



# NIRMALA YOGA

## निर्मला योग

Bi-Monthly

Jan.—Feb., '31



H. H. MATAJI SHRI NIRMALA DEVI

*"Unique Magazine of Maha Yoga that crowns all the religions and seekings of Yoga by actualizing the Experience of Yoga - THE UNION"*

## —: AVAHAN :—

"In SAHAJA YOGA, all the religions are respected because all the incarnations and previous prophets are in us. We know it for definite that they exist within us on our Centres.

First, before starting the marriage, we had to ask them to come and be present on this function. This is called AVAHAN. Now, they were all there. So we are now to thank them that you have been here and the marriage has been successful.

In SAHAJA YOGA we are going to break all the barriers which make religions and people separate. All fanatical nonsense, old ideas which have propped up to make money out of religion, all these we are going to completely abolish and make one religion for all the humanity, which is religion of GOD, the religion of our evolution. May God bless you all".

H. H. MATAJI

on the occasion of marriage of Catherine &  
Gregoire on 1st Jan. 81 at RAHURI



## AFTER REALIZATION

1. The awareness space of the conscious mind has increased. Ego and super-ego gradually drop down and are sucked back into Pingla and Ida.
2. The ascended Kundalini establishes a direct link with the unconscious. It manifests as the flow of vibrations.
3. The deities on the chakras are awakened. They are the reflections of the original deities on the Adi Chakras of the Virata and they "organize" our awareness accordingly. As they are linked together by the ascended Kundalini the personality becomes integrated. They decode and
4. Collective Consciousness is achieved. The attention is drawn inside because of the inward happening of Kundalini's rise.
5. In a fully mature realised being, the Deities ascend from their place of work in the Chakra, to their own seats within the Sahastrara. This is the stage of complete Divine integration.

# माताजी का पत्र

लन्दन

दिनांक २-९-१९८०

मतप्रीय सहजयोगी मंडळी यांस आशिर्वाद

बनेश्वरी जो कार्यक्रम निश्चित केला आहे तो पूर्णपणे यशस्वी होणार आमचे लक्ष आहेच. पण सर्व परमेश्वरी कार्याला नवीन शक्ति प्राप्त होणार आहे.

पुणेकरांनी पुण्याचे पुण्य सार्थक केले। ह्यात आमचें काय विशेष आहे। जे तुमचे होतें ते जाणले व मिळविले। हेच आमच्या प्रसन्नतेचे निधान आहे।

सहजयोगाचा महायोग घडत आहे। त्याची मुरवात बनेश्वरी होणार आहे। इकडे युरोपमध्येगी जोरांत कार्य सुरू झाले आहे। ह्यावर्षी वरीच मंडळी भारतात येणार आहेत। मी नोव्हेंबर मध्ये येईन। तोपर्यंत खेडोपाडीं सहजयोगाची पताका झळकली पाहिजे।

तुम्हा सर्वांना अत्यंत प्रेमपूर्वक आशीर्वाद.

तुमची सदैव आई — निर्मला

LONDON

2-9-1980

My dear Sahaja Yogis,

The programmes which you have arranged at Baneshwar will certainly be very successful. Our attention is there. All God's work will now have a new dynamism. Sahaja Yogis of Pune have given fulfilment to the 'Punya' of Pune. There is nothing special of mine in it. Whatever is with you has been discovered by you and accepted. This is the source of joy.

Sahaja Yoga is evolving as **Maha Yoga**. Baneshwar seminar will manifest that. Work has now commenced on very large scale in Europe also. This year many people will be coming to our holy land. I will come in November. Till then the message of Sahaja Yoga should reach every village.

My affectionate blessings to all.

Ever Yours,  
Your mother Nirmala

Translation of Marathi Letter.

## सन्देश

महायोग का समय आ गया है। इसीसे हजारों की संख्या में जनता आत्मसाक्षात्कार पा रही है। जीवन के वृद्धि में शुरू में एक दो दि फूल खिलते रहे किन्तु इस महायुग में बहार आ गई है। सब समय का खेल है। इस युग की घोषणा अनेक भविष्यवादियों ने की थी। हाल में William Blake की Malin किताब देखी। उसे शार्पिक से जोर उनकी भविष्यवाणी में सहज योग की शुरुवात जहाँ हुई थी (Surrey Hills) और जहाँ प्रथम केन्द्र की नींव पड़ी है (Lambeth Vale) दोनो दि जगह के बारे में लिखना बहुत आश्चर्यजनक है। उममें यह भी लिखा गया है कि सर्वसामान्य को प्रेषित (Prophet) बनाया जाइगा जो एक विशेष शक्ति को पाइगा। इस अदभूत शक्तीद्वारा वह अपने जैसे अनेक प्रेषित जन कर्मण करेगा। सहजयोग की खोजी दि वाहन और सहीसही जानकारी उनकी इस कार्रवाई में पहुँकर बड़ा आनन्द आया। काश हमारे देश के सहजयोगी भी इसतरह ज्ञान से भटक हो जाँय तो सहजयोग के

महानता पहचानना और उसकी वाहनता अपनाना  
उनका महान कर्तव्य हो जाएगा।

सहजयोग से अंकुरित कुण्डलिनी से ही परिवर्तन  
हो सकता है जो जीवन्त बाकी है वही जीवन  
कार्य कर सकती है। परिवर्तन के सिवाय और  
दूसरा कोई मार्ग नहीं है।

यह अंतिम चरण है। इसे समझारी से ही समझा  
जा सकता है। यह प्रभु का अंतिम निर्णय है (Last  
Judgement)। किन्तु अत्यन्त औदार्यपूर्ण प्रेम से मिलित  
- और माँ के कोमल रूप से बहला हुआ पावन धरना है।  
आप ही अपने को परिवर्तित और अपने को शुद्ध करो। उस  
शुद्ध आत्मी मुन्दर आत्मा से अपना चित्त आलोकित  
कर लो। माँ का भवको भस्नेद अनेक आशिर्वाद

आपकी हिंदू सेव माँ-निर्मला

## RECEPTION TO SHRI C. P. SRIVASTAVA



It was a memorable joyous evening for the Delhi people when they welcomed Shri C. P. Srivastava amongst them on 4th January, 1980. Following is the text of his address on the occasion.

Mr. Subramanyam and dear Sahaja Yogis and Sahaja Yoginis of Delhi,

May I say first of all, how very grateful I am to all of you for the honour, kindness and affection you have chosen to bestow upon me, this evening. For me it is an experience which is very wooling and I assure you, I will cherish it for a long time.

**Sahaj Yoga** is now the very life of my wife, whom you call *Mataji*; who still remains my wife. And as Sh. Subramanyamji said, she has played the role of a wife, a perfect wife, if I may say so, a perfect Mother and now a perfect Grandmother and what she is doing now for the Humanity is something which makes me particularly proud and most

gratified. Perhaps, I may mention to you that years ago when our two daughters were still little children and they were growing up, we both agreed that our first responsibility as parents must be to bring them up properly, educate them and to see that they are properly married and settled in life and then she would be free to devote herself to the wider family of Humanity. She kept her word and I kept mine. My daughters grew up. Credit for bringing them up naturally goes to her, because I was really very busy with my official duties and she gave me tremendous support by looking after the children, and the house and taking over every possible responsibility except my office work, which I kept to myself. Now, when the

daughters grew up, the question of their marriage came up and that was the test of her upbringing and the test of children and so I asked my daughters, "that now you have grown up, you have travelled widely, you have been abroad to many countries and well educated, it is up to you to decide in what way would you like to get married". But as my wife had brought them up in true Indian tradition, both of them said, that it was our duty as parents to find proper bridegrooms for them and so whatever we decided was their decision. Living as we were in Bombay, the people there sometimes did not even believe that girls, who have been so well educated and widely travelled etc. would get married in our traditional Indian style and custom, following ancient Indian values. So as parents, we found bridegrooms for them, both are happily married and well settled.

Ever since then, my wife has been devoting her time, not only time I would say her soul to *Sahaja Yoga* and I have seen how wonderful her endeavours have been. In a world that we live in, when you look up the newspapers in the morning, you find strife, trouble, accidents and so on. She wants to bring peace, peace in a spiritual sense. Where there is animosity she wants to substitute love for that, where there is bitterness, she wants to substitute harmony for that and bring spiritual development of the individuals. Now, to my way of thinking, the world is in turmoil. Not only in India, there is trouble everywhere. I find that really human being is in turmoil, within himself and outside. And then what is the need of the hour? Rich countries are no better. They might have more material goods but inside they are even more troubled than we

are. We, in India have a certain degree of contentment. We have a rich culture behind us, we have wonderful tradition. Our marvellous traditions have a very happy blend of materialism and spiritualism. In the West, spiritualism has declined and therefore, there is more inner turmoil. Everywhere, the people are looking for something. They want to know what is beyond this material world we see; what is our destiny as human beings. There is now, a moment in human history, when some new revolution, spiritual revolution has to come about if the humanity is to be saved, otherwise war, conflict, strife will destroy humanity. It is in this context, I see in *Sahaja Yoga* the beginnings of a new movement for humanity and I, therefore, wish to assure you that I feel proud of what you are doing as *Sahaja Yogis* and *Sahaj Yoginis*—true selfless love for each one, for everyone, true dedication to the ideals which are being promoted and these are wonderful values.

I have seen the wonders of *Sahaja Yoga* in U.K. and I might tell you, what I have seen I lead a very busy life because of my responsibilities but once I was very grateful to my wife and *Sahaja Yogis* when they invited me to a function, about a month ago and there I saw a group of, may be 200-300 people, old, young, middle aged and children. They all seemed like happy family. They had come from different parts of the country. All were together, happy and cheerful with a face which exuded a certain amount of divinity. They were happy and peaceful, very different from the usual crowd you see, full of tension, anger and bitterness; nothing seemed to affect them. One thing touched me most was that several ladies came one by one, some of them with tears in their eyes, came

to my wife, while I was sitting by her side saying, "Mother, you have saved me and my son, who had gone astray, had taken to drugs and alcohol and has now been saved. He has come back to the family. Now we are a joyous family. How can we thank you enough for this?" Another lady comes along and says", My daughter was going the way, we did not like and your Sahaja Yoga has brought her back to the family and now we are a united and happy family again". To my way of thinking, even if one individual can be saved in this fashion, it is a unique achievement. If two can be saved it is better but if dozens and hundreds can be saved it is marvellous. I feel this is a movement which holds great promise for humanity, provided it is pursued strictly in accordance with your values. Values are very very important, particularly in today's world. Though, there has been a decline all over the world in these values which established our human society, yet we need to revive our values, and sustain them. I want to assure you that values in India, my own country, and I say so in all humility and sincerity, are about the best as anywhere in the world. There is no country better than India, there are no people better than Indians, if only we remember and become Indians. Being born in India is not enough, we must respect the values, which make India a great country, and Indians, the wise people. Our tradition is marvellous, very very rich. But we sometimes cease to be ourselves. Now, if we become true Indians in the path of wisdom, which our forefathers laid down for us and we really develop spiritually ourselves the way this lady, my wife, is propagating, I have no doubt at all, that a wonderful spiritual uplifting is well on the way.

With these few words I want to express my deep gratitude to all of you for the love that you are giving my wife, because you represent a fulfilment of her dream; it was her dream to build up a certain togetherness—a togetherness of spiritualism, a certain awareness of ultimate reality. Therefore, your presence here is to me the embodiment, the fulfilment of a dream she always had. I want to thank you for all the love and affection you have for her. I thank you very much for the kindness shown to me today. I can only say that if in any way, my activities can be of slightest assistance to her, she has them; she has all her time for Sahaja Yoga and I am very happy about it. I wish she had not 24 but 48 hours in a day. Whatever is available, she devotes herself in a very nice way. It is always embarrassing to talk about one's own wife, but this relationship is just a fact of life and there is a higher relationship that you have with her.

There are many qualities in her, which you may not perhaps see. She has believed in not taking but in giving always. You know we have relations of all kinds, some are well to do; many not so well to do; some are poor, some are in need and whoever gathered within our precincts at any stage of our service life, whatever we had, it was always shared between my children and other children in exactly the same way, and there never was a slightest difference between our own daughters and other daughters or sons who had gathered. This was from the very beginning. This is the kind of person that she has always been and therefore, I am not surprised that she is flowering into a spiritual person. Divinity is her own right. This is not something which has just happened



today. It has been there for sometime. It is becoming known more, now. The movement is spreading. It is a movement which is voluntary. U.K., France, Germany and other European countries, Australia and of course, India is the motherland for this. May this movement grow. May more Sahaja Yogis participate in its activities and may we revive in India the great Indian spiritual values of which we should justly feel proud. I shall conclude now, by thanking you for the honour you have done me today and the very thoughtful gift which you have chosen to present to me—Goddess Lakshmi. May Goddess Lakshmi shower on you all her blessings—*Always*.

*Later, Her Holiness Mataji addressed the gathering thus :*

It is very embarrassing in this way to speak about Mr. Srivastava. Today, I am very happy that you are honouring him because if he was not supporting me I could not have done anything. Apart from that, as he said about values, I have yet to come across a person who has values as Mr. Srivastava himself has. The difference is that you can imbibe values after self-realization very easily, but even before self-realization he has them. He is a very honest man. He bought ships worth crores and crores of rupees and never he thought of any kind of dishonesty and he is a man of great discipline. I think what we lack is discipline. As it is, the countries which are disciplined have themselves grown very much and helped others to grow. But if Sahaja Yogis do not have discipline of Sahaja Yoga, then Sahaja Yoga will be like any other nonsensical institution Mr. Sri-

vastava's discipline is so great that I do not know how he manages it. For example, for time, he is so particular, so also for consideration of others, for attending to his work, to see the people who come to see him, to see what he has to say, how far to say, what to say at the right time. There is so much Sahaja in him, so much inborn in him that at the right time, he will say the right thing. And above all the brilliance, he has, so much that he comes to the right conclusion immediately. He was not a realised soul, now I think he has touched the Sahastrar. But even before this, he would reach the right conclusion. As you have seen about Sahaja Yoga also, he has taken a right attitude. To take the right attitude is only possible, if you are really intelligent otherwise, those who are not, cannot. Pure intelligence means that there is no bias of ego or super-ego, no conditioning and you could see it in its pure form. You can see that he has allowed me to work. To accept that I should do all this work is in itself a very big sacrifice for a man. None of you would allow your wife to leave you for 3 months. It is a great sacrifice but because he has seen that this is the way, he not only allows me, but you know how generous he is about everything. We see things and even understand rationally that this is good, still they are not identified with ourselves. While I see in him, his own discipline; when he rationally accepts something or thinks that it is correct then he just does it. This is something which you have to learn from someone who has done this all his life. I used to be amazed, as to how he used to identify! There is so much integration in his actions and his understanding. This is something which really surprises me, because after realization after great *Tapasya*, one can achieve such a integration. We say one

thing and do another, like so many people who criticise this, criticise that but when it comes to them, they will do themselves the same. If he has risen high; many people say that it is Mataji's blessings even if it is partly that; still I would say that anyone like him would rise, specially in a country like ours, where people see the honesty and integrity and high moral character as something special. Since I have come to India this time, he has been honoured by so many institutions and so many people that I was amazed, how much he is respected. After all, he is like any other beaureacrat, otherwise but the way he is identified with the ideals. He is a man of ideals. I am not an easy wife to live with because, as you know, I do not allow any hanky-panky in my own life. When he joined Indian Administrative Service, you won't believe that he was first selected in Indian Foreign Service. He was getting much more pay but I told him that first we have to serve our own country and not go abroad to foreign countries. He accepted to join I.A.S. not because I asked him to but because he thought it was proper that we should serve our motherland. He suffered a lot in I.A.S. but he still stuck to his ideals. I think, one should really imbibe from him this discipline of mind. This discipline of the mind is that, whatever one should accept with one's mind, should be in one's action. You should be proud of your virtue. As you know, what company and status he has but he does not drink a drop of wine. One may just say that it is because of Mataji. But, I have never told him to do so. Of course, I have said that I don't like drinking, but I have never told him not to drink; I am not in that way interfering at all. I have never told him about Sahaja Yoga also in

this way. But it is his own understanding. If the people have that intelligence, then it would not be necessary for us to go round to persuade them.

Another thing is that when I was a child, my mother used to say that only Shankar can marry you, the way you are innocent and the way you are generous; because I saw anybody poor or needy I would take out everything from my mother's Bhandar (store) and give it. She would say "I do not know whom you would marry; the poor fellow will have to be poor like Shankar because you will give away everything that he will have". But I am like that, it is my Nature. If anybody says, I like a thing, I will forget and will give it to him. He has a complaint that I have even given away our engagement ring. But from one side I gave from other side it came. Now he knows that. This nature of mine is not easy for any husband to tolerate; the way I am generous. Again, my overloving nature for all of you. He understands that, I have tremendous feeling for you. Of course, when you come and disturb me, the people have been disturbing me much more now. Something happens, they must think of Mother, they must come. The emergency exists always; somewhere with somebody. He has been very patient in going through all this. He can understand me as my husband. He has all those qualities from his childhood. He is a self-made man, absolutely honest person, he never tells a lie, no hanky-panky, he never gossips I hate gossiping myself and he never gossips. Again, he has created an image in his international world that it is a family that he is looking after. So you people also have to understand, if you have to be Sahaja Yogis, you have to imbibe all these

*Values*, otherwise Sahaja-Yoga will be completely doomed. Sahaja Yogis have to come up, they have to decide that they have not to tell lies, they have to be honest, they have to believe that the God, the almighty is their father and he is going to look after his children. We have to change the map of this world, particularly of our country. It needs people of character and people who are fearless, who will face life as honest people. We have not lost anything; you have seen that with God's Grace when we had nothing also, we were happy. Once we had a theft and all my saris and all his clothes, everything was lost, nothing was left. As we had little money at that time and he had no clothes, so I told him to have his clothes first and I could not buy them for myself; I had only one silk sari for seven years. But we managed it and it worked out so well after that. Whether you have it or not, is not the point, the way you live your life is important.

Also, it is not easy to be my children, because I know what you do, I know everything about you. I also correct you, you know that. But when you are sticking to me, it also shows that you belong to a category of people, bent upon evolving and being better people through inner transformation. To be a Sahaja Yogi is not an easy thing; that you can pay some money and become members and become *Mataji's* disciples. Even where you have become my disciples, you have to pass certain tests and you have to work hard for it, you have to do a lot of *Tapasya*, living in your family. That you have been doing, so I feel very happy and proud of you as I am of him (Sir C. P. Srivastava) and I would like you to see how he has led his life. You can ask people, how he is so honest, so good, so compassionate, to all the

people. Whatever are our defects, we should see them first of all; we should not see the defect of others. We, Indians have particular type of defects, which we should try to cure. The other day, in our programme, some people came, who are starting an agitation in Maharashtra. I told them, "there is no use of starting an agitation because when you had the Govt., what did you do? At the most, you would form the Govt. again: what will you do then? They replied, "what could we do now, some sugar magnate has taken so much money, has hoarded all the things and has raised the prices and now he is cashing because he has been paying for the election!" I said, "Now you decide, from the Sahaja Yoga point of view, that you will not vote for a man who gives you money or sells votes for money. Even for food, we sell our votes; we do not have self-restraint". At least Sahaja Yogis must start. Let us all combine together and decide that neither will we have any dishonest methods from any corner, at any cost nor will we have anyone elected whom we know is not honest and upright. We will have to fight it, then only our country is going to improve. Now, to begin with we will have to do some sacrifices, as you have seen I had also to sacrifice. But it is not so difficult to sacrifice. I could see other women who had such a lot of ornaments and this and that but I have never felt like having these. Instead, I am proud of the fact that my husband is a man of virtue. This was the greatest ornament and pride that a woman can have. In the same way all Sahaja Yogis and Sahaja Yoginis must think of virtues. We have a little bit to assert our will power; everybody has little weaknesses. Instead of justifying it, they should just try

to assert own will-power to cure it. I am sure a day will come when Mr. Srivastava will see this country changing in real fashion, as he himself has been changing and may be one of these days, he will work side by side with us. We need such people who are seekers of divinity, and have come on this earth to transform this pattern of things. May God bless you.

**Articles**  
&  
**Experiences**  
are requested

*What is it ? . . .*

*It is an awakening in the spirit, it is an awakening in the inner depths of the heart . . . Yes, the spiritual awakening is the most essential thing in man's life, and it is the sole purpose of being.*

Secrets of the Heart by **KAHLIL GIBRAN**



**Shri C. P. Srivastava**

## **Thanks !**

**O**ur heartiest felicitations to Shri C. P. Srivastava for his unanimous re-election as the Secretary General of International Maritime Conference. Consequent to his re-election for another five years, London will continue to be a unique place of the world in being the centre for Sahaja Yoga activities. We enjoy the happiness of London Sahaja Yogis and pray for all-round success to them in their efforts to spread sacred knowledge of Sahaja Yoga.

Mr. Srivastava is the first and foremost, the only patron of Sahaj Yoga. He has been gratuitously and silently meeting the expenses of all programmes. Thanks to his generosity, our beloved Mother is able to travel to meet Her disciples in different parts of the world and grant

en-masse self realization. All Sahaja Yogis join to gratefully acknowledge the valuable assistance of Mr. Srivastava to the Divine work and pray for his success, prosperity, health and happiness.

# FEARLESSNESS

A realized being is someone who has felt the wind of the Spirit and whose *Sahasrara Chakra* has been opened. He is not yet a real Sahaja Yogi. A real Sahaja Yogi is someone who understands and realises in his life a few basic principles of behaviour. One of them is fearlessness.

Fear is a cloud full of murmurs and, sometimes full of horror which spreads from the left side through the heart chakra into the field of consciousness. Why do we fear? Some of the Sahaja Yogis are saints whose *Ida Nadi* still store the memory of past lives' persecutions. Some others, in their seeking explorations have been exposed to the various aspects of hell. And a few are just plain cowards. Yet, fear is nothing but a cloud! It has no substance, no reality. Actually it is fear which creates its own object: the thing we fear is created by fear itself. For, there is simply nothing to be afraid of within the glorious beauty of reality. This reality can be encompassed in one statement: Shri Mataji Nirmaia Devi, Mother of Sahaja Yogis is Sakshat, the incarnated *Adi Shakti*. This is a fact. This fact cannot be affected by mere opinions about it. Do we realize that Her Power is beyond the scrutiny of the *Trimurties*? Have we read in the *Devi Mahatmyam* how the gently smiling Goddess became an enraged demons killer for the sake of Her children? Do we understand again that this is not a mythological tale but the actuality? How dare we fear? Really, if we look straight into our various fears, they will vanish: the clouds dissipate when searched with the stronger beam of enlightened attention.

Shri Mataji always says: "Never forget that your Mother is very powerful, that, She knows everything and that She loves you very much". So, to become fearless, a Sahaja Yogi has simply to realize the truth, the depth and the power of this statement. To do so, we need actualizing the nature, the divine nature of our relationship to Shri Mataji. And the One who can help us in this, is the great child-God: Shri Ganesha-Christ.

So, it may well be concretely helpful to pray in our *mooladhara* and *agya chakras* so as to become better aware that we are sakshat children of the *Adi Shakti*. And we should also pray *Shri Jagadamba* in the heart chakra to bless us with a strong feeling of security. The key to the success of these prayers is, of course, surrender.

Indeed, a Sahaja Yogi can always take refuge behind the indistructible all pervading cosmic shield of *Shri Bhagawati's* attention. And then we also become Her swords, because the fearless attention of an enlightened being starts burning away many forms of negativity. Fear itself is afraid of you when you are fearless!

With my best regards and  
JAI MATAJI  
Gregoire de Kalbermatten  
ZUERICH

# कबीर और सहज योग

देखि देखि जिय अचरज होय,

ईपद वृक्षं विरला कोय !

धरती उलटि अकासहि जाय,

चिउंटी के मुख हस्ति समाय !

विनु पवने जो परबत उड़े,

जिया जन्तु सभ विरछा बूड़े !

सूखे सरवर उठे हिलोर,

विनु जल चकवा करै किलोर !

बैठा पंडित पढ़ै पुरान,

विनु देखे का करै बखान !

कहँहि कबीर जो पद को जान,

सोई सन्त सदा परवान !

संत कबीर दास ने इस पद में सांकेतिक प्रतीकों के द्वारा कुण्डलिनी-जागरण की साधना का वर्णन किया है। उनका कहना है कि यह देख कर मुझे आश्चर्य होता है कि संसार में आकर जीवात्मा अनेक साधन-पद्धतियों में फंस कर, स्वर्गादिक अनेक सुखों की कल्पना के प्रति आकर्षित बनो रहती है, किन्तु आत्म परिचय अथवा आत्म साक्षात्कार के लिए प्रवृत्त नहीं हो पाती। इस तथ्य को कोई विरला सूर ही समझ पाता है। सुरति योग अन्तर्मुखी वृत्ति अथवा उलट बांस करके साधक उस पद को पा लेता है। अर्थात् सत्त्वावस्था में उच्च-पदस्थ होता है। उस अवस्था में जड़ बनी हुई

मूलाधारस्थ धरती रूप कुण्डलिनी ऊर्ध्वमुखी होकर आकाश रूप मेरु-शिखर अथवा गगन-मण्डल के लिए अग्रसर होने लगती है, अर्थात् जब कुण्डलिनी आज्ञा चक्र का भेदन कर सहस्रार चक्र में पहुँचती है, साधक निरविचारिता अर्थात् शुन्यावस्था को प्राप्त होता है। सात्विक बुद्धि अपनी सूक्ष्म वृत्ति के कारण चींटी स्वभाव की हो जाती है, उसकी सूक्ष्म निग्रह वृत्ति के वशीभूत होकर भवोन्मत्त गजराजरूप मन अपने वेग को अवरूढ़ पाता है। यही चींटी के मुख में हाथी का समा जाना है। आत्मसाक्षात्कार के बिना जो साधक साधना में लगते हैं उनका पवंतरूप मन अस्थिर ही रहता है, वह चंचल वृत्ति छोड़ नहीं पाता है। साधना के विकास काल में साधक का अहंकार रूप पवंत बिना वायु के ही उड़ जाता है। इस प्रकार, मन की उस चंचलावस्था में यावन्मात्र जीव, वृक्षरूप संसार में निमग्न हो जाते हैं। परन्तु आत्मसाक्षात्कार के बाद मन के स्थिर होते ही चित्त अपनी चंचलता को त्याग देता है और साधक के शुष्क सरोवर रूप असंग, निवृत्त हृदय में आनन्द की हिलोरें उठने लगती हैं। अर्थात् सीमित हृदय में ब्रह्मानन्द की अनुभूति होने लगती है। उस अवस्था में चकवा रूपचित्त बिना प्रकृति रूप जल के, तन्मयावस्था में सुखात्मक स्थिति का अनुभव करता है। संसार में बिना आत्मसाक्षात्कार के ही पंडित नामधारी लोग दूसरों को गलत उपदेश देकर भ्रम में डालते हैं। वास्तविकता यह है कि उस साध्य रूप पद की प्राप्ति के बिना, उसके सम्बन्ध में कुछ कहना सम्भव नहीं है। कबीर दास जी कहते हैं कि जो इस आत्म तत्त्व रूप पद को जानते हैं, वे प्रपंच-रहित होकर जीवन्मुक्त हो जाते हैं और ऐसे सन्तों की वाणी ही यथार्थ प्रमाण होती है।

## REPORT FROM RAHURI

### *Om Twamew Sakshat Shri Ganesh Sakshat Shri Mataji*

### *SHRI NIRMALA DEVI Namō Namah*

The turn of the year brought indescribable blessings to all Sahaja Yogis, of Rahuri and surrounding areas when our Divine Mother spent 4 days amongst them. The visit was unique and of unprecedented joy because H. H. Mataji's programme not only included the blissful *Kundalini Awakening* sessions at various places, but also for the first time *Shri Ganesh Havan* was performed on 31st December, 1980, and the first day of 1981, became a day of great rejoicing, when our dear brother Gregoire from Switzerland was married to Catherine, in a colourful ceremony performed according to the local Hindu rites in the holy presence of Divine Mother with the full participation of about 400 Sahaja Yogis of all ages, who forgetting the superficial differences of age, sex, language or nationality drank deeply into the gaiety of spiritual togetherness, expressing itself through spontaneous, tremendous flow of love and affection from their hearts, their faces, visibly shining with joy, like children bubbling with delight coming home together to the warm and protected lap of their everloving Mother.

On the morning of 29th December 1980, Sahaja Yogis from surrounding areas received H. H. Mataji at Rahuri Railway Station. Thereafter, during a brief stay at Mr. Dhumal's residence nearby, they were joined by 50 Sahaja Yogis from Australia, U. K., France, Spain, Portugal and Switzer-

land; all had Darshan of the lotus feet of the Divine Mother. The 'Haldi' ceremony was performed; in preparation of their marriage, the bridegroom and the bride were smeared with turmeric paste according to the local custom.

In the afternoon, there was mass Kundalini-awakening function held in newly constructed Vitthal-Rukmal temple in the village Aradgaon, which Mataji lovingly calls as Awadgaon (meaning King of the villages). Near this village a Sahaja Yoga Ashram is proposed to be built for which villagers have already donated land. Later in the evening, the Mother visited another village named *Manori-Renuka*. (Renuka is one of the names of Devi). A new Centre of Sahaja Yoga has come into existence, here. The Villagers are much impressed here because the villagers, who got their self-realization, and became Sahaja Yogis were able to completely give up drinking. Mataji was seated in a bullock-cart and taken out in procession by the villagers. In her speech, Mataji expressed her joy in working with rural masses, because they are more innocent, religious minded and have stronger faith in the presence of Divine power than the urban people. About 2000 persons got realization at this occasion.

On the morning of Tuesday, the 30th December, 1980, Mataji first visited the vil-

lage, *Takali-Miya*, which is named after a Muslim Auleya Saint, who lived there. The Mother said in her speech "that in the past, there are very few flowers like Miya of this village, but now the time has come when there will be very many flowers on the tree through Sahaja Yoga". She asked the foreign Sahaja Yogis, present to visit the holy spot where the Miya was cremated; and enjoy the vibrations there.

Next, she visited, *Musalwadi*, a village of great religious history. Here, Mataji, was taken out in a procession. She rode in a bullock-cart beautifully decorated with flowers and palm leaves, preceded by Sahaja Yogis and local villagers, at the accompaniment of the melodies of Indian music and playing of typical Maharashtrian "*Lazim*". Foreign Sahaja Yogis soon caught up the local enthusiasm and spontaneously joined the joyous dancing of the rural brethren, and were soon transported into the ecstacy of thoughtless state. In her speech H. H. Mataji expressed her great delight at the sight of her children, brothers and sisters coming together from distant parts of the world and greeting each other with so much love and affection, forgetting barriers of language and nationality. She saw how Vasundhra (The Mother Earth) was also overjoyed at the ecstatic dancing of so many realized souls and expressed it in the tremendous flow of chaitanya (Blissful Divine Vibrations) which was experienced by all. The dancing could be compared with *Raskrida*. With the grace of H. H. Mataji, a temple of *Adishakti* is proposed to be built at this village soon.

The last day of the year—31st December, 1981, will be remembered in the history of

Sahaja Yoga, as H. H. Mataji was worshipped for the first time as *Shri Ganesh*, with his thousand names. H. H. Mataji mentioned that the first piece of land and a big house for the first *Sahaja Yoga Ashram* has been made available at the village *Sangam* near *Pandharpur* ( Dist. *Sholapur* ) through the donation by the gracious lady (mother-in-law of Sh. Dhumal) who was present at the occasion. Through, *Havan*, we have offered our thanks and love to *Shri Ganesh*, who has purified the atmosphere by removing the *Badhas*. Now, the land for Sahaja Yoga Ashrams elsewhere, also will be available more easily and these will come up soon at different places.

During the evening, the Kundalini-awakening programme was held at Mahatma Phule Agriculture University, Rahuri and was attended by the Vice-chancellor, faculty students members, Agriculture Scientists Sahaja Yogis from abroad and different cities of India, viz., Bombay, Delhi, Pune, Satara, Dhule, Ahmadnagar, Shrigonda, Kopergaon, Niphad and adjoining villages of Rahuri in large numbers. H. H. Mataji said that there are limitations to the scientific research. The real search should be inside the human being. Man should actualise his potential by focussing his attention inside and should attain the higher plane of life. This can be achieved through Sahaja Yoga and is the right of all human beings of different countries, religions, castes, sex and age all over the world. To attain the higher plane of life is the further step of evolution of mankind in the play of the Divine. It is possible only through Sahaja Yoga in the chaos of this Kaliyuga and hence, Sahaja Yoga is in a real sense Mahayoga.



## Gregoire marries Catherine on NEW YEAR DAY

The night of 31st December 1980 and 1st January 1981 was of a very great delight. The mother went to the Public School at Rahuri Co-operative Sugar Factory where foreign Sahaja Yogis were residing and where the marriage of Mr. Gregoire, the author of first book on H. H. Mataji "The Advent" and Miss Catherine was to be held. Next Morning, on the 1st January, 1981 was celebrated this marriage. The Sahaja Yogis of Rahuri, formed the Bride's party, while Mr Gregoire's brother, Arnew, his wife and his sister and all other Sahaja Yogis from foreign countries and different places in India formed bridegroom's party. All ladies, from bridegroom's party, according to local custom, put on beautiful bangles, provided by bride's party. The Melodious strains of Shehnai, heralded the start of the ceremonies, in gaily decorated school compound in typical festive atmosphere. Mr. Gregoire, dressed like a typical Indian Bridegroom with turban on his head, and sword in his hand, mounted on a well-decorated white horse and went in procession accompanied by a playing band and about 300 Sahaja Yogis forming the bridegroom's party to the temple of Shri Maruti (*Hanumana*) for puja and then returned to the marriage Mandap.

The main ceremony began with puja of H. H. Mataji as Gauri by the bride and

followed by '*Kanyadan*' by Mr. and Mrs. Dhupal, who officiated as bride's parents. The marriage ceremony was performed followed by the *Hom* and *Saptpadi*. Then, the newly married couple sought blessings of H. H. Mataji. This was followed by Lunch, which was hosted by Mr. Goegoire. The marriage concluded after presents-token of their mutual love—were exchanged between the newly married couple and Sahaja Yogis from various places.

During the same night H. H. Mataji returned back to Bombay. All the Sahaja Yogis were present to see the Mother off at the Rahuri Railway Station. Since the train was late by a couple of hours, it provided further opportunity to us of enjoying collective Bhajan-Singing, on the platform in the company of our Mother. Next morning, all the Sahaja Yogis, including the newly wedded couple left on a sight-seeing tour of Aurangabad, Ajanta and Ellora Caves via the nearby hallowed spot, *Seeta Nahani*, the place where *Shri Ram* and *Seetaji* lived during their *Vanvas* (exile in forest).

The four day visit of H. H. Mataji was full of immense joy, which progressively increased on every succeeding day.

**S. T. Kenjale,**  
M. P. Agriculture University,  
RAHURI



# Mataji's Horoscope

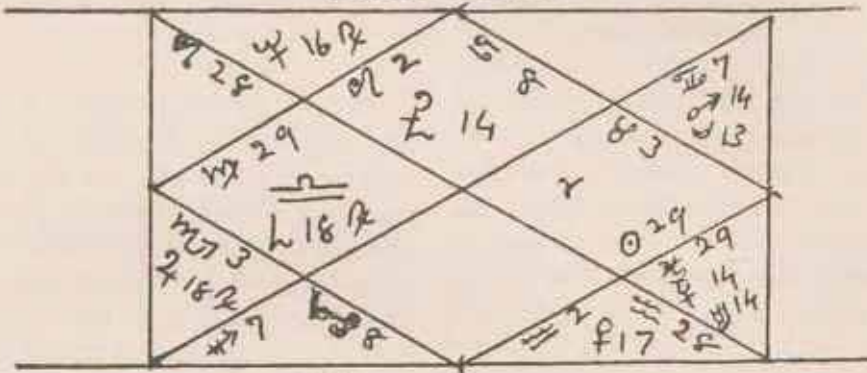
Her Holiness Mataji Nirmaladevi Srivastava.

Born: 21 st March 1923 @ 12.09 P.M.

at Nagpur. 79 14 E  
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Noon

Sayana Chart.



☉ MC

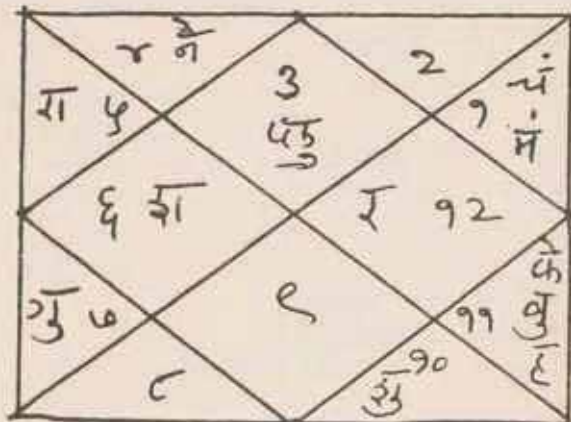
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Nirayana Chart.



MATAJI was born at Nagpur at 12.09 p.m., I.S.T (noon time) on the 21st March 1923. At this moment, taking into consideration the local time of Nagpur, the Sun was exactly on the Meridian in full glory, and being in the zero degree of Aries or the 30th degree of Pisces, the Sun in that position made a Rajayoga (i.e. an aspect for leadership and prominence in life), which has endowed her with the Sun's glamour and power.

Her rising sign is Cancer and the Ascendant is in the 8th degree. The Ascendant in Cancer makes her a Mother of the Universe, a Jaganmata, as the Ascendant is strongly aspected by five planets, Jupiter, Mercury, Uranus, Mars and the Moon, while it is occupied by Pluto, which itself forms grand trines with three of the five planets and sextiles with the others two. Her spiritual powers arise mainly from this combination of aspects in the angles of the chart. Also, the position of the planet of spiritual life *viz.* Neptune in the second house indicates that her wealth accumulation is spiritual. It is interesting to note that the current position of Neptune in the transit is near the cusp of the sixth house. This shows that her main work in the years to come will be solely in this field.

The Lord of the Ascendant Moon, is exalted in Taurus strongly posited in the 11th house, conjunct Mars, which is Lakshmi-Yoga, and invest her with divinity. She is thus the incarnation of Mahalaxmi. She is destined to live richly like a Goddess. Her aristocratic origin is further indicated by the exalted Saturn in the 4th house, who being the lord of the 7th house (Capricorn) has

brought her into matrimonial union with an eminent official. This same Saturn makes for *vairagya* i.e. a distaste for worldly life and renunciation.

Jupiter strongly aspected in the 5th house, makes her a Mother-Teacher, and as he is trined by three powerful planets and squared by two and opposed by two, Mataji will have a most eventful life as a World Teacher. It will all bring a great renown, an enormous following all over the world, a lot of conflict with evil.

Saturn, strong in the 4th house, gives much longevity, great distinction towards the end of life, a lot of power both spiritual and temporal, although it inclines her to some solitude also in old age.

International fame is indicated by the presence of a strong Uranus in the 9th house, trined by Jupiter, Pluto, and sextified by Mars, and Moon. Also, the Mercury-Uranus conjunction gives Mataji great eloquence and invincibility as a debater.

The T-square formations between Moon-Mars, Venus, Jupiter and Neptune, indicate that some of the plans of Mataji might be hindered by obstructive activities of evil and negative forces. Also Mataji might have to steer through conflicting loyalties and aims, of some of her so-called followers who are enemies in disguise. But despite all this, she will find her way to the goal of her life, *viz.*, universal Self-Realisation!

Altogether, a great and powerful chart of a truly Divine personality.

**O**ur beloved Mother Shri Mataji has explained to us quite often that Sahaja Yoga is a dynamic, living process. Sahaja Yoga nourishes itself through itself and grows for itself. This dynamic, tremendous movement of positivity is ignited by our spirit which is the reflection of our Mother's divinity in our being. Every Sahaja Yogi's spirit is a part, a cell of Shri Mataji's body. This spirit must be activated to become a dynamic power, ready to attain and gain the hearts of the seekers who are still searching God. As Sahaja Yogis we must understand how to use our spirit, work with and leave our EGO and our misidentifications.

When a new person gets his realization and stabilized his feelings and beliefs, the Unconscious will give him signs to help him to strengthen his faith towards Sahaja Yoga. Because he is still weak and shattered he goes up and down, very sensitive towards other people, catch from them and put his attention on other's negativity without knowing that he gets identified by this negativity. It is the first step where he may become a lethargic, trying to avoid those who did not get yet their realization, afraid of some "boots" hanging around in the air. But when he grows inside, discovering the subtleties of Sahaja Yoga and feeling the manifestations of his spirit, he gets out of his mood of fear little by little, leaves his shell which covered his spirit and did not allow him to see around.

A Sahaja Yogi, when his faith is settled down in his heart must manifest his spirit more and more. As our beloved Mother told us, we must express our desires. But what is desire? *Desire is will put into action.* What should we desire? Not to have more

money or more success in life, *but we should desire our spirit to act.* What does our spirit desire in order to act?

The spirit desires to manifest his essence of joy outside and to spread the flow of the divine vibrations of our beloved Mother. The spirit desires to be fully itself, bound to the *Adi Shakti*, and to increase the channels which unite us to Shri Mataji. *So we have to let our spirit manifest its desire.* If we do so, the spirit will do the job. *It will automatically act.* Enjoying its own fulfilment, it will express its joy through action and enjoy it's own action. The spirit will be the motor of the engine, ready to go and put the Sahaja Yogis wherever and whenever he likes; that

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## ACTION RELATED TO SPIRIT

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means every Sahaja Yogi can be in thoughtless awareness wherever and whenever he likes, *because it is his spirit which act, and not his EGO.* Then, the more our spirit acts, the more our EGO decreases and we are able to see our own beauty enlightened by this spirit.

But to train our spirit to act, it would be foolish to say. "Now, Mr. X let your spirit act". It would not work. No, let's jump into the water, let's work and live like the others, let's mix up ourselves with the "others" so that they can discover us only through the inside to the inside, from their heart to our heart. And the more we confront them, the more we train ourselves and the more we

use the powers of Sahaj Yoga. These are the powers of love and understanding, a perfect balance between patience and determination, tolerance and courage of telling the truth. Confronted with them, we learn how to adapt ourselves to every kind of situations, every specimen of "boots" and so we strengthen ourselves. Little by little we know how to deal with them and especially we begin to understand that it is only through the action of our spirit that we can show authority upon them. When we meet Shri Mataji, we meet the Absolute and we receive the Absolute. So let's be Absolute through the innermanifestation of our acting spirit.

**We, all the Sahaja Yogis, should pray to our Mother to let us act through our spirit, because our spirit which acts, desires the other Sahaja Yogis to act too and so the collectivity increases.**

If we want to spread Sahaja Yoga all over the world, we must let our spirit act so that we can improve the tides of love among ourselves and move together under the divine attention of our divine Mother **Adi Shakti, the Holy Spirit, the desire of God Almighty, the Redeemer of the Humanity, the Absolute of all Absolutes**, and so it knows to that the Absolute does not move because **He** is the integration of all integrations, the action of all actions as well as the inaction of all inactions. In this sense every Sahaja Yogi's spirit must grow in order to understand that desire put into action means to move closer and closer to this **Absolute** and let flow into the collective being the incomparable love and the extraordinary beauty of his **Divine Mother**.

**Maria-Amelia et Arneau de  
Kalberamatten**

*With best wishes from :*



**Jagannath Surendra Kumar**

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# 卐 NIRMALA VIDYA 卐

“It is the special power by which we do *All Divine work*, even forgiving. When you say, “*Mother, forgive us*”, the technique by which I forgive you is *Nirmala Vidya*. The technique by which I love you is also *Nirmala Vidya*. The technique by which all the *Mantras* are manifesting themselves and are effective is also *Nirmala Vidya*. *Nirmala*—means pure, *Vidya* means knowledge, *Nirmala Vidya* is purest knowledge or the knowledge of this technique. It creates loops, the energy creates loops and creates also different formations by which it acts and draws all that is unwanted, impure & fills it up with its power. It is a technique, a divine technique which I may not be able to explain to you fully because your instrument does not do that—you don't have that instrument.

But now you see, how subtle it is. Only by saying “*Nirmala Vidya*”, you just invite that power, the whole thing, the whole technique to attend to you and it attends to you. You don't have to worry. It Never happens in any government or anywhere in the world. You just address the Govt. and the whole thing goes into work, in the whole the entire universe, every creation. That technique is called *Nirmala Vidya*. That technique once mastered, by surrendering into it; it completely obeys, absolutely. But it is *Ganesh Shakti*, *the Shakti of Innocence* is the power called *Innocence*. The whole power because it is *Innocence*. So the *Innocence* takes over, which manages. That's how it works out.

Then It goes on rising and called *Para Shakti*, beyond power, then becomes *Madhyama* and all that. It comes upto the *Vishuddhi* at the left. There you become guilty. Because of your guilty nature you say things that are harsh. Left *Vishuddhi* is the catch of the *Ganesh Shakti*. *Ganesh* is *Sweetest Thing*, you can think of Even when you look at *Ganesh*; this *Kautuk* (कौतुक)—this innocent admiration starts flowing. Just think of him, you feel so happy. That *Innocence* becomes harsh on left *Vishuddhi*. So to overcome your left *Vishuddhi* all of you; are to use Sweet Words. Your language should be Sweet to everyone, especially (*Men*) must speak Sweetly to their wives. Now, that *Sweetness* will cure your left *Vishuddhi*. Always speak

very *Sweetly*, try to find out all the *Sweet Words*. The Sweet methods of addressing is the best way to cure your guilt because if you say anything harsh to anyone; you may say so as a matter of habit or may be because just you feel happy by saying that, but as soon as you say it, you say, 'Oh God, What did I say, That is the biggest guilt. One has always, to try to find out sweet words. Now, the birds are chirping. In the same way you have to learn all the sounds of everything by which you make people happy by your sweetness. It is very important. Otherwise, if your left Vishuddhi grows too much, you will develop a way of talking by which your lips will get distorted towards left side.

Then the flow starts higher, in the Ajnya Chakra, where the Ganesh Shakti becomes the Greatest Power of Forgiveness. Then it rises higher into the limbic area where Ganesh Shakti goes above the Surya, the super-ego comes up and this power is that of the Moon and this *Moon* is *Spirit*, this becomes *Spirit* and it sits on the head of *Sadashiva*, that is the same. The whole Ganesh Shakti's evolution, you see, it is so beautiful. So this way our desire itself becomes the spirit, your desire and Spirit become one-but this hurdle can be very bad sometimes. You have seen, that all of you who have left Vishuddhi; when you speak harshly you must know it is not you, who is speaking. No, because you are the *Spirit*, *Spirit* cannot say anything harsh or destructive. It only will say harsh, when it is necessary to little bit remould. But that you don't take over. That will be done by somebody else—'

MATAJI

at RAHURI on 31-12-80

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*My beloved Mother,*

It is with great joy that I am writing to you, Mother, in that blessed land of India, where by your grace I gained the realization of myself. My whole being thrills with excitement, that in just several more weeks I shall be with the one, who has bestowed upon one of Her children, the gift of knowing one's self.

And of course, Terence feels just the same. When we left you, Mother, in Delhi we were in all truth somewhat apprehensive of the future. We had been close to our Mother for 8 weeks and in the warmth of Her being we felt secure. When we left you, we felt like rather fearful baby-birds taking their first tentative flying lesson. And the confidence was far from established. Then when we arrived back in Australia we said "OK Here we go and take a big jump" And we found that our wings did work and we knew that the confidence would come. The desire to grow was there no doubt. So, with Mother's love, we surged ahead and took great joy in all the new discoveries and fresh challenges and especially in finding joyful company in 'other baby-birds' which were learning to fly with us. As time went by, we had so many cases where our Mother's ever-watchful eyes and loving and caring kept us on the right way and stopped from getting too badly bumped.

So we were giving others self-realization and this was the greatest joy. And what has happened this year, Mother has just been your love and grace. We have really done nothing—just the grace has been flowing and how blessed we all are. All thanks to you, Mother 'O Adi Shakti. Needless to say

# Jai Mataji

to you Mother, we have made many mistakes, for which we sincerely beg for forgiveness. Our ego, super ego, lack of precise knowledge, our often 'not so clear vibrations many mis-identifications and conditionings—all these things make us so unworthy of your continuous and overflowing grace. But the love has always been there. Many of your children have, by your grace, gained their self-realization here in Australia. This, very naturally, has given us and all the Sahaja-yogis and Yoginis great joy. There will be about 35 of your Australian children coming to India to be with you and the joy that they feel inside cannot be described.

India gave us so much and taught us so much that we wished that as many as possible should gain these blessings and experiences, first hand in India. We are so grateful to you, Mother that materially so many have been able to afford to come to India. We have been so blessed by you in all these ways. Many have given up their old homes where they lived in isolation and with all sorts of misidentification and in giving up these attachments they have been given back so much more. (Sometimes the process of giving up has been painful; but by your grace the determination and will have been triumphant) Many have had to give up very gross sexual misidentifications and this has been and is a real battle in this Kali-yuga. The war is on and we are winning. That is the important thing and it is all thanks to Mother's grace that the inner strength prevails.



We all have much work to do so that our spirit can more and more manifest and so that we set our vibration right. We are confident that with Mother's everflowing grace it will just happen.

You have met Barbara and Kerry and their letters have been so filled with joy. And yet Barbara's letter which came just today is so full of Shri EGO that we had to laugh. How Mother plays with us to teach us! One lesson many of us have learned this year is that if we get into ego or super ego our Mother will give us more and more of such situations and in the end we will fall over and then face the real situation and put down our 'Balloons'. Everytime it happens in myself and others, I just laugh out loudly.

So again, Mother please forgive us, if in our work here in Australia we have transgressed too badly, or if we have not always shown wisdom, or our ego and super ego have blown us too much. All we now ask is that we can come to our beloved Mother and sit at her lotus feet and imbibe Her Divine Love and Her Nature and learn more of that

Divine wisdom which just flows and flows. What more can we ask that the drop becomes the ocean.

We are coming to India with joy, with awe, with humility and most of us are coming to worship our Divine Mother, the creator of this Universe and in whose being reside all the Deities that have been manifest and unmanifest on this beautiful earth. May we more and more please these Deities that are a part of Adi-Shakti, now manifest in Her in complete form and with Her complete powers. In so doing with a pure heart we can more and more know God both manifest and unmanifest. Thus, may the self become reunited with God Almighty. This is our prayer 'O' Mataji Shri Nirmala Devi.

With love and respect from all of us in Australia,

WARREN & TERENCE  
10-Catherine Street,  
Liechhardt 2040 NSW  
AUSTRALIA  
10th December, 1980.

## AN ENCOUNTER WITH THE TRUTH

I realised the importance of vibrations and kindness of our Divine Mother only during the days of my final MBBS examination. HH Mataji gave me realization in October 1979. Since then I cherish this precious gift of God. I was a topper in my middle school days but thereafter I hardly ever got good marks. So, after the realization, I thought I would again score highest marks.

I was preparing for my third terminal exams when I came to know of HH Mataji's programmes in Delhi, in February 1980. As time was very short, I attended the programme on one Saturday with a wish in mind to ask the Mother for blessings to stand 1st in final examinations. To my surprise it appeared that the Mother had understood my wish, as She told the story of a girl who topped in all activities, which

made her an egoist and a tom-boy, to every body's annoyance. I understood that my wish was unwise as a top position would bloat my ego and cause my dissent on the spiritual path.

One day, in the third terminal examination I was to write my Gynaecology Paper. Before starting, I prayed to the Mother before her photograph "Ma, please do such a miracle that only the questions I am prepared for, are asked in the exams". Perhaps no vibrations came. I entered the examination hall with a curiosity, as to whether my prayers would be answered or not. I was shocked to read the question paper. Everything asked appeared to be greek and latin and no choice was allowed. I felt dismayed at the mother's decision!! Somehow I answered the questions but failed in that subject. I told myself "Doesn't matter, it is just a home exam. Please Ma, lest this would repeat in final examinations also". Further I decided to study that subject properly, as inadequate preparation was the main cause of my failure.

My final examination came. Medicine was the first subject. Despite studying hard I felt nervous and felt that my preparation was not upto the mark. I stood in front of Mataji's photograph and prayed for help. For a moment I felt as if I was bathing in a shower of vibrations!! Next day, i.e. on the examination day, I was very much scared. Before leaving for the exams I said my

prayers, but avoided my earlier mistake. I said 'Ma, please give me blessings—so that I may be able to attempt every question, howsoever difficult it may be'. I received the blessings through the divine / vibrations which were almost poured on me. I bowed before the Mother's photograph and left.

And lo! As I finished the question paper I realised that I had answered all the questions very well, although I had not prepared for them. This was repeated in respect of all subjects. I had fared much better than I could even dream of. It became possible only due to the Mother's grace. I did my practical examinations also and my final MBBS examinations were over.

The result was a pleasant surprise. I had topped in Medicine ; scored very good marks in the subject in which I had failed in the third terminal examination & stood fourth in the class. Yes, my position was quite high and still it would not puff up any ego. I bowed to the Mother's photograph, with tears of joy and gratitude rolling from eyes. How kind of our Divine—Mother to have fulfilled my wish without making me an egoist.

"Om Twamev Sakshat Shree Adi Shakti Mataji Shree Nirmala Devi Namonamah."

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