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The Divine Cool Breeze



God doesn't care for people who are rich and well-off or people who are poor. What he sees is what richness you have got of spirituality. He doesn't bother about your education, of your degrees, of pompousness etc. What he sees is how innocent you are.

Her Holiness Mataji Shri Nirmala Devi





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Diwali Puja



Los Angeles - 18.11.2001

(Pravachana of Her Holiness Mataji Shri Nirmaala Devi)

It's a very-very great day today, I should say, where the evil has been suppressed. Where evil that spreads its power all over is only because of two factors; one is that you are not knowledgeable, you are staying blind and you follow things which are not right but you think are powerful. This illusion creates not only problems but absolute destruction. So we faced a very big challenge, no doubt, and it was easily solved. It was based on all wrong basis just to create a problem. Problem was created with a purpose and nobody could imagine that it would be solved so easily and so quickly. My desire was to get over it before the Diwali, that has happened. Due to ignorance also people do lots of things. Anybody who follows some religion or some sort of a thing, it's only because they are not aware of the truth, they are ignorant about achieving the truth, and they cling on to the fact that they know everything. With all this happening there have been so many factions, so many stupid people, who are getting completely ruined by ignorance. Now before coming to Sahaja yoga, you know, all

the knowledge is very subtle, very subtle; it's not superficial knowledge, it is very subtle, and because they don't know this subtle knowledge they fall into the wrong path of, I should say, ignorance and then they try to oppose the people who are doing good. But above all, is the power of God. All this drama is played to prove the existence of that great Power. It has all worked out so well and for all of you, Sahaja yogis, it's a very great achievement that you can see the play. Many people who have achieved so called success cannot see that, but you can see it because you are spectators. Though all the world is a part-and-parcel of the drama, you are outside it, and so you can see it so clearly. Whatever has happened nobody could have believed it that it would finish before Diwali.

So it goes like this, the stupidity which is being created and we also sometimes think that this kind of stupid thing will impress others. Impression is not the point. If you see among all these people who are lost, what impression have they created? They were there to create a great impression

on you to show as if they were great warriors and fighters but what impression they have created! Whether you are a realised soul or not they can see that it's a miracle, it's a miracle, how things have worked out, Now the new phase has started. You all have a very-very open challenge to get people into enlightenment. People are not so ignorant now, they are not so much blasted. Moreover, I find them very much changed. Their attitude towards truth has changed, and they understand there is truth beyond all this that they have gone through. It's very important because if a human being starts thinking this is the truth they just get stuck up. At any cost whatever may happen, he will go on sticking to that. He won't be able even to verify whether it is the truth or not.

Animals can make out because they have got innate capacity to smell the evil, innate. We cannot, human beings cannot. If there's a evil man, a dog will bark at him, otherwise it will go and throw him down. It will do everything which is not normally done. How is it he has developed this capacity to find out who is a thief and who is not? We have a higher awareness. We think about many things which animals cannot

think, we understand many things which animals cannot understand. We cook our food, they don't. But also sometimes I think we cook our brains because the way people behave and try to avoid the truth with their ego is surprising.

All this happens. It is a drama, as I told you, but you better study it properly and apply it to yourself and see if you are also a part-and-parcel of that drama. For that you have to rise higher, you have to rise higher, higher above your ego and your super ego, your conditioning and from there to watch yourself, to see yourself. What is this? Why am I doing such and such thing? Why my attention is like that? What is the main reason for my own possession, I should say, or for my own misunderstandings? Why do I accept wrong things? Once you start seeing that, and if you find even a wee bit of such nonsensical understanding within you then you can forgive also people who have been absolutely brain-washed, absolutely brainwashed and they did everything under that influence. As it is now you have risen much higher than all these people and much more aware than all of them. So you have to just understand this point

and then you can forgive all the mistakes they have committed. And for the people who are actually bad you don't have to worry, that's the work of the Divine power to destroy them. Watch yourself and see for yourself if you have any of such ideas, any lingering either. Try to cleanse the mirror so that you see your complete image and try, look at, then try to cleanse it. It's very important that you should cleanse yourself.

There are people who have done lots of wrong things. I simply pity them. They have done wrong things, it is their responsibility to see what they have been doing. Why they have been doing it? What is the need to do that? All this introspection will work out so well, then your real powers will come, your powers of giving realisation, your powers to understand the problems of your country, of the whole world. And once you feel that you are the soldier to fight it out, you have the responsibility to fight it out, then things will work out. You cannot leave everything to the Divine Power. You have to use the Divine power and you have to work it out because you are the soldiers of Divine. Of-course, with that beautiful idea you start cleansing

yourself. You need not know everything as to what things are happening and how they are happening, how they are working. That's not your work. You are a soldier, so you have to just fight, fight the ignorance, your own and of others because mostly soldiers fail when they have their ego. When they fail they have other obstacles in their minds. There should be no obstacle but you should just push forward and know that there is no obstacle at all. It's just a myth that there are some obstacles and that you can overcome. It's not easy to raise the awareness of people because it looks there's a very little distance of crossing over but it's not so, it's not so. It is a very difficult task sometimes for some people to get out of the bandhans of Agya. At that point, I find, some of you fail and for that the best thing is to introspect. When you think you are always correct and you are alright, the best is to introspect. Am I doing everything right or not? How am I working for my betterment? The illusion is such that sometimes you think you are doing well. Say, in our Sahaja Yoga some people are very forward type; they will come

forward, they will do this, do that, but inside what is the purpose? The purpose is that people should see that you are doing this work, that work. The purpose should be that you should be able to see yourself within. You must see what is the problem inside and you will very well understand that you have been of great help to yourself and to others. For example, there's a very big building and all the buildings that are in nearby area may fall down due to earthquake but this one building which will be standing erect. The reason is that, that building is constructed on very solid ground. In the same way if Sahaja Yoga is constructed on a very sound ground nobody can destroy it, nobody can distort it. And every person has to do that. For example, some people told me your Sahaja yogis, you know are like this, like that, are big show offs. I said, really? I can't believe it that they could be like that! I said, I would like to meet them whosoever they are. So they said, no, you can find them out yourself, who are those people, and why they behave like this. I said, myself I know everything but I want you to know. Finding faults with others is a very nice thing, very easy also but

find out faults within yourself. What are these things that are staggering you? This is the best way of improving your awareness. Like you are going in the car, and you have to know the road, you have to know how you are driving, you have to see what are the problems, but instead of that, you think, oh-no end of yourself! It won't work out.

Today is a day of very great happening, I should say. Celebrating the Diwali is a very-very joyous, but this joy is not for ourselves. This joy is for the whole world. We have to work for the whole world. We worked for ourselves, for our jobs, for our money, whatever it is, but what are you doing for others? That you should see in yourself. It is very important. Only such people are useful in Sahaja Yoga because they have concern, they have care and they are doing something for others. It's a great enjoyment with that. When the lights are burning, to give you happiness, they are burning their bodies to give you happiness. They are the ones who should teach us that we have to do something ourselves to enjoy our own higher awareness. All this will work out, I am sure. I am also trying my best to make this light

unshaken and full of enthusiasm. There, it is you who are anxious to fill your pitchers; can do it. It's not my anxiety that's going to help you. So, you stop even if you want to have complete picture about yourself. **You have to first give up identification with yourself otherwise you will never know what's wrong with you. If you are too much identified with you, you cannot.**

Now, as it is what is the aim after all, what is the aim of our lives? We have to change the whole world into a peaceful thing. Changing yourself of-course is a great thing no doubt, but changing others also we solve all the problems of the world. If all the people of this world become good people, Sahaja yogis then can you imagine what will happen! Think of that dream I have, that we have to change each and every person, that we can change and we have to transform them into good people. If they are not transformed they are like a candle without any flame, and if they are capable of getting transformed we should try all methods, all the tricks to do that. I am sure very soon such a day will come when you will say, Mother, now we are very safe. Don't

think of the past and the problems of the past. You have now overcome it. Just enjoy yourself and have faith in yourself and work it out. I am sure very soon it will happen, very quickly it will happen. It is your desire, also you have method of working it out, you have anxiety to work it out. Main anxiety should be: "how can I transform this person?" You can transform anyone. You tell one person, another person follows it. Like when we came in the plane, I found at the airport so many people had put up their hands towards me like that. I said, "who are these people?" They were not Sahaja yogis. They had seen somebody or what has happened I could not ask them. But all of them said they are feeling cool breeze in their hands. They didn't know anything about it, they didn't know about kundalini, nothing. Then what is this cool coming? But basically they are there to get their realisation, only we have to extend our ideas, we have to extend our love, instead of getting annoyed with them, better is to give them a chance. You will be amazed that they are very anxious to get transformed! They are all fed up with all the artificial things they are having. So, now you will be amazed how many

are waiting there for you to give them self realisation, and let them celebrate their Diwali with you. Enjoy the Diwali.

Diwali you cannot celebrate with one candle. You have to have more and more candles; that's what is your job. Only by your own candle you are going to do it, it's your own and it can enlighten anyone. Then why not use it at any cost, at any place? I have met some Sahaja yogis, I asked them, what did you do? They said, no, nothing, nothing, we did nothing. Why? Then what's the use of getting realisation if you have done nothing? You don't want to give realisation to anyone, don't want to talk to anyone, you feel so shy about it. Then I met some who said, just now, Mother, we are coming from your programme. "How are you so late?" Because they told us that there's some bomb scare. "So you were waiting outside?" "Yes". "How many?" "All of us". Thousands waiting, there was no bomb. They said there's no bomb so we went inside and we all got our realisation. "But you were realised souls!" No, we had a realisation that sometimes we have to wait but now we are convinced that nobody can harm us, nobody can trouble us, overpower us, only we do it

to ourselves. So, again I will say introspection is very-very important in Sahaja Yoga, and the light inside is there, you have to look after it.

I was extremely happy to hear from many people that they felt the blessings of Diwali. But you see, yesterday you had these showers, how timely they were, never happened in the history of this world, never happened. Why yesterday these showers came and tried to give a new experience of the showers? All this is a time, I should say that even the nature knows, and we should also know that this is the time for a special thing. Normally I get letters about people who are sick or their parents are sick or their this is sick, all types of, then somebody's marriage is broken, then somebody has children they are sick. Means all kinds of nonsensical problems they write about. Reason is this, they themselves who write are not realised souls, or may be they are half baked because they could themselves say that why should we write to Mother? We can get it done ourselves! Instead of that one has to write what they have achieved, how they have achieved that, how they have got love from others, how they have worked out

Sahaja Yoga in small villages. All this is much better to write than to write, 'my mother is sick, my father is sick'. All these relationships, they go on killing you. So no one is your brother, nobody is your sister, only Sahaja yogis are your brothers and sisters. Now you have some cousins and cousins, so let it be. That's not your job. You don't have to work it out. Even before coming I got letters like that somebody's cousin's cousin, this thing is sick. So, I asked this lady, I said, why do you write all these things, all the time about this cousin and that cousin? She said, **Mother I am trying to spread Sahaja yoga. Oh! Because if they will be cured then they will come to Sahaja Yoga. This is not the way we want to spread Sahaja Yoga.** It looks like advertising or something speciality that you should cure somebody then some people will come to Sahaja Yoga. We just don't want such people. I never want to hurt but I want to give you corrections and understanding and the wisdom. Why are you Sahaja Yogis? Just to cure all the relations? They may be sick because of some mistakes they have committed. **Instead of paying attention to all such people you should pay**

attention to yourself and to your ascent. You have to respect yourself. If you are their relation it's none of your business, like understanding wisdom that we are here, we have come here for a very-very special work, of very high quality. If that is not then all such people write.

One lady got married in Sahaja Yoga, and she wrote to me that I was divorced about eight months back or nine months back and all my relations are now saying, why did you marry in Sahaja Yoga, and every body is criticising me and Sahaja Yoga. I said, who asked her to marry? I never asked her. So now the marriage has become the main point for her, that all my family people are saying, What did they do for Sahaja Yoga? If this marriage doesn't become alright then they will say that something is wrong with Sahaja Yoga, let them say. We have not committed that way. **Everytime I have told you that don't write to me for your mother, father this, that. If you don't know how to cure them, better give up Sahaja Yoga.** You yourself can cure them. You can work it out yourself but you could see so many letters everyday for me. I asked them, is your father in

Sahaja Yoga? "No". "Mother?" "No". "Brother?" "No, nobody". So, why are you asking me? What relationship I have with them? They are not Sahaja yogis. I am only responsible for Sahaja yogis. They are not Sahaja yogis so why do you want to trouble me? It is impossible to understand. In Sahaja Yoga you are supposed to get self realisation, alright. Then those who want to have self realisation, you can give them and fix them properly but instead of somebody who is hanging in the air and who is falling from the airport to some other place, all kinds of things, all this is really maddening and sickening. I am not concerned, you should not be concerned also.

What you should do is to see that these people who are talking about it should come to Sahaja Yoga, and you must tell them because you are not doing Sahaja Yoga that's why it is there or that person is not doing Sahaja Yoga that's why this is the problem. We are alright, we are fine. Because Sahaja Yoga is open so everybody comes there. I would request you on a Diwali day to promise to yourself, I will not waste my energy on people who are not Sahaja yogis. It's very important because all the time

the attention is on wrong things and on wrong basis. If you have some intelligence, then you must know that now you belong to a very high quality spiritual people which are very few, in this world. They are very few and you must make a concentrated effort seeing that this quality must be in so many and there must be lots of aspirants. Find them out, tell them-you have found it, so you can also have it. But don't worry about things which are of no value to you. You must know you are a special race, you are special soldiers who have been trained for doing Sahaja work. So, wasting energy on your relations, on brothers and sisters is no good for you. It is to be understood now that you have your own energy, preserve it. For what? For Sahaja yogis. You should help everyone who is a Sahaja yogi or wants to become a Sahaja yogi, who are established Sahaja yogis you must help them because we are one personality, and these are all the different hands of one personality, one God. **So, this oneness must be established within yourself, and also others should see that oneness in you. There are some people who are very active, there are some persons who are very**

active in criticising. All that you will work out, I am sure, because this is the year of great achievements and great success but with that if you start doing something nonsensical, nothing will work out. Of-course, I don't say that we haven't got such Sahaja yogis with us, we have. We have all the soldiers with us, no doubt. All the armaments they have, everything they have, but we need more and for that we have to work out collectively. Must plan what should we do.

Recently there has been a big argument about the Islamic behaviour. We are neither Christians, nor Islamic nor Hindus. We are not, because you cannot put yourself into a small arena saying I am Sahaja yogi but I am a Christian, you cannot. You have to give up that margin. You are a Sahaja yogi out and out and all the other nonsensical things are not belonging to you. I have seen many Muslims also who came to Sahaja Yoga but out of them very few are real Sahaja Yogis, but they will come, listen to my lecture, this that. But very few are really Sahaja yogis, in the real sense of the word. Then you will start seeing the defects of your community or so called religion you belong to, what you will

see and you will definitely try to correct it if you love that or you give up. These are special people, specially selected for a very special cause and you cannot waste your energy on small nonsensical things that is one thing you should know.

On this Diwali day you have to know that you have to burn yourself for the light of the Divine, to absolutely spread all over. But don't do it too much. Like some people came and told me, Mother, we have given up our parents, we have given up this, we have given up that, still we are not good. So, I said, why should you give up? You are catching on to something then you are giving up, or automatically all this is finished. No, we were, you see, very much attached to our family, parents, country, this that and now we have given up some. **Such half baked people are no good, and don't pay too much attention to them. They don't deserve any attention. That is very much to be understood that you should not also be like that nor you should have friends like that nor you should make them Sahaja yogis. Sahaja yogi is a special character of a soldier who**

fights for the truth. That kind of a personality when you will have then there will be lights all over.

This Diwali day I bless you all from my heart and I want you to respect yourself and understand what is the position of your being in this organisation, you can call, or in this movement of Sahaja Yoga and how

are we working it out. **The attention should move from all this nonsensical mundane things to yourself. It should be a very dynamic force**, I should say, and I am sure next year it would be very different. We will have all the beautiful blessings of the Divine, we must do it collectively, understandingly.

May God Bless You

Puja at Brahmmapuri

30.12.1989

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

Like Brahmmapuri, there are many small little places where the saints have worked for the betterment of people. Because, you see, they are so collective, they could not bear the poverty of this country. The way some people are claiming that we are making people fatalists is absolutely wrong because no saint has done that.

All the saints have made them work very hard and to work out their problems. They have also pointed the evils of society. They did not go and sit in the Himalayas. They went from place to place working for the emancipation of the society.

May God Bless You



Christmas Puja

Ganapatipule - 25-12-2001

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)



Nice to see so many Sahaja yogis coming here today in the Christmas Puja. Christianity has spread all over the world and there are so many, so called, Christians who say they follow Christ. I don't know from which angle? Christ was the embodiment of *Param Chaitanya*. He was *Omkaara*. He was Shri Ganesha and those who follow him have to be very different people. But as always happens in every religion that they go at random into the opposite direction. Completely opposite.

Essence of Christ's life was detachment and sacrifice. For a person who is detached, there is nothing like sacrifice. He sees his life as just a drama. Such a great personality came on this earth and created this so-called Christian religion, which has gone into wars. All kinds of hypocritical things and now the people are discovering about it. He stood for truth and Christians do not

know what the truth is. The truth is that you are the Spirit and you have to become the Spirit. He is the one who has talked about the Second Birth, of realization, but they have forgotten about what he said, what they have to achieve. Its such a funny thing that all such great people came on this earth and created a proper religion for our ascent, and I don't know how people have become so stupid with the teachings of the so called their masters. Its all money oriented. Apart from that it is not standing on the truth. I think this is the second Crucifixion of this religion. There is no religion, which is following really its principles as have been described. I don't know how they manage to twist the truth in this manner, just to make some money or some fuss. Such a ritualistic stuff is going on in the name of Christ. Though they have faltered so many times and they had experience of such bad influence on the world. We don't know why such a round about things come up and people accept it. They just accept. You take any religion. These

days Islam is talking, I don't know, of what?

There were two important things in the life of Mohammed Saheb. The first one is called as '*Miraj*' which is nothing but the awakening of the Kundalini, absolutely clearly, and the second one he has talked about is *Jihad*. **Jihad means killing your bad things, killing your bad nature, killing all the shadripus (six ones) within you.** It doesn't mean that you become a Muslim and kill yourself. It's a stupidest thing to do. Did you become *Musalmaan* just to kill yourself and commit suicide? Calling it as a ritual they are saying that by this we will go to '*Jannat*', into the heavens. How can you? As Muslims they are not religious. Not at all, and then by killing those sinful people, how will you go to the heavens where you will have the enjoyment of *Jannat*? There is no reasoning. But all these *Maulanas*, first of all, have finished their education. Have finished their education. They do not educate themselves at all, so they have no idea in this world, where are they standing? What is their position? Some few are educated but they are also lost with the idea of having power

on these people. Its such a shameful thing to do in the name of God and in the name of spirituality!

Now our duty is to tell them what is the truth. Our duty is to bring them to the proper path of spirituality, because they are all lost. Christians are lost, Muslims are lost, Hindus are lost. All of them are lost. They have no idea as to what their religion professed and what they are supposed to do. Ultimately Christ was crucified. So you can see, how, when there was truth, untruth tried to finish it off. They could not bear it. We have an example of Socrates. What was the need to kill him, but they killed. In this way, so far we know, in the past all the people who are pivotal for the truth are being finished because they don't want the truth. They are following some religion because they can have power over other people, religion that they have made. *Miraj* is a Kundalini awakening and they say that *Miraj* will never take place. Very Good.

So many of you have got realization. You have got your vibrations and cool breeze which is

described in Koran, that you should feel the cool breeze. But who can tell the Muslims. You talk something and they will cut your throat, that's all. They will go to Jihad. So its such a stupid thing they are doing, and in these modern times, as we see, people have crossed all the *maryadas*, all the things of religion. I went to America and I was surprised how they have forgotten of morality. They have no sense of morality and they are selling it in the market, making money out of it. On the contrary these Muslims, specially there is a class called 'Wahabis', these people are saying that the women are the one who spoil your morality and so hide them. They should be covered. Any women who were wearing white chappals in Afghanistan, they were beating them, killed them, and so many people in India, specially in North, have taken to Islamic culture. They really ill-treat women in the North. I was married in the North, and I know how they have been unkind. So North of India is already contaminated by this, and the South is contaminated by the fanatic Hindus. All kinds of rituals, worst type, bestowed upon only on women are

followed in the South. They will shave the head of a woman, make her go round a temple, pour water on her, and she is just tumbling around. She is not walking. They go on putting water on her. I have seen it myself. We have 'Sati'-is the killing of the woman after the death of her husband. This is something no one can understand, why put all the dharma on women and why not on the men? But one thing good that Hindu religion has now become so much out of date that you can correct all these things. So many things I have corrected in my own life time. I was surprised, how could I do it? But these Muslims and Islamics, you cannot correct them. Such horrible things they do to their women and whenever you try to help them, it is impossible. For example I started a place for the women who are left-out in the world alone, who are like orphans, who have children. I was surprised, most of them are Muslims and they have 8 to 10 children each. So now we have to make an orphanage also. This is what they are producing out of their religion! You can see this around. Even Hindus have a funny system of widowhood. They make a woman

widow, its terrible. And they are forcing some of them, quite a lot of them, to live in *Vrindavan*. I was told that they get one Rupee per day, and what do they do? They sing bhajans. In one rupee how can one live in this country? They are good at creating so many beggars and begger women. If that is the religion, better not have it. We have had enough of this. All kinds of ritualism through this brahminism! These brahmins are absolutely good for nothing. Those who try to teach religion have to be something of a great level. So in Sahaja Yoga you give up everything because this is all nothing but mud and in the mud you will be finished. You have to tell people about it. What are they going to do? They have misused the religion for all kind of bad things. Like in England if somebody dies they must have Champagne (शैम्पेन). When they go for the burial they must have Champagne. I was surprised. How is it they are going to have Champagne for this? And how is it out of religion, you say? All these priests also drink. One priest came to Sahaja Yoga. I was very happy. But he said, "I will come to Sahaja, but I will not give up drinking."

I said, "Why?" Because it is written in the Bible that you must drink. I didn't know! How could it be? How could Christ say that you should drink? He was not only a realized self, but he was realization himself. He said, 'you have said it'. Whatever you may say, he has said it. Where? He went to one wedding. Alright. In that wedding he made wine for the people. He did not. He went there and in such a short time he just put his hand in the water and it started tasting like grape juice, and grape juice has the same word wine in the Hebrew language. I said, I can do that. That does not mean that I like people to drink. Who can say such a nonsense?

It is awareness. It is important. *Chetna* is important and if you spoil your awareness how can you be Sahaja yogis? It was impossible to tell them that you cannot drink. But drinking even in India has become very common. Its all against Christianity, its against Hinduism, its against Islam and though it is written down in Koran, "Don't drink", they all drink and instead of following the religion, they have become the

greatest sinners. Is that what Christ wanted them to do? You have to be pure people. *Nirmal Tatvam* you must have. That's what it is.

Also I told you a story about Shalivahana, who met Christ in Kashmir and he asked Christ about his name and his country. He said I come from a country where people are *Malechh* (मलेच्छ). *Malechh* means those who have desire for 'mal', for filth. So he told him, "why don't you go and teach them *Nirmal Tatvam*", *Sahlivahana* said. That is what *Nirmal Tatvam* you have got, which purifies you, which cleanses you, which gives you joy, happiness and the truth. This is what you should ask for. Otherwise it is all darkness. You don't see the light. Whether you are Christian, Hindu, Muslim, anyone, you can't see light of truth and you have to take the light of truth. But after that, what you have to do? You have to give it to others. You have to transform others. You have worked very hard for it, and some times I am surprised how people who are doing such a good work are so humble and so good! How have they achieved it?

I can't understand. Of-course there are some who are money-oriented, who are power oriented, but these things do not give joy. What gives joy is your inner light of truth, which you have. All of you have, as you know, you all have experienced but I would say, this experience has to be given to others. Its not only for you, give it to as many people as possible. But how many do that? How many people do that?

We have also Sikh community. They came to Sahaja, but they said we cannot worship Goddess. I said, "Why?" Surprising! Because *Shri Guru Nanak* has talked about the Goddess, the *Devi*; the first sentence of his book is '*Adya*'. *Adya* is the *Adishakti* and for this if the Sikhs stupidly say then why do they have the *Chandigarh*. They are so stupid also. Nothing to really compare. Now you have to understand that have you given up all that nonsense in your life or are you sticking on to that? That is very important, and as long as you are sticking on to that same, there will be a problem.

Sahaja Yoga does so much. I was surprised in America there were 300 Sahaja Yogis. Nothing happened to them. Some were on the tower, some were on the street. All of them were there and nothing has happened to them. **Some of them said that somebody told us inside, told us inside that, run away. And we started running in the other direction.** Some were delayed. I don't know how all these three were delayed? But such a devil of the people who are thinking of destroying the whole world are coming round. This is the reason I went to America and I told them that this war will be over before Diwali and it ended. Before Diwali this war will be over and it ended. What a stupid thing to think that they can destroy the creation of God like this? Who are they? How have they got the right to destroy the world? But that is what is a human nonsense.

Christ came on this earth. He worked for a long time and he was to be crucified, so he was crucified. But crucifixion is not our glory. Our glory is his resurrection. That He was resurrected, no doubt. To say that its

not possible and all that, who are you to say that? What do you know about spirituality? What do you know what can happen to a person who is spiritual, spiritually equipped? What can it work out. What ever we know about human beings we try to draw conclusions which are all wrong. See in your life. There are so many miracles in the lives of Sahaja Yogis, and the other day I told somebody to, better, compile them. So, he said, within one month all those letters came up to my head. So, I said, forget it. Don't write. Its not one or two. From all over the world people are writing. But those who are intellectuals are very difficult. Its impossible to put this into their heads.

So what ever is possible we have to do our maximum. Put our attention to people who want it. Now in India it has gone into jails. It has gone into schools and everywhere, and somebody told me the other day that even in a Catholic Church they have started taking to Sahaja Yoga. I don't know what's wrong in their heads and how they have managed but that's how Sahaja Yoga is spreading. But it has to

spread much more. You have to, all of you individually should go round and work it out and talk about it. But Sahaja yogis are little shy. Once I was going by plane. One lady was very very hot. So I asked her "what Guru she followed. She told me the name. I was surprised that she didn't know anything about spirituality, and these people have huge houses and big temples and everything, and she was telling me the praise of her Guru. I thought she was very shameless. She has not got anything in her? She was so very hot, and she is talking about it. But Sahaja yogis won't. I was surprised why Sahaja yogis don't talk about it. The other day I had gone with somebody in the market and I had a Sahaja Yogi with him. Now I was surprised that he started telling them about me and he started giving them realisation and they were very happy about it. Every where you go, you have neighbours, you go to markets, every where you should go and talk about it. Like they sing carols, we should also have bhajans and things to tell other people. We have to tell. Why are we so shy? This shyness is not going to help Sahaja Yoga. So please see that you

try to give realisation to others. You have powers. Have faith in yourself. I think they lack in faith or whatever it is. A very few people come out and do it. In Italy, I have seen and also Australia, Sahaja Yoga has spread a lot because of their conviction that we have to give others what we have. We have to share it. From the life of Christ one has to understand his sacrifice. It is such a lot of sacrifice to be crucified like that, with the thieves, but he did it! In the same way when you all people want to do Sahaja Yoga work, you should not think, what will happen to my grand father, what will happen to my grand mother. I mean whatever letters I get are all about this. Its very funny. They are only worried about some relations. They are not worried about the relation all over the world you have, worried about the wife or children, I get only letters like this. Nobody writes to me that they have given realisation to so many people. They never write how they have been able to achieve spreading of Sahaja Yoga. None writes. Very surprising. You have to tell me. I hope you all people understand the importance of spreading Sahaja Yoga. If you don't do

that, you are absolutely useless. The greatest thing for me, as you have so many lights here, we should have many more Sahaja yogis all over the world. **If you want to change this world, and if you want to avoid all the trials and tribulations of the useless life they are leading, you have to save them, you have to salvage them. That's your job. That's what you have to pay for Sahaja Yoga.** Not for yourself, not for yourself. Don't get worried about yourself. If you read the letters I get, you will get disgusted. Now the kind of letters I get that they want to marry. Alright. There are many girls who claim that we have been applying for 4 years, we couldn't get married. Firstly you must know, out of proportion women are there. They are very good. Say if there are 40 boys there would be atleast 120 or may be even 150 girls. Now whom should we marry those girls? Just think of it. But they write letters of complaints that we have applied 4 times. We can't, we can't help it. So you go outside, marry anywhere you feel like or else you wait and see and dedicate your life to Sahaja Yoga. Its a very difficult thing

when they go on complaining that I should be married, and I have not got married as yet. Marriage was never our idea but then we had to allow marriages, and now it has become the main issue with everyone. Either they are not married, if they are married, they are not happy. If they are divorced, they must be married again. All sorts of things, complications for which I am not prepared. Sahaja Yoga is not for that. If your marriage is not successful, its not my job, and if it goes on, we have to stop marriages. **I don't want you to write all these things to me. It shows how poor you are in Sahaja Yoga.** Why not write to me how many people you have given realisation to. That will make me happy. Instead of complaining about your wife and all. That's not my concern. As it came, we have married you. If you cannot carry on, its your duty. And this is what is the snag of Sahaja Yoga. In every religious movement there have been so many wrong things. While in Sahaja Yoga I think marriages are a very big hurdle. Moreover boys don't come, because in India very easy to marry boys. You also get money, this, that. But girls,

these are 5 times more than the boys. Boys don't want to marry. They will have their own marriages, though they are Sahaja yogis. I can't understand why in Sahaja Yoga also, after coming to realisation, to them marriage is a very important thing! What is most important is that how many people you give realization to. That is your life. If a lotus is there, it will open, but it must give fragrance. Even the lotus has the responsibility. Then what about you people? I am not saying you get crucified like Christ. No, I say you enjoy your life, you have peace and stability, balance, but at the same time you have to spread Sahaja Yoga. This is what is your job now. **Your job is not important. Only this is important how many people you give realization to.** It is very-very difficult because they have made a mess of all the great incarnations, all those great Sufis and Saints. But at least you people don't do that. So please try to think whom can you give realization? To whom you can talk about Sahaja Yoga? We have to spread out, and next time I hope I hear from you, how many people you have given realisation to.

That is the greatest justification for the crucifixion of Christ, for his birth, for his coming on this earth is Agya. And if you give realisation they have crossed the Agya. They have gone beyond and they are in Sahasrara. So in Sahaja Yoga you understand every thing. It is very easy to understand. Sahaja Yoga is the simplest thing to understand, but after self realisation. So you have to go round and see how many people you can give realisation to. Every thing is alright. All your worshipping is alright. Your puja is alright. But what is most important is, how many people you have given realisation to? I would like to know how many people you have given. Specially with ladies. Ladies are rather weak in giving realisation. They can do a lot, I know, they can. After all I am also a woman. But some how I find the ladies in Sahaja Yoga are not of a level. They can do a lot and lot but some how they don't understand the importance of their lives. You are very important. How many people there are who have got realisation. There were so many sufis who got realisation. They write poetry, finished. There were so many saints who did so much,

wrote so many things. In India we had so many saints. They wrote all these things. People will read them but nothing happens. You have the art of giving realisation. You know about Kundalini. You know all about it. Go ahead and talk to people. I was alone when I started Sahaja Yoga, and I am a woman! So what about you? There is now a challenge for all of you. How many people have you made Sahaja yogis? Even in your family, people are not Sahaja yogis. Your daughter is not. Your son is not. So what's the use of singing glory to Christ? If you are singing glory to him, you must make people cross their Agya. He is so highly placed within us. But you have never respected him, that such a highly placed personality in you have crossed over, so why not others?

Let us see from today's Puja how much determination you have. You should know that a Goddess does not

come with your own demands. She comes on her own. She has her own timing. But if you are people in majority, who have really become Saints and making others saintly, then I am for you. Otherwise I am available to you. You can have my vibrations, you can have my pujas. All these things are permitted, no doubt. But for that you are only capable, you are only entitled for that, if you are doing Sahaja Yoga, if you are spreading Sahaja Yoga, if you are giving to others, then only you will be considered really capable of receiving the vibrations of the Goddess. In some countries if it is so much powerful, why not with your country, with your neighbourhood, with your friends, with your relations, it is powerful. So tonight you have to decide that you are going to dedicate yourself in giving it to others. It is very joy giving, talking about Sahaja Yoga.

May God bless you.



Shri Ganesha Puja

8-8-1989

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

Today you have come here to worship me as Shri Ganesha. We have been singing the praise of Shri Ganesha before every puja, and we have tremendous respect for Shri Ganesha because we have found out that unless and until Shri Ganesha, who is the symbol of our innocence, is awakened within us we cannot enter into the kingdom of God. And even to stay there, and to enjoy the blessings of Shri Ganesha, we have to have our innocence fully blossoming. So we praise him and He is very easily pleased. And whatever we have done wrong, before coming to Sahaja Yoga, He completely forgives because He is the Eternal Child. You have seen children, when you slap them, sometimes get angry with them; they forget it. They only remember the love and not what they have suffered at your hands. Till they grow up, they do not have memory of bad things done to them. From the very beginning, a child is born to a mother, he does not remember what he has gone through. Gradually the memory starts working

and he starts restoring things within himself. But in the beginning he only remembers what nice things have happened to him. So we always like to ponder about our childhood, what we enjoyed in our childhood. But as we start growing up, we start to remembering, all those miseries and all the tribulations we had to go through. All the ordeals through which we had passed, we try to magnify it. In childhood the children only remember the people who have loved them and not the people who have hurt them. They don't want to remember perhaps. It looks like that. But when they grow up, they only try to remember the people who have harmed them or have troubled them. And that's how they make themselves very miserable.

But the principle of Shri Ganesha is extremely subtle, is the subtlest of subtle. And it exists in every thing. That it exists in the matter, in the form of vibrations. There is no matter which is without vibrations. It has vibrations which are seen even in the atoms and

also in the molecules of all matters that exist. So Shri Ganesha is the first one, who was established in the matter as well. As a result we can see, He exists in the Sun, He exists in the Moon, He exists in the whole universe, in the whole creation and He continues to exist in human beings also. Only the human beings have the capacity to somehow or other to cover up their innocence. Otherwise, animals are innocent. Human beings have the freedom. If they want, they can cover up their innocence, they can shut down the doors of Shri Ganesha and say that He doesn't exist. They can cloud it. And that is why, we find among human beings that they are doing so many horrible things, avoiding the existence of Shri Ganesha. But He acts, acts in a way that He shows natural results of our wrong doings. Like if you do things which are not pleasing to Shri Ganesha, He goes upto a point, forgives you upto a point, and then it starts emerging out as diseases, as physical diseases and in women it becomes a mental disease. Also it can create problems in the nature. **The natural catastrophes are also only**

the curse of Shri Ganesha. When people start doing wrong things, behaving in a wrong manner collectively, then the natural catastrophes come to teach them a lesson. So in His essence, though He exists in every thing, also in that He has capacity to assert His will to bring forth the destruction of the whole world.

We have Shri Ganesha's idea as a minute being. We think He can go on a little mouse, so He must be very minute. He is as minute as He is great. He surpasses all the deities because of his wisdom. He is the giver of wisdom. He gives us wisdom. He makes us learn. He is our Guru, in that respect, Mahaguru, because He teaches us, how we should behave. If we try to surpass Him and try to misbehave, even the Mother won't support, because She knows that those who surpass Shri Ganesha are also the people who will never respect the Mother. So He is the epitome of respect. He does not know any other God. He doesn't know Sada Shiva. He does not know anybody else. That He only respects the Mother. So He is the one who is the power of devotion and

complete surrender to Mother, and that's why He is the most powerful deity, among all the deities, and nobody can surpass him in His powers.

We have to understand that as children are growing Shri Ganesha starts growing in them also. But as they are human beings they can some-how or the other try to overpower Shri Ganesha. So it's the duty of the parents, who are Sahaja yogis, to see that they look after their children in a way, in a detached way, to see that Shri Ganesha in them is settled. The first sign of Shri Ganesha in a child is wisdom. If the child is not wise, if he is troublesome, if he does not know how to behave, then it shows that Shri Ganesha is being attacked by him. And these days, in the modern times, as it is, children are very much under attack. Innocence is under attack, and it is very difficult for people to make a fine line, as to how far to go with children and how far not to go. Today's lecture will be more concerning about how far to go with Shri Ganesha, as far as children are concerned, because that's very

important point, because He is the giver of wisdom. So the parents must understand that if He is the giver of wisdom, there should be wisdom within me. And if I have the wisdom, then I have the balance and I don't lose temper with children, but I try to correct them in such a manner that they get corrected. On the contrary if you try to be very harsh with your children, they might react and they might go astray, or if you try to restrict too much, then also they will behave in the same manner.

So one thing is to be taught to your own children, as Shri Ganesha himself does, **that respect your Mother**. Your mother means, your Holy Mother and your own mother. That is very important. If the father does not make the child respect the mother, the child can never be alright. Because the authority comes from the father, no doubt, but the mother must be respected. But for that it is very important that mother must respect the father. So, in the present situation if you start fighting with each other, misbehaving and talking in a manner that's not proper, it will have very bad

effect on the Ganesha Tatwa of the child. This upbringing is a very important thing in Sahaja Yoga, because by God's grace, you all have got realized children. So you must know, how far to go with your children. To make them wiser, to be moral, to be righteous, first thing is that you should try to preserve their wisdom. If they say something wise, you must appreciate it. But they should not also say out of place, out of grace. So the misbehaviour is also not to be tolerated, in the sense, that whatever is wisdom within has to be expressed outside as light.

Now, we go further with it to see how far Shri Ganesha acts. As I said, in the subtlest of subtlest He exists. But you have to awaken Him. For example, you have seen water which is vibrated. Vibrated means what? Vibrated means that *Ganesha Tatwa* is being enlightened in that water. So when that water, goes into your stomach, or in to your eyes, or wherever you want to put it, it acts. Acts in a way, that it excites Shri Ganesha Tatwa into anything that you put it. Now you have seen we have got

miracles in agriculture, to begin with. Miracles of agriculture are such that people are amazed but it is very simple. Once you start exciting the Ganesha principle into the seed, it become 10 times, sometimes 100 times. Even the Mother earth which seems to be something dead, can be vibrated. Supposing, you Sahaja yogis walk barefeet on the ground, the Mother Earth gets vibrated. Such Mother Earth will act on the grass, on the trees, on the flowers, on everything. As it is, the Sahaja yogis have been telling me, that in their Ashrams, all the flowers that they grow are out of size and very fragrant. Like daisies never had fragrance in London, or in England, never. The daisy's size was so small. Now it has become so big and it is so fragrant. It is a miracle. First time, when I told somebody that daisies are fragrant, they could not believe it. And when they saw the fragrance they were surprised.

In the same way, Ganesha Tatwa understands things, organises, works out, if it is awakened. If it is not awakened, it is sleeping, then it does

not. So it acts, it works out. Like a little seed, when it sprouts, at the tip of the seed, there is a little cell, which has got the Ganesha Tatwa which is being awakened. So it knows how to go down, how to go round the stone and how to embed itself and how to reach the source of water. But it has only the sense, how far to go to exist, how far to go to nourish itself. On a very material plane, how to allow the tree to grow.

But this Ganesha Tatwa starts becoming very very subtle and subtlest at the point of Agya chakra. At the point of Agya chakra, it understands that it has now the spiritual dimension. Same Ganesha Tatwa which acted in a small little tip of the root, now, acts for the spiritual thing. That's why, people close their eyes, when they meditate, because they do not want to see anything else but they want Shri Ganesha, just to act for the meditative process of their Kundalini. This process of meditation, when we close our eyes, acts. But if you see somebody sleeping and he is dreaming, you will see his eyes will be all the time moving. This Ganesha Tatwa is now activated by your attention.

If you have an attention which is all the time going from this place to that place, that place to that place, then it is affected. Especially in the case, when we start looking at men, looking at women, all the time, then also our Ganesha Tatwa gets very much destroyed. Such people are difficult for rising in their ascent, because Agya itself goes out. Then this Ganesha Tatwa can also be reduced if you are very much materialistic, all the time worried about your things, like you have some thing in the house, you are worried about, and looking at everything, all the time trying to correct it, and all the time worried about the matter. Then also this Ganesha Tatwa can be lost, because you are all the time worried about these things, like we are going to the shop and you are seeing everything, what is there, what is there, and what should I buy. Like that also, if you do too much, it will be. But supposing, you are buying something out of beauty, for beauty, you want to buy something for beautifying your house, that means you are trying to do something to please others. You are doing it to make others very happy. Then it acts

the other way round. Then it increases your ascent. But if it is done only to create a kind of a joy for others, sharing of the beauty of whatever you have bought or you have taken. But supposing you are buying anything, for making others feel jealous, that also I have recently learnt that there is a capacity like that for people to buy something to make others jealous. Not to make somebody feel happy. If there are people who buy things just to make others jealous then also their Ganesha Tatwa can be destroyed. What you should buy, anything, you should make a beautiful house. When somebody comes to your house, he should say, what a nice thing we have seen! Not attachment to the thing. But attachment to the thing, how people feel, how they feel nice and relaxed and they feel their Shri Ganesha, within them, which is beauty.

When this feeling comes in then you should say, there is Ganesha Tatwa. And it is a very motherly feeling, it is like a mother, who always wants to give sweet things to her children. In the same way, you have that *Vatsalaya* (वात्सल्य). This is called

the feeling of the mother for the child. That subtle feeling you have that people have come to my house. Now see how they are happy, they are enjoying this and they are appreciating it. In that you also satisfy a very great Ganesha principle, that is, you have taken note of the artists. Though the artists are creative, they are creating all beautiful things, out of matter, through the Swadhithana. But without Swadhithana being governed by Shri Ganesha, it cannot be beautiful. These days as you see that the artists are taking towards the grotesque things and very immoral things. And these things are of no eternal value. Today people will buy them and tomorrow they will throw away. Only the things which have got the subtle Ganesha principle in it acting, which makes you soothe down, which makes you feel peaceful, which makes you feel happy, is the one that is appreciated. So Shri Ganesha establishes within you, the higher Self. So the baser self, which enjoys all baser things of life, are being curtailed down, are being cut down. Sometimes completely destroyed by Shri Ganesha. I will give you an

example of Mona Lisa. If you see Mona Lisa, I think she cannot be an actress, she cannot be a beauty contestant, I think Her face is very serene, very motherly, very pure. And why is it that she is eternally so much appreciated? The reason is, there is Ganesha principle in her. She is a mother. And the story about that one is that this lady had lost her child, and she would never smile, she would never cry. And once one little child was brought to her, she saw the child, then the smile that came on her face, of her love for the child, is being depicted by this great artist. That's why people are appreciating it. And you have seen in the West, though the people don't show much interest in the Mother-child relationships. Anywhere you go the Mother-Child theme is the best. I will show you a photograph, this is mother and child, this is Christ's Mother and child. When the Christ was brought down, the Mother is there. They have to have Mother and Child principle acting. Otherwise that picture is not regarded something great, or you will have to have actually Christ, who is the Ganesha principle himself, to be sure.

I have not seen any picture as such, of those days where these principles are not there. Even Picasso has used it. Even people who are quite modern had to use this principle to popularise. But to get popularity some have used just anti Ganesha principle. All such things have vanished into thin air, and I see now gradually it's all going down and down and down and down. Despite the fact, the people have lost their morals, they would like to have Rambrandt, they would like to have Leonardo da Vinci. They would like to have, such artists, who have done Mother and Child. It is very surprising! Even I went to Austria this time, I said, what statue you have? They said that we have got beautiful Madonna and the child. So this principle is the most pleasing principle. It's the most pleasing principle for human beings. To see the children, to play with them, to enjoy their company, why? Because, it is that sweetness of the child, which really I should say, trickles down within you. When you see a child, immediately, the face becomes cheerful. I have told you I have seen even a crocodile cracking her eggs. It was shown in a film. And you would

have seen her eyes at that time! How carefully, she was cracking? So beautiful her eyes were, full of such love pouring out! You can't believe that these are the eyes of the same crocodile. And so slowly she is cracking with her mouth all the eggs, and the little little crocodiles coming out and then, she brings them on the shore and washes them in the mouth all the time, so carefully. Like a bathroom she uses her mouth, you see!

You should see how animals also act to their children. But when you become sort of modern, so called, your actions are very funny. There are people, who are killing children, there are people who are abusing children, I mean they are worse than '*Rakshasas*'. Even '*Rakshasas*' have not done, '*Pishachas*' have not done. The Ganas are surprised, what sort of these new creatures have come up, from where? That they have no love for their children, that they can kill their children, murder them, break their hands. It's to their own children! If they could do it to their own children, what will they do to others' children? So love

for your child has to be absolutely important, but we should not, as Sahaja yogis, have only attachment for your children. First thing and the second thing is we must know, how to give a complete margin to your love. The margin is benevolence. Is it benevolent for my child? Am I spoiling my child? Am I too much encouraging my child? Am I playing into the hands of my child? Or I am managing my child all right. Because in childhood, father and mother have to manage the child. They have to train the children, and the children have to be obedient, and they have to listen to them. But these days children are not obedient. They are not, because they find that the parents are not obedient to each other. Also they find that the society is such that where children go on pestering the parents, so they also become like that. But doesn't matter you are Sahaja yogis, you should bring up your children, who should be obedient, who should be wise, who should be sensible. Give the same love, that the crocodile has for the baby crocodiles.

Now, when we come to the subtler

side of Ganesha Tatwa i.e. it expresses in our eyes. When I see something, I see it as a joy giving thing. Just a joy giving thing. And if I want to buy something, then I will say all right I can buy it for certain person, he will like it. Because I know, what they like. So I will buy that thing for that person, or else, if I am buying something for my family, I will think the same. Like I have built a house now, where I am going to put all the things, the presents you have given me, like a museum. And I am going to ask all the villagers, to come and see it. Because they have never seen such things, they can't travel to Switzerland, or England. So I am thinking of making this house in such a manner that these villagers who have never seen beautiful things, should come and see. In India, it is not a case very much with simple people to have jealousy. Only the new materialistic people have developed this habit of jealousy. But otherwise, they will always say, what a nice thing? How beautiful it is?

Like you were singing songs about Sahaja Yoga, in Pune. Actually, you have really picked up very well, I must

say. But there were masters of this music sitting there, when you were singing. They were the masters of drama and very well known artists in India, so they offered me, 'Mother, we want to celebrate your birthday.' I said, it is very difficult, because it will be so far away. No, no, we will come. The whole night they traveled and the whole day practically. They came at about 5'0 clock, imagine. They finished their drama about 3'0 clock or 4'o clock and they traveled all the day, arrived at around 5'0 clock, from somewhere called Belgaum. And 6-6:30 was the programme. So they were all dressed up there. And what a compeering they did! They said, we were ashamed. We used to think, we Maharashtrians are very good at music, very good at talas and this. But we were ashamed, the way these foreigners sang our music so well, we cannot sing like them. Though their music we cannot sing, while they sang our music. And we are all very much ashamed and embarrassed, how could they sing so well. And the appreciation was so great, that I was my-self embarrassed, the way they were singing. How it has happened?

These people, what is it their Guru has done? What have they done to these people, that they could sing so well. So, the appreciation, as a whole thing enamoured. We have a tape of that, I think, audio tape. I don't know video tape we have or not. But if you have, please get it. It is very interesting, the way they appreciated my children, the way they were singing. They were such masters, so developed in that! The way they were appreciating as if they were appreciating children singing so deeply. In that the rapport was very sweetened, rapport of 'Vatsalya' (वात्सल्य), is the feeling of a motherliness. Look at these children, they are singing so well, it has happened with many people, I have seen. When some artists come, they saw you people appreciating and singing, they had the same feeling. How could these children, how could these people sing so well? How did they know so well? I mean, all that beautiful feeling, and all that appreciation created such a nice atmosphere, as we had some very great artists and how they appreciated you. Instead of saying, "O, what is this music? Nothing". They so much

appreciated that these people who have never known Indian music are singing so well. So in that appreciation also, that fatherliness, that motherliness was there, that 'Vatsalya' was there, and the situation was so beautiful. Even, say, when a person like Ravi Shankar has to play with Yehudi Menuhin-Yehudi Menuhin is a child before him-but I have seen how he looks after him and how he protects him, as you say in Hindi language-'Sambhalna'. All the time he (Ravi Shankar) is looking after him and managing him. And also we have seen in the music part, when suppose a 'Table wala' is sitting and a very senior musician is sitting, he (Table wala) will say, please look after me, always with very great feeling of a child. All these things are very important in life to create good relationships between ourselves also. Those who are younger to us, those who are not so well off, or those who are not so much talented, or those who are not so much equipped in knowledge of Sahaja Yoga or who are not so much senior in Sahaja Yoga. We have to look after the others in a fatherly manner or you can say in a motherly manner. They

are not equipped, we have a Ganesha Tatwa, so excite their *Ganesha Tatwa*. They should feel dependent on us for achieving the mastery or achieving the higher state.

Like the Guru principle is absolutely bound by Ganesha principle. If a Guru does not have Ganesha principle, he becomes a horrid, horrid, horrid fellow and nobody wants to stick on to him. And they all run away from him. Though he might punish, he might also get angry, with his disciples, but basically, what he thinks is that 'he is my protege, and I am developing him and building him'. But if the modern thinking is set, let them be individuals, let them be independent. So the father and mother do not look after their children in the manner, that they should. That-"see, this is my son. I have got a talent, I must teach him, and he must come up. He is the one, who is the continuation of my own self". So this idea of having every individual, you are an individual, I will teach you or get out of the house. You do whatever you like, stand on your legs. No, life is a continuous process. It is not just you stand on your legs. It

is the question of one has to be all the time connected with the whole. Unless and until you are connected completely, you cannot understand collectivity of innocence.

The collectivity of innocence I see sometimes, I am very happy that a child of somebody is in the lap of somebody. Sitting very sweetly. Coming as if he is your own father, coming and sitting just on your lap, without knowing that he is not my father. But still that consciousness is always there. So this spreads the feeling of 'my' and possession, that this my, this is mine, this is mine. What makes you feel that now we are a means, we can say, an instrument, a media by which we express *Ganesha Tatwa* always i.e. vibrations.

So the vibrations itself, about which you are asking, these vibrations themselves are nothing but the principle of Shri Ganesha, is '*Omkara*'. And when it is, then what is that feeling, as I told you the *Vatsalya* 'वात्सल्य'. The feeling of love between a child and a mother. That feeling itself is vibrations. Between the child and the mother, the distance between the two, is vibrations. And that is what one

has to feel that he is a child still, and there is the mother and the mother is bringing the child, giving all the powers to the child, loving the child, understanding the limitations of the child, looking after all that. All the sweetness, all the wisdom of the child to be appreciated, that is vibrations. And if you see the subtle side of it, it's not my child, it's not only a limited thing because it is eternal, it is everywhere, you cannot have it. In everything you do, I have seen people the way they handle the things in the West. We Indians also have to learn from them.

So we have to accept for that, what is the way to handle also beautiful things. How to look after beautiful things, how to manage beautiful relationships? You shouldn't be harsh. You shouldn't be unkind. You shouldn't see things which are insulting to others, so that the relationships are maintained. So all the relationships that are between human beings and God are through the Ganesha principle. So when it becomes relationship between you and God, then there are vibrations, and then the same relationship should

extend to everything that you do. You should see what? Things that are good. Whatsoever has got vibrations.

Today, I want to tell you something very important about this All Pervading Power we have heard about. These are nothing but vibrations. The Parma Chaitanya is nothing but vibrations, where all identities are lost, the mother is lost, father is lost, nothing remains. It is just this vibrations, the subtle Vatsalya; exists. And this is the only thing, out of which everything comes and remains in itself. Like we can say, that the sun's rays come out and then they try to create chlorophyll. So it's not that you cannot compare sun with that. Or we can say that from the ocean, the clouds come out and they try to nourish the Mother Earth. That's also, they cannot be compared. Everything is inside. This Param Chaitanya has got everything inside. So we can say that everything is nothing but knowledge, is nothing but truth, is nothing but light. But when the folds of it come out, then we get into the folds of that Chaitanya, then we become ignorant. But there is nothing like ignorance, it does not

exist. Like there is darkness because there is no light. Once light comes, it (darkness) does not exist. So ignorance does not exist. But what happens that the folds of this ocean, into that people go and it is lost. Thus we understand one thing very clearly that we are in Param Chaitanya. We are made by Param Chaitanya. All the time we are surrounded by it, only thing is we are sometimes lost in the force. And why, why we are lost in the force, because of our own unawareness. This awareness has to come, that we are part and parcel of that Param Chaitanya. The whole thing is called as '*Chid-vilasa*', is the *vilasa*, is the playful enjoyment of God's attention. Now you will say, how can that be? For example, we see the sun, I will just give a simile closer to it. We see the sun and then we see the water. We see the water in the lake. There is water, and because of sun we can see the water. Then supposing, we see the mirage and we think, this is water and we run after the water. But the whole thing is the play of the sun, whether it is a mirage, whether it is water, whether it is the sun.

In the same way, this Param Chaitanya acts and what we get lost is, in our awareness, that is our Param Chaitanya. That is why, the play starts. The play starts, like, day before yesterday's Puja, What did happen? We were sitting there, and it started raining. So to prove, that I can control rain so it rained. Some people were covering out. I gave a bandhan. After sometime, the rain moved out from the puja to the backside. It was not raining where we were sitting and after that it became the Sun and it was so cloudy. Sun came, it became sunny. So that's how, you have to become aware of the powers of Chaitanya. Now when you give bandhan, what you do is, to put Chaitanya into action. Though you are, suppose, in the ocean, but the ocean acts upon you all the time. You cannot act in the ocean, you cannot ask the water to do this, to do that. **But as a realised soul, you are empowered, now you can ask water, all right you dissolve. You do this, you do that. But for that, it is important to be the masters.** And to become the masters, you see, like a matter becomes a human being, and from human beings they have to become masters of the

matter, and you handle the matter. So we come back to the same. Like, agriculture we can handle, just by vibrating, we can handle water, we can handle Sun, we can handle Moon. Because there is rapport now, we are aware, that rapport has been established. So all this play is extremely beautiful to me, I see it. But now you all have to know that you all have become realised souls and you have those powers.

So all other non-sensical things you were indulging in, better give it up. There is no sense in it. What ever is sensible, you should do, because there is Shri Ganesha within you, who is absolutely sensible. He is nothing but sense; He is the giver of sense. So He is the killer of demons as they say. He is the one, who removes all the ordeals by improving our awareness. True, ordeals cannot remain, because you give the bandhan and it works out. Now, I asked somebody to write down the miracles, and now he says, it has become voluminous. It is, because before realisation, whatever looked like miracle, is no more a miracle. Miracle has lost its meaning. Because

now you are empowered and you can do it. It works out in everything. It works in your talent, in your understanding, in your education, in everything. Like there are some boys, who said, "Mother see we could not solve our problem so we gave a bandhan. Immediately the whole thing came and we wrote it down and there is the solution". It is happening with them.

So in every action, in every thing, whatever you do, you should know, it is the Param Chaitanya that acts. Only thing you have to be aware of your Self and aware of it, it acts. And you just jump into that awareness and it works. That you have seen. But still so many people do not know. So many people still know from their brains, do not know from their hearts. And so many people even if they know in their hearts, they do not act in their attention. So only these three things you have to improve, **one is your heart, another is your head and third is liver.** If you can improve your these three organs, the Param Chaitanya will act. But then all this attention about money should be given up. Param Chaitanya will create

everything for you. It may not create money, because it does not have a mint, but it will create possibilities. And this is something to be understood very well and it is so blissful to know that now you are aware of the Param Chaitanya, and you can master it. Master it is not in the sense that you can dominate it, but you ask it like 'Jinn', do this! Do that! With respect. But the way sometimes we do not pay respect to Param Chaitanya, is also something surprising. The way we act, all the time, the way we are behaving! **Like in my presence, the people will sit down and close their eyes** or they will start worshipping the photograph instead of me. Sometimes the way they

handle their Kundalini, sometimes the way they behave towards themselves and others! All these things are to be understood. Now that we have entered into the Kingdom of God, means Param Chaitanya, and that we are very important citizens of that. If one can understand this, then I think Sahaja Yoga can be very successful. Everything will work out miraculously, everything will workout. And all those who are not aware about the possibilities where they can reach? They are thrown out, in the sense in the folds, in the ignorance, so called, into the darkness. Again they can come back to light, when they have sense.

May God Bless You

Puja at Aurangabad

19 December, 1989

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

Aurangabad has a special significance in my own life because my forefathers came from a place very near from here called as Paithan but originally known as Pratishtana. It is the place where the Rishi Valmiki wrote the great epic 'Ramayana'. He lived here. So there is a big quarrel going on because Valmiki had his ashram in different places. But actually Valmiki lived here in this area. On the other side of Godavari, which was going on to Paithan or Pratishtana, was the kingdom of Shalivahanas.

Sita stayed here. Her one son went to Russia and another to China. The name of the one who went to China was Kush and the one who went to Russia was known as Lav. Those who went to Russia are called as Slavs or Lev, and those who went to China are called as Kushanas.

Around here was a very big struggle of evolution between the big animals

like mammoths and the others who were very quick and very clever, intelligent and supple. They destroyed most of these big animals, and in that river there were lots of crocodiles. When the King of the elephants known as Gajendra was drinking water, one of the big crocodiles in the water attacked him. He wanted to kill him so that the whole genes of these elephants would be destroyed. That's where Shri Vishnu appeared and He killed the crocodile and saved the elephant. Out of all these big animals, only the elephant was saved and that's why that place is called as 'Gajendra Moksha'.

Valmiki used to plunder people. He belonged to the fisherman caste. Then saint Narada came and he plundered him also. So Narada asked why are you plundering me? Valmiki said, 'because I have to feed my children, my wife and a large family. I am the only earning member.' Then Narada said, "do you think your children will sacrifice everything for you?" Valmiki said, "I'm sure, they will". Narada said, "now you become

like a dead man" and they took his dead body, so called, and four saints put it in his house and told the family that this fellow died while plundering us. But there is a way to again bring him to life. You have to promise that somebody from you has to die in his place. They tried. All of them made one excuse or the other, for they did not want to die. So Valmiki got up and realised that so far he has been really doing something wrong. Saint Narada advised him to chant the name of Rama. He said then I will say Mara, Mara, means I am dead. So repeating it, it came to Rama, Rama. So Narada said, "it won't work out, and you have to do penance as you have done lots of bad things in your life, and you have hurt many people". So he sat down for penance on a big mountain here which is called as Valmiki Mountain. And the termites ate up his body. Only his neck was saved and the whole body was eaten up by termites. So then Shri Vishnu appeared before him and removed the termites and gave him realisation. A termite in Sanskrit language is called as Valmi. That's how he was called Valmiki.

Then the story afterwards leads to be coming of Sita there. So a very important part of Ramayana was played here, and he said that Shalivahana helped this Valmiki temple and treated him with great respect as their master. But actually their master long time back was one Chandilya, where we have taken some land near the river Neera.

The people here are very God-fearing, and they respect saints, and they also know who is a real saint, mostly. I hope you will understand that when we think of the comfort of our spirit, the whole life is penetrated with the light of the spirit, and we start changing our attitude towards life. Not only that but also we have a kind of tremendous confidence in our virtues and we enjoy them. Though we can say, in a way, that in this culture there is not much of finesse, not much of artificiality. They won't say 'thank you' hundred times. They don't say 'sorry'. They won't even fold their hands normally. The women specially to men, and say 'namaskar'. Only to God they fold their hands.

May God Bless You

Puja at Shrirampur

21.12.1989

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

It is not necessary how many things you give me. It's not necessary how many offers are there. It's more important how many people you give realisation to. And secondly, how are you? Have you evolved? Have you really become independent? And can you get rid of all your conditionings, your ego? And have you become a very mild, beautiful, compassionate, collective personality? The question of introspection to see yourselves, is very important.

If we do not have a proper car, we cannot drive. In the same way, if your being is in a funny situation, then you cannot ascend. That's a fact. So we enjoy, every thing, is the sign how much we have achieved. If there's a cup, then a very little joy can go into it. But if it is like an ocean, all the rivers of joy fall into it. So, it is the amount of enjoyment you have, not fun, I mean enjoyment. I am not saying frivolousness, cheapness but a very meditative deep enjoyment that you have within yourself. It just bubbles

into you, makes you very happy, and you don't know why you are happy, just enjoying your happiness. Then one has to say that you really have become a Sahaja Yogi. At that state, you want to share it. You don't want to keep it to yourself. You will work very hard and do everything that is possible under the sun. Your mind will think how to spread it, how to give this joy to others. You won't be happy unless and until you communicate with others. So first you become the capitalist and then you become a communist.

The first thing is, how far we have enjoyed? Second is what have we got in our mind now? How are we going to expand Sahaja Yoga outside? First, the light has to improve. Then automatically the light has to spread. What is the relationship we have with ourselves? I have told you, also, don't form groups. Another thing is some people have developed a habit of moving their neck too much. While singing, they move their neck and their

body. You can move body but the neck should only be moved with the body. **Before meditation, you can check yourself - what's wrong with you - before my photograph and then you should go into meditation.**

As we were coming, I just said, now this is the wrong road. They said, "how do you know Mother?" Just I know. Just find out. Just to know everything, you need not know everything about it. But that is the sign that you have become very aware. To be aware of everything. It is not like sitting down here that you should say, "that's very beautiful or it's very grand". That's not the point. Not to certify, not to criticize but how much do you know - feel it in the atmosphere. Because we have a very big brain and we have two lobes in our head. It's not one brain but two lobes and **when the awareness starts giving you light, you start knowing within yourself, everything and you are silent. You don't have to assert, manipulate or to exert yourself**, but, just to know and that's a very beautiful thing one has to do.

Another thing which I can tell you is

very important. In India, you must comb your hair properly because they think you are all beggars. Only the beggars have hair like this. Please put oil and make your hair properly. You should be proud of your forehead. It is the Ekadasha. You have to fight the whole world with this Ekadasha of yours. So please see that you keep your forehead absolutely open, hair properly done and oiled. In the night, you can put some oil and it will soothe you. You will find it very much better, specially for liver patients, it is very important. They must put oil in their heads because they are dried out people. There's no fat in their hair and the hair do not grow. They become immediately bald.

You have to bring out what Sahaja culture is, through manifesting it, without my telling you, so what is the Sahaja Culture, how we work it out ourselves, our things.

Also, try to judge where is your attention? All the time keep attention on your attention. Where is my attention? Mr. Attention where are you lost? And that will work out for you.

May God Bless You.

Shri Christ Puja

Ganapati Pule - 25.12.1989

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

Today, we have assembled here to celebrate the birth of Christ. When you think of his birth, one knows that he was born in a very humble place, and all his life he lived in a very humble way. Also as Sahaja Yogis you know that he was the incarnation of Shri Ganesha, which in a sense, is innocence. And he was crucified due to stupid understanding of blind people. He was the eternal child. It is so sad that when we talk about Christ and Christianity, we feel that Christianity has gone just the other way round, on the other side of Christ. If one is construction, the other is destruction, if one is innocence, the other is cunning.

Where there is Christianity; in its practice, its very surprising that innocence has no place and respect. Chastity has no place, no respect which was the essence of Christ. He was made of it. It is sometimes shocking how these so called Christian Nations have maligned

Christ to that extent and how they ruined so many people with their stupid ideas of allowing people to indulge into all kinds of filthy things.

The second point is very important to see how he was born in a very humble way. He was the son of a carpenter, so, he lived like a carpenter. But in the Western life, people are so materialistic and to them, to live lavishly, to show off their wealth, and to plunder people, plunder countries after countries for material gains is a common thing. They do not think that it is wrong. In fact, they are quite proud of it.

The great thing about Christ was that he wanted people to love each other and be humble, but the arrogance and the cruelty that one has seen of the Christian nations, one cannot understand how they are any where near Christ! He has said, "blessed are those who are meek". Where are those meek people living? Not in the Western countries. Not in the countries where Christ is

worshipped, where churches are raised in his honour, and have been worshipping the Virgin Mother for so many years. What a sinful thing to do to Christ! Is the greatest sin that we say we are following Christ, and to do all these horrible things. All such people have to go to hell. They may not realise but they are already getting into it. They are already having this problem. They are worse than the people who crucified Christ. Every day there's crucifixion.

He was bearing all the brunt of the people, everything. But the outcome of that life is so horrifying that sometimes **I get worried, that I hope they don't make something out of me like that.**

Now you people are born again. As Christ has said, you are to be born again. You have achieved that state which Christ was talking about. You are special type of people. I never had such hopes. The first encounter was so horrible, I did not think that many would come out of it. But so many of you have come out of it and have really glorified the name of Christ. I would request you, now, to know that

you are Sahaja Yogis and that you are the followers of Christ. You are the gnostics as described, "the one who knows", and that's how you have to help people to emancipate. It is very surprising that I saw that the Western life, the stupid destructive ideas, did not kill the innocence. But still I would say that this kind of lovey-dovey stuff must be given up. It is just most un-Christian because if you see, his life was a life of a '*Tapasvi*'. A man who lived in a very detached manner. So for Sahaja Yogis who are coming from Christian life, have to understand, if they have to get rid of it, they should be like that.

Among the Christians, marriage dominates the whole life style. Its absurd in Sahaja Yoga. If one of the partners is not alright, it affects the other spouse. It covers the whole personality. It's not the case with Muslims and Hindus. I mean, I am married too. It doesn't cover my whole entire being with it. How can it? And that the problem is that once marriage system starts, anything starts, it becomes so important that I am faced with problems all the time. The

marriages are performed and then the letters start pouring in that 'this has happened to my marriage'. It is a headache. They will ruin their wives, they will ruin their husbands, they will ruin Sahaja Yoga. The importance of Sahaja Yoga is so minimized by this Christian mind. It is a juxtaposition as you can call it. **There is no similarity between the life Christ must have thought people would lead and the one people are leading. So it is necessary for Sahaja Yogis to have a dignity and sense, and to know that they are grounded in Sahaja Yoga. And marriage and all those things are just subsidiary. It's not the end of life.**

I have to marry people because I believe that one should lead a proper married life, because if you just take up sanyasa without going through this married life, you can become very much hypocritical. But that doesn't mean that marriage is everything. **It's not so important. It's just something that has to happen. It's not more important than praying. It's not even important than meditating. It's not more important**

at all than even eating your food. The more ado you start making of it, you start falling into the same trap where I pulled you out.

We have come out from hell. Now be dignified, be sensible, and over importance to such unimportant things will not allow you to rise high. But I don't say you don't marry. Of course, you must marry. Of course, if you are Sahaja Yogini and know about Sahaja Yoga, then of course you are helped much more. You get much more power, much more joy, much more understanding, and it is very good. But the inter-relationship is so important, on small things, is beyond me to understand. Then I see that the girls fall in love with the men that they marry-finished. The man is finished. The woman is finished.

Today, I am taking this great occasion to tell you that Christ was born to immaculate conception, and that's how I have given you your second birth, and you are so pure. So all the impurities, you must see them clearly. I know you don't like them but they will creep from here and there.

If you have to come up to this stage, you have to keep up the staircase. You think that you have achieved a lot because now you have a settled family, settled children and you are worried about your own children all the time. No, it's another temptation. It's a very big temptation. **So on the great occasion of the birth of Christ, we have to say to ourselves that we are dedicated to Sahaja Yoga. That's the main thing. Everything is subsidiary.**

We are on the cusp of a wave from where we are going to jump on to another wave which will be much

higher than this, but you must have the worthiness. If you are not sea worthy, you will be drowned. So we have to develop that worthiness and we have Christ before us. What a life it was! He lived like a human being in a humble way. And how truthfully forthright he was to say everything so clearly! In the same way, you will have your strength where you will know that you are much more than your nationality. You are a higher personality, a Sahaja Yogi who is dwelling in the kingdom of God. That's the bliss. Not the family bliss and the children bliss but the bliss of God.

May God Bless You

Sankranti Puja

Kalwe, 14 January 1990

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

Today is the day for us to celebrate in India very much, because the sun moves down to Capricorn, and from Capricorn it then comes to Tropic of Cancer. When the sun comes back to this earth then all the creativity of Mother Earth starts acting and She creates such beautiful things like flowers, nice nourishing things and fulfilling things like fruits and She makes our eyes cool down with the greenery She has, and the way She blesses us is manifold with the advent of the sun.

In the same way now that the sun of Sahaja Yoga has risen and is coming to the zenith and it has definitely shown you the result on the Earth principle that is your Mooladhar and your creative power of that Mooladhar which is the Kundalini, has been rising and rising and rising and opening your being, and showing the results in your lives. It has made your lives very

beautiful. It has made your life very joyous and very happy. Now we are at a point where we have to trigger a new jump, a new flight. And for this flight, we have to see that we really become very light in our ideas, thoughts and in our conditionings. You are so much full of conditionings. All types of conditionings are on us. They are so deep that sometimes I fail to understand human beings. I just don't understand how we get stuck to things which are of no value, which are of no sense, and they get lost. In this higher jump, which you are going to take, many will be left behind as a result, those who will not be able to come out of that. So at this stage, I have to request you that you should really fully dedicate yourself to meditation, and surrender yourself to collectivity. Everyday, you must think in evening what have I done for Sahaja Yoga? What have I done for myself?

Please try to understand that there's a very big jump you have to take. It has to be triggered and for that I would like you to be ready. To be absolutely prepared because in this jump you might be lost, and many might be left behind because they could not get over their conditionings.

The conditionings are of various types - of ignorance, blind faith and all other things that we have gone through. Also we have conditionings of our country, of our race, of our styles and so many other things by which we judge others. But we have to judge ourselves, that are we in a Sahaja culture or not? If you are not in Sahaja culture than it's going to be very difficult that you will board the ship which is going to take us off. I have to just warn you that later on you should not say that Mother so many were left behind! If you find anybody left behind, please try to help that person. Please try to correct that person and with clear idea and clear voice and clear-cut instructions. **If you really find that somebody is going wrong, you better warn him. I'm telling you all today because you**

will be departing. You have to tell your fellow men that this is a very crucial time and none of us should just take for granted Sahaja Yoga.

All other things are just a kind of an illusion that you feel that your worldly things are alright, and worldly things you can manage; **God doesn't care for people who are rich and well-off or people who are poor. What He sees is what richness you have got of spirituality. He doesn't bother about your education, of your degrees, of pompousness etc. What He sees is how innocent you are.**

How much you have worked for Sahaja Yoga? What you have done for God's work? So all these priorities have to be changed, and one must understand that **Sahaja Yoga judges you on a very subtle level.** So in this last judgement now as you people have been judged as good people. But still for the second jump that you are going to have, **we have to be very careful that, may be, some of you who think you are Sahaja Yogis in your heart but are not may be left behind in this big jump we are going to take.**

So it is important that the sun has risen and now gone to the zenith, and at the time of its zenith, one has to be very careful because the same sun which has started making this beautiful greenery all round us may scorch with its heat. **So be careful, and one has to be aware and all the time under the guidance of Sahaja Yoga to understand what is wrong with us, what is making us so heavy, what is making us so difficult?**

So far I'm very happy that whatever I have been telling you and whatever I have been guiding you, you have accepted it very calmly and sweetly. And that you have tried to imbibe it in

your life style. Actually, after some time, I don't think I will have to tell you anything. You will get your own light to see for yourself what is right and what is wrong. But still I would say for all the Western people specially, that you must open your heart in the puja, in the music, in everything. Just see that you open your heart. If you cannot open your heart, it won't work. Because it works through Spirit which resides in our heart. **So please try to open your heart for everything. All your conditionings, all your ego will disappear when you decide that I have to open my heart for Sahaja Yoga.**

May God Bless you

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