

THE DIVINE COOL BREEZE

1990

SPECIAL POOJA ISSUE



"We are on the cusp of a wave from where we are going to jump onto another wave which will be much higher than this, but you must have the worthiness. If you are not seaworthy, you will be drowned." - Shri Mataji Nirmala Devi

This new year heralds the Golden Age of Sahaja Yoga. By the Grace of our **Divine Mother the Param Chaitanya** has worked out many global changes so miraculously to usher the new age. We could not have not visioned all this but the Divine Mother's attention penetrating the iron curtain in 1989 brought many delightful surprises. As prophesised in the ancient scriptures people are getting realisation in thousands in the Soviet Union and from there it is spreading so fast to the East Block. The Portals of the Middle East have been blessed by our Divine Mother in Turkey. As Her attention is moving towards Africa and China, the planet earth will become another joyous cell in the Universal body. This is our New Year and we pray to you **O DIVINE MOTHER.**

The pilgrimage of our seeking started with a gracious showering of Param Chaitanya by our DIVINE MOTHER at Alibagh where she gave such valuable advice to all the pilgrims. From there the pilgrimage progressed to Aurangabad and there to Sirampur. Christmas Puja at Pune by the lake was a rare treat. Shri Mataji explained the significance of Christ's advent and how to become pure like Christ. It was so powerful that many of us experienced our rebirth during the talk. At the Brahm-puri Puja, She emphasised that as saints have to work hard for the emancipation of humanity. The New Year was celebrated at a joyous Sangli Puja where the marriages were announced and Shri Mataji spoke so deeply on marriage relationships. What followed at Ganpatipule was an ethereal experience that can only be narrated in the poetry of Rabindra Nath Tagore.

"on the Shores of Bharat, the Mother is Aware ----" dancing in mad exultation.



ALIBAGH PUJA TALK - 17.12.1989

By Shri Mataji Nirmala Devi

Welcome to you all. So now we have all arrived here and we are going to start this pilgrimage by travelling together. The journey is of a very subtle nature and if you realize why we are here, you will realize that all the nation is watching you all, is trying to help you that you should ascend and that you should feel your depth and thus enjoy yourself. The travel may not be very comfortable. The roads are bad etc. It is a journey of our ascent.

In the West we have become very speedy and to bring down this speed we have to use meditative process so that we feel our peace within ourselves. Also the thoughts are bombarding our minds and we react very fast to others and to these thoughts. So one has to be aware, one has to know what is happening within yourself. That the thoughts are bombarding you., You are trying to ascend and you find it very difficult to get rid of the thoughts. The thought process can start by your conditioning or by your ego. These are the only two problems. You are the one who is under the challenge. So you have got these simple people in the village who start watching everything but they do not react. If you do not react then your thoughts will give up. So the first thing should be to watch yourself that you are not reacting.

But you are experiencing and enjoying the silence, the subtleties, the beauty, the glory of your being as well as, whatever is around you. You don't have to force yourself to break this habit but just to be on the watch out. It is not necessary to talk too much about it also. Nor is it necessary to think about anything, because supposing you see a tree, so it is a tree only. What are we going to think about it? And whatever we may think about it, its going to be the tree. So there's no harm in appearing a little bit stupid - doesn't matter. The basic thing is that when we start analyzing we are breaking our own nerves and poisoning our own mind and brain. So to watch something without analysis, without thinking about it, is Reality.

If you can achieve that point, where you watch everything without reacting, you are in Reality. And then only the penetration into the subtleties of your surroundings, of your relationships, your friendships, the whole universe dawns upon you.

That's why I have said that in this pilgrimage, the first thing that we have to remember is that we have to be aware ourselves. But when you are only thinking about others, how others have to behave, they should do like this or that, leave it to your leaders to break their heads. That's not your job. It is a headache for them I know but they have to do it. Why do you want to break your heads for nothing at all? So to judge others, to think of others, what they are doing - what's wrong with them, about anything whatsoever you may think is wrong - is not going to be corrected. Like I know some people who are specially bureaucrats. They are travelling, supposing, by the car. Then they will say "I think, you see this road should have gone this way, or I think it should have been nice if this house was facing the other way round." But it's not going to change. It is going to be the way it is. So what is the use of wasting your brain, your mind, your thoughts

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in suggesting something which doesn't work out? And is never going to work out either. So when we start like "I think these trees should have been little taller". But they are not. So just accept it.

Acceptance is the way we are going to enjoy. But acceptance doesn't mean tolerance. Because tolerance means you have to work very hard to accept that the trees are of the same height. It is too much for you. When you say I have to tolerate it because, you see my mind doesn't accept. So accept as it is, whatever you see; that is how people grow.

I have seen those who start accepting, that's the sign of their strength and their depth. Like the propensity of this Mother Earth. She is what she is. And she bears whatever is there. If you put a heavy thing on her, She will put an equal and opposite force and bear it. She doesn't say I am tolerating it. But she is just accepting it. So the witnessing and awareness develops when we start just accepting things as they are. "I think", doesn't work out. "I think it would have been better like this," doesn't work out.

Then the second problem is "I like". Now I like to eat a cake, but there is no cake so what to do. Now whatever is there, enjoy it as a cake. But if you go on thinking like that "I like". What is there, you can never be happy. As simple as that. You have to say that "whatever is there I like". I enjoy whatever is there. Then that's the Reality. Whatever doesn't exist, if you like it, so what can anybody do about it.

It works out in so many ways, in so many facets in life, that advantage is taken by people because we become so vulnerable to our likes and dislikes that the entrepreneur takes over and they create likes and dislikes in our heads and put ideas everyday. I have seen it how they do it. Through television, through newspapers, through this and that. So when you say, now I like this. But from where this liking has come is the conditioning which is put into your head. So you are a slave of that conditioning. I only like roses and I don't like any other flower. Well, why? Why don't you like any other flower? By this conditioning, we miss the joy.

The second part should be that enjoy within. Why am I here? It's not a very comfortable place by any chance, so why am I here? To enjoy each other. To enjoy your own being. The more diversions you have outside, appealing to your ego and your conditioning, the more your mind is busy with that, then you cannot enjoy anything.

So we come to the other conditioning which is very subtle, that I am an Englishman or I am American or I am from another city and then better form a group. The grouping starts in a subtle way. It is a kind of insecurity. So we start clubbing. Animals do that very often. They have to do it because their sense of insecurity is quite a lot and then human beings also do it but not the Saints, not the Angels. They don't form groups because they have no nationality. Nationality is also a conditioning. They do not belong to any one country. So now those who have come by plane, had to come because from every country there's one plane by which

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they come. You must know one thing. That now we have landed and we are all Sahaja Yogis here and forget your countries - Mix up with other people. Please do not form groups. There is no need at all to form groups. I would request you that in the buses because it starts from the airport we start forming groups and it continues till the end, till you go back. I think it would be a nice idea to break that and let people sit together of different countries and different nationalities. And talk to each other. Try to know about each other. Try to find out about each other, and not just what you know from the newspapers but different problems of Sahaja Yoga. What are the problems of Sahaja Yoga in a particular country? What happens in a particular country?

Worst of all is the conditioning of reading also. Reading without light is useless and some people still may have a habit of remembering something they have read and a kind of "show off" as they say. It's better to listen to others. Let others talk.

In Sahaja Yoga, on what subject you will discuss? I don't know. How can you discuss on anything? Now you see this one as a green thing. Now what can you discuss about it? Let's see, it is green but there is —another one who says "No, this is green, But". One may go on like that. There is no need to discuss in Sahaja Yoga. I just don't know what are we going to discuss. You know everything. You know how Kundalini rises. You know how Chakras are cleared out. You know how you get realisation. You all know who catches what and you know that how it effects. Now if that is the fact, if that is the Truth, that is what it is. What are we going to discuss about it? Discussions are over now. You are gnostics. You are knowledgeable people. You have the knowledge but the knowledge that you have is shared by everyone of you. At the most you can talk about your experience. You can talk about your relationships, how you have enjoyed but there is nothing to discuss in Sahaja Yoga. I have heard about people who are discussing. I just don't know how can there be a discussion about Sahaja Yoga.

Discussion is just trying to show that you know better than the other or you can give another opinion. In Sahaja Yoga, there is no other opinion. If someone has a Nabhi catch, he has a Nabhi catch. What other opinion can you have? So then we finish with different kinds of arguments and discussions and things. Maybe somebody goes off the track - may be. But you all know he is going off the track, so what's the use of discussing? you all know that what he is talking is opposite the track so it's all right. You come to the conclusion. Yes, we know, we know. But to discuss it out, there is no need. Once you know and it is in your awareness, the Param Chaitanya will take care of it and you won't have to bother at all, how to correct, how to mend it or what to do. That is not your work. You just leave it to Param Chaitanya and it will work out. So here we have come because this country has been very much blessed by so many Saints and Yogis and you can see it in the people how they are and that's why despite all poverty, despite all kinds of discomforts, and despite the fact that they have not known any Western great things, they are not bothered. I went to Russia, of course Russia was great and so many got realisation and I was really surprised how these people have come to Sahaja Yoga and accepted it.

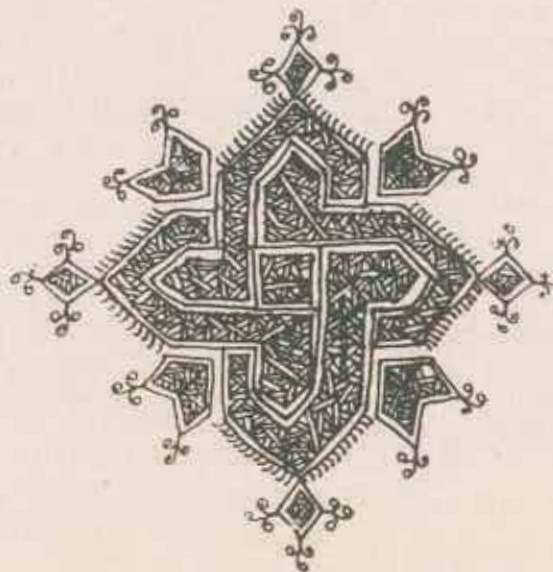
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The villagers in India may not be Sahaja Yogis, but they respect the Saints. To them a Saint is more important than anything else. Nobody will ask you for anything. Even if you want to give them, they will not accept. So that basically I think there is difference which we should understand, that materialism works much faster in the West than in India. And one has to be careful on that point. I am bringing you down to that point now, that are we getting list into materialism? Of course, you know that I am a great shopper. I have to go on shopping. And I shop for all of you. But the difference between my shopping is that if I am shopping for all of you, I am going there because I know I will get things much cheaper, and of a better quality. All the good things will be there available, because I am there. I will be able to get things for all the people because I love all of them for whom I have to buy. It always happens like that. When I go out for shopping, even if I have to find things for 400 people, I get the things there all right. That's why I have to go. When you go then you have to think what we are going to buy. I have seen that Sahaja Yogis will buy things for non-Sahaja Yogis. We have to know that we are one body and as this hand must look after the other hand, when we go out shopping or do anything, we should always think what we are going to buy for other Sahaja Yogis.

You must remember that you are on a pilgrimage and should be able to grow in your awareness. If you cannot grow in your awareness, it is useless. Once you start thinking like that, you'll be surprised how much you will gain and how much you will achieve.

There are no do's and don'ts in Sahaja Yoga. And I don't think we have much discipling of any kind either but it is Sahaja Yoga which somehow or the other disciplines you. I don't have to tell you anything. It's like the fire. If you put your hand into the fire, it will burn it whether you like it or not. In the same way, if you do anything against Sahaja Yoga, you will have to pay for it. You definitely don't want to lose your vibrations. You don't want to become unhappy but this time with a much deeper understanding and reverence to yourself and to your ascent, you have to take a very joyful serious attitude.

May God Bless You.



AURANGABAD PUJA TALK - 19 DECEMBER, 1989

By

Shri Mataji Nirmala Devi

Aurangabad has a special significance in my own life because my forefathers came from a place very near from here called as Paithan but originally known as Prathisthan. And is the place where the Rishi Valmiki wrote the great epic of Ramayana, lived here. So there is a big quarrel going on because Valmiki had his ashram in different places. But actually Valmiki lived here in this area. On the other side of Godavari which was going on to Paithan or Prathisthan was the kingdom of Shalvahanas.

Sita stayed here. Her one son went to Russia and another to China. The name of the one who went to China was Kush and the one who went to Russia was known as Lav. Those who went to Russia are called as Slavs or Lev. And those who went to China are called as Kushans.

Around here was a very big struggle of evolution between the big animals like mammoths and the others who were very quick and very clever, intelligent and supple. They destroyed most of these big animals and in that river there were lots of crocodiles. When the King of the elephants known as Gajendra was drinking water, one of the big crocodiles in the water attacked him. He wanted to kill him so that the whole genes of these elephants would be destroyed. That's where Shri Vishnu appeared and he killed the crocodile and saved the elephant. Out of all these big animals, only the elephant was saved and that's why that place is called as Gajendra Moksha.

Valmiki used to plunder people. He belonged to the fisherman caste. Then Narada came as a saint and he plundered him also. So Narada asked why are you plundering me? Valmiki said because I have to feed my children, my wife and a large family. I am the only earning member. Then Narada said "Do you think your children will sacrifice everything for you?" Valmiki said "I'm sure they will". Narada said "Now you become like a dead man" and they took his dead body, so called, and four saints put it in the house and told the family that this fellow died while plundering us. But there is a way to again bring him to life. You have to promise that somebody from you has to die in his place. They tried. All of them made one excuse or the other, for they did not want to die. So Valmiki got up and realised that so far he has been really doing something wrong. He said then I will say Maraa, Maraa, means I am dead. So repeating it, it came to Rama, Rama. So Narada said it won't work out, and you have to do penance as you have done lots of bad things in your life, and you have hurt many people. So he sat down for penance on a big mountain here which is called as Valmiki Mountain. And the termites ate up his body. Only his neck was saved and the whole body was eaten up by termites. So then Shri Vishnu appeared before him and removed his termites and gave him realisation. A termite in Sanskrit language is called as Valmi. That's how he was called Valmiki.

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Then the story afterwards leads to be coming of Sita there. So a very important part of Ramayana was played here and he said that Shalivahana helped this Valmiki temple and treated him with great respect as their master. But actually their master long time back was one Chandilya, where we have taken some land near the river Neera.

The people here are very God-fearing and they respect saints and they also know who is a real saint mostly. I hope you will understand that when we think of the comfort of our spirit, the whole life is penetrated with the light of the spirit and we start changing our attitude towards light. Not only that but also we have a kind of tremendous confidence in our virtues and we enjoy them. Though we can say in a way that in this culture there is not much of finesse, not much of artificiality. They won't say thank you hundred times. They don't say sorry. They won't even fold their hands normally. The women specially to men and say namaskar. Only to God they fold their hands.

May God Bless You.

SHRIRAMPUR PUJA TALK 21.12.1989

By

Shri Mataji Nirmala Devi

It is not necessary how many things you give me. It's not necessary how many offers are there. It's more important how many people you give realisation to. And secondly, how are you? Have you evolved? Have you really become independent? And can you get rid of all your conditionings? Your Ego? And have you become a very mild, beautiful, compassionate, collective personality? The question of introspection to see yourselves, is very important.

If we do not have a proper car, we cannot drive. In the same way, if your being is in a funny situation, then you cannot ascend. That's a fact. So we enjoy, every thing, is the sign how much we have achieved. If there's a cup, then a very little joy can go into it. But if it is a like an ocean, all the rivers of joy fall into it. So, it is the amount of enjoyment you have, not fun, I mean enjoyment. I am not saying frivolousness, cheapness but a very meditative deep enjoyment that you have within yourself. It just bubbles into you, makes you very happy and you don't know why you are happy, just enjoying your happiness. Then one has to say that you really have become a Sahaja Yogi. At that state, you want to share it. You don't want to keep it to yourself. You will work very hard and do everything that is possible under the sun. Your mind will think how to spread it, how to give this joy to others. You won't be happy unless and until you communicate with others. So first you become the capitalist and then you become a communist.

The first thing is, how far we have enjoyed. Second is what have we got in our mind now? How are we going to expand Sahaja Yoga outside? First, the light has to improve. Then automatically the light has to spread. What is the relationships we have with ourselves? Which I have told you also don't form groups. Another thing is some people have developed a habit of moving their neck too much. While singing, they move their neck and their body. You can move body but the neck should be moved with the body. Before meditation, you can check yourself - what's wrong with you - before my photograph and then you should go into meditation.

As we were coming I just said, now this is the wrong road. They said how do you know Mother? Just I know. Just find out. Just to know everything, you need not know everything about it. But that is the sign that you have become very aware. To be aware of everything. It is not like sitting down here that you should say "That's very beautiful or it's very grand". That's not the point. Not to certify, not to criticize but how much do you know — feel it in the atmosphere. Because we have a very big brain and we have two lobes in our head. It's not one brain but two lobes and when the awareness starts giving you light, you start knowing within yourself, everything and you are silent. You don't have to assert, manipulate or to exert yourself but just to know and that's a very beautiful thing one has to do. Another thing which I can tell you is very important. In India, you must comb your hair properly because they think you are all beggars. Only the beggars have hair like this. Please put oil and make your hair properly. You should be proud of your forehead. It is the Ekadasha. You have to fight the whole world

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with this Ekadasha of yours. So please see that you keep your forehead absolutely open. Hair properly done and oiled. In the night, you can put some oil and it will soothe you. You will find it very much better, specially for liver patients, is very important. They must put oil in their heads because they are dried out people. There's no fat in their hair and the hair do not grow. They become immediately bald.

You have to bring out what Sahaj culture is, through manifesting it, without my telling you so what is the Sahaja Culture, how we work it out ourselves, our things.

Also, try to judge where is your attention? All the time keep an attention? All the time keep attention on your attention. Where is my attention? Mr. Attention where are you lost? And that will work out for you.

May God Bless You.

CHRISTMAS PUJA TALK - 25.12.1989 - PUNE

By

Shri Mataji Nirmala Devi

Today, we have assembled here to celebrate the birth of Christ. When you think of his birth, one knows that he was born in a very humble place and all his life he lived in a very humble way. Also as Sahaja Yogis you know that he was the incarnation of Shri Ganesh, which in a sense, is innocence. And he was crucified due to stupid understanding of blind people. He was the eternal child. It is so sad that when we talk about Christ and Christianity, we feel that Christianity has gone just the other way round. On the other side of Christ. If one is construction, the other is destruction, if one is innocence, the other is cunning.

Where there is Christianity; in its practices, its very surprising that innocence has no place and respect. Chastity has no place, no respect which was the essence of Christ. He was made of it. It is sometimes shocking how these so called Christian Nations have maligned Christ to that extent and how they ruined so many people with their stupid ideas of allowing people to indulge into all kinds of filthy things.

The second point is very important to see how he was born in a very humble way. He was a son of a carpenter so he lived like a carpenter. But in the Western life, people are so materialistic and to them, to live lavishly, to show off their wealth, and to plunder people, plunder countries after countries for material gains is a common thing. They do not think that it is wrong. In fact, they are quite proud of it.

The great thing about Christ was that he wanted people to love each other and be humble but the arrogance and the cruelty that one has seen of the Christian nations, one cannot understand how they are anywhere near Christ. He has said "Blessed are those who are meek". Where are those meek people living? Not in the Western countries. Not in the countries where Christ is worshipped, where churches are raised in his honour and have been worshipping the Virgin Mother for so many years. What a sinful thing to do to Christ. Is the greatest sin that we say we are following Christ and to do all these horrible things. All such people have to go to hell. They may not realise but they are already getting into it. They are already having this problem. They are worse than the people who crucified Christ. There's an everyday crucification.

He was bearing all the brunt of the people, everything. But the outcome of that life is so horrifying that sometimes I get worried that I hope they don't make something out of me like that.

Now you people are born again. As Christ has said, you are to be born again. You have achieved that state which Christ was talking about. You are special type of people. I never had such hopes. The first encounter was so horrible, I did not think that many would come out of it. But so many of you have come out of it and have really glorified the name of Christ. I would request you now

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to know that you are Sahaja Yogis and that you are the followers of Christ. You are the gnostics as described "The one who knows" and that's how you have to help people to emancipate. It is very surprising that I saw that the Western life, the stupid destructive ideas, did not kill the innocence. But still I would say that this kind of lovey dovey stuff must be given up. It is just most un-Christian because if you see his life was a life of a 'Tapasvi'. A man who lived in a very detached manner. So for Sahaja Yogis who are coming from Christian life, have to understand, if they have to get rid of it, they should be like that.

Among the Christians marriage dominates the whole life style. Its absurd in Sahaja Yoga. If one of the partners is not alright, it affects the other spouse. It covers the whole personality. It's not the case with Muslims and Hindus. I mean, I am married too. It doesn't cover my whole entire being with it. How can it? And that the problem is that once marriage system starts, anything starts, it becomes so important that I am faced with problems all the time. The marriages are performed and then the letters start pouring in that 'This has happened to my marriage'. It is a headache. They will ruin their wives, they will ruin their husbands, they will ruin Sahaja Yoga. The importance of Sahaja Yoga is so minimized by this Christian mind. It is a juxtaposition as you can call it. There is no similarity between the life Christ must have thought people would lead and the one people are leading. So it is necessary for Sahaja Yogis to have a dignity and a sense and to know that they are grounded in Sahaja Yoga and marriage and all those things are just subsidiary. It's not the end of life.

I have to marry people because I believe that one should lead a proper married life, because if you just take up sanyasa without going through this married life, you can become very much hypocritical. But that doesn't mean that marriage is everything. It's not so important. It's just something that has to happen. It's not more important than praying. It's not even important than meditating. It's not important at all than even eating your food. The more ado you start making of it, you start falling into the same trap from where I pulled you out.

We have come out from hell. Now be dignified, be sensible and over importance to such unimportant things will not allow you to rise high. But I don't say you don't marry. Of course, you must marry. Of course, if you are Sahaja Yogini and know about Sahaja Yoga, then of course you are helped much more. You get much more power, much more joy, much more understanding, and it is very good. But the inter-relationships is so important, on small things, is beyond me to understand. Then I see that the girls fall in love with the man that they marry - Finished. The man is finished. The woman is finished.

Today, I am taking this great occasion to tell you that Christ was born to immaculate conception and that's how I have given you your second birth and you are so pure. So all the impurities, you must see them clearly. I know you don't like them but they will creep from here and there.

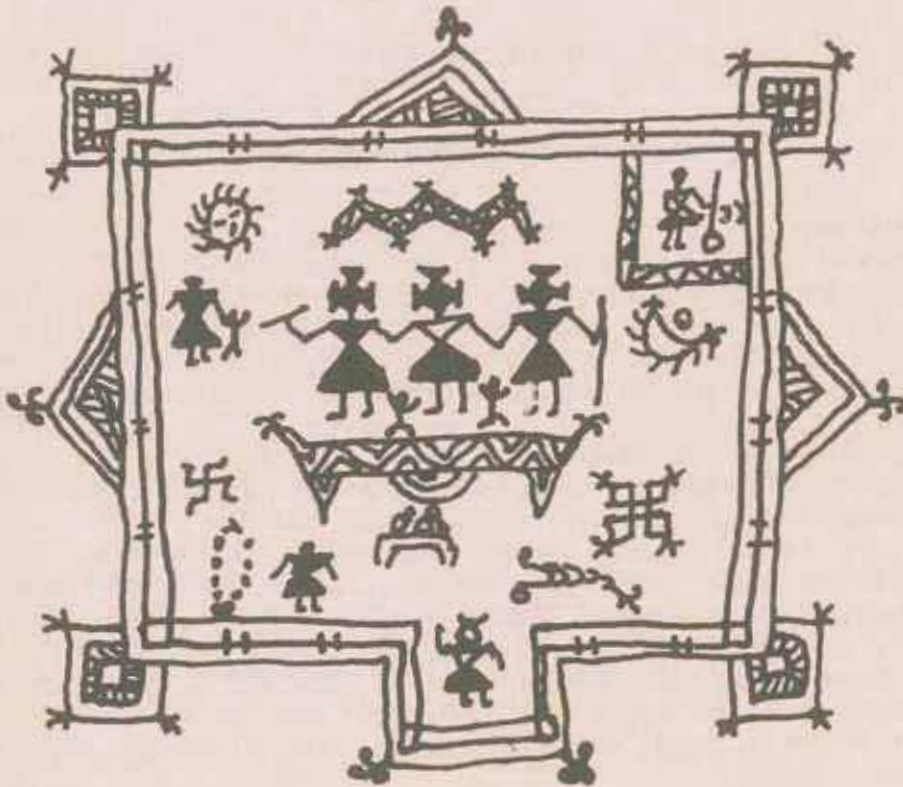
If you have to come up to this stage, you have to keep up the staircase. You think that you have achieved a lot because now you have a settled family, settled

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children and you are worried about your own children all the time. No, it's another temptation. It's a very big temptation. So on the great occasion of the birth of Christ, we have to say to ourselves that we are dedicated to Sahaja Yoga. That's the main thing. Everything is subsidiary.

We are on the cusp of a wave from where we are going to jump on to another wave which will be much higher than this, but you must have the worthiness. If you are not sea worthy, you will be drowned. So we have to develop that worthiness and we have Christ before us. What a life it was. He lived like a human being in a humble way. And how truthfully forthright he was to say everything so clearly. In the same way, you will have your strength where you will know that you are much more than your nationality. You are a higher personality. A Sahaja Yogi who is dwelling in the kingdom of God. That's the bliss. Not the family bliss and the children bliss but the bliss of God.

May God Bless You.



BRAHMAPURI TALK - 30.12.1989

Shri Mataji Nirmala Devi

Like Brahmपुरi, there are many small little places where the saints have worked for the betterment of people, because you see, they are so collective. They could not bear the poverty of this country. The way some people are claiming that we are making people fatalist is absolutely wrong because no saint has done that. All the saints have made them work very hard and to work out their problems. They have also pointed the evils of society. They did not go and sit in the Himalyas. They went from place to place working for the emanicipation of the society.

May God Bless You.

SANKRANTI PUJA

Kalwe 14 January 1990

H.H. Shri Mataji Nirmala Devi

Today is the day for us to celebrate in India very much. Because the sun is now in Capricorn and from Capricorn it then comes to Tropic of Cancer. When the sun comes back to this earth then all the creativity of Mother Earth starts acting and she creates such beautiful things like flowers, nice nourishing things and fulfilling things like fruits and she makes our eyes cool down with the greenery she has and the way she blesses us is manifold with the advent of the sun.

In the same way now that the sun of Sahaja Yoga has risen and is coming to the zenith and it has definitely shown you the result on the first principal that is your Muladhara and your creative power of that Muladhara which is the Kundalini, has been rising and rising and opening your being, and showing the results in your lives. It has made your lives very beautiful. It has made your life very joyous and very happy. Now we are at a point where you have to trigger a new jump, a new flight. And for this flight, we have to see that we become very light in our ideas, thoughts and in our conditionings. You are so much full of conditionings. All types of conditionings are on us. I don't understand how we get struck to things which are of no value, which are of no sense and they get lost.

In this higher jump, which you are going to take many will be left behind as a result, those who will not be able to come out of that. So at this stage, I have to request you that you should really fully dedicate yourself to meditation and surrender yourself to collectivity. Everyday, you must ask yourself what have I done for Sahaja Yoga? What have I done for myself?

Please try to understand that there's a very big jump you have to undertake. It has to be triggered and for that I would like you to be ready. To be absolutely prepared because in this jump you might be lost, and many might be left because they could not get over their conditionings.

The conditionings are of various types - of ignorance, blind faith and all other things that we have gone through. Also we have conditionings of our country, of our race, of our styles and so many other things by which we judge others. But we have to judge ourselves, that are we in a Sahaj culture. Otherwise it's going to be very difficult that you will board the ship which is going to take us off. I have to just warn you that later on if you say that Mother so many were left behind. If you find anybody left behind, please try to help that person. Please try to correct that person and with clear idea and clear voice and clear cut instructions. If you really find that somebody is going wrong, you better warn him. I'm telling you all today that this is a very crucial time and none of us should just take for granted Sahaja Yoga.

All other things are just a kind of an illusion that you feel that your worldly things are alright and worldly things you can manage. God doesn't care for people who are rich and well-off or people who are poor. What he sees is what richness you have got of spirituality. He doesn't bother about your education, of your degrees, of pompousness etc. What he sees is how innocent you are.

How much you have worked for Sahaja Yoga. What you have done for God's work. So all these priorities you must change. I must tell you that Sahaja Yoga judges you on a very subtle point. So in this last judgement now as you people have been judged as good people. But still for the second jump that you are going to have, we have to be very careful that those of you who think you are Sahaja Yogis in your heart but are not may be left behind in this big jump we are going to take.

So it is important that the sun has risen and gone to the zenith and at the time of its zenith, one has to be very careful because the same sun which has started making its beautiful greenery all round us may scorch with its heat. So be careful and one has to be aware and all the time under the guidance of Sahaja Yoga. What is wrong with us, what is making us so heavy, what is making us so difficult.

So far I'm very happy that whatever I have been telling you and whatever I have been guiding you, you have accepted it very calmly and sweetly. And that you have tried to imbibe it in your life style. Actually, after some time, I don't think I will have to tell you anything. You will get your own light to see for yourself what is right and what is wrong. But still I would say that you must open your heart in the puja, in the music, in everything. Just see that you open your heart. If you cannot open your heart, it won't work. Because it works through Spirit which resides in our heart. All your conditionings, all your ego will disappear when you decide that I have to open my heart for Sahaja Yoga.

May God Bless You.

