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# The Divine Cool Breeze



**"If you are still busy with the money problem or the power problem and this problem and that, then you are a 'problem' not a Sahaja Yogi. A Sahaja Yogi is above everything else and is very powerful. Power will be achieved by them-power of love and compassion, which is not only words of love."**

**Her Holiness Mataji Shri Nirmala Devi  
(Adi Shakti Puja, 2001)**



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# T H E D I V I N E C O O L B R E E Z E

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# SHRI ADISHAKTI PUJA

CABELLA, 3.6. 2001

(Pravanchana of Her Holiness Mataji Shri Nirmala Devi )

Today we are worshipping Adi Shakti. I think this is the most important Puja, because it is the power of Adi Shakti that has given you Self-Realisation, that has given you the Truth, that has given you the power of Compassion and Love. That's the power that separated from Sadashiva and this Power wanted Herself to create this complete universe, universes after universes. She is creating and loving. With Her love, She did this great creation-creation of this world also.

This is a specially selected planet, which was very beautifully brought in the centre between the Sun and the Moon for the creation of-ultimately- the human beings. This is Her great work-with such love and affection, and with very great hope that Her children will know the Truth and will get the ultimate Knowledge about themselves, and about everything else.

As you have read in the Bible, about how Adi Shakti came in the form of a Snake and told human beings that: "You have to know the Knowledge". Adam and Eve... and to Eve specially, and they accepted to eat the fruit of Knowledge. Because they would have remained just like animals, without knowing any

subtleties of life-little higher animals maybe -that once they ate the fruit they started feeling that there is something wrong-the way they are without any clothes. So they brought some leaves of the tree and covered themselves.

So the first knowledge came, was of chastity, because Shri Ganesha was established and His influence brought forth this consciousness that we have to cover our bodies. We are no more animals. Only, the animals- of course, they're not standing, so it is alright- are not aware of it.

With the knowledge of chastity, gradually human beings started growing... into beautiful nations, but there are so many things which were still to be known, to be aware of it. You may be aware of many things, but unless and until you get your Spiritual Awakening, unless and until you get your Self-Knowledge, all other knowledge is absolutely nothing.

With this Self-Knowledge only, you become powerful. The real power - the real power is of Love and Compassion. Today, when you see, the whole world is busy fighting and they are trying to protect people from wars and creating great, huge, protecting instruments. The whole world seems to be in a mad

race... of killing each other, of destroying each other, of competition, ambition... leading to fighting and then to greater wars. They're fighting for a piece of land!

So ignorant they are! Can you carry even a pinch of this land with you when you die? When you are born, you come with closed fists. When you die you go with open hands. What do you take with you? All right, you may not like to take anything, but do you 'enjoy' whatever you think is so great, for which you are fighting? Why this fighting is going on among all nonsensical people? It's surprising how people give up their peace, give up their understanding, when it comes to a piece of land!

And the whole thing has moved into a very wrong direction and going towards complete destruction. The thing that has made human beings so much suffering because of all their ignorance, by which they have all those habits, all those attractions, all those identifications, which is so ruinous, which will ruin all of them, each one by one. They have to take to 'sense' and they have to take to their Self-Knowledge.

Self-Knowledge is the 'key' for a Saviour to give to people. We have had so many Saints. We have had so many Sufis. We had Tao people. We had Zen people. All kinds of realised

souls came on this Earth. They all suffered. They were tortured. Nobody understood them. But now the time has come for you to know the Truth. But Truth which is not dry, Truth which has compassion, Truth that encompasses everyone, that brings the complete view of our existence: Why are we here on this Earth? What is our purpose? What should we do?

Adi Shakti's powers are such, of Love and Compassion, that makes you understand your Self first. The love, for you, is very, very limited. There's no awareness of your own being. Just imagine what a great task is for you, how much you have to be seriously becoming aware of your Self first. That is extremely important. First you have to be aware of your Self. And now you have the light of your Spirit. In the light of that Spirit, you can see what you are. And you can see how far you are going, how wrong things you are doing, what harm you are doing to yourself. And you have the power to cure it, to improve it and to come to your senses. These are the most important times. You will never get these times again. Never had it in the history and you can never get it in the future.

This is the time you have got, not only the Awareness, not only the Self-knowledge, but you 'know how to do it'. Otherwise-about the saints, about those people, Tao and Zen people-they have just described what a

person with Self-knowledge is, how he behaves, how his style is, how he's so different from others. But none of them have said how you 'become' that. No one has been able to say that. Nobody has been able to 'do' that also. Because, perhaps, most of them didn't know about Kundalini, and those who knew, also, could not talk about it to people.

So the greatest work of the Adi Shakti is to put the Kundalini in your sacrum bone. This Kundalini is not the Adi Shakti. The Adi Shakti is a much greater thing, much bigger thing, much wider thing, much deeper, much stronger, much more powerful. Kundalini is the 'reflection' of Adi Shakti Power and when She rises, you know what happens to you and how you get your Realisation.

But you have to be very watchful. Are you really a compassionate person? If you are compassionate, the first thing that will happen to any compassionate person, I think, will be to help others, to emancipate others. They cannot be satisfied with their own achievements and with their own state of Self-Realisation. It cannot happen. What was the need for the Adi Shakti to do all these efforts, to work so hard? You know that I had to work very, very hard. But, from My very childhood, I've worked very hard and I've gone through very difficult times, very, very difficult times according to human

understanding. But the worst time I have when I see those people whom I have given Realisation-those who are self-realised people-'they' are the ones who have no responsibility for others-and if they have, it is very little. They don't have that Compassion and don't have that Love, that we 'have' to have today to save the world, save the humanity. That's our... not only our 'principal' work, but the 'only' work that we have to do. All other things are going to achieve nothing, except for your own efforts, individual efforts to give Self-Realisation to others and give them this Knowledge

This knowledge is so... so easy to understand. It is very subtle, no doubt. And, as I've told you, that the 'Quantum Theory' they're talking about now, the scientists, is that they have seen those miraculous waves of lights and they are trying to find out something about it. It cannot be that some Sahaja Yogis will rise above the others. Every one of you have to know that this is a very special thing that has happened to you. Even if you had gone to Himalayas, even if you have starved yourself, even if you have been singing the praise of God for years, even if you had done all kinds of rituals and penances, you could not have got your Realisation. That would not have been possible.

I knew this. That's why I have to work very hard, facing all kinds of

problems, all kinds of turmoils, all kinds of pressures. What was the thing? Just to see that you all are created and you're all My hands. You have to work. Every finger has to work. And that is what I have been telling you, that now it is our responsibility to see that we become, not only Sahaja Yogis ourselves, but it is blossom time and many, many Sahaja Yogis we should have.

It's a work of Adi Shakti. Try to understand this. It's not work of any Saint. It's not work of any Incarnation. It's not work of any politician, and not work of any big leader. It is the work of Adi Shakti, which is so transparently showing its results in you. Now it is for you to see. To please Me is your ardent desire, I know. I see how you love Me and how you want to do for Me. The greatest thing you can do for Me... is to spread Sahaja Yoga. It is a very special, extremely difficult blessings you have got. You didn't have to do any efforts. You didn't have to pay any money. You don't have to get sick with rituals. You got it spontaneously. But that doesn't mean that it's... sort of... your birthright to get it. It is the work of Adi Shakti. And the work of Adi Shakti has to be shown in your life. It is a compassion, without any reward. People have tried to spread their religion by showing compassion to poor people, looking after the poor people, handicapped people. There's no need, actually, for

Sahaja Yogis to do that. What they have to do is to transform other people. Find out ways and methods how you can transform, how you can spread the message of Adi Shakti. Put your mind to it and you will know how you can manage it.

There should be all the time compelling desire that we have to find out method by which we can spread Sahaja Yoga. Otherwise, it's like what Christ has described, that some seeds fell on the marshy land and sprouted, but never grew. You can only grow, in the real sense of the word, and become something very, very special and real, by knowing what you can do. I have a vision, no doubt, and I've been talking about it quite a lot, but it ends up with the Puja. It's not a good thing. I know some countries are very difficult. Try to find out what is the problem, why it is so very difficult. Attention has to be paid to this, that what other human beings are doing to destroy themselves, as if it is the part and parcel of the same game which we call as the Last Judgement. But let us, through our compassion and love, save as many as possible.

This is the work of Adi Shakti, not the work of any Saint or any Incarnation. They're all there, no doubt. They're all with us, all the time to help us. But you people have the power of Adi Shakti, which is very great, which is very penetrating, which



is miraculous. It is so effective. But unless and until you become aware of your own powers, how will you work it out? It would be like a dead machine that has everything, but nobody is there to work it out. All the time I had to go through very, very hazardous times. And sometimes I felt that I may have to take another birth, the way things are so difficult for Me. But now for you it has been very easy. As if... the one who makes the road has to work very hard, but those who walk on that, they don't realise how easily they have got it. And if they (do) realise this, then they will realise also: "Let many walk on this road, which was created with such patience, understanding and love."

I have to really see you-all Sahaja Yogis-doing your level best to change this world. 'Has' to be changed. As it is, humanity has to be saved through 'you' and nobody else. No president, no prime minister, no minister, none of these people can change the world and save it. It is 'you' who are entitled. 'You' have got this Power. Do you realise your own status, your own being, which has risen so high? It is not there! If that realisation 'is' there, you would go 'all out' to express your love and compassion to other people, to make them realise what they are. **Only with Sahaja Yoga you can save this world. There's no other way out. Whatever you may try, say, to help the poor, to help this and that**

**is something very, very superficial. The best thing is to give Realisation to every person you see.**

We have seen children: they are coming up, they'll be great Sahaja Yogis also. I can see that. But, before them, **you have to show your own merits of what you have done. It's not a static work. It is a big movement, which has to be really explosive. And unless and until such a great step is taken, I don't know who will be blamed for the Doomsday.** You are the ones who have to build up the destiny of human beings. Don't consider as yourself, something nothing! You could never have got your Realisation. You'd never have come to Me. Among so many, you are the ones who came to Me and who asked for Realisation and got it. You know it cannot be forced. This Realisation cannot be forced. This awareness cannot be forced. And the growth of this awareness also cannot be forced. You have to develop that attention deep down within yourself, and see for yourself what you have done, what you have done. If you are still busy with the money problem or the power problem and this problem and that, you are a 'problem'. You are not a Sahaja Yogi. A Sahaja Yogi is above everything else and is very powerful. Power will be achieved by them - power of love and compassion, which is not only words of love. It is not only act of loving others, but it is a

powerful personality that you will have, which will just emit that great Divine Light and can capture people. All of you should develop a very brave personality.

I must say people have improved. Otherwise everybody used to write to Me: "This is wrong with me and that is wrong with my father. That is wrong with my great grand-mother" and all kinds of things. That is over now. Much less, I must say, much less. But instead of telling Me about people who are sick, people who have failed, people who are still in a state that cannot be improved, attention should be changed.

If there's one person who has got cancer, anywhere, immediately at least ten photographs will come to Me. Leader will write to Me. The leader's wife will write to Me. Everybody will write to Me that: "Mother, he has such and such thing!" Why? Is that My job? That person can be cured - we have hospitals - can be cured by photograph. But attention always goes-now the compassion part of it-to those people who are, so-called, suffering-physically, mentally, emotionally, financially-also in the marriages. **That's not your job, neither Mine. If they're sick, they should take a photograph and work it out. If it doesn't work, that means that... it doesn't deserve. There is no need for you to treat them and to**

**work it out and, if it fails, to write to Me that "Mother, such and such person is sick." What's so important? Already we have so many healthy people going around. Why not use them first? Our job is not to cure people. Affection is all right. Compassion is all right. It is a natural thing that our attention goes to sick people or to the poor people or to the people who are suffering. But what about Sahaja Yoga? If you have one sick person, hundred Sahaja Yogis will get after that. What is the reason? Is it compassion? It's not! They want to prove that they can cure that person. It is not compassion.**

**Compassion today is to transform human beings into Sahajis, into good people. That is the love of Adi Shakti.** Because... those who are born have to die in any case. We should not be unkind, of course, but our attention should be: "How many people we are giving Realisation to". It is a very common thing that people indulge more into so-called curing and improving and this. It's alright. Also there are problems like in the marriages, you see. Some married couples don't want to be there. It's alright. Finish them! If they don't want to live together, let them go. We have many people who are sensible in this world, many people who are healthy in this world. Now how can you go on struggling with people

who don't want to live together and have problems? That's not your job.

**First of all, you are a 'spiritual' worker. You are not a 'social' worker. Of course, by the way, you can do social work. It doesn't matter, by the way. But 'the main thing for you is to transform human beings'. With that, the greatest diseases of meanness, of cruelty, of torturing others, anger, all these diseases can be cured, which are internal, not external. That is today wanted. Every country is fighting and is tortured and is in peril all the time of getting destroyed. The only way you can do it is to give them Realisation.**

Now what happens is to be seen very clearly, that **when you give Realisation to someone, and he values it, and he grows into it, then you are protected.** You are completely protected. Who protects you? You may say: **"The Adi Shakti!"** **Alright. But also there is a destructive power working in this world. Not of negativity, but positive destructive power of Shiva. If Adi Shakti's work is going on well, He's happy. But He is sitting there and watching each and every person, each and every work of Sahaja Yogis and if He finds something really very wrong-I cannot control it-He destroys. I cannot go up to that point. He destroys. Not only destroys, but**

**thousands He can destroy.**

Anywhere there is a calamity, we can say, like an earthquake or some sort of a hurricane, all these things come through the working of Shri Mahadeva. I can't help you there. But if you really give Realisation to people, all these can be averted. Of course, it is the whim, I should say, of Adi Shakti that She started this work of creating this world, of creating you and making you Sahaja Yogis, but your responsibility is also very important... You cannot be irresponsible. Maybe it was I felt 'My' responsibility? But there's a difference: I never felt it was "My responsibility", never felt this was "My job", never felt: "I have to do it". 'I did it.' That is the work. That's the kind of personality you should have. You have to do it in a very humble manner, in a very beautiful manner and you'll be amazed to see how you are protected, how you are supported and how everything works out.

The greatest joy you will get when you will find you can give Realisation to people. You can change their lives. Never you would feel such joy, even if you get, say, a big lottery maybe, maybe a job or a big name or a very big award, no. The joy of creating Sahaja Yogis knows no bounds, is such a joy-giving thing. You develop such fraternity, such solidarity, as they call it, such oneness, such enjoyment of love, enjoyment of compassion. It's

a different level of enjoyment that's not like ordinary enjoyments.

**You're not to be afraid of 'Me', but be afraid of yourself. Have a watch on yourself and see for yourself: "What have you been doing so far? What have you done so far?" Because you have been enlightened, if the enlightened people cannot give light, what's the use of having them?** Look at these little, little candles. Whatever little light they have, they're giving that light. They're burning themselves to give that light.

If we cannot give that light, what is the use of enlightenment? "Enlightened" doesn't mean the light for yourself only - the light of Love, Compassion, which is Divine, which is not normal, which is not ordinary as you see in the films. It is a Divine Love which works.

**And that is what makes Me sometimes little weak when I hear that Sahaja Yogis now are getting**

**involved in money, in cheating... I mean, all kinds of criminal activities they do... I can't understand. I can't believe it. After getting the highest, why do you want to go so low as that? Because you have not yet felt what you have got. You have not realised what you have got. And you don't respect yourself. Still, if you are on the same line and the same level, I must say you have done no justice to Me or to yourself. We have to work it out. Single-handed, I've done it, worked very hard, I must say, in the sense that I had to deal with horrible people - very unkind, very selfish, very cruel. But doesn't matter. And such beautiful birds I have discovered. But you must keep your lustre and work it out. I'll be very happy to know that Sahaja Yoga is spreading with leaps and bounds, with great speed and that people are really getting into that realm of peace, joy and happiness. That's My dream and I hope you all will work it out.**

**Thank you very much**

# GURU PUJA

8 July 2001, Cabella Ligure

(Pravanchana of Her Holiness Mataji Shri Nirmala Devi )

You don't know how your Mother feels to see so many people who have become really gurus themselves! They have been seeking the Truth in very difficult times. They have been wanting to know what is the Truth. And this difficult time, itself, has served to act upon your minds that what is happening in this world, whatever we are seeing around us. In the whole world also, there is something definitely very wrong and we have to go beyond.

In the seeking, one thing is very important, that the person should have a great devotion about it. And also untold miseries you have to go through. **Seeking is when within yourself also you are struggling and outside also you find nothing satisfactory. This is how the seeking has a double edge.**

In that seeking, when you are trying to get to the Truth, it seems it's a very difficult thing. But you can't help it, because you are not satisfied with what exists around you. See the world today, it's full of strife. All kinds of strifes are there. People are fighting for nothing at all - for land; killing human beings. Land, can it create human beings? They are fighting in a very Collective manner thinking they

are doing a very great service to humanity!

The thinking today of human beings is not at all deep, it is very superficial and that's how you find this world full of turmoil; everyday, every minute you can find ... they are killing so many human beings. They are torturing, in a very large scale. Formerly, of course, the saints were all tortured - tortured by all kinds of different stupid ideas, I should say, of something being higher and something being lower; something being good, something being bad.

Under such ideas they combined together and worked out all kinds of aggression all over the world. All over. Not only that, but also in the families, in the institutions, in the organisations, thinking that they were very right, they were very good, and they tried to aggress other personalities.

So, many people thought 'It's better to fight it back' and they started fighting it out collectively - it doesn't work out. This fighting doesn't work out, because fighting begets nothing but murders, killing. Thus many people were killed. Buddha talked to people of non-resistance, and there is history about it - that in one of the great universities in Bihar, when the

aggressive people came in, they killed all the saints in the name of aggression. And they all died.

Maybe that might have achieved on a very subtler level, some sort of punyas; but in this Kali Yuga, it is not going to work out. What is the resistance you can put in (up) against such people? How can you fight them? It's an impossible situation to convince anybody that they are aggressive and they are nowhere near the Truth. Because nobody wants to accept such a thing. And so whatever they are trying, all over the world, to convince others of their follies, are completely failing. And thus this struggle, this war-mongering cannot be cured.

We have to accept that human beings are not at that level to understand what's wrong with them. They do not want to accept. To them, aggression is the only way they can propound their own goodness. So what is the solution?

The solution is that we should give all of them Self Realisation. They should get their Self Realisation. Then only things will improve. Now, you might say that, "Mother in these days of strife and struggle and fighting, it will work out. Circumstances will tell them. Life will be so difficult with all the time weapons hanging on their heads, that they will have to also seek the Truth". It has to be done very genuinely.

If they are seeking the Truth, they will be surprised that this world is one, all human beings are one, and that is the destiny of human beings. **But for that, so many are to be killed, so many are to be destroyed, because they don't learn a lesson in an easy way. Now your job is to give them Self Realisation, and change the people.** That's the real thing you have to do as gurus. But what are we doing? We come to Sahaja Yoga with what idea? You are working only on the periphery.

Firstly we are worried about ourselves: how we can prosper, how can we become better off; also there is greed. We do not see ourselves - if we are aggressive, if we are trying to trouble others, if we have wrong ideas about ourselves, how we torture others.

So first of all you have to cleanse yourself and accept your own problems, your own misgivings. These are to be faced. And challenge yourself; What are you doing? You are a Sahaja Yogi, how can you hate someone? How can you trouble someone? How can you torture someone? This is the beginning of introspection, it's very important. **I can make out a person who meditates, in the real sense of the word, and the one who just 'meditates'.** You should not deceive yourself. If you are deceiving yourself, then how

**can you become a guru?** For becoming a good guru, you have to first of all be very honest within yourself, and find out what are you doing, what are you up to, what have you done.

We have six enemies, as I have told you. And we justify all these enemies. We think, "It is all right! After all I did this because of this, I had to do it" Somebody would say, "I was poor, so I had to be dishonest". Another would say that, "I had to tell lies". Another would say that, "I had to be immoral". This is the biggest thing human beings have is justification! Animals don't have it. They have their fixed ideas; they have their fixed 'nature'. But human beings can do all kinds of wrong things and can justify it. This justification doesn't help you in your ascent. "I did this because of that ...". It never helps you! One should try to introspect and see for oneself what is the justification.

So when you start supporting yourself in doing all kinds of opposite things, how can you rise? How can you ascend? All the time you are trying to descend! So purification within is only possible if you can see yourself clearly, if you can't see how will you purify? If I can't see in the mirror, how will I see what's wrong with my face? So when you start seeing the Truth, and comparing yourself with that, then only you can clear out

yourself. But the identification should be with the Truth.

For example, you see in the mirror your face and you find something wrong - you are not identified with that wrong, but you are identified with your own face, and so you clear it out, cleanse it out. In the same way, if you are identified with yourself you cannot get rid of it.

When you are climbing ahead into the new path of righteousness, of goodness, of compassion and love, you should see yourself, watch yourself. What are you doing? Where are you going? How far you are stupid? You should not cheat yourself. Let others cheat you, let others do whatever they like. Let others try to kill you, but don't you kill yourself! You don't cheat yourself! So you have your self-respect, and you have your self-honour, which you value more than anybody else. And you don't yield to anything that will spoil your image in the mirror. This is the first step, is of introspection.

Now what helps for this introspection is your sense of love. **Can you love a person who is distressful? One who is aggressive? One who is hot-tempered? One who cheats you? Can you love such a person? You cannot. Then how can you love yourself when you have these**

### **qualities, when you do this to yourself?**

So the first thing is the pure love for yourself. Pure love. It's such a great thing to have pure love. Like, you may like to have a very nice bed to sleep; you may like to have a very beautiful house; you may like to have all the wealth of the world. But, all this, will it make you love yourself? **If you love yourself, you don't want anything! Because you enjoy your Self! To enjoy your Self is the greatest enjoyment.**

So now you have got Realisation. Means you know what you are, you know what a beautiful thing you are. When that is so, you should try to love your Self. And when you start loving your Self, you are not bothered about all non-sensical things. Now this pure love is one of the most beautiful things you have which you can do to yourself. When you are selfish, you are not loving your Self. When you are unkind, you are not loving your Self. When you are aggressive, you are not loving your self. Because you are loving all these bad things; but your Self is pure. It's absolutely pure and beautiful. And it loves all that is beautiful and good. So this is the beginning of your 'Self' Realisation: when you realize how important is your Self. You don't have wrong ideas about yourself, you don't justify all the wrong things you do, because you understand that it is a

blemish on your Self. Face yourself in the most honest manner, and you will be amazed to see how nice it is. Just to see the pure Self shining within you. When that Self starts shining, you start seeing many other things which you have not seen, so far. And one of them you see is that love is not only for yourself, but for everyone. It's a pure love for everyone else. It's not only for your self. It's very surprising: when you really love your self, then your love is for your self, and you start spreading that love in such a manner that you beautifully love others.

You don't love for money, you don't love for some advantage, for some power or for some gain, but you love for love, because pure love is so joy-giving. It is so joy-giving - that if there is any such thing that 'I love somebody because I want to possess that person', 'because I am something great', and 'if I love somebody then that person should feel absolutely obliged'... all these ideas are absolutely of no avail.

Really if you love, then you just love. You love everyone. You may say, "Mother, how can you love a crook?" Need not go his way. Need not be with him. Need not have anything to do with him. But if you are pure love, then he can change, she can change. If they do not, then you don't bother.

**Those who come into the ocean**



of love, those who are really pure, loving people, they are your friends. They are the ones who are needed on this earth. Not the people who are crooks, who cheat you, who try to dominate you - they are not the ones needed. What we need are the people who are completely drenched into the purity of love.

So, from love we go to another point, which is purity. And the purity is a subject, which has been talked about by many people. That you should be pure, you should be absolutely open and people should know everything about you. I don't think that is purity. **Purity is that which purifies others! If you are a pure person, then others will be purified.** They have to be purified. Now supposing you have certain ideas about yourself, you think that you are very highly placed as a Sahaja Yogi and that you are full of love.

Maybe it's all imaginary. Does it purify others? **Does your purity purify others? Can it give them awakening? Can they be Realised Souls? And then, how much do you value the purity, the power of purity?** And how many people you give Realisation to? Or you have kept it to yourself? How many places you have been to spread this purity? Purity has to be spread. And without any doubt, in your own purity, you should do it because it's a very, very powerful thing.

Purity is very powerful. It may not act on one or two persons, doesn't matter. There could be some very, very nasty, horrible fellows, doesn't matter. But it will have an effect on very many sensitive persons who want to become Sahaja Yogis. You have to just test it; how people like you and how they are impressed by you.

The Paramachaitanya, this all-pervading power of Divine Love, flows through you because you are pure. If you are impure, then it will stop at different chakras, it won't work. So **purity of temperament, purity of love - what does that mean? That you love somebody because that person has got spirituality!** You love that person because there is purity, and you go to places just to spread the purity among them. A pure person will never create a problem. It's the impure person who every day can start with this problem or that problem.

So the character of a Yogi is to worship the purity of your own and the purity of others. **It's true that we have to face ourselves everyday. It's true that we have to correct ourselves every day. It's true that we have to separate ourselves from ourselves to see how far we have done, how far we have gone, what are we doing, what have we done.**

So the difference between the ancient times' guru and modern times'

guru is that the ancient times' gurus didn't care if they gave Realisations to people; it was not their style - most of them. They only cared for themselves, nicely sitting down somewhere in the Himalayas, away from all the madding crowds, and enjoying themselves! But you must share this enjoyment. I think that is the sign of a good guru. The one who cannot share, only looks after his own pleasures, or looks after his own ashram, we can call it, or looks after his own family, looks after maybe some disciples he has - attention has to be for the whole world!

In Sahaja Yoga, now, it has reached such a stage that you have to worry about the complete humanity. It's not only you, or a few Sahaja Yogis, or many more Sahaja Yogis, but all over the world, whatever is the problem, you people have to solve it. But first get out of your own little, little problems. I get letters from people, especially women, saying their husband is like that, and husband does that and ... children are suffering, and all kinds (She laughs) ... Now, you are a guru!

Means you are such a highly electrified person with spirituality. Why should you worry about all these nonsensical things? And the consciousness that you are purified and that you are a pure person should make you very humble. Just the opposite of it- normally people, if they

are anything, they become very proud and think no end of themselves. If they have, say, one power, they will become like that; if they have some talent, they become like this; if they have some eminence they become like this - they do not become humble by that - by that achievement they become extremely, extremely proud, arrogant - absolutely in a very wrong shape! But you, you are a Sahaja Yogi and you should not mind anything that will bring down your purity.

So, you can call yourself as gurus if you want. I need not say that you are a guru. **But you have to first of all make your self your disciple! Must look after your Self first of all.** You have to see for yourself, 'Have I got the qualities? Am I the one who can really do all this?'

All this introspection within you should be with a very clean heart and understanding. Because you are not incarnations, which are born absolutely pure, but you are human beings and you are rising to the level of those incarnations. So you have to cleanse, you have to watch yourself, see for yourself and then understand if you are a Sahaja Yogi - have you got the beauty of purity and love?

Now this love is not relative, is not conditional, is not limited, but it is absolutely like an ocean. And you like to swim in that ocean, like to be

drenched in that ocean of love.

Formerly guru meant a person who is standing with a big stick. He used to hit everyone. Anybody did anything wrong - they used to hit and beat them.

We had gurus in music also, and different, different types of gurus we had in our country. And their speciality was that they used to absolutely oppress the disciple, control, and then teach the knowledge of music, maybe; maybe wrestling, maybe anything. But in Sahaja Yoga it's very different.

Even the spiritual gurus who were real were like that. Very harsh. They used to throw stones at such people. All kinds of things they used to do - but then they didn't mean anything bad (by it), but the method I didn't like.

There was a story about a person who was supposed to be a great guru, and I went to see him. I had to climb quite a lot because he lived in a small, little cave. And when I reached there, you see, he was very angry within and going on like this, like this (She shakes her head from side to side).

And it was raining so I was completely drenched! And I went and sat in His little cave. Then he came back and he asked me a question. He said "Mother, it was raining. Normally I can stop the rain, but you wouldn't allow me to stop the rain. Why?" I

could have told him 'Because of your ego'. I didn't. I told him in a very sweet manner, "You see, you are a sanyasi and you have got a sari for me. If I had not got drenched, I could not have taken sari from a sanyasi". He completely melted! He had tears in his eyes and fell at My Feet.

So the technique of Sahaja Yoga is like this. It's not anger. It's not repulsion. It's not hatred. But the technique is such by which you suggest your love. This is how one has to understand the difference between a Sahaja Yogi guru and other gurus. No question of beating your disciple, no question of scolding, no question of shouting at them. Love is the most powerful thing! Of course it doesn't work on some people, I agree. Forget them.

But it works in most of the people because God has made us out of His love, and we have a capacity to yield to that love and to enjoy that love. So, for a Sahaja Yogi, what he has to do is to understand the powers of love. Powers of love, if you can understand, it will grow within you.

Some people have, some people don't have it. **Try to understand, this Paramchaitanya is nothing but it is (the) power of God's love - or you can say 'Mother's love'! This power works so beautifully, in such a secret manner, that you call it a**

**'miracle'. Because you can't see how it has worked.**

**So first and foremost thing is, try to develop the sense of love within you.** Understand. There is one problem, which is always misunderstood. Pure love can be very easily understood, that it gives you joy, that it helps others to improve, it works in a very subtle manner.

Now try to remember when you came to Sahaja Yoga, try to remember how you got your Realisation, try to remember how you started growing. These are like the seeds within us of love, which sprouted. Slowly and gradually we started the showers of blessings of love. Then we started enjoying it and understanding it.

Now at this stage when we are about to become gurus and we are already gurus, should be nothing but embodiment of love. It's a very different theory I am telling you. No guru will accept this - those who are already accepted as gurus all over. And the knowledge, knowledge they give you, is the knowledge of very subtle things. All the knowledge that you have got in Sahaja Yoga has been already told by those gurus long time back.

Somebody has told this, somebody has told that, somebody has told that ... But all the knowledge, the total

knowledge about your being, your chakras, everything, which you know now, is with you. That is the truth. You have the complete subtle knowledge which nobody had before. Because maybe these gurus did not want to give (it), or maybe these gurus did not know themselves. All the knowledge of Sahaja Yoga is simple, very subtle and is real.

**Now, after having this within you, should not be just mental - it should be spiritual. And to make it spiritual, what have you to do is to love!** When you love others, you will start working on them. Then you will find out, with your knowledge, that there is something wrong with this fellow: what is wrong? He has this chakra, he has that chakra this is the combination, that is it.

But a Sahaja Yogi doesn't get angry on that point. He tries to cure that person. He tries to improve that person. He doesn't say "You are very bad, you are horrible". No, no. He takes up a challenge that 'With my pure love I can cure'. It is so simple for him; not like any doctor or anybody who has certain great qualifications that he would come and ask for the fees and that he will charge you this money - nothing! He knows what's wrong with you and he knows how to cure it. And he does it that way.

So, you are not afraid. Apart from

(the fact that) you are not afraid, That person who is with you also is not afraid because of your temperament, because of your nature: the way you are handling the patient, the way you are talking to a person who has come to know about the truth. And thus you give him also the truth. Also you teach him what the truth is.

**And the truth is very simple - that you are the Spirit!** This is the truth, is revealed out to another person. Thus you realise yourself, by giving Realisation to another person, what

you have done is to give him the truth itself, Absolute Truth.

I know it's a ... these days people find it very difficult to find any time for Sahaja Yoga, for spreading Sahaja Yoga. They are looking out for holidays! Whatever it is, whatever is happening, I am very sure with your great powers that you have, you can really show great, great success, very great success. And this success can bring forth the vision I have of saving the humanity all over the world.

**May God Bless You**

# Public Programme

Royal Albert Hall, London-14.7.20001

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

I bow to all the seekers of Truth.

Some of you have found the Truth, some of you have not found it fully, and some of you have not found it at all. But if you look around in today's situation, you will have to admit there is a big turmoil going on. Countries after countries are taking to all kinds of wrong things. A lot of cold war is on, people are killing each other, destroying beautiful places, cutting each other's throat for nothing at all. We are all human beings created by God, God Almighty has created them and has brought them to this level of human awareness.

At this juncture one can see where are we going in a collective way. This is, where have we to reach or is it our destiny? Is this the destiny of human beings, to be destroyed by each other for land or for anything else? Think of the whole world as one and think what is happening all over. Every day you read newspaper, every day there is some sort of a horrible news about horrible things people are doing to each other for no rhyme or reason. We have to think: what is the destiny, where are we going? Are we going to Hell or to Heaven? What is our situation around? Can you help it?

What is wrong with human beings is

they are still in the complete control of ignorance. I would call it ignorance, and in that ignorance, in that darkness, they are doing this horrible thing. Nobody wants to understand that what we are doing is nothing but complete destruction. Is that our destiny? That we are going to get destroyed completely? What good are we doing under the name of some sort of nationality or maybe some religion, all kinds of things, which are good. But we are doing all wrong things. Fighting! Fighting is not nobility. We hate anybody who can excite our hatred. It is very much, I don't know.... Very much liked, and under this guidance, we form groups.

All this is coming because, this is the Last Judgement. I have told you, **this is the Last Judgement. And this Last Judgement will really decide who are to be saved and who are to be doomed completely.** It is a very, very serious thing. All of them who are aware should think about it. Little patchwork here, and a little patchwork there, is not going to do. Whatever you may try, unless and until you transform human being, it cannot be saved.

This transformation is not an impossible thing, it is not difficult. This is the time for transformation, this is a chance for transformation. And within

us it is placed, **the power, as power it is described, is the mystical feminine power within us. All of them have written, I am not the first person to say that; but nobody has been able, perhaps so far, to understand it or to accept it that it should happen to you.**

You are born, not only to be human beings, but you have to be superhuman. You have to enjoy yourself, your life should be enjoyable, it should be blissful. It should not be a curse, morning till evening worried about that. That is why you are created, because God had no intention of creating people who will be all the time worried how to quarrel, how to fight, how to save, but people who will live in complete harmony, peace and joy. That is why we are created, that is our destiny. That is not just I am telling you, but it is a fact.

So we will have to be, we have to be transformed. This transformation is not difficult, but what I find is that you could get satisfied with anything. Hindus will go to the temple thinking, "oh we have done great". Christians go to the church and think they have done very good, Muslims will go and pray and think that they are great. What have they achieved? **Face yourselves, please, face your limitations, face your, face your problems and see for yourself:** Have you been able to solve your problems?

Have you been able to save yourself from calamities? Maybe these calamities may come to destroy people who are, who are doing harm, then, that may be the mission of God. But what is your mission? Why don't you think that "I have to be a person who is not a stone, who is a source of joy and love"?

I am not only talking, but I want you all to get your Self-Realization. What is Self-Realization? It is to know your Self. You do not know your Self, you do not know. You are living in this world without knowing your Self, can you imagine? You do not know what you are, you do not know that you are the Spirit, and that you are the source of knowledge, of Pure Knowledge. I find people sitting in a meeting listening to some babaji who is telling them some story, very happy. This is not going to give you the reality, and the truth. If you want to have reality and truth, then please try to understand that something has to happen, to you some transformation has to take place. You are not yet subtle enough, you have not got the subtleties till you reach that point for which you do not have to leave your family, you do not have to leave your children, you do not have to leave your household and go to the jungles. There is no need to do all that. It is nice to say that "all right, you all take sanyasa and give all that belongs to you to me". It is such a stupid idea.

These are emergencies, you are living in very emergent conditions, try to understand. And I want to warn you that if you do not go deep into yourself and find out what you are and take to your transformation, anything is possible: all kinds of diseases happening to you, all kinds of new problems of children coming up, all kinds of national problems are there, all kinds of international problems are there, that people cannot help it. So we have to get out of this and become a solid personality of truth.

We do not know what the truth is. We are worse than animals whose eyes are open, while our eyes are closed. It is not to condemn you or anything, but to make you alert and aware that human beings have to change. **Otherwise you just, you come to my lecture, tomorrow you will come to another lecture. That is all, it is an everyday, sort of a nice entertainment. But when I see the destiny, I don't know how many will be going, how many will be finished, what will happen to them, what diseases they will get, what problems they will get, what will happen to their children, what will happen to their country, and what will happen with the whole world.** Just widening your vision. My vision is that all the people of the world should get transformation. **We have enemies within ourselves, and when we talk**

**of Jihad we talk that you have to fight your enemies within yourself. What are our enemies?**

These days the worst is greed, there is greed. With that greed people can do anything they want, all kinds of things are happening out of greed. They will have money, they will have all kinds of facilities, but still this greed is such a satanic thing that you do not even see what you have. And you want to have more and more, deceive people, deceive your relations, deceive everyone and grab their money.

Then another worst thing we have is anger. Anger does not allow us to see things as they are. We develop anger for small things. Like we have come to this country, I have seen people who are angry because of different colour. I cannot understand! God has made different colours otherwise we all would have looked the same, like army and life would have been miserable. So the colour has been created by nature. So there are whites or blacks, what is the difference? I just do not understand, because such a myth is going on, with this myth we are fighting. The whites are fighting with the blacks and the blacks are fighting with the whites. And then they go also for burning their skin in the sun, getting skin-cancers. I just do not understand, there is no logic, there is no balance in us to see that



what we are doing. Why are we wasting this precious time when we have to get transformation? This anger can be with anything, with anything one can develop anger. It is like a human failure, which is very common. For the smallest thing people can get angry, and they like it because with that they can oppress others, they could be aggressive. So they want to have this anger within them, and with that anger they try to dominate others. This is the biggest problem. Why do we want to dominate others? Why do we want to oppress others? And why do we want to take control of others? **We cannot control ourselves. Why are we wanting to control others? What is the need?**

Then there are **attachments**, attachments to their houses, to their land, to their children, to everything. But tomorrow you will not be here, you will go with open hands, you cannot carry anything new. So such attachments have to change, they are very particular about their car, about their house, maintaining. But what about yourself? Are you all right? Inside, are you absolutely calm, peaceful and joyful? Why are you wasting your energy in getting angry? That is a sign of life that will also be destroyed. If you look at another person, here you see weaknesses, apart from money, from women, is very common, or women having for men. To get attractive. For what?

Everybody has to get old. What have you achieved by running after women, by running after other sex? You have no sense of dignity, no sense of honour. If you are arrogant, you wear very good clothes, you are a wonderful person. This is not the way. We have to introspect and see for ourselves. Why are we doing this, wasting our energy into nonsensical things? So many people I met are really half mad and some of them are full mad. And what they tell me that they wanted to marry a particular woman and a particular man or anything. How they put it, I mean, how fragile! That is not being very great.

You have to be very, very strong within yourself, feel your Self. Your Self is the Spirit, is the reflection of God Almighty within you. You can be very strong, you can be very, happy, and you can be absolutely balanced if you become the Spirit. You have heard so much about Spirit and Spiritual life. But, have you reached that point? Even when you read Zen-system, Tao-system, Bible, Koran, anything. Do you know how to reach that point of the Spirit? Not yet, not yet. You have to know that, because you are very great, you are very precious and you are so beautiful within. But you are not aware of it! You have to become that. That becoming is very important. And for that God Almighty has already organised within you, which is called as Kundalini, which can

be awakened and its Awakening can give you Self Realisation, can give you Self Knowledge, as you call 'Atm-Saakshatkar'. That is what is very, very important, in your life to have it, and then it is free, you cannot pay for it. How much can you pay? When it is absolutely free, why don't you take your self realisation? And why don't you grow? Is it in the name of religion? Every religion has said about it. Mohammed Saheb has said clearly: "At the time of resurrection your hands will speak." Are they speaking? Hindus know about it, that we have to get our self realisation. No use just listening to these babajis and giving them money. All this kind of rituals that we are doing, that our forefathers have been doing. What have we achieved? Nothing!

So now it is important for us to know that we have to have our evolution reaching to the point of Self Realisation. If we were perfect, there would have been no problem. If we were Self Realised people, there would have been no problem. All kinds of selfishness, all kinds of limits we have put around us, all kinds of conditioning and ego, which have been working our life and have been ruling us. We have to get over it. And once you get over it you get united. Nobody has to tell you that you get united. You lose all misidentifications.

Your misidentifications are that, that you belong to this country, you

belong to this religion, you belong to that. You belong to nothing. You belong to the kingdom of God. That is what we have to achieve, and you should be one there. But if you like storytelling there is no end to it.

But you are wasting your time! The time is running short. I have been now here for the last, I don't know, 20 years or so. I worked very hard, but what I find, that people do not realise what they are supposed to do. They like people who will just say something very simple, or who are to serve visual entertainment. So the whole humanity has to understand that destiny of destruction is to be about today, complete destruction is to be about. And very simple is that you enter into the kingdom of God, which is very easy, no time to say anything, you do not have to work out anything. You take your Self Realisation, and then at home you spend about 10 minutes meditating. Only your mind is all the time justifying your misbehavior. I call it misbehavior because it is against the truth, it is against God's wish, it is against humanity, and it will destroy all the good things.

All this misidentifications have to be dropped and you have to know that we are all one, we are all global, we are not separated by colour, race or religion. We should know we are all one, and that oneness should not be

established by slogans or by shouting. What should be that oneness is to be felt within. It is not artificial, it has to be real, very real oneness. And that comes to you once you realise that you are **Part and Parcel of the Whole**. Religions have brought you up to this point of awareness, not your fighting, not your killing. Why, why human beings have diverted themselves? Because of complete ignorance of rightousness, because of complete greed of oneself, just yourself, all your family, at the most all your relations. Why do you want to keep it yourself? You are the Spirit. Spirit is the ocean, Ocean of knowledge, is the ocean of love, is the ocean of all blessings.

So we have to decide. Today I have to request that there is not so much time left. We have to decide that we have to become the Spirit. That is what all the religions have taught, but how to do it was not so very much explained, and it did not work out. Some of them did get it, but they were not trusted, nobody listened to them. Even people killed them and tortured them and crucified them. But now please, all of you, try to understand the value of that..... Why are you humans? Why are you created? What is the purpose behind this? Are you going to be driven by nonsensical ideas? Are you going to be finished by all sorts of dividing factors? No, no. You are all going to

get your Self Realisation, and you are going to understand the value of your life.

The problem is, you will get your realisation in the sense, the power within you will rise. It is very well organised. Actually, God is a great creator, how he has balanced and how it works out is remarkable, every detail he has done. With that happening, is not sufficient. You enter into, say, a place and then you go round and see for yourself how beautiful you are, what beautiful things God has made, then grow into it. Once you are grown into it then you will realise what a great thing you are, the greatest gem, the greatest person, so loving, that having some writing under statues. Nobody tries to understand what were they doing, how they worked.

So, tonight we can have the experience, the experience of the Spirit. It is a very unusual, rare thing, never used to have one like that. But it is now, so why not take advantage of it. Please, be ready for that, accept it, take it and become. Becoming is the point. What you become is the point, and what you make out of this whole human civilisation is your problem, not mine, I can help, I can work it out.

So I would request you all to now get ready for Self Realisation. It is much better, but those who do not want to have cannot be forced. So it is

better such people leave, leave the hall, and get on to their work.

### **May God bless you.**

Firstly, you do not have to do anything. Meaning, also do not think what I have said, try to keep your thoughts very peaceful, and I am sure all of you can get your self realisation. But how many will grow? Because you have to come to the follow-up, then you have to practice it in the centers. And it works out, little bit time you have to give to yourself and to this global problem. You have to dedicate yourself, it is very important you have to dedicate yourself. That does not mean that you have to become sanyasi or you have to get busy with this or that ritual. Nothing. But this dedication will make you so much one with yourself, with the whole universe that I do not have to tell you that you will dedicate by yourself.

So please do not stay here if you do not want to have Self Realisation, nothing will happen to you. Please leave the hall in case you do not want Self-Realisation.

What you have to do is not to do anything, just put your hands towards Me. Of course if you are wearing shoes, better take them out, because Mother Earth is very strong. Please put hands towards Me. You do not have to pray, you do not have to say

anything, just put your hands towards Me, just like this. Now please close your eyes, it is important, please close your eyes. This power-Kundalini, is placed in the triangular bone, known as sacrum, is sacred and it rises through six centers of the parasympathetic nervous system and ultimately pierces through the fontanel bone area which was a soft bone in your head, on top of your head. When you were a child it was a soft bone. It pierces through that and enters into the subtle energy of all-pervading power of Divine love. They call it by different names, they call it Paramachaitanya, they call it Chaitanya, and some call it as Ruh. You may call it by any name, it is the Love of God. Once you get connected with it, when you start feeling on your fingers some sort of a breeze, first some people will get hot, does not matter, but then it cools down and you get the cool breeze of the Holy Ghost - Everyone. And it starts flowing.

You can now raise your left hand on top of your fontanel bone area, keep your eyes shut and see for yourself if there is a cool or a hot breeze coming out of your head. You can move your hand. Now see with your right hand if there is a cool or a hot breeze coming out of your fontanel bone area, which was a soft bone in your childhood. See for yourself. Bend your head, better is to bend, please bend your head. Again put your right hand towards me, and

see for yourself with the left hand, see if there is a cool breeze coming out of your head. If it is hot it is all right, it does not matter, and it is coming because of the heat within you.

Now all those who have felt cool or hot in their hands or on their fingers or out of the fontanel bone area, this is the real baptism, please raise both your hands.

**Just imagine, you are the soldiers who are going to save the world from its destruction. Try to understand your importance.**

You can put down your hands. Everyone practically has felt. That means you are already mature to get your Spiritual Life. It is the last jump to Reality. Now you should know what is this, what are you, what is your Spirit, and what you can do, what are your powers, what are spiritual powers.

For this I would request you to first come to the follow-up program me and after that you can join anyone of the centers which are closer to you, and work it out.

You have to work for the whole world. You should know there are 85

countries, which are following Sahaja Yoga. And surprisingly, in black countries like Benin, they have 20,000 Sahaja Yogis. Only three years back I started there. And in England, it is more than sixteen years, I have been working here, and after that also all the time every year. But somehow, their growth is very much there, but not subtle, not within ourselves. The growth is within and you will enjoy, very much enjoy the reality. The reality is beautiful, absolutely.

**May God bless you.**

They want to sing one song, which was written in 12th century by a saint in India. And it is sung in all the religions, but nobody knows the meaning of that. The meaning is that "O, Mother, give me the union, Jogwa, I will give up my bad habits, I will give up my temper, I will..." You do not have to do it, now you will give up automatically. The light that we have itself automatically will give up, automatically. You do not have to do anything, but you have to meditate, about 10 minutes, that is not much.

They are so much full of joy that they all want to go on singing all the while.

# New Year Puja

31.12.2001, Kalwe

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

Now we are starting a new year and I wish you all a very happy and prosperous New Year. In this Desh of mine, I also wish you a very deep growth in Sahaja Yoga. Now you all are Sahaja Yogis and you all have to become masters in Sahaja Yoga.

For becoming masters in Sahaja Yoga I am sure, you are doing meditation, introspection, and all kinds of Sahaja Yoga rituals, I should say. In this new year I think there is greater chance for you to do much better because all those years of ordeals are over. We are now entering into the new era or say now the 'Satyayuga' has established.

In the beginning you may not feel the atmosphere of Kaliyuga has been cleared out completely. Of course gradually you will find that all is clearing out and all the people who are dangerous for your spiritual life or your national life, for your family life will have to take back their wheel. They cannot be successful. Now the Sahaja Yogis have to decide, how they can spread Sahaja Yoga all over, how many people they can get into Sahaja Yoga? There should be many more waiting for you this year, and may be this year if you all decide to work it out, I am sure, you can get lots of people

who will be saved from the curses of Kaliyuga. This is going to be your vow on the new year day that now we are going to start Sahaja Yoga in a new way, in a bigger way, in a more dynamic way.

For that first thing needed is your 'Sangh Shakti', that is your collectivity. This collectivity has to be extremely well built well knit, well understood and absolutely lovable. This is not difficult in Sahaja Yoga because practically all your jealousies, all your baser ideas have been completely washed out by your Kundalini. She has transformed you. You are different people. You are very very different. Not only that, but you have now understood your Self. You have known yourself and all those who know themselves, can't fight with each other. Because this Self is the reflection of one person, of one deity, of one God. So how can you fight, when he is with in your heart, how can you fight with each other? Otherwise you will be fighting with your self. It would be very-very stupid to do that. So all the fights and all the funny things that you have been thinking about will of-course disappear, no doubt. But you will become very dynamic. You will be amazed at your dynamism. Just you have to rise, Just you have to express yourself to manifest. You can become very-very collective, progressive and you can create many Sahaja Yogis.

You have been given the realization. You have been given the knowledge of realization, what ever was possible has been done for your health and prosperity. But now it's your duty to repay to the Divine by your creative methods. You have to be very creative. You find so many people in this world are full of lots of problems, which you have got out of. But you can help them. You don't need any help because you are yourself full of Power. Power of Divinity is within you. This Divine Power should be used. Its not given just to be wasted. This power has to be used, otherwise what's the use of becoming powerful? Supposing we have electrical power here and it doesn't give light, so what's the use of having electrical power?

So the power that you have is for the emancipation of human beings. It is for you to raise the Kundalini of people. You can do it. One person can do it for thousands. I hope now you take up this responsibility upon yourself. It should be the greatest blessings for you, for Sahaja Yoga and for the whole world, because in my vision we have to change the whole world. I don't know in my life time if I will achieve it or not, but if you people really join hands with me, with full effort, it will work out.

Firstly I hear many people don't go to meditation, into collective meditation. They do not join together. Its surprising. After so many years of work I have done, 30 years I have been working and there

are some, some people who take Sahaja Yoga for granted. You don't understand your responsibility. You have to meditate collectively, wherever there is collective meditation, you must join them. You can also start something in your area, a collective meditation and it will work out. Many people who are in Sahaja Yoga are now meditating. I can make them out, I know, who are the ones who are meditating and who are not. It's not difficult to make it out. Besides you come out with other problems like my mother's, father's, uncle's, this thing. There is no need to worry about that. If you are a realized soul and if you are connected with the Divine even your own wish will be fulfilled. But it does not. Why? Because you still do not understand what you have become. You first try giving realization to others. See what joy, tremendous joy you get! This joy you can't get in anything else. Whatever you may buy, whatever you may have, you can't get this joy of giving realization. And you will be so very happy with that, not because you expect anything, you want anything, nothing of the kind. But only thing is the pure joy, pure joy of creating great Sahaja Yogis. This is what you are here for. This is what the Divine wants you to do, not just to take advantage of Divine Powers. Cure my father, cure my mother, cure my sister. Or else I haven't got property. Somebody says "my husband illtreats me" or some wife says that or husband says that. Goes on and on and on. Forget it. You are now above everything, above all these things. And

you have become absolutely powerful within you. If you have not used your powers then how will you know what powers you have got. It is as simple as that. Those who have used it go on telling me what miracles they had, what things have happened to them, how they were protected. What-ever they wanted how they got it.

But in Sahaja Yoga you cannot be hypocritical. If you have hypocrisy, Sahaja Yoga knows, the Divine knows, you are a hypocrite. It is for your good, for your growth, you have to be in Sahaja Yoga. Its not for somebody else that you are doing it, but for your self. When people are that powerful, I am amazed, how easily they can get cured! But they must meditate and they must join collective meditation. Most of the people do not join collective meditation. I am surprised. I know some times, say in Delhi, there is no sufficient space, so people have to come on either Saturday or Sunday. Some of them have to wait outside. Does not matter. But going for the collective meditation, you will be amazed that Divinity is flowing there, vibrations are flowing there, I am there. It is not that you are just going there just as a ritual. Problem is you people don't realize that you have to be responsible for Sahaja Yoga, responsible for giving realizations to others and attend all the programmes you have of meditation.

With collective meditation you get alright. All your problems are solved if

you go to the collective meditation regularly. I promise you that, but the problem is you won't go. You write letters to me. You want to meet me. This is not going to help you. They come and trouble me like that and do something like that but does not help. What helps that you help your self.

Next year is going to be a great year for you. In the West, I am surprised, how things are spreading fast! In Russia, the people are so deep, so deep. Once they get realization they understand the value of realization. They are so humble and so deep. They do not want anything. They have never desire for it. Though they have gone through horrible problems of communism and now there is a reaction to that. Despite that all these 5 countries which I call as real Divine Countries, because the way they have accepted, they are poor according to the modern standards but from their heart they are very very rich, from their understanding of Sahaja Yoga they are very very rich, and their Scientists are so well qualified. In every type of thing now. There is one scientist who has come to India and who has discovered a method by which you can see all the chakras and the kundalini and the obstructions and everything. Something we can show you. While our scientists are busy opposing me! Little knowledge is very dangerous thing. They do not want to see what I am doing and how I am doing! They just want to criticise me. Also the so called intellectuals, specially



in Maharashtra, the Intellectuals, I think have something wrong in their heads. They can not understand Sahaja Yoga. Just beyond them, what has happened to them I do not know, but they just cannot understand Sahaja Yoga. And these Maharashtrians are so busy with their rituals! Four o' clock in the morning they will get up, take their bath, do this, then start doing their pujas, this that. Now somebody got sick, so his wife writes to me, that we did not go to any temple, we did not do any rituals, still my husband has got sick. Imagine! As if by doing such things, you have become a Sahaja Yogi!

If you are a real Sahaja Yogi then nothing can happen to you, but you have been just under a wrong impression. Whether you go to temple, whether you go to wrong places and do all kinds of rituals, it has never helped you.

So first you have to empty yourself. If you are already filled with these ideas, the age old ideas and you are still carrying on with them, how can the Divine be filled. If there is a pot already full of water or anything you cannot fill it. So you have to empty it first. Empty yourself. Empty your mind. It's possible through Sahaja Yoga, if you can take your kundalini beyond Agya chakra by not reacting.

Reaction is the worst thing because reaction comes through Agya, as I told you the other day, and it is due to your conditioning or due to your ego. So some

people react because of their conditioning and some people react because of their ego. So why should you react to anything? Why don't you enjoy by not reacting? You just watch, how beautifully, they have made beautiful flowers! Just enjoy it. What is the need? Some will find some faults, somebody will say this should not have been there. How did they manage this? All kinds of non-sensical things. The joy of its creation is there and you should be able to see it, feel it, enjoy it. Then you are a Sahaja Yogi, otherwise you are not. If you are reacting type, you cannot be a Sahaja Yogi. This is a degree, Sahaja Yoga is.

I think there are so many various types of Sahaja Yogis. Somebody is just minus, somebody is little plus, somebody is like that but the depth of the Sahaja Yogi is to be measured by the way he keeps joyous and happy. Goes on criticising others, goes on getting angry with others, all these things are going on and he thinks he is a Sahaja Yogi! In our Divine University we have no degrees, we don't give you certificates. You are a Sahaja Yogi if you have got your Realization. If the Kundalini has first opened your Sahasrara, it means you are a Sahaja Yogi. But that Sahaja Yogi may not be a real Sahaja Yogi.

It only depends when you are joyous and you are anxious to give realisation to others. You want to share your realisation. You just don't want to keep

it to yourself. If that is not your condition, then you are still not a full Sahaja Yogi. You should find out how many people you have given realisation to. Its very important because next year as I said is very important, very-very important year. In that year, I would like to see all of you going round and giving realisation. While I have seen all these other false Gurus who are getting exposed one by one. If you see their attitude anywhere you meet them.

Once I was travelling by a plane and there was a lady sitting next to me. Her vibrations were so hot that I asked her, "What Guru you follow?" So she told me the name. She said he is very good. This Guru is the best, this and that. Such heat was coming from her body but I was amazed how this lady was proudly talking about her Guru, who is such a bad man and without knowing me, I was stranger to her! But Sahaja Yogis don't talk. You should talk to your neighbours, should talk in your circle. Like, we have in India, so many customs where we meet people. Like in India we do Haldi, kumkum in Maharashtra. They will never talk to those people, who come for haldi-kumkum, about Sahaja Yoga. They won't even have my photograph. If they want, they can do it, but I don't know what are they frightened about!

It is very good chance. You have any dinner, you have any public meeting, anything, they won't talk about Sahaja Yoga. Its very surprising. They don't want

to talk about Sahaja Yoga, that we have got this through Sahaja Yoga. So how will Sahaja Yoga spread? One has to understand. You all should find out how much responsible you have been for getting people into Sahaja Yoga. Of course you are all protected, you are all blessed. Everyone has got whatever they wanted. Most of them. But how many of them are returning this debt, how many are working to give realization to others? This is a debt on you. But if your attention is haphazard, if your attention is not clear, is not nirmal then you are involved into all kinds of things like tentacles of octopus. You become like an octopus, you go on getting attached to this, attached to that. You have to be a free bird. All these attachments that you have are going to take you no where. You should be only attached to Sahaja Yoga and should be conscious that you have known yourself. You can just understand your value, your level. I tell you "we can change the whole world". You have such a good heritage. You have such good culture in your country. In this country. I have seen the problems of America and other countries. We don't have these problems. At least they are not so prevalent, but only the thing that we have to do is to know that you are a Sahaja Yogi. Like a tree, where it grows, it knows it's a tree. It knows, it has to produce fruits, it has not come up like that. It has not been brought up just like a stick. No, it has to do something. In this world everything has to do something. But then

what about Sahaja Yogis? Its such a rare thing that has happened that you have got your Self- Realization. So why should we waste our attention, why should we neglect our meditation? Why? We have to grow. We are different people. We have different ways altogether. In this world we are realized souls. There were hardly any number during the time of Christ, practically and even before that. I was surprised that in China and other places in one age there used to be one Guru, one Master. While you are so many masters. But you don't want to use your power as a master.

Why not the women use it also? I find women are more lethargic than men are in Sahaja Yoga. They should know I am a woman myself. Single handedly I have done all this work and why cannot you do it? Because it's a tremendous task to transform people all over the world, but its very easy for you. If I can do it why can't you do it? But put your complete attention to it that we are going to work out Sahaja Yoga not for ourselves but for the betterment of humanity. We need it, well. Your compassion, your love is all being wasted if you just think about yourself, your family. What's the use? People do that even before realization, so what is the use of completely getting attached to your families, attached to all other things. You should get attached to the whole world. We belong to the whole world now. We are no more individualistic, no more.

Now as I said, it's a drop that has become the ocean. Identify yourself with the ocean. Ocean is the lowest if you have seen. Lowest so much that the zero point starts from the ocean. Ocean is so humble. It is at the lowest point it lives. But all the rivers go into it. And the ocean does the work of throwing the clouds in the sky and there they burst and become rain, fall into the same ocean. They come back to the same ocean. So those who are humble, will attract more Sahaja Yogis. Those who are kind will attract much more Sahaja Yogis.

So it is important to see that you change your temperament. If you try to show off, nobody is going to be impressed by you. If you think you are something very great, nobody is going to look at you. Be very humble, kind, generous, also very joyous person. Now imagine a Sahaja Yogi going in a group and telling them see, my mother is sick, my father is dying, this thing is happening, but I am doing Sahaja Yoga. So people will say "why do you do Sahaja Yog"? You go and cry and weep and sit down there. If he is really doing Sahaja Yoga, no sickness can come, no trouble can come. It is a fact. Try to understand. With you only, these people who are supposed to be there, they will rise but no use having identification with people who are not Sahaja Yogis. They may be your relations, they may be anything. No use. Because you are at a different level and they are at a different level. Either try to raise their level or have nothing to

do with them. Because they will pull you down. They will not see your height. They have no eyes to see. They have no ears to hear and they have no feeling of it. If they have seen how you have changed they would have gone absolutely head long into Sahaja Yoga. But if they are not, that's not your job. You shouldn't bother about them. If they come to Sahaja Yoga, well and good, otherwise they are no more your relations. In no way they are related to you. How will you relate Sahaja Yoga to them? How will you explain anything to them? It is going to be impossible to talk to these people.

So what I have to tell you today is that our family which is Sahaja Yoga is large. It's spread in 86 countries and is doing very well. But what we have to see is that you do belong to that ocean, to that great family of Sahaja Yoga, but it is for you to increase the size of this family. You have to talk about it and you have to change people. This is your responsibility. You are not given Sahaja Yoga just for nothing. You have to produce greater Sahaja Yogis, better Sahaja Yogis and you yourself should meditate. Not only meditate but also attend all the collective programmes as far as possible.

I am happy the way you have stayed on and have come here. It has rained, still you are here and you still are enjoying the Divine Bliss. I again and again bless you from my heart and I want you to have that 'Shuddh Ichha, which

is the Kundalini. I want you to have that Shuddh Ichha that is the Pure Desire not only to become Sahaja Yogis but to make more Sahaja Yogis. That's absolutely your Pure Desire. You may not have recognised it, but unless and until you fulfil that desire, you can never be a good Sahaja Yogis. It is to spread Sahaja Yoga in every way, every where and with every one that you can do. And it will spread very well and so many people can be saved, so many who are just lost in the maya of Stupidity will be back on to right path. How much could you go to do for them, just think? If me alone has brought so many Sahaja Yogis, why can't you also try and get more Sahaja Yogis.

This world needs Sahaja Yoga. The whole problem when I see in newspapers, I think 'Oh God, if these people would have been Sahaja Yogis there would have been no problem. But I find that still people are moving about, going round and round. I don't know! As if they have no brains or have no understanding that where is this world going and who is going to save this world? I am not here to tell you what you should do in your private lives but you your-self should know to keep yourself cleansed and beautiful. What you have to do to yourself? Some people are so superficial that you cannot go with them. Sahaja Yoga does not go into them. So very superficial? So forget them. I don't think they can be saved. So forget them. They can't enjoy. They are worried about

some non-sensical things always. So with such people you need not move, but there are still so many people, at least I think there are 80% people who are seeking and you should give them Sahaja Yoga. This is one thing, the desire of Your Mother that you should

now take up Sahaja Yoga upon yourself and go on telling about this to everyone who comes. I mean, I don't want cheap popularity. But I do want Sahaja Yogis should be every where.

**May God Bless You.**

# Shakti Devi Puja

Moscow - 17.9.1995

(Pravachana of Her Holiness Mataji Shri Nirmala Devi)

I am sorry I was little late today but I am sure you must have enjoyed each other and the enjoyment of collectivity is very great. Once it happened I was going to some place and the plane was very late and I was little worried that I will be reaching late there. But actually the plane was so late that I reached after seven hours more and all the people were waiting for that time at the airport. That was in Delhi and when I reached there they looked so fresh and nice I was surprised! I said, did you go home? No, no we were waiting here only for you at the airport; all singing, dancing nicely the whole night.

It's something about Sahaja Yoga that every moment we can enjoy, we can enjoy for our benefit. Modern ideas are as in the West is specially in America that we must enjoy every moment of our life. But actually all these enjoyments that they have are self destructive, The kind of things they do like drinking or they go to places where they start fighting or else they do all other hopeless things that should not be done and thus their collectivity becomes very dangerous. So much so that they are smuggling or they are killing. They all become collective to do something very

harmful to themselves or to the nation. But Sahaja Yogis don't know this kind of enjoyment. Every moment is filled with such joy for them when they are in collective. I could see that yesterday when you had gathered at the airport and were waiting for me, when I came I saw your faces were shining with joy.

Today we have decided to have a puja of the Devi, of the Goddess in the form, which are many. Many a times she has taken birth to protect human beings from the evil forces and to give them a sense of security. But I don't think in any one of Her lives she did self-realisation job. This is the most interesting most lovable job. She had to fight all kinds of evil people and protect the devas, the people who were good people, also who were suffering for their innocence and simplicity. All this was long time back but these are special blossom times where all of you have to become fruits. So many flowers were there on this earth and you have to now become the fruits.

It is very heartening to see that in Russia and Ukraine people are so spiritually sensitive. It is very-very blissful for all of you to be realised souls. All this collective happening is

definitely going to bring very great emancipation for the whole world. There are problems in our country but now I am telling all the Sahaja yogis that whatever you have got, you must project the power of the Goddess deliberately. It is very enjoyable to be a Sahaja yogi. Also you are spreading Sahaja yoga very fast, just like fire, because this land, surprisingly, these both countries are so much sensitive to spirituality. But this power of the Goddess that you have got within yourself has now to be deliberately projected. For example, when once I came here when you were having a coup, very difficult time, and perhaps I managed, it but now you all can manage, you all can project. For example, now I find the problem here is more of financial. Now if you all project your mind to this problem you will realize what's the cause of it. The devotion you have for me is very gratifying. I am your mother and I am also Mother of the Ukraine people; but I am also the Mother of Russia and the whole of Ukraine. I will be only satisfied when all the problems of this country and of Ukraine will be solved by you. You don't have to depend upon your government for that. I have been telling you that I have noticed why this country is going down! So, this power of the Goddess that you have within yourself will give you so much of understanding through the enlightened intelligence that you can really solve the problem.

Now, first thing I have noticed in this country that people think that the whole Western world is like paved with gold, it is not paved with gold. They are not at all full of joy as you are, they don't have the kind of faces you have full of beauty, full of satisfaction. But if you see it minutely, they are having little problems even with the finance. Now the problem in this country is because all kinds of foreign goods have come from these western countries, there is a complete recession in those countries, nothing sells. And this is all junk, useless things they are sending to your country, to Ukraine and to all the Eastern Block people. Whatever Rubles you have, you have spent, you are wasting on these junky things. When in my country there was a struggle of independence then Mahatma Gandhi said we will not buy a single thing from abroad. And then he said that if we don't buy anything from foreign then our industries, our handicrafts will come up. And he changed the lifestyle of our country. Everybody had to wear hand woven, hand spun clothes or which are made only in India. Even today in India you cannot get anything imported in the market and if any body tried to sell anything the young volunteers like students and young people used to go and stand before the shops and used to say don't buy foreign things. And that time there were Britishers ruling us so they would arrest, doesn't

matter. So, all the import was stopped. Now, even today we cannot buy anything imported in the market. Of course, there are some stupid people who smuggle and some stupid people want to take to that kind of culture but they are very few and they are all getting exposed due to the power of Goddess in that country. So, you are duty bound to your own country. This is the Mother Earth which has given you a place, has given you the birth and as such you have to look after the prestige and the well being of this country. I am amazed to see so many junky shops brought in here by these Americans and all the people wasting their precious money on this junk! But once you stop, completely, boycott all these things coming from the foreign countries then, you will be amazed, what will they do here? They are all against the Divine Power of love because they want to exploit. If you love somebody you cannot exploit others. This is not a very nourishing thing for your country. All their styles if you want to see what they are doing in the West you will be shocked. They have destroyed everything that was beautiful given to them by the Goddess. They have no sense of a pious life. They have no sense of spirituality. They just know money money money. They have no sense of morality. Without morality how can you please the Goddess?

So, you have to understand that if

you are Sahaja Yogis what will please the Goddess? Unless and until you can please the Goddess you can never be joyous, you can never be good Sahaja yogis. For that you must have wisdom to understand what will please the Goddess. I don't think Western people have even half of wisdom that you have except for Sahaja yogis, of course. Because they think of these temporary pleasures all the time and they get into immoral life styles which is against the power of Goddess. They are suffering from horrible incurable diseases. They kill their parents, they kill their children. There's no question of love.

The power of Goddess is of love. Whatever she does to the whole world is through Her compassion and love. The whole body, the whole being of the Goddess is made of compassion and love and nothing else. This power gives full understanding of the reality and also this enlightens inside and outside. For example, if you love somebody you know everything about that person. It has nothing to do with money. It's the highest, most valuable, very important powers that you have. Even when you think about something noble, something benevolent, this power is filled into that thought and then this thought fills into the universe, into your country, into individuals. The aim of this compassion and love is only one-to see everyone joyous, that's all. Joyous in the real sense of the world.



This power cares for the collective as well as for the individual. It cares for the whole world as well as the particular nation. All the time this power works, specially in modern times to better the lives of people of the whole world but unfortunately there are not many countries like you who have heart to feel the love of their Mother Goddess. So, it's like an ocean of love and compassion that wants to touch every shore, it wants to touch every heart but some are just like stones. Russia has a very great heart as well as Ukraine. Also I find in the Eastern Block, I don't how they have developed this great noble heart. We are not to think them to be low because they are not so rich. What's the use of riches where you cannot even trust your own children and children cannot trust their own parents! They kill each other for money; of-course this effect also is there that there are people who want money at any cost. I promise that all such mafias will be finished in no time if you all decide that you are not going to be afraid of them, and if you all in your meditation ask that they should be finished, it will be done. You should, as yesterday asked for my good health, you ask for the betterment of your country. These are the deliberations of your thoughts. Your intelligence will sharpen so much, this is I call as a supreme intelligence by which you will see the point and you will be able to solve the problems.

So first you have to be patriotic. I must say when I went to China I was amazed though they are communists they are very patriotic people. They are very moral also. I found that the way they have grown in their finances, it is because all the people who have gone out of China are sending money to China to develop. For this conference when I went there I was amazed how the volunteers who were just students offered their services free. They were at the airport, they were in the hotels, they were in the markets, every where they were standing to see that this conference becomes successful. Otherwise Chinese are very fond of food but they would not even take their food the whole day. For example, they were very kind to me and when we went out, the whole day we were out, the driver never complained that he had no food, nothing. They are not realized souls but when I came out to go in the car they all would come and put a hand on the entrance of the car so that I should not hit. They looked after all the people who were not so healthy, old or those who could not walk. They carried their chair upto the great wall of China. I mean so much so that I saw on the television that people who had come there, even Americans, were crying, to go back; and the Americans, such stone hearted people also, were saying that we will miss this love in our country. It was touching and so obvious in these modern times when

people are so dry and so money oriented! These people worked without any money, they wouldn't take any tips or anything. We went for shopping and we gave realisation to so many there in the shop, went to the bazaar, to the shop, they were all getting realized very fast. I told them one thing when they asked, I said, the Russians do not like because Chinese go there and marry, you see, Russian women and then they give up and bring their own wives. They told me the reason is that Russian women are very good for divorce, they take to divorce very fast and very dominating, not Sahaja yogis, not Sahaja yogis but the Chinese women are not like that, they are very wise. They know their role is very important and that their children are to be created who should be very good Chinese. Normally, they don't want to go out of the family and neglect the children, not at all. But if they have a grand mother or somebody then they leave the children with them who are also very-very affectionate and kind. And then they go out to work; but I was amazed they were doing all kinds of work as Russians do. They may not drive trains, may not run big industries because you know the Chinese women are so short and so dainty, while by God's grace God has given you people with better health and better heights and they really appreciate saying that see they are like giants, what are we? We are

Pygmies. I was surprised because they did not criticise any one but for everybody they knew what to praise. Very surprising that also for American people who were there they said, they are still childish, they have to still grow! It's surprising I thought that these were so insulting there, trying to show off, everything, see they are childish. I don't bother about the kind of government they have or you have but what is most important is what sort of people we are! I was surprised at them, they were very much concerned about their children. How they behave, how they talk, how they are related to others? They teach their children that you must share your things, it doesn't belong to you, it belongs to all the children. It's just like Sahaja that we want all the people to enjoy everything together. Also, the way they respect the art of their country, I was amazed, they know all about their artists in their country, such a big country. They also know what sort of art is produced in this part or that part or any part, I was really amazed, specially the men. In India, our men are hopeless they are not bothered about art at all they don't know anything. They don't know how to even clean the house or clean the utensils, nothing, of course they don't know even how to cook. They are another children, I must say, who have to learn a lot. I think in this women play a part because women do everything and keep the men absolutely ignorant so the man is completely under the

hand of the woman. They don't know the roads, they don't know cities, nothing, the women knows nothing. Now, if you ask them what is this carpet? From what country? They will say, I don't know from where it is.

It is very important for you to know your country, to love your country. If you don't know your country, how will you love! If you don't know your mother, how will you love! It's a very great power working there and I am sure one day these Chinese also will join your group completely. With love comes another thing which is the respect. As you people are here of different places of different qualities and capabilities but you love each other. You don't disrespect anyone because somebody is dark coloured or a fair coloured person, because your love has given these special subtle inner eyes which sees the inner beauty of a being. You enjoy each other because you know the value of love.

As I said love is the most important, the most valuable thing but this love has to be absolutely pure love, without lust and greed. You should not love somebody because you want to take advantage of that person or because that person has money or some sort of attraction. This love doesn't identify with any one what so ever. It just feels, it's love for love's sake. Thus, you realise what powers you have. For

example, yesterday when I came they had locked up all the doors with computers. I don't know why you have taken to computer which doesn't understand love? So many planes were coming, it was all piled up thousands and thousands, they can't get out because the doors are locked with the computer. What is the need to have computers for doors? You have so many human beings, why not ask them to do the job as they did in China. There's no chaos, no piling up anybody, thousands you see ten thousand, twenty thousand people were there, all went through proper channel because of love and respect. No where in the world I have seen gates being locked by computers. Why should Russia try to become so modern and mechanised, I cannot understand!

So, one has to know that if you take to this mechanisation too much, you lose the power of love. This industrialisation in the west has ruined these people, they have no hearts. Power of the Goddess can not work through robots, can it! As far as possible, you don't need any mechanisation. It happened once in Ganapatipule that mikes failed completely and the music we could not start. So, somebody came from Delhi organisation and told me Mother, we have people from Noida who don't require mikes. I had never heard about that group, I had never known there is

such group. They were never given a chance to sing even, because they might be called as rustic people, may be the villagers. So, immediately I said alright let them come on the stage and even today you will know that all of us know about Noida music. They sang with love, with such a big voice that all over the world now you can hear the music of Noida, the rustic poetry of Noida.

So, for love you don't require sophistication. If you have real love you become so gentle, so sweet. It is the greatest blessing of the Goddess. But love doesn't make you mad. Some people think that if you are in love with somebody you can kill anybody you like if you cannot get that love. They are doing it every where. Love is something so pure that it's very powerful and it acts. Just as I was telling yesterday they were all locked up there and so many of them, all of them were worried you see trying to tell them that I should be allowed to come out. They were not willing to listen to anyone. Just I said you all forget, let me handle. I just went and stood before that gentleman, immediately he took my passport and stamped it without argument, without any problem because it is silent but it acts in such a beautiful way.

Love is also very intelligent, it gives you solutions, it is down to earth because it wants to manifest. It will not

harm anyone, it will not trouble anyone. I always give the example of the intelligent cell which is at the end of a root. This root starts growing and this little cell, very little, it knows how to go in Mother Earth. Now supposing, it meets a stone alright, it goes round the stone nicely, binds it. The manifestation is that when the big tree will come, it will be supported by these stones. So, this simple love that it puts round the stone ultimately manifests. Thus, this love is power of the Goddess, is very subtle, silent but it manifests. All these manifestations, you call them as miracles. You may call them by any name.

It is this Goddess which is ruling this universe, which is in your center heart, which looks after you and looks after the whole universe. It is nothing but pure desire of love. It knows how to express, it knows how to act, you don't have to do anything, it's spontaneous. What goes against is your mental activity because the mental activity will say oh my! How can you love somebody like this, it's no use. It's the mental activity which gives you funny ideas. The mental activity is limited and linear. Every body has different fixed ideas, that's why they are fighting, that's why they are having wars. But this power that is of love gives you the Absolute Truth. Then how can you fight?

So, what we need is this power because our power is very limited. I

know you all love me very much but you must love each other, you must respect each other. Then only I will feel that there has been manifestation of this love. We were in one Sahaja yogi's house and he had called other Sahaja yogis also to meet Me. I had to take dinner in his house, it was decided before. I didn't know he had cooked for all the people who had come. So I told them, now alright the session is over, you can go home because I thought this man can not cook for so many people. So as they were going down he came Mother, what have you done? I have cooked for all of them. Really! Now, where have they gone? They are on the street. So, he went down the staircase running upto them and said come back, come back, come back have your dinner, and they really laughed and this gentleman who had cooked for them Sahaja yogis. They were so overjoyed and we all enjoyed the food very much that night.

There is a very sweet story in the Ramayana, I must tell you about this love. When Shri Rama went to jungle went into jungle, in his exile, that time there was a very old lady who had few teeth left, who was a great devotee of Shri Rama. Her whole life was dreaming about seeing Shri Rama sometime and when she saw Shri Rama she was absolutely full of joy. She was rustic, from aboriginal tribe which in India according to caste

system is very low. But she had gathered some rustic things called 'Ber' which is what you call here I don't know little little berrys and she went and told Shri Rama that this I have seen because you don't like sour things. I have tasted all of them with my teeth and that's how I have selected these for you. In India, nobody will eat if somebody has touched that with mouth, nobody will eat it you know. It's very unhygienic according to Indian standards of hygiene. Only the Goddess, if she eats some food and she touches some food, that's regarded as very holy. This was the other way round. She was offering to an incarnation something tasted by her spoilt teeth. So Shri Rama had the same power of the Goddess, he immediately took those from her, all the fruits. Started eating and He said I have never seen such fruits full of ambrosia, (Amrut Fal). His wife said, can I have some also? But the brother was very furious. He thought this woman has not been at all protocolish and he wanted to hit her. But when the wife of Shri Rama asked for the fruit, he kept quiet. Then the wife Sita, she ate it and she said, really, what fruits these are! I have never eaten such fruits of ambrosia. Then the brother started thinking that these two persons are having all the ambrosia what about me? So, he asked his sister-in-law, can I have some of these fruits? She said, no-no because you were angry now why do you want to have the

fruits? He said, please, please let me have some. So he was given some fruits and when he ate them he said, my goodness! It has the essence of best fruits. At above all sophistication, above all these mechanical things, is this dynamic power of love which is given to you as it was given to Shri Ganesha. And you should be assuming that, assume. Once you have the assumption then you can project individually or collectively. Even if you want to win over somebody in your heart, you should say alright, 'the Goddess Mother please act on this fellow. Let my pure love act on

him', and you will be surprised how you will win over. Ninety nine percent people will come into the complete control of this pure love. At the same time this pure love ruins, destroys completely any negative force that is trying to harm you. It teaches you how to understand a complete picture of reality because it is the light which enlightens all darkness within and without. When you have that love you are peaceful within and your peace manifests.

**May God bless you all**

## Shri Mataji Talks To Brides

Nirmal Nagari

Canajoharie, USA, 30 July 2001

It's a great thing to see so many of you looking very happy and looking forward for a very happy married life. I'm to tell you that (it) is the woman who makes the marriage happy or unhappy. She should know how to handle the situation and to understand, because it's a question of love. If you have love in your heart, you can win over anybody.

So first you must think of showing, expressing in a very gentle manner, your love for your husband and for his family and try to control yourself in a way that they do not get upset with you, he does not get upset with you. Sometimes you may not like some things. At that moment you should keep quiet and later on you can correct it, but the best thing is how you love your husband, how you look after him, how you suggest that you love him very much.

This is not understood sometimes. Sometimes the brides think that once you are married, we can demand this, we can demand that. There should be no demand at all, no demand of any kind, but only thing if you develop, the love, it will look after you and give all that is necessary that you want to have.

You don't have to open your mouth and ask, "Give me this, I want this." No, there's no need at all. It's love that you have shown or given which will be valued the most and will be granting whatever is your need and whatever is necessary. But you should never open your mouth. That's the secret. Never ask for anything and it may be that he may also complain that "You are not saying anything to me." It's all right. Whatever is proper is all right.

You see, you have to build up this self-respect of your husband. You have to respect his self-reliance. It's all you have to do, just I would do- you would do for a child because you are the supporting personality, but actually you are his energy. You are the one who is going to completely fulfil his life with your love and with your attention. If you have decided on that, you won't see small, small things. You won't bother about small things, what sort of a dress he's wearing, what sort of a thing he does because he comes from a different family, different background and he has his own style of doing things, so you should not try (to) criticise him on that point. Try to understand, he's brought up in a different way. You are from a different family and

brought up in a different manner, so naturally his styles would be different from yours. So there's nothing to be expected that it should be in a very perfect way that you think.

So he should be left to himself in the way that he wants to express. If you find anything very wrong, then when he's quiet, then tell him very quietly, make him understand. This in no way makes you subservient to your husband. On the contrary, he will become subservient to you. He'll try to always keep you happy and keep you pleased because this is a Sahaja match. This is not an ordinary marriage. Sahaja marriage means two realised souls are married to each other. Those who have achieved their spirit are married, so whatever may be the case with others, with you it should be the maximum amount of enjoyment, love, peace and blessings. So you should make it that way. It is only for you to realise it and to achieve it.

Maybe something is different from yours like some people don't like yellow colour. Some people don't like green colour. Some people don't like this kind of hair, that kind of hair. Doesn't matter. It doesn't matter. It's not important. It's superficial. But if anything has to be done to keep them pleased, better do it because in return they'll always look after your pleasures, your happiness, your joy.

In case they fail and they cannot adjust themselves to a proper married

life, then also we allow divorce. Divorce is allowed is Yoga.

But first is the duty of a wife, I personally think to see that you make a beautiful home, a beautiful house, family and beautiful children. Because your children, also I've seen all of them are children of realised souls are very great Sahaja Yogis. They are born realised. They are tremendous. They have great possibilities. They can rise very high and they have shown such results that I am myself amazed how they could do it. So that is now your own choice, everything, how you work it out, how you build it, how you do it... Woman thinks she works very hard in the house and that she should have more rest, she should be more sort of going outside and all that. Husband also thinks he works very hard. So the point is never think about yourself. Think about the other, how much he works, how much he's putting his effort, how much time he gets. If you think like that, from your heart, then you will understand his difficulties and there won't be any problem. But if he also starts thinking about himself, it's wrong. I've told them already. So it has to be very mutually understood and you have to prove that Sahaja marriages are excellent. They give the greatest joy and the greatest happiness and the greatest morality. On this point, please be careful. If you try to be immoral after marriage, it's going to be impossible for Me to get you married because you get a bad reputation and it's very difficult. So one



thing that you must know, now this marriage if you do not like, you can give up in a sensible way, but try to make it a beautiful marriage, so that others also enjoy. If they're happily married couples, then everybody enjoys their company. Otherwise there's somebody complaining, this, that. Then no one likes to talk to such people. So keep all these

things away from your family life and just give joy which you are capable of.

So I am looking forward to your married life and to a very, very happy life that you're going to have.

**May God bless you**

## Letter from Shri Mataji

March, 1982

"Dear Mr. Raul,

I received a very detailed letter from Damle. It was a very wise step on your part to have met Shri Gagan Gadh Maharaj. What he says about the miracle of Sahaja Yoga is absolutely true. The reason why this great sanctuary never manifested in reality was that whenever Adishakti descended as incarnation (She) did not have all the chakras integrated through Sahasrara. The complete harmony and unison merged into an integrated instrument of her personality is bringing forth these fantastic results. So much so that I am surprised at myself.

I think he (Gagan Gadh Maharaj) also cannot imagine the dynamics of this discovery and hence he feels that "Avdhuts" have to be away in the forests and that Cancer can give you reaction. You have cured the Cancer of Phadke's father. Did it give you any reaction? When you are at a giving end how can you receive anything?

You are reborn as Lotus which does not take anything bad from muddy surroundings but transforms its surroundings with its beauty and fills it with fragrance. This is the magic of a realised soul. Do you think doctors will accept that there exists the Kingdom of

God and that it creates us and that the Lord of our autonomous nervous system is our spirit which is the reflection of God? You can quote the names of people like Mr. Bose and Mr. Daftary and Mr. Sharma who are miraculously cured of his colour blindness through Sahaja Yoga. In any case I am going to America next year. One of my dear Sons Dr. Lanjewar has now become the president of the Medical Practitioners' Association of New York and is very anxious to have a conference next year in New York. Due to our slavery for so many years, doctors in India have lost the capacity to know that we are the people born on the Yoga Bhumi. Their thinking is so slavish that they think all our ideas about medicine are stupid while western knowledge is very sensible. I bless you with all my heart. Dr. Ramlingam has good vibrations. Shri Rama in him would have wisdom to understand the ways of God Almighty. I send you my love and protection so that you can break the barriers of ignorance of our medical men. Let them know that the time has come for them to accept that science is not everything. It only discovers whatever exists and appears before the gross being. Once we become subtle, rising in the forth dimension, we see the

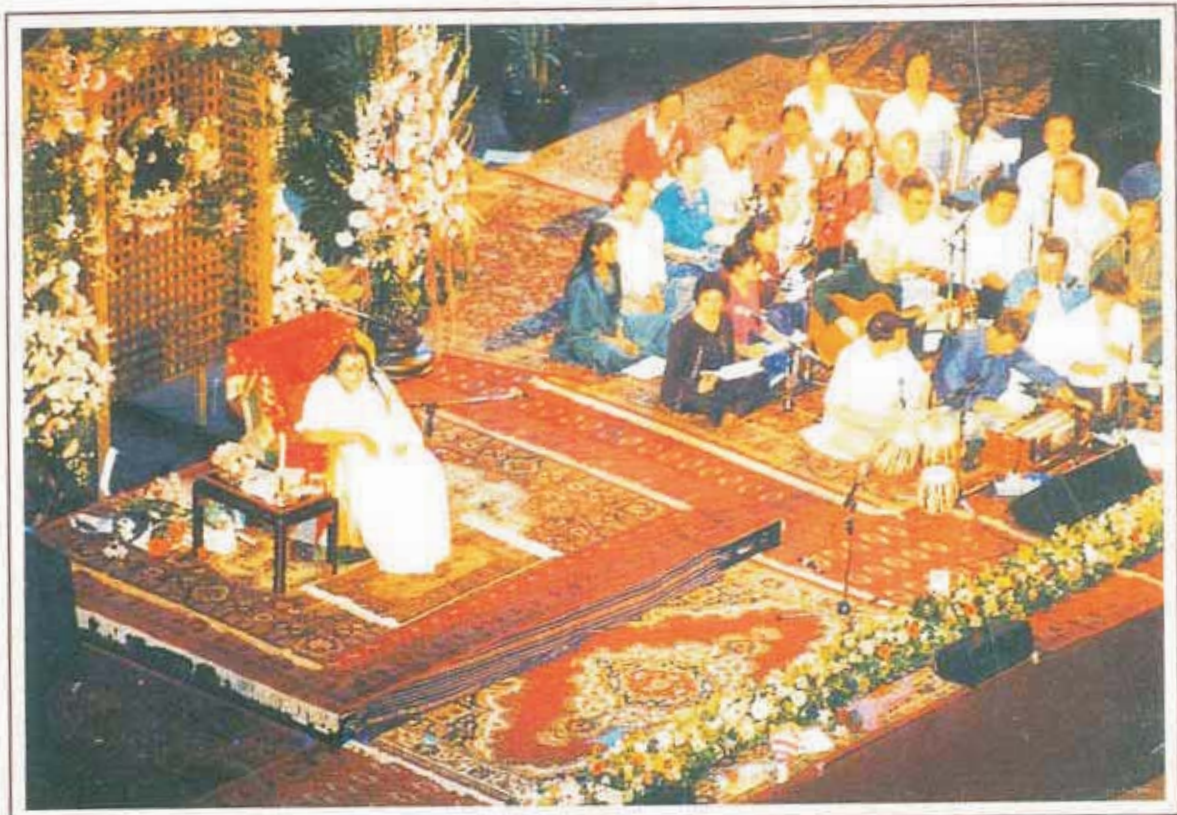
subtle being, the spirit and contentment and Divine working of this love cannot be done by argument. One has to be realised. One has to evolve through Sahaja Yoga spontaneously as this is a living process.

For cancer best treatment is of water, i.e. putting feet in the river, sea or in the water at home with the photograph. Water has the religion (Dharma) of cleansing and hence Shri

Vishnu and Dattatreya responsible for the religion (Dharma) of human beings are to be worshipped. They help you to cure and also the local Deity of the chakra that is attacked. Put the patient before the photograph with the candle and his feet in the water, bring down your hands across the sympathetic nervous system towards the water. The patient will cool down gradually. If he gets realization, then he is cured. More in the next.



**Union Home Minister Shri L. K. Advani visits Sahaja Yoga stall at Delhi Book Fair, 2001**



Royal Albert Hall, London-Public Programme, 14.7.2001