

A new age is starting, where the question of ourselves is not there. The question of the whole world has become our concern. For this a strength, a magnanimity and a height is required. The responsibility lies with you. You have to take Sahaja Yoga to the home of each one. You have to give that joy to all. You have to distribute the light which you have got, with full confidence, to everyone.



North India tour of Shri Mataji commenced with a rousing welcome at Jaipur. Two successful programmes followed at the famous Govind Ji Mandir, where such a meeting was allowed for the first time by the Maharani of Jaipur. The greatest celebration in Jaipur is the festival of Gangauri, which Shri Mataji explained is the worship of Shri Ganesh and Shri Gauri Mata. Traditionally the idol of the Deity is worshipped by the Jaipur Maharani and then taken out in a colorful procession of ceremoniously attired elephants and horses throughout the city. Hundred thousand people throng to receive the blessings of the Deity during the procession.

Before the commencement of the procession the Jaipur Royal family worshipped Shri Mataji in a beautiful traditional ceremony. Then Shri Mataji vibrated the idol of the Deity which was to be taken in the procession, thus blessing the people of Jaipur with Param Chaitanya.

HARYANA

Thereafter two programmes were held at Karnal and Yamuna Nagar, in Haryana, for the first time. Shri Mataji explained that Karnal was named after Karna of Mahabharata fame who had camped here, near the battle field of Kurukshetra. The temple Hall of the programme overflowed as there were so many people within as well as outside. After the realisation session a deaf and dumb boy came on stage to seek Shri Mataji's blessings. Shri Mataji cleared his Vishuddhi chakra and Lo! the boy found his voice and hearing. This miracle at Karnal has become a byend spreading Sahaja Yoga like wild fire in the region.

DELHI

Ramlila grounds of Delhi has been a scene of many historic events. An exquisitely constructed dias has been the platform for India's greatest statesman who chartered the nation's destiny. These historic grounds could

never have been more blessed as they resounded with the vibrations of the Adi Shakti and such multitudes of several thousands got realisation.

Delhi was thrice blessed. First with the Birthday Puja celebration of Shri Mataji, then with the 70 th birthday celebration of Shri C.P.Srivastava and their wedding Anniversary celebration on 7th April. The Sahaja Yogis asked permission to address Srivastava Sahib as Papaji, to which he most graciously consented. In a very touching speech he added that "while the love of the Mother is no doubt great, I want to assure you that the love of the father is no less." The delightful music of Debu Chaudhari enhanced the evening.

CALCUTTA

The Devi is traditionally worshipped with a silk saree woven in Bengal. The bhakti of Her children so pleased the Devi that for the first time the puja of the Adi Shakti aspect was performed in Calcutta. By Her Divine Grace everyone went so deep in meditation and emerged transformed. Two public programmes at Tivoli Park witnessed the deepening of the same experience. The highlight was an exclusive launch tour with all the Sahaja Yogis on the river Hubli (the ganges is so named in Bengal). The trip was literally the purification dip in the Ganga as all the Sahaja Yogis were cleansed by Shri Mataji. The Sahaja Yogis sang and danced all the way while the new Sahaja Yogis were being introduced individually.

BOMBAY

Bombay has perhaps been blessed with the maximum programmes of Shri Mataji. But the quality and the quantity of seekers this time far surpassed than ever before, heralding the New Era of Sahaja Yoga. After their realisation all the seekers remained seated in deep meditation. No one stirred till Shri Mataji departed. It was indeed a rare treat to share collectively such a deep experience with such a large body of new seekers. The next day Shri Mataji departed for Muscat to open New Horizons for the Emirates.



BIRTHDAY PUJA TALK * 24-3-90, -Bombay

(Translated from Hindi)

Twenty years have passed doing Sahaja Yoga. I feel the kind of work that should have been done has not been possible. The reason is that we people do not have the awareness of how great and Divine this work is. Look at Sahaja Yoga from all angles. Even in society a difference has come. After independence people who had got stuck, were saved. And in other nations where people were stuck and who would have been totally destroyed were saved by Sahaja Yoga. Nothing like this has ever happened before. Lots of incarnations were born but none of them ever got such a power by which such a power could be established within.

Some think of themselves as Hindus, or Muslims or Christians. And everyone thinks he is right. But there is not one Dharma from any of these, by which you become Dharmic from within. Anyone can commit any sins in the name of any religion. There is no light of Dharma. In Sahaja Yoga there is the light of the Atma. The enlightenment of the Atma is a very great thing, which spreads light in our lives. The incarnations have also said that know yourself. You cannot achieve it without knowing yourself. And now the time has come about which they spoke. But even now people are being blind. For we are not able to understand what a tremendous power we have got. How much we should increase it and what is our responsibility. Even now we get stuck on little little things. Yes, we have become Dharmic but there are many little things which get us into trouble. Sahaja Yoga is a very ancient yoga. It is so deep and subtle. Our sight has also become subtle. We are not able to understand what has happened to us.

And that is why even after so many years, people have not been able to grow in Sahaja Yoga so much as they should have. Neither outside nor within. Quarrels amongst ourselves have taken a very subtle form. The quality

of a realised person is not there. While in Australia I was shocked to see that how much work I done there, where thousands of people had got their realisation. But now from each centre at least 50 percent have been thrown out. Upon seeing me everyone started crying, saying "Mother where had you gone away". Wherever I saw negativity had become very subtle. Till we do not love each other and have a clean relationship with each other we will not be able to enjoy the joy of Sahaja Yoga. Our self-relationships are so beautiful, so delicate and so wonderful, that if we do not understand them, it could be that they may break; because their thread is very delicately woven. After working hard there it was seen that people were together again, and full of joy again. All of them came together and went deep. So it is a very great thing that we are drowning in the ocean of bliss, and we have attained this bliss. Now we must share it. And we have to make it eternal for ever. This joy and bliss can only become eternal when we leave our narrowness and littleness. Like a drop of water when it reaches the ocean, then it loses its littleness and all its boundaries are broken. It rises and falls with the ocean and all its works are done as the works of the ocean. It means that we have surrendered everything to the Param Chaitanya, the All pervading Power which we know, who watches us all the time, looks after us and all that we do. That Param Chaitanya is so efficient that its amazing. Whatever it does, it does for your benevolence and glory and all the time it is working. In its doing we have to do nothing. We have to only be fully immersed in it, be one with it. We have to create a new world and in that world we will have to come in thousands.

Especially in Bombay I have worked very hard for many years. Every body must think every morning that what have I have done for Sahaja Yoga and what am I going to do today for Sahaja Yoga. In the evening one must think what have I done for Sahaja Yoga today, and what am I doing to do for it in future. When the thought process is always on Sahaja Yoga then

there is peace in it. Though we are not doing anything. All this is being done by Param Chaitanya.

I don't know whether the influence of this man made Dharma is so much or either we have too much ego. We should think whether we are ready for Sahaj Yoga or not. We are the soldiers of Sahaja Yoga. God Almighty has chosen us for this great work only. The Param Chaitanya needs such deep people which were in Russia of the Eastern Block, where just by getting realisation the Berlin Wall was broken. Even if we can get four-five deep people like that, we can change this country.

Over here it is not like that. That depth is not there. We are still stuck on petty things. Somewhere or the other there is a block. We are always thinking we have to do this or that. It's alright, but it's not the most important thing. You have come into this world so that you can do the work of Sahaja Yoga and that you are firmly grounded in Sahaja Yoga. That is why our country is not benefitting. Such great Sahaja Yogis are sitting here. But still it is not happening. What is the reason? In some countries just 3-4 people have changed their countries.

In the making of Australia, in the beginning some prisoners were sent there and with them went the jailers. And now after so many centuries, the leaders have become jailers, and all the rest are prisoners, living in prisons. There I can understand that things went wrong & will get alright. But in India I cannot understand such petty behaviour. That why is he leader and who is he and small petty problems. These will fall down right here. Within you is the Self-born (Swambhu) Power of God. So much power you have within you. They will talk of Sahaja Yoga here and there, gossip. Some people think that we are great Sahaja Yogis. There are a lot of signs of a Sahaja Yogi. His first sign is that he mixes easily with people. He knows that I am the light and people who are like me, only those I know. Because I am so unique I am so humble. I feel compassion for the rest of the people

that are they going to hell? What is going to happen to them? My relationship with them is only of this world. And if they do not get the sense then I cannot do anything. So let them be. In this way a person who has understanding is called a Sahaja Yogi.

One who is not stuck on 'Mine'. My wife, my child, my parents, my house etc. This mine... mine... My body, my ego, my mind, my face. If it is mine then who am I? Who is that 'I'? 'I' am that Spirit (Atma). Till you do not reach that 'I', this 'mine' 'mine' will continue. So such a person then is not a Sahaja Yogi. They have come into Sahaja Yoga but are still not there.

Secondly, his belief is on the Dharma within. Not the outside. One should not believe in any outside Dharma. He believes in the Dharma which is the Real, the Truth. He is sitting completely in that Dharma within. He is humble in every way. He does not hurt or trouble anyone. He does not transgress anyone. He speaks the Truth. And where he has to not speak he is discreet. He does not keep talking all the time. He does not take other people's things nor does he cast envious glances at other's things. He lives in a carefree manner. It is equal to him whether he gets something or not. I should not say these things on my birthday, but twenty years have passed and I thought I should tell you how a real jewel is made.

Then, he lives within limits, and does nothing outside its laws. I have seen husbands and wives quarreling with each other, that why the other is not a Sahaja Yogi. If they are not, then they are not. Why fight? Leave it. He does not quarrel. His fight is actually his Power. It is his Love. If you stop fighting, fifty percent things get done. Sahaja Yogis do not quarrel or get angry with others. They are always standing in their peace. Like a Chinese King had two cocks., whom he wanted to train for cock-fighting. So he took them to a sage for training. After one month when he took them to the fighting arena, he left them among all the other cocks. All the cocks

started killing each other. But these two stood peacefully and majestically. Upon seeing their peaceful nature all the other cocks cooled down and ran away. So such a person is extremely peaceful. Wherever there is peace or disturbance, his peaceful nature at once becomes manifest. And his light starts spreading at once and everything becomes peaceful. To always fight, argue everywhere, is not the sign of a Sahaja Yogi. One should remain peaceful. Lots of people who have to catch a train or plane become agitated. You are settled down in the Param Chaitanya. It is doing everything, so you are at peace. Just keep witnessing. What is to happen, will happen.

To hate each other is a great sin in Sahaja Yoga. If you hate someone then give him love. Buy him presents. Yes, you can desire the destruction of evil forces, as its alright to destroy evil people. But there is no love amongst Sahaja Yogis. I cant imagine! There should be tremendous love for each other. Who else is like you. You are the real brothers and sisters. When people come from foreign countries, you do not make friends with them. You are lost in your families, friends and children. No one talks to them or asks their name. Everyone sits separately. The Sahaja Yogis of the entire world are also your brothers and sisters, and to meet them, to love them and respect them is in itself a unique thing. You should write letters to them. Keep their photographs, know their children's names. Know how they are and what they are doing. Love for each other is a great uniting Power. No one can bend it. Sahaja is nothing but the Power of Love. The Power of Love is so strong that it neutralises all other powers. We are working in forty contries and has it ever happened before that our brothers and sisters of forty countries care for each other and respect each other?

A Sahaja Yogi is full of character. Women, men, lust and greed do not touch him. He becomes completely desireless. All these man - woman

relationships which were rubbish, he comes out of that rubbish and becomes the embodiment of Pure Spirit. And such a Soul has got tremendous Powers. One should descend into one's Purity. That does not mean agitation. You do not become restless and unpeaceful with Purity. The thing that Purifies everything, how can that be agitated. But sometimes with Purity people become tyrants. That we are great. We are very disciplined. We are Sahaja Yogis. And the rest is useless. Never think like this. A Sahaja Yogi must think that everyone is my own. What is pure will absorb everything in it. Loose talk breeds negativity. It is absurd behaviour. For Sahaja Yogis to talk like this is disrespectful. And talking behind someone's back, getting upset for just two paisa. When Shri Laxmi Herself is at your service, then why be so worried about money.

On my birthday today I request you all to grow with me. Grow in age. It means that you should become mature. You have become one-pointed. So that is alright. This one-pointedness means that you have the chakras and the enlightenment of each one chakra. To raise the kundalini whereby it passes through the chakras and goes into the Sahasrara, just think what a great thing it is. No saint, sage, Rishi, Yogi, or any incarnation has done what you people are doing. So much power has come within you. But we should have the endurance to bear this Power. The greater the voltage we can bear, the greater the voltage that will come within us. We can increase this voltage tremendously. And this year has come with a special significance. That's why I have said all this to you that how you can blossom fully your life from within and outside.

With meditation and contemplation the within gets cleaned. In that there is no madness that I have to bathe in the morning, I should have got up at 4 a.m. but I woke up at 4.30 a.m. There are no outside coverings. Only you must meditate. You should be in meditation all the time. You

should watch how long you can stay in a meditative state. Even if something upsets or agitates, even then one should remain in this state. What is the meaning of going into meditation? It means you have got connected to the Param Chaitanya, the all Prevading power. The minute you are in meditation you have established oneness with the Param Chaitanya. How to stay in meditation? If a thought comes. Say 'No' and meditate. Now you are in that state and it's light is manifest in you. So now we have to find people and distribute it. We should talk to them. We have to give them this light. Others will watch you closely to see whether you are really enlightened or you are just pretending. They will watch your character, your nature. What is so special in you, what you have gained. And from amongst you, very great people can rise and uplift this country and the whole world.

In Sahaja Yoga, to worry about anything is not Sahaj. Because it is the Param Chaitanya that does the worrying. We should have only one worry. That I should be in meditation. I should be in joy and there should be no lacking in this joy. And I may always be carefree.

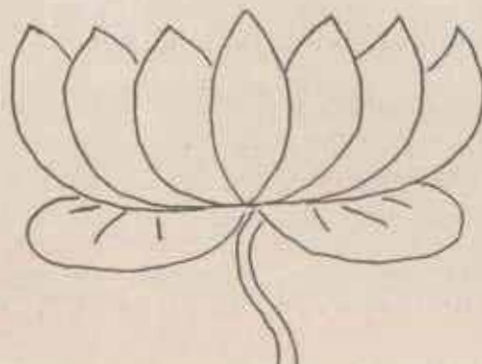
Seeing your devotion, service, and love I am pleased. But you should do your service to the self also. Think about yourself also. Decorate yourself too and look after yourself also, that you are a jewel. Search for it fully. We are from different countries following Vishva Nirmala Dharma. Though we come from various countries in reality we live in only one world and that is the kingdom of God. And we are living in joy and happiness, where we are giving joy to everyone. What a great thing it is. You are like the flowers in a garden looking at which great poets get inspiration and seeing which brings joy to every one. You are the flowers from whom I have such hope. I want that you people should do something unique and special, in each village, in the towns, wherever

you can. One day will come when many Sahaj Yogis will be seen every where.

I request that you take a decision on this day, my birthday. With humbleness that "O Mother this year we will enlighten hundred people." At least every one should try. It can happen. Call people for meals, for tea. Talk to people that they should take to Sahaj Yoga. Tell them about the miracles of Sahaja Yoga. Now the greatest miracle is that we can cure AIDS. We can cure cancer. Even now many dont know what chakras are associated with which fingers. We can cure emotional and physical problems but many of you people still dont know where the chakras are catching. You should have full knowledge of this. Every man and every woman should know. From the men take the knowledge of it and from the women take the vibrations and the understanding of it. The grasping of it is much more in women. The knowledge from the Intellect is much more in men and the women have the knowledge of the Heart. Both these should be known equally.

And this world that we have established should grow much more. One should do as much Possible. Especially this year one has to work hard. Everyday, every moment thousands will get realised through you. The way you are blissful, may the whole world become like that. Even if a few become like that, this great work can take off, and we all can experience its joy.

May God Bless You.



SHRI MATAJI. BIRTHDAY TALK, EVENING ADDRESS.
AT BHAIIDAS HALL, BOMBAY

24-3-1990

I bow to all the seekers of truth.

I feel the love and adoration you have for me. If I look at myself I wonder what have I done for them. Whatever I am, I am. What's so special about it. I haven't achieved anything in this life time. But I must say, I'm really thankful to you that you have achieved so much in Sahaj Yoga. It is very important and imminent that it should have happened. As we talk of countries and politics and economics and everything it works on the essence. And all these systems have got basically in their essence a problem, and if you know the essence of everything then it is very easy to handle the situation, as you know the Kundalini which is the essence within us. If you raise the Kundalini all the chakras can be enlightened and you can get physical, mental, emotional, and spiritual benevolence. In the same way in all these areas of human endeavours there is essentially & basically something gone wrong.

For example, if you see about democracy. That what is essentially wrong is that it is money oriented. Its not spirit oriented. Then ultimately everything becomes commercialized. Because basically it has that problem inbuilt in it, which grows like a tree and flowers. In the same way democracy has flowered into all these problems you see today.

Secondly, we see communism. Its problem is that it is power oriented, And the essence of power-orientation is that it becomes so overpowering that, that person loses all his control and he becomes a very cruel and trynical person - Like Stalin. Because it is not Divine Power-orientation.

Take even the human laws. Basically built in the human laws there is one problem. It is the justice based on fundamental ideas of human value systems. The human value system is a valency within us. Like carbon

has valency, in the same way there is valency within us. These valencies are ten, to put them into their fundamental number. And when we cross these valencies or when we try to destroy or to misuse them, then we do something that is illegal in the name of nature, in the name of humanity and Divinity. But basic problem of human laws is that human beings are not enlightened people. Their valencies are not enlightened. Unless and until their valencies are enlightened, whatever Dharma they may follow, whatever books they may read; whatever good they try to do; whatever may be their great ideas of peace, non-violence etc., Basically there is an inbuilt problem that these valencies within them are not enlightened.

But essentially the mistake is not human. It is the mistake of our ignorance. The ignorance within us is this, that we do not know that we are not yet the Spirit. All these laws are for Angels. They are not for human beings, whose valencies are yet not enlightened. That is why in Sahaj Yoga first you have to say 'I am not guilty' and that I have not done any mistakes. 'I am Perfectly alright'. Give yourself confidence. Because human laws can just make you a criminal for nothing at all. Because you don't know a particular law, you have to retain a lawyer and a chartered accountant, otherwise suddenly you find you are in jail.

But if you are an enlightened personality, you never commit anything which is criminal. Because in the essence all the valencies are already enlightened within yourself. And you know what is proper and improper. But still, Christ was crucified. Socrates was poisoned. All these great people had to suffer at the hands of law givers or priests who responsible for religion or people who thought that they were very correct. Adi Shankaracharya had to suffer so much. Gyaneshwara, such a learned man had to suffer so much.

So the basic problem within human beings is that they are not yet

enlightened. Their central nervous system is not filled with Dharma. There is no sustenance. If the Dharma is within you, you don't commit any crime. And maybe they might look criminal in the eyes of people who are dealing with law, because they who are incharge of the law, themselves are blind. The basic problems in human laws is that those who have formed the laws, must know that human being are not enlightened souls. Though of course these laws have been formed through Divine Unconscious Knowledge. So, whatever punishment you give them is not going to cure them at all. They will become even worse. Or out of fear they may abide by the law. But again this fear is of no use because they have not got it in their freedom, of understanding that they should be law abiding. So what is to be done is to give them the 'punishment!' of Sahaja Yoga. If you can get all your criminals into Sahaja Yoga, somehow, you will find that they will be very beautiful people one day. We have the example of Valmiki who was a dacoit and he became such a great poet.

So the essence of modern times ie. Kali Yuga is that it is under the influence of Krita Yuga. Krita Yuga is the time when the all prevading power of God, the Divine Power of God is going to work out many things. And the essence of it is that it is going to work out the transformation of human beings. This is the greatness of Kali Yuga. In the Nal - Damyanti Akhyan, it is said that Nal caught hold of Kali and was about to kill him. But Kali told him about his Mahatyam. That those people who are seeking the truth in their hills and caves will all be born as householders in Kali Yuga and they will all get their realisation. They will get the knowledge. Because this is the essence of Kali Yuga where people will find all these things because the light of Krita Yuga is working on them. In the light of Krita Yuga, things start getting exposed. Everything is is getting exposed and people are understanding, though they are not

realised but they are aware that there is something very wrong with us. And at that stage, and in that state people will seek the Truth and they will get it. This is the essence of Kali yuga or modern times.

I am born at this time where I have to do this job of telling you that you must get your transformation. This is a very different job from all others. At the time of the Devi when She came, she had to kill the Rakshasas. The Rakshasas were separate and human beings were separate. So She could protect the human beings. But today the Rakshas have entered into the heads of human beings. Its a very difficult job to tell them that the rakshasas have now gone into your head. Then the Pashus who are Pasha ie, under the control of God, So their behaviour was alright. For eg. A lion cannot become a scorpion and a scorpion cannot become a snake. But in human beings in this Kali Yuga it is possible. You can find a lion, Tommorrow he becomes a snake and the third day he becomes a scorpion. The freedom given to human beings at the time of Adam and Eve has prospered into this kind of humanity today. And when it comes to such a stage, then only a person becomes aware of himself, that there is something wrong. What am I going to give my children? What am I doing? Where am I? And when such a question comes to mind, that is the time where Mahalaxmi starts showing Her light to you, that you have to seek the Truth. And when that seeking of Truth comes in as William Blake has said, that Men of God will seek the Truth and they will really become men of God. A special category of seekers will be born at this time and they will make others men of God.

So Sahaja Yoga is being built slowly in an evolutionary process through many sages, scientists, and seers and through many incarnations. And its all within ourselves. The whole world is within ourselves. All these great things are also within us. The human being is not an ignoble being. He is the epitome of all evolution. He is not a person to be degraded.

Only thing is his ignorance. In ignorance a rope seems a snake. Unless there is light you cannot see the rope. So I would not call anybody guilty whatsoever. Whatever a person has done he can get his transformation because his Spirit is still there -- shining! Its just clouded with many things. And if somebody can by any chance move those clouds the sun that is the Spirit will shine forth.

Self realisation is the awareness about yourself. Whats wrong with you. Where are you. Like a child. They become like children. They way they tell me things. These are such highly placed people in all walks of life. When they got their realisation, they became like children. And they could see their problems. They became fully aware of themselves and also aware of others. This great thing has happened because this is the essence of modern times when we all have to be aware of ourselves and we have to be aware of others on our central nervous system. So the happening is of the breakthrough of human awareness into a new dimension about which Jung has written i.e. collective consciousness, which has to be actualisation and becoming and not just talking. They become real brothers and sisters in the sense they become one part and parcel of the whole being.

The love just transforms you because you have it built within you and it just transforms you and you become so beautiful. Like, if you show some one a television who has not seen it before, he will say its just a box. But when you tell him that you can see films etc. he wont believe you. Because he is ignorant. But when you put it to the mains then he sees it. In the same way I see you all so fantastic so great. In Sahaja Yoga, we do not find corrupt people at all. Sahaja Yogis are extremely honest people. They dont tell lies. If they dont have to tell something they will keep quiet. They are very peaceful people. They are so alert and so dynamic and compassionate. Its like a whirlwindthe whole thing.

And when you are changing, you are triggering the changes everywhere. When I gave realisation to people of Eastern Block countries and when they went back to their countries all things started changing there. It is you who are triggering this because it is Krita Yuga and it is going to work out. And I am grateful to you for all this very much that you have accepted, you have taken to this.

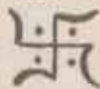
But though Mother's love is without expectation Nirvajya, but this Mother expects something. That we have to really transform this world. We have to go deep into ourselves. Thats all. The deeper you are the better it is. The bigger the vessel the more pouring of this Divine Energy will be there. So we have to meditate and become deeper person. You have to do it for the sake of yourself. For the sake that you are born in this life. That while you are here, there must be a great responsibility on you that you are born at this time of such a great happening of the transformation of the whole humanity. What a great thing it is and in that you are taking part. So what greatness must be there in your punyas and that you have taken it up so seriously, working it out so seriously. Though you think Mother we are just enjoying. Actually you are enjoying because you have gone so deep into it. Your personality of that depth is going to trigger that new transformation that human being will know that they are in the kingdom of God. Why there has to be depth is because it is your triggering not mine. I am a desireless person. You are the ones who have to desire and you have to trigger it out for the whole world.

I am thankful to you again and I just make one humble request that there is no need to have a pledge as that is also a compulsion. There is no discipline in Sahaja yoga. It is understanding yourself, that you are born at a time that such a big transformation work has to take place,

which is very subtle but is so dynamic and so important and has to be done.

May God bless you all and be more and more meditative and be aware of yourself. This is a tremendous work we have to do. It is the evolution of the highest type we have to bring forth the change and transformation of people. One Gorbachov is not sufficient. We need many of them and so we are going to work it out.

May God bless You.



BIRTHDAY PUJA TALK,

Delhi, 30/3/90

Today is the fourth day of Navratra. To dispel darkness it is important that we bring in the light at night. Today is also special because you are celebrating my birthday. On this day Shri. Gauri had created Ganesh. Shri Ganesh is the epitome of Purity and Holiness. The first thing that was spread in this world was Purity, by which all born things and all humans be protected and may keep away from unholy things. After that only the rest of creation was created. So the most important work for us is to make Purity the highest thing within ourselves. Purity does not mean that we bathe, wash and keep ourselves clean. We should keep our hearts clean. The greatest malady of the heart is anger. When anger enters a person then all purity gets destroyed. Because the other name of Purity is Love which is completely clean and straight forward, that Love that flows eternally and wants nothing—Nirvajya. Its satisfaction is in the fact that it keeps flowing and when it cannot flow it becomes disturbed. Purity means that you fill your heart with love and not anger.

Anger is our enemy and also the enemy of the world. All the wars of this world, the failures have been due to this collective anger. There can be many excuses for anger. Even a terrible thing like war comes

from anger. If there is love in the heart, then anger cannot arise. And if one has to make a show of anger then even that is for love. Whenever any evil person or Raksha is killed, that is also done by the power of love because he was worthy of being destroyed, by which he may not commit more acts of sin. But this job is not for humans. It is the job of the Devi who had destroyed them during these Navratris.

So expand your heart and think whom do we love with this clean, straightforward and honest love, (NIRVAJYA) by which we do not think that this is my son, my sister, my house, and my things. You have risen to a very much higher level than the level of human beings. Because you are Sahaja Yogis, so your union is with this subtle Power of God's love. That power is flowing constantly through you and it is strengthening and coloring you with its power. It is looking after you, making you rise, and is inspiring you. It is filling you with joy and sweet love. You have got united to such a beautiful Power. We have to see how much place we have in our hearts for it. You have love for your Mother, but you should have the two other types of love also, then only can the love for your Mother be complete.

One type of love should be for yourself, that you are Sahaja Yogis. We have got these Powers in a Sahaj way. Now we have to see how to increase it. Many people do lot of work for spreading Sahaja Yoga. It is a horizontal movement. Such people do not look within themselves. So they are not able to get the vertical movement. On the outside they can do a lot, run around, do this work or that, meet people. But they do not increase the Power within. Now there are many people who pay more attention to the Power within but neglect the outward Shakti. So balance does not come to them. When people start developing on the outside only then the power within starts diminishing. And then ultimately they

get drowned in the Ego, that we have done so much for Sahaja Yoga, we have worked so hard. Then a new life starts for them which is not at all Sahaja. They get full of self importance and try to show their individuality. But from within they are empty. Then they get sick, go crazy or some great misfortune befalls them. Then they say 'But Mother, we had surrendered to you completely. Then how did this happen.' The responsibility lies with you, that you kept on getting lost. Such a person gets off to one side and he is not able to associate with others. If they associate with others then it is only to bully others and show their superiority. They must always be in the front and they must be given all the importance. Then they forget that they must do something for Mother. I have seen people who came up at once. Then they started feeling very superior and self important. Then there was no aarti performed there, nor wiping my photograph. They were full of themselves, and never consulted anyone. Then groups started and quarrels started.

The thread by which you are tied is your Mother's thread. You must always remain tied to that thread and remember that we are the children of Shri Mataji. No one is superior or inferior. Nor do we do anything. This Param Chaitanya is doing everything. When this feeling comes that we did, we will do this of that, we are very great, then the Param Chaitanya lets you do what you what. You can go to hell or destroy yourself. It won't stop you, because it respects your freedom.

There is another fault with Sahaja Yogis. We are a collective being. A one collective Virat Shakti. We are all one body. We are not by ourselves. In that body if one person or a few persons start making their own group, then like the malignancy of cancer, where one cell starts growing separately, in the same way one such person can grow and devour the whole of Sahaja Yoga. And all my efforts will go to waste.

We should learn from the ocean, which is the lowest and which gathers all the rivers into itself, then heats itself and becomes vapour and gives the blessing of rain to the whole world. Its humbleness is the sign of its depth. When we will become extremely humble and loving then only will we become large like the ocean. But if you think only of your self importance and superiority then the problem will be that the Param Chaitanya will cut off, and you will get thrown aside which is very painful to me. People who think I have done this or I have done that should immediately step into the background and see whether we meditate or not? Are we able to meditate? How deep are we? Whom all do we love and how many do we love. With how many are we enemies? With in Sahaja Yoga some people have gone very deep. And there are many who are still hanging on the edge. When they can be thrown out cannot be said.

I have said before that 1990 is a year which will open a new dimension. You have to take a great leap, by which you come out of these surroundings and grasp the new thing. The progress of Sahaja Yoga is about to complete twenty years. To survive the first thing we have to imbibe within ourselves is Purity, which is filled with Humbleness. If you are completely clean and Pure then you can touch anyone and you will never become impure, because you will purify everything. Your nature becomes that of purifying. Whomsoever you meet, you will purify that person. What is there to be frightened of or to condemn anyone. If your Purity is absolute then that Purity has Power and Brilliance and such a person is so powerful that he can suck any impurity.

Now some other people think only of their own progress. They think what have we got to do with others. We sit within our four walls and worship and follow Mother and we have nothing to do with the world. They remain cut off from others. But you are part and parcel of the whole.

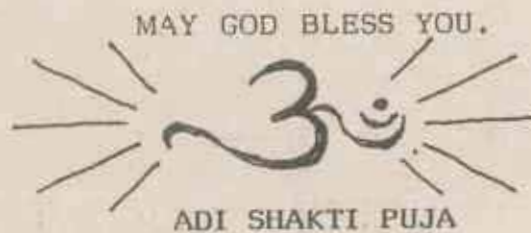
one, then how can such a question arise? If mother has said, its alright. We are a part of Mother then how can we say no. Then you have not got that sameness (Tadakari) with me. So the next Yukti is "Mother please come into my head, please come into my heart, please come into my thoughts. Please come into each drop of my life." Whereever you say I will come. But you will have to say so from your heart and without any other motive.

When the thought comes I am doing this work, I have done so much for Sahaja Yoga, I have done this decoration, I put this alright, 'I did' then know that you are not a Sahaja Yogi. In Sahaja Yoga, all your Karmas become Akarma. (non doing). Then you will see that-Do I think like this? Why do I think that I am doing? Then it means that my union is not complete. When the union is complete then you become a non-doer. Then you start saying 'it is getting done.' Only then you get the Yukti of complete sameness with me.

The next Yukti you should understand is that I am not doing. Till you keep identifying with your body (are) doing some thing, because you have the ego within you. When you come into the collectivity then you stop doing anything. You are the part and parcel and that work is being done.

I am telling you these Yuktis because you have to take a leap. Always assess yourself in this maner. Look towards yourself and see what do I think. Do I think about others that they are better than me, so I must learn from them? Do I see the good points or the bad points in others? We must understand this Yukti that if you are still half-baked then it is due to your own self. Sahaja Yoga is a very great thing. But if something is wrong within us or we cannot enjoy it fully then the reason is that there is some defect within us. If you correct this Yukti then there is only joy. The Pure Joy—Neerananda and nothing else. Then what more do you want? Your whole countenance will change.

I want that on my Birthday, Your Birth Day should also be celebrated that you may understand these Yuktis, and may you fill your life with Purity and Holiness like Shri Ganesha. With Purity comes Wisdom. Because Purity is the name of Love, and Wisdom means Love. If you cannot get Wisdom and you cannot love, then it is no use wasting your time in Sahaja Yoga. Now such a time is coming that everyone has to become firmly settled and you have to change yourself, and must change. We have a lot of faults. We have to make ourselves completely Pure. After this change you have the blessings of a life that cannot even be described. Kabir has said "When you are completely blissful then what more can you say." You all should now come into that Bliss (masti). And attain that state where you become blissful in that.



CALCUTTA 9/4/90

(Translated from Hindi)

I am very happy to see the progress of the people of Calcutta. I know that there are deep seekers in this city. But they do not know as yet that the time has come, where they can get what they have been seeking. You people should go to them and search for such people who are seeking the truth. That is why it is important that we should expand ourselves in all directions. But with that we should increase our own power also. We should change our lives: We should also make our lives shining like a firm Yogi, so that people will recognize that such a person is special. And for this, meditation and contemplation is very important.

Calcutta is a very busy city and people get drowned in being busy.

They find very little time. This time which we have tied on our hands is meant for our own ascent and for our progress within. If we have to know ourselves from within it is important that we meditate for a while daily, in the evening and morning. A lot of difference comes between the ones who meditate and the ones who don't.

Specially people who do a lot of work for Sahaja Yoga, go here and there, talk to people, give lectures, make others understand; In such people the divine energy slowly gets depleted. That is why it is even more important and necessary that such people should meditate everyday.

In the morning after your bath and before sleeping, you must meditate for a while. This is enough. But when you meditate, how would you recognize whether you were in meditation and it was alright. During meditation you should first establish thoughtless awareness. At that moment you should keep saying 'not this' 'not this' and keep turning your thoughts away in such a manner. By doing this you will see that by taking a breath you will become thoughtless. You should keep the photo in front and light a candle. Put your feet in salt water and sit in front of it when thoughtlessness comes and vibrations start flowing in both hands then wipe your feet and sit on the earth in meditation. After going into meditation try to know its depth. If thoughts arise then again say 'not this' 'not this' or say 'Kshma' 'I forgive'. kshma is a very necessary word. Just by staying this your thoughts can stop. When there is no peace how can you have internal progress? Like in an earthquake a tree cannot grow. So similarly man also gets stuck in an earthquake of thoughts and then his progress is impossible. That is why at that time it is important to establish the peace within. After a while you will be surprised, that you do not need to do so much exercise. You will become thoughtless at once.

at once. Whenever you see any beautiful thing or artistic thing you will at once become thoughtless. Slowly this habit will grow and your inner progress will also grow.

You have entered a new threshold but you have to still enter another threshold and have to know yourself. That is why it is important that by meditation you go deeper. The recognition is that when you get up after meditation you don't feel like getting up. You feel like sitting in meditation a little longer. You feel very joyful and you can't get up at once. If after your meditation your attention immediately goes to other things, like I have to eat or have to sleep, or have to go out then know that you have not been in a stage of meditation. Because to leave the state of meditation is a little difficult. In this way you will slowly grow within and when you do any work outside then your power does not diminish, but on the contrary it increases. It has been seen that those who after realisation immediately want to give realisation to others can get caught up. Actually there is nothing like catches. It is like a barometer that tells you where the smoke is, where is the light. In a way an attitude of *non-expectancy* should be there. A detachment should come.

Then you will not get catches. It is like a barometer which tells you where the smoke is where is the light. In the same way you can also know everything within yourself. In a way there should be an attitude where there is a complete honesty. A detachment should come. Then you will not get catches. You can touch any amount of people give realisation to any amount of people, do any work. You can cure any amount of diseases. You will not be affected. But if you do not get this detached state, then you can get into trouble.

The second thing is that you people are now realised souls. You

have reached a very high state, which is attainable after great difficulties. You will find such people who have just come into Sahaja Yoga. You must understand that they have just come and you should not say anything aggressive to them. You should win them over with your love with effort, and care and understanding. And if possible by offering food and drink, by which they may not think you are so terrifying because saints and sages always seem to take a stick in their hands. Do not be like that. They should feel that all are our brothers and sisters. By this only will people stay in Sahaja Yoga. But I have seen that many people who come into Sahaja Yoga, start disciplining others too much. Don't do this, don't stand there etc. In Sahaja Yoga there is no discipline as such, because your Spirit is so full of light that in its glow, you can gradually see yourself. And then you begin laughing at yourself. Just as you slowly progressed so similarly others too will progress. This light shines on your behaviour and the behaviour of others also.

In Sahaja Yoga you get the witnessing state. In this witness state you only watch everything. You do not think about it. You should have no reaction within yourself. You should watch unstained by anything. To be able to watch without reacting is the most joyful effort. For example, there is a beautiful carpet. If you think about it that it is mine, I hope it does not get burnt, or spoilt; or if it is another's then how much it cost where did it come from, and many such thoughts, then you cannot enjoy the beauty of it. Your mind should be placid and thoughtless like the lake which is placid, with not a wave in it, which reflects the beautiful creation around it.

Once a seeker came to my feet and at once his Kundalini arose and the vibrations started flowing. From the next room the Sahaja Yogis came running in, as they immediately felt the vibrations flowing. In the same

way you will meet other Sahaja Yogis and you will feel that you have met yourself. When Namdev went to meet Gora Kumbhar he said, "I had come here to see the formless but the entire formless I have seen in your form". This kind of feeling only one saint can feel for another. Uptill now man only lives with jealousy and envy. But when he becomes a Sahaja Yogi, then he feels that the formless which he knew has taken form in the other person. In this way love for each other becomes very subtle, very deep and very joy giving.

We should understand that we are tied by a very subtle and strong thread and there is nothing greater than love for one another. But many people still think of 'my son', 'my child', 'my house', etc. This mine should be cut away and made as less as possible. Once this goes, a lot of joy will come within you. This feeling of 'mine' takes you away from the Spirit. Who am I? I am the Spirit. The Spirit stands alone by itself, and those who say that, it is my Spirit are not Sahaja Yogis. The Spirit does not have 'mine'. Its relationship is with God only. And with you its relationship is like the sap that, flows through a tree, which gives sap to every part and does not stick to anything. This mineness is the murder of love. From a drop you will become the ocean, and will break the boundaries of that drop as you will rise and fall with the ocean. In this way man can live in the present. When this 'mine' gets broken, then you become extremely powerful. And the same power becomes effective. It is going to do a very big job in collectivity and the salvation of mankind can also be accomplished by this Power.

A new age has started. It is the age where we have entered a movement where the question of ourselves is not there. The question of all others, the whole world has become our concern. For this a strength a magnanimity, a height is required by which you can see all the problems

in a balanced way and give their solutions. The responsibility of all Sahaja Yogis is tremendous. It is not only that you take advantage of Sahaja Yoga, and grow in it, but you have to take it to the house of everyone and you have to give this joy to each one. And doing this job if you show any laxity or weakness then you will be held responsible. And it will be a very wrong act. So that is why people who are settled in Sahaja Yoga should stand up strong like a tree.

Calcutta is the place where the secret of success of entire India lies. That is why it is necessary that you people should stand up and come forward and progress. And also make others progress and make your personality great. Wherever you think that this is my son, my house, etc., then drive away this 'my' thought. Only then will you become great. And we need such great people in this new movement, and the preparedness must be complete for this.

This year is a very important year. And I want that many people should come to Sahaja Yoga. So bring them in with love, with respect and understanding. Sometimes by a little pressure and sometimes by saying some things in a round about way, as everyone is stuck in something or the other. In Russia they have no Gurus or cults. They were like a clean slate, so to say. So it was very easy to give them realisation. Here, they are neither here nor there. 'I belong to this Guru'. Because they are not their own, so speak to them with great understanding.

Then the other disease here is of wanting 'darshan' (audience) of the Guru. The duty of the guru is to give knowledge and not to give darshan. He should enlighten and give realisation to people. Till he does not give knowledge how is he a Guru? Guru means one who gives knowledge. And knowledge which you know on your central nervous system and where you

can feel the all prevailing power of God on your central nervous system. If he has not given this, then to be stuck on such things is, in a way, to destroy yourself.

You all were very great seekers and so you gained it. In the same way you should also give other people this blessing and make them happy. Whatever is of low quality is our own. It is there in the individual and also in the collective it is lacking. We should watch this lacking. The Hindus, Muslims, Christians and people of various religions tell me that they were searching in these Dharmas, but they could not benefit. The reason is that these are man made Dharmas. The ones who made the Dharmas are no more. The Dharma that you people have to make is the real Dharma. There should be no artificiality in it. If man has made a religion it is bound to go wrong, because so far he has not got connected to God. Man has taken the real religion and put it on the wrong path. But now you people have to make the World Religion. There should be no human faults in it, because it is Divine and you all have attained self-realisation. So with honesty you should make it pure which is an Inner Religion.

When every person will see that what he has got is the truth, then whichever religion he belonged to before, he will get the essence of it in Sahaja Yoga. He will realise that what is in our religion has actually awakened within us. If you follow any man made religion then you can commit any sin in the name of that religion. But after coming to Sahaja Yoga you yourself become Dharmic and think of the benevolence of all. But with new people, talk to them very carefully or they may feel that they are being aggressed. So you should make them understand very carefully that we have to awaken the Dharma within us. Like Christ said 'Thou shalt not have adulterous eyes'. But does any Christian have non-adulterous eyes? In the same way great saints spoke great things. But the followers

did just the opposite. So you should make them understand gradually as they are slowly coming from darkness to light. By giving them the experience, you should take them out of this wrong understanding, and make them settled in this Dharma. That flow and retention of Dharma should be there in them. From wherever anyone comes, accept him, because there are many seekers of truth among them. And God can be found by those only, who tread the path of truth.

What is the job of a lamp? Its job is to give the light. Till the lamp keeps burning, till then all works can be done. The light that you have got, you should give to others, and with full confidence. There is nothing to fear. Little children are full of confidence. They say what they think is right. They are not bothered about anyone. But when we grow up, our brains get filled with many other things and we get conditioned, and it becomes difficult getting out of it. So we must understand that we must deal with others with great understanding because this is the Power of Love which you have to attain.

This is the first time the Puja of the Adi Shakti is being done. All the Shaktis arise from the Adi Shakti. And also the Shaktis of Maha Kali, Maha Laxmi, Maha Saraswati. All these Shaktis get absorbed back in Her. Only the Adi Shakti can do this work, because She has supremacy over all the chakras. She is the one who controls the various permutations and combinations of the chakras She knows the subtlest of the subtle. All the incarnations who came on this earth were a milestone on the ladder of our evolution. But they all had one type of work to do. Like the Goddess had to kill the Rakshas and save the devotees. That is why Shri Krishna arranged this play. This as all a play. There is no need to be so serious about it. Shri Krishna won everyone with his sweetness. He explained all our faults in a sweet and roundabout way. It was a very beautiful incarnation of His.

After Him came Mahavir and Buddha, who took an incarnation of Seriousness. In this seriousness they spoke of oneness of the Spirit and the knowledge of the Whole. Then seriousness developed and the people became serious-minded, and made their daily lives very difficult. Infact neither Buddha nor Mahavira had said so.

Till mankind does not get self-realisation till then he cannot go straight for very long. After Lord Jesus Christ, the ordinary people started following the religion started by Paul and then everything started going wrong. In this way in every religion things went wrong, because religion became difficult and inaccessible. In modern times people spoke very wrong things about Kundalini.

Now the question arose how mankind should be told that there is God, there is Truth and it is in the form of the Spirit. So it was necessary for the Adi Shakti, to incarnate, because only She could do this work. She knows each chakra. She had to come amongst mankind and take the birth of a human being, by which She could understand what are the problems and faults in human beings. How can the Kundalini be awakened despite these faults. And how to awaken the Kundalini through the Brahmaraundra, by which humans can see with a little light. And by watching thus, they would themselves understand by looking at themselves, and then the Shakti would come into them by which they got cured. This new job was such that all the deities, the saints, the incarnations and all great people had to come. They had to come into the bodily form of the Adi Shakti who had to incarnate. And that is why this incarnation has come, so that the whole world can rise, can evolve. The Divine which made this universe, this world, would never want that His creation be destroyed at the hands of humans. And that is why this work is so tremendous.

Now it cannot be that you climb on the cross, or talk about it. In this, man will have to grow and make others grow. It is hard work. But this only a Mother can do, and only Her Shakti can do it. And if She has no love, understanding and patience, then She cannot do it. That is why this is such an important incarnation. As you know She is of the nature of Mahamaya. And there is a reason for this. If She was not Mahamaya then you cannot know Her. In reality, till there is the form of Mahamaya, only then you can come near me. Otherwise you cannot approach me. You will think She is the Shakti, how can I go near Her, how can I touch Her feet? How can I talk to Her? By taking the form of Mahamaya all this has become possible. And because of this mildness of Her form we are one today. It was necessary that I remain in this form of Mahamaya and you all should attain that state and not get lost in it. Like a drop getting lost in the ocean. You all have to remain in that enlightened state and you have to give to others. I will not let you get lost in it. You have to be fully awakened in this joy. No one can get lost. Without sharing this joy I will not let you rest in peace. When something like this happens. Only then you will realise your responsibility.

Your job is in a way greater than the saints and sages. The saints and sages did not give realisation to anyone. They gave lectures, tried to make people understand. Your job is that you have to awaken the Kundalini in people and make them self-realised and resurrect the whole world. This is an extremely important and Divine job. And for this the Adi Shakti Herself had to come. This work started by Her advent and is happening in a very beautiful way. I hope you people will understand this.

Lots of proof is coming by miraculous photographs. These should not be shown to non-Sahaja Yogis, because they will not believe it. These photographs are being made by the Param Chaitanya, and that also through

an ordinary camera which has no Shakti in it. But if there is so much light coming out of my head then why is it you people cannot see it? Why is it that only the camera records it? Because I am Mahamaya for you, but not for the camera perhaps. The atomic cells in the camera film know me. God has given you freedom. But these inanimate objects are not free. They move only through His will. In this freedom there should be no disturbance or flaws, that is why She is the form of Mahamaya. I am like you. My entire behaviour is like yours.

May this Puja of Adi Shakti be attained by you.

May God Bless you.



Shri Mataji's Tour of Australia and New Zealand



Singapore Air-port

On 28th February, on Her way to Australia, Shri Mataji stopped at Singapore airport. She spoke to us. In Her talk She said that Sahaja Yoga is spreading fast because people are become more aware. Nothing the large number of Chinese in our group. Mother said that the Chinese will talk to Sahaja Yoga easily. She said that the Chinese were wise people with an ancient tradition and that traditional people would take to Sahaja Yoga very easily. She cited as an example the Italians who are doing very well in Sahaja Yoga.

Mother said that China had great philosophers like Lao Tse who taught clearcut ideas and what he preached is truly **practised**

in the same manner as Sahaja Yoga. But one has to be realised to practise it.

Mother spoke of a man who was the head of the Zen organisation

who was very sick when he come to see Her. Mother asked him how he was a practitioner of Zen when he was not a realised soul. He explained that up to the twelvth century there were 16 realised souls called Kashyappas but there were no more after that. Since then, Zen has been practised without understanding and has been turned into a more social activity. Mother noted that Zen has certain practices that try to enable its followers to establish Nirvichara, but without vibrations the aspirants cannot get realisation. There is no more life in Zen and like every religion it has deviated.

She also told us that in Islam there was a complete surah written about Her. In this surah it was stated that 'the Sent One' will give realisation, will make you 'Pirs' and give collective consciousness. But you will be non-believers.

Commenting on the situation in China, Mother said that the Chinese government claimed to follow Confucious who taught that humanity was important, that collectivity was important. However, without realisation, how could one understand collectivity, she asked Otherwise how could they kill their own people. Mother said that if they were realised souls they would not have killed the student demonstrators. Mother expressed regret that China has got a very bad name for this incident.

Talking about the death of Rajneesh and how the money he has collected has vanished, Mother said that was an example of how falsehood would disappear just like that.

TALK GIVEN AT PERTH

2/3/90

In Sahaja Yoga there are no hard and fast rules because you are awakened people and saints and you know what is good for you. But you must keep that quality of saintliness within you. Judge yourself, how

are your vibrations.

Collectivity should grow. First of all we are all saints, so we cannot talk ill of each other at all. If we criticize somebody than we must know that there is something wrong with us. We should see the beauty and glory of another person, and praise the joy that you have. If you want to gather the thorns, you will get thorns and not flowers.

If you find something wrong with the leader than you tell me directly. Dont discuss amongst yourselves, and create a group against him or her. Because through him or her only I can talk to you or come to you. Dont try to harm the basic unity by all the time fighting. There is no need to write very long letters. Just a few things of how you are, how you are in Sahaja Yoga. The subtler you become the less you talk. The less you write the deeper you say.

There is a tendency among people to go to the person who is with me. They will tell him or her 'Go and tell Mother this or that'. They are not the channel. Your leader is the channel. So dont try to find out any other channel.

Normally it is better to marry a person who is not from the same place or same collectivity. Because the relationship should be there of complete celibacy and purity. Also the eyes lose their innocence and the Mooladhara might get caught up. Then you start seeking out girls and all the time the attention is on whom should I marry, and whom to choose. Mostly such marriages have turned out to be very funny. The important thing is that you try to keep yourself pure and your vibrations alright. Also if you want to keep a relationship outside Sahaja Yoga, then you must be very careful as one doesnt know what sort of Mooladhara they have or what kind of problem they have. And you might jump into something very serious.

In Sahaja Yoga marriage has to be respected and has to be monogamous. Other wise people get AIDS, or other diseases. It is not natural to run after so many different people. A husband and wife in privacy, want each other to belong to one another only. If not, then they feel jealous and not happy. So what's the use of doing such a thing. Marriage must make everyone happy. If it doesn't, then it is a curse on society and these marriages don't stick. Because, children are better, and the society is better. Marriage is the best way to give happiness to each other, by having sweet children, a good family, and having a sensible life, giving joy to all the collectivity. So many souls are anxious to get born to Sahaja Yogis and they want good sensible parents. There are no hard and fast rules and if you want to experiment you can, but when you suffer then Sahaja Yoga cannot help you.

The idea of having a separate house affects collectivity. Indians will find out many excuses to have a house of their own. This is the worst part of Indians. We built a nice Ashram for them in Delhi, spending so much money, and there's not even a rat living there. When you all live together my attention is there. We have some very good ashrams and they have done wonders, where the leader is kind, compassionate, loving and also corrective. If you love somebody, then the person doesn't mind being corrected. This love is the correcting point. We are here for a tremendous task. No one has done such a work. The saints were born one here and one there and they were killed, poisoned, tortured. But you are not alone. You are so many all over the world.

When you come to Ganapatipule, you should not form an Australian group. Once they said Australia is great, is good and it fell down. God created one world and then the human beings called it Australia, India, England. You should mingle with other people. You should write to them and have lots of fun. We should forget that we belong to any particular

country. We belong to the country of God's kingdom. We have to be beautiful people. We have no business to be arrogant with anyone. We have to be extremely loving. The power of love is the strongest thing. Have faith in yourself that you are loving and compassionate. That's why you are dynamic because love is dynamic.

Why ruin yourself for anything else but to ascend. In ascending you can never be in trouble. We have to help so many people who are suffering from alcoholism, drugs, mental problems, physical problems. One person can save so many people. When new people come in, don't immediately say you are a bhoot or this or that. They don't understand your language. Your language is different, of the chakras. Talk to them softly and gradually tell them what is Sahaja Yoga. They think it's a new philosophy. It's not new. It's an ancient one. Don't be aggressive. Aggressiveness is not the sign of a saint. You have to be very kind, gentle, understanding and sweet. They are not yet realised souls. They are not yet established as Sahaja Yogis.

When we have that quality and depth, then everything works out the best.

MELBOURNE

Shri Mataji arrived on the evening of Sunday, 4th March. For many Yogis it had been three years since they had last seen Shri Mataji. And the ones who had not been on the tours it was five years since they last saw Her.

During Her visit, Shri Mataji spent much time in private conversation with local Sahaja Yogis sorting out the problems of the last few years. That night She spoke at great length about collectivity and the absolute necessity for Sahaja Yogis to live collectively. Much of what She said was related to the situation in Australia over the previous years.

Although the dictatorial leadership was removed in Australia last year, many of the Sahaja Yogis had become disillusioned after many years of domination. In Sydney some of the ashrams were closed; in Melbourne all the ashrams were closed and people went to live by themselves. People did not trust leaders to run the ashrams and as they put it, to run their lives.

Shri Mataji stressed that it was wrong to close the ashrams, that Sahaja Yogis should live together. She said that if Sahaja Yogis cannot live together, how can the whole world live together. When we live together, we protect each other. The negativity has less of an effect when we are together, and the ashram is like a palace. Also, the children learn to respect adults which is very important.

She said that outside the ashram is like a dungeon. When people live in a jail, it should not be bad -- they are fed, looked after, they have a clean room, everything is taken care of. But it is a punishment because they are kept alone. Human beings are social, collective -- they like being together. Sahaja Yogis should be social, living and sharing together.

Shri Mataji said that She knows everything that we do. She spoke of some individual Australians who had enjoyed much success because of Sahaja Yoga. She said that if you have got some talent, then Sahaja Yoga helps you a lot in that talent and you get success. But where are they now? She said that we should not get lost in that success. What is that success? What is that money going to get us? Life after life we have had success, but only in this one life we have got realisation. The only reason we have got success is to help Sahaja Yoga. We should use it for Sahaja Yoga.

She then spoke about our bashfulness in contacting Her. She said there were so many problems with the leaders here and no one wrote

one letter to Her. She is here for us. She asked us all to tell what is happening with the collective, with Sahaja Yoga. All She gets are letters about our jobs, our families, our wives etc. She said that She has asked us not to speak against the leaders, but if something is wrong, demonic, then we should speak.

She said that Australia was far from the rest of the world, and covered big distances. This was all the more reason to live together. She spoke about the Russians. She said that She had broken the Eastern Block. During a Yoga conference in Russia She gave realisation to ten delegates from each of the countries and look at the effect. The Eastern Block is now broken. She spoke of the greatness of the Russians and their humility., no matter what their position was. They all were so humble. She said that twenty Germans had gone to Russia to give realisation. She said it has really touched Her heart, that rather than fighting, they were giving them enlightenment. She said that the great quality of communism is that it has taught people how to share and to live together. Collectivity is the greatest asset of communism, and that is why they will be the best country for spirituality.

The Public programmes were held over two consecutive nights to the accompaniment of the Nagpur musicians. Shri Mataji spoke for a short time and answered questions from the crowd before giving realisation to the people. She worked until quite late, on the new people. We also heard that She was up until early the next morning on most occasions getting rid of the negativity She had absorbed. In the evening She spoke to the Sahaja Yogis. She said that to be a Sahaja Yogi is very easy. We don't have to listen to anyone lecturing us. All we have to do is to love one another, listen to Her tapes and meditate - that's all we need.

Cairns.

This was Shri Mataji's first visit to Cairns, a city in the far north of Australia, above the Tropic of Capricorn. It is a very beautiful, much visited by tourists. Some Sahaj Yogis recently moved there to start Sahaja Yoga and prepare the ground. During Her stay She visited the great Barrier Reef a two thousand mile coral reef 40 miles off the Queensland coast, one of Her great natural creations of the world.

Over the last ten years an alarming problem has been developing, which has had the whole country concerned. There is a particular creature called the Crown of Thorn starfish, which consumes small coral animals, thus killing the reef. Normally there are other predators which help keep the starfish under control. However, in the last few years the starfish has been in plague proportions, destroying vast areas of the reef. Due to the delicate nature of the eco-system, there is no chemical solution the authorities can use to control the starfish, and it would be difficult to physically remove them.

Shri Mataji met the Mayor of Cairns, who informed Her of this situation. Shri Mataji told him "Once your powers are awakened you can do something about it", but he was bit cynical. While Shri Mataji was in Cairns, She waded into the water for a time and said "Lets see what can be worked out". A few days later, we were on the plane to New Zealand, when the news came informing the passengers that something incredible was happening in Queensland on the Great Barrier Reef. Without warning, thousands of Crown of Thorn starfish had been found dead, floating to the surface of the reef. When She heard this, Shri Mataji said to tell the Mayor to have more faith in his powers.

BRISBANE

On Saturday, March 10, Shri Mataji arrived in Brisbane at 5.00