

The Divine Cool Breeze

July - August, 2006







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T H E D I V I N E C O O L B R E E Z E

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H.H. SHRI MATAJI NIRMALA DEVI

SAHAJA YOGA TRUST

Shri Mataji's Holy Birthplace: Chhindwara Project

AN APPEAL

Jai Shri Mataji

As announced earlier, with the Blessings of Our Divine Mother, the holy Birthplace of our Mother at Chhindwara, the Holiest Shrine for all Sahaja Yogis and Yoginis, was acquired by H.H. SHRI MATAJI NIRMALA DEVI SAHAJA YOGA TRUST, India, on 14 th July 2005. All legal formalities for the acquisition of the House have been completed. Regular weekly meditation sessions are being held at the Birthplace and a hawan and pujas have also been organized. A steady stream of Sahaja Yogis and Yoginis is already visiting the Birthplace and this is likely to increase in coming months and years. The next phase of the project is now being launched. This consists of four main components:

1. Renovation and reinforcement of the existing building structure of the Birthplace with a view to ensuring its perpetuity as a Shrine.

A conservation architect from the Indian National Trust for Culture and Heritage has been commissioned to reinforce and renovate the Birthplace while maintaining the Birthplace in its original facade and

form.

2. Construction of a Meditation Hall in the courtyard of the SHRINE and some additional structures to manage the flow of visitors, house a souvenir stall and necessary facilities;

3. Acquisition of a large plot of land (of up to 16,000 square meters) in close proximity to the Shrine for the construction of an International Ashram; and,

4. Design, planning and construction of the International Ashram with residential accommodation and other facilities for visiting Sahaja Yogis/ Yoginis from all over the world. The Ashram will also include necessary facilities for holding cultural events, organizing national and international seminars and housing a library on spiritual and philosophical texts and multi-media material. These facilities will be of the highest, internationally comparable quality. The International Ashram will be located in a beautiful natural setting to provide a tranquil and peaceful environment. As approved by H.H. SHRI MATAJI, this Ashram will be named as " H.H. SHRI MATAJI NIRMALA DEVI SAHAJA YOGA WORLD

ASHRAM".

A project team headed by Shri Dinesh Rai, Trustee, H.H. Shri Mataji Nirmala Devi Sahaja Yoga Trust, and comprising Sahaja Yogis and Yoginis from India and other countries, is already working under the guidance of Sir C.P. to actualize this project. Some initial work has also been started to carry out essential repairs and maintenance. Architects and structural engineers have been engaged for drawing up comprehensive plans for the restoration and renovation of the Birthplace. Some sites have also been identified for acquiring the requisite land for the proposed International Ashram.

As we all well understand, this is a historic undertaking. The Birthplace of our Holy Mother is the most exalted and holiest place for all of us. The Birthplace Shrine, when completed, will become the place of supreme pilgrimage for all of us and for the coming generations of Sahaja Yogis and Yoginis. Therefore, it is our bounden and sacred duty and responsibility to develop the Shrine, acquire the land for the International Ashram and ensure its early completion. The work has to be undertaken with all our commitment and love in accordance with the highest traditions of Sahaja values as taught to us by our Mother, the Guru of Gurus, the Satguru. We must recognize that undertaking and

completing this holy project will bring us all even closer together in realizing our Holy Mother's VISION of one global family wedded to universally accepted eternal ethical values in our lives.

On this momentous occasion we appeal to all Sahaja Yogis and Sahaja Yoginis to support this historic project by making financial contributions. We also appeal to all our brothers and sisters to inform us of other contributions they may like to make in kind, skills and in any other manner towards the realization of this historic project. All state coordinators are requested to forward this appeal to city centers and encourage the entire collective to contribute suitably for this Divine Cause.

An independent and specifically dedicated bank account has been established in New Delhi for receiving contributions for the project from Indian Sahaja Yogis and Yoginis and they have been so advised. Contributions from Sahaja Yogis and Yoginis in all other countries, which will necessarily be in foreign currencies, can be received by the National Trust in India only with the prior approval in each case from the concerned Government of India authorities. In this context, the following procedure is suggested:

- i. In each country, the National Trust or Committee or Coordinator may open a new

Bank Account for the Chhindwara Project;

ii. Sahaja Yogis and Yoginis may be invited to send their contributions to the National Trust or Committee or Coordinator;

iii. Each such contribution may be acknowledged and deposited into the aforesaid Bank Account;

iv. After a suitable period of time, the National Trust or Committee or Coordinator may inform the Executive Secretary of the Indian national Trust of the amount so collected for remittance to India;

v. The Executive Secretary will then obtain the requisite Government of India approval for the proposed remittance and convey the same to the concerned National Trust or Committee or Coordinator; and,

vi. The requisite remittance may thereafter be made to the following Bank Account:

Name of the Bank Account - H.H. Shri Mataji Nirmala Devi
Sahaja Yoga Trust
Chhindwara Account

Name of the Bank - UTI Bank

Branch - K-12 Green Park Main, New
Delhi 110016, India

Account Number - 015010100265263

A complete list of all contributors and the amounts contributed by each of them may also be forwarded to the Executive Secretary of the National Trust in India. It is proposed to maintain a permanent record at the Chhindwara Shrine of all contributions received for this Holy project.

JAI SHRI MATAJI

Rajiv Kumar

Executive Secretary

News about 59th Anniversary Celebrations

(7.4.2006) Australia

Dear Sahaj Brothers and Sisters,



On Friday April 7, Shri Mataji and Sir C.P celebrated their 59th Wedding Anniversary. Shri Mataji and Sir C.P received many emails from the world collective to commemorate this Auspicious event. Our Divine Mother has blessed us by personally acknowledging these Congratulatory messages with a Letter



Text from Shri Mataji's Letter -

" Australian Sahaj collective celebrated our 59th wedding Anniversary on 7th April with immense love. It was an extremely moving and enjoyable occasion. Many messages, full of overwhelming affection and good wishes, were received from my beloved Sahaja children from all over the world. I wish to convey to each one of them my fondest love and blessings. C.P is deeply moved and conveys his abiding and profound gratitude to all of you.

(Signed Nirmala Srivastava)

SHRI MATAJI NIRMALA DEVI

8th April 2006

(Internet Version)

The Amazing Discovery of William Blake's Grave (London)

A CAUSE FOR WORLDWIDE CELEBRATION

By Shri Mataji's Grace, Sahaja Yogis recognise William Blake as an incarnation of Shri Bhairava, the Archangel who continuously works on our left side. As we know, William Blake took his birth in England in the year 1757, and produced dazzling volumes of Divine Art that continue to attract, inspire and transform people all over the world.

When he departed from this earth in 1827, William Blake's body was buried at a cemetery called Bunhill Fields, situated in central London. In the year 1965, tragic developments born of ignorance took place: the humble stone that marked the location of his grave was removed, along with almost all the other tombstones in this area. The authorities in London had devised a plan to convert this part of the cemetery into a sort of park, which was soon carried out. Following this process, the location of William Blake's grave was lost. No one, including eminent international Blake scholars, the 'Blake Society' based in London, or the authorities could point to the location of the grave anymore.



The memorial stone that can be seen at Bunhill Fields today. Placed in an arbitrary location, the stone reads '**Nearby Lies the Remains of William Blake**'

When Luis and Carol, a Sahaja Yogi couple from West London, first visited Bunhill Fields, they knew much the same as most Sahaja Yogis about William Blake. They were surprised

to see that the actual location of the grave had been lost and forgotten and instead a stone that reads 'Nearby Lies the Remains of William Blake' had been erected. Inspired by a strong feeling of Vibrations the couple decided to try and locate the real location of the Divine Poet's grave, and set about a long and detailed program of research and investigation to find out the truth.

Eventually, with some Divine help, they did indeed re-discover the actual location of William Blake's grave! Their official discovery was the result of a year's scientific and academic research, which they began immediately after their first visit. These results have been gratefully acknowledged by the London authorities, the 'Blake Society', and leading Blake scholars, with some people even calling them up to express their gratitude. What these scholars did not know was that the couple's scientific research had actually simply confirmed a discovery they had already made. Within minutes of that first visit, the vibrations had taken them straight to that same spot, from where a tremendous fragrance of roses emanated.



**(The actual location of William Blake's grave,
scientifically proven by Sahaja Yogis)**

The London authorities dealing with the cemetery grounds invited the couple to join a series of official talks. At this time, support from around 50 London Sahaja Yogis played

a significant role in demonstrating the importance given to William Blake. Subsequently, the possibility of placing an appropriate monument on the exact location of William Blake's Grave was made an item on the official agenda!

As talks progressed, the authorities advised Luis and Carol set up an independent organisation, in order to gather support for their request for a suitable monument on the exact location of William Blake's Grave. Thus, with encouragement from the UK Committee, the Friends of Willim Blake Group was set up, to petition for this important cause.



William Blake's Grave

The next important round of official talks concerning the fate of Bunhill Fields is set for June, 2006. UK Sahaja Yogis are busy preparing a **Friends of William Blake Group Website**, where Sahaja Yogis all over the world will be able to register as members, and add their support to the petition for **an appropriate monument at the exact location of William Blake's grave**. As soon as this website is ready, the FWBG will send out an appeal to Sahaja Yogis, who already recognise the importance of this Divine Personality. By Shri Mataji's Grace, together we have the chance to demonstrate the tremendous amount of love and admiration that exists for Willim Blake, and the importance of having a suitably impressive memorial. The FWBG will present our collective petition to the London authorities.

For a more detailed version of the story of the amazing discovery of William Blake's grave, please write to Luis and Carol Garrido: luisgarrido108@hotmail.com

Jai Shri Mataji
(Internet Version)

William Blake's Birthday Celebrations

Hammersmith Town Hall, London 28th Nov. 1985

Public Talk of Her Holiness Mataji Shri Nirmala Devi

It is such an honour for all of us to pay this homage to the great poet printer and a prophet that was William Blake. When I first came to England they had been telling me that England is a place of scholarship and you can see lots of museums and exhibitions; and suddenly I told the Sahaja Yogis that I would like to go and see the Tate gallery for William Blake's paintings. They were surprised because I seldom go to any one of them, especially the libraries, and the books. And when I went there I saw this great poet, this great personality, pouring out his heart with such concern, with such honesty, with such understanding and perception of the divine, to the people of England to understand the great powers of divinity. But to my surprise there were some funny people, they had brought some magnifying glasses and they were looking at the drawings, and they were watching the private parts of people! I said, look at the wretched, absolutely base people, who cannot see the sublime, the highest, which he wanted to paint; and they were taking photographs. I was surprised the way people reacted, and then I realised

how tormented he must have been in his life time to live with such people who have no sense of divine. He must have cried in the wildness, he must have wept, he could not have been accepted. It's impossible, such lower level minds cannot accept something that's sublime and great; and my heart bled with pain. Oh God why did he take his birth in a place like this to torment himself, to torture himself saying something which cannot be accepted? But that's not so.

I knew who he was, what he was doing, why he was here. We do not know about him much because from the books you cannot understand who he could have been. He was an incarnation of Bhairavanath, that's whom we call the St Michael or St George who is, as you know, the saint angel of England. That's why he had to incarnate and forgive. This was his role, to talk about divine in an open fearless manner. He had to use symbolic language. He had to use. It's not difficult to understand him at all if you are a realised soul. You'll read to it sometimes laughing, sometimes weeping, enjoying the whole drama that he

has tried to explain. When I read him I'm amazed at his sense of humour, how he openly comes out with such remarks! I feel he is like Markandeya, in India, or Kabir Dass, in India, who slashed the whole society with their sword all the time, to see that they are brought to the proper shape, without fear, but so gentle. If you read the song of TheI, it's so gentle, and all of them who were him perhaps, or are the same style, extremely open, straightforward, we can say even blatant and extremely gentle. The vision of Christ that he has described is the one which he sees through his own enlightened eyes; and he sees that the vision is completely distorted, is the opposite of what Christ was. I also felt the same way. I took my birth in a Protestant Christians family. I was shocked the way the Christians were. I, 'said are these the Christians?' Now the point he brings forth is very clear-cut. You can understand that in the mannerisms if you are gentle, "I'm sorry, I'm afraid, I doubt!", just look at that, it's very commonly used, this language, he says that Christ was not a gentleman of that kind. I also say I'm not seeking election, I'm not here to please you, but I'm here to make you please yourself, to enjoy yourself, to have your wealth enjoyed, manifested. That is how he also put the vision of Christ before you that he was not a gentleman

who would go round and be extremely gentle to people, and nice to them superficially, only the mannerism of it, but he would be so gentle with the people who are lowly. He created divinity out of fishermen who were ordinary people, uneducated, absolutely we can say people who were one of the lowest in the strata of society. He picked them up and made them divine. He didn't go to the ministers and the prime ministers and the governors. He did not. When you see all the great people who are supposed to be looking after the religion part of it, they are busy only with governors, and they are only busy with the kings and the queens who must go and bow to them. They are politically activated people. How can a divine person get into this mess of politics which human beings have created? We don't understand it because we try to rationalise everything, and, thank God, he is the one who talked against rationality and all the intellectual ideas of putting down Christ to the mere level of a human being, because he was himself divine and he could understand Christ. He used to get depression sometimes, and he had problems of money, problems of convincing his brother and sister, every body trying to make him feel uneasy.

Such a fine soul came on this earth

to talk of Jerusalem. What did he mean by Jerusalem? What is Jerusalem? We go to Jerusalem for pilgrimage, why? Because Christ was born there! England will become Jerusalem when Christ will be born here. But how many of English people today care for the spirit? English language itself is such a funny one, that we use the word 'spirit' for drinking, the 'spirit' that you call alcohol, 'spirit' for the dead souls which hang around many more here, and 'spirit' for the Atman, the spirit. When he came on this earth the industrial revolution had not taken its respite. People were still entering into those mills as he calls them, and he saw the scribes, how they were behaving and he saw the whole myth of religion. He does not know that all religions were doing the same nonsense everywhere, not only Christianity. You go to any other country and see every religion is the same style of a nonsense which is opposite of what the prophets told them, of what the incarnations told them, of what all the great sages told them. This is not only about Christianity, but still nobody can forgive it because Christianity has a special fervour, has a special role, has a special meaning. That's what he's trying to fight, also saying that Moses came on this earth to lay down the code of conduct, morality, and also he describes Milton as a person

who describes a deity who is above everything, a puritanical deity. But he describes a divine humanity. Also he describes the Christ who came on this earth for the emancipation of human beings, not to tell them don't do this and don't do that.

That was all right at the time of Moses in the beginning of it, the code of it. And he calls it a moral Christianity, meaning immoral it must be, because if you force someone into something and pass such laws and regulations at this time, modern times, it's going to be impossible for human beings to follow, and they'll fall into some other traps. Strict rules of anything imposed on people who are not realised soul can push them into some sort of problems. They can become criminals, they can become violent as a reaction, and we see the reaction to their acting, and the hypocrisy of the whole thing is exposed. Like in India, or anywhere else, they will say you should not be attached to money, give the money to the church, to the temple, to the mosque, to all the people to enjoy it. The kind of life people led in those days in the name of God was no model for anyone and that's how poets like him were born again and again. I would say that in Lebanon a great poet like Kahalil Gibran was born and then in India we had so many such

poets who just lashed the society and lashed all these ideas of the intellectuals, the ideas of the religions, the ones who were trying to conquer, because there was no genuineness, there was no sincerity. If you are honest people, you really mean it, then let us face it and see for ourselves what we have to achieve.

So that is how he came as a poet, a remarkable poet the way he rhymes it and the sense of humour that he has, the way he unfolds the beauty of words as any poet should do. In Sanskrit it is said " Sat na kavya, na, kavya". Poetry is full of the 'sat'. The 'sat' means the essences, the explosion of essences through words. If it could be done, then the magic of it is called as poetry and that's what you find in Blake, such a great poet. Poetry is only great when it talks of the Divine. When it talks of the baser things, it takes you to the baser things.

The other day I heard one Australian poet and I was amazed at his bathroom singing, it was horrible. How can you call it poetry? He sings of baser things of life, which take you to the baser things and pleasures; but he has very clearly said, if you can understand him, has said what are these books for? This is to collect money out of them. Now how do you collect money? By playing on the weaknesses of

people, pampering their ego, pampering their greed. All these things if you can do you can very nicely befool them and they feel very happy and nice that, " oh, what a book it is". As we have had great writers also in this country, I would say Shakespeare was a great-evolved soul, but the deterioration you see later on with people like Hemingway and all those coming up. I don't know how after Somerset Maugham, suddenly these horrible Hemingway people are coming up, and people buying their books like hot cakes!

We have lost all our moorings, we have lost all our roots, but one thing good has happened out of this reading. The way of Freud, making him Christ, all that has led to problems and people are now realising. Now realising that's why the prophecy was there, that's why he was a prophet. He warned people of what is going to happen. But who is bothered? He was treated as an insane personality. If you go to the lunatic asylum everybody will think that you are insane. That's the way lunatics look at a sane personality. His wisdom was condemned. People thought that he was getting all these hallucinations, " he's talking out of his hat", because they have no brains to understand, they have no enlightenment, they have no preception. That's why they treated him that way.

Now he's dead, of course they are selling his books making big money, selling his plates, what he painted. But when he lived nobody bothered, and now they can use him the way they like. I met some very funny people here, in this respect, the way they have shown great interest in Blake, in saying that he says that a naked woman is the best. I said, where? How could he say such a thing? He was innocent! Now we do not understand what is innocence in the West. Just like Markandeya describing his Mother, her breast and everything, like a child. A child doesn't see sex in the naked body, he does not see; and the beauty of a woman he describes. That means all woman are walking nude everywhere? Now, are you exciting the innocence of people or are you exciting the baser qualities? We have to be natural. Are you natural?

All these perversions and all these diversifications have become because man does not have a simple mind, he's a crooked person. This crookery has to go from the mind. That is important, but if I say that I am not doing my job here, I know for definite that is not the way it is going to work out. That's why Christ is the one who said "forgive, forgive them" otherwise how can God meet man? With this crookery, with all this kind of cunning, how can God

reach man without forgiveness? He cannot reach man if he listens to Moses, can He? He cannot. If He has to come to human beings He has to forgive; and that's why in Sahaja Yoga in the beginning you must forgive everyone, you forgive yourself, don't feel guilty.

Now in Christianity just the opposite has been done, let's face it, and know for yourself that you have to go, confess to the priest. The priest also gets mad with your confession, you're already mad. What is there to confess in the ocean of forgiveness? It just dissolves. What a message Christ gave us! It's the greatest weapon that we have got, is to forgive others and to forgive ourselves, because God forgives us; and this is the message that we have to know, that we have to forgive ourselves. Instead of that, for all that we do wrong or that we try to do against our spirit, we feel guilty. And moreover if the teachings are such that you better feel guilty all the time, what we are doing is to feel guilty and to catch up on this chakra, the left Visshudhi. To such an extent that in the West wherever I go, I tell them, first of all you just say one mantra, "Mother I am not guilty". Take it out of you.

Who are you to feel guilty when God loves you so much? He has made you the epitome of evolution, you are at the highest

point, why should you judge yourself and feel guilty? Is he not capable of forgiving you, have you no faith in his ocean of love? But this is the basis of the mistakes that are committed in the name of Christ. I'm telling to the priest now, who is a priest here, coming from theological college: can you learn about divinity in the theological college? Did Christ go to any theological college? How did he get it? How did he get the knowledge? Through enlightenment. Enlightenment has to be there. The way he has clearly stated everything, nobody liked him because of vested interest. Everybody has vested interest, nobody is sincere, honest. And they want to exploit others to make money. You cannot make money in the name of God! It is a sin. Such people can never enter into the kingdom of God. That's why Christ has said "you will be calling me, Christ, Christ, I will not recognise you". That's a fact.

So if you have to be a truthful person, just a truthful person, do not feel guilty about it. Do not feel you have committed sin. There's a little story in India that one missionary came to a village in India. Villagers in India are very simple, you know, they are not so sophisticated, So when he was going they praised him a lot and said, "Sir we are so thankful to you that you have told what is sin and that we are sinners".

They didn't know they were sinning, and this is one of the things that Blake brought forth for us, to show that Christ was a person who brought a new message over Moses. Of course Moses was needed at the time when Jews had to come out. That was the time they needed it, and they brought these Shariat laws. It was Moses who started it, but Muslims are following them, Now, when today we are in this twentieth century sitting down here, we have to see what is the prophecy of this great man, William Blake. Can you imagine his birthday was in this month? Guru Nanak had birthday in this month. Mohammed Sahib's birthday is in this month, all these great people were born in this month. Now this month also we celebrated the Diwali. Such a great month is this one. And in this month those who are born have to be great people in the whole understanding of Blake. I find a single lonely man ploughing this land with the seeds of wisdom, and we have just to reap it. He is the one who planted it, water made ready by Shakespeare you can say. We have had many great poets here. Wordsworth is another one who really is enchanting and beautiful. I think Wordsworth must have seen the feat of William Blake and he said better describe the nature, forget about human beings, he

must have thought of it, thinking it to be an incorrigible land where you can not sow anything.

But whatever it is, what Blake has done is to give you a new vision, and a new idea, because in the West Christ had been shrunk to the position of someone who is just a human being. And now when you hear the way people describe him, I'm amazed. From where did they get this vision? Have they got eyes or are they blind to talk like this about him? And I hear the bishop talking like that, or your archbishops talking like that. Have they no fear of God? What's going to happen to this country if you talk about Christ like that? And you are going to have now pictures and films showing him to be an unrighteous personality, showing his mother naked, no respect. Even Blake, I don't know if you have noticed, he paints human beings naked, all right, but not Gods. Christ he never painted. He never paints them that way, the respect. While we the great intellectuals of modern times are trying all these tricks just to bring forth the wrath of God upon ourselves.

The second point about him was that he was a printer. We should think why did he become a printer. Why Blake took to printing? He has described himself the Hell where the books were created, and how

he has described at every chakra we created a devil and put them in the library, and that's why I'm against the books very much myself. But why did he become a printer? It's very important to know, and why he wrote so much about printing? You see the media today, the media, that's the devil he described. The media is the one has ruined you completely, believe me. Just to make money out of you, playing upon your weaknesses, making your children and you weaker and weaker, the society completely being destroyed, systematically. This is the media he wanted to hit. That's why he took his birth and became a printer. He could have been anything else. No poet was a printer, in England or anywhere else. It was Blake who became that. The reason was he wanted to show that this media is the one, and let him cut it at its root. But as you know, evil grows whether you like it or not, and today's media we can not understand to what extent it has destroyed us, our roots, our faith, all our sublime and righteous visions!

I know that I myself was asked by your television people, and all that, to come down and talk to them. I'm amazed the way people told me that an Anglo-Saxon brain, God knows who made that brain, can not understand anything that can be done without money. I said you first take

your realisation otherwise I'm not coming to your programs or to your television. That's the triumphant pride of Christ you can see in his crucifixion. He didn't care. He could have gone, fallen at the feet as our politicians do, morning till evening moving from one place to another. He would have gone to the scribes and the Pharisees and said, "oh please forgive, I will serve you all my life, I'll sell everything". He would not accept. That pride. He went with that triumphant pride on the cross. But what does it show, what does it show? That we the stupid crucify that great personality and today are we not again crucifying him?

That's why I say that he was a great prophet, because he made prophecies, that if you do not take the right path, if you do not take to the higher seeking all these things will show. Now we have to understand because it concerns us. This is what is happening to us, to us, to our children to our families, to our society, to our country. Let us face it and understand that compassion of God can fail in such a horrible lazy heart, which doesn't have any understanding of the spirit.

Sahaja Yoga came on this earth long time back, much before I came on this earth, and today it has come to England. We should say I came here twelve years back. It took fourteen years for Blake to

write Jerusalem and I think after fourteen years also, if I could really feel satisfied that I've been able to do some justice to him, in this Jerusalem that he wanted to build, I'll be very much grateful to you all. But that's not so. It's a very disappointing thing. People don't want to listen to anything, they want to listen to something that they like, that you have to play on their weaknesses all the time, tell them that whatever wrong you are doing is a good thing, go ahead.

Now the compassion and the love of Christ can work out miracles, no doubt it can work out because he came for us. The whole universe was created for us. It is for us to receive all the blessings of the divine. It is we who are going to become the spirit, as he said, "you are to be born again". But the conditioning or the subtle conditionings of the surroundings and the atmosphere, the history and all that, is so much embedded in us that we don't realise and are not aware that we have to look upward. Blake's life was another crucifixion I feel. When I read him tears fall continuously sometimes. What a son of a great father! Who said Christ was not bothered about his parents? He ran away from the house at the age of twelve years. That means all the boys are now running from their houses at twelve years, taking

to drugs? That's the best way we can pay homage to him, by running away from the houses, taking to drugs, because Christ ran away from the house at the age of twelve years! And he said this is my Father's business, that's what he writes. What do I care for the parents? That does not mean that you should not respect your parents, **but it means that I am at a higher seeking, I have a higher seeking, I have to go in another direction.** You have lived in this direction, whatever it is you have balanced your life, but I have to ascend. This is the message he has tried to put forward before you, very clearly, that it is so obvious, so clear-cut. Whenever he says fight it, whenever he is so compassionate, whenever he is so gentle, whenever he is so modest, the inner line is one, **that achieve your ascent, achieve your higher being, become that.** He has prepared ground for us here in England, as you know.

As I told you many times, England is a very important part of the universe, which I don't know how many Englishmen realise. It is the heart of the universe, it is small but so important, but what do we get from the heart, what do we have in the heart? Racialism! If Christ comes here you'll throw him out because he is not English, or do you believe that he was English?

What do we get? We can't love our children, we kill our children, we ill-treat them. You are sitting in the heart of the universe, this is the heart of the universe, and what do you have to give to the world? The spirit. The spirit resides in your heart, and that's why Blake said that England has to become Jerusalem because it is the heart. That means spirit has to come in the attention of the universe otherwise things won't work out. But from where is it going to come? The spirit, where is it going to be awakened? It is going to be awakened in the human beings. And where are those human beings? In the heart. Where are they living? And those who are living here are already lethargic. The heart is lethargic, it cannot pump anything out of it. First it was over pumping, trying to impress the whole world, and now after the impression it is in depression.

This heart has to awaken to make the whole world a spiritual being. Do we realise our responsibility? Do we understand this? What is the role we have to play as a spiritual being? You have to play a role as a spiritual being now, but we are not. We are busy with all other nonsensical things but with the spirit. I've laboured for twelve years, as I said, and I think I'll have to stay here for two years more. Fourteen years, and then only

maybe, I hope so, Jerusalem will start showing it's risen in this country. You can do it. You are the only ones who can do it, nobody else. You are entitled to that.

God has chosen you to be born here, with a purpose, but you can't talk to anyone about religion, they don't discuss religion. What religion? Religion which contains all the religions of the world, religion which is the inner balance, the tranquillity within you which gives you the ascent. But we don't discuss it. This is out of etiquette. We can discuss all the drunkards and all the pubs of the world but we cannot discuss such a horrible thing like religion, which is so innate and within ourselves. You cannot have anything in the newspaper about it, but he has described all the fake gurus and all the satanic people. It's such a strong description of all these and you see them and thousands follow these nonsensical people, pay them money, become beggars, but they don't want to come to reality. Why, I ask myself? Why is it happening like this? No use going to any extremes.

Here is someone who has given you such a lot of explanation. Holy Ghost, he says, "and Holy Ghost a vacuum". You ask anyone, I was surprised when it was asked to some very big bishop, what do you think of Holy Ghost. He says ah I'm

agnostic. Agnostic? Then they asked him, "then what are you doing here"? He said, "I'm doing my job as you are doing your job". He's agnostic, he doesn't know anything about Holy Ghost. What is Holy Ghost? William Blake has said 'it resides within you.' Why don't we find out where does it reside? Why not we go out of the way to find out. Bible cannot contain Christ, the whole universe cannot contain Christ. Let us go out and find out what others have to say about it. We are very insular self-opiniated great people sitting here in complete lethargy. We have no time, we don't think anybody to be considered about it. Let us go and see.

What is the Holy Ghost is very simple. Holy Ghost is the kundalini if you use logic, not rationality. Logic is different. If you use your logic you will see that we have a trinity, holy trinity. We have God almighty, all right, and we have the Son, and the Holy Ghost. Have you heard of any father having a son without the mother? Then who is the Holy Ghost? It's the Primordial Mother. Automatically you come to that conclusion. But mother should not be mentioned? That's why Blake has said about the daughters of Albion, because he knew the way women were suppressed in a very sophisticated way. In Sanskrit we say: "Yatra narya pujanya tatra ramante

devata". Where the women are worshipped, there remains the domain of the deities, where they are worshipped. And they are to be worshipful, not the harlots and the brothels and the women who walk nude and show off their nudity to excite the baser self, but the ones who are worshipful. Where they reside, reside the Gods. So these women were suppressed, and suppressed to such an extent that they did not want to talk about God as a woman, anywhere. So Holy Ghost is something abstract, a dove. All right it's a dove, then what? What do we do with the dove? Why is it so important that we should have blessings from the dove, nobody explains? It's a mystery! We have to live with the mystery. Everything is a mystery. The banking is a mystery here, but where does the money go is also a mystery. It has something to do with the mafia, that's also a mystery. Then the Masonic people are organising the Switzerland bank, is also a mystery. Everything mysterious and hidden and kept out, "oh that's not to be said, this is just overseas banking, oh good, very good name" It's overseas banking, it is this, it is that and we carry on with this hypocrisy, we carry on with all the false notions, "oh, that's all right, that's all right, that's part of it".

This is not forgiveness. What is the

forgiveness for the cunning, what is the forgiveness for the crooked, what is the forgiveness for Satan? Discrimination is needed when we talk of forgiveness. Forgiveness is for the people who think they have committed sins. It's only in thinking you commit sins. Otherwise you do not. Look at a dog, look at a tiger, look at all these people. If tiger has to eat the cow it eats. Does it commit any sin? It does not know about the sin: "I didn't know what this sin is", he will say that "I didn't know it was a sin, you see, I just ate it". But what is the sin? Just to condemn someone all the time: "You are the sinners, you did this sin, you did that sin". Human beings are the temple of God. With what prayer, love, affection and delicacy they are created? For what? These lotuses have been brought out of the Maya of illusion, for what? To be condemned, to be trampled, to be ill-treated in this way, that too in the name of God?

Lotuses are created to be offered to the Gods, with the fragrance to illuminate the whole world. They are the poetic genius of the lord, as he has described, while we look at human beings as something to be exploited, to be suppressed, to be oppressed! And so, as he says, there are two types of people, and he has given horrible names to them who try to oppress

the people, who try to devour the people. And he says that the religion now has become the compromising thing between the two, while the innocent suffer, while the simple suffer, while the seekers suffer, while the good suffer. That's a fact.

Let us all of us join together now and get our realisation, become the spirit. It's the easiest thing to do because the Holy Ghost, which is the Kundalini, is within you. In the triangular bone she resides and she can be awakened, while they may say that why didn't he talk about Kundalini ? Whatever he talked, who listened to him ? Whatever he said who tried to understand ? Till today I don't find many people have understood him. Whatever he manifested, who bothered to know about it ? And if he had talked of something more it would have been obscure. And he says, "I don't care for the idiots for whom my sayings are obscure". He says clearly. He has used only thrice the word 'idiot' and many times 'stupid', and so many times the 'fools'.

Above all of that, to me all of them are God's own children. I know how he was angry, I know why he was angry, and I also understand him, that he thought that before Sahaja Yoga coming here, let me give them a thump, let me open them with a big blow so they are ready. But in his

criticism I read they said he was not acceptable because he went too far, same with me. People don't accept me because I go too far. I must try to please them. Am I seeking your vote that I should try to please you ? I have to tell you the truth whether you like it or not. I want you to accept it because that's what I am here for. I'm here for that, that you accept the truth and get it. I'll do my level best. I can make food for you, I can give good food to you, I can give you presents, I can do whatever a mother can do for her children. But when it doesn't work out she has to shout, sometimes she has to say things clearly, because you have to get it. Now you cannot force it on people, this is the biggest problem. You cannot force self-realisation onto people. You cannot do it with force. Say if supposing Russians tell me, they are very much interested about Sahaja Yoga no doubt, but if they tell that you come to our government and give them realisation, I cannot. I cannot do it. You are to be free people. When you are free, then you are a beggar ? See the wages of freedom we are paying. Nobody is free, in Europe if you go I have to take out all these ornaments, which I'm supposed to wear because of my family. I have to go there without a purse. I have to tie my purse inside here, fit something, otherwise they rob it. Nothing is safe. So

this kind of a freedom which leads to violence, to butchery, actually the way we have butchered our children, butchered our elders, the way we insulted every one of them, all that goes hand in hand with freedom. This is no freedom. This is absolutely unleashed abandonment of the brutal self within us.

So whether you go to Russia or to Europe, Sahaja Yoga is in a problem. Whether you go the left or to the right I just don't understand where will it prosper. Where freedom is used with wisdom, with respect. If you cannot respect the freedom of others you do not have the freedom at all, you have never known the freedom, you have never enjoyed the freedom. So the freedom of human beings has to be respected, and when this freedom is respected, then only you can get your realisation, and then only you can enter into higher freedom, into complete liberty that Blake has described. There are seekers, so many seekers in this country, and so many are lost, so many are lost. There have been people who are saved by Sahaja Yoga who have been taking drugs. Overnight they get it. Overnight how? It's a mechanism within you. God has built that, that power of the spirit when it enlightens you. It just becomes so powerful you give up. But beforehand if I say don't have this

and don't have that, you cannot do it. You do not have that power of the spirit.

Most of the incarnations who came before Christ didn't realise this point, that human beings are not enlightened, they don't have the power of the spirit with them. Christ realised it, and he said it openly, "you are to be born again". Not only that but he said, "first of all forgive". He talked of forgiveness, so that they settle down, that they are not paranoid, that they are not upset. Let them be settled down in peace and in compassion, and then awaken their Kundalini, and then give them realisation. So then you have the power, then there is no temptation, nothing like that. Will you tempt Christ with anything? You cannot. In the same way you do not get enslaved to any temptations. You rise in your own beauty and glory, and your own strength and power. You don't have to get something to end. This is what is self-realisation.

Sahaja Yoga came to London twelve years back, when I came. I'm not an immigrant for your information, at all. I just came by chance, I should say, or by God's ordained programming. My husband got elected to this job out of a hundred and thirty four nations, you see, he was elected. We came here just because he was elected, not even appointed, but

elected, and elected four times unanimously. He is a senior, most senior Secretary General, so we had to come here, and that's how I'm here. Otherwise I may not have ever come to England to teach Sahaja Yoga. With Blake one feels compelled to try, and try and try to establish Jerusalem, whatever maybe the case, whatever maybe the disappointment, whatever maybe the disgust, doesn't matter, one has to do it. He had such faith in the England's soil that we have to build the Jerusalem, but first every one of you who are here must get your realisation and humble down before your realisation. You are not to be arrogant with it.

He said Christ was not humble before human beings, but before God he was, before his Father he was. In the same way you have to be humble before your spirit, and before your self-realisation, and you have to get to the higher state. It's surprising that in India we had all this knowledge all these years, but we were supposed to be Heathens, or what else they called us, we were supposed to be slaves. Nobody wanted to know anything about it. The knowledge of the roots existed and our intellectuals also never bothered, they always followed Oxford and Cambridge traditions. With this Oxbridge business we never got through people to

tell them about this great knowledge we had in that country, and everything subsided.

This knowledge is not meant for India, is not meant for any particular place, it's meant for the whole world, as your knowledge of sciences. All the knowledge of the tree is meant for the whole world, which you gave it to us, or you gave it to all the eastern countries. All people accept it. What's the harm in accepting the knowledge which comes to you for your benevolence ? Only because it is from the eastern side you feel so insecure about it. From where did Christ come ? He came from America ? I think he must have run away! Despite that I must say among all of them, British are the most matured. But we run after Americans, we run after French, we run after everyone not being aware of ourselves, what we are.

We are wisdom, we are the people who represent the heart of the universe, and time has taken, from him to this time, that we have matured now. I hope we have matured enough to understand that there has to be a breakthrough. When they published my handbills, you see, somehow it so happened that my face has come out quite black in that. I said forget it, nobody will come to our program if you show such a black face. They'll say, "oh somebody

coming from Africa is trying to teach us what is Jerusalem", so they had to redo it, to show that I'm not that black. What difference does it make this skin deep colour? The colour comes from the heart, the beauty comes from the heart, the exuberance of the heart expresses that beauty on your being. And the beauty of the truth is that it acts, it works, it just doesn't decorate itself. It doesn't try to take to the ways and methods of luring people, but it acts. Whether you like it or not it acts. Let us work it out, it's simple.

Instead of going into intellectual feats and going in the direction of finite understanding through your brains, let us go to the infinite. That's only possible when you get to your spirit, which is infinite, which creates a collective consciousness within you, which creates, I say, which means knowledge. But knowledge does not mean what you know through your brain, but what you know through your central nervous system, that you can feel it, that you can feel the chakras of everyone on your fingertips. Mohammed Sahib has said, "at the time of resurrection your hands will speak", but look at the Muslims, they never talk of the resurrection, whereas **most of the Koran is nothing but resurrection.** They talk of the doomsday because they have to make money by frightening people:

"Beware of the doomsday, you give the money, we'll save you, give you a certificate that at the doomsday you'll stand with a certificate, you'll be saved". First they will go down in the doomsday.

This is for every religion. People have used it for very baser things, making money, creating political ideas. I can't understand how can diamonds be thrown into dirt like this, and covered with that, and the fragrance turned into filth. It is beyond me. The powers of human beings sometimes supersede that of God. You can see the way they can change the forms, they can change beauty, they can change everything that is reality into something nonsensical and stupid. And they live with it. They don't want to know about it, they enjoy it, "we are very happy people, what's wrong?"

What a waste, one feels, of this creation. With what aspirations and visions these human beings were created on this earth. And then what should we do to make them understand what they are, to make them aware with that perception, with that vision of the Divine that they are. Sometimes I also cry in the wilderness and share some of the pathos of all these poets who came on this earth and suffered and suffered and suffered. I hope today with all this anguish, that whatever I'm telling you

you'll try to see that sincerity is the only way you can understand yourself. No books, nothing, no conditioning, no denying, nothing can convince you but the sincerity to know the spirit which is within you; and this sincerity I call it as the 'pure desire'. If you have that pure desire which is the power of your Kundalini you will get your realisation now, just now, you should.

That's all is needed, the pure desire to be the spirit, nothing more than that. But when it is awakened, then it is to be looked after. That's very important. It has to be looked after, it has to be kept burning, it has to be manoeuvred and kept at a point that you start growing more and more.

I need not tell you all about Sahaja Yoga, it's going to be too much for you. But how Blake has worked for us, so many poets have done this job, and now the new great poets are coming to finish us off, to please the media, to make money, befool us, using flowery words, pleasing sentences, taking us to hell directly. **Beware of them. Beware, save your children from them, save the whole community.** The whole of England has to be saved because if the heart dies the whole universe will die. May God bless you all.

Extract from questions and answers:Markandeya, who was in India twelve thousand years back, incarnated here as William Blake. Twelve thousand years back

he said the something, which he said in England, after twelve thousand years, because at that time I don't know what was here, jungles I think. And that is also wasted. How much could Christ talk about Kundalini ? He talked about Holy Ghost. But why stick on to that ? Now I've come to talk to you, better take your realisation. When he came they talked of Moses, when Moses came they talked of Abraham. What about the present ? **I am with you. Why not have your realisation. All religions were built that you get your realisation, to give you the balance, to give you that property by which you ascend.** Like when you have an aeroplane you fix it up. In the same way they wanted to fix you up. But religions went astray, they make people crooked, the things they fixed! Wrong bolts into wrong places, the whole aeroplane is in a tattered condition, if you fly you'll fall down. Better give up all these ideas. But Kundalini is such a great force, it comforts, it cures you, it builds up all your centres and slowly moves upward. And when you get realisation it goes back and attends to all these problems that you have.....

This celebration of William Blake's birthday organised by Sahaja Yogis at the Hammersmith Town Hall, London, 28th November 1985, included an exhibition about Sahaja Yoga and William Blake. (Available in CD format)

Sydney Town Hall Public Programme

Sir C.P. Srivastava's Speech 6th February, 2006

Honoured and distinguished guests, Ladies and gentlemen, Mr. Chris kyriacou, the national Co-ordinator of Sahaja Yoga in Australia, All members of the National Council for the advancement of Sahaja Yoga.

Ladies and gentlemen,



There are moments when it becomes difficult to express yourself, and this is one such moment.

I would like first of all to say how very grateful I am to all of you who are here to-day. I know how preoccupied you

are. That you should find time to be with us to celebrate an occasion, which is twenty-five years of Sahaja Yoga, shows your keen interest in spirituality, in ethics and a good life. So I bow down to you again, and thank you very very much for the great honour you have done Shri Maraji Nirmala Devi and myself, by being here to-day.

Very, very kind things have been said about me. They're very kind. Please do not believe all that has been said. But what has been said about my wife is entirely true, and I'll come back to that a little later.

First of all, I would like to tell you how wonderful the Sahaja Yogis of Australia are. You know, only a few weeks ago they invited us and she accepted the invitation, and within a period of about six weeks they all got together to transform a residence here into an ashram, and you have to see to believe what they have done. They have converted it into a little heaven on earth for their beloved Goddess and Mother. They're so devoted, so true, so pure that I bow down to them and each one of them, and convey my feelings of most abiding gratitude for the wonderful work they have done, for their marvellous hospitality, for

their extreme kindness. They are my beloved people, and I call them angels. They are truly angles.

Well, Ladies and gentlemen, I would like also to express my profound gratitude to Honourable Mr. Gough Whitlam, former Prime Minister of Australia. I had the honour of being received by him. I regard him as one of the most visionary leaders of our time, desperately needed by the world today. I thank him for very kind words about our visit here. And I extend the same gratituded to Honourable Kim Beazley, Leader of the Opposition in Australia; Honourable Morris Lemma, Premier of NSW; Honourable Alan Carpenter, Premier of Western Australia; Honourable Kate Ellis, Member for Adelaide, South Australia; Ms. Jule du Varrens, Director of the Institute of Communication Ethics; Mr. Peter Debnam, NSW Leader of the Opposition; and Lord Mayor, Clover Moore, city of Sydney. To all of them, our profound and deepest gratitude for the very kind words in which they have welcomed us here.

Ladies and gentlemen, I now come to what I wanted to mention to you. This is too important a gathering for me to miss the occasion, and I want to say what lies in my heart. But first I must tell you, this lady who is sitting here, my wife, for thirty-five years she has been running around

the world, trying to convey a message, a message of love, of togetherness. Believe me, she has travelled by plane, by helicopter, by car, by bus, by bullock cart and on foot. She has gone to villages, to cities, and she has gone to many, many places in all the five continents, and she has done so out of a tremendous conviction within her that this world needs a new message. If the world has to live, has to survive, then something new has to be communicated to humankind. And with that belief in her, single-handed for many years, she went around; gradually Sahaja Yogis came along; what they saw, the worth of what she was saying, and to-day she has followers in eighty, ninety countries. Wherever I go there are Sahaja Yogis, Sahaja Yoginis, beloved children of hers, and what a wonderful thing she has created ! What is it? How do I see it, as her husband? Well then, I must say, for her to have been doing all this meant she has been away from me for a long, long time, but I knew that she was doing something wonderful work for the world, and so it was.

Now her message as I see it is simple, straight, and she says: all men and woman and children of the world are the creation of one Almighty. Some people say: " My God is Almighty", other say:

"My God is Almighty". By definition, you can't have more than one Almighty. If you have two of them, neither of them will be Almighty! So it's as simple as that, and sometimes people don't really see that. But she says: "First thing is, remember that there is only one Almighty, and that is the Almighty power of Divine love." And then she says: " All persons who are here on this earth have been created by that Almighty." Whether they are white or brown, or blue or yellow; whether they live in Africa of Australia or India or wherever, they're all her children, are children of that Almighty power.

But if that is so, why not live together happily, peacefully? Why feel divided? Why feel one against the other? Now it's one thing to believe, and she believes in that. She herself was born in a Christian family, I was born in a Hindu family, but we both believe in one Almighty power, one human family, and that's how we are together. Now this is the message she has conveyed, and she has conveyed this to many audiences, saying: You are the creation of that Almighty, you are in His or Her image, and there is in you a concealed power which she can perhaps help to awaken. And when that is awakened, called kundalini, then you are in communion with your Creator. And you'll have a beautiful life then,

given to ethics, morality, everything that is good. That is what it is, that's what your destiny is. But if you want to be in communion, you can be in communion.

Now, ladies and gentlemen, the point I want to make to you is my own point. My point is, I have worked for India as a civil servant, and I have also had the privilege of working for the United Nations, as Secretary General of the International Maritime Organisation; and believe me, ladies and gentlemen, I tried to implement her ideas in my working at the United Nations level. You know the United Nations means many, many countries; countries of different growth of development, with different capability and so on and so forth, and they all come together to work together: it's not an easy task. I was in the maritime world, and when I was elected Secretary General, I was the first from a developing country. All my predecessors had been Europeans, and people were surprised that someone from the developing world should come. The maritime scene at that time was dominated by the Western world, and the Organisation was known as a "rich man's club". And here was me: how could I be Secretary General of a rich man's club, poor me? What a task it was!

I said: " Well, I have been elected so I must apply her message. "Her message

was: everyone is the same, everyone is equal. So I made it a point to make every member state of the Organisation an equal member. They were not at that time equal. The rich countries who had shipping, they were dominating, for they had maritime expertise, many of the developing countries had not joined, and the problem was, how to make it a proper world organisation. So with that message in my heart I set about, went round, mentioned first to developed countries that it was in their interest to get the developing world in. They accepted that. It's to their great credit that they came along, helping the developing countries to build up their own maritime expertise, to join the organisation. Very soon they all came, and to-day it is one of the finest agencies, because it has the support of every member state of the world, every country. Now that is a premise on which I want to present an appeal to you, and the appeal is this:

The world, if you read newspapers, if you see, if you hear news, is in trouble. People are propagating hatred for each other. There's violence in the world. What for? Why? Who will gain from that? If we are children of the same Almighty power, why can't we live together? Why must we talk about differences? Why can't we talk like she does of our togetherness? And it's

not impossible dream. It is something which is achievable. But the world needs this message, her message, the message of love. And why I'm involved in to speak to you here, because I sincerely believe from my heart that in Australia there's something unique. It's not just to praise or flatter you, no. I would not say that if I didn't believe it. But I believe it because I find in Australia the best of Occident, of the Western values. I'm a great admirer of Western values. I'm a proud Indian, I am proud of my heritage, but I am also a great admirer of the British people. They were rulers in India, well that's different, but whenever you go to live in U.K you find they're full of values, of ethics, of rule of Law, of decency. Now I find all of those values which I admire, here in Australia among Australians, but there's something more, something more that you may not know, you may not see even, but I see, as a visitor; and that is a certain measure of Oriental dignity, humility, kindness, courtesy, and that combined creates a wonderful nation. Now here you have people coming from different countries, different origins. They're all living together happily as Australians. This is her ideal, and that ideal I see in the political life of Australia. So I said: "Well, if I get a chance to speak about her message, why not here?"

So my appeal to you is this: she has done her job. She has for thirty-five years been running around. She has done her job, created Sahaja Yoga in eighty, ninety countries, and she has created beautiful things. Well I'll relate to you just one incident.

Some time ago we were in London, and one evening about twenty-five of her disciples were sitting round talking to her, and I was sitting by her side, looking round and seeing, and I began to wonder. In that gathering, (and believe me, ladies and gentlemen, it's God's truth), there were people who came from different countries, different walks of life, different colours of skin and different religions. Now one of them was a Catholic, one was a Protestant, one was a Jew, one was a Muslim, one was a Sikh, several were Hindus, but do you think they ever even remembered who they were before they came to Sahaja Yoga? No. They were all sitting there as Sahaja Yogis, citizens of the world, the beloved children of Shri Mataji. She had forgotten it, no difference. All together, from the heart.

Now, that kind of thing has happened, and I wanted to appeal to you, to beg of you to help this world. I assure you, the world is in trouble. Do you not see every evening what's happening? People wanting to kill, terrorism, this, that and the rest. That

has to be conquered, not by force. Force won't work. You have to use force in certain situations, I'm not saying you cannot ever use it, but the only way for the people of the world to come together, is to come together on the basis of her philosophy, which is again based on ancient Indian philosophy: one Almighty, one human family, all to get together regardless of their colour of skin, regardless of their language, they all come together. Now if this is a message which you accept, then it must be propagated. But if this message is not given, if people don't come to that conclusion, they continue to believe that they are different, A versus B, B versus C, there's no end to trouble, and we have such means of destruction in this world that the world is threatened, the world is threatened to-day, the existence of the world. Let us not make light of that. It's a very, very difficult situation. But there's a saving for that. The saving is: let us all come together. And if you in Australia can accept first of all the sincerity of what I am saying, and then make it a mission of yours also, as she has made a mission of hers, then this visit will have been successful.

This is all that I wanted to mention to you. I know you have been here a long time. I don't want to take up too much of your time, but if the good things have been

said about me, I want to thank them very much. But all I can say is, they are nothing more than a reflection of what she has given to me. My heart has been converted by her. And before I close I'll tell you one story of how I got converted. I'm a civil servant, I don't ever believe in things unless I'm totally convinced. So when she said, thirty-five years ago: "I'm going to launch a movement, I'm going to change people," I said: "Change people?" and I laughed. I said: "Do you really believe you can change people?" That's how I began, a sceptic. But something happened and that changed me, and the story is very nice.

When I was elected to this office in London, Secretary General, I went and took up a residence, and she was with me, I took a residence just outside London, so I used to commute by train, and one evening when I came back from office I pushed the bell, the door opened, I went in, and I went to the drawing-room as we call it, or living-room of my house, and saw a young man, a young white gentleman sitting there reading a newspaper. And when I entered, he looked at me as if I was an intruder. I said: "I didn't know that anyone was to come here." And what baffled me even more was that he was wearing my kurta and pyjamas! I said: "Something gone wrong with my head." So I went to my wife:

I said: "Do I see what I see? I see a young man sitting there. What's this?"

She said: "Yes, yes, yes! There's nothing wrong with that. You know I had gone to London, Piccadilly Circus, and there I saw a young man lying uncared for, sick, so I stepped out of the car and went to him. I said: 'What's the matter?' He said: 'We're living in London without any care.' So I said: "Would you like to be taken care off?" So he said: 'Yes.' I said: 'Ok, get up, and come and sit in my car and come home.'"

She brought him home, and when he came home he had to be cleaned and washed. He didn't have any clothes except mine. Ok, so he was there, sitting in that fashion, and I loved her for that even more. I praised her. I said: "Wonderful that you did it!" And then, you see, we began to give Sahaja treatment to him. He was a young man, and after every week he began to change. He became flowered out. He had become addicted to drugs: drugs went away, drinks went away and he flowered out into a beautiful, handsome young man, a new person. I said: "If this can happen to one, why not everyone?" So that converted me, and I became a Sahaja Yogi. That's how it was.

Well, Ladies and gentlemen, I won't take any more of your time. I want to

conclude by once again thanking you, expressing my profound and abiding gratitude to you for the time that you have, your precious time that you have given to us; but believe me, it fills my heart with a feeling of abiding gratitude, and if you will kindly consider my message well, it's not my message, it's her message, I'm merely a carrier of that message. then maybe the efforts of those who are promoting Sahaja

Yoga, they can be further enhanced, and from Australia maybe another message goes to the wider world: we're all children of the same Almighty God, one God. Let's live together, let's love each other, let's be brothers and sisters. Why have quarrel, why fight? Why not live together? That is the only way the world can live and survive and live happily.

Thank you all, ladies and gentlemen.

International Sahaja Yoga Research & Health Centre

10th Anniversary Celebrations

Mumbai- 19th February 2006

The International Sahaja Yoga research & Health Centre (Vashi hospital) celebrated its 10th Anniversary (19th February 2006) . Exactly a decade back on this auspicious day on the 19 th of February 1996 our Beloved Mother H.H. Shri Mataji blessed and inaugurated this Research project as a Gift of the Humanity. Locality of this Centre although is in CBD, Belapur, Navi Mumbai but, popularly came to be known as named "Vashi Hospital" by the yogis worldwide.

A lot of enthusiasm was seen in the Yogis and Yoginis in the Centre waiting for this day since long. With tremendous love and devotion, the dedicated Yogis & Yoginis decorated the whole campus very aesthetically. Traditional Indian 'Rangolis' were made to welcome the Divine Mother in Her Nirakar form. Trustees of the Health Centre, a few special invitees and 300-400 yogis were invited to share the joy of the occasion. Pt. (Dr.) Arun Apte, Smt. Surekha Apte and Pt. Subramaniam rendered Divine music dear to Mother Kundalini. A large fabric tapestry was displayed on a big theatre screen: it represented the International Sahaja Yoga

Research and Health Centre surrounded by Deities, Shri Shiva and Parvati on its roof, Shri Ganesha dancing near by, Shri Vishnu flying over it on Shri Garuda..... and Shri Mataji in the fore front looking aside at the stone writtin " A Gift of Love to Humanity" which stands in the entry hall.

Later, in the evening at 6: 00 pm the programme started with an introductory speech delivered by Dr. Sandeep Rai. Dr. Rai recalled the memory down the lane of this last decade since the Centre was blessed by Her Holy Lotus feet in 1996. The speech was very inspiring with punches of subtle touch of humour as he narrated the ups and downs of this Health Centre, since its inception from conceiving this as a mere project to the rising up to this day. It was Shri Mataji Herself Who desired a Centre to be gifted to the humanity, where people would be cured using only Sahaja Yoga techniques. But when She had asked (late) Professor U.C. Rai to come down to Bombay from Delhi to open the centre, She felt Dr. was a bit reluctant to come to Bombay, as he had built up all the contacts in Delhi and well established there. So, later Shri Mataji

asked Professor Rai's son instead, Dr. Sandeep Rai to meet Her. She advised him that he should open this Centre using only Sahaja techniques, to which Dr. Sandeep recalled that he humbly submitted to Shri Mataji that he needed adequate equipments to open and run the hospital. So Shri Mataji said "Yes, equipment you have already!- **You take My picture and that's all equipment you need! Immediately, Dr. Sandeep wondered, "Shri Mataji, I can hardly feel the vibrations, how can I cure people?" Shri Mataji compassionately comforted him saying.**

- "You just have to sit behind the patient facing My photograph, and pray to Me "Mataji please cure that person" and if he wants to be cured he'll be cured!"

At once responding to this strong statement Dr. Sandeep candidly confided in Shri Mataji that for this honour, it would be better that if his father does the job. "But, Shri Mataji enquired, "Would he come to Bombay?" "Yes, Shri Mataji, I can work it out with him" "Sure?" "Definitely Shri Mataji, we can all move here, I cannot come here and leave my parents behind in Delhi."

- "So that's very fine, you have him come and he will manage the Centre, he's the right person for that." (Laughters in the audience)

And that is how Professor UC Rai finally came to Bombay with Mrs. Rai to start running the nascent International Sahaja Yoga Research & Health Centre and finally settle here in the service of humanity as Shri Mataji always desired. It was a divine desire and that was how it got enacted.

Later, Dr. Sandeep Rai requested some of the key workers to address the gathering. Concluding the address to the collectivity, Dr Sandeep Rai thanked his mother Mrs. Lily Rai who had been the everloving Gruhalakshmi and had been taking care of all those coming to the Health Centre since last 10 years!

Just before the Puja which started at 6.30pm, the collectivity, there was yet another exciting event that took place. The collectivity was privileged to witness the event of the historical moment of the inauguration Ceremony of 19th February 1996 through screening of a rare video of that day. The inauguration ceremony was followed by Mother's speech in Marathi, in which Mother explained that how this place became the most conducive and appropriate for building up such a Centre. She also explained that how subtly a left Vishuddhi catch could be worked out using a candle.

The vibrations were extremely

powerful, as if Mother Herself was there in Her Sakar form to accept this Puja and blessing Her children as tremendous love flowed. The meditation was very deep, so much so that some patients got instantly cured! After offering Aarti to the Devi, the environment was so joyous and full with vibrations that kundalini had a spontaneous response through expression of dance in joy before Shri Mataji's Altar with the bhajans like ' **Jago he Jagdambe**' amongst others sung.

Later a huge Cake was also offered to the Mother in Her Nirakar form on behalf of the grateful patients who received the magical healing through Mother's Love in Sahaja- and a present for the Health Centre

to Mrs. Madhur Rai. The entire collectivity rejoiced sharing the prasad and tales of the miracles of the evening's grace till late night.

All those who were blessed to be there that day will recall the beautiful meditation and heartfelt joy that was collectively felt during all that day after this wonderful Puja; Shri Mataji, kindly accept our heartfelt thanks for the wonderful evening and the Puja that You blessed us to enjoy and take home the vibrations of this International Sahaja Yoga Health and Research Centre of CBD, Belapur, Navi Mumbai, India!

Jai Shri Mataji!
Gauvin Didier

A Patient's Testimony

(The 10 th Anniversary Puja of ISY Health Centre as I lived it.)

I would like to share with you a personal experience that happened here in Vashi Health Centre on 19th February 2006- the day of the International Sahaja Yoga Research and Health Centre. This is no unique story as many of us heard some other miraculous cures that day- I shall mention another one at the end of this message but as this is my personal story I cannot doubt that this is hundred (and eight) percent true.

After two weeks of normal cleansing in the Centre I was to leave the previous Thursday (16/02) when 'something' happened

I fell sick that day. The terrible pain in the back- all the left side. The evening before I was normal and walking up, all that pain...I strongly felt it was a vibratory 'workout', but the negativity had become a physical pain which would prevent me to bend, walk, stand up normally etc.... I had the body of 90 years old or plus- without exaggeration.

Just to lie down on the bed was painful, and it was not the least comfortable aspect of this experience.... My doctor would give full camphor treatment, and I actually could feel some improvement during the treatment, but then some time after the pain would steadily come back- slowly but surely... I never took pain killers in my life; but the evening of

that day as it was really becoming difficult to bear I took the aspirin and various pain killers given to me... but hardly got any relief from these... Friday night I went to see Dr. Madhur Rai- I came to believe may be I had a real physical infection in my body, or something misplaced in the spine (?) and I wanted an X-Ray done by a normal hospital.... she gave me permission to go to the nearby MGM hospital to be examined there.... But as soon as I arrived in there I realized that these 'normal' doctors would not see nor understand anything to my sickness.... asking where are the pains, if I could bend -no- move my left side-painful-etc... actually I would have to give them the reasons or causes of this sufferings when it was what I was actually looking for... could they possibly understand what I was feeling about myself i.e. some subtle negativity and had become a physical pain? And I did not go there just to be given some pain killers which efficiency to be conceived about.... So I left without much relief- both physical and mental- realizing that only **Shri Dhanvantari** could provide me the real relief and cure I needed- surely I had to put a better attention on Shri Mataji Herself.

Saturday early morning I woke up again in pain- some Indian brothers gave me a

good massage- and- it helped... but again the pain would come back along the day ... Would I be able to attend the puja next day everybody was so eagerly expecting?

So the day after, Sunday 19/02 10 th Anniversary of the inauguration of the ISY Health Centre by H.H. Shri Mataji and day of the puja after attending the collective meditation, I enjoyed the beautiful performance given by Pt. Arun & Surekha Apte then Pt. Subramaniam in the afternoon. Just behind them was a real big picture of Shri Mataji covering the whole back wall of the Meditation hall which had been put for the occasion. The powerful vibrations during the rendering of the bhajans glued everybody in the hall- we felt as if it was puja already.... After such a treat we all got ready for the evening puja and I carried this body to a bench on the lawn in front of the big scene, praying Shri Mataji for cure; when in his speech Dr. Sandeep Rai quoted Shri Mataji saying " and those who want to be cured will be cured" it somehow "clicked" deep inside.

"Do I want to be cured? Of course I do, Shri Mataji!" during puja the attention was good; we were easily carried to be in Sahasrara.

What happened during this puja I don't exactly know is that at the end of it I found

myself dancing along with the others- completely forgetting that I was not supposed to even just walk normally.... The pain had gone... All vanished... I just could not believe it... was a dream that I had, one or two hours ago? Or was I dreaming now? No, there was no doubt; I could shake and dance there was no hint of the former pain. I respectfully bowed down at Shri Mataji's Lotus Feet in my heart.

There was light everywhere and joy on our hearts and on very rhythmical songs after the puja one could feel the unity of the spirit bounding all of us... on the stage Shri Mataji was like smiling watching us enjoying.

As I mentioned earlier that was not the only instant curing that was recorded that day; A Finish yogini felt drenched in waves of vibrations at the end of the puja... they were coming from above through her whole body as waves of love and bliss... all her bad stuff vanished too... And many more felt the same. Thank you again Shri Mataji for all your bounties and the beautiful blessings you miraculously shower upon us

Ya Devi Sarva Bhuteshu, Bhranti Ruprena Samsthta, Namastasyai, Namastasyai Namastasyai namo namaha....! Jai Shri Adi Shakti Mataji Shri Nirmala Devai Namoh Namaha!

Govind D. (Africa)

YOGESHWARA

LORD KRISHNA PUJA

LONDON, 15.8. 1982

(Pravachan of H.H. Mataji Shri Nirmala Devi)

Today is a great day for all of us to be jubilant that the primordial being Himself incarnated on this earth as Shri Krishna. So many aspects of His being have been described in so many of my lectures to you all; but the greatest and greatest of all the aspects of this primordial being was that He was the Yogeshwara. He was the " God of Yoga- Yogeshwara. He was the Lord of our Union with the Divine. Without His permission and without His sanction we cannot be Sahaja Yogis. He was Yogeshwara and a real Yogi is a person who gets this Yogeshwara awakened within him. The word "Yoga" that we understand is the union of our attention with the Divine. But still we do not realize the implications- what does it mean? What should have happened to us?

Of course, you get powers. As soon as you become the spirit, you get powers. One of the powers you get is of "collective consciousness", that is also the gift of Shri Krishna and that you start feeling the collectivity. **Your ego and superego are sucked in, so you get rid of your karmas and your conditionings and a new**

sprouting of the new life of the new age starts. But still what is the speciality, the greatness of Yogeshwara? Because He is Ishwara for you. He is the Ishwara of all the Yogis and what is His capacity, what is His nature that for Him everything is a play- "Leela" ?

For Shri Ram it was not a play. For Him life was a platform on which he had to demonstrate how to lead a very dharmic life as "Maryada Purushottama". But Shri Krishna came up to show, that He is the "Leeladhara"- the one who plays the Leela, the play.

The whole thing is a play, the whole universe is a play. All that is created by Adi Shakti, all these three gunas is nothing but a play. And that is what He manifested in His own incarnation. But still what is Yogeshwara? "Leeladhara" is the one for whom this whole universe is a play, that He is at the axis, and for the whole periphery is nothing but a play. Because **everything is false, except for your spirit everything is false.** It's all a joke going on, you can say, a drama going on, nothing so serious, Spirit is the only

truth within us, the rest is all untruth.

There cannot be many types of "truth". In Sanskrit language there is only truth or untruth, 'Satya' or 'Asatya', there are no ten words for truth.

So when this happens, when this great happening takes place within you, when you become one with the spirit you get powers, without even your maturity reaching that stage, your understanding reaching that stage and your heart opening out. You get the powers, all right, to begin with. So that you have faith with open understanding. If you have faith with experience of it- so it starts on. When you start using your powers you see it is manifesting, you are sometimes amazed, how you raise kundalini of people, how you tie them up, how you give them realization, how you cure people! You are amazed, how it has happened! So we can say it is all built within you, which has started manifesting. But there is so much more that has still to manifest, which has to establish and make you grow.

One of the very important point is the Yogeshwara and that point we must understand that unless and until you follow the path of Yogeshwara, you cannot establish yourself fully. So Krishna has said that: 'Sarva dharmanam Pritajya mamekam sharnam vraja.' You give up all your relationships, dharma is relationship; like

your sister, your brother- you see these are dharmas, like "stridharma"- a woman's job

Then we can say also there is "rashtra dharma". Today is the day of India's freedom. So we have rashtra dharma, we are patriotic people. Patriotism to your own country is rashtra dharma. Then you have got "samaj dharma", that is duty towards your society, is samaj dharma. Then you have got "pati dharma", that is husbands duties, wives duties. Everybodies' duties are called as dharmas because this is what you have to do. You are duty bound, they form your dharmas. But He said, "**give up all these dharmas, give up all the duties, just surrender yourself fully to Me**"

Because you have become now the collective being, now you have become one with Him, now He looks after your dharmas, He looks after your relationships, He glances them, He purifies them, so you just surrender yourself to Him fully. He said it to Shri Arjuna only, not to everyone. He didn't say to everyone, they didn't deserve it. Or He didn't think it proper to say to them, but I think you are proper people to know. So I'm telling you that forget every other duty to every other thing but do your duty to your collective being, to your collectivity.

But He is Yogeshwara. That's the

main point. And to do duty to Him first and foremost thing is you to develop that purity of a Yogeshwara. For him sublimation was not needed, He was sublime. He was the source of sublimation. He did not need sublimations from the baser instincts of human beings. He did not need anything to do, to be done to Himself to raise Himself out of the maya as they call it. Specially in the West, as you know, we have created a hell for ourselves, a real hell. All kinds of perverted ideas are within us. For the Yogeshwara this is nothing but maya, absolutely filth, it never comes into Him that such things are possible. They are shocking.

On his birthday I would say if today is His birthday and if He was born as He was at that time, He would have gone back immediately. He would have said, no sorry, I've nothing to do, I've had enough. And that too, if He had met the Western culture, He would have been shocked, oh God, no, nothing doing. I'm not coming here. Despite the times when He was born, where there was dharma, there were people who understood what was right, what was wrong, when none of these nonsensical things were there, He came as Yogeshwara, pure.

The story about Him is that one day His wives wanted to go. To Him what was wives? Nothing, just look at it. To Him no

sin can be attached. He married because He had to marry His five principles or the five elements. So He made them into women and married them, He had to marry 16,000 women because He had to have 16,000 powers and He had to channelize them through some bodies. So they came as women. To Him it was not a relationship of a wife, but a pure relationship. To Him sex had no existence at all. He was beyond it. So no question of temptations and perversions; it is out of question.

The story is that once. His five wives wanted to go and pray to some saint who had become a great saint. But he stayed across the river, so they wanted to go and worship him and they found a very good time when they could go and see him. So when they went near the river they said it is in spate, we cannot cross it, it's not the time that you can cross it. So they felt it was very inauspicious, if they did not go and that was such an auspicious time. They wanted to go at that time and worship this guru.

So they went to Krishna and said: "Now, how can we cross, the river is in spate?" He said: "Really? Doesn't matter. You go and tell the river- that is the river Tapi, they were crossing- he said go and tell the river that if we have a husband who is Shri Krishna, who is "Yogeshwara", that means who never indulges into any sex

activity.

Yogeshwara means a person who never indulges into any sex relationships. That's not possible. One cannot think of such a thing, means **though He indulges, He never indulges, though He was in it, still He was not there. Like a lotus.** If He has not indulged into any such action, it was only possible for Him- nobody else. That's why He is an incarnation, He is not a human being. Only incarnations can do it. If some human being starts saying that I'm Shri Krishna, so I am doing this and I am doing that- you see, there are very bombastic ones, you must have heard about them. They do not become, is only an incarnation can do it. That means Yogeshwara is the one who had incarnated.

So they went and told the river: "If He is the Yogeshwara, then please you subside". And she went down. So they went to the other side, did the puja to the guru and they came back. Again the river was in spate, and they could not cross. So they went to the guru. You see, the sign of a good guru or a real guru, is an incarnated guru, and they said: "See we cannot cross, the river is in spate" "So then he said: "Really, how did you come?" They said: "Shri Krishna asked us, that if I am the Yogeshwara, it will go down, you ask the question. So he said: "All right, now you go and ask the question, that if I, the mukta,

that means if I have eaten all the food you've given me, but I've not enjoyed it, I've not indulged into it, then let the river subside." Then they went and told the river, I mean they could not believe it because they had fed him, that:

"Whatever food we offered to him, if he has not eaten any food, then you subside". And the river subside!

So the moral of the whole thing is that your ideal in this respect, is Shri Krishna. Not that you think you are the ideal of the rest. This is the big mistake Sahaja Yogis do. They think immediately they have become now Shri Krishna. Or they think they have become something greater or that there is an ideal that they have imbibed within themselves. It is not so.

There is one thing one has to know, that that is the ideal you have to reach. And your eyes should be towards that ideal and the movements should be towards that. Before that, if you fall into any such things like perversions and nonsensical sexual things and all that, you must know that you are falling down very badly. It's a possession that is working on you. That's an ideal- they are incarnations. You are not incarnations, nor can you become incarnations. But they are the light, which are enlightening your path, on which you are walking. They are taking you to the realm where they are the kings and they are the Lords.

He is the Ishwara- He is your Ishwara. You are not Ishwaras. But you are at least the Yogis. we have to be the yogis first, then He is our Ishwara, now otherwise He doesn't want to rule you. So what we have to do, is to become the Yogis first. And one of the signs of a yogi is, that he is in his sex life extremely pure. Absolute purity must exist and after some time, one should get beyond. Your relationships with other people, whether it is your sister or a brother or any other woman or any other man, there should be complete purity, And this is extremely important.

Now in the countries like India, people are extremely corrupt, very corrupt, extremely corrupt. You can give them 5 rupees and you can buy anybody there. It's really corrupt, moneywise. But people are not so immoral, they know it is immorality, I mean they know, if they do immoral thing they know it is not moral.

In the West the immorality has become a general rule. For them the word morality should vanish now, I mean there doesn't exist anything like morality. Do everything whatever you like, people don't think of immorality. They don't want to talk of it, it is Victorian. And if somebody says that one should be moral, they start thinking he is a hypocrite. They cannot think that there can be any connection between human being and morality in a genuine way.

This ia a big problem here. It's the biggest problem we have.

Now corruption is something you can avoid. Because if you are not corrupt, it is all right, you can be. But immorality is such a thing that, if you live in an immoral world, it has an effect on everyone. For example, a moral woman is walking on the road and there is a man full of lust and all that looking at her. In any way she looses her chastity. She doesn't mean to attract him or anything, she doesn't want to loose her chastity, but the way he is looking at her, you see, though her simple methods are there, she may be responsible in a distant way to ruin his chastity, his morality. Even a little child, who is a simple, innocent child when there is a dirty man with dirty eyes, he can have very dirty feelings for the child. So, though of course that person himself is dirty and all that, we cannot say the child is not affected. But in a way, that becomes an object, a sort of a as you call it, a thing which makes another person even lower than what he is.

Even an ordianary picture which has nothing to do in this place there, and funny thing, can give some dirty feelings. Because these days I have seen so many symbols have started, which to my eye I don't even see when there is anything wrong in it, that to my eye I can't see because I'm too innocent, my eyes can't see there is

anything wrong, but if somebody, who is an expert on these things, will immediately say, oh look at this! I mean really it is impossible to understand, how the human mind has really woven the yarns all around and made these patterns to ruin themselves and ruin others.

To worship Yogeshwara, we must know that our relationships with everyone in this world have to be pure. He played lots of things in His life-time. The time when He came, the whole life country was absolutely drowned into fanatic ideas about religion. If Freud was there, he would have said, oh this is all nonsense. What's wrong? Go ahead. Krishna did not do that. He wanted to break all the nonsensical shackles of traditions and shackles of false fanaticism. But He did it in a very beautiful manner keeping the relationships absolutely pure.

Now people ask questions, Mother, was He married to Radha? He is eternally married to Her, doesn't matter. But He actually performed the marriage, just the day He was born. He was brought by His father across the river and put down on the bank of the river, when Shri Brahmadeva himself came on this earth. That's why He wears a yellow thing, always, as a blessing from Brahmadeva to cover His lower part, lower than the waist with a cloth. That's the sign that's why He always

wears yellow.

He himself came, made Him into man and married Him to Radha. Then again He became a child, just to appear to be a child. Somebody may appear to be a child. To some of you, I appear to you to be a sixteen year old girl as you say, but I'm not. I may be according to some sixty years of age, but I'm not. My age is eternal. I can't say what age is Mine. It could be two years old or it could be absolutely ageless, it could be anything.

So in His whole life, whatever He did, He did with purity of understanding. So Radhaji was married to Him first. And afterwards when He came as a child, when He was a child, He did all kinds of pranks and things, was not sitting like this and seriously telling about things, but with a little bit here and there, He tried to improve their chakras and raise their kundalinis. Of course, realization was not possible in a game, You cannot do it. Supposing I just play about with you, you cannot get your realization because at the Sahasrara stage you have to completely recognize.

It has to be a "game of serenity". Of course, you can just raise your hands and give realization to them. But you have to bring them to a serene level. You just sit and you say, alright you just play about, it would be all finished. You have to sit down and meditate, you have to do it. So one

could not say that all the time if you are playing, if you are just singing songs, or if you are in a very happy mood, a mirthful mood, then it's the end of Sahaja Yoga. It's not so. It's a serious matter.

So He did not give them realization, but He reduced the tension on their minds of this so called dharma and its shackles of fanaticism and He made it loose and He wanted them to understand that dharma is not going to enslave. You have to rise above the dharma and become dharma itself. But Yogeshwara is to be worshipped with pure heart. In this atmosphere it is difficult, I know. You just go out and you see a horrid thing there. You open any page of the magazine, there is another horrid thing. Anywhere at the advertising. I turn another page and I find a discotheque nonsense going on there. What can you do, You just cannot help it. All this is all, I mean, if you look at it, how gross, dirty, filthy the whole thing is! To add to problems, psychologists have come forward. They themselves are affected by their methods and everything, they are so possessed and their sense about morality is absolutely in complete confusion, no doubt about it.

You know Freud, what happened to him? He was having relations with his mother. He could not even understand, I mean imagine what an adharmi he must be, horrible wretched fellow, he did not even

have that purity to understand relationship with a mother. I mean, imagine! It is such a clear cut background of this man which shows, how wrong he must have been. Because what was in him, such filth, such dirt, that he could not even look at his mother clearly. Must have been all mud in his eyes or I don't know what he must have been, to see things like that.

You are shaking with my vibrations already. Now when we think of him as Yogeshwara, that means we are Yogis and He is our Ishwara. Ishwara is to be praised.... - you have to praise, you have to praise Him for his quality as Yogeshwara because He is your Ishwara. So you have to praise Him. Now what praise can we give Him. Today He is born. What should we do on such a great occasion when He is born? We have to decide that He is our Ishwara. He is the Ishwara aspect and if He is our Ishwara, then we have to cleanse our attitude towards sex, towards the gross way of life that we have developed. You just shun it and throw it away. Absolutely. There cannot be any compromise in that. Otherwise you cannot be a yogi, you cannot be a yogi. You may become very powerful, maybe for the time being because I play with you. You get ideas that you are very powerful and all that. But that's not true.

As My name is Nirmala, as My name is purity, you have to be pure yogis. Nobody

says you should not marry, nobody says you should not have proper sex relationships with you wives, that's not true. But that's one thing people may avoid and spoil it. But the other thing which is the most important is, your attention to be pure of sex attractions. Any kind. Your attention should never go to anything like that. You see, to Me, I mean I'm now supposed to be an old lady. I don't see things which normally people see. This is something surprising. You see, I see something and I don't know what's happening and usually they laugh at me, in the house, they don't understand, how I didn't see the point. But I don't understand these jokes because the attention never goes into these dirty things, never goes into these things. I can't see till somebody tells me that this is this. They have to explain it ten times.

So all these sophisticated methods of nonsense and the filth and the dirt that we are accumulating here, please wash off your hands of that. That is one thing which will not be tolerated in Sahaja Yoga, to every Sahaja Yogi I must tell. Itself sex cannot be enjoyed, if you live like this. You cannot. You don't enjoy sex at all in this country. None of them.

Only in a country, where people are innocent, you can enjoy. If you were enjoying, you would not run from one woman to another woman, you would not

run from man to woman and man to man and then to all donkeys and do all those things. It is impossible that you could be a yogi with all these dirty ideas. And then you cannot mature, even a normal person will not mature. In India a person who is about 40 years, he becomes a mature father. You leave any girls with him, anybody with him, it will not even get into his head that there something could exist between them. Once you are married it should not. I mean I have seen my two sons-in law, they never get these ideas in their heads. So try to put your attention into proper things because your Ishwara is Yogeshwara.

Now the other side of Shri Krishna people do not know. It's a play, all right. But He is Samhara-shakti. He is the power of destruction. It's very good He comes with everything to protect us. But He also has got Sudarshan chakra. Sudarshan, "su" means auspicious, "darshan" is vision. He gives us auspicious visions, you see. You try tricks with Him, that goes round your neck and then you have auspicious darshans of yourself, that you are hanging in the air somewhere.

So Shri Krishna's method on one side is that He is a "Leelamai", He is compassionate, He stands by His bhaktas, He comes on this earth to revive your dharma. If the dharma goes down, He

comes to uplift it. "Yada yadahi dharmasya"- wherever there is the decline of dharma. But dharma doesn't mean only corruption, it doesn't mean only honesty and dishonesty, basically it means Mooladhara. That is the beginning of the end.

And He comes to- "sansthapnarthaya"- again to establish into the holy state. Again, He comes on this earth to raise human beings to that level. This is what he does. So if we are Sahaja Yogis, we are part and parcel of His being. We are instrumented into His working. So we have to establish dharma, but the one, who has no dharma within himself, what dharmas is he going to establish anywhere. He has come on this earth to establish the dharma in its holy aspect. Not like Roman Catholic church or another Pentacostal church or these Hindu religious activities or these Hindu temples or the Islamic state. But dharma in its pure state we have to establish. But if there is no dharma within us, how are we going to establish?

So He comes on this earth every time to establish dharma at Vishnu level, but at Shri Krishna level, He comes as Yogeshwara. This is the point many people have not even thought of. For Vishnu they did not say Yogeshwara, that is He is the Ishwara of Yogis, as Ganesha is the Ishwara of the Ganas. You see, Ganpati looks after the Ganas, and He is our

Ishwara. That is we have to have Him as our ideal. With the understanding that today is the day- in the night about 12o'clock, now it must be about 12o'clock in India also, about that, so it matches- He was born at this time in the night, because it was real night symbolically, under horrible circumstances He came. At a time then, when His own birth was very dangerously placed. He was saved and then in His very childhood He killed rakshasas. But all this He did because He was an incarnation. Nobody is asking you to go and kill rakshasas.

In Sahaja Yoga did I ask you to go and kill some rakshasas? On the contrary I'm just saying keep yourself protected. There was a rakshasin who came, her name was Putana and she wanted to put poison through her breast and she took the child and started nursing. He was a little baby. And when He started sucking her breast, she came out in her true form and she died.

Of course, He was after all, He was an incarnation. Can anyone of us do that? I mean the Sahaja Yogis. Then as a child He was very mischievous. He ate some clay, I think whether He ate or not, His mother doubted, she got very angry and she said: "Open your mouth, I would like to see, did you eat that? And He opened the mouth- she saw a complete universe

moving in His throat- because this is Vishuddi chakra. She saw because she could see, she had powers to see. Not everybody can see that. Those who have powers can see. We don't even have the powers as much as she had to see the universe.

So one has to understand **that first as Sahaja Yogis we get the powers much before we have passed really the test of Sahaja Yogis. Just the other way round it is in the university. They will first give you the degree, the certificate and then you will get a job, maybe you don't get a job also. Here you get the job first of all, you get all the powers you are paid for, but the degree is still not sure. Anybody walks about as Sahaja Yogi, next day I find him coming out with something else. There are certified Sahaja Yogis, I have seen. They become afterwards certified something else, God knows how.** So this is the thing of Sahaja Yoga that you can become a Sahaja Yogi even without having the real certificate. It's definitely so. And the certificate is given, as you know, by Lord Jesus Christ. He doesn't care. He doesn't give certificate easily. That's why He is very, very strict. He is not going to give in. He is extremely strict as far as the Sahaja Yogis are concerned. He is not going to give you certificates, He is going to judge you. And

what is His basic nature, it is innocence. He is going to judge you on your innocence. If you are a superego you can say, Oh I got possessed by a bhoot, you see and the bhoot did this. So he will say: "Alright you go to the bhoot for the certificate not to me." And what were you doing, you were witnessing it like Shri Krishna. With all these things happening, I get a big promise sometimes, that, "Mother alright, now we are not going to quarrel, there are not going to be any problems, you rest assured, we'll all live in harmony". And suddenly I find that somebody is fighting for a bathroom or for a soap or something like that. That's not for a Sahaja Yogi to behave.

First of all you have to be a satisfied person, a person of great dignity and forbearing, otherwise what are you going to bear? " I love him very much, but he should not have taken my towel." For small, small things if you go on insisting, be sure you are not a yogi as yet. If you are fighting for things, then you are not a Sahaja Yogi at all. Nothing of these things matters, I never say anything about anything, do I? That I must have this, I must have that, how did you prepare this, though it is sometimes really wrong and unprotocolish. I never say, why did you bring these bananas, they are no good, I'm not going to eat, Did I say so? I mean, even the flowers you use may not be auspicious, I

know certain flowers should not be used for puja. But I'm not opening my mouth. If I have to tell you, I just tell you because you have to know it for your own good, not for my good.

So, on a day like this, which is a day of great joy to all the world and happiness, you should know one thing, that when Christ was born in a very humble place, but when Krishna was born, He was born in the most horrifying circumstances. It is the same in the case of Sahaja Yogis today. It's a thing of great joy and jubilation, no doubt, that He came and gave us His Vishuddhi power, but we must understand that we are born in a very precarious time. I have been saying this so many times. There is not only one Kansa there. So many are there. There is a big fight going on, in that you people are here in charge. You are the ones employed by God, you are the ones, who have been given this great work, you have powers. Like Shri Krishna, when He was crossing, as a child was put in a basket and the father was carrying the child in the basket and when His feet touched the river Yamuna, the river went down. Because she was in spate, she went down.

In the same way, you too have all these powers. Krishna has given you all the powers. Though they will be really known to you, when only Lord Jesus Christ accepts you as Sahaja Yogis. And that's

important because you have to be innocent. Purity must be brought in. Last time on this great day we had 16 marriages. They came out well, most of them. Not all, but most of them were very good and I am really very happy that such good couples came on that day. It was very auspicious. And marriage gives you a sense of purity. And that's why our marriage is important in Sahaja Yoga. But that's not the last word, like this is not a hunting ground for everyone, I'm finding you this husband or I'm finding you that husband. That must be stopped completely. **Leave it to Sahaja. You are not to search out your wives in Sahaja Yoga, no, not at all, nor husbands. Leave it. If you have done something like that, then you will be harmed.**

Don't do any searching or any thing. A time will come, when you will find that I will myself tell you to marry this person, people who just take out people and try courting. **That's not needed in Sahaja Yoga, no courting is needed.** You see, we have got so many cases, where the marriage was decided like that, they married, they are very happily married. Then are there people who had courting, this thing, selections, nominations and elections and everything and after that you find within 2 days they are out for divorce. In Sahaja Yoga it is spontaneous and instantaneous.

You don't have to do all these things, with all these celebrations what have you achieved? It's just spontaneous. **So you don't have to worry. You don't have to think. You don't have to say, that " Oh Mother, I have to find a girl for..." You don't! Leave it to me, it's my headache. But once you are married in Sahaja Yoga, you must know what it means. And both of you must work it out properly and if it is for the good of everyone, it should be good for everyone.**

This is what it is. And I would say that on this day, let us take one vow: To decide that we will be worshipping Yogeshwara. You have to worship Him. Means our relationships about these things have to be cleaned. We should not get involved with this, nothing is important. It's just like having your food or to be with your wife- the need of the body. But you don't eat on the roads, do you? You don't eat from the dirty plates, do you? You want to have a clean plate. You want to have a plate, which you have used yourself, your own plate, that should be clean. If you could have a cleaner plate, you would like to have, if you can get a silver plate, you would like. A golden plate is even better. In the same way, we should also have a very pure understanding that it is the need of the body, the body which can be very subtle. So let us not just go on shopping for it

everywhere, looking out, oh this is that, this one that one, then discard. It has to come to you specially. And all great things happen suddenly always. **The more deliberations you will have, the worse it will be. So don't form ideas, don't plan about it, it will happen, it is not so important. That will give you a lot of purity. Your ego will be perfect.**

I know of someone, whom nobody wanted to marry. And when I suggested someone, who agreed with great difficulty, she said, I don't want to marry. It's funny. It is very funny the way our ego is working out. Because when we are looking at another person for marriage or anything, we are not thinking of Yogeshwara. **We don't think that it is Yogeshwara, who will do everything for us, we are thinking, we have to do it. So we go ahead and spoil our attention completely.** " Sarva dharmanam pritamam mama namah sharanam vraja." In this part of your decision, if you can leave it to God, it will be better. I tell you, if you can do that, you have crossed your ego half way through. At least 50% of ego is used in this. In the West specially, In India this question doesn't arise much. Because the parents can't decide here, nobody can decide, you have to decide yourself. It's a big responsibility and a big thing for you. So 50% of your ego problem will be finished.

I tell you, once you just give up this responsibility of choosing a bride or a bridegroom for yourself. Just forget it.

Such a waste of energy, I tell you. When I see people, young people, doing all these things I wish they could understand the value of their lives, the esteem of their lives. Their Ishwara is Shri Krishna. He is not Ishwara of everyone. Only of yogis. Anybody else who tries to say "Hare Rama, Hare Krishna" will get throat cancer. So He is only available to you, He is only your Ishwara. He manifests only for you. He is your own. He won't act for any Dick, Tom and Harry. Maybe you might be a prime minister, you may be a queen or king, it makes no difference to Him. To Him only a yogi, only a yogi can call Him. Only a yogi can ask for His help. He is not bothered about anybody else. And if a yogi recommends, then only He can look after someone. Otherwise He will not bother about him. So He is actually your own king, who is always there, looking after you, When you call Him, He comes with all His powers to support you. But you have to be a yogi. If you are not a yogi, which is of course certified by Lord Jesus Christ, then Krishna has nothing to do with you.

So before the entry to Shri Krishna, though He is not the one who is going to judge your innocence, in the door stands Lord Jesus Christ. When you get in, then

it's all right. But to get in, also is difficult because He is always throwing you out. Shri Krishna has said, that "You will be the....", to Jesus, He said, "You will be the" Adhara", the support of the universe". Means the innocence is the support. If that innocence is not established in you, then Shri Krishna cannot help you. He is helpless then. Because you don't become a yogi and so He is not your Ishwara any more. When we say, Mother the Agnya Chakra is here and He is here, all right. When you cross your Agnya Chakra that means He is sitting here and the Virata is sitting here So unless and until you pass your Agnya Chakra properly, you can't get to Virata. And Yogeshwara is the Virata. That is the aspect we have to worship, we have to worship!

Worshipping doesn't mean that you become that person. You worship Me, you don't become Me. What does happen, when you worship? You surrender all that, it is not liked by Me, in the fire, in the water, outside, in the elements you throw them away. And you bring to Me your heart. That is what is worshipping. In the same way we have to worship the aspect of Shri Krishna in me, which is Yogeshwara. I am Yogeshwara. Things do not come into My head at all, I don't see things like that. I don't know what this temptation is, what attraction is, I just don't understand. On

the contrary these things repel me, repel absolutely, I vomit. Even to hear these things, I don't want to open My ears, My ears become deaf. I can't hear this, I can't understand any dirty jokes. I have no brain for this, My brains refuse to understand. I become a dumb person, absolutely, deaf and dumb. People have written books and books on these things, I don't know what they must be writing. What is that to write things ?

So today we have to know that our personal life has to be extremely clean. We face ourselves every moment and find out within ourselves, are we really worshipping Yogeshwara within ourselves who resides within us. Let us develop that purity. Then innocence will be established in our eyes. We will be innocent, the eyes will speak of innocence. What is the use of having eyes which are all the time shifting, you don't know where they are going, wobbly eyes, you see, like this, like this. You can't trust

your eyes at all. But the eyes, which are innocent, receive nothing, they just give. They just give. Innocence is very penetrating, very purifying, very soothing and very beautiful. We have to become beautiful people.

Today I said all these things because I'm sometimes disturbed the way people don't understand that purity of sex life is so important to Sahaja Yoga, specially in the West. People don't understand. For Indians this lecture has no meaning, they will think, why Mother is wasting Her energy so much. Because they don't understand. But to Me it is very important here. Whatever I have seen and heard and see all around. I think today's message should be of Yogeshwara. Let us worship Yogeshwara today with our heart. When you worship Me today, it should be the worship of Yogeshwara and nothing else.

May God bless you.





