahaja Yogis drenched in divine love and expressing themselves in a very beautiful and very deep manner. This, when it comes in, really makes your attention absolutely enwrapped in such divine bliss that you forget that moment. One of those moments is when you celebrate My birthday.... This reality of the vision is something beyond even My thinking and imagination. I cannot, even now sometimes, believe that there are so many Sahaja Yogis who have got this subtle knowledge. I never knew that there are so many seekers to begin with. I never knew that there are such subtle people on this Earth.... Today My feelings are really full of joy – full of joy because now I can see how things are happening, how one person can produce thousands and thousands of Sahaja Yogis.... You are all capable and you all can do it, but what is needed is faith in yourself and also complete sincerity about Sahaja Yoga. If that happens today, you have really celebrated My birthday. If you think that My birthday is important, for Me very important is that everybody gets their spiritual birthday.

21 MARCH **CALCUTTA** BIRTHDAY FELICITATIONS

22 MARCH **CALCUTTA** TELEVISION INTERVIEW

---

**DELHI** ~ For many years, the Sahaja Yoga leader in Delhi had been trying to have Shri Mataji on Doordarshan, the Indian public television network. In a rare offer, a TV crew met Shri Mataji at the Delhi Sahaja Yoga temple. The director told Her that the whole country wanted to know what She had to say. She could speak without censorship or conditions for as long as She liked. They filmed for more than two and a half hours. Three topics were discussed: Sahaja Yoga, what it can do for any individual person and what Sahaja Yoga can achieve at an international level with the integration of dharma. From these tapes, a series of weekly half programs were televised nationally, with Self Realization given in the final episode. Almost the entire television production team have become Sahaja Yogis.



# Nothing to Worry, Nothing to Bother

*CALCUTTA - On the day after Her seventy-first birthday, Shri Mataji spoke of Rabindranath Tagore, collectivity and the Sahaja Yogis of Bengal. She said:*

This was a song composed by Gurudev Rabindranath Tagore so many years back when He had a vision of our Ganapatipule seminars, where He describes that people from all the world will come. From different countries, they will come. Also the Hindus, the Muslims, Christians, Sikhs and all kinds of communities will get their awakening on the bank of the sea. "Sagar" is the sea. So beautifully every detail he has described. He was a seer and he could see the future where many people who are seekers will become *mahamanav*. They will come. And it is very surprising how these seers have seen the future – like, as you know, C.S. Lewis is there and also we have got William Blake, so many others. And I feel today in Bengal, when I have come here in Calcutta, that his dreams are fulfilled. His spirit would be so happy to know.

So as you know, we get all kinds of people, all races, all religions together in Ganapatipule, where you all enjoy the bliss of God, where you feel that there is an awakening. Also He says that the great Mother has now risen and She is awakened and She is going to awaken you. So clearly, he has seen the whole thing. It is remarkable how these seers can see things and reveal to our amazement....

It is remarkable how in the collectivity the thought works in a very different manner, that we all want to say the same thing. For everyone that is the truth and you all feel so joyous about it and so happy about it. It is something, a kind of a rapport between one realized soul and another realized soul. Only a realized soul can understand the bliss and the joy of this expression.

Of course, so many things have been said about Me. It is quite embarrassing. I do not know what I do. I do not think I do anything. It is all working out. It is all the grace of this all-pervading power which is working out everything so well....

As Sahaja Yogis, when you are awakened in knowledge and you know what knowledge is, then you have to really understand that we are all on the same path of spirituality. There is no difference at all.

The collectivity of the Bengali people and Marwaris and all types of people who are here from every part of our country, is so remarkable. There is no quarrelling, no discussion, no argument. It is done so beautifully. It is unbelievable how they have worked it out.

So we have to remember that we are one, part and parcel of one being. And once we really realize that, we will enjoy each other's company very much. All Sahaja Yogis enjoy each other's company. And also, all of you from the whole world who have come here have seen how marvelously they have organized everything. I am thankful to you for coming here to celebrate My birthday.... This birthday was really remarkable for all its organization and the way it was worked out so smoothly. I wish we all learn from this.... In the kingdom of God, there is nothing to worry, nothing to bother about future or past, but to enjoy the present. And that is what they are doing and you were doing too. I enjoyed the rapport that existed between you.

Thank you very much.

May God bless you.

Make haste and come to Mother's coronation.

The vessel auspicious is yet to be filled

With the sacred water sanctified by the touch of all

By the shore of the sea of Bharata's Great Humanity!

*Rabindranath Tagore*

22 MARCH **CALCUTTA** TALK TO SAHAJA YOGIS

26 MARCH **PERTH AUSTRALIA PUBLIC PROGRAM**

I bow  
to you

Whatever I am going to tell you today, you need not accept it blindfolded. We have had enough of trouble with blind faiths, but you must keep your mind open like a scientist. And if it proves to be all right, if it proves what I am saying, as honest people you must accept it because it is for the benevolence of your being, for the benevolence of your city, of your country, of the whole world.... It is very good. Imagine. Perth, I bow to you all. Really – I bow to you. You have received your connection, no doubt. I am getting cool breeze from you. And now the only thing is you have to grow.

28 29 MARCH **MELBOURNE** TALKS TO SAHAJA YOGIS

30 MARCH **MELBOURNE AUSTRALIA PUBLIC PROGRAM**

who  
does it?

The truth is that there is the all-pervading power of divine love which does all the living work. Now you see beautiful flowers all over. Since I have come to Australia, I have been seeing all kinds of flowers, beautiful flowers. Who does this miracle? They are different, of a different shape, different colour. Who does that? Who runs our heart? We never ask this question to ourselves. We take all living work for granted. We never bother to find out who does that.

31 MARCH **MELBOURNE** TALK TO SAHAJA YOGIS

**MELBOURNE** ~ A picnic was held in a beautiful nature reserve. When Shri Mataji arrived to join us, She sat amongst us, the sunlight shining in Her hair and illuminating Her face. She called us closer and, like small children, we rushed forward to sit at Her Feet. She began to talk to us and we felt She had the keys to our souls, which She opened and filled with the wisdom of the Divine. Shri Mataji began by saying that nature and spirituality go together very well, that one encourages the other. She asked us to see what a unique time we have been born into and what special people we must be to be in Sahaja Yoga. We must have been special people and have done something great, otherwise we would not be here. We did not come here to gain materially. We came for our ascent, so now is the time to make the best of it. After the talk, Shri Mataji went into a deep meditation. For a moment, it seemed as if the power of Mahamaya was reduced and we looked upon and felt the presence of the Adi Shakti.

1 APRIL **MELBOURNE** TALK TO SAHAJA YOGIS

2 APRIL **SYDNEY AUSTRALIA MUSIC PROGRAM**

how to  
proceed

I would like to know more about what you think of doing Sahaja Yoga, how you would like to go, how you would like to proceed, what is the best way of doing it.... I never get a chance to talk to Sahaja Yogis in this way. When it is a puja time, it is so auspicious that you do not want to say anything that will make people a little unhappy. So I have a feeling of a mother who loves her children very much and who wants her children to enjoy life fully in the kingdom of God.



# Flowing Through Us Strongly

**PERTH** ~ Shri Mataji arrived in the early hours of Friday the 25th of March from India and the recent celebrations of the great day of Her birth.

The plane arrived at about one in the morning with about one hundred yogis from Perth and the east coast, as well as some from southeast Asia, there to greet Her.

She made Her way from the airport to the Sahaj property at Gidgegannup. The Perth collective has purchased an aircraft hangar and is converting it into an ashram and multi-purpose centre. The yogis have also constructed a house for Shri Mataji by the edge of the lake. The house appears like a small castle, reflected in the calm waters. Shri Mataji was full of praise for the project and suggested the property and huge ashram could serve as an artists' colony. Painters, writers, poets, anyone involved with the arts could find inspiration in such a setting.

Although we did not have Shri Mataji with us in person for very long, She was flowing through us strongly. When a Sahaja Yogini was waiting outside the place where Shri Mataji was resting, she enjoyed the vibrations. But when she later walked up the hill to where we were enjoying

an entertainment evening, she found the vibrations were very much stronger. Then she knew where Shri Mataji really was.

The public program in Perth was a great success with more than six hundred people attending. A real warmth and acceptance could be felt from the audience. When Shri Mataji began, the seekers were both receptive and respectful. Many had felt the cool breeze during the preceding bhajans.

The next day, one gentleman was waiting on the ashram doorstep. He could not wait for the advertised follow-up meetings. He wanted to get started.

Another man rang and said he smelled the perfume of the flowers around Shri Mataji as She had worked on him. He woke the next morning and immediately got up to try to be in meditation.

When he put his attention on Shri Mataji and tried to remember what She had shown him, the perfume of the flowers filled the room.

He called his wife, who had not attended the program, and she smelled it too.



a simple  
path

I am happy to know so many of you have come here and I feel this is a very important puja, not only for Australia but for the whole world because it has the greatest message, which we have actualized now in Sahaja Yoga. We have to understand the message of Christ.... We are now newly-born chicks and we have to now follow a new path. It is a very simple path, but still we are conditioned, so we are afraid maybe or we have an ego, whatever it is. So drop out all these things. Just humble down and just start walking on this path of Sahaj and one day Australia should be able to cover the whole world. I cannot see why not. After all, you are the Muladhara and the Muladhara must play its own role as the wisest people. Wisdom is the power that you get from Shri Ganesh, so you have to be wise, absolutely wise and know that you have been seekers. You did not get it because I asked you or we paid you or anything, but you were seekers struggling to know the truth and that is how you got it. And once you have got it, you should establish it fully in your life and also in the lives of others. Let others also feel "this gentleman is very unique" or "this lady is very unique, she is very different, she is not selfish, she is not cunning, she does not manipulate, but somehow, by her character, by her nature, she is trying to create light for us and enlighten our path, enlighten the path of others."

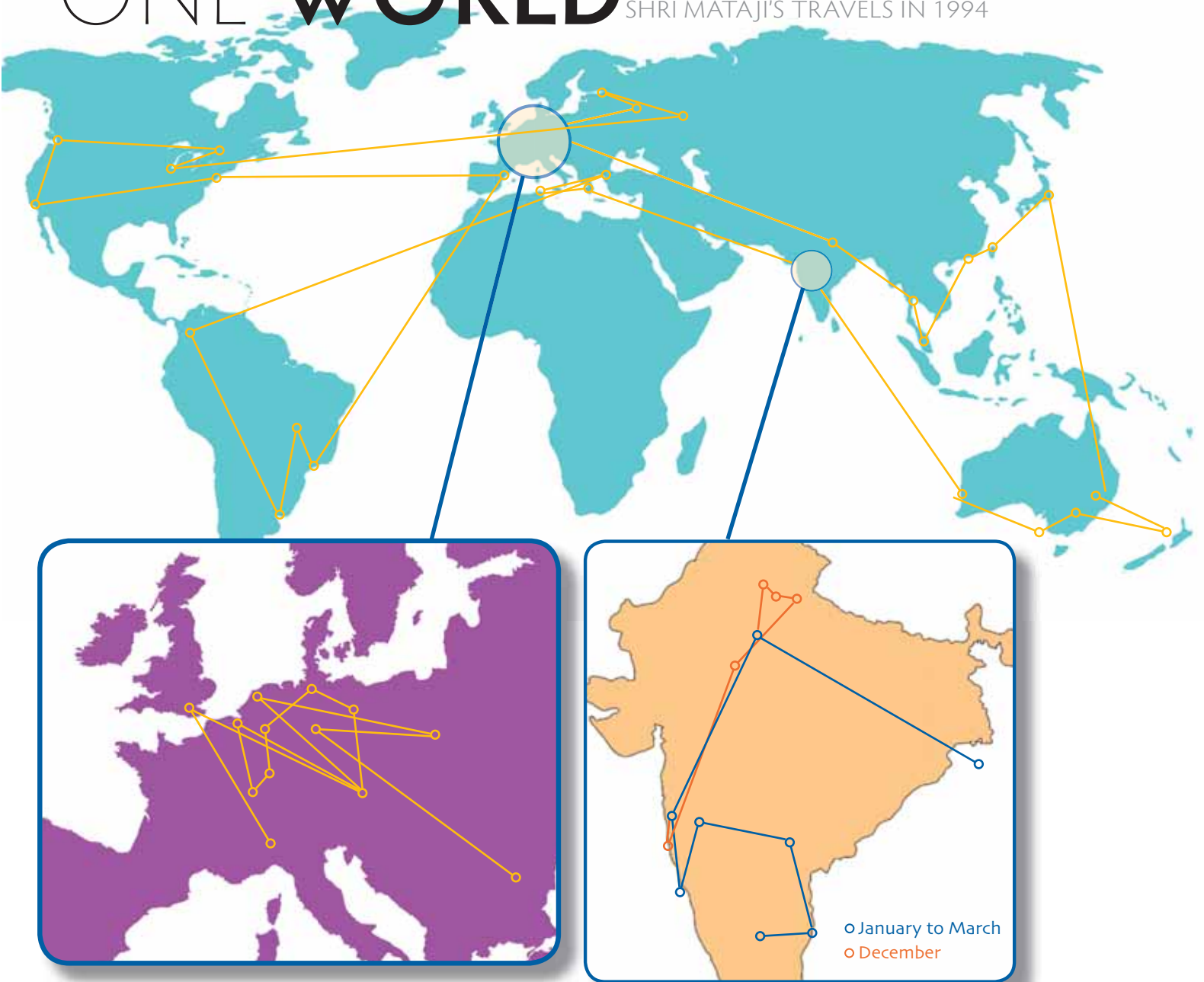
Shri Mataji's car arrived and She alighted, making Her way across the field of green grass. The sunlight heightened Her countenance divine. Her every step seemed like a petal falling to the ground. We sat on the grass beside Her, treasuring every word.

sahaja  
yoga  
first

This picnicking has helped you to make your collectivity better. That is how they started having picnics and in the picnics they develop the collectivity, which is very beautiful to be one with the nature. See the bounty of the nature and the variety that they have. It is an innate feeling inside always that you should be one with the nature, that you should enjoy the nature.... You may be a family man, you might be a father, mother, anything, but the first and foremost thing is you are a Sahaja Yogi. I will tell you about Myself also. You know I have a family. I have My husband and all that. And whenever it was needed, I always said, "Sahaja Yoga first." Even money-wise, I would say that if you have to spend any money, then spend on Sahaj Yoga. So the first thing was Sahaja Yoga. All these are secondary: all your art, all your business, all your music or whatever line of life you take is a second. The first and foremost thing is Sahaja Yoga and you get in that everything. But you should do it very sincerely, respectfully.... You have to be fully into it, so either you are in the sea or you are outside. It is like that. And this will give you the greatest pleasure, the greatest fulfillment of life. I can see that is happening now.... I bless you that you all should really become great Sahaja Yogis – very, very great Sahaja Yogis. And you will be all known all over the world.

# ONE WORLD

SHRI MATAJI'S TRAVELS IN 1994



**SYDNEY** ~ The public program was held on April 6th in the Sydney Town Hall where 2300 people had gathered. Shri Mataji entered, walking up the central aisle, the audience standing in silent acknowledgement.

Shri Mataji was welcomed by the Deputy Lord Mayor of Sydney. He spoke of Shri Mataji's life, Her tireless work for the seekers of the world and Her message of spirituality. He spoke of Buddhism and how one seeks a connection with nature and that Sahaja Yoga offers this connection. He said that meditation had come from the west. Then he corrected himself and said that it comes from the East. Then he corrected himself again and said, "No, it has all come from the Mother."

Shri Mataji then spoke and gave Realization to the assembled seekers. Nearly all two thousand new people raised their hands to confirm that they had felt the divine cool breeze. The musicians played a few bhajans. Shri Mataji clapped to the rhythm of the music, asking us all to clap with Her. She said that listening to this music would help to establish our Realization.

Shri Mataji then left the stage and walked down the central aisle leading out of the hall. The crowd again rose to their feet and watched as She left. As She reached the doorway, She paused, turned to the crowd and raised Her arm as She looked around at all the newly-realized souls.

## 7 APRIL SYDNEY AUSTRALIA **FAREWELL**

faith  
is not  
blind

It is your faith. Faith is not blind in Sahaja Yoga. You know for definite what Sahaja Yoga is. You have seen miraculous photographs. You have seen all the miracles happening. So now your faith should be completely, entirely in it. And it will work out. I promise you. If your faith is deep enough to reach Me, you do not have to see My face, even not to have My photograph, nothing. Wherever you are, you will find Me. That is why I always say develop your faith. Develop your faith.

---

8 APRIL **CANBERRA** PUBLIC PROGRAM

9 APRIL **AUCKLAND** TALK TO SAHAJA YOGIS

## AUCKLAND NEW ZEALAND **MAHAMAYA PUJA**

all of it  
is there

You start telling Me that there is a miracle that has happened. Nothing is a miracle because if you are all in My body and if My body is divine, then what is a miracle? It is all the communication. As this hand can communicate with this hand, I communicate with you.... If you are with Me, if you are in Sahaja Yoga, you are protected, you are looked after. But you have to stick on, you have to have faith and, even if there is any problem, it gets solved.... Just enjoy that you are in that maya and you are enjoying it. It is the best way to enjoy this Mahamaya. And today, for the first time, we have this puja of Mahamaya. Because of Gudi Padwa, I thought something unique must be done which encompasses everything of Sahaja Yoga – everything of Sahaja Yoga. It is not one incarnation, it is not one nadi, it is not one Goddess, but all of it is there. It is sometimes, I say, like a film is audio, visual, everything is there – drama, music, also acting. Everything is there in a film now. I mean that far, everything integrated. In the same way, I think Mahamaya has everything in it, every part that you tell Me, everything that you enjoy, everything that you discover. Everything is in that vision of Mahamaya, which has been created for you.

---

11 APRIL **AUCKLAND** PUBLIC PROGRAM

## BRISBANE AUSTRALIA **TALK TO SAHAJA YOGIS**

open  
your  
heart

You must have purity. Especially love, when it is pure, it is so joy-giving. So now, you can open your heart. May God bless you. Everywhere I have seen people say there is a tree here or some sort of a plant is there which is not being watered. And some people will immediately go and water it, but more than that is the nourishment of others. It is your love which does good, which, if you don't do, then you are a miserable creature, absolutely good for nothing.... As Sahaja Yogis, you have to be extremely lovable and filled with pure love – filled.

---

15 APRIL **BRISBANE** PUBLIC PROGRAM



# Of Flowers, Laughter, Vibrations

**AUCKLAND** ~ On April 9th, Sahaja Yogis from New Zealand, as well as Australia and South Africa, welcomed Shri Mataji after Her flight from Sydney. It was a time of flowers and laughter and vibrations. Through a gentle, cleansing rain, Shri Mataji travelled to the ashram, where She stayed for the four days of the great visit. During Her stay, Shri Mataji spoke on many topics, but often Her comments returned to three particular areas: the arts, agriculture and the power of vibrations.

**BRISBANE** ~ The public program was a great success. As with all the programs on the tour, the hall was packed to overflowing. Each city attracted their largest crowds ever.

When Shri Mataji left Brisbane, She walked to the airport departure gate, followed by a large number of Sahaja Yogis bidding Her farewell. Before leaving, She turned to us, did namaskar. "Remember, always meditate," She said.

## Russian Academy Lauds Shri Mataji

*Shri Mataji was honoured by membership in the Saint Petersburg Academy of Arts and Sciences (now known as the Russian Academy of Science), a network of scientific research institutes from across the Russian Federation. The Academy was founded in the 18th century by Czar Peter the Great. This letter of recommendation was read aloud to Shri Mataji and the Sahaja Yogis in Sydney on April 5th.*

Mrs. Nirmala Srivastava, Doctor of Philosophy and Medicine, a distinguished authority on the fields of religion, philosophy and science, by her noble activity, does very much to promote the happiness and friendship of the Indian and Russian peoples (and all the nations of the world); she was always regarding our land as a centre of world spirituality and morality, centre of rapprochement for the peoples of the West and the Orient, centre of the revival of sublime ideals, which have been put forward by Russians and many other nations of Russia.

Being the founder of the elevated teaching of Sahaja Yoga, Mrs. Nirmala Devi Srivastava absolutely, reliably connects the physical and psychic health of a man with the mode of his life and morality.

Shri Mataji Nirmala Devi was born in 1923 on the 21st of March in Chhindwara, in the central part of India, in a noble Christian family. Having revealed her extraordinary abilities already in childhood, later she got a higher medical education and took an active part in the struggle for the national independence of India. In 1947, She married Mr. Srivastava and now they have two daughters....

Mrs. Shri Mataji Nirmala Devi and Mr. C.P. Srivastava, considering the Russian people to be spiritual and pure, see in our Motherland the centre of the spiritual revival of the world.

Being absolutely sincere, from the bottom of my heart, I recommend to the Presidium of Peter's Academy of Arts and Sciences to elect Shri Mataji Nirmala Devi to be an Honourary Member of our Academy.

Y.A. Vornov, Vice-President  
Peter's Academy of Arts and Sciences

*This was approved and supported by the Academy. Only twelve people have received this honour. Albert Einstein was one of them.*

Everything is in that vision of Mahamaya,  
which has been created for you.

18 APRIL **TOKYO PUBLIC PROGRAM**

19 APRIL **TAIPEI TALK TO SAHAJA YOGIS**

20 APRIL **TAIPEI PUBLIC PROGRAM**

## 21 APRIL **TAIPEI TAIWAN TALK TO SAHAJA YOGIS**

keeping  
in the  
centre

The people who were there were quite a serious type. I felt they were listening to Me with great concentration. And it was at first very hot.... Later on it subsided and it became very cool when they got their Realization. I could feel their coolness even sitting down there. That shows that these people have problems because of their fast life they have here, the speedy life they have. And they have a kind of a stress and strain. And they have taken to this modern life, modern culture, which is not suitable for Chinese or Indians. It is not suitable for anyone whatsoever. So in the Sahaj culture, we take it in a very balanced way. I find on the whole, Chinese are the same culture as Indians. So you see, it is easier for Chinese to take to Sahaj culture and the Sahaj attitude of witnessing everything, keeping in the centre.

22 APRIL **HONG KONG PUBLIC PROGRAM**

24 APRIL **TAIPEI TALK TO SAHAJA YOGIS**

## 26 APRIL **KUALA LUMPUR MALAYSIA PUBLIC PROGRAM**

be  
honest  
about  
yourself

I am seventy-one years of age. I will be seventy-two now. And I am travelling practically every third day. How do I manage? Because I never think I travel. I never think I travel. I am just enjoying every part of it.... I am here to tell you that you have to be honest about yourself, that's all, and it will all work out.... The only thing about Sahaja Yoga is that it is not an individual growth. You cannot grow in your house. You have to come to the collective. You have to be in the collective. Like if My one nail is cut out, it won't grow. Whatever is the place, whatever is the area where you have to go, you have to go there, all of you. And you have to grow. It would be something like sprouting the seed, but the seed has to grow and it should not be that a sprouted seed is wasted. You must have respect for yourself, for Self Realization, for yourself – and you must grow into it. Then you will understand whatever religion you are following. Then you will understand the greatness of all these prophets, gurus, satgurus and the incarnations. Without that, you cannot understand the unity that exists within them.... To understand all these great people who have created beautiful religions for us, we have to use Sahaja Yoga.

27 APRIL **BANGKOK PUBLIC PROGRAM**

28 APRIL **BANGKOK MEDIA INTERVIEW**

28 APRIL **BANGKOK ENTERTAINMENT PROGRAM**







## 8 MAY CABELLA LIGURE ITALY SAHASRARA PUJA

have  
faith  
in it

In the world of this nonsense that we are living, we have to be something like the lotuses who cannot be tarnished, who cannot be affected by all the ills that are going on. This is what is the test, is the *pariksha*, that at this difficult time we can blossom and create fragrance and get so many others to this beautiful atmosphere. It is a kind of a beautiful, playful war against what is supposed to be negative. What is the power of this negativity? What is the power of these conditionings? What is the power of this stupidity that anybody can see? So you develop the sight, the vision. So clearly – you understand so clearly that you are the ones who are responsible. You are the cells of this Sahasrara, of this brain and you all have to act. I was yesterday enamoured when you said that these lights have to enlighten many lights. This was really a great promise to Me. So coming to Sahaja Yoga is not just for your personal, limited personalities and their problems, but it is you – on one side you have to grow and, on the other side, everyone has to grow through you.... Today, of course, I am very happy that in My lifetime I could see the manifestation of Mahamaya. It is such a beautiful one, that through this door that is opened, you are now just able to enter into the kingdom of God and to enjoy the heavenly bliss and the protection. But have faith in it. Have faith in it. Do not get disturbed by small things and I am sure it will work out in a very great way. If you get that complete faith and a complete surrendering, I am sure it will work out very well.

5 JUNE LONDON PUBLIC PROGRAM

18 JUNE VIENNA TALK TO SAHAJA YOGIS

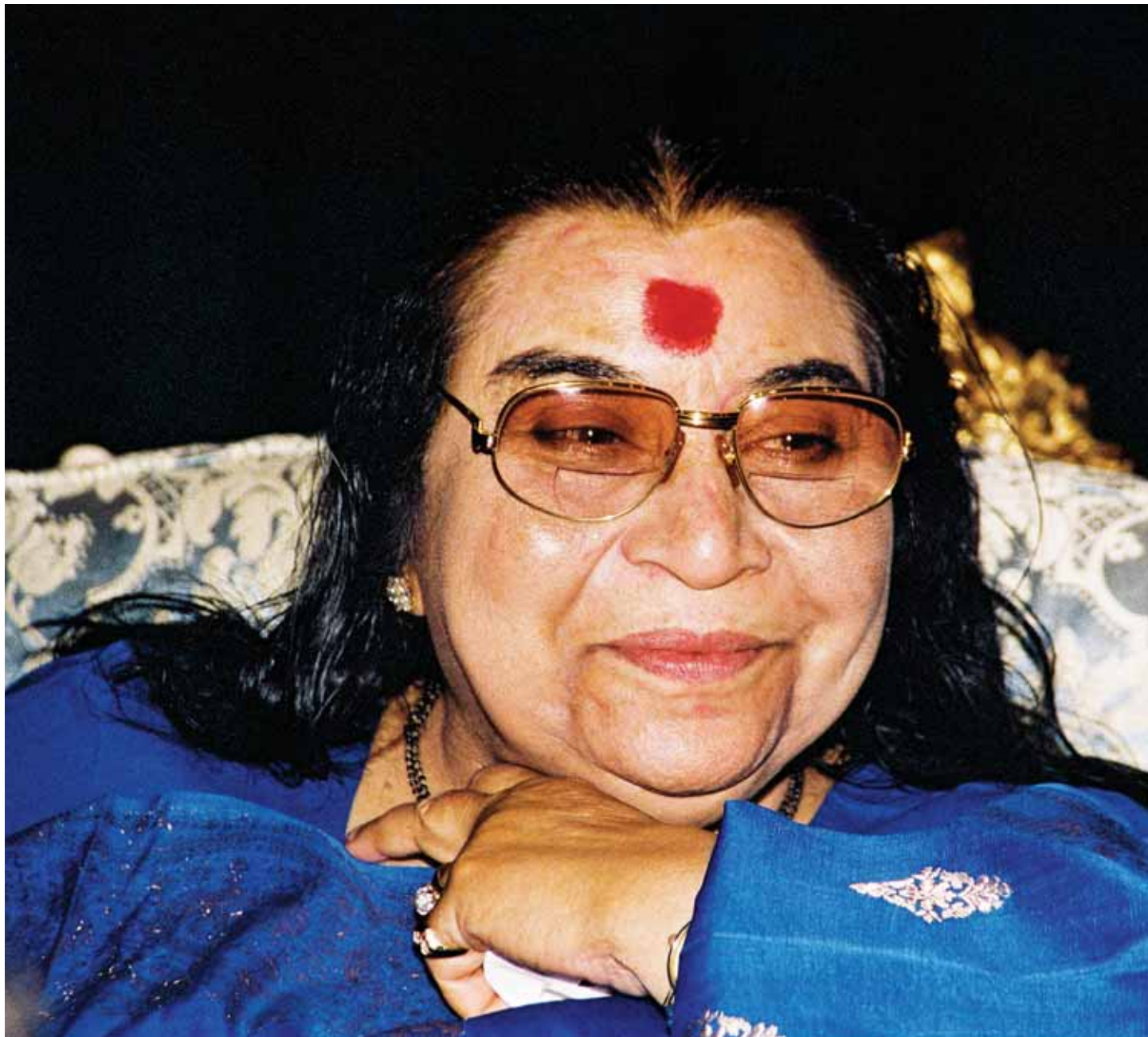
23 JUNE GHENT

25 JUNE CABELLA ENTERTAINMENT PROGRAM

## 26 JUNE CABELLA LIGURE ITALY SHRI ADI SHAKTI PUJA

powers  
are with  
you

To understand your own powers of Kundalini and your powers that are available to you in the working of Paramchaitanya is very important. That will give you confidence. That will give you compassion. That will give you a vision. And that will make you a very great personality – a very great personality. What was George Washington? They said he was great. What was Abraham Lincoln? He was great. But you are all having your Self Realization. You have to think of the whole universe, the whole expanse. Unless and until that brain develops in you, I am very sure that the progress of Sahaja Yoga within and without will be less. So understand these powers are with you. You have to utilize them – with humility.



# New Doors Open with Puja

**CABELLA** ~ On the evening after the Sahasrara Puja, Shri Mataji talked to us about memory. She said that She has a perfect and vivid memory of Her birth, as well as Her previous incarnations. Shri Mataji explained that the reason She has a perfect memory is that She does not think. She said that if we do not think, our memories will improve a lot and that, after all, there is nothing to worry about. Whatever that thing is that we are worried about has not happened yet. And if it hasn't happened, it does not exist. It is only in our mind. We should just enjoy the present and, when we need it, a memory will come at the right time, without any effort. For Shri Mataji, a situation presents itself and, if She wants to draw something from

Her experience, it is just there – without thinking and without effort. And that is the way it should be.

Shri Mataji also said that all the other incarnations talked about the future, but She is not talking of the future. They all talked about which incarnation will come next and what they will teach us. But now we have only the eternal present. For us, the future and the past do not exist. They are myths. They have no meaning. Shri Mataji has opened doors that were closed and all the powers are there. All we have to do is take them.

So this Sahasrara Puja opened new doors for us that were not opened before and it is up to us to take advantage of that.

8 JULY **GENEVA** PUBLIC PROGRAM

9 JULY **BASEL** PUBLIC PROGRAM

12 JULY **PARIS** PUBLIC PROGRAM

## 13 JULY PARIS FRANCE **SHRI VISHNU PUJA**

real  
liberation

It is such a great day today that the French got their liberation on this day. But what is this liberation for? I don't know. In no country where they had freedom and liberation I have seen, it has not worked something very much that was expected.... Liberation through anger, when it comes, hatred is the basis of these revolutions and these so-called achieved liberations. If the liberation takes place within yourself so that you are no more a slave of any one of these horrible destructive forces and negative forces, then it is a real liberation.

14 JULY **COLOGNE** PUBLIC PROGRAM

15 JULY **HAMBURG** PUBLIC PROGRAM

17 JULY **BERLIN** PUBLIC PROGRAM

18 JULY **VIENNA** TALK TO SAHAJA YOGIS

## 18 JULY VIENNA AUSTRIA **TALK TO SAHAJA YOGIS**

As you are giving your flowers, also give your hearts to Me, as I will give My heart to you.

19 JULY **VIENNA** PUBLIC PROGRAM

22 JULY **CABELLA** ENTERTAINMENT PROGRAM

23 JULY **CABELLA** ENTERTAINMENT PROGRAM

## 24 JULY CABELLA LIGURE ITALY **GURU PUJA**

worship  
yourself

Today you all have gathered here to worship Me as your guru. I must say that I lack many qualities that a guru should have in the sense I cannot be strict with you, I cannot be stern with you and I really do not know how to punish you for doing wrong things. This may be because normally I think the gurus have problems with their disciples, who are mostly not realized souls. As they are not realized souls, the gurus find it difficult to communicate or talk to them about the subtle problems that they have.... I always bow to you people who have got Realization because I think so many saints were never here on this Earth. But the saintliness has to be complete. Without that, you cannot help even your family, leave alone your country and no question of the whole world. So what is needed now is to raise your awakening, to raise your spirituality, to go into a realm of complete support and surrender to the movement of this spontaneous movement of Sahaja Yoga. May God bless you all. In short, you must worship yourself.





# The Guru Was Telling Us

**CABELLA** ~ There is a contrast between the constant activity – there were probably up to two thousand people – and the over-riding air of calm that pervades the entire village.

Information about the weekend program seems to arrive so gently as to be unnoticeable. Somewhere, as if on the wings of collective consciousness, you know that the evening music program will begin at “about eight or nine o’clock” and you adjust your rhythm accordingly. Somehow, no matter where you are, you know that dinner is being served up at the pendal. There are no signs, no meetings, no orders, just calm. We enter Cabella and we enter a timeless bubble.

In the early hours of the morning, after an all-night entertainment program, Shri Mataji spoke to us. She explained that the planet Jupiter represents the Void and that the impacts of the Shoemaker-Levy comet represent a sort of a cosmic conflict which is very significant for Sahaja Yoga and for the world – dharma will triumph over adharma. The impacts symbolize the conversion of negativity into a positive force in the universe. She

explained that the Guru Tattwa was very strong and that the negativity would have no effect.

The full moon of that night was spectacular. Shri Mataji later explained. It was the most auspicious full moon in fifteen hundred years.

The puja day dawns—as little talk as possible, just a serene sense of ceremony guiding us through the preparations, including a bath and meditation in the river.

In Cabella many make their pilgrimage to the river, now only three feet deep in the middle. Mountain water clear and cool, she feeds us physically and spiritually.

At the evening puja, Shri Mataji’s speech left us completely and utterly silent with attention. The Guru spoke to Her children with such power and authority that we were unable to move a muscle. The dharma of a Sahaja Yogi, the generosity of a yogi, how we should become the witness and combine concern with detachment – these are all topics that have been covered before.

But this time we had the feeling that something extra was happening. The Guru was telling us something. Could we hear it?

30 31 JULY **AMSTERDAM** PUBLIC PROGRAMS

27 AUGUST **CABELLA** ENTERTAINMENT PROGRAM

28 AUGUST CABELLA LIGURE ITALY **SHRI KRISHNA PUJA**

to be  
complete

You are a new race, blessed by the Divine and you have Shri Krishna within yourself awakened. In His own glory, in His own light, you should know what is to be done. One must communicate. That you have to do.... You have to communicate with complete humility the way Shri Krishna did.... Your duty is to build up yourself and to communicate with others with all the sweetness, *madhuri* of Shri Krishna, all the beauty of Shri Krishna, with full understanding as to what stupid things are going around and around. Once you understand that, you will not take to it because you will become wise enough not to take to all these nonsensical things that are going on. It is so much, in this lecture I cannot tell you, but now if you become the witness of the whole thing you will see what is happening.... Today is the puja of Shri Krishna. I need not tell you how many qualities He has, but the greatest quality He has is that He is the doctor of doctors. Now, in His name, you will know how many qualities He has and you will understand. Try to understand that we have to have these qualities within us also. Whatever qualities are described or said, try to see how many we have. That is the way the introspection will start. Once you start introspecting yourself and understanding yourself, the wisdom will grow – not by seeing faults in others, putting blames on others, but on yourself. That is how the things will work out, although Krishna did not have to do that because He was *sampurna*. He was complete. But we have to do all this to see that we also become complete.

3 SEPTEMBER **WARSAW** PUBLIC PROGRAM

4 SEPTEMBER **PRAGUE** PUBLIC PROGRAM

7 SEPTEMBER BUCHAREST ROMANIA **PUBLIC PROGRAM**

to feel  
secure

I am very happy that the collective of Romania is so great. They have transformed their lives. They are very beautiful. I have gone to Russia when there was a putsch and I asked the Russian Sahaja Yogis, "Aren't you afraid of these problems?" They said, "Mother, why? We are in the kingdom of God. Why should we be afraid of these petty politics here?" That's what it is. We have to feel secure with our spirit being awakened. And we feel absolutely protected.

10 SEPTEMBER **MOSCOW** ENTERTAINMENT PROGRAM





# You Will Get It All

**AMSTERDAM** ~ At the first of two public programs, Shri Mataji spoke about women in the West. They have a disadvantage compared to women in India, She said. They are less appreciated and less respected. This might stem from Christianity. Shri Mataji also told the audience that the Koran suffers distortion due to the work of its editor. In fact, all religions are either power or money-oriented. Christ did not understand people in the sense that He did not visualize how they would use His work for their own goals. Gyaneshwara in the twelfth century was the first saint who revealed in script the benevolent and divine work of the Kundalini. Still, only one or two received their moksha. "You here will get it all," Shri Mataji said. "It is your birthright and you deserve it."

**WARSAW** ~ A sixteen-year-old Polish boy composed a beautiful poetic song to welcome Shri Mataji to Poland. He went to a library and searched for the words in a dictionary and so translated the entire song into Hindi. He then went to the Indian embassy to check that he had written all the words correctly and they told him he had made only two mistakes.

Accompanied by two children of five and six years of age, he sang his song to Shri Mataji in perfect Hindi. Shri Mataji was very touched and with Her eyes filled with tears, She expressed Her total love and appreciation of their devotion to Her through this small and extremely sweet song they had offered.



## 11 SEPTEMBER MOSCOW RUSSIA SHRI GANESHA PUJA

you have  
become  
saints

Without Shri Ganesha it is not possible. As you know, He is the symbol of innocence within us. This innocence never gets destroyed because it is eternal. But it may happen that it will get covered with some clouds by our mistakes that we commit. But once you get your Realization, your innocence is re-established, manifests and you become innocent. Your attention becomes innocent.... I do not know how many of you know that all of you have become saints. As Ganesha was created, you are also created as innocent saints. Try to respect your innocence. That will make you feel young and happy.... The innocence is very powerful. Anybody who tries to molest or tries to destroy somebody's innocence is ultimately very badly punished by Shri Ganesha ... so one should never try to challenge a person who is innocent, who has the blessings of Shri Ganesha. Only through enlightenment can you awaken Shri Ganesha within yourself.

---

12 SEPTEMBER MOSCOW PUBLIC PROGRAM

## 14 SEPTEMBER MOSCOW RUSSIA SCIENCE CONFERENCE

this is  
your  
capacity

In this short lecture I am sorry I cannot tell you everything about Sahaja Yoga. In the English language alone, I must have given at least five thousand lectures. But a lecture is just a mental acrobat. You have to go beyond it and achieve a state of enlightenment. Enlightenment does not mean any brand like "born again" or anything. It is an actualization and the becoming. It is not just talk, talk, talk. It is also not blind faith. This is an actual happening.... The other day somebody asked Me, "Why am I on this Earth?" I said, "To become divine and to enter into the kingdom of God." So he said, "What? Will that help me?" I told him, "First you enter. It will not only help you physically, mentally, emotionally, spiritually, but it will help others...." Because who is the other? You have become collective now. That means the microcosm has become the macrocosm or the drop has become the sea. This is your capacity. This is your glory. This is what you have to have as your own. No obligation – it is all love and compassion, the power is of love, of divine love, of pure love without any lust or greed. We have never used the power of love. Now the time has come.

---

15 SEPTEMBER SAINT PETERSBURG AWARD CEREMONY

15 SEPTEMBER SAINT PETERSBURG PUBLIC PROGRAM

16 SEPTEMBER TOGLIATTI MUSIC PROGRAM

17 SEPTEMBER TOGLIATTI TALK AT SAHAJA YOGA SCHOOL





22 SEPTEMBER **CHICAGO PUBLIC PROGRAM**

25 SEPTEMBER **TORONTO PUBLIC PROGRAM**

26 SEPTEMBER **VANCOUVER PUBLIC PROGRAM**

27 SEPTEMBER **LOS ANGELES MUSIC PROGRAM**

27 28 29 SEPTEMBER **LOS ANGELES PUBLIC PROGRAMS**

29 SEPTEMBER **LOS ANGELES TELEVISION INTERVIEW**

1 OCTOBER **NEW YORK PUBLIC PROGRAM**

## 2 OCTOBER NEW JERSEY USA **SHRI YOGESHWAR PUJA**

I can talk  
to you

Supposing I had started Sahaja Yoga even a hundred years back, I would not have even one single disciple, one single Sahaja Yogi. The reason is the people were all right. They were on a value system, all right. Their life was very much satisfying. They were very peaceful. They were just interested in some horses or something like that. But now, you find people are so much disturbed, so much in trouble, so much in chaos in this Kali Yuga. It is the height of Kali Yuga now, so much of immorality, so much of dissatisfaction in life that they have to now think where to go. Like a shock, the future is waiting for them. And now what should they achieve? So the whole of this *bhramanti*, illusion of life starts staring at them and then they start thinking, "What is this? What am I doing? What have I done? Why is it so? Why is everything in a chaos? Why is it happening?" Then the seeking starts and, with their seeking, now you know what has happened, that you all have got your Realization. Without the seeking, it would not have been even possible for Me to talk to you at all about Sahaja Yoga. It is because you are seekers I can talk to you.... Tonight we are praising Shri Krishna who is Yogeshwara. He eats, but He does not eat. He sleeps, but He does not sleep. He has wives, but He has no wife. Like this is the Yogeshwara. And that is what you are – yogis. And He is your Ishwara. So you have to try to be like Him. Let your brain be enlightened by His blessings and you will become that great personality that encompasses everything, that sees everything, that gives you discretion, that makes you understand what is wrong. And you will feel enthusiastic about changing this America with all your effort, with all your mind. That is the most important thing you have to do. As it is, He is a Kubera, He is the Lord of wealth and He has given you such a lot of wealth all around.... In every way you are blessed. You have money. You have everything. You have brains. Everything is there. What is lacking is wisdom, with everything, with you. Supposing you have a car. You have everything – car, you have got keys, you have got the engine, you have got the brakes, everything, but you don't know how to drive. So what will happen? This is what it is. So as Sahaja Yogis from America, you have a very, very, very special responsibility.

---

3 OCTOBER **NEW YORK PUBLIC PROGRAM**





**LOS ANGELES** ~ The audience at the Los Angeles public program in Santa Monica was a large cross-section of many types of people, but one person stood out. He was an African prince in traditional dress, including a large disk in his lower lip and a bone through his nose. He carried a large wooden staff. After the program, he called out to Shri Mataji, "Kali Ma! Kali Ma!" Shri Mataji stopped, turned and asked, "Who is calling My name?"

Directly from the program, Shri Mataji went to the airport to catch a midnight flight to New York. We all raced to the airport, but most of us were too late to offer flowers to Shri Mataji. We asked the airline staff if we could offer the flowers even though the airplane door was closed and it was about to taxi away. An employee of the airline took several bouquets and headed for the departing plane. The collapsible walkway began to pull away from the sealed door, but, as we watched with glee, the walkway was pushed back towards the aircraft and the door was re-opened with the power of our collective love and gratitude. The employee returned and reported that Shri Mataji was now surrounded by flowers.

**NEW YORK** ~ Shri Mataji was still shopping even as seekers were being entertained and prepared for Her arrival in the Ethical Cultural Society auditorium in Manhattan on October 1st.

While She was preparing to leave a store, a Pakistani Muslim man, a security guard in the shop, recognized Shri Mataji as the Adi Shakti. He had never before heard of Sahaja Yoga nor seen Shri Mataji's picture, but he came up to Her grandchildren, apologized for interrupting and told them that there is a rare tree that only grows after many thousands of years. He said that the person they were talking to, Shri Mataji, was rarer than that tree. He went on to say that he could feel Her power within himself. Calling to everyone in the store, he told them to stop shopping, that they were wasting an opportunity to behold Shri Mataji.

Shri Mataji blessed the man, as he began to weep with tears of joy.

Later She commented as to what a sensitive man he was, what recognition he had and if there were more like him there would be no problem in working out America.

9 OCTOBER **CABELLA LIGURE ITALY NAVARATRI PUJA**

it will  
work out

The quality is of compassion and love, fearlessness and courage and the complete emptiness. In this emptiness, you are not worried about what you have to achieve, how many people you have to gather, how many must come to Sahaja Yoga – not bothered about that. Automatically it will work out, but you would not desire for it and you will not hanker, “Oh my God, there is not many people, what to do?” It is good for us in a way because where is the place in heaven for so many stupid people? So we should not run after people who are negative and useless. But we must definitely take the people who are genuinely good.... In Sanskrit they call it *cheyen*. That means “selection.” This is a natural selection that takes place. And how people go away and how they come back to Sahaja Yoga, it’s very interesting. This is a common happening in Sahaja Yoga, you know. You should not get upset.... As long as they are Sahaja Yogis, we should be happy.... As many as there are is sufficient and we shouldn’t worry about those things, the number. The new age people talk of is here, no doubt. This is the new age and the new consciousness is also here. But what is the “new” now is the new collectivity and that collectivity acts, that you want to spread it. It acts like your hunger. It is another kind of hunger, that you want to create more Sahaja Yogis. You want to have more brothers and sisters and you want to help them so that they could come to the pujas and all that and become good Sahaja Yogis. Now this kind of an ambition or a joy or whatever you may call it is the whole plan. It shows that in your heart the collectivity is prospering. And that is why you cannot enjoy Sahaja Yoga alone, sitting in the Himalayas – no. You want to have other people. This is now the sign of how the Mother’s love has taken root in your hearts and how you are all going to spread Sahaja Yoga.... You just become great lights of your Mother. That is what I have to request of you tonight. You have all the power flowing in you, you have the light which is enlightened, but you must expand. Expand it more and more and more and you will be surprised what Tukarama has said, that “I am like a small little particle of dust and also I am the whole sky.” This is what is your personality.

11 OCTOBER **BARCELONA** MUSIC PROGRAM12 OCTOBER **BARCELONA** TALK TO SAHAJA YOGIS

**BARCELONA** ~ In Spain an ambassador told Shri Mataji that the Spanish people cannot understand spirituality at all. Shri Mataji replied, “I must give everyone a chance, otherwise they will say they didn’t know.”

15 OCTOBER **RIO DE JANEIRO** PUBLIC PROGRAM16 OCTOBER **SAO PAULO** PUBLIC PROGRAM18 OCTOBER **BRASILIA** PUBLIC PROGRAM19 OCTOBER **BUENOS AIRES** PUBLIC PROGRAM20 OCTOBER **BOGOTA** PUBLIC PROGRAM





**BUENOS AIRES** ~ We went to the countryside, to a house where the Sahaja Yogis often gather for seminars. After Her lunch, Shri Mataji Herself cooked for those lucky yogis who had not yet eaten. What a joy for their Nabhis, as the food was absolutely exquisite. In the evening, She again insisted on cooking – for everyone this time. She went in the back garden where two big fires had been set and started overseeing the cooking. Shri Mataji waited until it was all ready before She had Her own dinner. The yogis then gathered outside to enjoy a divine meal. It was a moment which will stay forever in our memories. Everyone was silent and our faces were shining in the light of the fire, feeling the tremendous blessing.

**BOGOTA** ~ Many times in Brazil and Argentina, Sahaja Yogis noticed that Shri Mataji corrected parts of the translations of Her talks that were made in Spanish or Portuguese.

One day She was asked how She knew the translation was not accurate. She explained that the energy starts at the Nabhi level. Then at the Heart level this energy becomes an abstract thought. Only at the Vishuddhi does it become words and language. So by putting Her attention on the first or second level, She can know what we are saying, even though it is in another language.

She added that this is not the same thing as reading the mind, which is not a good thing to try to do.



---

**BRAZIL** ~ When asked about the vibrations of matter, Shri Mataji said that matter usually has an electromagnetic vibration, but not spiritual vibrations. However, matter can be spiritually vibrated by Her or by a realized soul. Everything She touches becomes vibrated. Great artists give their works of art spiritual vibrations, which can be felt by a realized soul. She specifically mentioned some great cathedrals. Shri Mataji said that each piece of matter has a certain “coefficient of linear expansion” which determines both the quality and the intensity of the vibrations emitted. She said that the best thing that can be done with matter is to give it as a present. Shri Mataji also told the Sahaja Yogis about the carbon atom, which depending upon the perspective from which it is viewed can reveal the Omkara, the Alpha or the Omega. She said that this is a proof that Lord Jesus was an incarnation of Shri Ganesha.

---

4 NOVEMBER **ISTANBUL ENTERTAINMENT PROGRAM**

5 NOVEMBER **ISTANBUL TURKEY DIWALI PUJA**

beacons  
of light

When your Kundalini is not working out well because there are problems in your chakras, what you have to say is “You are, you are.” You say that. “You are sakshat this. You are sakshat that.” Sakshat means “in reality...” That is how you cleanse all the dirt or all the problems of your chakras. By this, you also correct your conditionings and your ego. Then you do not take the credit for anything. You do not feel you are doing something. And the whole personality changes into a complete instrument like the flute in the hands of Shri Krishna. Then you see your work, everything as the work of the Divine. That is how you become enlightened. That is how you become the light of joy and of peace. A lot has been said about what you are. That is how whatever is described, you become that. If there is a light, you do not have to say that it is a light. It is. It is not a stamp that you have to use. So today we are celebrating a Diwali of the lights of Sahaja Yoga. I do not know what to say, in what state of bliss I am. All the ripples you have created of joy are overwhelming for Me. No words can describe. I cannot compose poetry. Keep this light burning beautifully through meditation and you can become very strong beacons of light.

---

6 NOVEMBER **ISTANBUL MARRIAGES**

11 NOVEMBER **TUNIS TELEVISION INTERVIEW**

11 12 NOVEMBER **TUNIS PUBLIC PROGRAMS**

13 NOVEMBER **TUNIS TALK TO TUNISIAN WOMEN**

15 17 NOVEMBER **ATHENS TALK TO SAHAJA YOGIS**

28 NOVEMBER **FARIDABAD PUBLIC PROGRAM**

29 NOVEMBER **DELHI PUBLIC PROGRAM**

30 NOVEMBER **NOIDA PUBLIC PROGRAM**

1 DECEMBER **GHAZIABAD PUBLIC PROGRAM**

5 DECEMBER **DELHI BOOK LAUNCH**



# Keep Your Traditions

**TUNIS** ~ Shri Mataji gave two public talks, one in the evening and then on the last day, a Sunday morning. She talked to the women. The women were very fascinated by Shri Mataji. They were very open. The ladies in the front row rushed on the stage and took Mother around the waist. There were six or seven of them and they were all around Mother and they wanted to have a photograph. They were kissing Shri Mataji's hands and Mother was very loving with them.

On the last day, Shri Mataji only wanted to speak to the women. It was difficult to keep the men out, but they were not allowed in the hall. Shri Mataji spoke to the women wearing a white sari. She looked very impressive, very dark. She spoke to them, mainly saying that they should not follow the French culture. She said they should keep to their traditions because, if they do not keep to their traditions, then the fundamentalism comes in. "So don't run after Western ideas." She really emphasized that.

not  
ordinary  
people

Now you have entered into the kingdom of God. You are now sitting in the court of God Almighty. Here, of course, as courtiers you have to dress up well, sit properly, take up your seats. You have to be systematic and above board because you are Sahaja Yogis. You are not ordinary people. You are special people. How many people in this world are going to be Sahaja Yogis? You are special people, so try to make yourself such beautiful instruments of Raja Lakshmi that people, when they will see you, they will vote for you.... You have to first get the blessings of Raja Lakshmi and then only you should understand what is wrong with your country, what we have to do, what is the purpose.... We have to have plans. What is your project? On all these things now put your attention from yourself to outside.... When the war of independence started in India we gave up our studies, gave up our parents, gave up everything. We were very young people. So now you have to know that if you have to really take to politics, you have to have the blessings of Raja Lakshmi and for that you have to build up yourself with that dignity, with that sense. I bless you from My heart that in every country such people will come up.

---

5 DECEMBER **CHANDIGARH PUBLIC PROGRAM**

6 DECEMBER **YAMUNANAGAR PUBLIC PROGRAM**

---

**YAMUNANAGAR** ~ At the end of the public program, a young girl shouted to get Shri Mataji's attention. She made her way to the front and Shri Mataji beckoned for her to come on the stage. For more than half an hour Shri Mataji worked on this girl with a candle flame. Finally, the girl spoke to the audience in Hindi, saying she was blind and Shri Mataji had enabled her to see – first Shri Mataji's bangles, then Her bindi and then Her sari. She ended up by saying, "Shri Mataji is God." The whole atmosphere was full of enthusiasm and joy, with people clapping, singing and dancing.

---

7 DECEMBER **YAMUNANAGAR PUJA**

7 DECEMBER **YAMUNANAGAR MUSIC PROGRAM**

8 DECEMBER **DEHRADUN PUBLIC PROGRAM**

10 DECEMBER **JAIPUR PUBLIC PROGRAM**

11 DECEMBER **JAIPUR SHRI ADI SHAKTI PUJA**

---

**JAIPUR** ~ At the puja Shri Mataji spoke in Hindi. She told us that we are worshippers of Shri Adi Shakti and follow the dharma of the Shakti. The Adi Shakti is especially worshipped by royalty and is known by many different names. Rajasthan is blessed because the Adi Shakti once incarnated there as Sati Devi. The blessings She bestowed are still present in Rajasthani culture. Shri Mataji's family has ties to Rajasthan that go back to ancient times. Shri Mataji described the powers of the Goddess, but She said Shri Adi Shakti is beyond all these powers and to describe Her is a difficult task. It is left to the Sahaja Yogis to describe Shri Adi Shakti.



# India Tour Teaches Rhythm

**DELHI** ~ The first public program of the tour was on November 28th in Faridabad, a small town southeast of Delhi. About five thousand people were in attendance. We saw Shri Mataji there for the first time on the tour. Shri spoke in Hindi, but we could feel Her divine attention was also on us. At the end of the program, we joined in the singing of *Sitting in the Heart of the Universe*. We sang out the line “Shri Mataji, we love You” from deep down in our universal hearts.

On the following evening, expectations were high for the main Delhi public program. More than sixty thousand posters and 150 billboards advertising the program had been placed around the city. A huge, magnificent pendal supported by 144 poles covered the equivalent of two large playing fields. There were about eighteen thousand people – a sea of humanity.

---

## Shastri Remembered

**DELHI** ~ About two thousand people gathered on December 5th for the inauguration of a new book about former Indian prime minister Lal Bahadur Shastri. The book was written by Sir CP Srivastava, who made the point of calling it “our book,” making us all feel its relevance for our own growth and, in some way, for the spread of Sahaja Yoga.

Shri Mataji explained that Shastri was a man of tremendous depth. When She met him She was happy because She had found a realized soul who had the desire to go into politics. She said most realized souls shun politics. In Shastri She saw a man who the Divine could use to do great work for India in the move away from materialism and self-interest and towards a society focused on morality and the greater good of man.

From the beginning, Shri Mataji said, Shastri knew She was a divine personality and always showed Her tremendous respect. It was Her desire that Sir CP work with Shastri and to be of help in his great work. Shri Mataji explained that it was fate that Shastriji’s time in office was so short and that India always suffered from such bad fate.

**YAMUNANAGAR** ~ On December 6th a message came that Shri Mataji was waiting for us at VIP guest house called the Pintail Resort. We made our way to a quiet garden high above the river and we all sat on the grass around Her as She spoke to us as our mother. She asked us to remove our hats and scarves to take advantage of the morning sun, which is good for the growth of hair, and that wearing hats causes baldness.

Shri Mataji spoke about dholaks and the importance of rhythm in music and in our lives. Shiva’s dholak gives the rhythm and the heartbeat, the beat of life which pulsates and sends vibrations through the nerves of the entire body. The rhythm of the drum in music puts us in tune with our inner rhythm.

One aspect of discipline consists of getting tuned into the rhythm of the Divine, being in step with life. This means we must get up very early in the morning because this time corresponds to the Indian rhythm which is directly controlled by the Kundalini. Shri Mataji apologized for having to tell us the truth about getting up very early in the morning, but She said there is no way around it. In Sahaja Yoga there are no obligations, but we should know that this is the best time to have a deep meditation.

We must have pure attention and learn to control our attention, called *chitta nirodh*. We have to learn to put the attention inside, on the present moment when there is no past or future, where there is no thought. She went on to say that we have all come a long way, but this is the next step. When we see something beautiful, we should go thoughtless.

If you sit in meditation and think about shopping, there is no spiritual growth. Of course, we have to shop, but if our attention is inside, it gets done very quickly and efficiently. When our attention is on the Divine everything works out.

Meditation is not a mental process. We cannot grow mentally. We have to go into thoughtless awareness and we have to practise this. Also we should constantly ask ourselves, “Where is your attention?” See where it is going. What makes us happy? What do we love?

---

**JAIPUR** ~ Shri Mataji’s last words to us in the early morning hours before leaving the Jaipur train station were, “It is a very small train, but it is the only one going through those beautiful places. If you want the vision of beauty, you should not mind the size of the train.”

20 DECEMBER **PRATISHTHAN TALK TO SAHAJA YOGIS**

20 DECEMBER **PUNE PUBLIC PROGRAM**

**PUNE** ~ On December 20th there was a very large public program in Pune. As we entered the grounds of the New Medical College, we could not fathom the number of people there – at least twenty thousand. Shri Mataji spoke for more than an hour. The vibrations were very strong and one felt very privileged to be at a program where so many received their Realization.

23 DECEMBER **GANAPATIPULE ENTERTAINMENT PROGRAM**

27 DECEMBER **GANAPATIPULE INDIA CHRISTMAS PUJA**

to please  
the divine

It is very simple to understand about your own country, where the problem is, why people are poor and we cannot help them. We have to take to this. Unless and until your light shines in the society, we are doing nothing. We are just enjoying our own Sahaja Yoga, Ganapatipule and all that. But what about others? So sensitivity to art, sensitivity to music, sensitivity to all creative things that are there and what can we do with these creative things for others – the attention should be more towards these things than about useless things. About politics you should not worry so much. It will be all exposed and finished and it will be all right. Let them fight. Let them do what they like. They are stupid people. Your attention should be on how you can be creative, how you can help people, what you can do. In everything there is one thing. It is love, what you call as compassion, *anukampa*, just out of love and affection and that should be a real innate expression of every Sahaja Yogi in every field of life.... What are we doing to please others? You should be a pleasing personality instead of thinking about how you should be pleased.... To please the Divine, our character, our behaviour should be absolutely clean. I know Sahaja Yogis have done wonders and they are doing very well, but they can do much, much, much more than what they are doing. So on this day of Christ's birthday, I have to tell you that it is not possible to follow His life. I agree – very difficult. But at least, one has to learn from Him that He is before us and let us try to go forward towards Him, in His simplicity, in His honesty and the sacrifices He could make.

*There are sure to be errors and omissions in this 1994 almanac. It is not comprehensive, nor complete. Sources include "The Divine Cool Breeze," the Sahaja Yoga Media Project and the International Book Project transcriptions. Sometimes these sources do not agree. In those cases, priority has been given to reports written at the time by people who were there. Unverified events have not been included. We hope that the truth of Shri Mataji's travels can be found in the scope, range and love She gave every day of 1994 – and every day since.*

28 DECEMBER **GANAPATIPULE ENTERTAINMENT PROGRAM**

29 DECEMBER **GANAPATIPULE TALK TO SAHAJA YOGIS**

29 DECEMBER **GANAPATIPULE MARRIAGES**

31 DECEMBER **KALWE SHRI GANESHA PUJA**

**NEWS REPORTS** in this issue are from the pages of *The Divine Cool Breeze* magazines published in 1994 and 1995, except the report from Tunis, which is from *Eternally Inspiring Recollections of Our Holy Mother*.

**ALL PHOTOGRAPHS** are from 1994 except page 5. **Cover and page 9:** Guru Puja seminar weekend. **Page 1 and 29:** Tunisia. **Page 3:** Prague. **Page 15:** Sahasrara Puja. **Page 17:** Shri Adi Shakti Puja seminar weekend. **Page 19:** Cabella Ligure Italy. **Page 21:** Shri Krishna Puja seminar weekend. **Page 23:** Shri Ganesha Puja seminar weekend. **Page 25:** Saint Petersburg Russia. **Page 27:** near Buenos Aires Argentina. **Page 33:** India, place and date unknown. **Back cover:** Diwali Puja seminar.

**THE DIVINE COOL BREEZE** [www.divinecoolbreeze.org](http://www.divinecoolbreeze.org)

**SUBSCRIPTIONS:** [contact@divinecoolbreeze.org](mailto:contact@divinecoolbreeze.org) **CONTENT:** [editor@divinecoolbreeze.org](mailto:editor@divinecoolbreeze.org)

**PRINTED BY** King Printing Co. Inc. Lowell Massachusetts USA & Nirmal Transformation Pvt Ltd. Pune Maharashtra India



# Starlit Grooms Advised for Life

**GANAPATIPULE** - *This is a synopsis of the advice given by Shri Mataji to the 104 grooms entering into marriage on December 29th.*

Marriages in Sahaja Yoga are marriages of collectivity. Shri Mataji has made matches which will make us enjoy each other completely. Sahaj marriages have been 98 percent successful, but even the two percent that go wrong cause Her concern. Some people come afterwards and say that the atmosphere in Ganapatipule was a certain way and so they agreed to marry. Later they think that the marriage will not work out. This thinking is the enemy of enjoyment.

Marriages are serious affairs, not frivolous. It does not take long to perform the marriage, but it lasts for a lifetime. If the wife starts dominating, you can tell her how we expect her to behave, but there should be no domination in this. If in small matters she does not do as you expect, then it is all right and you should tolerate that and you should show tenderness and care for your wife.

Shri Mataji wished all the grooms a very enjoyable married life and also a very happy new year.

*It was a very beautiful moment in the lives of the bright-eyed grooms sitting on the starlit shores of Ganapatipule.*

# New Year's Eve Farewell Puja

**KALWE** - *The last official day of the 1994 India tour was graced by a puja. The venue was the Mukund Steel plant, which is also the site of a Shri Ganesha swayambhu. There were about five thousand Sahaja Yogis in attendance. This is a synopsis of the talk given by Shri Mataji at the Shri Ganesha Puja on New Year's Eve.*

"Now we will be parting. You will be going back to your own country. And I must congratulate you, the way you have come up to the expectations of Shri Ganesha. I am very happy with you people."

Even though you do not have the tradition of Shri Ganesha established in your countries, somehow you have come up to such a level. Indians are going to the western life, western style, western expression, the filth. First you used to come and learn here about Sahaja Yoga, about respect for others and respect for yourself. But this time you tolerated all kinds of inconveniences and you saw to the comfort of your spirit, not your body.

"The way you have been behaving, I am over-satisfied. I hope you really grow into your spiritual dimensions and

try to bring forth this dimension in other people of your nationality."

Sahaja Yogis see where they are going and are worried about it. Something must be done about it so that people in your countries take to a very dharmic, truly righteous life – not just talking and giving big sermons about it.

The way foreign Sahaja Yogis have controlled their children has brought the children to proper lives. "Your children will thank you very much for this. I would like to thank you all for doing this good work for yourself, for others and for your country. And I am sure we will be very successful in a very short time and it will become a global understanding of Sahaja Yoga."

*At the conclusion of the puja, we bowed down to Shri Mataji and thanked Her for allowing us to come to India. We asked for a fearless heart, for dedication to meditation and to the work of Sahaja Yoga.*

*We asked that some time soon we would be reunited with Shri Mataji in India, the place of our spiritual growth and transformation.*



WHO IS CALLING **MY NAME**

