

Maha Saraswati Puja

Talk by H. H. Shri Mataji Nirmala Devi

Calcutta 3-2-92 (Translated from Hindi)

In this Kali Yuga it very difficult to recognize the Mother. We cannot even know our own mother then to know me is even more difficult. But the depth of this Yoga bhumi is working in you. I have seen that whichever Sahaja Yogi has come from this part becomes very deep. And I am surprised that where I spent so many years and worked such a lot, the people there are not so deep. They do not have such beautiful collectivity as is here. The speciality of this land is that the collectivity and love is absolutely selfless and unselfish; I have been very pleased to see this and may you progress.

It is very important that there should be worship of Maha Saraswati here. The Devi has blessed this land and everything is so green here. The reason for poverty and suffering here is because the worship of Saraswati has been very limited. **The puja of Saraswati is done here only to increase our artistic talents or to become scholars. No doubt the people here have progressed on the scholastic and artistic fronts. People here are very intelligent and proud. But still why is there poverty? Why is there jealousy towards a person who has more money than you? One must understand what formula we are lacking which we must get.**

The work of Saraswati is on the right side. When She works on the Swadhistan and when this goes on the left side then the sense of art grows. Bengal is very famous in every art field. In music, drama, sculpture and literature. There are very famous people in these art forms here. Art is the light of the Divine. You cannot see it but it has vibrations. Whatever is very beautifully created and recognised by all the people all over the world is aesthetically rich. If you put your hands towards it you will find vibrations flowing from them, especially if it is made by a realised soul. The people who live here are very devotional and the art forms here are easily understood by all. People of Bengal are perfectionists. But we have developed only one side of the Swadhistan and have neglected the other.

We use the swadisthan only for reading, writing and we have progressed in these fields.

But there is a further state than this about which we don't think, and that is why there is imbalance. When you see there is lot of art, literature, etc. and people say **there is no union of Saraswati and Laxmi. This means that whatever you are doing when you go into its deeper aspect, then you think why there is no union with Laxmi. In Sahaja Yoga both meet at the Agya chakra. You keep on working but you do not get the result that you desire. When you come into Agya chakra you realise why we have not got that state which so many artists have got. Why are we living in poverty? Till we do not reach that state where we see both aspects with correct perspective we cannot progress. To unite Kala (Art) with Laxmi we need proper vision.**

One of our greatest weaknesses is stubbornness. If they have made an elephant they will go on making elephants. If they sing in a particular way they will go on singing in that way. If you tell them to change if they may get angry. At Agya if you contemplate then you realise that stubbornness does not let you go beyond Agya chakra. "We are Bengalis. We have the greatest artists, intellectuals." We have this stubbornness that we are great people in Bengal. But if you want to rise above that we must realise that we do not have to compromise. I don't say that you destroy art. But you must think of art in a balanced manner. I am telling you something practical, that we have a certain laziness in us by which we can also become stubborn. A person thinks that by creating something new I will have to exert. For learning something new our brains are a bit slow. Because of this slow brain we are not able to learn anything by which we can unite with Laxmi. Like I told some artisans not to make such elaborate purses but to make simple lines. He said, "this was not possible. We will make it like the way we are used to. We cannot make it the way you want. "You cannot make any suggestions. So there must

be an understanding; then the brain opens out. But if you are stubborn and say that whatever I do is correct and what anyone tells me is not so. This stubbornness can have a very great effect on a person's entire life. We are like and will remain so. When the change comes it is in a very Sahaja way and in this Sahaja way you find the union with Laxmi. Artists are very stubborn. If you tell them please change this a bit they will not do that. To put the agya chakra right we must first put right this strange ego which says that whatever we do and the way we do is right and no other suggestion or method is correct.

This feeling that you are Hindus, Muslims, Christians, Brahma Samajis etc has no base. You are nothing but a human being. You were born a human. You have branded yourself that you are something. You are neither Bengali or Marathi. You are just human beings. By branding yourself you create more problems. These brands become so important that you cannot see anything beyond it. Till this catch does not release this blindness will not go because you see everything in such a way that only your way is right. In the west it is even more so. If you put anything into their brains and tell them that it is good, then they will follow it blindly. The critics there also criticize every art form so much. Another critic will refute what the first critic has refuted. Nothing comes to you from within yourself and your brain. Whatever others have filled in is accepted. Each is branded. By this the ego rises and a person thinks that he is a very great personality and very unique from others. He becomes an individual.

The essence of truth is that we are all one, are whole, are a totality. When you go in opposition to it then you become individualistic and go on becoming more and more separate. It is true that one leaf does not resemble another but all of them are on the same tree. They are all a part and parcel of the Virata. When we separate ourselves then the Saraswati tattwa which should become Maha Saraswati does not. When you live in Maha Saraswati tattwa you start seeing in your daily life that you are the whole, and we are one. So when an artist creates he makes some such thing that one accepts from the heart. All the works that we do of Saraswati should be dedicated and surrendered to the Divine. If this happens then all such works will be immortal. All poems, music,

songs, art forms which were offered in the name of God are still living today. Like today's film music comes and dies down. But the songs of Kabir, Gyaneshwar are still remembered. Through their self realisation they obtained the Maha Saraswati shakti and whatever they wrote or created that light was of a unique kind. These were creations that united the world into one. One should not only move on Saraswati tattwa as this limits you. One should move on Maha Saraswati tattwa. If Saraswati tattwa is the seed then the tree is Maha Saraswati. Till you do not make this seed into the Maha Saraswati till then you cannot merge with Maha Laxmi. The gift of Mahalaxmi within you is that you get your self-realisation. All the three, i.e. Mahalaxmi, Maha Saraswati and Maha Kali meet at Agya. In every subtle way there is an ego. So one should introspect within as to why we believe in such a thing. I am sitting in a limited field then how can I enlighten the whole world? I have said many times look towards yourself. I know many people believe me and worship me as the Devi., but what is the benefit for me in this? I am what I am. You are the ones who have achieved. You came to Sahaja Yoga and from, Saraswati tattwa you reached Maha Saraswati tattwa. You have gained not me. You should not be satisfied by just believing in me. You will have to believe in yourself and lift yourself.

Now you know the science of Sahaja Yoga. Your candle has been lit. Not this candle has to enlighten thousands of others. To love me is beautiful. But there is a further state than this. Beyond joy there is another state called Niranand. That state of Niranand will come to your Mother when she will see that Her children have gone even further than Her. But these small petty things still stuck with us must be given up. In Maharastrians it is even more, that we are stuck in small pettinesses. I feel it must be the demerits of past lives. If he had good merits then he would immediately open his heart and start emitting fragrance like a flower.

In Maha Sarawati one should be efficacious and active. In Mahakali tattwa you absorb and you desire. I want to do this or that. I like this or that. I like this. To activate these desires is the work of Maha Saraswati. Some people wish that Sahaja Yoga spreads. But in this respect what did you do for it to spread? How many people did you give

self realisation to? How many did you talk to about Sahaja Yoga? One journalist told me how he was impressed by the young boys and girls who were so peacefully and in a dignified manner putting posters. I was very impressed by that. **You must put your desires into action. Your desires will finish when your action will start.** You should desire what can be done, for to desire something which cannot be fulfilled is a calamity.

There are many rich and many poor here. Even the rich have similar problems to the poor. They tell me that there is labour problems and that is why our factories are closed. **But the rich must remember that the labour is your part and parcel. You cannot do anything without them.** You do not even know how to move a finger; you just keep sitting on a chair. What have you done for the labour? Everything cannot be solved with money. They raise a flag, you raise their money. Then they again raise a flag and this goes on. **Have you done something for their welfare? First learn their culture.** There are big industrialists who do not know their culture. **The labour are very large hearted.** But if you deal with them with haughtiness then they can be the greatest enemies. **Stay with them, meet them, get to know them. I call this enlightened entrepreneurs. Go to their homes, ask after their problems.** You do this little for them and they will be at your service for life. It is not necessary that you give money for everything. If you give money they may go straight to the liquor shops or keep women. **Think of them as a part and parcel of yourself and get to know their hearts. And then all your labour problems will be solved.**

The people here are limited only till Saraswati and not Maha Saraswati. You are Sahaja Yogis, things will get alright themselves. But you have to follow the methods of Sahaja Yoga. You will have to leave your narrow view points and spread. Till you do not rise from within you cannot spread on the outside. **In Sahaja Yoga meditation is very important. Meditate for five minutes at five in the morning and ten minutes at night.** With this you will keep getting cleansed and will receive blessings. All the time you are being guided. You are also enjoying and growing.

People still think that it enough to keep on loving Mother, serving Her and praying to Her. It is fine.

You do get the benefit. **You may have grown very deep in your Mother's love. What is the use of such a deep pot in which no one fills water.** If you think on Agya what sort of work I should do, **If you go into Nirvichara (thoughtlessness) then you will get inspiration from inside.** There are many deep people here but now we have to share that depth. Like in a pond some lotuses bloom and the insects feel proud of the lotuses. But you are still an insect. What's the use.

In the Vedas it is said that if you do not have the Vid (knowledge) then what is the use of Veda. They tried to awaken the Pancha Mahabhutas. It was a result of which science came into our country. The scientific research done here was much greater than what research is being done today. **Through Sahaja Yoga you can also get the control of the Pancha Mahabhutas. But here you are still saying 'Mother, my mother or brother or family is ill.'** You are a Sahaja Yogi. You want Mother to do everything. Why can't you? Just try to give to others. I keep repeating again and again that you do something. Of course I will cure but you can cure better than me, if you are not able to cure then come to me. **The more you use your powers the more they will grow. But have faith in yourself.** If mother has said so then we must have got these powers within and we must increase them. **Now depth has come in Sahaja Yoga but the giving of it is still not so much.** You have to give now. When you become active and Maha Saraswati chakra is awakened you will be amazed where this country will reach. But this disease of laziness is there throughout India.

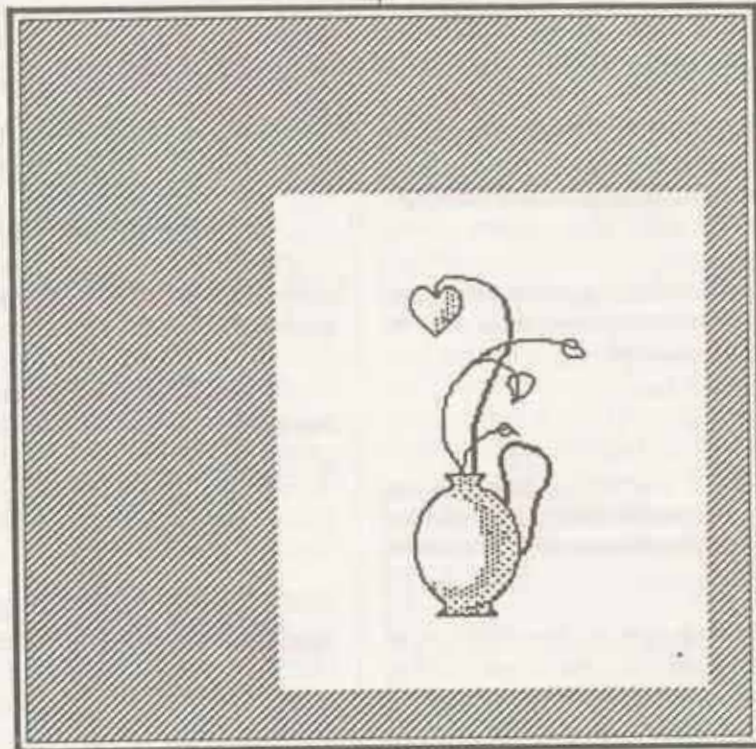
Sahaja Yoga **people make lots of excuses as to why they can't do.** For example "I am afraid of the masses or my family etc." **Sahaja Yoga is not for cowards.** There is so much black magic and tantrism here and I have been cleaning it. For removal of Kali vidya you will have to pay special attention and work it out.

This puja today is for the whole of India as this disease of laziness is there in the whole of India. **We are not at all active. We have very strong desires but no action.** You should get together and talk about what you can do by which you can spread Sahaja Yoga. We bought lands for various purposes. They are just lying there rotting. Till I don't come to India they cannot even make a

small road, or even a small hut. I cant understand that there are so many poeple still nothing gets done. When I go away you all separate and go your own way. Just two or three people work. Sahaja Yoga is a collective work and not just the work of two or three people. One must underst and that each Sahaja Yogi is a part of Sahaja Yoga. If one finger is hurt the whole body feels the pain. Everything is spontaneous, Sahaja. But this

narrow mindedness does not let go of you, and this ignorance that we are something important.

You have gained so much depth and got so much. Now you must give it to others. Tomorrow you can sit in my place and do my work. When this happens only then will Sahaja Yoga grow. I bless you that now many people may emerge after this puja who will do this work of spreading Sahaja Yoga.



Birthday Puja

Talk by H. H. Shri Mataji Nirmala Devi

Delhi 21-3-92 (Translated from Hindi)

You have celebrated my birthday with so much love. You got your self realisation, and the special thing is that you became something and gained something. I am what I am. I don't have to become anything. It is such a great thing that you got self enlightened through your Spirit. All Sahaja Yogis have now become so good and dharmic. If you see people who belong to other religions they follow their rules and regulations with great difficulty; they fast, go to the Himalaya stand on their heads and do various things but still their Spirit is not enlightened. They will believe in some guru or God, but do they try to become like that guru? To believe means nothing when their gurus' shaktis and qualities have not enlightened them. No religion is bad in itself. It is the way people have followed them. Some went into the right and some into the left.

The right sided ones became ascetics. They made very laborious and complicated paths. They thought if Buddha got enlightened through so much suffering and through a very difficult path why should we not follow the same if not more laborious paths. So many people became entangled in these paths. Eating only once, sleeping on the ground, living in cold weather with little clothing, staying alone etc. They completely suppressed what was given to them by nature. **By suppressing their natural instincts and behaviour patterns one becomes very irritable and aggressive.** Such people have a lot of anger in them. **By suppressing anger it grows more.** Such people sometimes go into the supra-conscious. They may then gain such powers or siddhis by which they can dominate others. For example Hitler. Hitler's guru was a Lama monk and he learnt from him how to control and subdue people. Buddha had created such a high dharma on how to reach Nirvana and that religion went into the right side.

Then the other type of people went into the left side and tantrism was born. There are places in Ladakh where they will pray to the hand of a

dead body. Even in Nepal the left side has grown so much that they do tantrik vidya, bhoot and shamshan vidya. Thus two types of people were created in Buddha Dharma. Buddha has no connection with them and vice versa. The same thing is there in Christianity. They wanted to gain some powers within so they crucified people and did all sorts of things in the name of Christ. Even now you will see in Armenia how they killed thousands of people in Azerbaijan. When they used to kill they would take the Bible in one hand as if God was with them, and they think that only their religion is correct and the Muslims are bad. The Muslims do the same thing. Islam is beautiful and a tremendous religion. Even great Muslim scholars say that there is a lot of difference between Muslims and Islam. They feel it is because they are not educated. But education also creates foolish people. Like Kabir has said "By reading the pandits have become foolish." Till the spirit is not enlightened nothing is going to happen. You cannot imbibe any religion within. It will not enter. It will just remain on the outside and then you will get lost. Either you become money oriented or power-oriented. But never spirit oriented.

When the Spirit gets enlightened then a person unexpectedly finds that tattwa within himself. He does not have to struggle. This feeling comes within spontaneously. In Hinduism it is told that the same spirit resides in everyone. Then how can we have class and caste consciousness? One should think that the one who wrote Ramayana was a robber and a fisherman. Ram did not write the Ramayana. Ram ate the half eaten berries of Shabari who was a low caste woman. The Gita was also written by Vyas who was the illegitimate son of a low caste woman. All this was done to show that there is something lacking within ourselves that we have created castes and class. The one who is inclined towards God and knows Him is a Brahmin. So then Valmiki was a Brahmin. Great incarnations came and refuted this again and again that you are a Brahmin by birth. Kabir's

guru was a Brahmin and he accepted Kabir a weaver as his disciple. Namdev was a great poet saint of Maharashtra who was a tailor. Namdev's poems are included in the Granth Sahib, the holy Book of the Sikhs. Guru Nanak recognized all this because he was an enlightened soul. The ones who reach there understand who is real and who is false. We should have compassion towards the people who are following these false things in the name of religion because we know they are blind. Like Kabir has said "How can I explain when the whole world is blind." Some will say I am Christian, Hindu or Muslim. You are making yourselves separate.

In Sahaja Yoga you have understood that the essence of all religions is the same. When we believe in all religions then this fundamentalism which is spreading in the world will finish off. You should not only realise that all religions are one but it should be imbibed within. It should sink within. In Sahaja Yoga there are Hindus, Muslims, Christians, Sikhs and Buddhists. When you believe in one Vishva Dharma then all the religions are in that one religion. This is the wisdom. And then you believe in all the incarnations and saints. You cannot make it happen by talking or intellectualising. It happens by the light of the spirit which sinks deep within you, then you don't need to say. You are Sahaja Yogis so you just cannot tell lies, steal, torture or kill anyone. Now you cannot do anything that is bad. You do not try to pull anyone down or get into competitions. You are sitting in profound satisfaction and meditation and know that everything is getting done. Even in your married life there is deep understanding between husband and wife and no husband or wife will look at other men or women even though there are many beautiful women and handsome men. This outer attraction which happens to others does not touch you. You have respect for yourself. Your eyes are steady now and even such thoughts do not enter your mind. Even other people are impressed by you. How you live in such peace and harmony.

People tell me that I cure so many and do not take any money. But neither do you take money. You will not kill, steal or make anyone a widow. You cannot kidnap anyone's child. You do not smoke or drink or take drugs. You will not go to any dirty places or make obscene paintings or read dirty books. I don't need to say. You yourself

will not do it. You do not listen to dirty nonsense because now you have become so pure. If you do have to go to some such dirty place you will go as witness looking at it as a drama. You have now got the witnessing power within you. There is lot of love for each other. You may go anywhere in the world and you will find Sahaja Yogis will look after you with so much joy. Of course some people take advantage and tell lies. Even then they are looked after. One person went to Madras and told them lies that Shri Mataji has sent him. He asked for a horse, for various things and they gave it to him with great love. Later on I got to know that this rogue had gone there on his own. I have seen that people bear it even though they suffer, but will never complain. But I have seen that if someone says anything against me you cannot bear it. And this is the proof of your love for me.

You have given me so much love and I have great faith that the dream I had of the whole world getting realisation will be fulfilled. Till this does not happen the world will not improve. We have all sorts of problems. Ecological, economic, political and family problems. The responsibility of this lies with human beings because they have created these problems. But when man changes and universal brotherhood enters within him then what would be the need to fight. Then all these problems will get solved by themselves. Whenever you read the paper you should collectively desire that the Punjab problem be solved and it will be solved. The problems of poverty will not be removed by shouting 'remove poverty.' We are in the middle of the river. Neither are we too rich or too poor. When this current grows then the poor and the rich will both come in. And in this way our problem will be solved.

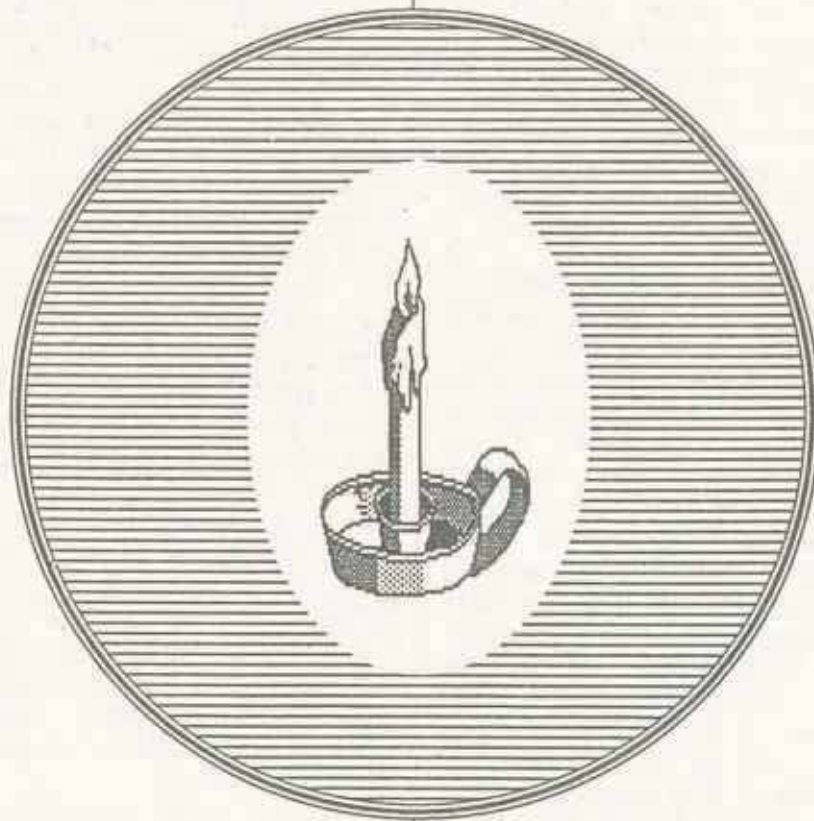
All your faces shine so much. The kind of love we have in Sahaja Yoga is not there in any society. The followers of other gurus look like they are just about to enter into a hospital. That is why you should have self respect and there should be something special about you. You pray to me and tell me that you have benefited. But you are behind these beneficial pujas. If you were not like this you could go on praying and it would not have worked out. Are there less prayers or Pujas in temples? But nothing goes inside. They do so much offering to the Devi and Gods but still it does not go in. They are just the same. They go on committing sins and atrocities. There is nothing.

special about them. Now Sahaja Yoga has spread so many countries. I never thought that in my lifetime it would happen. The dream that I had has really come true. So we must remember that we are not, just simple Sahaja Yogis but we are special. We should try to make as many people yogis as possible. Then only can the world benefit and we will benefit.

Today is my birthday but your birthday should also be celebrated. At every birthday you grow in age but with this growth in age if maturity does not come then its no use. You are also growing in Sahaja Yoga but it is important that we grow in maturity. Once you are mature you will become like a large tree and benefit others. You

all have these powers. And I desire that all my powers also come within you. A mother always thinks that all her powers come within her children and they all become great stalwarts. You are sitting in such joy and taking the pleasures of Nirvana for which many had to struggle. All this has come to you in such a Sahaja Way. This is your punyas of previous lives. My blessings are always with you but this thought is always there that when I leave you my heart is wrenched. But when I think of the people in the other places waiting for me then I feel that those are my children., I travel a lot but when I see you my heart fills with joy and I never have time to think of my age.

May God Bless You.



Felicitation ceremony on H. H. Shri Mataji's Birthday Talk by H. H. Shri Mataji Nirmala Devi Delhi 21-3-92

I bow to all the seekers of truth. At the very outset we have to know that truth is what it is. We cannot conceptualize it. We have to know it. Unfortunately at this human awareness level we cannot know the truth. We have to become the Spirit. Whatever I am telling you today need not be accepted and there is no need to have blind faith because all of them have praised Sahaja Yoga so much. Keep your mind open like a scientist and as I put before you this hypothesis and if it works then as honest people you have to accept it because it is for your benevolence and the benevolence of the whole world. In Sahaja Yoga we have people from all kinds of races, nationalities, religions and political systems. But there is such a beautiful brotherhood amongst them. It has been achieved without any effort. They have become so beautiful because there is very little distance between our selves and reality. If we can cover that distance and absorb that reality then you will be amazed how fantastic, glorious and wonderful you are.

If you see the world we have problems like ecological, political, economical, family problems etc. The centre point of all these problems is the human being. Somehow if we can transform this human being to a new awareness of universality then all these problems can be solved. All the saints and great philosophers the world over have spoken about the spirit. All the scriptures have spoken about the Spirit. All these religions which were very great and pure and absolutely real got into a mess because people who followed them were either money oriented or power-oriented. They were never spirit-oriented. They never bothered to achieve their ascent. Both Buddha and Mahavira never spoke of God because they thought that if they did so people will start organising God into this or that religion. So they talked about the formless which is the Spirit. They insisted that you should have your self-realisation. It was the same with Guru Nanak and Mohammed

Sahib. They all talked about Formless Divinity.

Human beings are the same. Whether you talk of formless or form it is just a talk. Like if you talk of flowers or honey you do not get the honey. Talks are just words. Shri Adi Shankaracharya has called them "Shabda Jalam" i.e. the web of words. How to go beyond the web of words. Through Kundalini awakening. It is not a new thing to this country, Sahaja Yoga is also not new. It has been expressed in all the scriptures that unless you become the Spirit and are reborn you cannot know religion. It cannot be known through mental efforts which everyone knows. Recently the Armenians killed the Muslims and before going to kill they used to read the Bible. How can that be? Imagine Christians doing that. Even Islam is one of the best religions but nobody has understood what Mohammed Sahib has said that you have to know it. Know comes from the Sanskrit word Gyana. Early Christians also were called Gnostics. It means to know on your central nervous system, and not on a mental level.

That is why as soon as Paul took over Christ's disciples ran away and when Thomas came to India he hid all the knowledge about reality in a jar in Egypt. This was because he would have been prosecuted by the people who were interested in organising the religion, and making money out of it. As a result of all these non-sensical people they said better not talk of religion. In the name of religion they then murder and kill. How can it be a religious act? Human beings can make a mess of everything. That does not mean there is no divinity or reality. At that time very few people got realisation. Raja Janaka gave realisation to only one person Nachiketa. it was a very slow process. One Guru gave realisation to only one disciple.

Then in the twelfth century Dynaneshwar requested his guru to atleast allow him to write about it in a simple language. In his book

Gyaneshwari he wrote about the kundalini in the sixth chapter. But the people in charge of religion did not allow anyone to read that chapter even though it was written in a local language. It has also been written about fourteen thousand years back by Markandeya in Sanskrit. in the sixth century Adi Shankaryacharya also brought it to the public but that was also denied. In Maharashtra they all sing Ramdas' poem saying "O Mother, give me the Yoga, give me the connection with the Divine power." From ages they have been singing not knowing what they have been singing about. Then the development came through Guru Nanak, Kabirdas, Ramdas Swami, Tukaram. All these great saints incarnated in this country, specially Kabirdas and Nanak Sahib very clearly talked about Kundalini. But still people misunderstood because there was no way to know it. So in these modern times I thought that whatever is the discovery for one person has to be for the masses. Otherwise only one person knowing it would not be accepted. That's why they crucified and poisoned them. When they died then of course they built temples in their names. Till they lived nobody accepted them.)

So somehow or the other I managed a method by which you could raise the Kundalini of the masses. When the Kundalini rises she connects you to this all pervading power. This all pervading power does all the living work. Look at these flowers; look at our eyes; we take them all for granted. The eyes are a great work of a very delicate camera. What about our brain? It is another great computer already programmed. We just accept it but do not want to know how it works. We accept all the living processes blind folded and we are not at all concerned as to how these flowers have come out of this mother earth. how their heights are maintained or how their colours are reproduced from a small seed. But this all pervading power is pure love. This pure love, this energy is the one that does all these beautiful delicate things. Once you are connected with your Spirit, it gets enlightened.

It enlightens your attention. As your attention is enlightened you become a different personality altogether. First of all you become collectively conscious. It means that you know about others and their subtle centres as also you know about your own centres on your finger tips. You know your problems and the problems of others. These

centres are the ones which are the foundations of physical, mental and spiritual being. When you put these centres right then you are alright.

We have here in Delhi, Doctors who have got their M.D. in the cures of Sahaja Yoga. Many diseases which are incurable can be cured easily through Sahaja Yoga. This is because when the Kundalini passes through these centres she enlightens, nourishes and integrates these centres. Its not like one part of the body is treated and another is neglected, but in totality you are alright. She puts you in the central path of balance. With this light you become a wise person because you empty your mind. It is called thoughtless awareness. At that time you become absolutely peaceful. When it is established well then you become full of doubtless awareness which means you become so powerful that you can give realisation to others, cure people, talk about Sahaja Yoga as your own knowledge. I have guided whenever they have asked questions and things about it but much has come from within and the enlightenment has shown them these scriptures are very different from the way people are following them. They can now see the enlightenment of these great souls who came on this earth to help us.

In the evolutionary process we are now standing on the edge of our last breakthrough and that is self realisation and the whole world has to get it. I don't know whether the whole world will get it or not but they way it moving in Sahaja Yoga in thousands everywhere, I feel that lots of people in my life time will get realisation. Not only that but will form that beautiful society which doesn't fight, have violence, doesn't cheat, is not ambitious, does not quarrel, doesn't talk ill of others and doesn't cut each others throat. These ideas do not come into their heads. They are extremely moral. They don't look at other women and do not trouble their children. They are the most law abiding people and I don't have to tell them don't do. All their bad habits drop out. I have seen one boy who came to me who was a drug addict. He could not see me as he was in half coma. Next morning he gave up drugs completely. Now a days short of appointing military to fight drug menace they are trying everything. No need. Just awaken them. In the little light of that awakening you see yourself. You see whats wrong with you and also have the power to throw it away. Like the

snake in your hand. If it is darkness you might say that this is not a snake but a rope. But if there is a little light you see its a snake and you throw it away. That's how it has worked.

There are so many Doctors in Delhi who have done wonders and have taken up Sahaja Yoga as a scientific system of the Divine and they have brought it down to the level of medical science. Even in Canada we have a doctor who has worked it out how dead souls act. There are some scientists who have found how the carbon is on the Mooladhara and how it works. These scientists have taken it up seriously and are trying to work it out. There are some Muslims who are trying to write Quran Enlightened. Somebody has written Gita Enlightened already. All these efforts are done for no payment at all. I don't take any money because after all for living work how much money do we pay to mother earth. We cannot pay for it. But all of the Sahaja Yogis also don't take any money. They are working very hard and are going all over the world to help. We have another doctor who has worked very hard in Russia. The Germans came to Russia to help. They felt it their duty to rectify what their forefathers had done. Such love and attention you cant believe that they are Germans.

It is so beautiful within yourself. It is so magnanimous and righteous; so moral. All that starts manifesting and that is how humanity has to emancipate. They are giving me all this credit but I would say that give credit to them also because they are very honest and intelligent people. They could see the point very clearly. In these modern days when people just talk of science and technology, to accept divine technology is a very difficult thing. But when they see the results they are honest and accept it and understand it that how we are going to work out the problems of this world specially the political problems. Thank God

for Mr Gorbachov that it is now subsided quite a lot. Now we have another problem of fundamentalism and Sahaja Yoga is the only way we can solve it because we believe in all the religions prophets, saints and incarnations. We believe in all the essences of the religions and worship all of them. So how can we fight. There cannot be fundamentalism. This is the solution today for all the people who believe in one religion and rest are all wrong.

I am very happy and thankful for all those who have sent me all these beautiful flowers reminding me of their love for me. Whenever I leave an airport I feel my heart drenched with all the people who are there and I start thinking when will I meet them again. Then I go to another airport and I see the others standing there and singing and I say its alright, I have to be here also. It is such a satisfying thing. I never feel my age or anything. It is so energy giving to see so many people are enjoying their life, their children, family life and social life. We have to create this new and beautiful world. We are not going to allow this beautiful world to be destroyed by the stupidity of a few people but wisdom has to come to all of us. I was born on this day and I did not know that I will achieve anything in my life time. My father who was a realised soul used to tell me "Don't talk about any reality till you find out the enmasse evolution of people. Just don't say a word because you will create another Quran or Bible or something which is of no use. So first of all see to it that you achieve that state for human beings." I am so happy that it is spreading so fast not because of me but because of all of them that once they get the light they enlighten other people. So also I thank you all very much for this celebration and in my heart I also celebrate the way you people have come up. You have achieved so much for your achievements. I congratulate you all.

Thank you very much.

Shivratri Puja

Talk by H. H. Shri Mataji Nirmala Devi

New Castle, Australia 1-3-1992

Sadashiva, the God Almighty is impressed on your heart as the Spirit, the Shiva. We have to understand that so many people came on this earth at different times in different countries. They talked to different people about righteousness, Dharma about how to elevate yourself. All of them have said that you have to believe in God. You have to become the Spirit. They knew that without the attention being filled with the light of the Spirit, you will not be able to understand spirituality. You have the Spirit within you which is all the time in witness state. Why have all the religions failed? Because they did not get their self realisation and become the Spirit. So there is a tremendous difference between you and all the others. They are hypocrites. They intellectualize it. They explain it very well but you can see very clearly that they haven't absorbed spirituality. That absorption is impossible without self-realisation. Buddha and Mahavira both never spoke about God. They said to just get your self-realisation. Most of the books speak of spirituality and what you have to achieve and what is the purpose of religion. All that is spoken and written very well and they tell you what you have to be or what is good or evil. Even the first step where the Dharma has to be established where people are not to cheat each other. There has to be justice, collectivity, love and understanding. No jealousies or hypocrisy; where its a different race, different community. Infact a different civilisation is to be created.

It is tremendous of Sahaja Yogis that they have achieved that state of the Spirit. You can absorb Dharma without any difficulty. You will not kill or be violent. You will stick to the truth. The most important thing is that you have rapport with God Almighty and you are in a way knowledgeable about God. There is awe not fear. You wont cheat Sahaja Yoga for money or fight for power or material things. All your attention will be for the expansion of your awareness in the light of the Spirit. This is the vision of your Mother because Shiva is just a witness. But now he must have lots of hope after seeing the people that are created out

of Sahaja Yoga. Very unique, wonderful angel like people have been created. The only problem is that you have to keep to your angelic foundations. Sometimes you fall or falter. But you rise into your awareness and try to locate new dimensions that are available to you. And all this is possible because you really belong to the chosen ones. You must also know that you are very special people. Sometimes Sahaja Yogis don't realise and they don't have self esteem. You will have the wisdom to understand what is your role in this lifetime. This state is only possible if you see other people who are lost in the Maya of nonsense. Now you are a special community.

Whatever are the Dharmas aspects, you can imbibe them. Spontaneously you don't have to exert, or do penance or work it out. You can do it in a Sahaja way. You can have all these qualities without any difficulties. It is the easiest thing for you to be righteous than to be otherwise. It is easier for you to be honest than to be otherwise. This speciality you have has been the vision of all the saints, prophets and incarnations. People gave lectures upon lectures that you must do like this or that. They think by educating people with these principles they will be alright. But it goes as ego into their heads as the education is only through your ego and not Sahaja. It is something that is put on you from outside. But for you it is very easy. You can imbibe all the aspects of Dharma easily. I know people, who used to take drugs, torture people, beat them. One person used to carry a revolver with him always. Now he has become such a quiet, silent and beautiful person. So now you are that special people. Those people who have not got their realisation cannot get to their Dharma easily.

The second point which is very easy for you is to love and care for another person. You would love to do that. You would like to care for people who are Sahaja Yogis. If you see a non Sahaja Yogi who who is suffering you will immediately see that the person gets help. One gentleman told me

that he would love to do some work for Sahaja Yoga but he had no money. I told him to come the next day and I would give it to him. Next day he never came back. On asking he told me that a gentleman who was sitting with me gave him the money. In Sahaja Yoga we immediately run to the help of someone in need of money. The six countries like Romania, Bulgaria, Russia, Poland, Czechoslovakia, Hungary have been helped by one country or the other. Even the East Asian countries were helped by Australians. I never asked them to do so. They made tickets for them and brought them to India. They looked after the Russians. They were full of compassion and love without feeling that they had done something. Nobody ever asked how much was spent or how much we have to give. I reached Hungary and found 125 Romanians there. My heart was really filled with such joy. They secretly helped each other and brought gifts just for their satisfaction and not to oblige anyone. Imagine countries like England, France, Spain, Italy, Switzerland who are very aggressive, and went out not to help anyone but to establish their empires or destroy or convert people and did all kind of things in the name of God and religion. But when you go to other countries you just want to help. It works out so spontaneously in your heart that you should help and work it out.

This transformation that has taken place has brought out all the beauty of your heart, your compassion, your love and you want to give security to others without expecting or demanding anything. Then you all enjoy living in a simple place like this under a tent, listening to me you don't want any comfort. You just seek the comfort of your Spirit and enjoy the whole place and the nature. I have seen Sahaja Yogis gradually becoming extremely conscious of the ecological problems. All over the world they have started using things which are natural and artistic. They have also become generous. We call it 'Audarya' which is the sign of an incarnation. This generosity is among my own children. They enjoy giving things to others rather than keeping things to themselves. It has happened all over the world. The Sahaja Yogis are sacrificing their time, money and everything to spread Sahaja Yoga and help others; to accommodate all kinds of things, all kinds of people within themselves. Such collective wisdom is there. This compassion, this love, this

feeling of oneness as if they are part and parcel of us. It is surprising that the Americans sent a television for the Russians. It must have been the Spirit of Sri Krishna trying to help the spirit of right Agya.

Its not only in Europe that they are working it out but have even been working in Turkey. Now a physicist has gone to Japan. He is not Japanese. He is using some sort of show on the streets to attract the people and telling about Sahaja Yoga. Also the collectivity you have now is tremendous. Even the Indians are happy that an ashram is being bought in Brisbane. This is because the heart has become so large, because Shiva is shining there. The Spirit is shining. It has become such a large heart that it can encompass the whole universe. You have all become universal people. You don't only read about Vishva Nirmala Dhama but you try to follow it and imbibe it within yourself. Once upon a time Australia was full of racialism. They did exactly the opposite of what Christ said. So did other religions. They are all fundamentalists. This is because they are just reading their holy books. If the book goes inside they will realise that all the books are talking of the same thing under different names.

But you have got that universal thing thanks to your spirit that was there intact and has started shining so that now we have a new community, a new civilisation of people who are extremely honest to themselves and each other. They are non violent and absolutely law abiding, very very loving and affectionate. At the same time they are very constructive and intelligent. They understand Sahaja Yoga which is such a subtle subject. Once your spirit is enlightened it goes into your head without any difficulty. You don't know how difficult is this subject of Sahaja Yoga. It is such a fulfilment of the desire of the divine that your divinity is expressed when you are collective. You are enjoying each other, you enjoy collective life. Individualism is against the Spirit of the whole but we have our own varieties. You may live in other countries, other atmosphere and traditions but we have the same faith, the faith which is enlightened and is not blind faith. That firstly you are realised souls and secondly there is an all pervading power. We have the same type of worship whether it is Christ, Mohammed Sahib or Shiva. We all worship in the same way. We don't have a difference of opinion about that like one

church becoming ten churches and ten Hinduisms. We are all Sahaja Yogis and we have all got the same principle binding in a Sahaja manner. Also you are now becoming an archetype. For the people who are not in Sahaja Yoga you will be a model for them. They will see that you don't drink or smoke or take drugs, and don't boast about it. They don't hate anyone and are dynamic and creative. They are so constructive and self-contented and are not at all competitive. They do not give problems to nature or anyone. They have become such beautiful people.

So now you must understand that you have to be models of good behaviour, good language, decent life, & decorum. And not fighting with husband or wife. The Mayor of Cabella told me that he was surprised that these people could sit for hours together. They are so spellbound they don't feel tired. He thought they are special people. They do nothing but just enjoy. Once we had Guru Puja for six hours and the villagers of Cabella were surprised how they could sit so silently. They thought you are angels. They said that these people don't torture us but are kind to us and look after us. They try to bring joy. First they used to call me Princess, then they started calling me Goddess and they said you are Madonna. Whatever best they could think of they started saying. They now want to come to Sahaja Yoga. They gave me the land behind Cabella at a very nominal price which they did not give to Prince Dorio who was willing to pay a large sum for it. The whole village is getting a transformation and the dedication you have is remarkable. The way you are dedicated to Sahaja Yoga every non Sahaja Yogi will be changed.

I never expected all this love, affection and care. The way you want to express your love for me, this dedication and your sacrifice; the way you are sacrificing your time and putting in effort. You came all the way to this far flung place for puja. All the gain you have from this puja is only possible when you are a realised soul, otherwise it is useless to do any puja or worship. People go to church sing a few songs and come back. They are just the same and after that go to the pub, because they think that pub is the only place they can get some joy. One has to sacrifice. Though I must say that Sahaja Yoga is the easiest thing. You don't have to go to the Himalayas, stand on

your heads etc. But still you have to sacrifice your time and your attention. The attention is so pure that you cannot enjoy all what other people do. Like going to the pub or listening to rock music. I find all of you have become so clean and beautiful. Your chakras are so clean. Is it that your purva punyas are working out? But still I would say that you must know your self-esteem that you are Sahaja Yogis. That dignity and that wisdom has to be there. The compassion, love and unity of purpose should be there. All over the world you have brothers and sisters. You have Rakhi sisters, you have very pure relationships. Anything impure is just thrown out in a Sahaja manner. Those who don't fit into it just get out of it. We have very beautiful families and children.

Mohammed Sahib came and talked of it. He never made a rigid religion. It was very flexible. He said that you must get the knowledge so according to them the knowledge was to read the book, to interpret it and get intellectual. After that came Guru Nanaka. You know what happened to Sikhs and where they have gone. Sikh means the one who has learnt the Divine Laws. If you are not connected you cannot follow the Divine laws. But you know them. As soon as you go against them you can feel it on your hands and your central nervous system. You start judging yourself all the time and you want to put yourself right because you don't like it that way. Many ideas about your personal life that your wife husband or child should spoil you are all finished now. Now you want to marry a real Sahaja Yogini or Yogi. After that marriage becomes a blessing. It is quite a penance to come to such a far-flung place and to travel in Maharashtra, but you enjoy it. You were missing the buses. It was an adventure for you. All this tapasya and penance becomes an adventure. Like the musicians who went to Russia and got lost. The whole description of it was tremendous, like an adventure. Now you have been achieving things without even thinking about it. This is the blessings of your Spirit and the blessings of Shiva.

The spirit is the witness and you develop that witness state. To you all this politics and economics looks very ridiculous. You see it as something absurd. The Russian Sahaja Yogis did not feel the problems of politics and lack of food. They said, : "We have got the spiritual food. Let these people fight and do whatever, we are not bothered."

They were not bothered about the coup. "We are in the kingdom of God, why should we worry of these worldly kingdoms and things." Such contentment. It is so beautiful. You have so many brothers and sisters.

You are people who have understood what is God and what is Sadashiva. Now you have faith in Him which is not blind. You also know that His powers work and His laws work. All other laws are useless. You have seen and experienced in your lifetime how miracles are taking place and how things are working out. You desire and it works. But we still have people who are mediocre and very dull people. They cannot understand Sahaja or how much they can gain out of it. You shouldn't worry about them. You have to think about the whole collective which is good and forget about one or two useless people. If they come up then well and good and if they don't then we are not going to force them. We will be getting more and more people. The greatest thing you have got is the greatest integration within your being, your heart, mind, your lives and your attention. There is no quarrel between your heart and brain and mind. Whatever your brain thinks your heart accepts and vice versa. Your attention is completely integrated with your heart and brain. You have got that power that can surpass all the temptations and you have got the spirit and you can give up what you want. You integrate among yourself, among different states and different countries. The whole cosmos is integrated, woven and governed by Divine laws. This integration gives you a complete understanding of Sahaja Yoga mentally, emotionally and spiritually.

Also you have so many powers but some of you still do not want to exert. One word of prayer from you is very powerful than thousands of these asking. You are extremely powerful and whatever you desire works out. You have other powers of giving realisation also. You have so many powers but most of the time you will bring people to me to be cured. Use your powers. Don't be afraid. You will be amazed how these powers work out and how you become more embedded in your faith in yourself. You are so very powerful in collective and also in individual. Whatever you want you can have. I am desireless because the Divine power is

working everything for me. I don't have to desire. But you have to desire. You have to pray. You have to ask. The wider you become the wider your prayers will become for a wider world, region and not limited to your children, family, city but unlimited areas will come. So become very conscious and alert about whatever is happening in the world. Put your attention there and try to find out what's wrong with it. We are not worried about a small ashram but about the whole world. Find out where the wrong is and what can we desire because if we can operate the Divine power then why not work it out ourselves. Your attention can go to any place. It can go to Nicaragua or Israel, or Saddam Hussain or any place you want to work out. It is mobile and universal. Just start expanding your heart, mind and your attention.

Your faith in me is great as I am quite a camouflage and it is not easy to understand me. On one side I am Divine on the other side I am very human. All these prophets never understood human beings. They never knew that they are not enlightened people and no use talking to them of these great things. It is like explaining to a blind person about colours. A person who has no Bhakti or Gyana is just vacant. I had to fill in myself with all these things. I had to study human beings and their problems and how to work it out. Now it has worked. The divinity in you has started expressing itself and such beautiful divine lights are sitting before me. I bless you from my heart where resides the Shiva, the Sadashiva and He blesses you. He is an absolute innocent personality. He is beyond any attachments. He is the one who is watching all of you with such admiration. His joy knows no bounds.

It is a great day for us to celebrate this Shiva Puja here. I hope all of you respect the principle of Shiva within you. That is the most important. Look after your vibrations which pulsates in your being because the Spirit has awakened in your attention, in your central nervous system and that's the most important thing you have to do. The rest of it is Sahaja.

May God Bless You.

Easter Puja

Talk by H. H. Shri Mataji Nirmala Devi

19-4-92 ROME, ITALY

The resurrection of Christ took place to open our Agya because it was a very subtle centre. With the ideas people had from their conditioning and ego where so much clogging was of the agya chakra that the passing of the Kundalini was impossible through it. So the play of resurrection took place, as Christ was nothing but Chaitanya. In the death of Christ we have to understand that we have achieved our resurrection. Also what was supposed to be the past had died. This repentance that we have, the conditioning we have are dead. But still among the Christian nations the ego has not subsided as it should have been. It may be that Christ was never worshipped in the right way. The ego did not allow the West to see what they are doing and how far they are going. They would repent about something that is far-fetched. Repentance was meant for our ego.

The Christian nations invaded other countries, and completely annihilated races after races. They were followers of Christ and took the Bible in their hand. These so called Christians have done such horrible things in the name of Christ. It was because of this ego. Anywhere if they are Christians they are extremely aggressive, and violent and they think that the whole world belongs to them. Even Hitler believed in the Catholic religion. This great sacrifice of Christ never taught them any lesson. They thought they have the right to rule the whole world, plunder and destroy everyone. What contrast it is to the life of Christ. The ego grew so much that today the Christians have lost their sense of maryadas completely. The Christians have no morality of any kind left in them. They have no respect for law, no respect for God. They have no respect for chastity which was the main point of Christ. I found the Christians in India most dogmatic, and dominating people. Why are they using the name of Christ to dominate others. The British also manoeuvred in such a manner that the Indians believed that Christ was born in England. They used to dress up like the English and behave in a very arrogant manner. They joined hands with the

then British government and had no loyalties with the Indians. When my father was arrested, they threw us out of the Christian community. They threw me out of school when I was just six or seven years old, because my father was a congressman and freedom fighter.

All the Christian nations have been extremely cruel and dominating and today they are there at the helm of affairs. This subtle ego which was the property of some monarchs has now become available to all the ordinary people in democratic countries. All these countries are full of destruction. Americans are also extremely dominating and egoistical to such an extent that they are idiotic. They follow Christ who was the source of wisdom. So we have to see Christian history. There was Peter who was very egoistical and once Christ said that you are Satan. He also said that you will deny me. Then Paul came up. He found Peter. He being a great bureaucrat wooed him and took him into his own confidence and told him to join hands with him. This sinister man edited the Bible. He is full of ego and has distorted what Christ said. He fought with Mathew and could not accept the immaculate conception. He had no idea about the reality, the miracles that exist with divinity. But Mathew stuck on to his own gospel. John ran away and started his own style which he called Gnostics. So this devil entered into the arena of such a great religion as Christianity. The Bible which they use now as authority has such words that people start thinking no end of themselves.

Firstly they suggest that if you become the members of a Church you are chosen. In Sahaja Yoga also we have **twelve types of Sahaja Yogis. Some of them are very weak, because they have too much ego.** They cannot carry on with anyone. They shout at people; they disturb others. They think no end of themselves. They are always aggressive. They cannot be collective. They never show any love. This type of Sahaja Yogis are there who one by one are showing their colours. Some

of them are learning. Christ had hardly three and a half years to work out all this. One of his disciples Peter would be such a sinister fellow that just for his self-interest and glory he would put such words in the Bible. Even with Mohammed Sahib it happened. He said that there will be resurrection time. He talked of the future. If he was the last then how can you have resurrection? But the seal of Prophet does not mean that no prophet can come down. He was Adi Guru so he called himself 'seal'. He didn't say that I have sealed. But crooked people take advantage of these little words and start using them for their purposes because they are very self-centered. So another type of Sahaja Yogis are extremely self-centred. Some of them know their own wives, their children and their house. To them it is very important. Some people came to Bombay with their children but didn't come for the Puja in Delhi. They are more worried about their children than about Sahaja Yoga or about their own emancipation. They try to remove their husbands from the ashrams. They try to find excuses on how to get out of the collectivity. You are judged all the time and you judge yourself.

Christ was not crucified by Jews. It is a wrong idea. How could the Jews who were just like slaves crucify Christ. It was the Roman empire who crucified him. They thought that he was becoming very powerful. The blame was put on the Jews. The rulers can always do such a thing. The early Christians were mostly Jews. Christ himself was a Jew. Then the Christians thought that they have every right to blame the Jews because they thought that Christ was crucified by the Jews. The idea was put forward by Paul because he didn't want to take any blame on the Roman empire. Then all the Christians were busy hating the Jews. It was thousands of years ago and because somebody crucified somebody for that they are hated. In that way all the white race must be hated for generations together. Because they have not only crucified one man but millions of people. Are we going to blame their children and their children?

Another type of Sahaja Yogis we have is that they try to blame somebody all the time. Such people can never improve. They should introspect. Introspection is missing very much in the West except in Russia. Only thing if you go to some church and confess to some deaf and dumb priest you are saved. Let us face ourselves. Do we

introspect or not? Are we Sahaja Yogis who are self-opinionated and self-glorified. **Fourth kind of Sahaja Yogi worship Mataji in the house, but they can't come to the collective because it is a little far away.** But if they have to go to meet their son they will go miles together. If they have to do something for their family or some business they will run after it. In Sahaja Yoga nobody is asked to give up their jobs or life styles, but priority is to be seen. They are very busy with their work and earnings etc. and they are just after earning a name, and no time for God. They will bow to Mother and want all the protection from Her for our work, for our creativity. There are some Sahaja Yogis who still think that money is very important. In Sahaja Yoga we get money whenever we want. Some of them say "I am starting a business, because 0.001 percent I want to give to Sahaja Yoga. After all it is all yours Mother" This kind of attitude comes when you think that money is very important. Some people cannot see God, they cannot see subtler advantage of this money. They calculate every pie meticulously. They don't want that their hard earned money should be wasted about their spirituality. Some people won't buy a book of Sahaja Yoga. They won't buy a tape. They will copy it. It is not that it is necessary to spend but the attitude. In the Buddhist religion there are so many 'don'ts' that if I put even one to Sahaja Yogis they will all run away. Firstly you cannot make any Prophet. You cannot buy any land. You can eat your food just once a day. You have to be vegetarian. The followers of all the great incarnations have done so much wrong to the people who brought beautiful religions to us. That's why we are completely deviated from the path of truth.

Those who are really honest want to adhere to the path of truth have to all the time introspect and find out how far we are from the truth.

Another type of Sahaja Yogis are the enjoying festivals kind. They will club together, because they have a feeling of belonging to something, or to a group. Then you start getting into all kinds of conditioning, rules and regulations and you start binding yourself. You feel very happy. In some sects you must have clean shaven head or beards or moustaches. They don't understand that **reality is full of varieties. There must be variety. That is how there is aesthetics and saundarya.** How can you be a personality without

variety? How can you be bound by these nonsensical ideas. Variety gives you an inner and outer personality. When you start enjoying this personality then only you are a Sahaja Yogi. You should be a personality that watches oneself. But on the other hand we become slaves of our ideas of personality and we start projecting our personality through our ego and try to show that we are something very special.

Sahaja Yoga is just the opposite. We are all a personality. We are all saints and are to be respected as saints. We need not have the same type of personality. We may have different styles of talking, delivering things, expression of Divine love. We are absolutely free because we have the light. We know how far we have to go and what is the right way. When such people come up understanding that Sahaja Yoga is complete freedom. You have the light that is why there is complete freedom. The religions that have been preached by these incarnations just become part and parcel of you. Then you really become a real Christian and real Muslim and then you realise that all religions are like a part of the ocean. You are in a way the real religious personality. The basis of religion is the ascent.

There are people who are worried about their own light and they want that this light should be there all the time burning and this light should not only enlighten them but enlighten others. They work for it. They take up responsibility. They do not sit in a jungle meditating. You have to work. You have to work out Sahaja Yoga for others. You have to give them this beautiful feeling of oneness with the Divine. You have to enjoy all that. Sahaja Yoga is to fill up your cups to be given to many others who are there. They do not come to me for small things. The vision should be of that great universe that has to be enlightened. This universal religion has to be brought into the lives of people through realisation, and awakening of Kundalini. They work very hard and spare no efforts to see that people receive realisation.

But a little of this ego is subtly there. That I am doing this. It is an anti-Christ activity. So the construction of the mind starts working and they start criticizing others. Then there are Sahaja Yogis who realise that Param Chaitanya is working everything and working through them. They are the instrument. Sometimes if it fails they start

doubting. This still lingers on even when they are quite surrendered about it. But then there are people who do not doubt anything. They understand that it is Param Chaitanya which is helping. They start realising that we have got powers, and that we are connected with the Divine. We have powers. Sometimes they also doubt. Some will not do anything because they are afraid that their ego will come up. They are frightened of their ego. Then this ego follows very subtly. But there are people who know that they have been blessed with powers and these powers can be discovered more and more within yourself. They have faith in themselves, they have faith in Sahaja Yoga. They have complete faith in me and this Param Chaitanya. They are very simple people and they work out.

There is another type of Sahaja Yogi who is fully empowered. They discover their own power. In that introspection they see and are sure about it and there are no doubts. That is the state of Nirvikalpa. You have faith in me and worship me to receive something from me. But know that I have made you also something great. But you have to develop your powers also. Don't only depend on the powers that I have. Do not try to extract powers which are from your Mother. Try to rise onto the same level. You can try. You have to work out through introspection. You have got all these powers within yourself. You have to grow and take up responsibility without feeling responsible. We have to go ahead of all the other disciples. Unless and until we do that we may drown Sahaja Yoga into an ocean of another nonsense. We have to also develop our personalities through introspection, and understanding, and our proofs of reality.

Today is the day of our resurrection. We have to pass through these twelve stages, to reach the higher state. They call the highest state the fourteenth state where you are just an instrument where you are insensitive about what you are, playing into the hands of Param Chaitanya. Christ accepted his crucifixion because He had to play that role. Try to reduce hate which starts showing up in the collectivity. As soon as this 'I ness' is finished all the powers will start coming up.

It's like a flute which is hollow. If there is any obstruction it cannot play. Out of all the ideas and

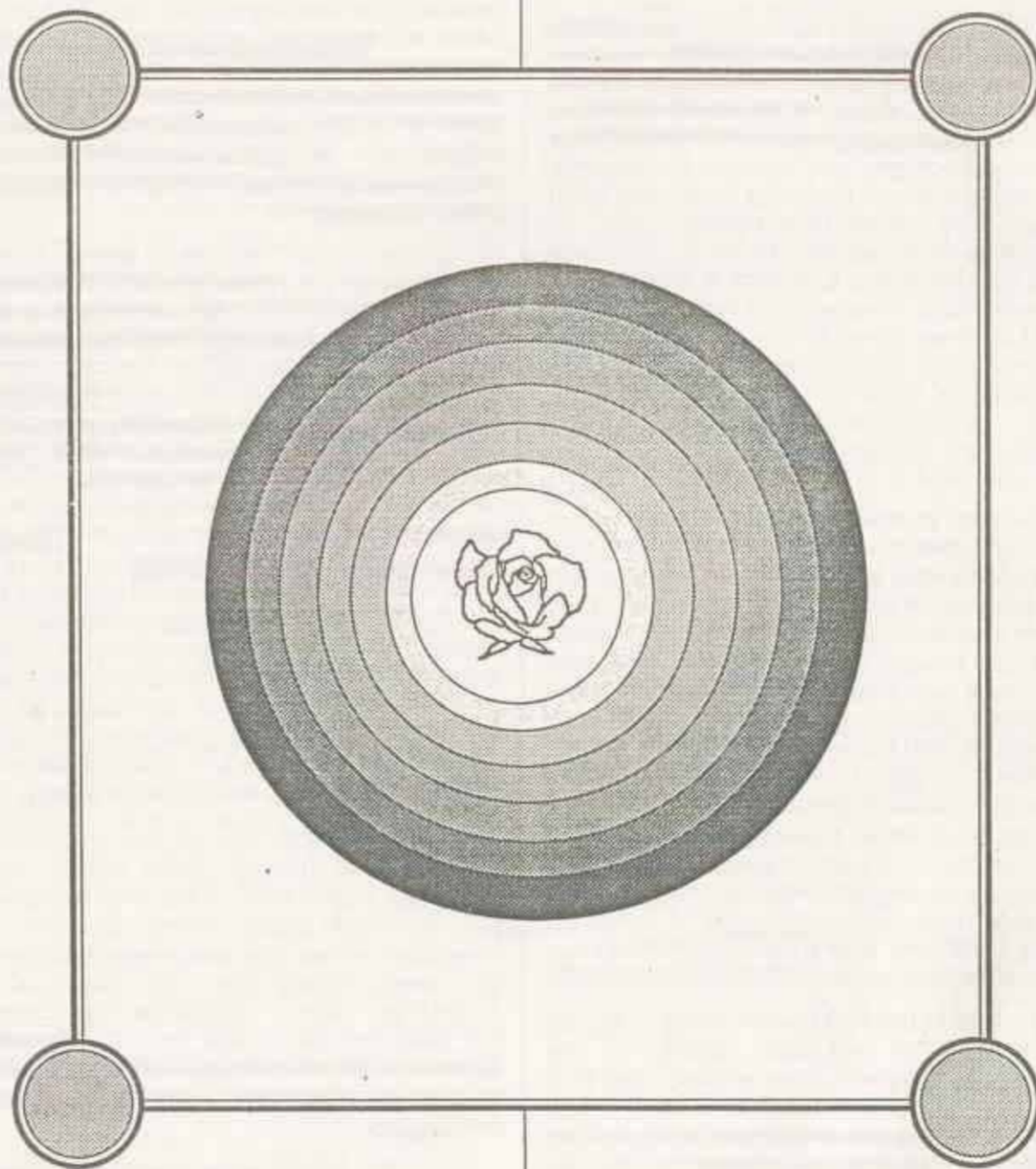
conditioning we have, the worst is the Ego that 'I am doing that. This should go away because we can never enjoy if we think that way.

You cannot jump into the ocean of joy as long as you think that I am doing it.

So we are talking about our resurrection

through these fourteen planes that are within us. Then we burst through all these and come out as beautiful lotuses. Easter is suggestive of eggs being offered so that these eggs can become the birds.

May God Bless You.



Sahasrara Puja

Talk by H. H. Shri Mataji Nirmala Devi

Cabella, Italy, 10 May 1992

Today we are celebrating the Sahasrara day. Perhaps you have not realised what a day it must have been. Without opening the Sahasrara, God, Religion and all talk of divinity was a myth. People believed in Him but it was just a belief. And science was about to obliterate the value systems and all proof of God Almighty. In history when science established itself, the people who are in charge of the helm of affairs in different religions tried to cope with the findings of the science. Augustine tried to show it in the Bible. It started looking like all the scriptures are a stupidity and were just mythical. Quran had lots of things that described the biology of today. They could not believe that human beings were specially created by God. They thought that it was just a matter of chance that the animals acquired a situation by which they became human beings. Thus all the time divinity was challenged, and there was no way of giving a proof of whatever was said in the Bible, Quran, Gita Upanishads or Torah because it was still just a faith. Very few people got their realisation and when they talked people did not believe them, and thought that they are just trying to propound their own theories. So it all became a kind of a dead science.

People started thinking that what's the use of following these ten commandments or these strict rules of life because by following them you gain nothing. Why should one think of gaining some punyas also? So there was a big derailment of human value system. Also these monolithic organised religions started taking recourse to gaining power or money because they thought that's the only way you can control people. They were least bothered about delivering the goods that was described in the Bible. Bible itself was tampered a lot with. Peter and Paul tried to spoil most of it. Quran was not touched so much, but still it dealt more with the right side and so many things are still ambiguous. Simultaneously two things have happened. First thing is that now we have a new science of micro-biology in which we have discovered that every cell has got a DNA tape.

Every cell has got a programme in it, just like a computer. According to that programme the development takes place. So many computer like cells are already programmed and so a very mysterious sort of thing has come before the scientists. They are not able to explain it.

Sahaja Yoga has proved that it is the Will and the desire of God which is doing all the work. All this chaitanya and Adi Shakti is the Will of God. the Will of God is working out everything very harmoniously. The earth was created by a bang which was very harmonious. Everything that was done was by His will. You are now feeling the Will of God on your finger tips. After realisation you have discovered the absolute science which is the Will of God. You know that we have cured people through Sahaja Yoga. So many things work out automatically after realisation, but people don't want to believe. In the beginning the people wouldn't believe when the scientists told them something. But now you see that science is changing all the time. Theories are being challenged. Sahaja Yoga has exposed one to that great truth of science which cannot be challenged. We can prove that God is there. The whole creation was done harmoniously by the Will of God. **If Will of God has done everything then human beings should not take the credit for discovering somethings which are created by God.** For example if this carpet is made by someone and you discover its colours what is so great because it is all there, you cannot create it. The fashioning also was done by the Will of God. If the Will of God is so important it has to be proved. And now after the breaking of Sahasrara you have now felt it. It has come to us so Sahaja that we don't understand. We just give a bandhan and the things work out. It is much more than that. We have now become part and parcel of that big computer. We have become the channels of that Will of God and are now connected to It which has created all this universe.

So we can manage everything because we have got the absolute science in our hand, which will work out the betterment of the whole world. We can prove it to the scientist that there is a Will of God which has done all this creation. Even evolutionary process is the Will of God. Without His Will nothing could have happened. Now you have seen that we have got the Will of God as our own power. We can use it. So it is very important to be a Sahaja Yogi. Sahaja Yoga is not only for saying "Mother I am full of joy, or I got purified, everything is fine." But for what? **Why did you get all these blessings? Why have you been cleansed? So that his knowledge of the Will of God should be apparent in you and should be a part and parcel of you. We have to raise our level. We must come up.** It's really useless to give Sahaja Yoga to mediocre and ordinary people because they are good for nothing. They are not going to help us in any way because what is needed today is people who can really manifest and reflect the Will of God. For that we need very strong people. This will has created the whole universe, the cosmos, mother earth, and everything. Now we are exposed to a new dimension that we are the channels of that Will of God.

So what is our duty and what should we do about it? As a result of Sahasrara being opening out our illusions have vanished. **You should have no illusions as to the existence of God Almighty, the power of His Will and the truth about Sahaja Yoga.** You should have no doubts at all. While using His power you should be aware that this power is given to you because you are capable of handling it. It is the highest power that you can think of. Take any governor or minister, they can be removed tomorrow; they can become corrupt; and devoid of any knowledge of their own powers. There are many people who just get elected without knowing what they have to do. This is not just a conversion of people. Its not even only transformation but **it is a new fashioning of a new human being which has come forward and which is capable of carrying the Will of God further.** As a result of your realization firstly your illusions have gone. God is omnipotent, omnipresent and omniscient. All His omnipotence has done this work and as collective consciousness you should also know that you are also omnipotent, omnipresent and omniscient. Omniscient means that one sees and knows everything. Part of that power is also within you. To

prove His omnipresence you have to be all the time aware that you are Sahaja Yogis. Even now I find Sahaja Yogis telling about their wives, children house, families jobs etc., I start wondering what is their level? Where are they? When are they going to take up the role of what they have got. The omnipotent God who is everywhere, who has done everything and the Will of God that has worked it out has to work through you people and you have to be very strong, sensible, very wise and also very effective. **The more effective you become the more energy you will get.** Still I feel that Sahaja Yogis are not taking the responsibility of understanding that they have to represent this God Almighty who is omnipresent, omniscient, who knows everything who sees everything and who is potent and Almighty.

If you understand that this is what has happened after opening the Sahasrara that you have now got the power which has these three qualities in it. This great power has come to you and for that we don't need very successful people with big names or money. We need people of character, understanding, wisdom and of strength, that whatever may come I will stand by it, take to it and cope with it. I will change and improve myself. I hope all of you have got rid of your illusions. You should also have no illusions about yourself. If you have any then you should leave Sahaja Yoga. But know that you are chosen for this purpose by God's will, that's why you are here and you have to take up the responsibility of understanding this science which is absolute. Work it out for yourself as well as for others. You have felt my love. But your love must be felt because God is love. Others must feel that you are compassionate, loving and understanding. All the time this Will of God is flowing through you. You have to work it out in such a manner that people should know that you are a saint and this power is flowing through you.

The second thing that has happened is that you have understood the integration, that in the world there is complete integration which is existing. Children have their own innate, natural understanding. Normally a good child would always like to share his things, would like to love another child, and protect a little child. This is natural. It won't think whether it has black hair or red hair or skin. Little babies know that one should be careful about the privacy of the body. Children

don't want to be made nude before others. It's innate within them. All these innate qualities are within you. Children don't like to steal anything. I have seen children who go to beautiful places or a house, they will always try to keep the beauty of that place.

The countries which are supposed to be under developed have so many of these qualities in them. **Innocence is innately built within us. The Will of God built innocence and auspiciousness.** The first thing He did was to create Shri Ganesh. It was She, because the Will of God is *Adi Shakti*. All this was created to make the whole world very beautiful. All these innate qualities, all these deities were placed within you. They were specially made so that human beings should become saintly people, and they should have their saintly innate sense. In developed countries our brain was bombarded by all kinds of television and other things and we become very vulnerable. We started getting into the ideas of others. Anybody who is dominating could dominate us. It wasn't only Hitler who dominated people but even fashions have dominated us. People are not able to take to anything that is sensible because it is a fashion. Now-a-days there is a fashion to have small skirts. You can't get a long skirt anywhere. Everybody has to wear that kind of a style, otherwise you are not in.

As we are bombarded with this all the time so first of all we become slaves of entrepreneurs. I heard that in Belgium you cannot get anything fresh, and you have to take everything from the super market which is all tinned. Gradually we are getting absolutely artificial. The food, dress, and attitudes are artificial. This is so because we are bombarded by advertisements, and outside influences and we get lost. We forget our innate sense which is being dominated by all these modern things. Now after science the money became very important. Once this happens then all the entrepreneurs become important because they know how to make money and befool you all the time. But those people who are innately built do not change. They have dresses of the same type and do not change. On the contrary they find it very difficult to get out of their traditional achievements.

For Sahaja Yogis it is important to watch if they are getting this slavery from the entrepreneurs in the

modern times. Then the thoughts are influenced. We read so many books which are some mad ramblings of some mad man like Freud. How could Freud influence the West? This is because you have lost your innate sense and you accept it.

That's how Freud became your sort of Jesus Christ. Sex became the most important thing. With a little common sense you can understand that at every moment we are put into this kind of a domination by a few dominating people who have certain ideas. Their ideas become great "He said so." Who is he? What is his life? See for yourself what sort of a man he is. With your will which you have now with this Will of God which has fashioned the whole world and fashioned every cell within you, and still you still are playing in the hands of these entrepreneurs. They are making money out of these vulnerable people and befooling them. On one side you have such a great power, you are chosen for such a great thing and on the other side you have this kind of slavery. Your innate qualities were lost. Luckily by the Kundalini awakening and breaking out of the Sahasrara all these innate qualities which looked like lost, for example your innocence, creativity, religion within, compassion and love for humanity, your power of judgement, wisdom: all these great qualities were in a dormant state. They all got awakened. I don't have to tell you don't do this or that. You yourself realise that this is wrong. You yourself know what is good for you. If you Will want to do wrong you can go ahead but already there is a light within you to see for yourself what is good and what is bad. It has come because of this Sahasrara being opened out to this new dimension of new knowledge. It is not new but is innately built within you and all those innate qualities are now manifesting and you are enjoying them.

Now you have to get out of your petty ideas and behaviour. I have heard that Sahaja Yogis throw things all over the place. How can you behave like this? If you do not have a proper discipline of life yourself you cannot carry the Will of God. I respect your freedom and I want that your own Kundalini should awaken that wisdom in you, that greatness and glory in you. Then you will start understanding what is our image worth. It will purify and once you are purified completely like gold which is put in the fire and gold is separated. In the same way the fire of kundalini cleanses you completely, and you start seeing your own glory and nature, and your

own greatness. So the integration part comes to you easily. First of all we used to have Sahaja Yogis say from England, Spain, Italy etc. They would always have different groups. They would never sit together. Now it is not so. Now I find they are all becoming integrated. The integration of human beings is the most important thing for Sahaja Yoga. It does not come by intelligence but innate understanding that **all human beings are made by God, and we have no right to despise anything.** The second integration that has come to you is that all religions have been born on the same tree of spiritual life. That all religions are to be worshipped. All incarnations, prophets, and scriptures are to be worshipped. There are defects and problems with those scriptures which can be corrected. Gradually you start entering into the subtler side of divinity to understand that all these people have worked hard to create that atmosphere for Sahaja Yoga. No religion is to be despised or attacked.

This is how we will finish off all fundamentalists. In Sahaja Yoga also people should not become fundamentalists. Be very careful. Sometimes you start making Sahaja Yoga fundamentalistic. "Mother said so". Do not use me anywhere. **"Mother said so" is the way you want to dominate others.** You yourself say because now you have the right, you have an individuality in Sahaja Yoga. Nobody has business to use me arbitrarily. Whatever you have to say you say yourself. You are not bound by anything I say. It is you who have to stand up and see for yourself what you have to say. You have to now use your will and for that you have to develop yourself and for that you have to have pure will and pure desire of God Almighty. The integration is not only outward but inward also. Earlier whatever we did, our mind used to say one thing, our heart another thing, and our brain another. Now all these three things have become one. Now whatever your brain says is absolutely acceptable to your heart and your attention. You yourself have now become integrated. Many people say 'I want to do it but I can't do it.' Now it is not so because now you are completely integrated. You should examine yourself and try to find out whether you are integrated or not. Whatever I do, do I do it with my full heart and full attention? I see that you do with your full heart but full attention is not there. The attention which was the first thing which was

enlightened is not fully used. Otherwise the integration is partial.

The integration of all the chakras comes in. Like whatever you do has to be auspicious with full attention, it has to be religious. All these centres are absolutely one, integrated power that you are. The whole life should be integrated. Suppose somebody's husband or wife is not of that level, you shouldn't bother. **You should just bother about yourself. Don't expect anything from anybody else. It is your duty which is important. You have to fulfil your duty.** You have to work it out yourself. Unless and until you understand that it is your individual being which has achieved it. It is the individual being that has to realise it and become one and integrated with the rest of them. You have to see your gains. 'I have got financial, physical mental gains. I have got joy, happiness.' That is not the only thing. That should not be the only criteria. You should have the understanding of your own personality which is being specially fashioned after many lives for you to come in this life to get your realisation and to do the further work of the Will of God. Every moment you see miracles taking place you do realise that it is being done by Param Chaitanya. **Param Chaitanya is the Will of Adi Shakti. And the Adi Shakti is the Will of God.**

These vibrations are like say DNA. They all know how they have to fashion. Like today is very sunny. Everybody is surprised. Two days ago we had havan and it was absolutely sunny. The whole cosmos is working for you. You are on the stage now and you have to see to it. If you do not have faith in yourself and are not confident as to what you are how can you help. How can you work out yourself and the problems of the world which are created by human beings only. So we have to absolutely overthrow all these dominations on us. First from science we can prove everything. We can prove the so called religions. All these ideas that we have about being Hindus, Muslims, Catholics, Protestants have to be thrown away and we have to become a new personality. After realisation you become like the lotus which rose from the mud. Now you have become lotuses and have to throw away all this dead mud otherwise fragments will be there. Throw away all these shackles which are killing you, which are of no use but a burden. This whole fashioning has been done so carefully with such sweetness and such delicacy. So we must respect ourselves. We must

have affection and love for others and above all we must have discipline.

Now from my life you all know that I work very hard and travel a lot, more than any of you have. This is because I have the Will that I have to bring this world to that state of enjoyment, happiness and divinity where they realise what is their goal and what is the Glory of their Father. I never think that something will go wrong with me or what will happen. I have never bothered you about my family life, my children, or about anyone. Whatever problems I have I am dealing with them myself. But here I get such big letters from Sahaja Yogis writing about their families, etc. Attachment to family is the biggest burden on your heads. They are not your responsibility. It is the responsibility of God Almighty. Can you do better than Him? When you try to take the responsibility then the problems start. One should understand detachment. You cling on to your own things, your own children. If it is belongs to Sahaja Yoga they will just throw it around. How can you call them Divine or saintly? Saintly people are not only responsible for themselves but are responsible for everyone.

Before Sahaja Yoga you were not attached to anyone. You were self-centred. Now you have widened yourself a little more and are now attached to your wife and children. That is also selfish. They are not your children but are the children of God. It is very important thing that has happened to you that Sahasrara has opened. Now you can prove the existence of God, His Will, everything to the whole world. Nobody can challenge Sahaja Yoga. Those who will challenge can be told. You should take Sahaja Yoga seriously. People don't even do meditation. **How will you grow without meditation? Unless you become thoughtlessly aware, you cannot grow. You have to atleast meditate morning and evening.** There are many people who are not even collective by temperament. They do not like

Ashram life. Such people should get out of Sahaja Yoga. Without collectivity how will you grow and assemble your power? You can be strong by combining together. If you have one stick you can break it but if you put many sticks together you cannot break them. It is better to have ten people of good quality than to have a thousand useless people.

Today we have to take the vow that **"I will fashion my life according to the Will of God. I will dedicate myself to that. No family, no other considerations."**

Everything can be looked after by the Will of God. You don't have to worry for anything. Just try to understand that you have problems because you don't want to give those problems to God. There are some people who say that they are not capable enough so they cant do it. This is a stupid statement. You test yourself. Why do we say such a thing? May be you are very money oriented. Some people talk of business in Sahaja Yoga. Or may be there is material attachment. Secondly it could be 'Mamatva'. My family, children etc. or this is 'mine'. Thirdly you may be still clinging on to your old habits and are enjoying your life without virtues. You are capable of doing everything.

Most important thing is that you should become a proper, compassionate and strong vehicle of God's Will. You do my puja is alright because it helps you a lot. **Main thing is that you should all ascend higher and higher.** Compete with each other into getting into higher situations. I am sure that this absolute science will one day outshadow the other science and tell people that it is what it is. It is in your hands. Today is the day we celebrate by which we have opened absolutely a new dimension of great divinity of the proofs of the Divine. It is so important that we can finish all the illusions they have. We can manage that power you all have.

May God Bless you.

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