

# *The Divine Cool Breeze*

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देवी प्रपन्नार्तिहरे प्रसीद  
प्रसीद मातर्जगतोऽलितस्य ।  
प्रसीद विश्वेश्वरी पाहि विश्व  
स्वमीश्वरी देवी चराचरस्य ॥

(Devi Mahatamyam)

'O Devi, you who remove the sufferings of your devotees, be gracious. Be propitious, O Mother of the whole world. Be gracious, O Mother of the Universe, protect the universe. Thou art, O Devi, the ruler of all that is moving and unmoving.

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## Editorial

**T**he 76th Birthday of our Divine Mother is the dawning of the golden millennium prophesied by John of Jerusalem in the 10th Century A.D. All the things he prophesied have come to passing the life of Sahaja Yogis. We need no longer regard them as miracles and coincidences but through our Vibratory Awareness recognise them as the blessings of our Divine Mother. Each one of us is experiencing this at every level of our life. We are absolutely enthralled by them and are able to feel how much our Divine Mother loves us and how closely she cares for each one of us. This is not only felt by those who have had her personal darshana but also by thousands of Sahaja Yogis who never ever saw Her. For instance on 18th January 1999, we received the following letter from a Sahaja Yogi, from a country called Benin in, West Africa.

"Benin is a small West African Country about 12,600 kilometre square with 5 million people. In Benin we started practising Sahaja Yoga in 1995. We are about 4000 yogis and every week more than 30 persons have their self-realisation. We have two centers in Benin. I am Choir Singer, I like bhajans especially Indian's

bhajans. I want to correspond with you and other Indian Sahaja Yogis to exchange ideas, songs, etc. So, please give them my address and show them my photograph. I will be very happy to receive your letter. You can talk to me every thing concerning Sahaja yoga, bhajans. Now, I want to tell you a testimony concerning Shri Ganesha that took place in Benin. We have a Sahaja yogi who is doing gardening, and he said, "I don't want to put a guardian in my garden. Shri Ganesha I choose as a guardian to keep my garden". And he entrusted his garden to Shri Ganesha by the ceremony that you know.

Few weeks after, robbers came in his garden, but they saw a giant who hit them to blood. Few days after they returned in the garden and had been hit to blood again. So after, they went to see the owner, then asked him whom he put in his garden? And he responded nobody, without knowing that they were robbers.

Mr. Mahajan, this is the end of my testimony. Next time I will tell you another one. I want to leave you hoping that I will receive your letters and receive from my brothers and sisters in India a

lot of letters.”

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(Jai Shri Mataji. Milleforlando)

A similar episode occurred in Rahuri in 1980 in the farm of Late Dhumal. Some Robbers had entered his farm and they were beaten by a person who nobody had seen before. Of course Late Dhumal knew that it was Shri Bhairav and narrated it to us.

We are most blessed to be always protected by our Divine Mother. There is no doubt about it and it has registered in our consciousness. However, the golden Millennium envisages that we become fully conscious of our position as the spirit. When the consciousness is fully established we truly become vehicles of the spirit and enjoy the new millennium

of Her glory. In that consciousness there is no space for greed, jealousy and fear. These ghosts lurking from the past reigned at a low level of consciousness when we had misidentified ourselves. Having realised our true identity we rise to a higher realm. We can become as vast as the expanse of our consciousness till a stage comes when we become pure consciousness.

The key to the golden millennium lies in achieving such a stage of collective consciousness. Then all individual and collective problems are spontaneously resolved. This is precisely what John of Jerusalem said, “Diseases will be cured before they are manifested and everybody will cure themselves and each other. Man will have understood that he has to help himself to stay upright; and after the day of reticence an avarice man will open his heart and his purse to the poor; he will define himself curator of human species and so, finally a new era will begin.”

(Yogi Mahajan)

## *Musical Evening, 16-12-98, Delhi*

### *Talk by Her Holiness Mataji Shri Nirmala Devi (Expression of Five Elements on a Sahaja Yogi)*

I have been telling them that the style of Indian knowledge is very different from the Western mind. In the West, you see, if you say something, then they want to have an experimental approval. They will go to the scientists or to other people who are equipped with knowledge to know what they said in these books is true or not. They will even judge Christ. They would even judge Moses, They would judge everybody as if they are the most intelligent and the most capable people. They will write books after books against them disclosing as if they are those people who have said something, have said out of their mind or something. It is never accepted normally and if it is accepted they become absolutely fanatics. So, now according to Indian style of understanding is that first of all if a great Rishi or great Muni or a great saint has said something, then he has said it, while you have to just listen to that because you are not equally the same. Whatever he has said is his own experience, his own knowledge and you have no business to judge him or to say this is not true, that is not true. You accept it and once you get

your self realisation, it is clearly written down after self realisation, you have to grow. Grow into perfect being and then you can see for yourself what he has said or they have said is the truth. So the approach is different. In one way if you start going through science, through this, through that, you cannot reach anywhere and moreover your growth is hampered. So, what you have to do is to go to this knowledge through believing in what they have said. Whatever Christ has said, you have to believe, whatever Mohammad has said, you have to believe, whatever Guru Nanak has said, you have to believe, whatever Gyandeva has said, you have to believe. Now you have to believe like that because you are not of that spiritual level. So accept it. Now do not try to analyse it. Everything you try to analyse and in that analysis you get lost. So once you are a realised soul of that level and then you grow into your fullness, what you call Sampuran, then only you will know whether whatever they have said is true or not and then you can find out. It is very easy, then, to know whatever is said is true or not. For Sahaja Yogis now

it is very easy to find out if something is real or unreal, if it is truth or untruth, it is love or hatred. Only through vibrations you can do.

But going beyond that, I may say, beyond that one has to know what are these vibrations and what are they made of. What is the subtle force which is behind these vibrations. We call it Parama Chaitanya, alright. Parama Chaitanya, so what. What happens to you when you get parama Chaitanya, is something to be understood, the subtlety.

As I said, we are made of five elements, alright? So when you get your awakening, when the Kundalini reaches Sahasrara and opens out your fontanelle bone area, you become one with the Divine power. Then this Divine power itself starts flowing through you. A connection is established. Now when it starts flowing through you, this Shakti starts flowing through you. Then what happens? The subtle part we should understand. The subtle part is like this- That these five elements, we are made of, these vibrations gradually start breaking into the subtler form of which they are made. So the first thing such a person has, is the you see, as it is said that word is God, said also in the Bible, the word is God. Now what is this Word? Word is a silent, you can say, silent commandment. We can call it like that.

But from that Word comes, according to Indian Philosophy, another thing what we call as 'Bindu' or we can say Word becomes Naad, is a sound. And then it becomes the Bindu means one small dot, and then from this dot all these five elements start coming one after another.

The first element that comes out is light, 'Tej'. Light is the first element that comes out. So the essence of the first element is light. We call it Tej, Tejas. It is written, of course, in Sanskrit but we should understand that how the light pervades Sahaja Yoga so much and you see the light everywhere. So the first element which is light and you can say in English the light's subtle thing is, we can say, enlightenment, you can say. But enlightenment has another meaning. So we can say it is Tej, Tej. For example a person who gets realisation has a face which is very radiant. So you can say the radiance. The radiance is the subtlety of the light. So this radiance starts showing on your face. Radiance starts expressing itself and with that radiance people get impressed and they start thinking something special about this personality which has a radiance. Now you have seen my photographs also wherever they are, many a times you find lots of light on me. That is nothing but the light in me is giving radiance because the light becomes subtler. When the light becomes subtle in me, light is one of the elements. When it

becomes subtle then it gives radiance and so this is the subtle growth within you that takes place. Your faces also start shining. They too have radiance and they too have a kind of a different complexion, I would say. This radiance is to be understood, is the subtle of the light of which we are made, light in the gross manner.

Then after this from the light comes the second thing, which we call as Vayu in Sanskrit, meaning the air. So the air that we have which is gross air, what is subtle of air is the cool breeze that you get. The cool breeze is the subtle of that air. So the subtle of what you understand as cool breeze is what we call vibrations, the subtle of that is air; which is a part and parcel of our making. So this cool breeze is the second thing that you start getting subtler and subtler. When your growth takes place, all these subtle things start expressing themselves. It is not only that you get vibrations but you get the cool breeze and that is the subtler of air that has been.

Then comes the Water. We are also made of water. What is the subtle of water is (Sometimes English language, you know, becomes little short of expressions) but they call it, I mean which makes the skin, hard skin soft. The skin becomes soft. This is another sign of a realised soul that his, there is some cream they use, is

not it, to soften the face. But this is the water in us, gives us that luster, that nourishment to make our skin very soft and that softness of the skin becomes very visible. This is the minimum of minimum, I would say. But then a person who is a realised soul becomes very soft person, very delicate. When he talks to somebody, in his voice there is warmth or I should say there is where to have that flow, watery flow and coolness of the water. So that is another subtle thing that should be expressed in your behaviour, on your skin, on your dealings with others, that you should be like the water, which is mobile, which is cooling, which is soothing, which is cleansing. So this also becomes a part and parcel of your being, once you become a realised soul.

With this water you have also another thing which we call it as Agni, means the fire. So you also have fire but it is a very silent fire. It does not burn anybody but it burns all the wrong things within you. Whatever wrong things you have it burns and it burns the wrong things in other people also. For example, a person comes with a great anger towards me. What happens that this anger becomes cooler with the fire that is there. Moreover, a realised soul cannot get burnt, fire cannot burn, the burning cannot come to him. It is very important to understand. Also if you are doing something wrong, it may burn you but if you are a good Sahaja

Yogi and I should say, perfect Sahaja Yogi, fire will never burn you. We have an example of Sita Ji that she went into the fire but nothing burnt. So this is what one has to understand, understand that once you get to the subtleties of the fire.

So the fire and the water both of them become sort of Divine. For example, the water which you touch, water you drink, whatever, you put your hand in the water, the water becomes vibrated. Means What? The subtleties of the water comes in it, the coolness, curing power also comes in that water. So when it becomes subtler, all these powers start showing which you can see for yourself. You do not have to experiment.

Then lastly is the Mother Earth. It is most important. The Mother Earth. There is a photograph you might see which was taken in Russia in Dacha where the Kundalini is in the Mother Earth. They have shown clearly. It is there and it is the Mother Earth which shows. For example, I have seen flowers. If you keep them in my room, they blossom. They can become very big like that, never people have seen such big flowers, sometimes they say. I am doing nothing. I am just sitting down. What happens to the flowers? You see now there this principle of the Mother Earth works. It is a mother that gives you all the nourishment and makes you grow healthy, and this is how

this subtlety of the Mother Earth works. Mother Earth is the one who is giver of virtue to all these flowers and to all these trees and to all that. But it also plays a big part in us. It is not only the Mother Earth that exists without our connection and we do not respect the Mother Earth. We have polluted it. We have done all kinds of things, we have removed the trees and we have made a mess out of her. But she is our Mother and so many subtle things of this Mother Earth come into us. One of them is gravity. A person becomes very attractive, not in the physical sense but in the spiritual sense. Such a person attracts others. If it attracts them, they feel that something is special about this person. This is one of the qualities of the Mother Earth. If she had not kept us attracted we would have fallen out with her movement and also other qualities of the Mother Earth start manifesting within us. We become very, I should say, extremely tolerant and patient. But if you are not tolerant, if you are hot tempered and all that, then Mother Earth's principle is not expressed in you. Look at the Mother Earth. How much she tolerates our nonsense, how many wrong things we do against her, but still she tolerates.

Sri Ganesha's quality is to tolerate, to begin with. Upto a point, he tolerates. In the same way we too become extremely tolerant, patient and forgiving. This is the



minimum of minimum that should happen to all the Sahajayogis who have vibrations, I have told you all the things that are expressed in your vibrations. It is a thing to be understood that what you have become now is something very great, it has not happened to others, it has not happened to somebody who is not being a Sahaja Yogi. You see the people who go to Church or to Mosque or to Temple. See their faces. Look at them. How do they look like? They have not got any thing from the Temple, they have not got any thing from the Mosque, they have not got any thing from any one of these places where they go to worship. So, that is artificial. That has become something, I should say, without any connection with the reality. Only after realisation you are connected with reality and you can get the understanding of all these subtleties working through you.

Why I am telling you this, because I want you to know and recognize yourself, to understand what you are, what you have got. Once you recognise yourself and understand yourself you can do a lot. First of all to say that I am a Sahaja Yogi itself, it should be very much with self confidence and as a self confident person should find out what have I done as Sahaja Yogi? What can I do as Sahaja Yogi? Some Sahaja Yogis have done wonders. They have done such a lot of work of Sahaja Yoga, while some Sahaja

Yogis are still writing to me that my husband is fighting with me, my son is like this, my mother is like this. All the time, you see, letters after letters come to me. You are a Sahaja Yogi. Now you just see to your subtleties, work it out. They think I am here to solve their problems, their family problems, their jobs and all. I am not here for that. I am here to give you self realisation and the understanding that whatever you have got, you must accept as a challenge, take it up as a challenge and you will be amazed, how you will be helped and how you will get the results!

Sahaja does not mean only that you get spontaneous realization. It also means that you get spontaneity. The whole nature gets spontaneity. All these subtle things that I have told you, they also get spontaneity and they work it out. Of course, there are Angels and there are Ganas who are helping you but you need not worry about them just now. Main thing is you must realise what you are, what have you got and how much you have faced it, you have got it and how it has worked? I have seen every time I just have a little problem or something, immediately it works. It works in such quarters and in such people that I never expected. Everything works out but whatever works out is for your good, is for your growth, for your understanding that you are a Sahaja Yogi. You have

entered into the Kingdom of God but this you have to develop.

Also, introspection can tell you that you are working out all those things or not. If you take to introspection; you will be surprised to see, that you have these

powers and you can do wonders.

So I bless you all, please develop those subtle things within you. They are already there. You do not have to do anything. Only understand and locate. Thank you very much.

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## *Shri Rama Navmi Puja*

*(The text of the talk given by Her Holiness Mataji Shri Nirmala Devi on the occasion of a short puja performed at Noida House on April 05, 1998, Shalivahana Shaka 1920)*

**A**s compared to Maharashtra Navratri of Chaitra month of Shalivahana Shaka (Dynasty) from Pratipada to Navami is celebrated with more grandour in North India. In Maharashtra the birth of Shri Krishna (Shri Vitthala i.e. Shri Krishna as a King) is celebrated with religious fervour as 'Gokulashtami' Shri Vitthala was the eighth incarnation of Lord Vishnu. He incarnated (was born) at 12:00 midnight. Shri Rama, the seventh incarnation of Lord Vishnu, was born at 12:00 noon on the ninth day of Chaitra month. This day is called as Ram Navami.

Mataji Shri Nirmala Devi also incarnated on March 21, 1923 at 12:00

noon, like Shri Rama, in Chhindwara, Madhya Pradesh. Chhindwara is situated in east-west and south-north directions where two lines meet. This date of birth is as per calendar based on lunar months. But as per the calendar based on solar months, Shri Mataji's birthday was due on the first day of the first month i.e. Chaitra month of Shalivahana Shaka 1845. In Maharashtra the first day of Chaitra is known as Gudi Padwa. This happens to be the birthday of Shri Mataji as well as the day of coronation of King Shalivahana. Now Shalivahana Shaka 1920 commences from March 28, 1998 as Chaitra Pratipada, the first day of the first month.

Shri Ram was the ideal husband where as Shri Sitaji was an ideal wife and the Children born to them, known as Lav and Kusha, were also the ideal sons. Shri Rama wanted to establish the high ideas to be emulated by humanity. Socrates, as you all know called him 'A Benevolent King'

Actually all the events that occurred in the life span of Shri Rama like 'Ahilaya Uddhar', 'Moksha' to (Adiwasi woman Shabri), Killing of Bali, who was the king of monkeys, who was doing Adharma, as well as the killing of Ravana because he kidnapped Shri Sitaji, to establish the rule of 'Dharma'. Actually, Shri Rama was 'Dharmatita i.e. Beyond Dharma. But strictly speaking, Dharma was in born in him i.e. he should be called 'Dharmasthita' (धर्मस्थित). He was the embodiment of Dharma.

To uphold the maryadas of the throne he renounced Shri Sitaji (who was very dear to him), simply because people doubted her despite her crossing the fire (Agnipariksha). Shri Sitaji herself also left Shri Rama, in a way in the end after bringing up her children nicely; who had acquired all Vidyas and had mastered the art of Archery, so much so that they defeated their own uncle Shri Laxmana and ultimately Shri Rama had to come to fight with them to free the horse of 'Ashwamedh Yaganya' But Shri Sitaji

who stood on 'Dharma', intervened and averted the fight between the father and the sons.

Shri Rama in his own way, acted in life as if he were acting in a drama, forgetting that he was a Divine incarnation. But later on, when he incarnated as lord Shri Krishna, he was alive of his powers and used them diplomatically and punished all the Rakshasas one by one.

Shri Rama was also a great Devi Bhakta i.e. devotee of Shakti. Before attacking Sri Lanka he performed Devi Puja for which he needed a Brahmin for conducting various rites (sanctified acts) to please the Devi. He then sent for Ravana the king of Sri Lanka, who was a Brahmin and Devi Bhakta. He readily responded and helped Shri Rama in performing the puja of the Devi with all nine types of rites.

Had Shri Rama been of a cunning disposition, he could have killed Shri Ravana then and there but he was a 'Maryada Purshottama' (A righteous person). He did not do such a mean and irresponsible act. They were enemies but while performing the puja the enmity was completely forgotten.

Even his sevaka (most obedient disciple) Shri Hanumana was an ideal disciple to be emulated by all the Sahaja

Yogis. He was of great powers. He is an innocent personality of a very high order, always keen to perform the task set out for him by Shri Rama. Later on also He appeared during the incarnation of Shri Vishnu as Shri Krishna and used to ride on the top of the chariot of Shri Krishna. He is known as 'Chiranjeev', an eternal being, one of the seven eternal personalities. He also comes and helps me and performs all the tasks assigned to him. He is always present in all my pujas and on one occasion he had been visible in vibratory form, in one of the photographs

taken in Bombay.

So character of all these great personalities are to be emulated by all Sahaja Yogis in their life styles to achieve their ascent in Sahaja Yoga. May all of you follow such great characters and be successful in achieving the high ideals of human behaviour. You should bestow love and compassion on each other and on the people you come across in your lives and become ideal Sahaja Yogi brothers and sisters. May God bless you all with eternal blessings.

## Christmas Puja-Ganapatipule 25-12-98

### Talk by Her Holiness Mata Ji Shri Nirmala Devi (Blessing of Thoughtlessness)

First I will speak in English language and then in Hindi. Today, long time back, Christ was born. You all know the story of his birth and of all the sufferings he had to go through.

He is the one who has given us a model of Sahajayoga. For he did not live for himself, in no way, but he lived for others, working out the Agya Chakra. He may be Divine, He may be very powerful but this World is so cruel that they do not understand spirituality, they do not understand the spiritual greatness. Not only that but there are many factors which attack spirituality. They have always done it. Every saint has suffered a lot but, I think Christ has suffered the most.

As you know, He was endowed with all the powers of Sri Ganesha as He is the reincarnation of Sri Ganesha. The first of them was his **Innocence**. He was the Eternal Child, we should say. That he could not understand the cruelty and hypocrisy of this stupid World. Still, if you understand, what can you do about it? But with great courage, he took birth in the country where people had no idea of spirituality.

I have read a book about Him saying that he came to Kashmir where he met one of my forefathers Shalivahana. Its very interesting because it is all in Sanskrit and the writer probably did not know Sanskrit. So he has given everything in Sanskrit language which is not very congenial, I am sure, to the Western people. Thank God he did not know English otherwise it would have been very dangerous. It is, written in that, that He asked Christ, 'Why have you come to India' ? So He said, "This is my country, that is why I have come here where people respect spirituality. But I live among people who do not understand spirituality at all." His conversation with him is very very interesting because Shalivahana said that there is more reason that you should go back to your country and teach them Nirmal Tatwam i.e. the **Principle of Purification**. He went back. After 3 and half years, He was crucified.

I personally think that the big difference between the Western execution and the Indian is that, in the West, killing is a very great profession. On the slightest pretext they kill people. Anybody who is a saint was killed or they called him a mad

cap. This is the best way to avoid spirituality. While in India if a saint says anything then he is not challenged. Never, But they believe in it because he is a saint, he is a much higher personality than we are. Though there were very nasty people around and they tortured them but as a whole the public, the people respected them. If there are false Gurus normally they do not stay in this country because they know that they will be found out. Also, they are so money oriented that they go to America or to some foreign country and settle down there to make money. This is one of the science, one should say.

This may be one of the reasons why Christ was born in a very very ordinary family. He had no proper bed to sleep as a child also. It is all described where He slept, how His Mother lived in a place where there were cows and cows. It was to show that spirituality does not need any luxury, does not need any pomp and show. It is a power within, it is a glow and the light within which shows automatically. You do not have to do anything to show it. Such a person does not have any sense of money and other things as possessions.

He was bothered about people who were suffering physically, even the lepers and he tried to cure them. He tried to help so many people who were sick physically because at that time there were no

hospitals, no doctors. So, his attention was drawn to people who were suffering physically. Also mentally he tried to prepare them. There are so many beautiful sermons on the mount. In a way, that time, people were not so materialistic. So they listened to him. You cannot say how many understood?

It is very important that if you are not a realised soul then it is difficult to understand spirituality. The one who is talking about spirituality and the one who is listening to it, both of them have to have minimum of realisation. So from his beautiful life that I have seen, we have to learn that unless and until we are realised souls, we will be torturing the spirit of Christ. We have seen its happening. All those who talk of Christ, He has said it very clearly- You will be calling me Christ- Christ, I won't recognize you. Very clearly he has said it. I do not know why they did not remove it from the Bible! It means those who will talk and preach and dress up to show off that they are spiritual in the name of Christ, He will not recognize them. It is as simple as that. And this time now when it is the last judgement, He is going to judge the whole World on the basis of spirituality which means vibrations.

His judgement has already started. I have seen it. You can see, in so many countries things are just disappearing. All

their ego, all their aggressiveness, all their cruelties are being challenged. Those who did wrong in the War also are taken to task. So, in the history also those who have done wrong to any community, to any people, they all will be taken to task. They had no business to be aggressive on people and to torture them. This is what is Sri Ganesha's principle acting through Sahajayoga. Christ did not say that but He did say that there will be the last judgement.

On one side He was very kind and compassionate, on the other side, He was really Sri Ganesha because He took a hunter to hit the people who were selling things in the temple. You cannot have business in the name of religion. What a big thing it is to understand! But the Christians did not follow that. They did not. I do not know where have they gone.

As we have Mahatma Gandhi who talked of spirituality and nothing else, Adhyatam all the time, but his successors who came, put Him somewhere with his spirituality and started a new world, new ideas and a new style of life. Those who are supposed to be his followers are now wanting to have many pubs and also all kinds of things. Can you imagine? This Congress was started by Mahatma Gandhi and the Congress walas are all doing all this. Where are they going to lead? The beauty of this country is, the

treasure of this countries spirituality. Instead of taking to spirituality, where are they going?

They may not be Christians but they respect Christ. They respect Bible. I must tell you, it is a fact. People do not know. They are not Christians means in the sense that they are not baptised but they respect because they understand that there was so much of spirituality about Christ. He was the personification of spirituality. That is the beauty of Indians that if somebody is a Hindu or a Muslim, makes no difference. There were many Muslims who were saints and Sufis in India. They are all respected by everyone whether they are Muslims or Hindus. So for Christ no body has any objection at all. On the contrary you saw yesterday how they were all happy, because they are realised souls, but even if they are not, in this country Christ is very much respected. They cannot understand. How can they scrutinize the life of Christ? How can they judge him and how can they make vulgar films about him? This they can not bear because the respect that they have for spirituality exists very much, more than it exists outside because in the name of Christ people have done such a lot of wrong. Such a lot of killings have been done. All kinds of wrong things have been accepted. With all this one does not understand how they have judged Christ.

For example, what I saw in England, I was shocked that if some body dies, they drink. If somebody is born, they drink. Drinking is the only way they have relationships. How can you drink? I asked them. He said, "Why?" Christ created wine. I said, when? In a wedding. I said, "In a Wedding"? That was not wine. That was just the juice of grapes, the grapes that they grew there. We called it Drakshas in our language. How can that be wine? It has to be first fermented. It has to be rotten. How can that be? So this is the biggest Dharma to drink.

But in India we know, though no body has said anything against drinking, but we know that drinking is a sinful thing. You see it every day. Everybody knows that if you drink you become absolutely out of your mind. There is nothing to be said on a religious platform but everybody knows what drinking is. Not that people abroad do not know. They also know but somehow it has become a fashion. Even in our country it has now been introduced. I do not know how after independence people have started drinking! In every party they drink, also in the name of Christ on Christmas day. It is such an insult to his beautiful holy life. So when they came on this earth perhaps all their powers of holiness were destroyed. The very good thing about Indians is that atleast they respect. They respect a holy place. That is something good about them and they

know what holiness is. Now of course, they are becoming very modern and Americanised but still they know what is wrong, what should not be done.

With Sahaja Yoga, now, I am very happy to say that the foreign Sahajayogis also have become very beautiful. I am surprised because in their culture there is no spirituality, but I do not know how they all left all that nonsense and have come out like lotuses beautifully with such beautiful fragrance of spirituality. This is something a miracle. Everybody says, Mother, we cannot believe it. How could that have happened? How could you manage this? I would say that it is the blessing of Christ. They saw how people are working out in the name of Christ in a very degraded manner and they developed a kind of an awareness that definitely something wrong with this. This is not Christ. This is not His holy life they are depicting. It is something else and that is how I think in the West there is a greater urge, greater ascending-force.

Yesterday, somebody came and told me, Mother there is no collective meditation. I was very happy to hear it. *What is most important is meditation in Sahajayoga, no doubt about it.* But the foreigners do meditation much more than Indians do. Very surprising and foreign men and women are very highly equipped, I must say, as far as spirituality is



concerned, especially Russians. I was surprised that in America, they told me, Mother, these Americans are not Sahajayogis. I said, "Why? They do not have that respect for you. They do not meditate. *Those who do not meditate are not Sahajayogis.* I said, "I agree." and they made all the Americans to meditate. I do not know why in this Eastern block, people, particularly (Bulgarians) Russians, Romanians, how they have taken to Sahajayoga so much! Of course they had the curse of communism on them. May be that they felt that they have missed something in life and they went deep down into themselves and that is how they have achieved it. But I have to tell Indians that they have to meditate.

Indians have one or two very bad qualities and one of them is groupism. For example if they are Brahmins, they will sit together, if they are Kayasthas, they will sit together. If they are Banias, they will sit together. If that is not so then by another name they will group together. This is the worst curse of my country, because once you start grouping together, you can never see the good of others and you can never see the bad of yourself. These grouping together can bring a lot of problems in this country.

At the time of Christ they had very different types of people. Either they were interested in spirituality or they were not.

Now we have people here who are interested in spirituality but still their one leg is in the water, where age old problems still exist. And this is the ruin of our country. We cannot combine together. We cannot be friends with each other. Of course, not in Sahajayoga, I must say, it has been solved very well. But if you see, even at the time of Christ, He had problems with his disciples, especially something happened with Peter and he is the one who, say, satan reacted in them because I think people fall into the group of Satanic forces and he said that he removed the Satanic Devils from many people and put them in the pigs. It is true. There is a Satanic force which is working very strong. The more we develop security of spirituality the more they will develop.

The Satanic force is in a different form in the West and in a different form in the East but I would like to tell them to be careful, how to find out the Satanic Forces in the West? You may not be affected by that because you are realised souls but you will have to fight it. You will have to fight it. For example, racialism.

Racialism is still very powerful, very very powerful and you have to fight racialism through marrying people who belong to other races. But still I find it difficult to marry a black person to a white

person. It is an impossible situation. If I try that I do not know what happens. Once we had such a marriage, I must tell you, and a white lady, French lady was married to a blackman. Instead of this French Lady dominating, this black man dominated. So, I was quite surprised, you know, how could that be. So the reason was, I think, he was taking the revenge, may be the respite. So first of all tremendous love and affection has to grow between the people. This colour is so skin deep, it has nothing to do with the love inside, nothing. It is so skin deep. Thank God in our country you can have a wife who will be very dark and the husband will be very fair or vi-ce ver-sa but they never look at that from that angle. I do not think that this exists in this country, but we have another kind, you see, just it is a typical human problem that he discriminates through ego which, I must say, Christ has tried to fight your ego. He was born in a very humble family and He was not a white skinned man. No. In your language he was brown but in Indian language He was black. When it comes to spirituality, you just see the enlightened one. You do not see what colour they have of the skin. It is very very superficial but this is one of the enemies of the Western life, I think, which must be found.

**Materialism** is another one but the worst of all which is against Christ, is

*immorality. Immorality is so much accepted in the West.* All kinds of immoral behaviour is there in that country. Like they say that all these immoral people vote for somebody, he becomes the President of America. That is alright, does not matter. All kinds of immorality is allowed. But that is absolutely against Christ. Absolutely. People do not understand that immorality will lead them to a kingdom which, I do not know what to call, because it is even worst than animal kingdom! And they are so immoral that they listen to people like Froud as if they have no brains. They have no spirit to take note of such a man. Only after Sahajayoga, model of Christ life you can have. Whatever is passed is over and finished. Today, now you are realised souls and morality is your strength. Forget about the past and, I am sure, you can get many more people under the banner of Sahaja Yoga, if you lead a very very moral life.

*At the same time, another very bad enemy we have is our Anger.* So they are very proud. They will say, I will now get angry, you know, I am very angry. They are not ashamed about it and they go on saying that I am very angry as if it is not wrong to say 'I am very angry'. And they say, I hate you. I mean, imagine any Indian language if they use this word it would be meaning I am committing sin. So, all this aggressiveness comes from anger. If

somebody has to be angry, he should be angry with himself. Best is to get rid of anger. You can pull your hair, you can bite yourself, you can use your pillow to hit yourself. That may be the best way of taking out your anger. But see for what are you angry. Sometime it is absolutely useless, sometimes it has no meaning, sometimes, it is absolutely maddening, stupid. But as long as you stop saying 'I am very angry', that is it. That is the time that you should know that you are falling down completely.

So Christ did not talk of all the subtle things I have been talking to you because that was left to me. Without realisation how can you talk about subtler things. You cannot.

Last time I told you about the vibrations. What is it, what does it stand for and how you get the subtle energy which we call as 'Tanmatra', of our light (Tejas), of water (Jal) and Prithvi, Agni. But I did not tell you of one, very special one, which is, in English language you call it, Ether. But Ether is the energy which is managed by another Tanmatra, we call it Akash. It is specially today, because it is Christ who has sacrificed his life to open our Agya Chakra, that we have reached that state of Akash. Without him it would not have been possible. We can have general communication, like we can talk to people, we can say things, we

can also use our fingers to express ourselves, our hands to communicate, *But to communicate vibrations, you have to have vibrations, otherwise you cannot feel another one. If you are at the Agya level, means you are mental, absolutely mental. Then your vibrations also are dwindling in the sense that you do not know what really they are saying. You cannot judge your vibrations because these vibrations are mental.* They will say, "Mother, we asked the vibrations." I said, "Really?". But you do not have any vibrations; how can you ask the vibrations; Its very common thing, we asked the vibrations. We found from the vibrations. It is not possible because you are just mental.

Now what Christ has done is to put you away from the mental level. That is the most difficult. I am surprised those who follow Christianity have the worst mental possession. They are mentally absolutely like, I do not know what to tell, like the fog of Delhi. We read like mad, we listen to people like mad, we like those who give us feed for our mental brain. They are so mental, so argumentative, things go up in their intelligence that you have to just say, "alright, Namaskar." You cannot fight their mental attitude. That is why Christ is to be worshipped by people who are so very mental; and this mental nonsense has given such a sense of superiority to

people. Whatever we do, what is wrong, what is wrong? They cannot correct themselves because until and unless you cross his limit of mental being, you cannot see yourself, you cannot introspect. You cannot see yourself. You will see others. These Sahaja Yogis are like this, Sahajayoga is like that, all kinds of things. But you cannot see yourself because the whole thing is mental. This mental attitude should be completely curbed through the help of our Lord Jesus Christ.

But He is also mental, in your brains. Christ is also mental. Now what to do? The one who broke the mental attitude is also a mental. You have made him into mental, like a statue of stone. *So firstly we have to tell ourselves, now do not think, do not think, do not think, do not think, four times, and then you can rise above. This is very important.*

In meditation you have to go beyond the mind and thanks to Christ that he is sitting at the Agya to finish off this nonsense of mental being. I think people should stop reading also, perhaps, may be. Even my lecture becomes mental. What to do? I mean every thing that goes into their head becomes mental, somehow, and then they ask me questions, Mother, did you say this way? I said, I said it to make you thoughtless, just to stun you. I did not say this to sit down and analyse. No. No. I said this that

you become absolutely shocked and stunned. *So the best thing for all of you is to become thoughtless. That is the blessings of Christ. That is what He worked it out for you and, I am sure, if you want to work it out then do not pay attention to others. Do not react, just do not react. Everything they will see they will react. What is the need? What is the use? What are you going to do with that reaction? This reaction creates nothing but ripples of thoughts in your mind, I have told you hundreds of times. Now you have to become absolutely thoughtless, after this Puja. If that happens, I think we have achieved a lot.*

That is the biggest blessings Christ has given you which you should really enjoy. Then only this Akash Tatva in you will work. And how it works through your attention. It works with me as you know. With my attention I work out many things. How? Just my attention has become thoughtless, just thoughtless. It goes, wherever it goes it works, but if you put your attention for thought all the time, for thinking, then it does not do the work which it is supposed to do. Attention works marvellously, if you are thoughtless, otherwise it does not. So it has to rise from your ownself than from others, to the higher level of humanity, where you are in communication with the sky which we can call it as the Tanmatra or the Essential or the essence of Ether.

With Ether you can have television, you can have telephone. It is miracle otherwise. But with this Tanmatra, sitting down here you can do the job. It works. Just attention works. I know that. You also know very well. You do not have to ask me to put the attention. You just put the attention, it will work.

The very important thing that you have got, I think that is the first thing, once you have no problem, but we start manifesting from the earth element and then from the Agni element and then from the Jala (water) element and then we come to Tejas and the face starts shining. But lastly we get this thoughtless awareness by which our attention is absolutely free to do some special work. But if you are all the time thinking, then this poor attention is so busy, so very busy. You do not have to ask me, Mother please

pay attention; you can pay attention and you can work it out. In this attention you do not feel what you have got, what you are standing, what you are wearing, what others are doing. No, nothing. Now, you are one with yourself and it is a life full of humour, so much of humour, so much of joy, so much of happiness that you do not care for anything that normally people care for.

So as it is, now Sahaja Yoga has worked in so many countries and I am so very proud of you, very proud, and now it is also going to African countries. It's very great satisfaction for me, and you all can do it. You all can work it out. Only thing become thoughtlessly aware. As the blessings of Christ, if it works, you will be absolutely enjoying yourself.

May God Bless You.

## SHRI KRISHNA PUJA

*Discourse (Pravachana) by Her Holiness Mataji Shri Nirmala Devi  
Cabella 16-8-1998*

Today we are going to have Shri Krishna Puja. It is a very important thing about the power of Shri Krishna that gives you a witness state. This is very important also because in these days of Kali Yuga and complete confusion of value system, all kinds of turmoil makes very complex conditions to exist. The state of witnessing is only possible through meditation to reach the stage of thoughtless awareness. Its combined together.

Now, the witness state is such a state where you just do not react. If you react then the problem starts. It's very simple thing to understand that we react through our ego or through our conditioning, otherwise there is no way to react. Anything, now for example, there is a beautiful carpet here. As soon as I look at it, if I use my ego, I will start thinking now, from where did they get it? How much they paid for it? This is the first reaction. Then you can go even further with it. Anger can come in. Why did they bring such a nice carpet? What was the need to put it here? Goes on like that, one after another. Now, in my conditionings if I see these things I would say that this

colour is not suited for Krishna Puja. They should have had another colour for this Krishna Puja. So, this goes on from one to another, to another, but that means this conditioning is built up within us. All our problems of our conditioning are really horrible. For example, racialism. We have racialism; in America it is very much more, you can feel it, though they don't say. But if you go, say, from Italy you feel it. If you go from India also you can feel it. Now, why this racialism? What is the reason? Why do we react to this kind of horrible hatred for another community or another colour, which is only skin deep. Now, with rationality you might be able to explain O God! these people, they are absolutely useless or they have come to our country and are just troubling us. All these conditionings are there, but if you see when they talk of immigrants, the Americans must know that they are immigrants, all of them. America never was their country and they threw away all the Red Indians, took away their land and very nicely they are the owners of America. But the reaction is for those who are not of white complexion, they are all to be condemned, tortured. Now,

if they are by nature violent then also this conditioning of violence comes in. Then they start killing each other. They have killed ruthlessly so many people thinking that they have a right to go into any country and kill everyone and take the land, that is not their own. Actually land doesn't belong to anybody as such, but nobody has right to go and occupy it and throw away the people who do not belong to that country. Yesterday, was the independence day of India and I have seen the flag going up, our national flag and the British flag going down. All that has happened after so much of struggle, so much of sufferings of the people because they came to India, landed nicely there and became the masters. So, this is also a kind of a conditioning that comes in a collective way, that you go into anybody's country, throw away the people from there or sort of occupy that place and become the masters. It's like going into somebody's house, that belongs to somebody, and throw away the people who are inside and nicely settle there as the owners and the masters because they have better intelligence, perhaps the cunningness is more in them. With that cunningness if the white people think they can rule the black people then it is not where you can develop a witness state [can you take the baby out, why is she crying, must be thirsty. Alright]

So, this kind of conditioning is like a plague and moves from one country to another country where some people think they are superior and make people look inferior and the people also are there who accept these kind of situations, accept this kind of a position, where they are supposed to be equal. I would say take the example of America, because this has been celebrated by Americans and because Krishna is the ruler, Krishna is the ruler of America. He himself was a dark person, himself was on the black side. In the same country, where he rules, the another great thing is that they don't realize that if all the black or the Asians get out of that country now, I don't know, what will happen to them? All their sports are managed by the blacks. If you want to see any American sport, 99% are black. Then if you want to also see the music, because these black people, though they have black colour, which is alright, as you have white, they have black colour, but they have a voice which the white people don't have. They can sing so well that no white people can compete with them, if the full justice is done to the colour. Now, if you take out the Asians all doctors, all nurses, all architects, all accountants, all of them will disappear. Now, what will remain?

You have to understand that colour has nothing to do, nothing to do with your intelligence, with your value system, with

your spirit. We are here to achieve our spirituality. The spirit doesn't understand colour because it is so superficial and it is so very cruel to condemn someone for the colour. Same now is happening as the reaction. Every action has a reaction. So what happens is that you find the blacks are reacting. They are reacting and their reaction can be very dangerous. Every day I read their reactions are coming up so badly, not only in America, but all over they are now thinking they must rise and oppose this domination. But in their own country where they have people of different colours, little variation I think, they are all black people but little variation may be, so they form groups and they start cutting each other's throats. I have seen on the television how ruthlessly they kill! I don't know what the difference of colour is, but somehow they have formed groups and this group will go and kill that and that group will come and kill this. It's not like Kaurava and Pandva, it's not two types of people, absolutely opposite, it's not that the negative and the positive is there, it's not. They are all negative whether they are white or black and they start quarrelling and fighting with each other. Now this violence is growing so much, I think, violence is the only weapon they use now to express themselves. You see here something happens somewhere there you find they explode bombs and kill so many innocent people. It's very-

very sinful to do that. Even the slightest violence is sinful and this kind of a violence in the eyes of Shri Krishna is absolutely to be punished very well. Now, this comes through ego. You think because you belong to one clan, another clan you can kill or something like that, a funny idea comes in into human mind and you decide that you have a right to kill another person. One may say this comes from hatred but hatred is an outcome of ego. When the ego starts acting, it collects all these things like hatred, also possessiveness, anger, violence. All these start coming out of the ego which actually blinds the person. You become blind to the fact that there is no need to have violence, no need to hate someone, no need to kill anyone because of this ego that is there. Now, one may say Mother how does this ego build up in everyone? Of course, mostly it is due to reactions, also it is due to the conditionings. If the child is told from the childhood that you should hate these people, they are to be hated, they are wrong people, they are bad people, they just start doing that. When they grow up they start showing that hatred is now like a cactus, growing very big and is killing others.

There's no justification for this kind of a behaviour by human beings. If they are human beings they have to have human qualities and that is possible only if he learns how to just witness and not



to react. For example, you see two cocks are fighting, you enjoy that. Two cocks are fighting, people are enjoying. One cock dies, they are very happy as if one which died had killed his parents or did something like that. Very surprising ! Now in Spain, even now, there are these bull fights going on. Every year six bull fights, every year, and the hall contains more than ten times we have here, and is always full and now their women have taken to fight the bulls. Now, if the bull is not killed they allow the bulls to go on the street and kill people. This kind of a violent enjoyment is still lingering into the minds of the people. It is so sad to see people who are now talking of humanity, talking of peace, talking of joy, are still enjoying these violent acts. Either they are doing or they want to watch. So, then you go to these films and things that are being created of a horrible violence and people enjoy it. Enjoy such films and such films are again created.

Now, if you really become a witness state, if you are in a witness state then what will happen ? If you watch any such things that are happening, it will subside. If you are in a witness state and if that level then no accident will take place in your side. Even if there's an accident then you can save the person, you can help the person very actively. That's in a very small scale, but even in a very large scale

you can do it. Something wonderful. I remember I was not very old at that time but we were living in a house very close to the secretariat, where they had a strike and they were asking for separate Maharashtra or something. So, the police was standing there and by the order of the Chief Minister they were shooting at every one who was coming. Anyone who passed through that road, they were shooting they were enjoying a shooting game, all of them. I saw this and I just couldn't bear it. I just went down, went down and asked the police to stop it. They stopped, you will be amazed, they stopped. Then I carried those people who were wounded, up in my house, took out their bullets and all that, called the ambulance and saved them. But for that one thing was there, I was in a state of witnessing, where you become fearless. There is no fear at all once you learn how to have the state of witnessing, because when you are not witnessing you get disturb, you get upset, you get excited, you may join also this wrong type. But if you are in a state of witnessing, that itself is a power and that witnessing state helps you to win over so many difficulties of other people.

There's a Chinese story about a saint. So, one king brought his cock to him and said you train my cock in such a way that he should win. He said, alright. So he kept

the cock of the king for one month and when the show started, different cocks came from different places and they all started fighting. This cock just stood up and was watching, just watching and other cocks got such a fright! They couldn't understand how this fellow is not disturbed! He is just watching, he is standing, he is doing nothing. So they all disappeared from the arena and he was declared as the successful one. So, this is the best way to bring nonviolence. In violent places you go and stand steadily, face it, all the things that are happening and that witness state acts, acts and stops that kind of a violence that is going on.

But witness state is not a mental state, it is a state of a spiritual ascent where you become a witness. Best way to practice witness state is not to criticise any one, not to criticise. I have seen people who are all the time criticising others. They can not criticise themselves so they start criticising others. So much so, that they don't even see what's wrong with them. They don't even say what wrong they have done to others because they think they have a right to criticise others and they enjoy this criticism very well. Actually, there's nothing to be criticised. You just watch and see for yourself. That's all is your right. You have no right to criticise anyone or anything. But some people think, if you do not

criticise then it will go on like this and it will never stop. It's not that. Once you watch the thing yourself, only just watch, your attention itself is enlightened now. With that enlightened attention you can just watch and stop the nonsense that is there. But we are always conscious that we are something great and we have to do this, we have to do that. Under these circumstances what happens is that you become another problem; because what can you do? You can't do anything but what you can do is to watch. By watching and by just seeing things as they are you really develop a very different state of being.

Firstly all such people who are just witness, what happens to them is very interesting that their memory loss is much less because whatever they see becomes like a picture to them, like we can say, they can tell you even the colour, the folding, everything. Whatever they see is so much in their mind like a photo and they can tell you exactly what they have seen and your memory is not lost. While if you react on to everything, your memory becomes horrible. People are so much habituated with reacting, like I know of one gentleman, he had a habit of reacting and I was going with him in the car. So, he was reading every advertisement, every name of every shop, every thing, every person. He was just

telling me what is that, what is that, this, that ! I was wondering, look at this gentle man, he is talking so much, what will happen to him? But ultimately I found that all such people, who are all the time reacting, actually have senile decay or may be they become forgetful, very forgetful. But this is not the only loss we have with this kind of a people. When they are formed into a collective they can be very dangerous because with that kind of a nature they have to do something. They must do something because after all they are combined together for a purpose, for, we can say, some reactions which all of them have built up. In small things, in big things you will find people do like that and some people who are very much, very much developed in this kind of behaviour can collect lots of people and do any amount of harm to others. I would get the picture of Hitler. For nine years this fellow was watching what wrongs Jews are doing. He wouldn't watch what Germans are doing? What wrong they are doing to the society? At that time society also was very bad because they were having all kinds of licentiousness. Now he was noting down these Jews are like this, they do this, they take money, they lend money, all kinds of things he got into his head. As a result of that he built up a reaction into him that we must somehow or other see that these people go away from Germany. But then he thought even

if they go away from Germany they will prosper again, so, why not kill them. I mean to such an extent that you can not even see much films, you can not see anything of that nature that Hitler did. But he did it, and people who followed him also did it, without feeling any hitch as if it was a matter of great pleasure or a joy or may be it's a duty. How could they get duty bound to such a horrible thing like killing thousands and thousands of Jews! What Jews had done to them, they could have corrected it. Why did they indulge into such kind of violence ? And they wanted to finish all the Jews of the world. It can be very-very dangerous because once you start loosing your witness state, you can fall into negative collectivity. Thus this negative collectivity acts, acts in such a bad manner that all the conflicts of the world, all the problems of the world perhaps, are related with this.

So, as Sahaja Yogis, what should we do ? We should not react, we should not react. If you see something wrong, alright, you meditate on that, you meditate. If you find anything wrong happening, alright, you meditate on that. If somebody is unkind to you, at that moment do not react. Afterwards when that person is quietened you tell him or tell her because at that time he is so volatile or she is volatile, if you tell, nothing will happen. Gradually I don't say

always you can win over such people, but gradually you may be able to make them understand what is wrong. It's wrong to do things which they have been doing. In a way you see the reaction to anything which is stupid also can be very self destroying. Like some people have built in reactions, like you have seen this Mr. Clinton behaving. I mean you can't understand a man of his stature, of his level should have such reactions. But must be from his childhood or I don't know how he built it up. Now, he is in trouble. Very shameful. This also is, I think perhaps, comes from a very great indulgence into reactions. Why should you react to a woman, I can't understand, or to a man? And this is one of the biggest problems of today's culture specially in all the developed countries, that all the time men are looking at women, women are looking at men. For what? Perhaps, they look at women because they want to see how many women are looking at them or they look at men, perhaps, may be that how many men, are looking at them. Why? Why is this happening because they have some inferiority complex in them or that they want to attract the attention of everyone. I mean horrible things are done these days to attract the attention of others, to get the sympathy of others. I mean of the level of your awareness, where it goes, you will be amazed! Like, they say one lady killed

her eight children just to get sympathy from others. You think of such horrible things people are doing.

Now, if you want others to have reaction, you do this, that they want others to see you, to react, to I don't know, to give you importance, you can say. But what's the use of such an empty importance. But people are seeking and it is a very common disease of modern life. All the time, how you should look, how you should appear, how you should walk, everything is so stupid! And wastage of energy.

God has created human beings very very different. None of them are copies, no doubt. Even in the nature you find leaves of trees, they are so unique you can not match them with another leave. So, that's how human beings are created, differently. They are made like that. One has to accept, whatever you are is alright. Why do you want to look like another person? This kind of reaction is extremely stupid, I think, that we are spoiling our energy and life for something absolutely worthless. Now, you being Sahaja Yogis, your worth is great. You have come here to emancipate human beings from these silly ideas and foolish ways, the way people are behaving. I don't know whom to pray but suddenly our attention has become very diversified. Our reactions have become very-very funny. One

doesn't know why people react like that and then why do we worry about what people react. All these things are not only on individual level but also on a collective level. As a result, you see new kind of value system has been created. Now, for a Mother, say for example, she will boast of how many men are running after her or she would think she is a great actress. I don't know what they think of themselves and the way they talk about themselves is something surprising. If she is a Mother, she has to be a good Mother and she has to look like a Mother. But they are so much engrossed or they are so much standing on the basis that they have to be extremely attractive, they have to be the queens or I don't know what. What a position they want to have! Same with the men. See, if you have something within you, if there is any quality within you, if there is anything that can qualify you as a great man, it will be showing. You don't have to advertise, you don't have to pamper it, nothing, it will be showing. So, that indifference if you have towards public opinion I think you can achieve a lot. Most of the frustrations will disappear.

In Sahaja Yoga also I have seen people who want to show off a lot. I know who does that. But they should know that once you do not react to outside you start reacting to inside and introspection will

start from it. When you see yourself, you will be amazed, how admiring you are! How happy you are! Now, if you go beyond that, a little more, then you don't think of both these things. You just become thoughtless and you just stand up as a person who is respected, whose company is wanted, who is loved and who is cared for. *So, one should not worry as to what people react, what they say about you, what they think about you? You should just introspect and see for yourself. After sometime you don't need even introspection.* It is a kind of state I'm talking about where Shri Krishna told Arjuna that I will not fight so, in between me and the army-my army-you have to select. So, Kaurava said we will take your army; you give us your army and we will strengthen our army but Arjuna said I don't want army, I want you. You don't want to fight, it's alright because though he will be there in a witness state only, he won't be fighting, but his power will act. He doesn't have to fight, he doesn't have to do anything, but his own power which is outwardly silent, but will act and that is how we will win the war.

So, this power of witnessing you all should develop. Try to develop it that when you are reacting, stop reaction, stop reaction about everything. You will be amazed, you will find yourself a very-very powerful person in the sense you will have

no ambitions, you will have no desires, you will have no special fondness or anything but just you are witnessing the drama. It's very interesting to witness also because then you understand the humour behind everything, you understand the stupidity behind everything, you understand also how people have been so violent and you just laugh at it. You do not get upset, excited, nothing. Just laugh at it. After sometime you will be amazed your witness state will increase and when in the collective, all of you, have that witness state you can do wonders without doing anything, without saying anything, without acting. Only your presence itself can work it out. I don't say that it will have effect on everyone; no, can't say, but most of the people. Any person who is in that state, he is the one who brings peace, he brings joy.

I will tell you the story of a Sahaja Yogi who was going to another island, he was living in an island, for Sahaja Yoga work and he found the whole sky was covered with very black clouds, thundering clouds. So, he just looked at them like this and he said, "wait till I come back. I'm going to do Mother's work". He went to another island, he did the programme, everything happened and when he came back, he wanted to sleep and suddenly it started raining and thundering. Even the nature understands, nature understands

that you are in that great state of witnessing. But if you are very ambitious, even in Sahaja Yoga I have known people who are very ambitious, they want to become leaders. I don't know what else! Actually, it's all a myth, all mythical things they want to get to and worry their heads about mythical things. Once you learn how to witness, you will know the myth, you will know the absurdity, you will know the maya. *So, to overcome the problems of personality the best thing is to witness. Practice witnessing everything, before talking, practice witnessing, before giving any comments, just start witnessing. It's a very-very satisfying attitude.*

In Shri Krishna's life, the greatest power was that he was a witnessing personality; without doing anything, without taking a sword in his hand, without talking about fighting, he is the one who has helped Pandvas to win the war. Not only this, but through his Gita he has tried to tell us what we have to do to win the war over evil. Whole of Gita is the witness state he described about. If you read Gita now from this angle, you will be amazed to find that everywhere he is like a witness describing everything, whatever is this and he will tell you how, how this witness state has helped him to understand also human beings. He is a man who was, we should say, not such a

big businessman because first he told you how to become Sthitapragya. *Sthitapragya is the one who is in witness state.* If you see all these verses on the Sthitapragya, *is nothing but a person who is in witness state, how he lives! how he is happy! How he looks at things!* It is interesting, very interesting. First he describes that, not like a shop keeper who will first describe the bad thing, but he starts with the best. Then he goes down to other things and tell you that whatever are the three aspects. *The first he talks about is Karma and many people get stuck at that point that whatever Karmas we are doing we will get the Puniyas out of it. But he is not, he didn't say that. If you know him then you will know he never meant that. What he says is that whatever Karmas you have to do, you can do it but leave the results to the divine power.* Results are from the divine power. Now, may be, some people think that they have got money because they have done good Karmas and start doing all kinds of bad Karmas with that money! He didn't say that. He said, leave the results to the divine power because divine power knows best what is for you and so, if you think you have done something good, you have served somewhere, the poor, you have done something really good for the women or anything, the result of that you leave it at the feet of divine power. Means that you don't build up an ego for

whatever you have done. He has written it very well but to understand him one should again have the witness state to see what he has written about Karma. Then he has written about Gyana. Gyana means where you know, but that doesn't mean you go on reading books, never. Gyana means to know what you are !

That means you have to be a Sahaja Yogi by which you know so many things through vibrations. Gyana doesn't mean reading books. By reading books you become more ignorant. So, *Gyana means that you must know yourself. If you do not know yourself, you do not know anything.* So, it comes to that you must get your self realisation. You must know your self. It is the second thing he has said. Lastly, he talks about Bhakti. Bhakti is devotion. That too is another trick of Shri Krishna the way he has described Bhakti. Now, you find people on the street 'Hare Rama, Hare Krishna' singing. In one word he has concluded, he says you must do *Ananya Bhakti*. Ananya means when there is not the other, that means when you have submerged yourself into the *Divine*. You are one with the Divine then you should do Bhakti, otherwise I don't accept it. He says that if you give me some leaves or some fruits or some flowers, I will accept. I will accept but for him real Bhakti is only possible when you become one with the Divine.

Otherwise it's just a show. So, the third Bhakti part also comes after self realisation. Now in the Bhakti you see there is no value he has? How much you paid for it and how you bought? It is not important. For that a great example is of Shri Rama when he went to the jungles. There was an old lady, from the scheduled cast, means she was one of the Bhilni, as they call it, these people live in the jungles. So, she brought some berrys and offered it to Shri Rama and she said that I have tasted all of them and they are not sour. All of them I have tasted. Now, after tasting something, in India people call it unworthy, not to be eaten. I mean we can not taste something we have to give to somebody else, not done, according to Indian culture. Shri Rama took it, he took it and he said 'what beautiful fruits!' I have never eaten such fruits. So, Lakshmana got very angry; he said, you stupid woman, you have eaten these fruits, and that's what you have given to Shri Rama. Why did you do that? So, Sita was watching, so she asked him why don't you give me some of these fruits. He gave, she said, my God ! What nice fruits these are! I have never eaten such good fruits. So, then Lakshmana also, his temper came down, and he said can you not give me some ? She said, why? You were so angry, why should I give it to you ? Ultimately, she gives him that fruit. *So, What did he see in those fruits was*

*the love, the love of this old lady living in the forest. Her love which was important.*

*So, when you want to give something also, it is your love, not how much you pay ? What value you have spent ? Nothing. It is the love with which you do it and that love should be evident.* If such things can happen; even with Shri Krishna the same thing happened. He went to, they called them Hastinapur, those days, where this Kauravas were living and the king was Duryodhana and he asked him, you come and stay with us and have food. He said, no, no I'll not be able to come. He goes to another person, Vidura, who was the son of a maid servant, because Vidura was a realised soul. He was a realised soul and so he went and ate in his house where he had cooked very simple food. Because he was a realised soul, to him he was the best to have food with him.

So, your value system should be based on such things like love. Where you can get love you should be attached to that person - where you get a realised soul you should be attached to that and not to worldly people who think no end of themselves and think they are great. They may be but to you, as Sahaja Yogis, is the love of people which should be respected, should be understood and to be felt. **But if you have no witness state**



then you will see how much money this man has got ? How many cars he has got? What clothes he is wearing? All these considerations will be there, but in a witness state you will understand that you will get vibrations from this person, you will understand that

person is spiritual and that's how you will stick to such a person. You will not go for artificial things, but a genuine personality that is there.

May God Bless You All !! Thank You!!

## SHRI GANESHA PUJA

*Pravachana By Her Holiness Mataji Shri Nirmala Devi  
Cabella- 05-09-1998*

**T**oday we are going to worship Shri Ganesha. I think I have told you a lot about Shri Ganesha and his nature, but still so many of us have not yet realised what are his powers and what he wants. First and foremost thing is that to respect Shri Ganesha is to understand the importance of Chastity. Chastity is not only for the women, it is more for the men to observe. If you have self respect in the real sense of the word you will take to chastity without any difficulties, but if you have no self respect then you run after something which is very low, of a very degrading quality. So it is very important that chastity must be respected, must be understood and must be imbibed. This habit of not observing the proper protocol of the chastity develops from childhood and we have to be very careful. When we are in a Ganesha state we should not take to such horrible things. I don't know from where people get the ideas. As you see today in the whole world there is a crisis of chastity. In the west specially we have heard of so many cases of child abuse. In a temple of God one should not even take the name of this dirty disease which has

grabbed the people. In India we have never heard of it, we don't know. Of course some of the men are very very ruined people and they can't help it unless and until they are put into jail. But for a Sahaja Yogi it is very important to look after our chastity. As I told you yesterday, it is not necessary to find a girl for yourself or a boy for yourself. It is also against the rules of chastity. I am not saying that you should allow only your parents to decide, but let the Sahaja Yoga decide, because you are Sahaja Yogis, you are born after the image of Ganesha who ultimately becomes Christ.

So what should be your attitude towards chastity is very important. The most important thing that if we get hold on our chastity level then Sahaja Yoga is very very difficult and it doesn't give you that blessing as you should have. You saw people from Romania and also from Ukraine were singing so beautifully. One of the reasons is that basically they are very very humble people, they are humbled down, so much so that they have given up nonsensical ideas about sex life

and all that. So the humility will teach you that you are not having your self respect. In Islam they stressed a very big importance to chastity, very much, and this went to such an extent that Mohammed Saheb said that you can have five wives or four wives but you don't have women who are prostitutes. Once this chastity starts leaving us we don't mind anything under the circumstances. We have seen results of that working out in many people who are very highly placed and these highly placed people think that they are something great and they can overcome the binding of Jesus Christ and they can do what they like; go on misbehaving with women who are under them. They may do it secretly, they may do it anyway, but Ganesha watches that and he punishes them for what they are doing. Its a terrible thing to go into these kind of ventures which are not the fields of Sahaja Yogis. Sahaja Yogis first of all steady their eyes because it is concerned with the power of Jesus Christ. But in all the Christian nations, I have seen, people have wandering eyes, very surprising when Christ is their leader, they worship Christ, go to Church, sing the praise of Christ, and they have wandering eyes all over. These wandering eyes cannot be representative of the chastity of Christ.

Now the second point is that the

power of Ganesha can only be manifested if you are wise because he is the giver of wisdom. But people don't understand what this wisdom is, its a big problem. Intelligence so-called is not wisdom. It can make you very cunning, very aggressive and sometimes very subtle person who can go on deceiving people, telling lies, doing all kinds of things and believing in themselves that they are very very successful. Success is never the criteria of a Sahaja Yogi. Success in Sahaja Yoga means very subtle surrendering of oneself to Sahaja Yoga. That is seldom to be found unless and until you meditate every day. Its very important that you must meditate. Those who do not meditate will be lost to Sahaja Yoga. Because wisdom could only grow through your inner inspiration. You can have this inner inspiration only if the power of Shri Ganesha manifests. He is the giver of your wisdom. In the wisdom what you do is to find solutions. Solutions which are peaceful, which are satisfying, which are soothing

He is the one who takes you to task also, like yesterday I was told there was a whirl wind and many people had to suffer little bit because of the wind that came and blew off your tents. There is no need to have tents in this climate. What is the need? I don't understand, but they cannot live without a tent, you see. I can

sleep outside very nicely on the street also. So there is no need to, sort of fuss about, all these things, to bring the whole household here; there is no need. We should not be afraid of discomfort. If you want to have very comfortable life and you can't suffer any discomfort, you are no good for Sahaja Yoga. In olden days people used to go to Himalayas, stand on one leg, and they didn't get realisation. They couldn't get realisation while you all have got realisation! So one should not try to make oneself very very sort of a lordly person. There is no need to care for comfort. I can live in comfort and I can live anywhere, at this age also. So what you have to do is not to practice asceticism but to become an ascetic. Practising means trouble but if you just become an ascetic from within then you don't bother about these little little things, here and there. But our style is still moulded by outside world. We haven't got our own world then we are going as the fashion the wisdom disappears. I never tell anybody that you don't have this fashion or that fashion or anything.

It's your wisdom which will teach you. Wisdom will teach you how to regulate yourself because you have come here to ascend, to achieve a great special place in the realm of spirituality. I must stress again on the power of wisdom. Before doing anything you should just appeal to

your wisdom and find out if it is wise to be like that? With this practice you will reduce your temper absolutely, you will reduce your lust, you will reduce your guilt very much; because once you start understanding that there is no wisdom in feeling guilty your guilt will disappear. Also the worst thing is that we have a great desire to have this or that, to indulge into all kinds of greed. This greed becomes zero as soon as you understand wisely that there is no need; otherwise all the time you will be thinking about yourself, about your health, about your children, about your house, whatever is supposed to be yours. But the death proves that nothing belongs to you. You have come alone and you have to go alone. This is the wisdom which is to be imbibed. You can not practice it, you cannot force it but it is to be imbibed through your spirituality. Then the greatest thing that happens is the joy. Joy of the dancing of Shri Ganesha. Like a child you see him dancing, how joyous he feels and you also feel! In the same way a little child being born within you and you start behaving like a small child. Normally it has no sense of lust, greed, nothing. It knows how to share. So this is the position we say that you become a gana, the army of Shri Ganesha. They are ganas; they are very powerful and they do all the work of the world. They live in this world but all their source of energy

is from the Devine.

So Shri Ganesha is the Onkara. He is the first deity created by the Goddess because he is auspicious. So first auspiciousness is created for our good. We are auspicious because of Shri Ganesha. Some people create problems in the house. They are always creating problems out of nothing. They are not auspicious people. Those who are peace makers, those who are loving, are the ones who are blessed by Shri Ganesha. What is the wisdom in fighting? You should find out what is the wisdom in fighting. Why are we fighting? For what things? For small small things! Things that you can yourself correct! Why should you fight? If you have a fighting nature, that means Ganesha is against you. Your Ganesha is against you. Your Ganesha is sleeping. That power is not with you. There is no wisdom in it. In this world all those great people who have been respected, since centuries have been very very wise people. Not hot tempered. Not people who were quarrelling. Not people who were having lust as the aim of their life. Such people will be never remembered by the progeny. But that's not so important, you as Sahaja Yogis are very important.

You are here on this earth to emancipate the whole of humanity. So what should be the aim of your life is to

go deep into your spirituality. This aim of getting into spirituality, I think you all know, you see, but you do not work out. I have told you last time that your attention has to be inside not outside and you should not react. All these procedures help you to be wise, to be sensible. But the sensible person who is just sensible as far as his own comforts are concerned, money is concerned, all his own health is concerned, everything encompassing him, is not wise person. He is not wise. If you see a little child who is properly brought up, of course he will always bother about other people. He will find out what others need, what can make them happy. In his all simple methods he will try to please others but not to gain any favour or to show off that he is very generous. But in the real sense of the word collectivity gives him joy.

Today I am going to tell you something more about this collective nature that comes to you through Shri Ganesha's efforts or we can say his powers. Somebody told me that Eienstein has already made a story like that, it is a discovery that if you all become cool, that is under Shri Ganesha's blessings, then we all become one. That's his theory, but we also had Philward here who established that when you cool down the Helium gas, all the molecules or you can call them atoms, they start moving in a collective way. Otherwise they are hitting

each other, they are beating each other and they are running helter-skelter. In the same way when we have Shri Ganesha's blessings within us, in the real sense of the word, with our wisdom then what happens? We become very much evolved Sahaja Yogis. Evolved Sahaja Yogis means they have become one. One means what. One means that they all live for each other. They enjoy each other, they see comfort of each other. For example the people who are very rich, people who are very poor, people who are sick, people who are healthy, all of them combine together as one. In Sanskrit it is called Ekakarita. They become one. And this oneness shows in your celebrations, when you all come here you try to help each other all the time. I have seen nobody minds helping each other. I have seen people enjoying each other. They do not want to hurt any one. On the contrary they want to be helpful and sensible with each other. Most of your leaders, I have chosen, are very wise, who avoid problems, who do not get into panics. Most of them, I should say. When even you people try to destroy Sahaja Yoga, they know you are doing it. So to find out this Ekakarita you have to go deep down into yourself by which you will feel that you are all one, weather you are here or you are in Japan or in America, anywhere. You all think the same way, you all help the same cause and you try

to be the same style. I have seen people when they come for the Pujas, so many of them, how they enjoy each others company, how they try to help each other! Somebody who is, say in Russia or say in Bulgaria, anywhere, he will write to me about the problem he has. So somebody from America, without I tell him, without I inform him, without any information, immediately writes to me, Mother such and such person is there in Russia, will you be able to send that person to America?' Most of the time it happens like this. I don't tell them, I never ask them. Even if I ask suddenly there will be response from so many people, from so many countries. Mother this is the problem, alright, we will go and do it. For that I must say Austrians are very sensitive people in this respect, in this Ekakarita. They went all the way to Jerusalem, you know, to help the people, to get them realised. I wanted to go to Jerusalem but this bombing business may not allow me to go. But the Jerusalem people, I found them to be much more collective because they came to Egypt. I said, 'why have you come here? 'Make friends with the Muslims of Egypt.' Just imagine, I was surprised how could they come here. 'No just to make friends. They are Muslims so we want to make friends with them.'

*So making friendship without any*

*ulterior motive, without any gain is one of the signs of your Ekakarita.* Not only that you are satisfied with other Sahaja Yogis but you want to bring other Sahaja Yogis in. So many have done that. This is something so nourishing. Now as you are being enlightened, you get another person who is enlightened. Its very great joy giving. If you give realisation to one person you feel very happy. So many write me 'Mother now we have got thirty persons, twenty persons' and they are very happy about it that, we have got so many Sahaja Yogis. But doing that, one should not develop the ego then you go against Ganesha because Christ you know He doesn't like it. Egoistical people He doesn't like, and He is Shri Ganesha. So he doesn't like such people who out of their ego want to create an organisation of their own and try to dominate others. This kind of people they don't like. Both of them are the same. There is complete Ekakarita between them. In the same way we too develop that special quality of Ekakarita. We forget about so called religions that we have. See now, how they are fighting? All the religions which are outside are fighting among themselves. They are dishonest, they are doing all kinds of wrong things, you know it very well. Every day its in the newspaper that you hear about what wrongs they are doing. They are little bit successful but not for a long time because they will be

exposed. This is the time of exposure that they will loose that great faith on which they are working out. All these will have to just disappear. This is false idea about superiority of any religion. How can a religion be superior to another one which is created by the effort of Shri Ganesha's auspiciousness.

Its not auspicious at all that you fight another religion or you fight another creed or you say that this is a lesser race or we are a higher race. All these false ideas they drop out. This doesn't remain any more because all these ideas have created problems. Say, in America they first hated the blacks, now the blacks are hating the whites. Its a big turmoil going on. Then we have also in India, we had people who were supposed to be untouchables. They were tortured, they were troubled and they did lot of wrong things, which they should have never done. Its not written in the Shastras. Because of that now they are acting against the so-called touchables and putting them right in their own places. So this brings in conflict. Shri Ganesha is the one when He gives you wisdom, you understand that nobody is superior to another person. You are all made by God and whatever is made by God is auspicious and beautiful. Once you start understanding that, this Ekakarita spreads outside also. It spreads to other people,

its not just because of a certain social understanding and social upliftment that you try to be good to others, no. It is from inside, inside you do it.

This Ekakarita first must work in the family. Its very important. The family which is disturbed all the time cannot create children who are in the state of Ekakarita. That's why always tell them that don't fight. In the family they are fighting! They can not be Sahaja Yogis. If there is such a fight its better to get out of such a family. So we have sanctioned also divorce. Any man who is flirting with other women or doing wrong things we have asked him to get out of Sahaja Yoga. The reason is, one bad apple can spoil many apples. So such a man or such a woman should be kept out of Sahaja Yoga completely, so that there is a better family relationship. This is very important in Sahaja Yoga. Your family relationship should be absolutely perfect. I can't understand, if you can't enjoy the company of your wife, then what are you going to enjoy in this world? If you can not enjoy the bliss of your family life, you can not enjoy anything else. This very close relationship of husband and wife is thrown apart because of Ganesha's problem only. If the Ganesha was alright, there would have been a perfect union, perfect understanding between husband and wife. But that means there is definitely something wrong with the Shri Ganesha.

Try to correct your own Shri Ganesha than to see to others. You have to meditate and meditate on Shri Ganesha. Sit on the ground and meditate. Now when we run away from the Mother Earth and we don't touch her, we don't respect her, in a way we don't respect Shri Ganesha. He was made out of Mother Earth. He controls the Mother Earth. He controls all the five elements. Not only that, but He controls you. I liked the film yesterday where they showed a Ganesha walking about with another person who was telling don't do this and don't do this. Its a very beautiful film because it suggests that Ganesha is always there to tell you not to do it. But if you do it then you develop all kind of horrible diseases, all kinds of horrible faces, all kinds of family problems. Also you can develop national problems. So this is so important to understand that such a feeling of, I should say, very inauspicious characters are to be avoided. I can't understand how can people feel so bad about small small children, some two year old child, some five year old child. If you see a child, even a photograph of a child you feel like loving that, you feel like kissing that child. If the children can not be respected how can you understand the value of Shri Ganesha. See how sweet they are! How sweetly they behave! They understand you, they understand me. I know even the small children, very small, newly born



children understand me. So there is innately with in them, is built in, a kind of a feeling of understanding the love. To understand the love also is very difficult for egoistical people. Because they love themselves, they don't love anybody else. Or if they love somebody it is out of lust, may be greed, may be some sort of a association. But love for love sake is only possible if your Shri Ganesha is properly cleaned out and kept.

We have come so far, we have so many Sahaja Yogis all over the world. Of course I worked very hard, I must say, but you also have supported me very much. I am thankful to you. It is not possible in this Western World specially where there is no consideration of Ganesha's principle that you people should come out so well and accept Sahaja Yoga, as a life for yourself. In Sahaja Yoga, the most important thing is to worship Shri Ganesha with in you and the quality of Shri Ganesha with in you. Its very soothing, its very peace giving, its very security creating power. If your Ganesha is alright, nobody can touch you, nobody can destroy you, nobody can upset you, because He is the one who is the giver of peace. *The world peace is disturbed because we have not worshipped Shri Ganesha. I have seen people in very big positions, incharge of military, incharge of that, not incharge*

*of themselves!* Their Ganesha is absolutely ruined and finished. All such people are such leaders of nations, and people try to follow them in their own way, though they may do something secretly! Doesn't matter, people know about it, because in auspiciousness if you are loosing, the whole world comes to know somehow. It will all be exposed because Satya Yuga has come. In this new Yuga, there is light of the truth within us. And this truth can expose all that is nonsensical they have been doing.

Now truth is the quality of Shri Ganesha himself. He is the one who is giving us truth in our brain, it comes to us through Jesus Christ. Jesus Christ has worked so much, He has done so much. But look at the condition of the people who are supposed to be following him. Look at the way they are behaving. Let us atleast show that if you follow Ganesha and Jesus Christ you are in the image of that personality which is something so very spiritual. Spiritual life is the giver of joy. You can not get joy out of anything else but spirituality. You can get some satisfaction, you can get some ego, you might feel that something great, but the only way you can get the inner peace and joy is Shri Ganesha's manifestation on all the Chakras. He manifests on all the chakras. When you are in a proper state on those chakras, you get the joy and that

joy comes to you through Shri Ganesha. These days people are writing horrible books, horrible things. Also, there are some who are trying to write a very sweet things about Shri Ganesha's principle of understanding, principle of His auspiciousness. Very sweetly! I have seen some people have written some very very sweet stories about Him. Its not only the love stories. Upto a point alright they created so many love stories. Now something beyond that one has to go. And beyond that is this Ganesha principle, which is of complete peace, of complete joy and of understanding of love. The value of pure love, of giving and also of taking it. Anyone who gives you the pure love should be understood in the right way. I, yesterday, knew that Shri Ganesha has gone off a little bit. I don't know why He was like that? But one has to understand that there must be some people within us who do not follow the principle of Shri Ganesha, and that's why these troubles are there.

So with sincere heart and a sincere mind if you ask blessings of Shri Ganesha, He is always ready to give. But if you don't listen to him and if you destroy your chastity, in anyway, He will punish you, He will not spare you. He doesn't have the idea of sparing. At the level of Christ only He thought of forgiving you. But forgiving doesn't mean that any sin can be forgiven. No. Its a kind of a controlling

power. Christ has said that you will be forgiven, but Shri Ganesha at a point, when sees people are forgiving, tries to punish. That the limiting point where He thinks its not proper to forgive such and such person. So for Christ, to forgive is alright, but for Ganesha, He has to expose and punish the person. So in a way you have to know that Christ is very great because He gives us the forgiving power and Shri Ganesha is very powerful because He limits our forgiving power. We may forgive, anyone, we may say that I would like to forgive, but we don't know if Shri Ganesha will allow to that extent and Christ accepts that? Because they are the same, they are like the two sides of one coin. So we can not depend too much on the forgiveness power of Christ because there is Ganesha always sitting there and He has in hand, you have seen, a very powerful weapon. He is the one who is just peace, who is coolness, who gives you coolness after realisation. You get the cool breeze because of Shri Ganesha, because it is Brahma-Chaitanya, no doubt, but the one who emits it is Shri Ganesha. He cools you down, He brings you down to very cool, makes you satisfied and a person with complete calmness. With that calmness you becomes all one. This Ekakarita is established, oneness is established, whatever country you may be living in, whatever country you may be proud of,

you will see the bad things in that country and you will try to improve that. You will not be identified with the bad. This is the greatest thing of this Satya Yuga that it exposes and you do not support something that is wrong, which is being done as an aggression. You don't accept it. And once you don't accept that then you start becoming one with the people who are one with you and they all believe in the same thing. Their ideas are the same, their thinking is the same, their joy is the same and they enjoy each other very much. They become one and this oneness has to be established fully in Sahaja Yoga. Some people who are only interested in making money, who are interested in getting a good crowd or some sort of a thing of a very low level, can not. Those who are in Sahaja Yoga to find wives for themselves or husbands for themselves are finished. This spirituality grows with humility and the humility of Ganesha is told by his venture. Once when His Mother asked him that the one who will go round the earth three times, I will give him a present. So Ganesha thought who is greater than my Mother, not this earth. He had a small little rat on which He used to travel. This shows that He was so humble, on a rat He could travel. No pressure on the rat. And while His brother Kartikeya had a peacock, which could fly. He knew he can not go round the world and compete with his brother. So he went round his mother three times

and he got the present. This shows one thing, that speed is not the way of success. You have to slow down your speed. Apart from that you have to understand what is the most important thing, as he understood the most important thing is to love your Mother, to respect your Mother and know that She is the Highest, She is the Greatest. That is how he has been expressed within ourselves. Once that happens your spirituality grows. I hope you will work it out this way now like Shri Ganesha and start Ekakarita. I don't like people writing letters against the leaders, against this man, against that man. That's not good, there is no need if you first can be forgiving and keeping one with each other. Try to get more people and more people. You can not separate anyone as saying that they are condemned, they are no good. Try to get them with forgiveness, with your sense of chastity things will improve. So this exclusiveness also should be given up, which perhaps comes from a kind of a sense of insecurity, I think. It is Shri Ganesha, if there are wrong type of people he drives them out. So don't get frightened of them and don't get upset with them. Try to be one and try to be more attracting people to yourself, keeping them to you, trying to manage them and look after them. I hope you will all now meditate after this to develop your Ganesha qualities and develop that power of Chastity and also of peace and security.

May God Bless You.

## (Shri Ganesh Puja)

### *Talk after the Marriages were performed*

It was such a joyous and a beautiful occasion that we all enjoyed it thoroughly and all the brides and bridegrooms look so very happy. It gives me great pleasure and I bless you from my heart. Only, I would say that after marriage try to make a loving, successful marriage. It is very important. For example we saw from one country there were six to seven girls who misbehaved and took a divorce. Because of this kind of thing we have banned that country practically because we think that there is something wrong with these ladies that they have broken, one after another, so many marriages. So must be their empty ego or may be something like that. It has been our experience. Also there are some other countries also. From there are, we find, some very bad instances of marriages we have had. So what I said that if you don't want to marry, don't marry. But in Sahaja Yoga it is not for yourself or for your wife that you are marrying but you are marrying for Sahaja Yoga. So when you fight, quarrel or do all nonsense you are only harming the name of Sahaja Yoga. So you have to enjoy each others love, each others feelings and the joy of a married life. I have seen some people are so stupid that

they don't know what is the joy of a married life. If you do not want to enjoy, its alright. Its like a cake, if you 'don't eat you don't eat. But to be sensible and to be acting according to the Divine Laws you should stick on properly with great excitement and great enthusiasm. There are so many marriages in Sahaja Yoga who have been extremely successful. They have got children who are born realised, very beautiful children and they have all the families coming to Sahaja Yoga by seeing how the marriages have taken place. I have to give some notes to you that the husband should not think that because he has married he has a right to dominate the wife, always to sit on her head. Of course, in the west they don't do it but in India they do it very much. They are very very aggressive men. On the contrary in the west I find that women are much more aggressive than the men are, which is something I can't understand. And because of this some times the marriages fail. There is no need to aggrees any one. Need not trouble anyone. If it is absolutely incorrigible, if it is not at all possible to carry on, we have, in Sahaja Yoga, sanctioned divorces. But it is a shameful thing. I do not like it, to have divorces and then not

to enjoy the life. So you should get into a beautiful romantic mood now and enjoy your wives and enjoy your husbands and don't start quarrelling from the first day. Now, if you indulge into divorces you bring actually bad name to your family up-bringing, then you bring bad name to your country and as a result other girls who want to get married from your country, because of my experience of such girls who have destroyed their married life, I don't like to marry anyone from that country. It has become now a practice that we see about six seven years now, how the marriages have been working out. So if you want to discard completely all the decency and the beauty of Sahaja Yoga marriage then it would have been better you should have decided not to marry. Because there is no obligation on us, as such, its more the obligation on you that you should get a good wife or a good husband. Despite everything supposing you don't want to accept it or don't want to do it, do not just think of a divorce because I have seen people in the West are always thinking at the time of marriage how to get divorce. But its a very shameful thing. Its a very wrong thing. It shows no Sahaja life. If you are real Sahaja Yogis, you should be able to carry on with your wife or with your husband in a very loving Sahaja manner. Its the blessing of Ganesha on you. He will protect your married life, he will help

you very much, he will take you away from wrong things. I know its such a blissful thing to be married in Sahaja Yoga but there are some stupid women or stupid men who do not want to enjoy their married life. In that case we will agree to have them divorced but once they are divorced we will not allow them to marry in Sahaja Yoga. That is for definite. We don't want to marry anyone who has divorced. If they have divorced with proper reason, its alright, but just for the sake of divorcing if you want to have a kind of a special treatment, you will not. So I have to tell you that as far as Sahaja Yoga is concerned divorce is out of bounds but in case you want to fight, you want to trouble, you want to destroy others lives, then of course divorce is done. I would request you now to enjoy the company of your wife or your husband. It is for enjoyment that we have started marrying people from this country to that country. Yesterday, I told you that you don't organise your marriages because we are not responsible. Let us organise your marriages. If you start like this, all kinds of funny problems will start as they have mostly in the western society. Because they come here, they want to select a girl or they select the girl from their own centres. That means in the centre they are not meditating but trying to find out a girl or a boy. This kind of a nonsense we want to stop. So if you want

to marry in Sahaja Yoga you don't have to find out your own bride or your bridegroom, because we want to see how your vibration match and how this works out. Despite that also marriages fail. But invariably I have seen when the marriages are fixed by themselves they fail. Its just like any other marriage. So the best thing for you is to now make a compromise with yourself that you are not going to be stupid and you are not going to waste your married life. I have been crying, you see, with your smoke. So I worked very

hard for you with all this we have done, with such scrutiny, with such understanding, and you should not make us miserable for nothing at all. So I again and again request you that you be in a very happy, mood now. I am very happy. I bless you from my heart and I am sure your marriages will work out. But don't be hasty, take it easy. Everything is to be taken easy, first of all, and see, gently work out your marriage. May God Bless You. Thank You.

We have a custom now that the bride and bridegroom receive their food in one plate and they feed each other. So, the first the girl, the bride, has to give the morsel in the mouth of the husband. She should be very naughty to give a very big one, alright. Then the boy, the bridgroom has to give the morsel in the mouth of his bride with love. Now also there is a custom in India. I dont know if you can do that. Its very simple though that you have to take the name of your wife or your husband in a couplet, its like this and if you can do it, some people you just compose it now and you can

raise your hands. Say, I give you about ten minutes to compose a couplet in any language you want to. In which the name of the bride and bridgroom is there. So the bride does that and the man does that. Then all your life, married life, you don't call your husband by name. Its something great that you are not to call your husband by name but you have to say. I don't know in English .... Darling ! ... That is, I don't know what that is but thats how, according to us in Indian way we call him the master. And also in Maharashtra they call it 'a turban in the hook'.





*Shri Mataji,*

*Thank you very much for realisation.*

*Thank you very much for making us understand how great we are!*

*Thank you very much for bringing all the blessings of the Divine.*

*Thank you very much for raising us higher, much higher than from where we were.*

*Thank you very much for sustaining us to improve ourselves and correct ourselves.*

*Thank you very much, Mother, that you have incarnated on this earth, taken your birth and working so hard for all of us.*