

The Divine Cool Breeze



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SELF REALIZATION & GOD REALIZATION

Atman is the reflection of the Almighty (The Paramatman) in human being. Lord Shiva resides in the heart as Atman, the spirit. H.H. Mataji says, "God realization is not possible without self realization". Adi-Shankaracharya has beautifully described the experience in the following verses:

मनोबुद्धहृद्कार चित्तानि नाहं
न च श्रोत्रजिह्वे न च घ्राणनेत्रे ।
न च व्योमभूमिर्न तेजो न वायु-
चिदानन्दरूपः शिवोऽहं शिवोऽहं ॥1॥

I am not mind, intellect, ego and chitta. Nor am I nose, tongue, ears or eyes. I am also not the earth, air, sky or space, and fire. I am Shiva, in the state of consciousness and bliss.

न च प्राणासंज्ञो न वै पञ्चवायुर्न-
वा सप्तयातुर्न वा पञ्चकोषः ।
न वाक् पाणिपादौ न चोपस्थापायूः
चिदानन्दरूपः शिवोऽहं शिवोऽहं ॥2॥

I am not five vital forces (Pran, Apana, Udan, Saman, Vyan). I am not seven ingredients of body (blood, flesh, fats, bone, nervous system and semen) I am also not five sheaths (Pancha Kosha) around the self viz. Material or physical sheath i.e. body (Annamay Kosha) Vital sheath (Pranamay Kosha) Mental sheath (Gyanamay Kosha) Knowledge sheath (Vigyanamay Kosha) and Bliss sheath (Anandmaya Kosha) Nor am I five organs of action. I am Shiva in the state of consciousness and bliss.

न मे द्वेषरागौ न मे लोभमोहौ
मदो नैव मे नैव मात्सर्यभावः ।
न धर्मो न चार्थो न कामो न मोक्ष
चिदानन्दरूपः शिवोऽहं शिवोऽहं ॥3॥

I have no hatred and no love, no

attachment and no temptation. I do not feel proud or jealous. I am no more desirous of achieving righteousness (Dharma), wealth (Artha), sensual pleasure (Kama) and salvation (Moksha), I am Shiva, the Self, in the form of consciousness and bliss.

न पुण्यं न पापं न सौख्यं न दुःखं
न मंत्रो न तीर्थं न वेदा न यज्ञौः
अहं भोजनं नैव भोज्यं न भोक्ता
चिदानन्दरूपः शिवोऽहं शिवोऽहं ॥4॥

I am above sin and merit (Punya), sorrow and joy. I am not interested in Mantras, holy places, Vedas and sacrifices (Yagya), I am not eatables, eating or eater. I am Shiva, the Self, in the form of consciousness and bliss.

न मे मृत्युशङ्का न मे जातिभेदः
पिता नैव मे नैव माता न जन्मः ।
न बन्धुर्न मित्रं गुरुर्नैव शिष्यः
चिदानन्दरूपः शिवोऽहं शिवोऽहं ॥5॥

I have no fear of death and social discrimination (of caste). I have no parents and no birth. Nor have I teacher, and disciples, friends and brothers. I am Shiva, the Self, in the state of consciousness and bliss.

अहं निर्विकल्पो निराकाररूपो
विभुर्व्याप्य सर्वत्र सर्वेन्द्रियाणि ।
सदा मे समत्वं न मुक्तिर्नबन्धः
चिदानन्दरूपः शिवोऽहं शिवोऽहं ॥6॥

I am Nirvikalpa (doubtless awareness) and formless (Nirakar). Pervading the Universe, I am present equally everywhere and in all organs. I am neither free nor bound by any thing. I am Shiva, the Self, in the form of consciousness and bliss.

The experience so beautifully narrated by Adi-Shankaracharya relates to merging

of human consciousness into universal consciousness. Human consciousness has its own limits owing to superimposition of ego and super ego which separate it from the universal consciousness and give its own identity to the individual consciousness distinct from the Divine. By the grace of Her Holiness Mataji Shri Nirmala Devi, Sahaja Yogis have a distant glimpse of this highest stage on the evolutionary scale when they go into thoughtless awareness, which is also the first step towards merging into the Universal consciousness. Others spend their lives striving to attain the stage where Sahaja Yogis begin. As Divine Mother taught us, from the thoughtless awareness one goes into deeper stage of doubtless awareness and then to the higher levels of awareness.

As the Kundalini descends from Sahasrara, ego and super ego which drop down in the thoughtless stage again rise. Kundalini should therefore be settled in Sahasrara. This is possible by stabilizing in the thoughtless stage; when ego and super ego are gradually sucked into Pingla and Ida Nadis, and awareness space of consciousness expands.

Realization of the self and God realization which is the ultimate aim of human life is not possible to be attained without surrendering to the lotus feet of the Divine Mother. She confers the knowledge of Shiva, the ultimate. She is also Shiv Shaktaikya Roopini i.e. whose form is union of Shiva and Shakti. It is said in the

scriptures that there is no Shiva without Shakti nor is there Shakti without Shiva. There is no distinction between them just as there is none between the moon and moon light. G.De Kalbermatten writes in 'Advent' "Self realization, enlightenment (Samadhi, Nirvana means firstly the merging of the individual human awareness with the primordial energy i.e. with the Mother; the Mother will gradually introduce the child to the father as the energy of God knows God." He further writes "The Divine Mother is the quintessence of truth, existence and bliss. When we keep our attention on Her we keep it on the Self, which is of same nature.

When we meditate on H.H. Mataji in relation to the seven Chakras we start experiencing that our Seven selves are indeed part of the deities and that the deities are one with H.H. Mataji. Meditation on this identity opens the deeper stage of doubtless awareness. As we meditate on Shri Mataji's Kundalini we really get lost like a drop in the ocean. We are absolutely silent". (All these may be done in relation to Her Photo and not when She is present in person)

Indeed, the purpose of the human life can become a reality in this very life, at the lotus feet of Divine Mother.

Om Twamewa Sakshat
Shri Atman-Paramatman Sakshat
Shri Bhagwati Mataji
Shri Nirmala Devyai Namah.

Christmas Puja

Ganpati Pule-25-12-2003



Today is a great day because we are celebrating the birth of Jesus Christ. He was such a great spiritual personality who had to suffer on the cross. This is what many people don't understand that why a man of his caliber, of his standing, of his spirituality should have to go through so many ordeals in life. It is very easy to understand that he was born in the circumstances which were against him, which were against Divine Force. So to overcome that people tried to destroy Jesus Christ and He did not feel the pain, He did not feel the absurdity of those people. On the contrary, he went through all that ordeal which also was divine and if you have got some divinity then you should have courage and with that courage you can face all kinds of ordeals. Because whenever you are on this Earth there are problems of different types. You may

belong to royal families or you may be a poor person, there are always problems facing. Christ has shown that though He had to suffer so much He was so peaceful. His life has given us an example. What we should be, how we should behave, when we are facing problems created by people. But today is a happy day because it is His birthday and we are all celebrating because He has shown us a new path of spirituality in which one has to suffer. Because of the ignorance of many who are there, He suffered so much. But today it is not so bad; people understand spirituality and divinity and you are so many together now. In these sufferings Christ never cried or wept. He went through it in a very resolute manner. So what we have to learn from His life is that we should not be afraid, whatever might be happening to us we should not be afraid. But times have

changed and people do not torture anyone because of your spirituality. It is not there, it is finished. Christ wiped out all that from human minds and people respect you for being spiritual. This is the message of Christ's life and we all should be very happy that He has shown us this path of endurance.

The message of Sahajyoga is the same that you take your Realization, you take to spiritual life and everything will work out because all the Divine Forces are with you. They are working out everything for you and you are so many who can say that, who have witnessed it. So, this kind of life that He had, you do not have to go through. He has done for us. We have to be happy and peaceful and joyous, that is without my telling you, you must have experienced. These days also there are very cruel people, very absurd and extremely aggressive but still no one can harm you. Life has become very different and it helped Christ that He has gone through all that to save us from those ordeals.

Hindi Pravachan of Shri Mataji

(Translated)

Today is the birthday of Jesus Christ. We are all celebrating it with great gaiety. We know how much Jesus Christ suffered! But none of us has to undergo those sufferings because the world has changed and the society has changed.

Spiritual Life has gained significance in this changed atmosphere. With this how many of our distresses could be got rid of! With spiritualism we could put an end to our physical and mental problems, and also the hurdles in the path of ascent could also be removed. The life of the people of this world could progress only in spiritualism. How important it is to know that on one side is Jesus Christ-The Masiha of Spiritualism- and on the other side are we people who have got a little bit of spiritualism and because of us this world has become peaceful, many problems have been solved and human beings have realized the fact that attainment of spiritualism is the biggest achievement. On seeing your lives, your behaviour, people have known it. All this transformation is because of you people. What I alone could have done! But when so many of you have taken to spiritualism, it shows how much the world has changed. All the physical, mental and intellectual problems have been removed because of the effect of your vibrations. It has impressed many people; they have realized that Sahaj Yoga brings about tremendous transformation not only in an individual but thousands of people could be transformed with Self-Realization. The whole society could be transformed. This work that you are doing is very significant.

May God Bless You.

Relationship between Kundalini and Kalki

Navaratri Puja, 28-9-1979, Mumbai

Today, I am going to address you in English language as desired by you. Even tomorrow perhaps we may have to use this foreign language.

Today's subject is 'the relationship between Kundalini and Kalaki'. The word 'Kalaki' actually is an abbreviation of the word 'Nishkalanka'. Nishkalanka means the same as my name is, which means Nirmala. That it is spotlessly clean, something that is spotlessly clean is Nishkalanka, without any spots on it.

Now, this incarnation has been described in many Puranas, who will be coming on this earth, on a white horse, in a village of Sambhalpur; they call it Sambhalpur. It's very interesting how people take everything so literally. The word Sambhal means-bhal is the forehead, Sambhal means at that stage. That means Kalaki is situated on your bhal. Bhal is the forehead and here he is going to be born, that is the real meaning of the word Sambhalpur.

In between Jesus Christ and his destroying incarnation of Mahavishnu called as Kalaki, there is a time given to human beings to rectify themselves, for them to enter into the kingdom of God, which in the Bible is called as the Last Judgement, that you will be judged. All of you will be judged on this earth. The

population of the world is the maximum they say because all those, practically all those, who had aspirations to enter into the kingdom of God are born in the modern times and are going to be born very soon. This is the most important time because Sahaja Yoga is the last judgement. It is fantastic to hear this but that's the fact and is the truth. Though you can understand that Mother's love makes it very easy for you to get to your Realization and that the whole story of the last judgement, which looks such a horrifying experience, has been made very beautiful and very tender and very delicate and does not disturb you. But this is the last judgement, I tell you, and you all are going to be judged through Sahaja Yoga whether you can enter into the kingdom of God or not.

Now, in Sahaja Yoga, people come in with different kinds of attentions or chitta. There could be people who have too much of tamasik vritti or what we call the inertia or the more sort of sluggish or slow moving temperaments. These when they are exaggerated people take to spirits or take to alcohols or to some such thing which take you away from reality and make you numb with it. The other side is as you know right hand side, people who have got too much ambitions.

They are extremely ambitious people. They want to win the whole world and they want to become something independent on their own, malignant and cancerous. They do not want to keep their relationship with the whole. You can see in this kaliyuga, how people have gone to their extremes! Some of them are very much indulging into too much of alcoholism or you can call it something running away from your awareness, from your self, from truth, the beauty. The others are denying it. They are denying everything that is beautiful and are ego oriented.

So, we have people who are superego oriented, very much conditioned and lethargic and lazy and absolutely primitive. The other side is that we have people who are extremely ambitious, dominating and are destroying each other by their ambition and competition. These two types of people of extreme nature are rather difficult to enter into Sahaja Yoga but the people who are in the center are easily absorbed in the Sahaja Yoga. Moreover, people who are less complicated, simple hearted as they are in the villages are very easily absorbed by the Sahaja Yoga and they take to it without any difficulty. Same in the city, you can see the result of so much of work of mind that they are

hardly about two to three hundred people today over here but if I go to a village, the whole village, say up to five to six thousand people come round and all of them get their Realization without any difficulty. Because here people are supposed to be very busy. They have so many other pre-occupations. They think other things are much more important than seeking God and wasting your time in such pursuits like seeking God.

Under such circumstances Sahaja Yoga takes its roots very sweetly into the heart of all the seekers. It works very spontaneously. You get your Realization without any difficulty, without any effort, without paying for it, without going into any sort of strenuous exercise. But when we talk of Kalaki, we have to remember that between getting our Realization and entering into the kingdom of God, we can falter very much. This is called as Yogabhrashta sthiti. People take to yoga, they come into yoga and are then enchanted still by their Pravrittis. For example, an ego oriented man or a money oriented man or a man who wants to dominate can form a group of people who he will be able to dominate by his ideas and can go in for a fall and the rest of them will also go down, in Sahaja Yoga itself. This has been happening in Bombay, very very often. It's a very very

common thing that has been going on. But this is called a yogabhrashta sthiti, where a person falls from his yoga. He comes down of his yoga because Sahaja Yoga gives you all the freedom whether to fall or to come up. But if you go to any other guru doing any other sort of yoga in which purification takes place and where people are trained and disciplined from very childhood, in those yogas, a guru will somehow or other see that you are injured or you are hurt so badly that you have no connection with anybody else, like an operation they take out that personality and throw him out.

But here it is left to your freedom. You understand that you have to keep to the mains, you have to keep to the group, you have to keep to the whole and not to one person here and there who is trying to overpower the rest of them. In Sahaja Yoga, anybody who tries to come up too much comes down. Because in the nature you have seen nothing grows out of bounds, like human beings are of a certain height, the trees are of certain heights. Everything is controlled. You cannot try to show off in Sahaja Yoga, neither you should try to make a different group or a different type of some special thing. Specially I have seen in Sahaja Yoga there are people who come up and ask people to touch their feet. It is most

surprising that invariably such people get exposed in no time and they are known and they are gone case because their chakras are caught. Their vibrations may be there but they go down and down and down till they are completely finished. Now, this yogabhrashta sthiti is the worst thing that can happen to anyone. First of all you don't get your yoga and if you get your yoga and then jump to this sort of a condition about which Shri Krishna has described that you go to Rakshas-yoni.

Those who come to Sahaja Yoga must know that you have to stick on to one thing properly otherwise what is the yoni left? If you die without yoga, may be you are born again, may be. Of course this life is wasted. But if you try such tricks after coming to Sahaja Yoga and try to impress another that you are a very great realized soul or that you have achieved this and achieved that, all this nonsense that you have been doing before getting to Realization, then there is a very serious offence and you are punished for that. This is the power of Kalaki which is secretly doing things behind Sahaja Yogis. For example there was a lady who came to see Me who wanted to publish something about Me and she was paid by some horrible fellow and she published something

nonsensical, something that I never do. So, everybody was very annoyed and angry and said Mother you must punish her and you must take her to the court, You must go for defa...tion and all that. I said, I am not going to court, you better go, give up these ideas but nobody would listen. It so happened that that paper closed down for three and a half months and they had such a big setback. Of course this is not done by Me, I would say, as far as Mataji Nirmala Devi is concerned, but is done by Kalaki.

Kalki means there are eleven powers which are guarding the beauty of Sahaja Yoga. Anybody who tries to play around with Sahaja Yoga is harmed very badly. So, today is the day of telling you about the dangers of playing with the Divine. So far people have been taking them for granted. They have tortured people like Christ. They have tortured great saints. All the time human beings have been tortured and I have been warning in every lecture practically that **don't try that trick today because Kalki is already on and don't try to trouble anybody who is a saintly person, who is a good person. Be careful about it because Kalki is on and once this power comes on you, you would not know how to hide yourself. Not only those who are Sahaja Yogis but this I**

am telling to the whole world today that be careful, do not try to harm others, do not try to take advantage of others and do not try to show off your own power because once this destruction will start in your life you won't know how to stop.

Once I went to, I think I have told you before also that once I went to Andhra Pradesh and there I told people that you should not grow any more of this tobacco-tobacco and they were very angry with me because they thought that this was their living. They are minting money and indulging into all kinds of things making too much of money and doing all kinds of papas. I said in this world today you have come not for creating more pap and more karmas on your head but to do the cleansing of the papas the 'papakshalana'. You have not come here to add to your sins but to cleanse them. This is the time of cleansing. That's why I am here as Nirmala to cleanse it while what are you doing is to add to your papas. What are you going to gain out of growing this horrible tobacco? But they would not listen to Me and then in three of My lectures, it is on the tape, people are saying that I said that be careful, the Kalki in the seed will take respite on you. It will come on you and you know what

happened in Andhra. Same with Morvi, I will tell you. Only last year some people met me from Morvi, some very big people from Morvi and they all believed in a horrible saint who is a horrible fellow and who has really destroyed families after families. I told them why do you believe in this man. He is taking your attention to materialistic things. Why do you believe in him? Every house in Morvi has the picture of this horrible saint and when I told them they would not listen to me. They thought that I was just warning them because I was sort of jealous of that fellow. And you know what has happened about Morvi, is a fact.

All these things have been said in the presence of other people so that they have noted it down that what has happened in what place and how Mataji has said. Before that also in Delhi, once I met some of these people from Vrindavan and who were telling me about the pandas and this and that and I said all of you give up your profession, horrible people you are. What business have you got to make money in the name of God? And all those Pandits and pandas and all these people are horrible parasites on the society. You get out of your jobs. The river Ganges on which you have been feeding yourself will one day ruin you completely and when the floods in

the river Yamuna and Ganges came in, I was in London. I saw this on the TV, all these pandas running away with their khomchas and everything.

Of course with these horrible people when you associate, when you live with them, you also suffer, the innocent, suffer. Why should we be impressed by such people? That's the thing you have to pay for. When you are impressed, you are so compromising, after all doesn't matter. We are going there so we must give something to this fellow also. He is the panda of our forefather sitting down there and begging money, sitting before the river Ganges. Imagine, the giver of the love and the giver of joy is flowing there and these people are sitting with their backs towards the river and asking money from you. What silly people they are? Just stupid and useless people and you pay them money and you think that you have done a great punya by donating money to them. This sort of life we have been leading, a compromising not understanding what is truth, what is not truth. One side is a complete blind faith into all this kind of thing that is going on in this country and all over the world but specially too much in this country. We are simple innocent people with lot of bhavukta within us. That's true but that doesn't mean that we should be stupid

and fools. For example, the other day at a meeting in a place called Avadgaon, I said that these people in Vithala's mandir called as badhvei, should be nicely punished for the way they were ill treating these saints going down there using their feet for days together and something must be done to them. Everybody was little annoyed when I said because for these poor people badhvas, who are rakshsas incarnate, are something great. They break the heads of the people who walk all the thousands of miles there. They break their heads just like coconuts and all of them have pain in the head. Such cruelty they confer on these innocent simple people and do you think I should support them when I stand for truth and for religion and for compassion? When I said this, some people you see, who had some vested interest, must be the relations of the badhvas or whatever it is got angry with me. But thank God, within three months time, the whole thing has been taken over by government.

It is so common with us that we see with our open eyes what is happening, still we will be going on doing the same thing in the temples, even in the name of God, we are doing sins after sins. We are adding sins to our sins and instead

of clearing it out and understanding it through our developed brain, we just go on adding it. This is what I call the people who are tamasic, who do not use their brains. They are moodha buddhis. They just fall on somebody because there is some sort of a hypnotic influence or some sort of charismatic movement that is on in the West, as you can see this charismatic people will take thousands of rupees from them, thousand of rupees and they will give them epilepsy, gangarene. If not that then madness, lunacy, all sorts of things. But like mad are running after all these movements and are adding up to their destruction, to their pile of sins that they have committed, instead of spending sometime in cleansing their sins.

This time what we have got is the most precious time and one has to be very careful and alert about oneself. One should not depend on any other person for health in this. But should try to completely consolidate one's own belief into the kingdom of God and occupy the highest seat in the heart of God Almighty. Because when Kalki will come, He will slaughter all these people without any compassion. He is devoid of any compassion. There are eleven Rudras in Him, means there are eleven destructive powers, absolutely powerfully settled in

Him. And when I see all that because I can see all that, this emergency grows into me and I tell you beware of it. Don't play fool with it. Don't take it easy and do not compromise with nonsensical people. Stick on to the right. Otherwise the day is very near when Kalki is going to come.

The other type of people are who think no end of their intelligence. They have denied God. They say where is God. There is no God. We don't believe in God. This is all nonsense. Science is everything. What has science done so far? Let's see that. What has science done for us? Science has done nothing so far. It has only done all dead work. It has only made you ego-oriented. All the west is ego-oriented. They are finding all the methods of committing sins. How to commit the worst sin, they are finding methods and there are certain gurus in India who are also supplying the knowledge, how to commit even worse and worse and worse sins. So they can easily go with two running jumps to hell.

Whatever is wrong is wrong whether it is today, tomorrow or yesterday or thousands of years back. Whatever is wrong for your Dharma, for your sustenance is wrong. The nuisance is what's wrong in this? What's wrong in that? That question will be answered by

Kalki only. I am just telling you that it is wrong and it is extremely wrong. It is against your ascent. It is against your being and then you will not have any time to repent and to ask this question what's wrong. You'll be chucked off. That is what is the Kalki incarnation. He is going to come on a white horse, as they say.

It's a tremendous thing that is going to work out. Every human being is going to be sorted out and nobody can then play. See everything is being advertised, everything is being published. Even this instrument that is created by science we can use for spreading Sahaja Yoga. You know if I put it on my chakras you get the vibrations and you get your Realization. The whole science is subservient to Sahaja Yoga. Like the other day some TV people came. They said Mother, we want to have your TV done. I said, you be careful before doing it. I don't want any publicity. So whatever you do, do it properly. Through TV we can give Sahaja Yoga. Supposing I am there on the TV screen, I can ask people to put their hands and there can be thousands who can get Realization, only seeing on the TV. Is a fact. That this is emitting from my being, is a fact. Why should you feel angry about it? Why don't you come and test it? Why should you be hurt? Why your ego should hurt you if

I am like that? If you are different, it doesn't hurt Me at all. If you know one work of say organizing this or that I don't feel bad, why should you feel bad if somebody is a Divine Personality. Why did you feel bad that Christ was Divine Personality? Why did you murder Him? Why did you kill Him? Why did you torture all the people who were such saintly people? You were very wise and sweet. Isn't it? You have been very kind and nice people running after all kinds of wrong type of useless misleading things. There are so many now who have come to misguide you. They are taking money from you for misleading you. They are taking money for giving you sins. They are nicely booking you up for a trip to hell. They themselves are booked nicely there. And when I say about them people feel very hurt that why should Mataji talk against these gurus. They are not gurus. They are Rakshasas.

Once Christ stood up and said that these devils and the children of devil will have to go to hell. Then people got after Him and said, why do you say such things against them? They don't say anything against each other. Christ said, the satan is not going to speak against its own house. They are very friendly with each other. There is no problem among them. They are very kind to each

other and all the disciples are being distributed, you take such a lot and I take such a lot and all of us will go to hell direct. It's properly organized. Like one train is going first then the second train will leave and then the third train will leave. The other side of this kind of ambitiousness and the kind of ego orientation and money orientation we have, all the time we are busy with this money. I call it a Bhrama, I call it a hallucination. It is a big hallucination with you people that you are running after money. It's another hallucination that you are running after prêt-atmas and dead bodies. These are two mirages you are running after. What are you going to get out of this money? Go and see somebody who is supposed to be a very very rich man. Just go and see, is he a happy man? What is the analysis of his life? So called successful people. You just go and then see them. What is the success they have? Who respects them? When they turn their back, people say O God, whose face have I seen! Let me go and wash my mouth. Are you auspicious? If somebody sees you, does any good comes out of you, does some shubh happens to that person. Are you a kalayanmaya? Are you mangalmaya? What sort of a personality are you? Just judge yourself. And that judgement can

take place, here is Sahaja Yoga.

We had a patient who came to Sahaja Yoga. And he told me Mother, I am a young boy, but I don't know what has happened to me that I have become inauspicious. I said, how do you know. He said wherever I go there is a quarrel between husband and wife, something goes wrong with the children, the children start crying and shouting and screaming and now I am hated by everyone. Everyone says there is something wrong with me. I found out about him. What was the matter? He got cured. Now, he is emitting beautiful vibrations. You can have very negative vibrations going out of you. You might be doing sins without your knowledge and you could say O Mother, I am getting all the vibrations I am very good. Such people always deceive themselves and others. Very good, O nothing wrong with me! I am in first class condition. My vibrations are the best and that I am doing very well. Who is going to judge you is your deed. What would have you done to others? Recently we had a bishop like that and I found all those people who had touched that gentleman had Left Swadishthana catching, very badly and when I told them that this was the wrong thing to do is to make this man so important. They all got after my life.

There was a doctor who had come to see me, who is a Sahaj Yogi. His son came to see me, eight year old, is a very good boy, had a Realization but he had a very bad Swadishthana. So, I asked him, does this man come to your house. He said yes, Mother he comes very often. Despite my warning he would go to their house and they would entertain that gentleman, instead of telling him that you go to Mother and get yourself cleared out. You see they are enticed and hypnotized by such a person. I asked him, I said have you got this man coming to your house? Yes, he said. I said, alright go and beat him with shoes as we do in our Sahaja Yoga and the boy got cleared out. Do you want to ruin your family, your children and everybody because you are adhering to some hypnotic fellow? At least have some consideration for that. There are many like it but in Sahaja Yoga it is very easy to desert and even in London I know who is going where and what are they doing. And I tell them don't do it, just don't do it, *I have nothing to do. Immediately you must understand that our Mother who knows these things, She knows and if She has told us, it is the thing to be done, not to be argued. Did you get your vibrations through argument?*

But still in Sahaja Yoga also people

falter and that's the worst thing they will do because the yogabhrashtas are the most condemned. Where will they go? I have to warn all the Sahaja Yogis who are here because Sahaja Yoga is the last judgement. Not only that you will be judged, that you are entering into the kingdom of God, that you become the citizens of God, is correct, but apart from that, that you are capable of being there, whether you have the complete surrendering and understanding of Divine Laws. Even if you are belonging to say India and a citizen of India but if you do mistakes and if you commit criminal laws, you will be punished even then. So even if you become the citizen of God, you have to be very very careful about it.

The second thing I would like to tell you is about the destroying powers of Kalki. Today's lecture is going to be very sharp for you because the incarnation that you have asked me to speak on is a very sharp one, is the sharpest of all. We had say, Krishna's incarnation when He had Hanan-shakti. He has killed Kansa, He has killed so many rakshasas, you know, as child also He has killed Putna and so many people. But He did leela also, He did love and He did give concessions to people. He forgave people also.

But Christ, is the embodiment of forgiveness. Forgiveness of Christ is nothing but is the power of sustenance within him. If He explodes, the whole forgiveness can come on us as a big disaster, if we are not able to understand the value of His forgiveness. He has said very clearly, that anything said against me will be tolerated but a word against Holy Ghost won't be tolerated. He has clearly said it, and now you have to understand that. Holy Ghost is Adi Shakti. One has to understand that such an incarnation is imminent and Krishna's powers are given to him which are only Hanan-Shakti. Brahmadeva's powers which are only Hanan-Shakti are given to Him. Shiva's powers which are just Hanan-Shakti, the part of which is the tandava, is given to Him. Then Bhairva's shakti which is also you know, what Bhairva has got, is symbol of Killing is a big sword like thing and also Ganesha's Parsha and also Hanumana's all Navsiddhis which are going to destroy are given to Him. All Buddha's forgiveness and Mahavira's ahimsa is going to turn upside down. **All these eleven powers are going to come on top of us when we will be finished with Sahaja yoga, when we will be absolutely sorted out and the last killing will be done by Him.** I wish it

was just a killing, it is not going to be ordinary Hanan like even Devi has done because Devi has killed all the rakshasas, thousands of years back but they are back in the seat again, all these rakshasas.

Now, the problem is very different, at the present moment, which you should try to understand. That in the olden days till the Krishna's time when he says that, 'yada yada hi dharmasya glanir bhavati Bhartah, vinashay ch dushkritam pritrany ch sadhunam'. These two words you must understand. To destroy very, dushkritam means, the cruel people or the negative forces and to save the saints 'sambhavami yuge yuge', I am going to come again and again. But the problem of the kaliyuga is that there is no pure and simple person as a sadhu or as a rakshasa. So, many rakshasas have entered into your brain. You side with so many people who are wrong, who are doing wrong, who are doing all kinds of wrong things in the name of politics, in the name of religion, in the name of progress and education and all that. Once you are sided with them, then they are in your brain. They are within you and when they are within you, how to destroy-the dushkritam? They are within you. You may be a good person but you may be destroyed because of

having them in your heads. So, there is no hard and fast rule as to say who is a real negative and who is a real positive. Only the Sahaja Yoga is going to cleanse you and make you absolutely positive, positively good people and religious people. This is the only way because your ankura when it starts giving you Realization you feel your Self, you feel your Self and with that Self you know that you are your Self and not this mirage. You start enjoying that Self. Once you start enjoying it, you give up all those things that make you compromise and make you a horribly mixed up person. All this confusion can go away. So, it is essential that we should take to Sahaja Yoga in the most dedicated manner and redeem ourselves of all our wrong doings and also others' whom we know and this is the only thing that we can give to our friends, relations and all the world around. People invite others for dinners, have drinks, this that. What do you give them? Nothing. They will give presents on a birthday, they will go round and give garlands and exchange good wishes and everything. There in London when there is a Christmas day, their cards pile up, pile up to such an extent that no letter can be sent for ten days before Christmas. And when Christ, on the day when Christ is born, they will go in for a

Champagne. Such foolish people, even somebody dies, they will go for a Champagne. Champagne is their religion now and whisky is their Kundalini. They cannot understand God. How can they when they have made God according to their own conception of falsehood.

As a Mother I have to warn you, be careful. Do not play about with your Self. Do not go down, but come up, come up and come up. I am here to help you. I am here to work for you day and night that you know I work very hard for you. I will spare no efforts to help you and do everything that is possible to make you alright, to pass this examination of last judgement but you have to cooperate with me and you have to go ahead long about it and devote most of your time for Sahaja Yoga and for imbibing all that is great and noble. Kalki is a very big subject and if you see the Kalki Purana, it is such a big book. Of course lot of trash is also in there. But when is the time coming, these people say, we say this is a living process. When the work will be finished, when we will see that there is no more chance of having any more people in this line, Kalki will come down. Let us see how many commit but there is a limit also of that. So, I would request you go out, call your friends, call your relations, call your neighbours and all of them. Tomorrow is the last day of my

programme here of Navaratri, where we are going to have a little felicitation from the Mother. To me the greatest felicitation will be when in this Bombay I will find more people realized, taking to Sahaja Yoga seriously. And after coming to Sahaja Yoga, not to indulge in back-biting and small, petty-mindedness and getting angry with each other but being sensible and wise. It is most surprising those who are supposed to be the cream of the nation, the most sophisticated people are so petty-minded and useless. I have to tell you these things because of the immediate emergency that is coming forward before me and I am only praying that it should not be in Bombay, that it should start. Bombay had gone into the verge, if you remember the day when Rajesh Shah told me 'Mother, what about rain, what about rain, what about rain?' I wouldn't answer him, till he said, Mother, I know you are angry with Bombay people but still forgive them once again. And that is the night when you started getting all this rain. Next calamity beware of it. I have to tell all Bombay people. Every time I come back I find this kind of nonsense of the Sahaja Yogis getting after one man somewhere and getting lost and the another thing is that the Bombay people are still most unaware of what is going to fall onto them, most unaware how they

have made from amoeba to this stage. What God has done for them and what they have to do for God? It's a very, very sad affair extremely sad for the whole of the country because people try to follow this Bombay.

There are so many people who would like to follow an actor and an actress than to follow God. This is the trouble with our superficial temperaments. I have to say that we have tomorrow a very good programme and also a book has been written 'The Advent' by Gregoire Kalbermatein, who is a son of Baron and a Swiss boy and when he came to me, I could see clearly that he is a seeker. Though he was a gone case, he was like a schizophrenic but absolutely a gone case. But I could see him that there is a big seeker within him and I had to work hard with him for a year to bring him round to his normal senses. But when there is not even seeking within you and when you go that astray, what is going to happen to you, I don't know.

So be careful. Be very very careful. Today is the day of warning you because you have asked me to talk about Kalki. He is placed on our forehead. When the Kalki is caught up, the chakra of Kalki is caught up the whole of Buddha on top goes out of order. In the Kundalini

awakening we find that if the Buddha is out of order, it doesn't rise. The whole head becomes a blockade. Such people do not allow the Kundalini to rise above, we can say the Hamsa chakra. At the most they might try to raise up to Agya but the Kundalini falls down. Of course one of the reasons as I said that if you put your forehead before wrong gurus also, you suffer. But too much thinking also creates a problem on the right hand side here and one of the, one of the aspects of Kalki gets spoiled and there is an imbalance created on this side. The whole forehead if it is full of lots of bumps then one must know that the Kalki chakra is out of order. If the Kalki chakra is out of order, the person is about to go into some sort of a very bad calamity, is a sign of a person who is going to get. When the Kalki chakra is caught up, all your fingers start burning. On the hands and on the palms, sometimes even in the body you get terrible burning. A person's Kalki chakra catching means he might be down with a horrible disease like cancer, may be leprosy, may be any such diseases or may be that he is about to collapse into some sort of a calamity. So, Kalki chakra must be kept alright, in balance. At least there are eleven sub chakras of the Kalki chakra and out of them at least try to keep some of them

alive so that other can be rescued. But if all the chakras are ruined then it is very difficult to give you Realization.

What is the thing, one should do to keep your Kalki alright. To keep your Kalki alright you must have that awe for God. If you do not have awe for God, if you are not afraid of God, if you are not afraid that if you do wrong He is there with His wrath and that He is a wrathful God and that He is full of poison for us, if we try to do anything wrong. If there is no fear of that, not that it is to be hidden from me or from anybody else but you yourself know that you are doing wrong.

If you are doing something wrong and you know in your heart of hearts that I am doing something wrong, please don't do it otherwise your Kalki will go out. When you have that awe for God and you know that God is all pervading, is all powerful, He has powers to raise us to this state of higher being and also that He has powers to bestow all the blessings that He has. He is the most compassionate God or we can say the most compassionate Father that one can think of. But in the same way, He has a wrath and that wrath when falls upon you, be very very careful. As a Mother, I have to warn you, 'Be careful about the wrath of your Father' because if He comes on you with that wrath,

nobody can stop it, nobody can stop it and the compassion of Mother also will not be listened because He may say that you have spoiled your children by giving them too much of looseness. So, I have to tell you that please don't do anything wrong and do not make me feel bad about it because for a Mother it is very difficult to tell these things. Its very hard for a Mother who has a tender heart and a kind heart for you to say all these things. But I have to request you that don't play about because your Father is full of wrath and He can punish you, if you do anything wrong.

But if you do anything for Him or for your own being, for your self Realization, you will be placed in the highest position. Today you may be the biggest millionaire, you may be the richest man, you may be the greatest political leader, you may be the Prime Minister and all that nonsense. In the presence of God, those who are dear to God, will be placed at the highest positions and not all these worldly things which look so interesting and enchanting to you. The most important thing is where are you as far as God is concerned. That relation you must establish by first finding out your Self, your Atma through Sahaja Yoga and then relating yourself to that.

May God Bless You All



Letter of Shri Mataji addressed to London Sahaja Yogis

My dearest Children,

Thank you very much for the beautiful flowers you sent me. They remind me of you all. I missed you very much all those days of separation.

I hope you get my tapes from Australia. I have said lots of new wonderful things.

I am coming back very soon to enjoy your joyful and sweet company.
Yours as ever
Your loving mother
Nirmala.

Guru Puja on Advent Sunday the 2nd Dec. 1979

At London

A month back, I told Rustam that you must have a puja arranged this Sunday- this is a full Moon day and he asked me what should you call it. Is it Guru Puja or Puja of Mahalakshmi or Ganesha's Puja. I told him "call it a Guru Puja" and he asked me later on, much later, when I was going to India, that why not also have the Christmas Puja over here?

Today is a very important day because long time back when Christ was just a child He read from the scriptures and declared to the multitudes that He was the Advent, the incarnation who is the Saviour. They believed that a Saviour is going to come. Today long time back on a Sunday, He declared that He was the Saviour. That's why Today is that Advent Sunday. He had to live for a very very short time so, at a very young age, He had to declare that He was the Advent.

Now it is remarkable to see that before this, no incarnation said publicly that they were incarnations. Rama, of course, had forgotten that He was an incarnation. In a way He made himself to forget, played His Maya upon himself to become a complete Human being- "Maryada Purushottama" and Shri Krishna also told only one person, Arjuna, just before He was to start the war. Abraham never said that He was the incarnation, though He was the

incarnation of the "Primordial Master". Dattatreya himself never said that He was the incarnation of the Primordial Master, with all these three forces acting through innocence came on this earth to guide. Moses never said that though they knew He was great. He had overpowered Nature but He never said that He was the incarnation.

At the time of Christ, one felt that it was necessary to say otherwise the people won't understand.

If at that time they had recognized 'Christ', there would have been no problem. But still human beings had to evolve further. Somebody had to cross the Agya Chakra in the Virata to go through that door; that is why Christ came on this earth.

It is most surprising that in this tree of life when the roots give out the shoot and the shoot gives out the branches, and the branches give out the leaves and the flowers also blossom out of the same tree, those who know the roots do not want to know the shoot, those who know the shoot do not want to recognize the flowers. This is typical human nature.

I never said about myself because it was felt that human beings have now achieved another dimension of ego even worse than at the time of Christ. You may blame anything. You can call it industrial

révolution because you were away from nature, whatever you may call it. But human beings had lost all contact with reality. They were identified with artificiality and to accept such a great reality is going to be impossible for them. That is why I never said a word about Myself till, of course, some of the saints told about Me, some of the possessed people also told about Me and also people started wondering that how the most difficult thing of Kundalini Awakening takes place with that speed in the presence of "Mataji".

There was a temple in India and nobody knew about it. But they found that the ships which went near a particular spot were drawn towards the shore and it was difficult to ply them back and they had to put double force to take them out of that attraction and they did not know that there was something that was acting; they thought there was something wrong with the depth of the sea but invariably it happened to so many ships. Then, they wanted to find out after all, what was happening to those ships? Why were they being attracted towards the shore? So they tried to find out and when they went into the jungles they found a big temple, and on the top of the temple was kept a huge mass of magnet. So, through rational understanding people reached the point

that "Mataji" has to be something exceptional because nowhere in the scriptures was written down that such an incarnation would come on this earth whose mere glance, even thought, can raise the "Kundalini". Many Saints who are away from the maddening crowds, sitting in the jungles, on the Himalayas, all know about it as their awareness is at a point, where they understand. They understand much more than you do, because you are still children, newly born. They are grown up.

But, "today is the day I declare that I am the One who has to save the humanity. I declare, I am the One who is "Adishakti", who is the Mother of all the mothers, who is the 'Primordial Mother' the Shakti, the purest desire of God, who has incarnated on this Earth to give its meaning to itself; to this creation, to human beings and I am sure that through My Love and patience and through My powers I am going to achieve it."

"I was the One who was born again and again, but now in my complete form and with complete powers, I have come on this Earth, not only for salvation of human beings, not only for their emancipation, but for granting them the Kingdom of Heavens, the Joy, the Bliss that your Father wants to bestow upon you."

These words are to be kept within the bounds of Sahaja Yogis only for the time being.

And today is the day of Guru Puja not my Puja but your Puja as Gurus. I anoint all of you as Gurus, and today I will tell you, what I have bestowed upon you and what great powers you already have within you.

Among you there are people who have still not been able to recognize. My announcement will work it out within them-"The Recognition". Without recognition, you cannot see the play, without play you cannot have confidence within yourself, without confidence you cannot become a Guru, without becoming a Guru, you cannot help others and without helping others you are not going to be in any way happy. So to break the chain, is very easy but to build the chain one after another is what you have to do. This is what you were all wanting to be. So be confident and be joyous and be happy that all my powers will protect you, my love will nourish you, and my nature will fill you with peace and Joy.

May God bless you!

What you have got and what are your powers:-

The other day I told about Shambhavopaya and shaktopaya these are two methods of cleansing people.

One is by which you cleanse people but only few of them. You take a handful of them and keep on cleansing them, so that their Chitta is completely cleansed and then all their five elements are cleansed then the Kundalini is raised, the people get Realization. That is called the Shambhavopaya in which your personality is cleansed out completely,

Another is Shaktopaya, in which there is Shakti which makes your Kundalini rise, whatever may be the situation, and then looks after the cleansing. So, in our Sahaja Yoga we have used the second upaya, for there is no time left for Shambhavopaya. That will be impossible to do it. So, in Shaktopaya what normally people do is, the Shakti-Path. Shakti Path is to make their power i.e. Shakti to fall upon another one, like the reflection, or as we say the light is falling on us. So they let their Kundalini's power fall onto the power of other's kundalini and then gradually raise it.

But then, for that human beings as they are, they have their very laborious methods for that also. They first choose what is the problem of Kundalini and so they will go through all your history, this and that, to find it out. What sort of parents you had, what kind of dreams you have. They analyse you completely. Then they also find out what kind of diseases you could have had. For

example anybody who has got, say, eyes trouble or trouble with the nose or with the throat or with the stomach and all kinds of things are avoided. So you can imagine how many of us could fit into that category. And then they would also find out what sort of life they have led and what sort of parents they have got.

Mostly it was actually done to people who would, at a very young age, go to the Gurus and ask of this Shakti-Path.

Now, because of Me it has become very simple as you know it-this Shakti Path. That is what you have to do is Shakti-Path i.e. you have to throw your light on to others. Shakti is power and Path means to make it fall. So your Shakti can now fall on anybody's Kundalini and it can rise. Now, it was a very very difficult thing. They said that only a person who was Veeta-Raga i.e. the one who has conquered his Raga (राग), Raga means any attachment-all attachments, the one who has conquered. He who is without any attachment and is completely detached in life can only make the Kundalini rise.

So first of all Diksha (दीक्षा) has to be given i.e. the initiation. That you have already got. The day you came to me you got the Diksha. You do not realise that how it happens. Such a lot of things have happened to you telescopically, that you do not realise how many things have

happened to you! So only for Diksha, a person is taxed quite a lot. I mean you have to look after your Guru. Quite a lot. You have to take some fruits and things like that, money also some of these non-sensical people take, but that does not matter. Some Dakshina (दक्षिणा) has to be given because the Guru has to be looked after by chelas (disciples). The Guru is after all not attached to your wealth or anything you give but it is the duty of the Shishya (disciples) to look after the Guru. That is why a little money was also to be given to a Guru-of-course, they are now misusing the whole stuff. Because the Guru has to live some-where, he has to have a house, a little money was also given to him called as Dakshina. But the whole thing is now so misinterpreted and has been taken to such a nonsensical limit that people are just making it an enterprise.

But the Guru had to be something of that level who could raise the Kundalini and that Guru was Veet Raga-the one who has lost all attachment of the World, absolutely unattached, whose Chitta has been cleared so much that there is no greed left in him. There is no temptation left in him, there is only forgiveness in the person. Such a person was regarded as Veet-Raga, and when such a person raised the Kundalini, he could. Kundalini could be commanded by only such rare people.

So first of all you have got the Diksha from the Guru, without any introduction. So the Diksha you have got, you have got the Maha Diksha also, first is Diksha. What is Maha Diksha? The second Maha Diksha is that you are given a name 'Mantra' (only one name is given normally). But this Mantra also is to be taken out because the Guru, if he knows, I mean these Gurus did not even know what chakras you were catching. Just imagine!

So they used to consult your horoscope. You have come at such and such time to me. Today you have come to me. What is your horoscope? So what must be your trouble? What is the Nakshatra (constellation) under which you are born? What were the names of your parents? There used to be a big science about it. They used to count from A, B, C, D like that and reach a point, where they would find the word, say what is the second word, what is the third word like that and then they used to consult some big Shastra (Science) and after consulting that they would find out, what is the chakra catching in you. Then they would give you a Name- "Alright, say "Rama". You go on saying "Rama", "Rama" , till your right heart chakra is clear. This may take two years, three years, may be two lives, may be hundred lives. You carry on with one

Mantra--"Rama", "Rama" only. But it had to be done with all those consultations of your constellations and everything, your family, house, everything and then to be brought to that point, where the chakra is caught. Now supposing your four chakras are caught up, because you see whatever is in the horoscope, denotes what is the trouble you are having, or what troubles you will be having. Physical only, to begin with. So, they would know through your Kundali i.e., through your horoscope, what was the trouble you are having? Suppose you are having trouble in your stomach, so they will go round and round and round and will find out one Mantra for the stomach. Because, directly they cannot find out like the Scientist. Scientists, how do they find out things? See, supposing you go to a doctor. He will take out your eyes, wash it, will put it back, and say eyes are alright. Then he will take out your teeth, make artificial teeth, then will say your teeth are alright. Then he will take out your ears, fix up something new, artificial thing, and say, it is alright. He will take out your heart, examine it, put another one there. It is like this', it is in the same way they used to do it because they were groping in the dark. As you people know about chakras, they did not know what are the chakras that are catching, So you can imagine what a

Maha, Maha, Maha Diksha you have got now!

First is that you have got Diksha, the day your Kundalini rises-is the Diksha. Then, you get your Realization. This is out of question, they could never talk in one breath. You are kept hanging in the air all the time, upside down-just like bats in the night, Then they would consult other things like they would see what kind of friends you have, what people you are attracted to, so the temperaments they will see. From that also they will 'judge. May give you another Mantra, So these Mantras you go on saying hours together with them, all the time reciting these Mantras without paying attention to your other needs and it was when the Mantra was achieved then, they will say, 'alright Mantra is Siddha now for you'. It means that now you can use this Mantra for somebody else-i.e. Rama's mantra only you can use. Just imagine.

Now what have you got? You have got your Realization, alright. But, Realization means that you have got complete knowledge as to what Mantra is to be made for any chakra, whatsoever. You can coin your own Mantras. Then you also have got the power to know all the Chakras which are needing the help. You have got power to raise the Kundalini of other people, You have got power to fix

the Kundalini on to the Sahastrara if it is falling down. You have got the power to cleanse the Chakras of the other people. You have got the power to fix the Chakras also by giving it a Bandhan. You have got power to protect yourself from all negativity through your Bandhan. You have got power to direct your attention to any place by which you can know about anyone who needs your help. You have got power to feel the problem in the collective also, like what is wrong with London? (Put your hands, what is wrong with London? Like this) : Left Heart and Right Heart. That way, everything but mainly Left Heart. Now you have got the language to describe it. You have said left Heart. You have not hurt anybody by saying that. You Londoners are catching on left Heart means what? That means you, you are going against the spirit. You are not interested in spirit-you are materialists, egoistical, you do not care for your spirit. You are trying to harm your spirit. You are drunkards. You are going, to ruin yourself in drinks but all this you don't say. You just say left Heart is catching, finished. You don't even say that you should do any forgiveness and all that but you just put your hands like this and ask for the forgiveness for Londoners on the Left Heart. They are forgiven and they drink more and more and have a worse heart.

So, all these powers you have got now, is to raise the Kundalini and to remove the obstructions in the path of Kundalini. If somebody's Agya Chakra would be caught up, the Guru would not clear this Agya Chakra fearing that his own Agya' Chakra could be caught up. So they had to do the Mantras to be Siddha. Siddha means the one which is proved now i.e. effective. Your every Mantra is effective. You take the name of the Deity and your Mantra is effective- is already Siddha. Like a bundle it has got everything in it, you open it and you get it. If somebody's any chakra is catching, you just say the Mantra, and finished. As you have the knowledge of all the Mantras, you know what it is and you have all the knowledge and it is so secret that others do not know. Even if you do not take the names, you just point out everybody knows what is the matter, where to go, what to say. So, though it is so much secret, it is so much understood between you. See the homogeneous understanding between us. We know what is what and then we do not feel bad about ourselves and about others. Though I say that your Mr. EGO is big, nobody hits me back, At the time of Christ it was impossible to take the name of EGO. Now you can say and now you can see also clearly, your ego, your super ego, your nonsense, this and

that, and everything.

Even if somebody has the power, say, is a born realised person he does not know a word about how to raise the Kundalini. He cannot raise the Kundalini unless and until he has become a SahajaYogi. So, those born realised who think no end of themselves, should know that they have to become Sahaja Yogis otherwise they cannot be effective, they cannot be Kriyavadi, they cannot go into action.

So, all these things you have got within yourself, that you have the full knowledge about the Deities. You know why they get angry, what is the problem, by what sin they get angry. Only if I say, "don't commit sin", finished. You will say, "what is a sin?" Then, you say "don't commit this". But now it is not only that but you try some tricks and you will have it, There is a compulsory Bandhan on you of your Mother. If you try to drink you will vomit. If you do anything wrong your stomach will go out, if you will try to avoid Sahaja Yoga you will have to be there. Because, though, you are not feeling it you have felt inside yourself the charm of Sahaja Yoga.

But there is a group of people still, who have been realised and who are not yet there. What is the difference between these two? Very simple-is the Recognition. Those who have not recognised Me will not be blessed. They

will be going round and round. So, it is necessary to recognise. Now there are some people, I will say, very good example is Shirdi Sai Nath's disciples, now He is no more, so they believe in him. Now where is He? They don't want to believe in the present incarnation. They want to believe in something that is dead. They believe in Rama, they believe in Christ, most of the Christians have this problem. Even they will relate Me to Christ. If they cannot relate Me to Christ they cannot be in Sahaja Yoga or they will relate me only to Moses or someone like that.

You have to live in the present and you cannot conceptualise Me. Your concepts are limited. Supposing you are born here you will be a Christian, if you are born in India you will be a Hindu. If you are born in China, you will be a Chinese. You could have been anything. So, when your misidentification starts working, immediately you know that you are misidentified because vibrations will stop. So the group of people who are in between, the people who are not yet settled down fully into Sahaja Yoga, who are not fully empowered are the people who cannot recognise. And they feel very proud about it sometimes, that they do not recognise. It is foolishness. Immediately your vibrations will start flowing as soon as you recognise. Such

group of people are the people who are coming from various sources of other Gurus and things like that. Then there is a problem about them and such people, when they come to Sahaja Yoga, they get their Realization. I am all generosity, I should say, they all get their Realization, whatever may be the case. Even, the other day, we had a prostitute there, she also got the Realization. And Sahaja Yoga also gives a very long rope. You do not lose your vibrations easily, if you get them properly. But what happens just after Sahaja Yoga, being the light, you start seeing all your defects within yourself. Then you want to deny Sahaja Yoga. Some people start getting the tingling; some people normally feel alright, but in my presence they start shaking or going into contortions. As soon as some people see me, you have seen, they become heated up. They get pain in the stomach, because when you face the light, you start facing your Self. And you do not want to face your Self- the main thing is that those who are not steady in Sahaja Yoga are not willing to face them selves. If they would face themselves they would correct themselves so fast because there is light, you don't identify yourself with your defects. You are the doctor, you have the light and you operate. Also you know how to operate.

If, you are just going to decide on this point that "I am going to face myself, Let me see who I am" all these defects will run away but you don't want to face that. That is why those who get Realization, also do not want to come to it. Those who also get cool breeze they do not think much of it, because if they think much of it they will have to give up their ego, which they are identified with all these years. Moreover, they will have to see themselves. They say, "No, I am not better, I am getting tingling, this is happening and I am feeling needle and pins in my body, how can that be? It is not helping me, Sahaja Yoga is taking me backwards"! They will start blaming the Sahaja Yoga for it, instead of seeing to people who have improved.

But whom are you blaming? You are blaming something that is going to save you. You are blaming your saviour. It is better to see your own problems, your own defects and come out of it. To be very kind to yourself is this that you get rid of all these serpents and scorpions and all those things that are hanging around and just become pure. The light has come. In that light you should start seeing what is the Truth. Then your misidentifications will drop out and your real identification will be established, otherwise it cannot be done. **You must learn to face yourself, Never justify.**

Now some people have the habit of justifying even their son or their brother or their wife or husband. You are not helping them by that. Then these negative people have nature to go together. Always two negative people will join together to put up a show. I am surprised that they don't have a union here, otherwise you could have negative people's union against Mataji. I mean you could be facing like that because they always combine and there is a big fraternity among negative people-big fraternity. Because you have seen that those who are robbers, they always combine together. They are very friendly, they keep all the secrets. **But two good people, if they combine, the whole world can be changed.** So you must understand that try to go to a person who is positive, otherwise you cannot develop your Sahaja Yoga. Whoever talks negatively, do not go near him.

But in this country there is another group of people. Because you are going to be Guru tomorrow, I am telling you all types. They do not want to face themselves, but there are many ways by which they avoid it. One of them is, that as soon as they get Realization, they start analysing it. You give them anything, they will start analysing it. In this country they think they can analyse everything. I do not know from where they got this

idea. May be these scientists, may be these psychologists, may be intellectuals, so called; they might have given them this idea. They think that they can say that, "this is so because of this reason". But, you have not yet got your eyes opened, you are such little babies still, how can you analyse all these things? But you start analysing everything, "why this has happened? Why that has happened?" Once you start analysing, talking about it, analysing about it, you lose everything.

What you have to do is to receive 'it', assimilate 'it', take 'it' more and more, expose yourself to 'it'. Do not find faults with Sahaja Yoga "but know that there are faults with in you which can only be corrected through Sahaja Love.

There are people, who even come on to me, "Why didn't you do like this, Mother? Why didn't you do like that, Mother?" I think I know my job very well. They try to teach Me also, "You should have done like this, you should have done like that". Whichever way you do, if somebody is Jack in the Box he will always come up, because that is the nature of the person. So you change that nature, remove your springs a little bit, settle down and these springs are nothing but this analytical business. Such people, you meet many. So how to approach these people? What I have

done about these analytical people, that is what you have to do with them. Now listen very carefully you give Realization to some body. Alright? And the person feels cool breeze in the hands. Now he starts saying, 'so what?' Now you tell him that you did not get them by thinking, did you? Or through analysis. You never had them before you have got it now. Now what are these? You cannot explain. So it is some thing that has happened to you now beyond your thinking power. It is higher power than your thinking. It is the thoughtlessness. If some one is thoughtless they think he is a madcap.

So, when you talk of thoughtless awareness, they think you are primitive, because you do not think. It has really happened through a power which is much higher than your thinking. By thinking what have you done? By thinking you have cut your noses, cut your eyes, cut your hands. Everything you have cut. Now you are going to have a big war; wonderful thinking. So, you tell them by thinking you never got it and this is some higher power. Talk of higher things that has given you this. "So if you want to be in that higher power, than the lower power of thinking, you just have to put thinking down". That's how they will come round. If you try to say "Oh please don't think". "What, don't think. Is it not even thinkable. I mean it is that useless?"

This is to tackle, these people who are egoistical, who think and who do not accept even when they get the cool breeze. So, gradually you help them.

Then for a Guru, as you are now. You have all the knowledge, all the power and everything. What you lack is the confidence and you have inertia. I do not know how this inertia is going to get out? Sometimes, people who are that inert, they also have a use. They are put in the cannons and blasted in the circus, so they can show their feats. They are so inert, that nothing can disturb them.

But you are my children, I have made you after the image of Jesus Christ, of Shri Ganesh. All their powers are available to you.

But this is one point, I fail sometimes, I don't know how to remove your inertia?

Because you have not practiced Sahaja Yoga, you have not gone into any practice.

You have got it very easily, cheaply. You do not understand its value and so you just want to have it as a side track. You have to discipline yourself. Unless and until you discipline yourself, I leave it to your freedom because I have always believed in the freedom of my children because I think that they are not that low type that I should put freedom on them as a bar, that they should not use their freedom.

You are absolutely free. If you want to go to Hell, I will give you a chariot to go there, direct. If you want to go to the Heavens, I will give you a Vimana (aeroplane) to go there. So it is for you people to become dynamic and to have confidence in you. You know every Chakra, you know the rising of Kundalini. You know everything, so you can take it upon yourself. The person who can take it on himself.

I can be very angry with all of you. Very simple. But, no, I have to get the job done. I have to talk to you nicely, I have to scold you sometimes. I have to ask you this way, marinate you that way sometimes, put little grease some times, do this, do that sometimes, give some heat at other times cold sometimes. I manage them somehow; bring them round and treat them in such a way that they are there.

In the same way, you have to treat those people, not get angry with them. To get angry is the easiest way, then there will be no problems. Once I get angry with you all, I will have my own peace, no problems. But you have to be really very very patient with all of them. Extremely patient-your language must improve. "Please" "I am sorry", you have lots of words here but I think they have lost their value.

So we come to one point. We must

feel from our heart, we must feel from our heart, that we must save this man. We have to help him. But sometimes you have to scold also because you will find most negative people are the greatest fussiest everborn. They create the greatest scenes ever possible. They will show off the maximum. All this is possible when all this is over then there will be the beginning of Sahaja Yoga. But such a layer could be a load, so you have to decide whether you are just a load on Mataji. Have you come here to say that my Father is ill, my mother is ill, or get me a job or do this or do that. All these things are good for-nothing, just useless. To my mind its absolutely useless, it has no meaning. Just don't think much of it. But now you should be alright, use it, in the same way you should talk to others in such a way, why are you bothering about this? What is the use of it, what have you to do? In life when you start talking like that your wisdom will rise and every thing will get changed. Gurus have to know from where their power has come and they have to be ideal

characters. You should study me how I talk to people, how I show my complete ignorance even when I know how they are caught up. I never tell them that they are horribly caught up. Till they start shaking there hands and absolutely they go beyond. I never tell them personally. In the same way you should also not tell them that they are possessed, because that may affect people. Any curt answer, any sharp answer is not going to help. It is the thing you must understand that Gurudom is different and to be a Guru is different. You have to be extremely soft and very sweet otherwise all the madcaps will run away and they will be shocked. They may not be good but tell them that they are good. You have to talk to them sweetly, you have to go all out, bring them round, do every thing. Today you all have to take a vow that you are Gurus and so you are going to show that you have manifested your Guruness. When I come back I want to see what you have done, all of you. All of you should get to it.

May God Bless You

First talk of H.H. Mataji Shri Nirmala Devi delivered in Maccabean Hall, Australia on 22-3-81

To all the seekers of truth. It's such a pleasure to come to this great country where there are so many seekers. So many seekers are born in these modern times. There were never born so many, any time before. For example at the time of Christ, He had to gather crowds of people but they had no seeking; they just listened to Him because they felt it was something new. Today, the time has come where many seekers have taken their birth all over the world and they are seeking. This is a fact one has to accept, there's no hypocrisy about it. Some people don't understand that the seeking is there and that whatever they're doing, right or wrong, actually they are seeking within themselves.

Today, in the beginning, I will give you a broadline of Sahaja Yoga, the one that means: a spontaneous happening within us, of union with God. It's easy to talk about it, anyone can talk about it. First, when I went to America, people said, you must get a patent on your lectures, Mother. I just smiled at them. I said, what's the matter? They said, they might use your words and use the same things for their own purpose and may be that they all do a lot of harm to you. I said, no, it's nice, let them talk about because that's what has to happen, people have to know about it,

what is there to take a patent for it. We don't take patent for the light of the sun, and the beauty of the stars. That's meant for everyone. The main thing is that these lecturings and all such ventures are of no use at all unless and until the happening takes place. It should happen to you. It's an actualisation, it is the Becoming which is important. It's not reading about it; it's a living force which is going to make us a higher personality: a prophet. As William Blake has very clearly said, that men of God will become prophets and the day will come when these prophets will have special capacity to transform other people as prophets; that time has come today. William Blake could see hundred years back the working of Sahaja Yoga and today you can see the actualisation.

Before you today they have placed the diagram of our being. It's a very complicated stuff; they are trying to make it a simple diagram for you though it looks still complicated. For example when you are sitting in this room supposing there was no light, one has to just tell you that, just push the button and all the lights will be on. But behind this happening there is a big mechanism and a great organisation that does it. It's not just the pushing of a button. Now my situation is such that I can push the button, alright but people want to

know the history and all the headache about it; so I have to explain to you what is it about. Here you see the subtle force, the subtle being within us. This is a human being which has evolved to this stage of awareness and that he has to become that dynamic awareness. If you try to make any instrument, say for example you try to make this microphone; people would definitely ask, what is the purpose? Until it is connected to the mains it has no purpose at all. In the same way you are created to be beautiful human beings and you are to be connected to the mains, otherwise you do not find your absolute value.

Now the Kundalini about which many people have talked. I mean they have written books after books, and I was shocked for they do not know anything about it, and how could they write such big books; from where did they get the knowledge? This Kundalini is a very simple thing. It is the pure desire within us, that one has to become one with the Spirit, is the pure desire. So that through the Spirit, we know God. This pure desire, this power of pure desire exists within us as Kundalini. The whole being manifested, but still it is sleeping. It's completely there, after creating the whole being as a human being -still it is sleeping, because that power of desire, has not got the chance to manifest

itself. Now for this desire of power, people think that you can excite it or something. Some people have started enterprises of Kundalini Yoga, of Kundalini awakening; it is not a commercial stuff, it is not! It's a living process. You cannot commercialise it. You cannot pay for it.

We have got brains, we are human beings, we must understand that we cannot pay for the Divine Love. On the contrary, you insult it, if you talk of money. God does not understand money, it's your myth, human beings have created it; He does not know what money is. You cannot pay for it! You cannot put in any effort for it. For becoming a fruit, a flower does not put in any effort or pay any money. How much money did you pay to become a human being from a monkey? What effort did you put in to do that? It is spontaneous. Like a seed which sprouts through its primule and the same primule becomes the root and the shoot and a little cell at the tip of the root works out all the digging by itself, spontaneously. Only living things can be spontaneous. And then the shoot rises by itself, becomes the leaves and becomes the flowers and then the fruit: the whole map of its being is microscopically placed in that seed. In the same way within us is placed the primule, the germinating force, called as Kundalini. And this force which exists within us in three and a half coils

(there's a big mathematics about it, which I think I cannot discuss it today, but sometime we'll discuss it). Now it is very important to see the position of Kundalini : it is placed in the triangular bone, this bone is called sacrum; the sacrum word comes from the Greek language. Greeks must have known this that this is the sacred bone, so they called it sacrum, It's most surprising. When they came to Australia, some Greeks, they must have felt the vibrations of your river, so they called it Parramatta. Have you ever thought of what does that mean? It means the Holy Ghost. 'Para' is beyond, supreme, 'Mata' is the Mother. Some realised soul must have felt the vibrations of this river and they must have named it. In the same way they must have felt that this bone is something special, and this is the last bone that gets burnt up, when the body is completely burnt under electrical pressure. Now this force resides in this bone, and you can see with your own eyes; today in the University many students saw it: the pulsation of the Kundalini in the bone. Now can you do that, anyone of you, by jumping or by shouting or by screaming or by chanting or by paying. Whatever you can do cannot be Divine. Divine has to be something that is beyond human endeavour. You can jump, you can shout, you can do this, you can do that, but you cannot transform a flower

into a fruit. And this miracle you see every day, billions and billions of these, we take it for granted. We have taken our human awareness also for granted, it's a good thing, otherwise we start thinking about it, we go into another tension mounting upon our heads. Now this force lies above the first centre.

The first centre is called as Mooladhara Chakra. Now this is a very big confusion, one of the biggest in the modern times. As it is, modern times are known to be full of confusions only. Only in confusions we have to find the truth; unless and until there is confusion, there cannot be that seeking. And this confusion has reached such a stage, that we are confused even about Kundalini. And there are people who have worked hard to confuse us also. This important point, that the first centre within us which is the centre of innocence is placed below the Kundalini, is extremely important to understand. And that Kundalini resides in the triangular bone which is Mooladhara. So the centre of this power lies below the Kundalini. This is a very important point which I am going to tell you today. The last centre within us, the seventh centre within us, manifests the pelvic plexus, that's the subtle centre within us, which is below the sacrum bone, is a subtle centre. It looks after the prostate gland. Now this is the centre of innocence,

innocence is the first thing God has created on this earth: is holiness, is beauty of God, is love. And this innocence resides within us below the Kundalini and in my next lecture in the same hall I will be speaking in details about it, how it manifests other aspects in our life. But why this is an important point, that it is placed lower than the Kundalini because it says that our excretion is done by pelvic plexus which is manifested by this particular centre called as Mooladhara Chakra, has nothing to do with Kundalini. **It is very important to know this fact, that sex has nothing to do with Kundalini.** If sexual manifestation is going to take you to God, animals would be much faster in their evolution than you are.

We have nothing to learn from animals. We are human beings. Those who want to learn from animals will become animals. Are we to become the frogs and earthworms now, or we have to become a superior personality? A personality who is completely in command, who is the master. Or are we to be slaves of our problems? How can we become masters of ourselves if we give in to our own being, to things that destroy us. So one has to understand this point very very clearly, that sex has nothing to do with Kundalini. It cannot! Before us is placed Christ. I'm surprised that people who have known

Christ, how can they accept such an absurd thing, like by doing sex in a perverted manner you will reach God. Are we now going to become just sex points? Have we no self-esteem left in ourselves, to understand that we are much more than a sex point, a mere sex point. This is the best way of ruining people. This is the best way of enticing people, but I tell you, you are seekers, out and out you are seekers! You must not listen until you have found out your spirit. You are not going to be satisfied with all these nonsensical ideas. You will come back, I know, one day all of you will have to come back. But that time you will be so ruined, that I may not be able to help you. It's a very clearcut thing to understand, that sex has nothing to do with Kundalini awakening. She is your pure Mother, She is the Mother who is individually with you. Forget your concepts, and forget your identifications. Please try to understand. She is your Mother, waiting for ages to give you your real birth. She is the Holy Ghost within you. She has to give you your Realization, and She's just waiting and waiting to do it. I have seen some people, who have a Kundalini, which just, like a wounded serpent is bending Her head all sides and just breaking Her body; I have seen people with holes in the Kundalini; how much we have harmed ourselves by foolish ideas, by listening to

those people who are just trying to make money out of us, and befool us. There are some destroying forces that have come on this earth. Not some, but many and they are very speedy. It's very easy to destroy something, but to construct is such a difficult thing and to construct something living is even more difficult. Just we are enamoured because we think it's easy. There are people who think that if you enrol yourself as somebody's disciple you'll be saved. How can you be saved? You have to grow yourself. You have to become. You must know what powers have you got from anyone of them. Those who say that you should have sexual freedom, O! the animals have all that, what is so special about getting a sexual freedom. I can't understand, I mean in India you know how much people are producing children without going to anyone of these gurus. On the contrary these gurus make you impotent and they teach you about the sex so that you feel as if the sexual act is a very big thing to be achieved; it's such a simple thing to do and for people who are impotent it is a great thing, no doubt, but for people who are normal and natural it's so simple, just like going to the bathroom. Why make such an ado about things which are so simple. This has gone too far now. They have also suggested that, you can raise the Kundalini by sex. It's like the

Mother being connected to the child in a very dirty manner. People might say the Freud talked about it. Freud was another half baked fellow, I must say. Absolutely half-baked without any wisdom about him. He must have had some problems like that himself, he was an abnormal personality to begin with. Apart from that all these, psychologists meet only abnormal people. Do they meet ever a normal personality? Who will go to a psychologist who is normal? Always mad people go to them. And these psychologists catch from the mad, and become mad. And then they start teaching you something which is really maddening. Now he was so half-baked that he just saw one side of our life. He didn't know that there was another side and another side. And for him sex became so important, he could see perversions and things and we are really flabbergasted at that. Those who are simple people, say in Indian villages, if you tell them like this they'll say what's wrong with the fellow? He must go to lunatic asylum.

Now we have to see what have we achieved so far as a human being? What are we as a human beings and what we have to achieve? If you see in this diagram (of course you should not take me for granted either). Today as in the T.V. they asked me a question, that, do you mind if we doubt, I said no, on the contrary, I'm

very happy, it shows that you are so very free, You have to ask me questions, but when it comes to these fake gurus, you just go headlong. You are so mesmerized you do not even think what you are doing! And you don't even see what others have achieved. You see some people jumping on the street, you also join them. You don't want to find out what power they have achieved, what is their situation, are they better off than us or not if they have been cured of their troubles or not. On the contrary if you find them you'll find that they're recluses. They're even afraid sometimes, I've seen, of vegetables. If you show them a garlic, they'll be frightened. Some of the gurus have this problem also. They are told that you should not take any garlic, so, if you show them a garlic, they'll start jumping. What is this? Are we going to be frightened of garlicks? Are we going to be that kind of a horrible human beings who are frightened of this and that.

Now, within us lies on the left hand side, if you see, is the power of desire which comes more from the right. In sanskrit it is called as Itcha Shakti. This is the psyche about which Mr. Freud has talked, part of it. You see he is a blind man leading everyone into doom, like him. Now this one is our past, is our conditioning, is the one that is our subconscious mind and we have a subconscious mind no doubt. But

that's not everything that we have, we have many other things. Now this subconscious mind within us has an area beyond it as the collective subconscious and that's a dangerous area when you enter into that area, you contract diseases like cancer. You know that in Sahaja Yoga, we have definitely cured cancer. And I was amazed that those people who have got cancer and who came to me have got cured, were all affected more by the left side than the right side. And that you can find out yourself once you get your enlightenment and you become a realised soul. On the right hand side there is another power, which is called as the power of action. You desire something, and you have to act is Kriya Shakti. This is the future. Beyond the future lies the supraconscious area, or the collective supraconscious. People have talked about it without telling you where is it within us. They have talked about Christ. Where is Christ within us? They have talked about Krishna, where is Krishna within us? What is the proof that He exists at that particular centre within us? In the centre lies another power by which we have become human beings. The evolutionary power, the sustenance power, the Religo, the religion, not the religion that we see but The religion. Carbon has four valencies, gold has a quality that it is untarnishable, in the same way a human

being has got ten sustenances within it. And this sustenance which sustains it, which says he's a human being, is the quality of a human being. So, we have three powers within us, in Sahaja Yoga language we call it differently, to make it simpler. These three powers exist within us. But the central power is a little cut off, if you see, there's a gap. This central power by which we evolve, has not yet been connected with the mains and the cord is the Kundalini. In our heart resides the spirit. In our heart it resides. It is the reflection of God Almighty. "Unless and until you have got your self-realization, unless and until you are connected with it, every religion, everything that you do has no meaning, it's like telephoning a 'person without any connection. You spoil it. So you have to get connected. As today they asked me another question, which was interesting, about Hatha Yoga. I said nobody's doing Hatha Yoga; they are doing some exercises most indiscriminately. Because attention is on the body, and that's why they are just doing something without understanding why certain exercises have to be done. Acutally the real Hatha Yoga of Patanjali, you have to have Ishwara Pranidhan; that means first your God must be established! First you must be connected. Let the Kundalini rise and then know what chakras are catching,

what exercises are needed? What mantra is needed? We have great organisations in this country, and everywhere else where they give a mantra. Now just think of it! There are six centres; these are the basic centres, there are many more, I don't want to tell you the number, otherwise you'll be surprised. But six main centres and two on the left and the right are sun and the moon. And at the bottom is the seventh one.

So you can see there are nine centres, basically we have to know and there are nine deities' on these nine centres. How can you give somebody one mantra? Supposing you have to pass through six gates and you have only one pass, of the fifth one and you are at the first gate, how will you pass through? These people have no idea! And they have given such horrible mantras I was shocked. If you tell Indians they'll be surprised. One of them means 'tinga' means (thumb). Can you imagine this could be a mantra, like this. It's such a ridiculous thing to say. Horrible things like 'inga, pinga, tinga', these are no mantras, this is nonsense! And it's a mafia going on. They come and tell you in your ears, you see you are not to tell it to anybody, I was most surprised that at the end it was the 'fallopian tubes! I said what? Fallopian tubes! How can that be a mantra. And we take it! We take it, we pay for it; people had

paid £3,000 and they are given to eat for one week, for £3,000, the boiled soup of the boiled potatoes. Just that water, for 5 days! and one day the rind and one day the potatoes, to make them weak so that they could become completely out of their minds and then they can be mesmerized very well. Be careful about these horrible people! They know that you are seekers, and ardently you are seeking. They know that you have money and they want to, play upon your ego by saying that you can pay, you must pay, how much money have you got? Those are all parasites of the worst type! These are all parasites, remember, and the day will come when you recognise them, when you'll be falling on the streets with epilepsys and all kinds of diseases and then you'll be coming to me. There are already so many people who are coming to me in that condition. I have to warn you again, be careful and understand that these people give no knowledge whatsoever, they are just mesmerizing you, not only because they want to make money but they are bent upon destroying the Kingdom of God. They are bent upon destroying you all because they are satanic people and they want to establish the kingdom of satan. For us, it is easy to take to these things, it's very easy to fall, as I told you. But to rise is difficult. It's not so difficult also, spontaneity is so simple, if

you know the job you can do it. If there's a beautiful garden you can easily find out that there must be a gardener behind it who has done the job. If somebody knows the job he can do it.

Now this central path is the path through which one has to rise. The Kundalini rises through a very thin line of Brahmanadi. In the beginning only a hairlike thing rises, it pierces through; in some people, of course, in a big way it rises also. And then it pierces this fontanel bone area which is a real baptism, real. Today only, people felt the cool breeze coming out of their heads. Can you do that by jumping, or by paying money? They felt the cool breeze in the hand. It's written in the Bible, even in the Bible very clearly, that it's the cool breeze, cool breeze is the sign of the Holy Ghost. You start feeling the cool breeze in your hands and you start feeling the cool breeze on your head. This is the actualisation. Of course, you people don't read other books which are very good, like Adi Shankaracharya. People don't even like the mention of his name who has really and clearly said that it is the cool breeze; the chaitanya is to be felt like cool breeze in the hands. They do not want that you should know the truth. And this is the truth that when you get your Realization, you have to feel the cool breeze in your hands yourself. You have to judge yourself. I'm not

going to tell you, it is you who has to see, it is you who has to feel, and then you have to grow and you have to know all and everything, all the secrets of Divine Science. You become the master then, you are the guru. You are the Spirit, and you should get it, it's your own which is given to you. I have nothing to do about it, I am just a catalyst. I should say, you can do it yourself, once you get Realization you can give Realization. Actually Warren came to me, and Terence, and they had been really lynched by all these gurus, and they were so unhappy. Just before leaving for India he telephoned to me from Australia: 'Mother, we have got your telephone, can we come and see you?' and I knew they were seekers. So first, I caught hold of them. You see, I don't work much in the cities, I work in the villages because villagers are easier to get Realization; the other day we were in a village called Kadus, where six thousand people got Realization, it was announced in the paper. So, in the cities these gurus work out because they want money and the purse, you see, it's there in the cities. I work in the villages. Poor things had to go to the villages where they don't even have proper bathrooms, you have to go to the rivers to have your bath and things and it was very spartan for comfortable Australians. But they managed it somehow. And they got

their Realization and when they got it, when they came back here they have given Realization in the first shot to 300 people. And now they know such a lot about Kundalini, about awakening, about enlightenment. It's all logical after Realization, before that it is blind rationality, which doesn't understand anything. This Kundalini is there, your own, Sahaja. 'Saha' means with, 'ja' means born; it's born with you, it's within you. It has to only rise with authority, with a person who knows how to do it. One should not feel hurt about it, because I'm doing it, you better do it, I'll be very happy. You see, I'm a very happily married woman, you know, I don't need any thing. My husband has permitted me to go about doing this because he knows nobody can do it. I'll be very happy if you can do it, really I would like to retire. Moreover why should you feel bad if I do it? After all there are so many things I can't do. I can't drive, I can't type, I don't know even how to open your tins, I'm so hopelessly bad. So what is there to feel bad about it if I know how to raise the Kundalini and when it is your right to know yourself and to get it within yourself so that you achieve your real baptism, your real force, and once you have achieved it, first thing that happens is that you become a different personality. You become something so different.

The other day a gentleman, old man, who met me in Singapore long time back, he told me that: 'Mother, after Realization, actually I've not even touched it fully, but one thing happened to me, I just gave up gambling, smoking and drinking, just like that. What happened to me? I said, when you have found out the real, you give up. When you have found the real diamond, of course, you give up the artificial ones. Because you are bored stiff, because you find life so boring, human beings so boring, life so boring, so uninteresting, full of tensions, full of cruelty, full of problems, you want to take to these things. But once you've found out your absolute, your sense of security is absolutely established. And the joy and happiness, the bliss that is promised to you, starts pouring down into you. You feel so relaxed. Apart -from that, so many things happen to you that it is hard to tell you in this one lecture. I'm going to have many other lectures for you. Now first thing that happens is that physically you get fit. It's not that I'm going to go to the hospital to find out who are physically unfit and start an enterprise: alright, pay so much money to cure this disease and all that. No, I do not know how many people I've cured, really I do not know, believe me. And I do not know how many of my disciples have cured. It's like the sun shining, it does not know how many leaves

have become green. You do not keep notes of people whom you love and whom you feed...Do you write down how many morsels you have fed the person, do you? This is love. Why do you need the proof? Why do you need, you are not paying me anything? Do you want to have any proof of the sun? You are not giving me anything! I'm not selling anything! There's no shop on ! You have to get this gift. You have to get it. So why do you want to judge me? If you don't get it, better try for it. What are you going to gain by knowing about me, it's not easy to know about me. It's very very difficult. I'm such a camouflage. It's a very difficult thing to know; Better thing is, you know yourself, then you'll learn. Unless and until you know yourself, you won't know me. So no use asking me questions which are rather embarrassing, I won't be able to tell you; because I've become very clever now. Krishna, just told one person, Arjuna. He said, give up everything and follow me. He said that after Yoga you'll get the Kshema, means, well- being. Not before. You get the well-being, physically, mentally, emotionally, materially, socially, in every way. And spiritually! He said after Yoga it will happen! Not before that. And that's what is going to happen to you when you get it. If you don't get it today, "I don't get! disappointed. In that great England, the Jerusalem, according to William Blake, I

have to work very very hard. I've worked on only six people for four years, can you believe it? Very difficult nuts to be cracked, you see. But once they were cracked it has blown up like anything. And now we have thousand of people who are realised. Of course, do not keep any records of them, there is no organisation, nothing. You know them through your vibrations by which you know that they are realised or not. Because you become collectively conscious, you become; again and again I say, it's the becoming. You start feeling others and you start feeling yourself. It is important, vital, absolutely. The thing for you to do. You have to get it, if not today then tomorrow. Why not do it today, it's a good idea. But after getting it one has to know that as Christ has described, some seeds fell on the rock, in the same way it happens, you have to look after it, you have to make it grow, you have to master it, and you have to become the guru yourself. And as I told you this morning, you better go and ask all these gurus to pay back the money. This is best way we can understand that it's beyond rationality. I'm talking about the unlimited; our rationality is limited, our brains are limited. But many things can be understood. So many people reached the conclusion that it is the Kundalini awakening, is the one which is going to give us Self-Realization. Through their

limited brain only, they reached it. They also reached so many conclusions, that like persons like Jung, the disciple of Mr. Freud the great, was such a sensible man that he said you must get your Realization, you must get your Self-Realization, and he prepared the ground for Sahaja Yoga, for he said, when you get your self-realization, you will become collectively conscious. He talked about it.

So, one has to understand that this is not only what I am saying, this has been said by all the great saints, by all the incarnations, by all the great prophets. Mohammad said, you have to become the Peer. But you know what they are doing about religion now. I do not want to fall into controversies but you can yourself judge, what have they done out of these incarnations. You give them the best thing, the highest, they know how to spoil it. Like, I would say that Hindus were told, that Atman, the spirit resides in everybody. They had no business to start the different caste system, which depends on the birth. Actually jati (caste) means a person born with certain aptitudes. For example you are Brahmins, because you are Seekers, you are seeking the Brahma, so you are Brahmins. Those who are seeking the power say, we seek in elections are Kshatryas. Like that, these are the aptitudes of personalities which determine

a person's birth. Actually the one who has written Gita himself, was Vyasa, was an illegitimate child of a fisherwoman and how could he say that you are born in a Brahmin family. It's a capacity, a category, You are in the category of those Seekers. You are the ones who are going to get Realization, that's why you are the Brahmins, and this category can be anywhere. It can be in Islamic world, it can be in China, and it can be in Russia, it can be in England, and it is in Australia. I have through my husband's job, been to all these countries. I was amazed. I've given Realization even to Russians; they are very good for Realization. But they'll take time to understand it to that extent. Because you are really free people; you are the people who are free, democratic, can have more open mind, to understand Sahaja Yoga, to achieve it to much greater heights. But still I would like to say that freedom doesn't-mean abandonment. It doesn't mean that. Say in a plane if all the parts of the plane want to have freedom, what will happen to the plane, ultimately? We are part and parcel of one whole being. One Primordial

Being, the macrocosm, and we are cells. We have to relate ourselves to the whole and so we have to find out our relationship, the coordination between different cells, the love, the love between.

Last of all I would like to say it is the Divine Love of God, is the grace of God which has made you a human being and it is His grace which is going to make you a supreme human being. Because He wants to have that power to flow through you, to make you a hollow personality; like-the flute of Shri Krishna, so that you might feel His power and you manoeuvre it. And you enter into the Kingdom of God, because He's the Ocean of love. He forgives all your so-called guilts; what guilts can we have, what sins can we commit, only you are like little birds who sometimes feel guilty for bringing a little straw from outside in the house. He is a loving Father, He is a Father who is the Ocean of Forgiveness. He cleanses us completely, and He grants His beauty to us, and you become His own children, who have been granted all His powers, in their own beauty and its glory,

May God bless you!

TRANSFORMATION

A beggar I was,
Wandering in the dark lanes
Of fusion between the world and the hell,
Ruled by Ego.
Until, I felt the touch of the elf at my crest
And the volcano erupted
But thereafter,
Flew the moist florets embellished with love
Resembling,
The raise of the curtain from
Between the source and the navigator;
Giving a vision of the vicinity;
Which earlier was only dreamt of
Due to the absence of medium of sight,
Facilitating the process of navigation.
You held me carefully,
Lifted me lovingly from firestones
To gently place me on the floral carpet of Eden.
The flowers blooming with
The emancipated fragrant love;
The soil full of divine tolerance and patience;
The light sparkling and reflecting radiance;
The sky vast and engulfing.
Gave momentum to the titanic endeavour
Of union with the Cosmic Throne;
Made the resurrected matter enter.
The borderless Kingdom;
Let me thrive on the infused energy
Gifted by you.

And evolved a beggar to a King
But paradoxically;
Bestowing upon him perpetual servility.
Transcending him from all worldly stages,
With his embellishments;
Changing from dime-worth metal
To the priceless divine ornament,
Making him clad
In pure snippets, taking away from him
His dirty royal attire
This flame
Melts the ego;
Sublimates the eeriness.
Resultantly, the darkness evacuates.
As it forces its way in,
It evicts all negations.
The only feel, matter can understand
Is the feel of utter bliss.
Liberated the soul
From all bounds and powered
The matter to create transcriptions
Of what it felt, fulfilling all desires.
But still;
There remains a silent fire
To never stay apart and dissolve;
In your arms completely.
And there is an uncanny belief;
On this silent urge.

Teena Bhandari





