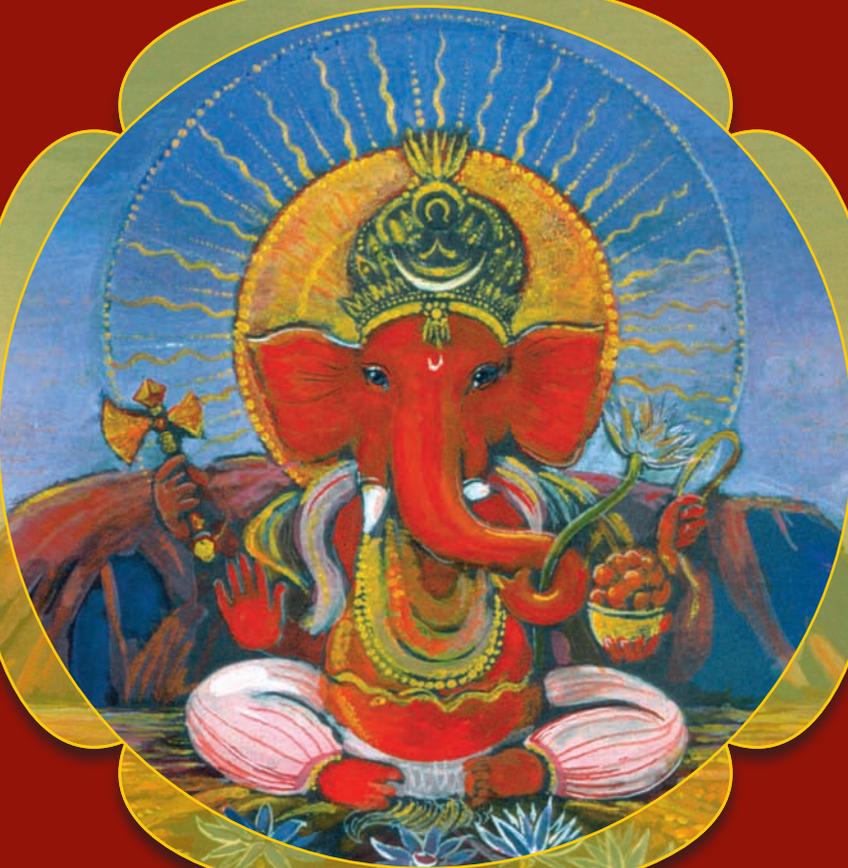


# SAHAJA YOGA SONGBOOK



AUSTRALIAN EDITION





*I am the Artist and I am the  
Art. But what about you?  
You are the one who is created, and  
you can create, and you can become  
the artist."*

**England: London, 6th, August, 1982.**



*YOU ARE THE Goddess of music, AND THESE SONGS.*

*YOU ARE THE MELODY OF THE MUSIC, YOU ARE THE OVERFLOW OF THE RIVER OF LOVE.*



To the Mother of all Music

To the Composer of all the Composers

To the Master Drummer and the Sweetest of Singers

We dedicate this book of devotional songs

To the Origin of all Bhakti

Her Holiness Shri Mataji Nirmala Devi

*ALL THE WORDS AND MELODIES - COME FROM YOU. I HAVE EXPERIENCED YOU IN THE NOTES*

*OF THE FLUTE. AND IN THE RHYTHM OF THE HEARTBEAT...*

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# SHRI GANESHA ARTHARVA SHEERSHA

**Om Namaste Ganapataye Twameva Pratyaksham Tattwamasi,**

Amen. Obeisance to Thee Lord of the Ganas You are verily the Primordial Principle,

**Twameva Kevalam Kartasi, Twameva Kevalam Dhartasi,**

Only you are the Doer, Only you are the Supporter of the earth,

**Twameva Kevalam Hartasi, Twameva Sarvam Khalvidam Brahmasi,**

Only you are the Remover of all obstacles, You are verily the all-pervading Brahman,

**Twam Sakshat-atmasi Nityam**

You are verily the Eternal Self (Atma).

**Ritam Vachmi Satyam Vachmi**

I say the law. I say the truth.

**Ava Twam Mam, Ava Vaktaram, Ava Shrotaram, Ava Dataram,**

Protect me. Protect the Speaker. Protect the Repeater. Protect the Giver.

**Ava Dhataram, Avanuchanam Ava Shishyam, Ava Pashchat-tat.**

Protect the Receiver. Protect the Master. Protect the Scholar. Protect me from behind.

**Ava Puras-tat, Avottarat-tat, Ava Dakshinat-tat, Ava Chor-dhvat-tat,**

Protect me from in front. Protect me from the left. Protect me from the right. Protect me from above.

**Ava-Dharat-tat, Sarvato Mam Pahi Pahi Saman Tat**

Protect me from below. Protect me from all sides/directions.

**Twam Vangmayas Twam Chinmayah, Twam Ananda Mayas,**

You are the Truth/speech You are the Consciousness. You are the Bliss

**Twam Brahmamayah, Twam Sat-chit-ananda Dvitiyosi**

You are one within the Brahman, You are the absolute Truth-Consciousness-Bliss

**Twam Pratyaksham Brahmasi, Twam Gnyana Mayo Vignyana Mayosi**

Thou art the manifest Brahma, You are the absolute pure Knowledge, and the Recognition.

**Sarvam Jagadidam Twatto Jayate,**

The entire Universe was Created by You,

**Sarvam Jagadidam Twat-tas-tish-thati.**

The entire Universe is Sustained by You.

**Sarvam Jagadidam Twayi Laya-meshyati,**

The entire Universe is Dissolved by You,

**Sarvam Jagadidam Twayi Pratyeti**

You are manifest in the entire Universe.

**Twam Bhumi-rapo-nalo-nilo Nabhah, Twam Chatvari Vak-padani**

You are the Earth, the Water, the Fire, the Air, the Ether. You are the four Parts of Speech

(Para, Pashyati, Madhyama, Vaikhari)

**Twam Guna-traya-titah, Twam Deha-traya-titah**

You are beyond the 3 Gunas (Sattwa, Raja, Tamo). You are beyond the 3 States of Being (gross, subtle, causal)

**Twam Kala-traya-titah, Twam Mooladhara-sthito-si Nityam**

You are beyond the 3 Times (past, present, future), You are always present at the Mooladhara.

**Twam Shakti-trayatmakah, Twam Yogino Dhyayanti Nityam,**

You are present in the 3 Powers (Mahalaksmi, -saraswati, -kali). Yogis always meditate upon you.

**Twam Brahma Twam Vishnus-twam, Rudras-twam Indras-twam**

You are Brahma You are Vishnu You are Rudra (Shiva), You are Indra You are

**Agnis-twam Vayus-twam Suryas-twam Chandramas-twam**

Agni (God of fire) You are Vayu (Wind) You are Surya (Sun) You are Chandrama (Moon) You are

**Brahma-bhur-buvah-swarom.**

the Brahma that pervades the three Worlds (Terrestrial, Celestial, Atmospheric) as the Omkara.

## **Ganadim Purvam-uchcharya Varnadim Tada-nan-taram.**

The consonant is uttered first (G), followed by the first vowel (A).

**Anusvarah Para tarah, Ardhendu-lasitam, Tarena Ruddham,**  
and finally the nasal sound (M), connected with the syllable, that brings release (OM),

**Etat-tava Manuswa-rupam. Gakarah Purva-rupam,**

This is the pure form of Manu's Mantra. The sound "Ga" is the first form,

**Akaro Madhyama-rupam, Anuswarash-chantya-rupam,**

The vowel "A" is the middle form, and the nasal sound "M" is the last form,

**Bindur-uttara-rupam, Nadah Sandha-nam Sanhita Sandhih,**

The Bindu (nasal sound) is on the top. One speaks it in one. Thus creating oneness

**Saisha Ganesha-vidya, Ganaka-rishih, Nichrid Gayatri-chandah,**

This is the Knowledge of Shri Ganesha, Ganaka is the Founder of this Mantra. The meter is Gayatri,

**Ganapatir-devata, "Om Gãm" Ganapataye Namah**

Ganapati is his divine Being, OM GAM obeisance to You, Master of the Ganas

## **Eka-dantaya Vidmahe, Vakra-tundaya Dhimahi,**

Let us meditate upon the Knowledge of Him with One Tusk. Let us meditate upon Him with Curled-up Trunk.

**Tanno Dantih Prachodayat**

May the One with one tusk enlighten us.

## **Ekadantam Chatur-hastam Pasham-ankush.-dharinam,**

He has one tusk and four hands The one hand holds a noose the other a goad,

**Radam Cha Varadam Hastair-bi-bhranam Mushaka-dhvajam,**

The third supports and the fourth offers blessings. He has a mouse as his vehicle

**Raktam Lambodaram Shurpa-karnakam Rakta-vasasam,**

He is red in complexion has a large belly and ears like winnowing fans He is clothed in red,

**Rakta-gandhanu-liptangam, Rakta-pushpaihi Supujitam,**

Red-coloured fragrant paste covers His body He is worshipped with red flowers.

**Bhaktanu-kampinam Devam Jagat-karanam-achyutam,**

He has compassion for his Devotees He is the cause of the world and is indestructible.

**Avir-bhutam Cha Shrishtyadau Prakriteh Purushat-param,**

He manifests before the Creation from the supreme Prakriti and Purusha,

**Evam Dhyayati Yo Nityam, Sa Yogi Yoginam Varah**

He who meditates upon You, Eternally is the highest among yogis.

## **Namo Vratapataye, Namu Ganapataye, Namah Pramatha-pataye,**

Obeisance to Vratapati Lord of Assemblance, We bow to The Lord of Ganas, Obeisance to the Master of Cupid,

**Namaste-astu Lambodaraya-ekadantaya, Vighna-nashine Shiva-sutaya**

Obeisance to the big bellied God with only one tusk, the Remover of Obstacles, the Son of Lord Shiva

**Shri Varada-murtaye Namaha**

The bestower of blessings and boons We prostrate before You.

**Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namu Namaha**

To the One Who is verily the Primordial Power Shri Mataji Nirmala Devi, we bow to Thee again and again.





# AARTIS







*verybody must remember by heart.*

*You see, all these songs must be remembered by heart. That should be the difference – we should know everything by heart and should be just able to say it out as we say the Aarti and things. We must remember it by heart. All the songs, if you remember by heart, it looks much better. And then they become mantras. Because you are all great yogis, and yogis remembering by heart is a big thing.*

**Australia - Melbourne - 16th March - 1985**

# JAY MANGALAMURTI

(*Arati to Shri Ganesha - by Shri Ramdas, c. 1650*)

## **Sukha** Karta **Dukha** Harta **Varta** Vighnachi

You are the One who offers happiness and removes sorrows at the time of danger.

## **Nurvi** Purvi **Prem** Krupa **Jayachi**

You offer lots of tender love and blessings

## **Sarvangi** Sunder **Uti** Shendurachi

You have red paste on Your body

## **Kanthi** Jhalke **Mal** Mukta **Falanchi**

and wear a pearl necklace.

## **Chorus:**

### **Jai** Dev., **Jai** Dev., **Jai** Mangalamurti

Victory to You, most auspicious One!

### **Darshan** Matre **Mana** Kamana **Purti**

Even by Your glance You fulfill the desires in our minds.

### **Jai** Dev., **Jai** Dev.

Victory, O God!

## **Ratna** Khachita **Fara** Tuza **Gauri** Kumara

The Goddess Gauri is present by Your side

## **Chandanachi** Uti **Kumkum** Keshara

Bedecked with gems and jewellery.

## **Hire** Jadita **Muguta** Shobhato **Bara**

The diamond studded crown on Your head adds to Your gracefulness,

## **Runjhunti** Nupure **Charni** Ghagariya

The anklets on Your feet make heavenly music.

## **Lambodar** Pitambar **Fanivar** Bandhana

I always have in mind Your long belly, Your pitambar (silk dhoti), Kundalini on Your stomach

## **Saral** Sonda **Vakratunda** Trinayana

Your straight trunk, Your innocent face with its three eyes.

## **Das.** Ramacha **Vat.** Pahe **Sadana**

The servant of Shri Rama is waiting for You in this house (body).

## **Sankashti** Pavave **Nirvani** Rakshave

Please protect us from calamities and sorrows. O Highest amongst Gods, we bow to You!

## **Survar** Vandana

**Saraswati Kalimatey**

The Mother Goddesses Mahakali, Mahasaraswati

**ARATI NIRMALA MATA****Chorus:****Arati Nirmala Mata**

Aarti to Mother Nirmala

**Charni Thevila Me Mata** } (x2)

I have surrendered to You

**Arati Nirmala Mata**

Aarti to Mother Nirmala

**Adi Shakti Kundalini**

Oh Primordial power of the Kundalini who

**Sarva Vishwachi Janani**

is the Mother of the Universe

**Nirguna He Rupa Tuzhe**

Your form is beyond the Gunas and now

**Zahli Saguna Tu Ata**

You have become Saguna (of good qualities).

**Shiva Vishnu Tuzhe Dhyani**

Great deities like Shiva and

Vishnu meditate upon You,

**Rushi Muni Te Bhajani**

The Rishis and the Munis, all sing Your praise

**Lavilesi Veda Sarva**

and get lost in ecstasy

**Dar.Shan. Dile Sahastra**

Everyone recognises You at Sahastrar.

**Bhairavadi Hanumanta**

Bhairav.Nath, Hanuman,

**Yeshu Ganesha He Natha**

Jesus, Ganesh and all Gods

**Bhowatali Tuzhya Mate**

Surround You, Mother

**Rang.Le He Guna Gatha**

engrossed in singing Your praise.

**Mahalakshmi Vidatey**

and Mahalakshmi reside within You.

**Triguna He Eka Zhale**

The three Gunas have become one as You

**Rupa Nirmala He Yeta**

Have taken the form of Nirmala.

**Jagruta Hi Kundalini**

With Your Blessings, as the Kundalini rises

**Chedi Sahastra Yogini**

and pierces the Sahasrar,

**Ananda To Swarupacha**

this blissful joy

**Krupa Tuzhi Matey. Hota**

is experienced by the grace of Mother.

**Karana Te Awatara**

The mission of Your present Incarnation

**Bhakta Jana He Tarayan.**

is to enable Your disciples to cross over;

**Sahaja Ha Yoga Zhala**

hence the Yoga (union) has become easy (Sahaj).

**Para Kari Tu Anatha**

You give realization even to outcastes (who have no God).

**Dhuni Raho Tuzhe Nam.**

May we always meditate upon You

**Chitti Akhandita Prem.**

Whose attention is full of Love.

**Ananta He Jiva Payi**

While the Spirit seeks the Infinite

**Dura Karu Nako Ata**

please do not ever keep us away from You.

## **JAY. JAY. NIRMALA MA**

### **Chorus:**

Jay. Jay. Nirmala Ma  
He Jay. Jay. Nirmala Ma  
Adi Shakti Mataji, Adi Shakti Mataji  
Moksha Pradayini Ma, Aum Jay. Jay. Nirmala Ma

Tum. Ho Vishwa Ki Ma  
Shakti Kundalini, Ma, Shakti Kundalini  
Nava Jivan. Dilayo, Nava Jivan. Dilayo  
Aj. Hame Janani, Aum Jay. Jay. Nirmala Ma

Mahima Bari Hai Ma Ki  
Jo Iccha Kiye, Ma, Jo Iccha Kiye  
Kundalini Bhi Jagruti, Kundalini Bhi Jagruti  
Kshan. Me Ho Jaye, Aum Jay. Jay. Nirmala Ma

Sahaj. Yog. Hi Karan.  
Nir.mal. Avatar, Ma, Nir.mal. Avatar  
Ap.Ki Krupa Jo Hove, Ap.Ki Krupa Jo Hove  
Pal. Me Balak. Par, Aum Jay. Jay. Nirmala Ma

Sahastrar. Swamini Ho Tum.  
Prem. Pradayini Ma, Prem. Pradayini  
Ag. Man. Satya Yug Ka, Ag. Man. Satya Yug Ka  
Krupa Teri Janani, Aum Jay. Jay. Nirmala Ma



## SAB. KO DUA DENA *(Aarti to Shri Mataji Nirmala Devi)*

**Chorus:** *(first time x2)*

**Sab. ko dua dena, Ma, Sab. ko dua dena**

Mother, give blessings to all.

**Jay. Nir.mala Mataji (x2)**

Jai Nirmala Mataji!

**Dil.me sada rahna, Ma,**

Always dwell in our hearts.

**Sab. ko dua dena**

Mother, give blessings to all.

**Jag.me sankat. Karan**

Whenever the world was in danger, Mother,

**Kit.ne liye Avatar, Ma, Kit.ne liye Avatar**

You have always incarnated on this Earth in different forms.

**Vishwa me Teri mahima, Vishwa me Teri mahima**

Your Grace is all over the world.

**Tu Ganga Yamuna, Ma, Sab.ko dua dena**

You are Ganga, You are Yamuna.

**Jo bhi sharan. me aya**

Whoever surrenders himself to You,

**Sukh. hi mila us.ko, Ma, Sukh. hi mila us.ko**

Mother, gets complete satisfaction.

**Bhait. ke dil. me, O Ma, Bhait. ke dil. me, O Ma**

Once You have entered our hearts,

**Laut. ke na jana, Ma, Sab. ko dua dena**

Do not go away, Mother.

**Manav. me Avatar ke**

By incarnating in human form,

**Kar. diya ujiyaala, Ma, Kar. diya Ujiyaala**

You have enlightened our lives, Mother.

**Kali yug. me maya hai, Kali yug. me maya hai**

In spite of the illusions of the Kali Yuga,

**Phir. bhi peh.chaana, Ma, Sab. ko dua dena**

We have been able to recognise You.

**Sant. jano ki dhar.ti**

**Hai Bharat. Mata, Ma, Hai Bharat. Mata**

The land of all the saints is Mother India.

**Is. dhar.ti par. aake, Is. dhar.ti par. aake**

As You have incarnated in this land,

**Dukh. se dur. kar.na, Ma, Sab. ko dua dena**

Please take away our sorrows.

**Jab dil.me aye tab**

Whenever we so wish,

**Madhu sangeet. sun. lo, Ma, Madhu sangeet. sun. lo**

We can listen to our sweet music within.

**Hoya sake jo sewa, Hoya sake jo sewa**

Whatever service You wish us to do,

**Ham se kara lena Ma, Sab. ko dua dena**

Kindly ask us to do it.

## AUM JAY SHRI NIR.MALA MA

Aum Jay Shri Nir.mala Ma (x2)  
 Sahastr. Swamini Mata (x2) (Chorus)  
 Jwala Jagadamba  
 Aum Jay Shri Nir.mala Ma

Jag. Janani Jag. Mata } (x2)  
 Nir.mal. Rup. Dhara }  
 Ma, Nir.mal. Rup. Dhara }  
 Bhakt. Vatsala Dev (x2)  
 Abhinandan. Tera  
 Aum Jay Shri Nir.mala Ma

Keshar. Chandan. Akshat. Shriphal. } (x2)  
 Pujan. Ko Lae }  
 Devi, Pujan. Ko Lae }  
 Dhup Kapur. Jala Kar  
 Teri Jyot. Jala Kar. (x2)  
 Ar.Ti Nit. Gae  
 Aum Jay Shri Nir.mala Ma

Shankh. Mrudang. Baje Angan. Me } (x2)  
 Nir.mal. Jyot. Jale }  
 Ma, Nir.mal. Jyot Jale }  
 Dhanan Dhanan Dhante Baje (x2)  
 Sur.gan. Dhyan. Dhare  
 Aum Jay Shri Nir.mala Ma

Jawa Phul. Shri Charan. Kamal. Par. } (x2)  
 Ar.Pan. Nity. Kare }  
 Ma, Ar.Pan. Nity. Kare }  
 Swar. Mala Me Gunthi (x2)  
 Ved. Dhvani Uchare  
 Aum Jay Shri Nir.mala Ma

Teri Krupa Mehair. Ne Mata } (x2)  
 Bhav.Bhay. Se Tara }  
 Ma, Bhav. Bhay. Se Tara }  
 Moksh. Pradayini Mata (x2)  
 Tu Nir.mal. Dhara  
 Aum Jay Shri Nir.mala Ma

Sahaj. Yogini Mata } (x2)  
 Mamata Ki Pratima }  
 Devi, Mamata Ki Pratima }  
 Dasau Dishae Gati (x2)  
 Teri Gun. Garima  
 Aum Jay Shri Nir.mala Ma

Adishakti Kundalini Tu Hi } (x2)  
 Asht. Siddhi Data }  
 Ma, Asht. Siddhi Data }  
 Sevak. Ayo Sharan. Ap.Ki }  
 Balak. Ayo Sharan. Ap.Ki }  
 Laj. Rakho Mata }  
 Aum Jay Shri Nir.mala Ma

Shri Mata Ji Ki Ar.Ti } (x2)  
 Jo Koi Nar. Gave }  
 Ma, Jo Nit. Uth. Gave }  
 Sahaj. Yog. Dharan. Kar. (x2)  
 Mukti Path. Pave }  
 Aum Jay Shri Nir.mala Ma

Aum Jay Shri Nir.mala Ma (x2)  
 Sahastr. Swamini Mata (x2)  
 Jwala Jagadamba  
 Aum Jay Shri Nir.mala Ma

## **SHRI MANGALAGOURICHI ARTI**

Jay Devi Mangalagauri  
Owalin. Soniyatati  
Ratnanche Dive Manikanच्या Vati  
Hireya Moti Jyoti

Mangalamurti Upajali Kartha  
Prasanna Zhali Alpayushi Raya  
Tishthali Rajyabarli  
Ayopan. Dyavaya

Pujela Ga Aniti Jaijaichya Karlya  
Sola Tikati Sola Durva  
Sola Parichi Patri  
Jai Jai Abulya  
Shevanti Nagachanphe  
Parijatake Manohare  
Gokarn. Mahaphule  
Nandete Tagare  
Pujela Ga Anili

Saliche Tandul. Mugachi Dal.  
Alani Khichadi Randhiti Nari  
Apulya Patilagi  
Sewa Kariti Phar.  
Dumdume Dumdume Vajantri Vajati  
Karlavi Kankarne Gaurila Shobhati  
Shobhati Bajuband.  
Kani Kapanche Gabe  
Lyayili Amba Shobhe

Nhauni Makhuni Mauni Bas.Li  
Patavachi Chorli Kshirodak Nes. Li  
Swachha Bahat. Houni  
Amba Puju Lagali

**Soniyache Tati Ghatilya Pancharti  
Madhye Ujarlati Kapurachya Vati  
Kara Dhup. Dip.  
Ata Naivedya Shadras. Pakvanne  
Tarta Bhara Bane**

**Lavalahe Tighe Kashisi Nighali  
Mauli Mangalagaur. Bhijvun. Visarali  
Maguti Paratuniya Ali  
Amba Swayambhu Dekhili  
Deul Soniyache  
Samb Hireyache  
Karlasi Matiyancha  
Jay Devi Mangalagauri  
Owalin Soniyatati**



## **AARTI OF SHRI MATAJI AS DURGA MATA**

**Durge Durghat Bhari Tuj Vin Samsari  
Anath Nathe Ambe, Karuna Vistari.  
Vari Vari Janma, Marna Tewari  
Haari Padlo Ata Sankat Niwari**

O Goddess Durga, without complete oneness with You, the world is like a very treacherous path for me. O Goddess Ambe! You are the one who is the final refuge for all the seekers. So please extend your unfathomable compassion towards me. I have been undergoing cycles of life and death for ages, looking for You and worshipping You. O Great Goddess, I completely surrender to You. Please save me from this chain of life and death which is like a big problem for me today.

**Jay Devi, Jay Devi, Mahishasur Mardini  
Survar Ishwar Warde Tarak Sanjivani**

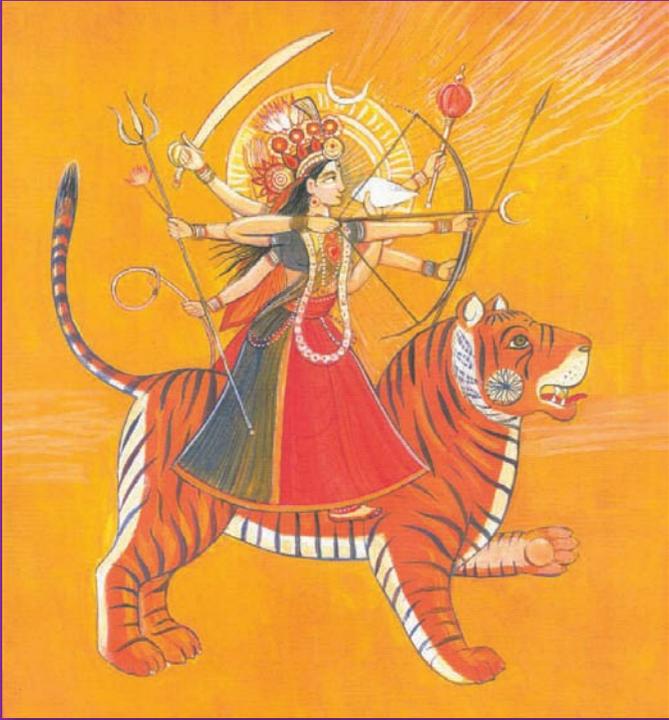
Hail! The Great Goddess, who is the killer of the terrible rakshasa called as Mahishasur. Our highest respect to the Devi who manifests and sustains life by giving blessings to all living beings from the common man to the Gods.

**Tribhuvan Bhuvani Pahata Tuj Aisi Nahi  
Chari Shramale Parantu, Na Bolwe Kahi  
Sahi Vivad Padata Padlo Pravahi  
Te Tu Bhakta Lagi Pavasi Lavalahi .....Jay Devi**

O Great Goddess. No one can match Your greatness, love, compassion and power in all the three worlds (ie, Heaven, Earth and Hell). After looking for You in all four dharmas in all four directions, my spiritual ascent is totally insignificant. Yet, you are all-pervading and get easily pleased with Your devotees who fight with their own six great enemies which are in the form of sex, anger, ego, maya (illusion), hatred, greed while ascending.

**Prasanna Vadne Prasanna Hosi Nijdasa  
Klesha Pasuni Sodawi, Todi Bhavapasha  
Ambe Tujh Vachun Kona Purvil Asha  
Narhari Tallina Jhala Padpankanj Leshia .....Jay Devi**

O Devi, with totally peaceful, satisfied and radiant face, please bless Your devotees by being happy with them. Please O Mother, give us the absolute knowledge, dharmic actions and Ananya bhakti to please you. Please take away all our sorrows and problems and save us from these misguided wanderings into the ocean of illusion and Your incomprehensible maya. Ambe, You are the most competent and the highest Lord for me. Who else can I turn to? Even the great Vishnu is always engrossed in deep meditation at Your Lotus Feet.



# AARTI TO SHRI SHIVA

## Law. taw.ti vikraara Bramhardi mala

The endless thousand-fold created universes decorate You as mammoth garlands

## Vishe kanth. kara trinetri djwara

our throat is black with the poison, You have intense, raging flames in Your third eye

## Lavanya sunder masth.ki bhala

The exquisitely, beautiful little girl (Ganga) is placed on Your head

## Pe tuniya jar. Nir.mal. wahe zur. zur.

From there streams the babbling flow of the pure water

## Jai Dev. Jai Dev

Hail O Lord, Hail O Lord

## Chorus:

## Jay. Dev. Jay. Dev. Jay. Shri Shank.ra

Hail O Lord, Hail Shri Shankara (Shiva as the One who gives serenity)

## Aarati varu tuze kar.poor. gaura

Arti (with flame) is done using the circular motion (owaru)

To You who are as fair (white) as camphor

## Jay. Dev. Jay. Dev

Hail O Lord, Hail O Lord

## Kar.poor. gau.ra bhola nayani vishara

As white and pure as camphor, Innocent as a child, with elegant elongated eyes

## Ardhangi Par.vati sumanancha mara

Whose half body is that of Parvati, and who wears garlands of flowers made by the pure-minded

## Vibuti tse oodh.r.n. shat. kant. nira

Smearred with ash, being white even though dark blue throated

## Aisa Shank.ra shobhe Uma velhar.

In this way Shankara, whom Uma (Parvati) adores, looks attractive

## Jai Dev. Jai Dev

Hail O Lord, Hail O Lord

## Daivi dheti sarg. Mantan pai kehle

Gods and demons churned the ocean

## Dhya maji av.chit. h.ra h.r. uth.le

From that suddenly the poison (halahal) came forth

## The twa asu. pane prash.n. kehle

You drank that with demonic valour and heartless courage

## Neel. kanth. naam prasiddh. zhale

(From that) the name Nilakantha (dark blue throated One) became famous

## Jai Dev. Jai Dev

Hail O Lord, Hail O Lord

## Vya grambar. fani wr.dhr. Sundar. mad. nari

Wearing a tiger's skin, Keeper of the king cobra (Sheshnaag), Handsome

Slayer of Madana (god of love - Kama)

## Panchan.n. m.n. moh.n. munij.n. udhari

Five faced One, captivator of the mind, The Giver of happiness to the saints and sages

## Shat. Koti tse bij watse vcchari

The One who recites by voice the seed word (bija ie. Rama) from which emanates the hundred million

## Ragu kul. tilak Ram Das antari

(That Shri Shankara) resides within the heart of Ramadas who is the servant of the One

Who decorates the Raghu dynasty like kumkum on the forehead (Shri Rama)

## Jai Dev. Jai Dev

Hail O Lord, Hail O Lord





# MARATHI SONGS





ow puja also people do-  
just puja of mine, forgetting  
that I am there. When you sing also,  
you are singing praise of me and I am  
sitting before you. Doesn't happen that  
way. You just sing because it is music.  
There should be a feeling that you  
are sitting before me and singing my  
praise. So, identification is still there,  
that you are singing praises to Devi.

**Navaratri - 4th Day (Chaturthi)**  
**Pratishthan - 14th October 1988**

## NAMOSTUTE

(Nasik Group - Raga: Malkauns - 'Music of Joy 2' & 'Mauli 1')

**Namostute, Namostute** } (x2) (Chorus)  
**Shri Nirmala Devi, Namostute**  
 Shri Nirmala Devi, Salutations to You!

**Mahan Mangale He Sur. Vimale Kari Mala Nishpap** (x2)

O, Great Auspicious One, Purest amongst Gods, You make me innocent

**Samyatdnyani Guru Swatacha Hota Maj. Anutap** (x2)

You make me sinless, my most wise Guru

**Nirbhay. Banavi Maz.la Etuka Sakshi Mitsa Swatacha** (x2)

You make me fearless, I am just my own witness

**Sakal. Madhye Asata Tari Hi Rajani Anurenucha** (x2)

And although I am amongst all,

**Kshamashil. Tu Banavi Maz.la Sharan. Sharan. Tuze**

You make me forgiving, in complete surrender to You.

**Tujhya Krupene Balamadhali Rujuta Labho Mala** (x2)

May You grant me the tenderness of children

**Tujhya Krupene Dnyani Houn. Baghu De Daivi Leela** (x2)

May You make me knowledgeable to see the Divine play

**Tujhya Krupene Trupt. Trupt. Mi Udat. Antar.Yami** (x2)

You have given me so much satisfaction that I am lost in it

**Tujhya Krupechi Det. Jagruti Divyashakti Ti Mi** (x2)

By Your blessings I can awaken that Divine Power

**Sarvaswache Deun. Lene Kari Dhanya Mate**

Having surrendered all that I have to You, I am now overwhelmed.

**Tucha Kharokhar. Hya Vishwachi Karati Antaravithi** (x2)

You verily are the Creator of the universe

**Tucha Kharokhar. Hari Apada Deun. Dhan. Sampatti** (x2)

You verily are the One who takes away all the sorrows by granting us wealth

**Samarth. Tuchi Samarth. Kari Maj. Divyatvachi Murti** (x2)

O, most Omnipotent! Please make me powerful too.

**Param.mangala Yugandhara Tu Tuchi Adishakti** (x2)

O, embodiment of total Auspiciousness through ages, only You are Adi Shakti!

**Tujhya Thaiy Man. Lago Deun. Sahaj. Yog. Mate**

Having granted this Sahaja Yoga to me, Mother, please keep my attention forever on You.

## AKHIL. JAGAT. JANANI

**Akhil. Jagat. Janani, Tu Devi** (x2) (Chorus)

**Mahishasura Mar.Dini Bhav.Tarini** (x2)

**Trividh. Tap. Manize Sham.Vi**

**Akhil. Jagat. Janani, Tu Devi** (x2)

**Asura Patitamay. Dhara Jahli** (x2)

**Bhavabhakti Hari Sewa Nurali** (x2)

**Dalan. Karuni Ari Janaman. Ram.Vi** (x2)

**AMHI BI GHADALO** (*'Mauli 1'*)

**Amhi Bi Ghadalo Tumhi Bi Ghadana** (x4, Chorus)  
We have received our realisation, so please come to receive yours!

**Matajinchya Sange Mule Bi Ghadali** (x2)  
We are the children realised by Shri Mataji

**Mule Bi Ghadali Chaitanyata Nhali** (x2)  
We are Her children, bathing in Divine vibrations

**Sahaja Yoga Sange Badha Bi Ghadali** (x2)  
Darkness vanishes with Sahaja Yoga

**Badha Bi Ghadali Prakashamaya Zhali** (x2)  
And this darkness itself turns into light

**Sahaja Yoga Sange Rag. Bi Ghadala** (x2)  
Anger vanishes with Sahaja Yoga

**Rag. Bi Ghadala Anurag. Zhala** (x2)  
And this anger itself turns into love

**Matajinchya Sange Mihi Bi Ghadalo** (x2)  
I have been realised by Shri Mataji

**Mihi Bi Ghadalo Mahayogi Zhalo** (x2)  
And through Her I have now become a Mahayogi

**Matajinchya Sange Dharma Bi Ghadala** (x2)  
Religion has been realised thanks to Shri Mataji

**Dharma Bi Ghadala Vishwa Dharma Zhala** (x2)  
And this Religion has now become universal

**Matajinchya Sange Jan. Bi Ghadale** (x2)  
Shri Mataji has given realisation to people

**Jan. Bi Ghadale Nirmalachi Zhale** (x2)  
And these people have now become pure and saintly

**BHAVANI DAYANI** (*In Raga Sindhu Bhairavi, Japtaal*)**Chorus:**

**Bhavani Dayani, Bhavani Dayani**

Mother You are the giver of life, showering Divine compassion on Your creation.

**Mahabak. Bani, Mahabak. Bani**

Every sound that emits from Your Being is supremely powerful, benevolent and auspicious

**Sur. Nar. Muni Jana Mani** (x2)

All Gods, sages, mortals and entire universe is aware of You and worship You

**Sak.I. Buddha Dnyani**

You are wise and all-knowing

**Jag. Janani Jag. Jani** (x2)

You are acclaimed by all as the Mother of universe

**Mahishasur. Mardini** (x2)

You are the Slayer of mahishasura

**Jwalamukhi Chandi** (x2)

Your lustrous brilliance destroys evil tendencies in Your devotees

**Amar.pad. Dani**

You grant the state of eternal life

## HE ADI MA, HE ANTI MA

### **Chorus:**

**He Adi Ma, He Anti Ma** (x2)

O Primordial Mother, O Eternal Mother

**Je Wan Chile, Te Tu Dile** (x2)

You have given us whatever we have desired

**Kalpa Druma**

Like a 'kalpa-taru' (tree that grants every desire)

**He Adi Ma, He Anti Ma** (x2)

**Ya Matiche Akash. Tu** (x2)

O Mother You are in the form of different shapes of the earth

**Shishira Taya Madhumas. Tu** (x2)

You are the spring of the Autumn season

**Deshir Mruta Tu Amruta** (x2)

You give nectar, even into the dead matter

**Purushottama**

Therefore You are Purushottama

(the most perfect and highest of mankind)

**Dene Tuze Ituke Jari** (x2)

You have given us so much that

**Zhalo Runi Janmateri** (x2)

we are indebted to You all the lives we may live

**Ap.radh. Mi Ap.kar. Mi** (x2)

I have done wrong deeds, a lot of mistakes

**Pari Tu Kshama**

Still You are nothing but forgiveness

**Dene Zeri Amuchya Shiri** (x2)

You have given us so much,

**Pari Agnya Jana Tu Par Kari** (x2)

even to those who don't have any knowledge

**Deshi Jag. Tu Sahaj. Yoga** (x2)

You give Sahaja Yoga to the whole universe

**Jan.kotama**

Verily You are the highest Father of mankind

## JAGANMATA JAGADISHVARI

**Jaganmata Jagadishvari** (Chorus)

**Devi Nirmala Par Kari Sahajachi Samasta**

**Bhakti Mukti Yoga Sthiti**

**Adi Shakti Sahaj Sthiti**

**Yei Prachiti Sahaz Yog Ghadata**

## BHAIYAKAYATAYA

(Marathi Hymn Book; 'Ishrat—Ever-lasting Joy' & 'Sahaj Unlimited')

### Bhaiyakayataya Prabhu Jatsare (x4)

When we belong to God, what is there to fear?

### Sarva Visarali Prabhu May. Zhali(x2)

We forget everything in the Divinity

### Purna Jayachi Vachare (x2)

And we become completely lost in God

### Bhaiyakayataya Prabhu Jatsare (x4)

When we belong to God, what is there to fear?

### Jagat. Vichere Up.kara Stav. (x2)

The world is grateful to Him for His blessings

### Pari Nach. To Jag. Tatsare (x2)

But still He doesn't belong to the world because He is in a completely detached state

### Bhaiyakayataya Prabhu Jatsare (x4)

When we belong to God, what is there to fear?

### Ithi Nirdhana Paratra Zacha (x2)

You may be without any outward wealth

### Sarva Dhanacha Sachare (x2)

The real treasure of wealth is inside yourself

### Bhaiyakayataya Prabhu Jatsare (x4)

When we belong to God, what is there to fear?

### Adhi Vyadhi Marana Varati (x2)

All the diseases and problems get completely dissolved

### Paya Asha Purusha Tsare (x2)

Where the Feet of God reside

### Bhaiyakayataya Prabhu Jatsare (x4)

When we belong to God, what is there to fear?

## DEI MATE TAV PADI ASARA

Dei Mate Tav Padi Asara

Sharan Tula Mi Tu Yugandhara

Adishakti Tu Tuzhya Thayi Man Lago

Deun Sahaja Yoga Devi Nirmala





### **Shri Mataji comments on BHAIYAKAYATAYA**

"It's a very good song, which is something about the Sahaja Yogis.

It means, the first one means that the one who has God as his own or her own, such a person, why should they have any fear at all? The one whose whole wani (thought), all that has become one with God, for such a person why should there be any fear of any kind? The one who is in this world moving about for the betterment of others, for such a person there is no more to have greater satisfaction. He may look to be a person who has no money, but he himself is the source of all the wealth. The one who is standing on top of the death, whose feet are on top of the death, are on top of all the hills, such a great personality, why should you worry, because God is your own, God belongs to you.

It is a very powerful song. It is all sung by you Sahaja Yogis. Long time back it was sung by one great poet and I think he's describing you people. Why should you have any fear? I don't have any fears so it's not about me. He's telling you, why should you have any fear, when you have God with you, God is your own, why should you have any fear? Why should you have any worries? That means, if you are surrendered, there's nothing to worry about, everything works out."

SHRI MATAJI, VIENNA, 4TH MAY 1985.

## VANDAN. KARUYA MATAJILA

(*Nirmal Sangeet Sarita; 'Nirmal Dham'*)

### Vandan. Karuya Matajila

Let us pay homage to Shri Mataji

### Mahashakti Sahajyoginila

To the great Power, to the Giver of Sahaja Yoga

### Vandan. Karuya Matajila

Let us pay homage to Shri Mataji

} (x2) (chorus)

### Kirti Jayachi Trailokyachi

(x2)

Your fame reaches the three worlds (Heaven, Earth, Underworld)

### Murti Ase Hi Premarasachi

(x2)

You are of the form of Pure Love

### Arati Tav Charana...

We offer aarti to Your Lotus Feet.

### Sahajayogachi Prapti Zhali

(x2)

We have been blessed by receiving Sahaja Yoga

### Gyanadipachi Jyot. Lavili

(x2)

You have lit the lamps of knowledge

### Gyan.marg. Davila...

And showed the path of knowledge

### Maha Mateche Bhajani Nhale

From everywhere the echo is coming

### Shri Nirmala Mataji

(x3)

'Shri Nirmala Mataji !'

### Chahukade Vajati Nagare

(x2)

The music of the drums is resounding from all directions

### Vahupati Sumana...

Let us offer flowers at Her Lotus Feet.

} (x2)

## JOG.WA 1

### Chorus:

Aj. Maget. Jog.Wa, Aj. Maget. Jog.Wa  
 Sahaz Yogachya Darbari Ga } (x2)  
 Mata Nirmala Sahastrari

Sahaz. Marge Zain. (Boys)

Chaitanyamrut. Ghein. (Girls)

Sahaz. Marge Zain. (Both)

Chaitanyamrut. Ghein. (Both)

Aila Hradayi Smarin. Ga (Boys)

Sahaz. Dhyan. Lavin. (Boys)

Sahaz. Marge Zain. (Girls)

Wa Eta Ruthi So Din (Girls)

Sahaz. Marge Zain. (Both)

Wa Eta Ruthi So Din (Both)

Aichya Shabda Jagen. Ga (Boys)

Sahaz. Dhyan. Lavin. (Boys)

Sahaz. Marge Zain. (Boys)

Sakarl. Vipada Harin. (Girls)

Sahaz. Marge Zain. (Girls)

Sakarl. Vipada Harin (Both)

Antari Pawan. Hoin. Ga (Both)

Sahaz. Dhyan. Lavin. (Boys)

Sahaz. Marge Zain. (Boys)

Chaitanyadhara Ghein. (Girls)

Sahaz. Marge Zain. (Girls)

Chaitanyadhara Ghein. (Both)

Parasparashi Dein. Ga (Both)

Sahaz. Dhyan. Lavin. (Boys)

Sahaz. Marge Zain. (Boys)

Param. Dnyan. Ghein. (Girls)

Sahaz. Marge Zain. (Girls)

Param. Dnyan. Ghein. (Both)

Sakshat Kari Hoin. Ga (Both)

Sahaz. Dhyan. Lavin. (Boys)

Sahaz. Marge Zain. (Boys)

Atmatatwa Te Zanin. (Girls)

Sahaz. Marge Zain. (Girls)

Atmatatwa Te Zanin. (Both)

Moksha Padasi Magen. Ga (Both)

Sahaz. Dhyan. Lavin. (Both)

## JOG.WA 2 *(Translation extracted from a talk by H. H. Shri Mataji)* *(Saint Eknath; 'Music of Joy 1', 'The Universe Sings' & 'Sahaj Unlimited')*

Anadi Nirguni Pragatali Bhavani  
 Ude Bai, Ude Bai, Ude Bai, Ude! } (x2)  
 Moha Mahishasura Mardana Lagoni

Ude Bai, Ude Bai, Ude Bai, Ude! } (x2)  
 Prividh. Tapanzi Karavaya Zharani  
 Ude Bai, Ude Bai, Ude Bai, Ude!

Bhakta Laguni Bhav. Si Nirvani

Ude Bai, Ude Bai, Ude Bai, Ude!

**Bhakta Laguni Bhav. Si Nirvani, Bhakta Laguni...**

Formless, attributeless O Bhavani You have manifested. So O Mother (Kundalini), You rise, You rise, You rise! To kill the Mahishasura. Take out the three problems we have, the three tapas. Take Your devotees to their salvation. That's why You rise O Mother...

Jog.Wa Magen. , Aicha Jog.Wa (x4) (Chorus)

Ai Ude G'ambe Ude! (x4)

Ude, Ude, Ude, Ude, Ude, Ude, Wo!

Mother, we ask for Self-Realisation. So You rise, O Mother Kundalini, You rise! Rise, rise, rise, rise, rise, rise, Ho!

Dvait. Saruni Marl. Mi Ghalin. } (x2)  
 Ude Bai, Ude Bai, ...

Hati Bodhacha Zhenda Mi Ghein. (x2)

Bed. Rahit. Ga Varisi Zain. (x2) Bed. Rahit. Ga...

I will remove all differences and I'll put this garland on Your neck.

In my hand I'll take the flag of knowledge. I will remove all the differences.

Navavidh. Bhaktichya Karuni Navaratra (x2)

Karuni Nir.Kar.na Magen. Dnyan. Putra (x2)

Dambh. Sasara Sorin. Kuputra (x2) Dambh. Sasara...

In the nine nights I will do nine types of Bhakti to you. I will put all questions and doubts on one side and ask for a son that is meditation. And I will give up the father-in-law who's sitting on my head, who makes me a bad boy.

Purna Bo Dhachi Bharin. Mi Parari (x2)

Asha Manishanchya Parin. Mi Darari (x2)

Mano Vikara Karin. Kur.vandi (x2)

Amrut. Rasachi Bharin. Mi Durari (x2) Amrut. Rasachi...

Now I fill up my little basket with the complete blooming flowers of knowledge. All the bad ideas that come into my mind. I will take them over to You and throw them into the sea.

Ata Saazini Zhale Mi Nishang. (x2)

Vikalpa Navaryacha Soriyela Sang. (x2)

Kaam. Krodh. He Sodiyele Mang. (x2)

Kela Mokarl. Marg. Ha Surang. (x2) Kela Mokarl. ...

And there are two horrible creatures within me. One is the sex and another is the anger.

These two horrible things I'll throw away. That's how I'm going to make my central path clean.

Aisi Jog.Wa Maguni Thevila (x2)

Zauni Mahadwari Navas. Mya Fedila (x2)

Ek. Janardani Ekacha Dekila (x2)

Janma Mar.naza Phera Mya Chuk.vila (x2) Janma Mar.naza

I asked for the Yoga from my Mother and kept it very safe in my heart. I've got the Yoga which I've stored in myself very beautifully. Now I come back to thank You for what You've done. Then I fall at the feet of Virata Now I've lost all desire to be born again.

## TUJHACH. MATAJI PARE

### Chorus:

**Tujhach. Mataji Pare Prakash. Antari**

Let your light come within us

**Tujhech. Sahaj. Yog. He Phire Jagavari**

Let us thus spread Sahaja Yoga in the whole world

**Karlya Karlya Phule Phule Tula Pukarati**

Buds and flowers all call for You, Behold!

**Paha Tujhich. Chalali Nabhat. Arati**

Your Aarti is performed in the sky

**Tula Disha Na Harati Ata Kharokhari**

You are not limited to any direction (You are present in all directions)

**Tujhech. Sahaj. Yog. He Phire Jagavari**

Let us thus spread Sahaja Yoga in the whole world

} (x2)

**Tujhya Mulech Jahala Akher. Phaisala**

By Your presence last decision was taken

**Dilas. Dhir. Todaya Amhis. Shrunkhala**

You gave us the courage to blast our conditionings

**Ata Bhavishya Amuche Ase Tujhyakade**

Now our future lies in Your hand

**Tujhech. Sahaj. Yog. He Phire Jagavari**

Let us thus spread Sahaja Yoga in the world

} (x2)

**Shri Mataji Tulach. Dhukh. Amuche Karle**

Shri Mataji You are aware of all our sorrows

**Tujhich. Shvattvana Amha Shanoshani Mile**

Your comfort is upon us at every moment

**Ninad. Sahajayogacha Dhume Dharodhari**

The voice of Sahaja Yoga is now echoing in each and every house

**Tujhech. Sahaj. Yog. He Phire Jagavari**

Let us thus spread Sahaja Yoga in the whole world

} (x2)

**Tujhya Saman. Ek. Hi Nase Tujhyavina**

There is no-one like You but only You

**Sadaiv. Ya Pude Karu Tujhich. Vandana**

Therefore we shall always perform Your praise

**Sarel. Amrutapari Tujhich. Vaikh.ri**

Your speech is sweeter than Amrut

**Tujhech. Sahaj. Yog. He Phire Jagavari**

Let us thus spread Sahaja Yoga in the whole world

} (x2)

## BHAGAWATI NAMAN

### Chorus:

Jay Jay Jay Jay Adishakti Hi Nirmal. Nam. Smarare  
 Jay Jay Jay Jay Adishakti Hi Nirmal. Nam. Smarare  
 Yug. Nu Yuge Bhagawati Mata  
 Ya Bhuwar Ti Pragatali Re

Kundalini Tu Mooladhari Chaitanyacha Ganesha Re  
 Kundalini Tu Mooladhari Chaitanyacha Ganesha Re  
 Swadishthani Brahma Sarasvati } (x2)  
 Rupa Tuzhe Te Basali Re

Bhavasagar To Taruna Dnyan Datta Rupe Natha Li Re  
 Bhavasagar To Taruna Dnyan Datta Rupe Natha Li Re  
 Vishnu Lakshmi Manipura Tu } (x2)  
 Hanumanta Tuzhe Swarup. Re

Anahati Te Shiv Parvati Atma Darshan Tuzhe Che Re  
 Anahati Te Shiv Parvati Atma Darshan Tuzhe Che Re  
 Atma Ram Tu Sitaram } (x2)  
 Rupa Tuzhe Te Dis.le Re

Adnya Sthani Tu Mahalakshmi } (x2)  
 Mahakali Tu Saraswati Re } (x2)  
 Radha Krishna Te Vishuddhi Mata } (x2)  
 Le Prem. Tuzhe Te Luta Le Re

Nirguna Rupa Swarupa Tuzhe } (x2)  
 Sahastrar To Anubhawa Re  
 Nam. Tuzhe Japata Mate Brahmarandhra Te Bhedan.Re  
 Nam. Tuzhe Japata Mate Brahmarandhra Te Bhedan.Re

Anek. Panti Anek. Manav Darshan. Aiche Gheti Re  
 Anek. Panti Anek. Manav Darshan. Aiche Gheti Re  
 Prem. Aiche Twarit. Milata } (x2)  
 Jagruti Kundaliniche Re

Brahmarandhra Te Chaidana Hota } (x2)  
 Swarupa Samadhi Anu Bhavi Re } (x2)  
 Anata Swarupi Rahuni Aichya Charan.warati Lo Lu Re  
 Anata Swarupi Rahuni Aichya Charan.warati Lo Lu Re

## AZ. AMUCHYA DHAMI ARLYA

### Chorus:

Az. Amuchya Dhami Arlya } (x2)  
Mata Jagdishvari ...

Gulal. Udhala.La, Udhala.La Sum.Ne } (x2)  
Jayjaykare Ghum.Va Bhuvane } (x2)  
Purnabramh. He Ale Bhuvar. (x2)  
Dharm. Rakshanya Sati (x2)

Phula Phulanno Sugandh. Udharla } (x2)  
Vimala Jalanno Saharsh. Usarla } (x2)  
Pada Laharinno Mangal. Var. Ta (x2)  
Kal.Va Gramogrami (x2)

He Cha Sadguru Trailokyache } (x2)  
Udh.Darak. Ya Chara Charanche } (x2)  
Ya Yogayan Chya Shri Yogeshvari (x2)  
Mata Tribhuvan.Gami (x2)

Hota Yanchee Mangal. Darshan. } (x2)  
Anandane Natel. Jivan. } (x2)  
Nandanavana Ya Surasuranchya (x2)  
Hasavil. Antarayami (x2)



## HASAT. ALI NIR.MAL. AI

### **Chorus:**

**Hasat. Ali Nir.mal. Ai** (x2)

A smile on Her face, Mother Nirmala has come

**Ghaluni Painjan. Payi, Ai** (x2)

Wearing anklets at Her Lotus Feet

**Navaratnantsa Mukut. Shiravar.** (x2)

Her forehead adorned with a nine-diamond crown

**Kanthi Shobhe Motihar.** (x2)

And a pearl necklace shining at Her neck

**Sundar. Majhi Nir.mal. Ai** (x2)

How beautiful is my Mother!

**Ghaluni Painjan. Payi, Ai** (x2)

Wearing anklets at Her Lotus Feet

**Zaripad.racha Kasuni Pitambar.** (x2)

Her body bedecked with a golden bordered sari

**Tzoli Lyali Buttedar.** (x2)

And a blouse embroidered with golden designs

**Sundar. Majhi Nir.mal. Ai** (x2)

How beautiful is my Mother!

**Ghaluni Painjan. Payi, Ai** (x2)

Wearing anklets at Her Lotus Feet

**Shiv. Bramha Vishnu Hi Sare** (x2)

Shiva, Brahma and Vishnu Themselves

**Dhyati Nishidini Munivar. Sare** (x2)

Join with the sages for Her daily worship

**Sundar. Majhi Nir.mal. Ai** (x2)

How beautiful is my Mother!

**Ghaluni Painjan. Payi, Ai** (x2)

Wearing anklets at Her Lotus Feet

**Sahaz Yogi Amhi Ashi Pahili** (x2)

That's how we all Sahaja Yogis discovered our Mother

**Sharan. Tiz.La Sar.Vahi Zai** (x2)

At Her Lotus Feet we have all surrendered

**Sundar. Majhi Nir.mal. Ai** (x2)

How beautiful is my Mother!

**Ghaluni Painjan. Payi, Ai** (x2)

Wearing anklets at Her Lotus Feet

# The Blossom.

Merry Merry Sparrow  
Under leaves so green  
A happy Blossom  
Sees you swift as arrow  
Seek your cradle narrow  
Near my Bosom.

Pretty Pretty Robin  
Under leaves so green  
A happy Blossom  
Hears you sobbing sobbing  
Pretty Pretty Robin  
Near my Bosom.

**William Blake.** *Songs of Innocence*



## The Blossom.

Merry Merry Sparrow  
Under leaves so green  
A happy Blossom  
Sees you swift as arrow  
Seek your cradle narrow  
Near my Bosom .

Pretty Pretty Robin  
Under leaves so green  
A happy Blossom  
Hears you sobbing sobbing  
Pretty Pretty Robin  
Near my Bosom .

## SAGUN. SAJIRE RUP. GOJIRE

Sagun. Sajire Rup. Gojire (x2)  
Yuge Yuge Dis.Nar (x2)  
Purvi Hote Ata Ahe (x2)  
Pudhe Hi Te As.Nar (x2)

Dharane Dharuni Tuzhyach. Udari (x2)  
Bhakt. Amhi Bas.Nar (x2)  
Brahmarupachi Khun. Mulachi (x2)  
Ai Tumha Pus.Nar (x2)

Jase Thevile Tasech. Rahu (x2)  
Nahi Bare Rus.Nar (x2)  
Aishavaryaze Bhavad. Yeta (x2)  
Nahi Amhi Phas.Nar (x2)

Krama Kramane Hrudaya Mandiri (x2)  
Rup. Tuzhe Thas.Nar (x2)  
Thasalyavarati Sahaz. Yogi Amhi (x2)  
Nishidini Has.Nar (x2)

## YAHUNI MAGANE KAI., MATE

Yahuni Magane Kai., Mate (Chorus)  
Yahuni Magane Kai.

Utsah Deyi Utsau Kar.Ni  
Tuzi Prem.La Maya Mate  
Yahuni Magane Kai.

Bhakti Dehi Bhaktasathi  
Namito Tuzhe Paya Mate  
Yahuni Magane Kai.

Janma Anek. Ghein. Parami  
Bhagawatiche Gun.Gan.  
Bhagawatiche Gun.Gan. Mate  
Yahuni Magane Kai.

## ADIMAYA

### Chorus:

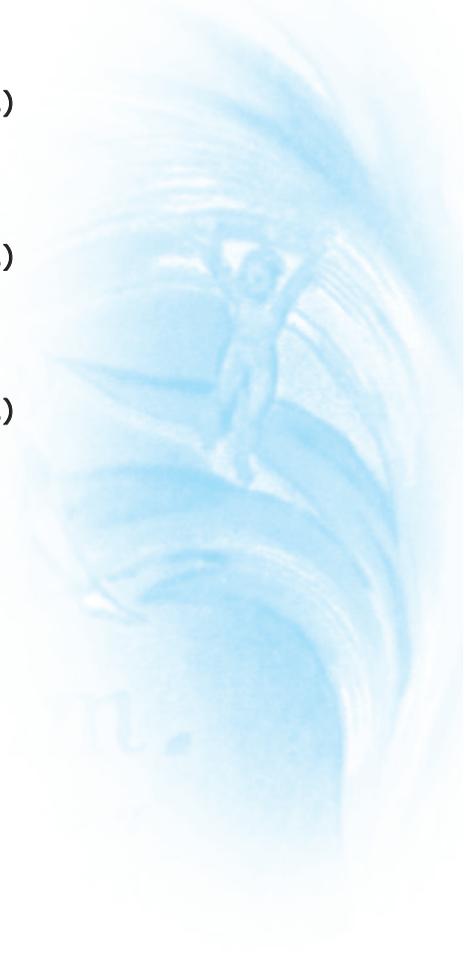
Hi Sahaz. Yog. Nauka  
 Bhavasagari Taraya } (x2)  
 Hi Sahaz. Yog. Nauka

Sut.Le Apat. Vare } (x2)  
 Man. Taru Tyat. Vichare  
 Tya Vad.Latuniya  
 Netil Adimaya

Mada Moha Lobh. Sus.Ri } (x2)  
 Kiti Dat.Khiti Vikhari  
 Te Duhkha. Shant.Vaya  
 Mantrik. Adimaya

Bhram. Bhov. Yat. Ad.Li } (x2)  
 Nauka Pari Na Bud.Li  
 Dharuni Sukanu Hati  
 Bas.Lyat. Adishakti

Amhi Sar.Vahi Pravasi } (x2)  
 Janar. Dur.Deshi  
 To Marg. Dakhvaya  
 Adhikari Adimaya



**AMHI MATAJINCHYA CHAR.NASI ALO***(Shrirampur style)***Chorus:**

<b>Amhi Matajinchya Char.nasi Alo</b>	(x2)	} (x2)
As we have come to the Feet of Mother, <b>Chaitanya Sange Amrutat. Nhalo</b>	(x2 or x3)	
We have been bathed in the Nectar of Chaitnanya.		
<b>Janiv. Ti Jiva Kadhi Nahi Zhali</b>	(x2)	} (x2)
Such recognition has never before happened to the Spirit <b>Shakti Kundalini Sharir. Vyapili</b>	(x2)	
And as we come to Your Feet the power of Kundalini drenches us completely		
<b>Char.nasi Yeta Jagrutis. Alo</b>	(x2)	
By coming to Your Lotus Feet we got our realisation.		
<b>Ganesh. To Amha Nyanarjan. Dei</b>	(x2)	} (x2)
Shri Ganesha gives us the knowledge that <b>Mata Nirmala Hi Vishwachi Re Ai</b>	(x2)	
Mother Nirmala is the Mother of the Universe.		
<b>Adnyan Dur. Hota Anubhava Alo</b>	(x2)	
We experience it as our ignorance disappears.		
<b>Brahmadev. Sange Vishnuchya Re Sange</b>	(x2)	} (x2)
Brahma and Vishnu tell us <b>Shaktivan. Amhi Bhagavati Ange</b>	(x2)	
that they are powerful with the Grace of Mother.		
<b>Guru Nam. Ghetā Anahati Alo</b>	(x2)	
As we recognise the Adi Guru Datattreya, we reach the Heart Chakra.		
<b>Shiv. Shakti Ram. Sita Bhakta Hanumant.</b>	(x2)	} (x2)
Shiva, His Power, Sita, Rama, and Hanumana all <b>Matechya ya Dhyani Amhi Shobhiwant.</b>	(x2)	
Bedeck the meditation upon our Mother.		
<b>Bhavamadhya Tyanchya Sahasrari Alo</b>	(x2)	
As we recognise Them, we reach Sahasrara.		
<b>Krishna Radha Yeshu, Mary Amha Sange</b>	(x2)	} (x2)
Krishna, Radha, Jesus and Mary tell us that <b>Nam. Ghya Nirmal. Amhi Tumha Sange</b>	(x2)	
They will guide us if we take the name of Nirmala.		
<b>Sharan. Tyana Tsata Tujhya Bheti Alo</b>	(x2)	
O Mother we have met You as we surrendered to Them.		
<b>Atma Shiv. Jyoti Dise Tujhya Dwari</b>	(x2)	} (x2)
We see the flame of the Spirit at Your threshold <b>Chaitanyache Tez. Antari Baheri</b>	(x2)	
And the brilliance of Chaitanya is within and without.		
<b>Sahasrara Mate Swarupi Mi-alo</b>	(x2)	
As You pierce the Sahasrara, Mother, we become the Spirit.		

**UGHAD. SAHASTRAR. MATE***(Raga Yaman; Nasik Group - Anant Damle)***Chorus:**

Premachi Shidori Agnya Chakra Wari (x2)

Ughad. Sahastrar. Mate (x4)

Nirmi Lesi Vishwa Jewha Jiwa Madhye Alo } (x2)

Zanma Mrutyuchya Hya Pherya Madhye Sap.Dalo

Tuzha Kherl. Zhala Mate

Pari Na Visawa (x2)

Ughad. Sahastrar. Mate (x4)

Tuzhya Charanasi Mate Jewha Amhi Alo } (x2)

Krishna Swarup Pahun Tewha Mani Dang. Zhalo

Dhyan.Madhye Muladhari

Shaktirup. Dewa (x2)

Ughad. Sahastrar. Mate (x4)

Tuzhya Krupe Nid.Rit. Shakti Urdhvamukhe Yei } (x2)

Sat. Chakre Tichya Sparshe Jagrut. Ti Hoi

Adnyasthani Yeta Mate

Ka Ga Visawa (x2)

Ughad. Sahastrar. Mate (x4)

Tej. Jewha Tya Shaktiche Ida Pingalat. } (x2)

Thand. Thand. Chaitanyachya Lah.Ri Vahatat

Sahastrar. Bhed. Name

Anantatw. Thewa (x2)

Ughad. Sahastrar. Mate (x4)

A happy Blossom  
 Hears you sobbing sobbing  
 Pretty Pretty Robin  
 Near my Bosom.

## **POWADA** (*The Universe Sings*)

**Pahile Naman. Ho Ganarayala (x2)**

Let us sing first praise to Lord Ganesh,

**Dusre Naman. Adishakti (x2)**

And secondly to praise the Adishakti,

**Tisre Naman. Sahajayogala**

And thirdly let us praise Sahaja Yoga!

**Gau Ata Ra Povadyala .... Ra Ji, Ji, Ji**

Now let us sing the Powada!

**Ek Unishte Teis. Salala (x2)**

In Nineteen Hundred Twenty Three,

**Madhyapranti Chindavaryala (x2)**

In Chhindwara, Madhya Pradesh,

**Bhar. Dupari Barah Vajela**

At noon precisely, twelve o'clock,

**Adishaktiza Zanma Zhala .... Ra Ji, Ji, Ji**

Adi Shakti took her birth!

**Dhanya Mata Prasad.Rav. Pita (x2)**

The great mother and father Prasadrav (Salve)

**Atipunyavan. Ubhayata (x2)**

Both are so much blessed,

**Daivi Kanya Tyanchi Lalita**

Because their goddess-daughter Lalita

**Sakal. Vishwachi Ase Hi Shan. .... Ji, Ji, Ji**

Is the Great Mother of the Universe.

**Nir.Gunatuni Sagunant. (x2)**

The formless took form,

**Ali Adishakti Jag.Tat. (x2)**

Adi Shakti came into this world.

**Kaliyugat. Mata Ali**

She came in the depth of Kali Yuga,

**Nirmala Devi Mayabhorli .... Ra Ji, Ji, Ji**

Mother Nirmala who is really innocent.

**Dhanya Te Purvasukrut. (x2)**

In past lives we were all great yogis.

**Kundalini Zhali Jagrut. (x2)**

That's why we have had Kundalini awakening.

**Sat. Chakre Par. Karit.**

As Kundalini passes through the seven chakras,

**Ali Sarvanchya Sahasrarat. .... Ji, Ji, Ji**

It rises into all men's Sahasrara.

**Lehekure Amhi Adnyan. (x2)**

We are all such little children,

**Nase Amhala Kahi Dnyan. (x2)**

We don't have any knowledge,

**Ananya Bhave Sharan.**

But as we surrender with all our heart, with our small brain,

**Alpamati Kelevarnan. .... Ra Ji, Ji, Ji**

We have tried to describe you.

**Sahaz Yogane Hote Pragati (x2)**

Through Sahaja Yoga we have made such progress!

**Ghya Ho Ghya Ho Yachi Prachuti (x2)**

Now, please, you experience Sahaja Yoga!

**Divyatvachi Jeth. Prachuti**

Fulfilled by miracles,

**Tethe Kar. Majhe Ho Zulti .... Ra Ji, Ji, Ji**

We bow to our Mother.

**TUZHYA DARSHANE PAVAN. ZHALO****Chorus:**

Tuzhya Darshane Pavan. Zhalo

Ure Na Mag.Ne Kahi

Ai Houn. Kese Utarai

Samyak. Je Je Didhala Maz.La

Satya Shivachya Sundar. Tela

Dyayache Maz. Hatun. Tuzhiya

Adnyani Mi Mati Mand. Mi

Ahambhat. Pari Hota Romi

Atma Paramatmyachi Shik.Wan

Pahat. Padate Nei

Salokhyane Jagj. Viharlo

Saridhye Tadatm. Pavalo

Sahaz. Yog. Var.Dan. Dile Tu

Trupt. Antari Ai

Ashirvach. Tav. Maj Sanga Ti

Sahastrari Tu Maya Bhag.Wati

Adishakti Tu Jiwa Shivachi

Vishwa Varadayi



*ou have to love everyone.*

*Try to make everyone*

*happy. That's why I like music  
because through music you can  
spread vibrations, it's a very good  
media of spreading vibrations, of  
loving vibrations. But those who are  
musicians have to be loving people.*

**Christmas Puja - 25.12.1997**  
**Ganapatipule - India**



## KRUTARTH. PANDURANG.

**Pavan. Zhali Chandra-bhaga**

Chandrabhaga was pleased,

**Krutarth. Pandurang. Oh- Krutarth. Pandurang.**

Pandurang Shri Krishna was satisfied.

### **Chorus:**

**Harijan. Bheti Hari Rang.la** (x2)

Hari (Shri Vishnu) is busy with the Harijan people

**Pandari Zhali Dang., Oh—**

Pandharpur people got lost in this Darshan

**Pandari Zhali Dang.**

**Zhala Krutarth. Pandurang.** (x2)

Pandurang (Shri Krishna) was satisfied.

**Marnav.teche Darshan. Deun.** } (x2)

By granting the Darshan in human form

**Chaitanyane Kan. Kan. Nhale**

The Chaitanya has drenched every particle.

**Karlasavarati, Karlasavarati Navi Pataka**

On top of the temple a new flag is unfurled

**Tez. Nave Ale, Oh—**

And shines with a new brightness.

**Tez. Nave Ale**

**Mrudang. Navhata Navhatya Chiparlya** (x2)

Mrudanga (drums) and bells kept silent

**Navhate Az Abhang., Oh—**

No bhajan was sung today.

**Navhate Az Abhang.**

**Zhala Krutarth. Pandurang.** (x2)

Pandurang (Shri Krishna) was satisfied.

**Maharashtrachi Sant.malika** } (x2)

The heritage of the succession of Maharashtrian Saints

**Thevun. Geli Ek. Mani**

Has really entered in each mind.

**Paramparati, Paramparati Dnyaneshachi**

The tradition of Dnyaneshwar

**Yei Punya Uzaluni, Oh—**

Is dawning again.

**Yei Punya Uzaluni**

**Manamanatun. Ek. Dayarlu** (x2)

Within each and every mind, the compassion

**Pragate Shri Rang., Oh—**

Of Shri Rang is appearing.

**Pragate Shri Rang.**

**Zhala Krutarth. Pandurang.** (x2)

Pandurang (Shri Krishna) was satisfied.

## DEVI MALA

Kai Karu Bai Dhyas. Lag.La  
 Suchena Majhe Mala  
 Suchena Majhe Mala, Mala, Mala ...  
 Devi Mala Nad. Tujha Lag.La (x3)

### **Chorus:**

Kai Karu Bai Dhyas. Lag.La  
 Suchena Majhe Mala  
 Suchena Majhe Mala, Mala, Mala ...  
 Chanda Mala Nad. Tujha Lag.La (x2)  
 Ai Mala Nad. Tujha Lag.La (x2)  
 Ambe Mala Nad. Tujha Lag.La (x2)

Kusumbachi Chorli Ambe Kashan. Bhijarli (x2)  
 Kai Karu Bai Dhyas. Lag.La  
 Suchena Majhe Mala  
 Suchena Majhe Mala  
 Devi Mala Dhyas. Tujha Lag.La (x3)

Jariche Lugade Kashan. Marlele (x2)  
 Daityana Lorlevile Ga Rati Bai (x2)  
 Ratnancha Chura Ambe Kashan. Vicharla (x2)  
 Jhanjecha Bhar. Padala Ga Rati Bai (x2)

Nau Khande Dhup., Nau Khande Kapur. (x2)  
 Kailasi Dhur. Gela Ga Rati Bai (x2)



## **ADIMAYA AMBABAI** (*'Pure Devotion' & 'Sahaj Unlimited'*)

### **Adimaya Ambabai, Sarya Duniyechi Ai (x2)**

Primordial Goddess of illusion, Mother Kundalini, Mother of the whole world

### **Tichya Eka Darshanat. Koti Janmachi Punyai**

Being in Her attention for a brief moment brings blessings for millions of lifetimes

**Ho, Ho, Ho ...**

### **Chorus:**

### **Adimaya Ambabai Sarya Duniyechi Ai (x2)**

Primordial Goddess of illusion, Mother Kundalini, Mother of the whole world

### **Ude Ga Ambabai! Ai! Ude Ga Ambabai!**

Rise O Mother Kundalini, rise

### **Sarya Charachari Tits. Jiva Sanjivani Dete (x2)**

She is the life force of all creation, She is omnipresent

### **Tits. Saumhar. Saumhari**

She is the Saviour and the Destroyer

### **Daitya Danav. Marite (x2)**

She is the destroyer of all demons (rakshasas)

### **Tichya Chandirupa Ad. Zhar. Zal.Zal Vahi**

Even in Her intimidating (fierce) form of Chandi, one finds tender Motherly love flowing like a waterfall

**Ho, Ho, Ho ...**

The following verses describe different incarnations of Shri Adi Shakti in Maharashtra such as Shri Mahalakshmi (Kolhapur), Shri Mahakali (Tuljapur);

### **Kshetr. Namavant. Ek., Nav. Kolhapur.**

### **Tyatse Nav. Kolhapur. (x2)**

One famous sacred place is known as Kolhapur

### **Aganit. Khambavari, Rahile Mandir.**

### **Ubhe Rahile Mandir. (x2)**

Where the temple is built with numerous columns and the Gods adorn the Devi (in the form of Mahalakshmi)

### **Nana Dev. Sabhovati Devi Madhomadh. Rahi**

The Devi is in the center, surrounded by all the Gods

**Ho, Ho, Ho ...**

### **Tul.za Purichi Bhavani, Zanu Mula Adishakti ...**

### **Zanu Mula Adishakti (x2)**

The goddess Bhavani who incarnated at Tuljapur is verily the Adi Shakti

### **Ghor. Aghat. Prahar. Tine Pats.vile Poti**

### **Tine Pats.vile Poti (x2)**

In that incarnation She has had to endure intense attacks from demons (rakshasas) in order to protect Her devotees

### **Swata Taravi Bhaktana, Devi Taruniya Nei**

She is the one that saves the devotees through difficulties, dangers and distress to give them salvation/deliverance

**Ho, Ho, Ho ...**

**Amravatichi Devata, Shashwata Amar. ...**

**Ase Shashwata Amar. (x2)**

The Goddess of Amravati (Captial city of Lord Indra) is eternal and always showers blessings

**Ambe Zogait. Tine Mandiyele Ghar. ...**

**Ek. Mandiyele Ghar. (x2)**

She established her auspicious house in the holy place of Ambejogai

**Mumba Purichya Mandira Dan. Chaitanyatse Yei**

You will definitely receive vibrations if you visit the temple of Mumbadevi (in Mumbai)

**Ho, Ho, Ho ...**

**Koni Manati Chandika, Koni Manati Bhavani ... (x2)**

Some call Her Chandika, some call Her Bhavani,

**Durga Durgat. Yamai Amba Asur. Mardini ...**

She is Durga and Amba, the destroyer of the demons

**Kiti Rupe, Kiti Nave Pari Ek. Tej. Rahi**

Although She can be described in many forms and with many names,

She remains the all powerful Goddess

**Ho, Ho, Ho ...**

## **GONDHARL. MANDILA** *(Short Version)*

**Gondharl. Mandila Aicha Gondharl. Mandila (Chorus)**

**Koni Ghagari Nachava**

**Kone Sumbhale Vajava**

**Koni Aila Borleva, Koni ... Mandava**

**He Gondharl. Mandila ...**

**Aj. Ghari Majhya Mata Ai (x2)**

**Ai Arud. Asnavar, Taki Nazar. Bhaktavar. (x2)**

**Kali Yogyanna Supar. (x2)**

**Mahishasur. Mardini Devi Mahakali Ali (x2)**

**Aj. Ghari Majhya Turleja Bhavani Ali (x2)**

**Borlavu Borlavu Sarv. Jevan. Bhi Borlavu (x2)**

**Tichya Gondharlala Yeu, Daha-Panch. Ghau Jeu (x2)**

**Vaiche Tu Gan.Pati Gondharla Ye (x2)**

**Sinhapurchya Mahadeva Tu Gondharla Ye (x2)**

**Gan.Kapurche Dattatreya Gondharla Ye (x2)**

**Paligav.Che Khanderaya Gondharla Ye (x2)**

**Avan.Gachi Yamai Tu Gondharla Ye (x2)**

**Kolhapurchi Mahalakshmi Tu Gondharla Ye (x2)**

**Tuljapurchi Tuljabhavani Gondharla Ye (x2)**

**Hridayaswamini Nirmal. Mata Tu Gondharla Ye (x2)**

**Landanpurchi Nirmal. Mata Gondharla Ye (x2)**

**Vishwa Vyasaki Nirmal. Mata Gondharla Ye (x2)**

**Ai Ude Ga Ambabai... (Repeat)**

## MATAJINCHE SWAPNA

(*Nirmal Sangeet Sarita; 'Bandagi' & 'Anand Lahari'*)

### **Chorus:**

**Matajinche Swapna Sahaj. Sakarile** } (x2)  
 Mother's dream of Sahaj has taken shape  
**Jam.la Ha Mela**

As a result this assemblage has collected in Her Grace.

**Owala Ho Owala, Vadhuvaras. Owala** (x2)

The newly married people are showered with the auspicious blessings in the form of aarti.

**Matajinche Swapna Sahaj. Sakarile**  
**Jam.la Ha Mela**

**Nanda Saukhya Bhare Ashirvadilya Ai** (x2)

'Dwell eternally in the bliss of marriage' — so saying, the Mother has blessed the newly-weds

**Tumha Kami Nahi Swarganandat. Kahi** (x2)

You will not have shortage of anything in the blissful paradise

**Tyanchya Sanidhyat. Trigunit. Hoil Ha** (x2)

Because your proximity to Mother will be more, therefore your happiness will double and multiply

**Nir.Mal Anandacha Soharla, Premacha Soharla**

This ritual will become the ritual of pure joy and happiness.

**Dampatya Jivanat. Sukh.-Samruddhi Bhar.** (x2)

**Dukhe Hi Tumhi Nanda New York Na Nagpur** (x2)

**Adishakti Alaya Pur.**

**Adishakti Alaya Pur.**

**Dur. Ni Va Saungini**

**Soruni Kantharla** (x2)

**Nirbhey Valhava Nav. Jivnachi,** } (x2)  
**Vadarl. Hoi Santh.**

**Premachi Hi Nadi Jila Ugam Na Ant.** (x2)

**Sahajat. Je Gharte** (x2)

**Tyala Bhati Na Khant.** (x2)

**Jari Asel. To**

**Anubhavat. Kowala** (x2)

Once you put your boat of married life in the ocean of maya, all storms will subside because of the power of Sahaj. This is such a river of love which has no beginning nor any end. Whatever occurs in Sahaj, that person will never have any fear or remorse, even if he is raw in experience.

**Karu Sajari Mangalagaur.** (x2) } (x2)  
**Jevha Lagel. Dohala**

**Sahajache Yetil Chimukle Pratinidhi**

**Mary Wa Gopala** (x2)

**Pan. Don. Pure Jast. Nako** (x2)

**Hoil Ghotala** (x2)

**Bhavishya De Maulichya Hati, Maulichya Hati**

**Bhaghya Dete Ji Sakala** (x2)

We will celebrate the post-marriage ceremony, and when the symptoms of pregnancy come, tiny representatives of Sahaj will arrive. But two are enough or else there will be utter confusion. Put the future of your married life in the gracious Hands of Mother, Who takes care of everybody.

# NAMO NAMO MARIA

(Shrirampur group)

## **Chorus:**

**Namo Namo Maria, Oh, Oh, Oh, Oh**

'Salutations to You, Mary!

**Namo Namo Maria, Dutacha Namaskar**

The messenger's homage to You!

**Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)**

The son of God shall be born from Your womb!

**Sarv. Striyamadhya He Tuch. Jag.dhanya**

'Exalted are You amongst women,

**Dev.bap. Zhala He Tu Zhala Prasanna (x3)**

For God the Father blessed You with His Darshan!'

**Mariyene Kela, Oh, Oh, Oh, Oh**

**Mariyene Kela Dev. Putrancha Swikar**

Thus Mary accepted the Son of God.

**Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)**

**Yosefachya Mana Madhya Sanshay. Yei**

Joseph came to doubt about Mary.

**Nishkalank. Maria Ka Garbh.Vati Rahi (x3)**

How could his most pure Mary be with child?

**Dharm. Pani, Oh, Oh, Oh, Oh**

**Dharm. Pani Sod.nyacha Yojla Vichar**

So confused did he become that he considered breaking the Dharma of his engagement.

**Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)**

**Swapni Yosefachya Yei Dev. Achadut.**

But then an angel came to the dream of Joseph,

**Nishkalank. Mariyes. Deu Nako Dosh. (x3)**

And made him sure of Mary's perfect virtue,

**Gunya Govindane, Oh, Oh, Oh, Oh**

**Gunya Govindane, Ha Nande Parivar**

And henceforth they enjoyed a blissful marriage.

**Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)**

"The song is about Gabriel going to Maria, and He gives His salutations, and He tells Her the news, that She will be the Mother of the God's son. And then, He says that You should not worry about it because God has chosen You, the person to create this great incarnation on this earth. And the third one they say that when She was satisfied, She accepted the Son of God... Beautiful song in Marathi, it's a Christian song, as he says, but it's also a Sahaja Yoga song."

H.H. SHRI MARIA MATAJI

## **SATVASHALI MAULI** *(Shrirampur group)*

### **Chorus:**

**Tuch. Dili Varni, Varnit. God Boli (x2)**

**Pavan Jagamadhya Tuch. Ek. Zhali  
Satvashali Mauli (x2)**

**Varn. Bhed. Arni Zat. Visuruni } (x2)  
Yeti Jhundi Lokanchya Duruni }**

**Manisha Manamadhya Sahaj. Yogini Keli (x2)**

**Pavan Jagamadhya Tuch. Ek. Zhali  
Satvashali Mauli (x2)**

**Vruksh. Chaya Tuch. Ya Sagari } (x2)  
Papanche Ojhe Hote Bhari Shiri }**

**Harshacha Uday. Kundalinitun. Kela (x2)**

**Pavan Jagamadhya Tuch. Ek. Zhali  
Satvashali Mauli (x2)**

**Jagamadhya Duhkhachi Sav.Li } (x2)  
Anandachi Sandhya Jaga Davili }**

**Mata Nirmalache Borl. Theva Dhyani (x2)**

**Pavan Jagamadhya Tuch. Ek. Zhali  
Satvashali Mauli (x2)**

“These are young boys from Shirampur, who are Sahaja Yogis; and they have composed a beautiful bhajan, as they call it, and they are singing such a beautiful thing; it's a very beautiful poetry also. And they are doing it so well, you can see... these are all Sahaj Yogis, your brothers! May God bless them!”

H.H. SHRI NIRMALA DEVI

## **MAHUR GADAWARI**

*(Praise of Mahasaraswati)*

### **Chorus:**

**Mahur Gadawari, Mahur Gadawari Ga Jujha Vas.**

On the hill of Mahur (village close to Nagpur), O Goddess You stay

**Bhakt. Yetil. Dar.Shanas.**

Devotees all come to receive Your Darshan

**Pive Patarl. Ga, Pive Patarl. Buttedar.**

You wear a yellow sari with golden designs,

**Angi Chorli Hi Hirvigar.**

And a blouse of an intensely green colour.

**Pitambarachi Ga, Pitambarachi Khowuni Kas**

Dressed with Pitambaras (yellow dhotis),

**Bhakt. Yetil. Dar.Shanas.**

Devotees all come to receive Your Darshan

**Bindi Bijwara Ga, Bindi Bijwara Bharli Shobhe**

A golden jewel surmounts the bindi on Your forehead.

**Kap. Varlya Ni Vel. Zhube**

And golden earrings hang from your ears.

**Hichya Nathela Ga, Hichya Nathela Hir.Ve Ghos.**

Your nose is adorned with a jewel of enormous green stones.

**Bhakt. Yetil. Dar.Shanas.**

Devotees all come to receive Your Darshan

(x2)

**Sari Thuahin Ga, Sari Thuahin Mohan. Marl.**

They garland You with a three stringed necklace of golden pearls,

**Jodvya Masorlya Painzan. Charl.**

They tie anklets to Your Feet and put rings to Your Toes.

**Patta Sonyacha Ga, Patta Sonyacha Kamarela**

You wear a golden belt around your waist,

**Ati Hir.Va Chuda Shobh.La**

And the rows of green bangles at Your wrists shine beautifully.

(x2)

(x2)

**Zayi Zuyichi Ga, Zayi Zuyichi Anali Pule**

They brought bunches of jasmine flowers,

**Bhakt. Kunphiti Har. Ture**

And made garlands and bouquets out of them

**Har. Ghalite Ga, Har. Ghalite Ambe Tula**

O Goddess, let us garland You!

**Bhakt. Yetil. Dar.Shanas.**

Devotees all come to receive Your Darshan

(x2)

(x2)

**Tula Basayla Ga, Tula Basayla Chandanatza Pat.,**

You rest on a sandalwood seat,

**Tula Jevayla Tzandiche Tat.**

And eat from a silver plate.

**Puran-Porline Ga, Puran-Porline Hi Bhojanala,**

You eat the sweet chapati

**Mukhi Tambul Dete Tula**

After Your meal they offer You "pan"

(x2)

(x2)

**Mazhya Manichi Ga, Mazhya Manichi Manas. Puja,**

With all their devotion and love they worship You,

**Preme Arpili Asht.bhuja**

Out of love, they make this offering to the eight-handed Goddess:

**Khana Nar.lachi Ga, Khana Nar.lachi Oti Tula,**

They offer a coconut and an embroidered silk cloth as 'Oti' (asking for blessings)

**Bhakt. Yetil. Dar.shanas.**

Devotees all come to receive Your Darshan

(x2)

(x2)

## LAKSHMI ALI

### Chorus:

Lakshmi Ali } (x3)  
Tichi Krupa Amhavar. Zhali

Ratnakhachit. To Mukut. Shiravar. (x2)  
Karni Kundale Tarl.Pit. Bhari (x2)  
Nayan. Shobhati Te Vamalapari (x2)  
Kum Kum Bharli Tichi Krupa Amhavar. Zhali

Induvadana. Bimbadhar. Sundar. (x2)  
Kund.Rav. Sansmit. Ruchikar. (x2)  
Bhakta Davi Abhay. Varad. Kar. (x2)  
Sannidh Thevi Tichi Krupa Amhavar. Zhali

Kesh. Mocarle Khandhyavar Ti (x2)  
Harit. Kanchuki Bhuja Shobhati (x2)  
Savrit Pivle Pitambar. Niguli (x2)  
Krupa Nyaharli Tichi Krupa Amhavar. Zhali

Swabhaktana Shakti Tine Dili (x2)  
Chinta Geli Bhyali Nimali (x2)  
Anande Hi Srushti Kondali (x2)  
Khari Dipawali Tichi Krupa Amhavar Zhali

Sant. Madhujan. Gati Nachati (x2)  
Owarluniya Mangal. Ar.Ti (x2)  
Prasad. Mishtanna Nach. Ganati (x2)  
Tahan. Bhuk. Nimali Tichi Krupa Amhavar. Zhali

Vaikunthichya Harichi Rani (x2)  
Jagadamba Gurukrupa Rupini (x2)  
Vase Manachya Murli Sadhani (x2)  
Aji Ko Karlali Tichi Krupa Amhavar. Zhali

Hashya Charachar. Vyapun. Geli (x2)  
Bhaktan Sathi Sagun. Jaharli (x2)  
Digambarachya Dasa Kawali (x2)  
Nijkar Nijkar Kamali Tichi Krup Amhavar. Zhali

## MAULINE THOTHAVILE DAAR

(Nirmal Sangeet Sarita; 'Bandagi', 'Mauli 1' & 'Sahaj Unlimited')

### **Chorus:**

**Mauline Thothavile Daar (x2)**

Mother has knocked on your door

**Houni Za Ata Gadya Paar (x2)**

Now friend, cross the ocean (of maya by getting your realisation)

**Sahajachya Bandhanat. Chaitanya Laharincha (x2)**

In the bandhan of Sahaj the Divine vibrations

**Nirantar. Hoi Tuj.Var. Vaar.**

Will be showered upon you incessantly

**Houni Za Ata Gadya Paar (x2)**

**Chittachya Ashwala Lagam. De Manacha (x2)**

Control the horse of your attention by applying the reins of your vibrated heart

**Hoshil. Mag. Savayi Ghoshwar**

Then you will become an expert horseman

**Houni Za Ata Gadya Paar (x2)**

**Bahya Drushtila Ata Tu At. Orhuni Ghe (x2)**

Your attention which is drifting with your external sight should be pulled in for introspection

**Swa Kar.Macha Ho Tu Sakshidar**

So that you become a witness to your own deeds

**Houni Za Ata Gadya Paar (x2)**

**Na Mi Gunhegar Na Tu Konacha Gunhegar (x2)**

Neither am I guilty nor are you guilty of anything

**Athanga Sahajala Bhar.ti Phar**

Because the unending massive ocean of Sahaj has plenty of tide which can absorb all the guilt.

**Houni Za Ata Gadya Paar (x2)**

## PARABRAHMHA DEVA

Rup. Ek. Name

Rup. Ek. Name, Tujhi Re Anant.

### Chorus:

Parabrahmha Deva, Tula Dand.Vat.

Parabrahmha Deva, Deva, Tula Dand.Vat

Parabrahmha Deva, Tula Dand. Vat.

Kunaca Kanhaiya, Kunacha Govind. (x2)

Kuni Vishnu Bhajani Sada Rahi Gung. (x2)

Kuni Nilakant. Pujito Manat. (x2)

Kuni Ghalito Sak.De Vitthalasi, Vitthalasi (x2)

Kuni Arth. Vidya Prabhu Ragh.Vasi (x2)

Kunacha Vase To Datt. Chintanat. (x2)

Mazha Rom. Rom. Tujhya Nami Range (x2)

Tujhi Murt. Deva Nayani Tarange (x2)

Mala Pam.Rala Dei Dei Hat. (x2)

Vitthala Deva, Vitthala!!!

Rup. Ek. Name (x3)

Tujhi Re Anant.



# LAHAR.LA SAHAZACHA PATAKA

(Nirmal Sangeet Sarita - 'Bandagi')

## Chorus:

**Lahar.La Sahazacha Pataka Lahar.La! (x2)**

The flag of Sahaj is unfurled, the flag of Sahaj is flying high (in the cool breeze of vibration).

**Shubh. Sandesh. Hya Pirhicha (x2)**

The present generation is heralding this auspicious message

**Bhavishyakarlala (x2)**

To future generations.

**Lahar.La Sahazacha Pataka Lahar.La! (x2)**

**Chanchal. Chitt. Ata Thahar.Le (x2)**

The unsteady mind is steadied.

**Sarv. Gavasale Ze Ze Har.Vale (x2)**

(as a result) All that was lost is discovered and found.

**Vatsalyane Prem. Ghas. Bhar.Vile (x2)**

Motherhood has fed morsels of love.

**Ale Balas. Sahazachya Barlala!**

(As a result) The child of Sahaj has blossomed in puppy fat!

**Shiv.Shakticha Vajr. Kadad.La (x2)**

The Power of Shiva through Trishul has struck.

**Saitani Sankalp. Ho Phas.La (x2)**

(As a result) All of satan's evil determination has failed.

**Bhut.Badhecha Manorath. Dhalala (x2)**

The plans of ghosts and evil spirits have collapsed.

**Shaktirup. Durgecha Prakop. Pragat.La!**

Enraged, Durga has now manifested herself in all her power and strength.

**Drushyatunahi Adrushya Ho Dis.Le (x2)**

The invisible has been seen through the visible (Subtle was seen through gross).

**Nayanatuni Bhay. Paar Vilopale (x2)**

(As a result) The fear has totally vanished from the eyes.

**Tejaswini Ma Swarup. Prakhar.Le (x2)**

Radiant Mother's face has got enhanced in its glow.

**Adishakticha Hach. Khara Drushtant. Ho Tharala!**

Which has proved to be the true vision of Adi Shakti actualized.





*Saraswati has a Veena in Her hand and that Veena is the primordial instrument which She plays like music, and music penetrates into the heart. You don't know how it goes into you and how it works out. That is how a person who is Sahaja Yogi should permeate - like music. There are so many qualities as I told you which cannot be described in one lecture. But one of the greatest quality of Her's is that She ends up into subtler things like the Mother Earth will end up into fragrance. Music will end up into melody like that whatever She creates ends up into something greater.*

**Shri Saraswati Puja - 13 January 1983 - Dhulia - India**

## BRAMHA SHODHILE, BRAMHAND. MIRLALE

(Raga Hansadwani; Nirmal Sangeet Sarita - 'Bandagi')

### **Chorus:**

**Bramha Shodhile, Bramhand. Mirlale**

I was searching for Divine vibrations,

**Ai, Tujhiya Dhami (x2)**

Mother, on Your doorstep...

**Janmojanmachi Punyayi Az. Ali Majhiya Kami**

All the accumulated righteousness of many a birth has today been put to proper use,

**Ai, Tujhiya Dhami (x2)**

Mother, on Your doorstep...

**Chitta Pari Mam. Je Je Didh.Le (x2)**

Whatever I perceived through the medium of my attention

**Jignyase Te Te Shodhiyale (x2)**

I searched for it through my curiosity;

**Abhav. Maz.La Tivr. Bhas.Ta (x2)**

Not satisfied, when my sense of deprivation became acute

**Dag.Dalahi Mi Pujiyale (x2)**

I even worshipped the stone.

**Gamya Agamya Sarv.Chi Kar.Le (x2)**

The known and the unknown, all were understood

**Bhar.Ta Pokarli Rikami...**

as soon as the void within me was filled with Your Divine vibrations,

**Ai, Tujhiya Dhami (x2)**

Mother, on Your doorstep...

**Anubhutine Chaitanyachya (x2)**

On the basis of the experience of the Divine vibrations

**Swahrudayi Tuz. Mi Sakshiyale (x2)**

I witnessed Your Purity in my heart.

**Dharm.Satwahn. Nashwar. Ahe (x2)**

So-called man-made religion is essenceless and perishable

**Devavin. Maz. He Karlale (x2)**

Without the presence of God, this I understood.

**Satw. Asatw. Sarv.Chi Kar.Le (x2)**

The essence and the nonsense I could discriminate

**Maz.La Antar.Yami...**

Within my purified inner heart

**Ai, Tujhiya Dhami (x2)**

Mother, on Your doorstep...

**Suptatun. Mazha Jagruti Gheta (x2)**

Having achieved awakening from dormancy

**Dhyanatach. Man. Sthiravale (x2)**

My mind has steadied in meditation.

**Unepan. Gele Adhikahi Gele (x2)**

My negativity went and so did my over-activity,

**Santulan. He Mi Acharile (x2)**

And I developed a balanced conduct.

**Yatn. Prayatn. Nishphal. Thar.Le (x2)**

All attempted efforts proved futile

**Vilopali Shri Char.Ni...**

And have now vanished on Your Lotus Feet

**Ai, Tujhiya Dhama** (x2)

Mother, on Your doorsteps...

**Tuch. Adi, Tuch. Anadi,** (x2)

You are the beginning and You are the Eternal

**Tu Bramhand., He Zaniyale** (x2)

And You are the Universe, this I have realised.

**Parivar.Tit. Mangal. Jivan. He** (x2)

This transformed auspicious lifestyle

**Krupet. Tujhiya Ubhariyale** (x2)

I have replanted in Your Grace

**Tav. Shaktine Kalp.Tarula** (x2)

On this visionary tree of desire, through Your Divine Power,

**De Yogache Pani...**

Kindly pour this Water of Yoga

**Ai, Tujhiya Dhama** (x2)

Mother, on Your doorstep...

**DEKHILA VANDILA**

Dev. Dev. Kuni Pahila

Dev. Kona Sange Bolela

**Matajinchya Rupa Madhye** (x2)**Dekhila Vandila...**

Dev. Dev. Kuni Pahila

Dev. Kona Sange Bolela

**Amha Mulanche Karita Poshan.** } (x2)**Dukha Pasun. Kari Sauravshan.** }**Jinchya Krupene Mahapapancha** (x2)**Parat. Phire Dalla...****Sagun. Rupane The Kruthvivar.** } (x2)**Bhakt. Denya Abhaya Mod.Var.** }**Jinchya Darshane Mahasukhancha** (x2)**Ogh Khula Jhala...****Adishakti, Adi Janani** } (x2)**Sahaj. Jag.Vi Ji Kundalini** }**Marg. Prapticha Sahaj. Sulabhasa** (x2)**Marg. Jine Davila...**

## MATAJI TUM.CHI DAYA

Mataji, Tum.Chi Daya, Amhas. Labhude  
Shri Mataji, Tum.Chi Daya Amhas. Labhude  
Tum.Chiya Jagat. Shanti,  
Saukhya Labhude...

### Chorus:

Mataji, Shri Mataji, Tum.Chi Daya.  
Amhas. Labhude  
Mataji Tum.Chi Daya Amhas. Labhude  
Tum.Chiya Jagat. Shanti,  
Saukhya Labhude...  
Mataji, Shri Mataji, Tum.Chi Daya,  
Amhas. Labhude

Jagat. Vatsala Kali Anahat. Bhumi Jahali (x2)  
Karanyat.La Kumhar (x2)  
Shakti Labhude...

Akrandan. Kariti Din. Swarth. Pari Daya Vihin. (x2)  
Bhavanyas. Ha Kela (x2)  
Paya Labhude...

Vivek. Sayyam. Dhir. Shraddha Karun. Apaar. (x2)  
Sarv. Dharm. Ek. Bhav. (x2)  
Mati Labhude...

Sat-Asat Sadaiv. Mishr., } (x2)  
Kon. Shatru, Kon. Mitr. }  
Nivadanitz. Karanyachi (x2)  
Buddi Labhude...

# MAHARASHTR. DESHA

(*The Universe Sings*)

## **Chorus:**

**Maharashtr. Desha Jagrut. Karuya Kavale Karun.** } (x2)

Let us awaken this country of Maharashtra singing poems

**Jagruti Mohim. Hati Gheuya Vinamr. Houn.**

We will carry out this work of awakening with complete surrender

**Shri Gan.Raya Pranam. Amucha** }

We will bow to Shri Ganesha

**Shuddh. Mata Dhyavi** } (x2)

Let us have pure wisdom

**Adishakti Pranam. Amucha**

We will bow to Adi Shakti

**Shuddh. Buddhi Dyavi**

Let us have pure understanding

**Sahaj Yogachi Vinanti Eka, Tumhi Yogijan.**

Please listen to the Sahaja Yogis' request, you, saintly people

**Jagruti Mohim. Hati Gheuya**

We will carry out this work of awakening

**Vinamr. Houn.**

With complete surrender.

**Kundalinila Jagruti Yeta** }

When Kundalini awakens

**Brahmashakti Vah.te** } (x2)

Then the power of Brahma flows in our hand

**Brahmashaktichya Krupa Prasade**

With this power of Brahma bestowed on us

**Asuri Shakti Jal.Te**

The negative forces are burned away

**Shuddh.Buddhicha Prasad. Karuya Nir.mal. Houn.**

With the gift of pure wisdom we will become pure

**Jagruti Mohim. Hati Gheuya**

We will carry on this work of awakening

**Vinamr. Houn.**

With complete surrender.

**Jyotimadhuni Jyot. Ujaluya** }

We will enlighten one candle after another

**Prem. Bhav.ne Ne** } (x2)

With love in our hearts

**Sahaj Yogachi Prarth.na Ata**

We will pray for Sahaja Yoga

**Shuddh. Bhav.ne Ne**

With purity in our hearts

**Adishaktiche Mantr. Phulavuya Jaagrut. Houn.**

We will chant the mantras of Adi Shakti

**Jagruti Mohim. Hati Gheuya**

We will carry on this work of awakening

**Vinamr. Houn.**

With complete surrender

## VAND.NA, VAND.NA

Devi Mata Tula

### **Chorus:**

Vand.Na, Vand.Na } (x2)  
Devi Mata Tula

Vand.Na, Vand.Na ...

Sahaj. Yogi Amha

Hasav. Nij. Nand.Na ...

Vand.Na, Vand.Na,

Devi Mata Tula

Vand.Na, Vand.Na ...

Atm.Bal. Jag.Le, Sahaj. Yogamule (x2)

Nir.Mala Mata Char.Ni Gyan. Tav. Labhale

Atm.Bal. Jag.Le, Sahaj. Yogamule

Nir.Mala Mata Char.Ni Gyan. Tav. Labhale

Shanti Mamata Mani, Labh.Li Prer.Na ...

Gun. Tuzhe Rekhita, Thamb.Li Lekh.Ni (x2)

Kirti Tav. Gaav.Ya, Stimit. Ho Ragini

Gun. Tuzhe Rekhita, Thamb.Li Lekh.Ni

Kirti Tav. Gaav.Ya, Stimit. Ho Ragini

Sahaj. Yogini Tu, Thor. Tav. Sadh.Na ...

Sahaj.Yogatali, Pragatichi Paule (x2)

Pahashi Kautuke, He Yashache Male

Sahaj.Yogatali, Pragatichi Paule

Pahashi Kautuke, He Yashache Male

Divya Ashish. Maj.La Tumhi Dya Punha ...

## AMBE, DE MAZ. ASHIRVAD

- Ambe, De Maz. Ashirvad. (Chorus x3)
- Var.Dayini Tu, Vishw.Tarini (x2)  
Shiv. Shankar. Tav.Nath.
- Jagadamba Tu, Shakti Dayini (x2)  
Mata, Amuchi Bhav.Bhay.Har.Ni (x2)  
Dusht.Durjana Tu Samhari (x2)  
Vandan. Tav. Char.Nas.
- Asht.Bhuja Tu, Chamundeshvari (x2)  
Ayi Bhavani, Tu Tul.Zhapuri (x2)  
Renukatz. Tu, Mahuri Shikhari (x2)  
Kari Maz. Si Sauvad
- Durga, Tara Tuzhitz. Rupe (x2)  
Dar.Shan. Matre Jalatil. Pape (x2)  
Thak.Le Man. He, Ghe Bhav.Tape (x2)  
Dhav Ata Nimishar.Th
- Santoshi Tu, Nij.Bhaktaprati (x2)  
Anusuya Tu, Devi Mahasati (x2)  
Panch.Prane Karuni Aar.Ti (x2)  
Kamal.–Sut. Hrudayat.



## TUJHYA PUJANI

(Raga Yaman; Nirmal Sangeet Sarita' - The Glow of Love')

### **Chorus:**

**Tujhya Pujani Archani Lin. Vhave**

We are totally lost in prayer at Your Lotus Feet while doing Your Puja

**Tujhe Nirmala Nam. Amhi Smarave**

Then we chant Your name Nirmala in all reverence.

**Tujhe Nirmala Nam. Amhi Smarave**

} (x2)

**Tujhya Darshanala Amhi Roj. Yave**

May we come for Your Darshan (to take a glimpse) daily

**Tujhya Mandiri Git. Amhi Mhanave**

May we sing Your praise in Your Temple

**Tujhya Kirtani Ratri Ranguni Jave**

We get totally drowned and involved while singing Your kirtan (narrative praise) in the night

**Tujhe Nirmala Nam. Amhi Smarave**

Then we chant Your name Nirmala in all reverence.

**Amhala Visava Prapanchamadhye Tu (x2)**

You provide us succour and relief from mundane happenings in our daily routine

**Amha Pathirakhi Bhavishyamadhye Tu**

We are assured that You are there to protect us in our future also

**Amhala Visava Prapanchamadhye Tu**

You provide us succour and relief from mundane happenings in our daily routine

**Amha Pathirakhi Bhavishyamadhye Tu**

We are assured that You are there to protect us in our future also

**Tujhya Char.nache Amhi Das. Vhave**

We wish to serve at Your Lotus Feet with all our dedication and devotion

**Tujhe Nirmala Nam. Amhi Smarave**

Then we chant Your name Nirmala in all reverence.

**Tuva Davila Mukticha Marg. Amha**

You have shown us the path of redemption and salvation

**Tuva Davila Bhakticha Swarg. Amha**

You have also shown us the paradise through our devotion (Bhakti) towards You

**Tujhya Kirtiche God.Ve Nity. Gave**

May we always sing the sweet praise of Your glory and fame

**Tujhe Nirmala Nam. Amhi Smarave**

Then we chant Your name Nirmala in all reverence.

} (x2)

## NAMAN. NIRMALA MATA

(Pune Yuva Shakti)

Bhuvvari Ali, Adishakti Mata	(x2)
Uddharanya Sarv. Jana	(x2)
Rup. Ne Sajire, Nir.Mala Mata	(x2)
Zag.vi Sacchidananda	(x2)
Naman. Nirmala Mata,	} (x4)
Tumh. Naman. Nirmala Mata	
Sahastrakoti Suryache Tej.	(x2)
Shobhatase Tumchya Vad.Na	(x2)
Dhariyenya Sarv. Dev.Ta Tumhi	(x2)
Namiti Tum.Chya Char.Na	(x2)
Muladhari Yeta, Gajanan. Dev.Ta	(x2)
Magu Nayan.Si Suj.Ta	(x2)
Swadishthani Namuya Saraswati Brahma	(x2)
Deyi Je Sarva Shudh. Vidya	(x2)
Manipuri Vanduya Lakshmi Narayan.	(x2)
Jagrut. Kari Je Dharma	(x2)
Paar. Karaya Bhav.Sagarala	(x2)
Vanduya Adigurudatta	(x2)
Rudayi Smara Tya Sambh. Shivala	(x2)
Zag.Vi Jo Atm.Tatwa	(x2)
Anahati Rahe Durga Mata	(x2)
Rakshiji Sarv. Lek.Ra	(x2)
Radhakrushna Vanduya Vishuddhi Chakra	(x2)
Vad.Vidya Samuhik.Ta	(x2)
Kshamechya Haya Dev.Ta Yeshu Mary	(x2)
Magu Nayanchi Kshama	
Karu Sarvana Kshama	
Sahastrari Vanduya Nir.Mala Mata	(x2)
Deyi Je Sarva Sahaj.Yoga	(x2)
Rag.Vi Tya Kundalini Sarv. Jananchya	(x2)
Sod.Vi Tya Janmanchya Ferya	(x2)

## MATECHE GONDHARI

(Prakash Kote; 'Sahaj Unlimited')

### **Chorus:**

**Gondhari, Amhi Gondhari (x2)**

We are the praisers of the Mother

**Aiche Gondhari, Amhi Mateche Gondhari (x2)**

We are the praisers of the Mother

**Gondhari, Amhi Gondhari (x2)**

**Zhala Dharmacha Bazar., Uth.la Sarvacha-Azar. (x2)**

The Dharma has lost its meaning, there was an epidemic of ego

**Lakar Baghun. Bejar., Ayi Ali Dhartivar (x2)**

The children became harassed, so the Mother came on the earth

**Maya Ayichi Uthali, Doki Shatrunchi Phut.li (x2)**

The love of the Mother manifested, the enemies were destroyed

**Dori Papanchi Tut.li, Shakti Ali Dhartivar. (x2)**

The end of the sins is approaching, the Shakti has come on the earth

**Dil. Yogach. Avhan., Adva Padla Ho Saitan. (x2)**

She challenged the devils with Her Yoga, and they were destroyed

**Zhalo Bhaktit. Bebhan., Swarg Dis.la Dhartivar. (x2)**

We have gotten lost in Her devotion, we saw the Heaven and the earth

**Sthan. Devach. Janal., Adishakti la Manal. (x2)**

We recognised God and we started adoring the Adi Shakti

**Tichya Puj.La Bandhal., Divandi Pitli Gavbhar. (x2)**

We worshipped Her and the whole village knew this

**Gav Ultan. Ala Sara, Dhenya Aichya Bhandara (x2)**

The whole village came back to us to take the blessings from Mother

**Tin. Kela Ho Ishara, Ij. Ali Angavar. (x2)**

She made a sign and all felt the love of God

**Hit. Nahi Khel Khanduba, Kara Fakt. Toba Toba (x2)**

In Sahaja Yoga, it is not wastage of life (like with false gurus)

**Hit. Devashich Dharuba, Manda Tyachache Sansar. (x2)**

Here we have direct relation with God Himself and one love to spread only His message

**Nahi Sangat. Ata Phar., Je Al. Te Zhalat. Par. (x2)**

I am not going to tell you more, those who came have got their realisation

**Kara Bhakticha Bigar., Haya Ho Mokshacha Pagar. (x2)**

You only have to have devotion and you will certainly get the Moksha (liberation).



Illustration: Kahlil Gibran: "XIX - The Divine World" Charcoal - 4<sup>th</sup> stage." (Note: digitally colored)

## **GONDHAL. MANDILA** *(Long Version)*

Mayetza Niz.Rup. Aitza Gondhal. Mandila  
An. Gondhal. Mandila Na Deva Gondhalala Yav.

Ude Ga Ambabai, Ai Ude Ga Ambabai (x2)

E Moreshvar. Gana, Gondhala Yave  
Vayitzya Ganapati, Gondhala Yave  
Kolhapurchi Laksh.Mi, Punyachi Parvati  
Sattarchi Mangalayi, Gondhala Yave  
Gondhala Yave, Tumhi Gondhala Yave (x2)

Ruta Koy.Namai, Gondhala Yave  
Tulzhapurchi Bhavani, Gondhala Yave  
Patalnicha Bhairav Deva, Nashikchya Kalurama  
Phaltanchya Rama, Tumhi Gondhala Yave  
Gondhala Yave, Tumhi Gondhala Yave (x2)

Mhas.Vad Siddha, Gondhala Yave  
Ratnagiri Jyotiba, Gondhala Yave  
Karandi Yelobai, Kauthyanchi Yamabai  
Junnarchi Shivabai, Gondhala Yave  
Gondhala Yave, Tumhi Gondhala Yave (x2)

Vadi Ghoryachi Bolai, Gondhala Yave  
E Satisamindara, Gondhala Yave  
E Naw.Lath. Tarangala, Gondhala Yave  
Bhartari Mata, Agachi Pita Na Ahilya, Sahilya  
Bhaktanchya Gala  
Tehtis Koti Deva Gondhala Yave  
Gondhala Yave, Tumhi Gondhala Yave (x2)

Ude, Ude, Ude, Ude, Ude, Ude, Ude, Ude ... !

Ambabaichya Navan. Gondhul. Mandila  
Gondhal. Mandila Na Deva Gondhalala Yave  
Aho Karan.-Karan. Amhi Gondhul. Mandila  
Gondhal. Mandila Na Deva Gondhalala Yave

**Chorus:**

Amhi Gondhali Gondhali (x2)  
 Aitze Gondhali Ho, Matetze Gondhali  
 Amhi Aitze Gondhali Ho, Mateze Gondhali  
 Ude, Ude, Ude, Ude, Ude, Ude, Ude, Ude ... !

Deva Karan. Bhakt. Karan. Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave  
 E Kulaswamini Pujya Devata Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave  
 Tujhya Karan. Namr. La Lagun. Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave

(Chorus)

Dongaraichya Nava N. Ho Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave  
 Kulaswamichya Nava N. Ho Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave  
 Yamaichya Nava N. Ho Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave

(Chorus)

Tujhya Karan., Bhakt. Dhav. La Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave  
 Zuryazuryan. Rajya Karav. Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gondhalala Yave  
 Tumha Karan. Namr. Ho Un. Gondhal. Mandila  
 Gondhal. Mandila Na Deva Gonghalala Yave

(Chorus)

## PAYALA NAMAN.

Payala Naman. Ho Karito Vandan. }  
Payala Naman. Ho Payala Naman. } (x2)  
Tumhi Aika Ho Gunijan. Mi Karito Kathan. }  
Payala Naman. Ho Payala Naman. }

Are Ho ....

Payla Naman. Karuni Vandan.  
Ida Manduna, Ida Devala  
Ida Gavala, Ida Patlala  
Ani-Ida Mandarila ...

Amhi Sang.To Naman. Tumhi Aika Ho Gunijan.  
Payala Naman. Ho Payala Naman.  
Amhi Karito Kathan. Tumhi Aika Ho Gunijan.  
Payala Naman. Ho Payala Naman.

Vis. Katali Hara Amhi Ghet. Phule (x4)  
Az. Ghaz. Gauri Var. Tzavari Dule (x2)  
Vis. Katali Hara Amhi Ghet. Phule (x4)  
Lahan. Mula Muli Zamuna Chimukali (x2)  
Khel. Bhatukalitza Khelatan. Natali (x2)  
Akalechya Chikhalat. Netr. Phule (x2)  
Vis. Katali Hara Amhi Ghet. Phule (x4)

E Ganpati Ala Ann. Natzun. Gela, Ra }  
Ganpati Ala Ann. Natzun. Gela } (x2)  
O Nat.Var. Par. Mang. Zala, Ra  
Nat.Var. Par. Mang. Zala  
E Ganpati Ala Ann. Natzun. Gela, Ra }  
Ganpati Ala Ann. Natzun. Gela } (x2)

Are Ho ...

Payala Naman. Ho Karito Vandan.  
Payala Naman. Ho Payala Naman.  
(Repeat)

**JIVAN. HE TAV. CHAR.NI**

Jivan. He Tav. Char.Ni, Mate Ar.Piyale (x4)

Tu Mata, Mi Balak. (x2)

Akshay. He Pale  
Mate Tu Didh.Le

Tu Av.Ni Tuch. Gagan. (x2)

Tu Jivan. Tuch. Pavan. (x2)

Vyapuniyaa Sarv. Bhuvan. (x2)  
Tishthasi Darshanule

Duritansi Dahak.Tu (x2)

Bhaktansi Shital. Tu (x2)

Tav. Jyoticha Teje (x2)

Vishwa He Prakashale

Saumya Tej. Hasya Vadan. (x2)

Antari Tav. Sapt. Bhuvan. (x2)

Ek. Asuni Tu Anek. (x2)

Charachara Vyarpiyale

Nav. Jivan. Tu Didh.Le (x2)

Sthiti Tinhi Palikadale (x2)

Dipasam. Mam Tanus (x2)

Mahadip. Ban.Vile

Tu Mata, Mi Balak. (x2)

Akshay. He Pale  
Mate Tu Didh.Le



## PRABHU MAZHA MALA JEVHA

(Marathi Hymn Book)

### **Chorus:**

**Prabhu Mazha Mala Jevha Base Gheun. Ekanti**

When I am alone with my God (in meditation)

**Kiti Varnu Mala Tevha Ghade Ji Ho Sukhaprapti**

The Joy which I feel is beyond any description

**Mala Pahi Prabhusange Duratma Tai Pale Duri**

When I am in the company of God, all evils run away

**Gale Samarthya Mohache Nure Koni Kuthe Vairi**

All the ocean of illusion is vanished, nobody stands against me

**Mala Bodhamrut. Paji Sada Dei Navi Trupti**

Every time I experienced the Divine knowledge, I experienced the new satisfaction and Divine joy

**Kuthe Chinta Kuthe Duhkhe Kshane Sari Laya Jati**

All the moments of worries and sorrows vanish

**Prabhu Sange Mile Jiva Nase Kothe Tashi Shanti**

Nowhere can I get the place which I get by union with God almighty

**Prabhu Mazha Swaye Niti Prabhu Mazha Swaye Priti**

My God Himself is morality and love.



**KADHI, KADHI***(Kabir)*

Majitz. Hakk Maz.La (x2)

Yete Kadhi Kadhi

Majitz. Hakk Maz.La

Yete Kadhi Kadhi

Gar.Dit. Shoddh. Mazha(x2)

Ghete Kadhi Kadhi

Majitz. Hakk Maz.La

Yete Kadhi Kadhi

Gar.Dit. Shoddh. Mazha

Ghete Kadhi Kadhi

Andhar. Ved.Nancha (x2) } (x2)

Ghela Lutun. Chandra

Andhar. Ved.Nancha

Ghela Lutun. Chandra

Tzahul. Tzandanachi (x2) } (x2)

Yete Kadhi Kadhi

Gar.Dit. Shoddh. Mazha

Ghete Kadhi Kadhi

Awaz. Ha ... Awaz. ... Awaz. ...

Awaz. Ha Kunatza Alhe Kunitz Nahi (x2)

Hi Dhul Anganichi (x2) } (x2)

Gate Kadhi Kadhi

Gar.Dit. Shoddh. Mazha

Ghete Kadhi Kadhi

Parkya Gharat. Maja (x2)

Parkya Gharat. Mazhya Kaule Hi Sukhachi (x2)

Majetz. Dhuk. Ata (x2) } (x2)

Has.Te Kadhi Kadhi

Gar.Dit. Shoddh. Mazha

Ghete Kadhi Kadhi

Majitz. Hakk Maz.La

Yete Kadhi Kadhi

## OMKAR. PRADHAN. RUPA GANESHANCHE

(Saint Tukaram; 'On the Path of Sahaj' & 'Music of Joy 2')

### **Chorus:**

**Omkar. Pradhan. Rupa Ganeshantse (x2)**

Omkara is the principal form of Shri Ganesh

**He Tinhi Devantse Jan Masthan. (x2)**

The very birthplace of these three Gods

**Omkar. Pradhan. Rupa Ganeshantse (x2)**

Omkara is the principal form of Shri Ganesh

**Akar. To Bramha, Ukara To Vishnu (x2)**

Shri Brahmadeva resides in the 'A', Shri Vishnu in the 'U'

**Makar. Mahesha Zaniyela**

And Shri Shiva (Mahesh) in the 'M'

**Aise Tinhi Deva, Jethuni Utpanna (x2)**

All the three Gods were born

**Toha Gajanan. Mayabapa**

Out of Gajanana Mayabapa (Shri Ganesh).

**Tuka Mhane Aisi, Ahe Ved.wani (x2)**

Tukaram says: 'This is the work of the Vedas!

**Pahavi Purani Vyasachiya**

Search the Holy Scriptures of Vyasa!



**OMKAR. SWARUPA***(Saint Eknath; Raga: Bhairagi; Suresh Wadkar - 'Omkaara Swarupa')***Omkar. Swarupa .... (x3)****Tuz. Namu (x3)**

O Embodiment of Omkaara, Salutations to You!

**Chorus:****Omkar. Swarupa Sadguru Samartha (x2)**

O Embodiment of Omkaara, All-Powerful Sat-Guru

**Anathachya Natha**

Lord of all those who are helpless

**Tuz. Namu (x5)****Namo May.bapa Guru Krupadhana**

Salutations to You who are our Mother and Father, Treasure of Mercy and Grace!

**Toriya Bandh.na Maya Moha**

You break the bindings of illusions and worldly temptations

**Moh.jal. Mazhe Kon. Nir.shil.**

Who will take me out of my weaknesses

**Tuz.Vin. Dayala Sadgururaya (x2)**

If not You, my compassionate Sat-Guru?

**Tuz. Namu (x9)****Sadgururaya Mazha Anand.sagar.**

My Sat-Guru is an ocean of joy and happiness

**Trailokya Adhar. Gururav. (x3)**

He is the Support of this universe and of the three worlds

**Gururav. Swami Aseswayamprakash. (x2)**

My Master, My Guru, He is the embodiment of Light

**Jyapurhe Udas. Chandr. Ravi (x3)**

In front of Him, even the sun and the moon appear as dull

**Ravi, Shashi, Ag.Ni, Nen.tichya Rupa (x2)**

He is Himself in the form of the sun and moon

**Swatprakash. Rupa Nene Ved. (x3)**

He is both the Light and the Vedas

**Tuz. Namu****Swatprakash. Rupa Nene Ved., Tuz. Namu****Tuz. Namu (x3)****Eka Janardani Guru Parabramha (x2)**

Eknath says: 'My Guru verily is Parabramha.

**Tayatze Painam Sada Mukhi (x3)**

His name always dwells in my mouth.'

**Tuz. Namu****Tayatze Painam Sada Mukhi****Tuz. Namu (x3) Tuz. Namu (x ... )***Note: for poetic translation by Babamama, see Appendix.*





*raise the Lord, ... because God  
is fond of praise... if you praise  
the Lord, then He gives you everything... it's  
true; you cannot get to Mother, unless and  
until you are really Bhakti from your heart...  
but if you have Bhakti, then you can get to  
Mother...it is written - Bhakti Ganya.*

**Guru Puja , 19<sup>th</sup> August 1992**

## TUZHE RUP. PAHUNIYA

(Nirmal Sangeet Sarita - 'Glow of Love')

### **Chorus:**

**Tuzhe Rup. Pahuniya (x2)**

Seeing Your serene and majestic state,

**Mi Dangg. Zhalo, Ai**

We stand stunned and astonished.

**Tuzhe Rup. Pahuniya, Mi Dangg. Zalo**

Seeing Your serene and majestic state, we stand stunned and astonished.

**Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)**

Just by chanting Your name I am blessed.

**Tuzhe Rup. Pahuniya**

**Tuch. Maulihi Amuchi, Tuzhya Savalit. Alo (x2)**

You are our beloved Mother and we are protected by Your shadow from the scorching of sin and evil.

**Tuzhya Chintani Mi Ranguni Samadist. Zhalo (x2)**

By going into meditation I have risen above the conscious level and have thus achieved my samadhi.

**Tuzhya Charanachi Dhul. Kapali Milyalo**

Having come in such a state I applied the dust of Your Lotus Feet to my forehead as a gesture of my reverence to You.

**Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)**

Just by chanting Your name I am blessed.

**Tuzhe Rup. Pahuniya**

**Nirmal Ase Rup. Zanu Prakashachi Jyot. (x2)**

Your Divine appearance is as radiant as the glow which banishes darkness.

**Niranandachi Tu An., Premachi Dor., Amhi Mot. (x2)**

We are the containers getting filled in the well of Your Nirananda, pulled by the rope of love.

**Hya, Arpanane Ai Zanu, Amrut. Mi Pyalo**

With this surrender of dipping my container (body) in the Niranand I feel I am drinking nectar with every dip I take in Your well of everlasting joy.

**Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)**

Just by chanting Your name I am blessed.

**Tuzhe Rup. Pahuniya**

**Kuni Mhane Lakshmi Tula, Kuni Mhane Saai (x2)**

Some call You by the name of Lakshmi and some call You Sai (Sai Baba of Shirdi).

**Kuni Mhane Saraswati, Amhi Mhanu Aai (x2)**

Some call You Saraswati but we call You Mother.

**Tuzhya Navane Ga Aai, Pavan. Mi Zhalo**

I get sanctified and purified by chanting Your very name.

**Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)**

Just by chanting Your name I am blessed.

# NIRMALA, KITI VARANAVI TUJHIGA STUTI

(Raga: Bhimpalasi, one of Shri Mataji's favourite Ragas  
Nirmal Sangeet Sarita; 'Glow of Love', 'Sahaj Unlimited' & 'Mauli 2')

Baba Mama, (March 1990): This is what the brother has written for the sister:  
"O Nirmala, my sister, how much should I praise You? Because You have given the human being the experience of God".

## **Chorus:**

**Nirmala, Kiti Varanavi Tujhi ga Stuti** (x2)

Words are inadequate to describe all Your qualities and praise them

**Man.Vala Detes., Man.Vala Detes. Devachi Anubhuti**

You have given the experience of Divinity to mankind

**Nirmala, Kiti Varanavi Tujhig. Stuti** (x2)

Words are inadequate to describe all Your qualities and praise them

**Murlicha Swarat. Tu, Hrud. Spandacha Layita Tu** (x2)

I have experienced You in the notes of the flute, and in the rhythm of the heartbeat

**Anadacha Sarit. Tu, Sagaracha Bhartit. Tu**

You also exist in every moment of joy, You are present in the high tide of the ocean.

**Prematsa Sapeksh. Tu, Dhar.matsa Apeksh. Tu** (x2)

You are the One Who connects us to eternal love, You are the foundation of all religion

**Kar.matse Mokshatsa Tu, Mar.matse Laksh. hi Tu**

You are the salvation of all our deeds (You are the end of karma), You are the ultimate of all the essences.

**Manav.teche Tatw. Tu, Nirgunantse Sattw. Tu** (x2)

You are the principle behind all human value systems, You are the purity of the formless

**Kartutwache Kartutwa Tu, Jivananche Astitwa Tu**

You are the chivalry of the chivalrous\* (You are the action behind all the duties we are bound to do), You are the very existence of life.

**Sangeetatsa Sur. Tu, (Solos, x...) Prematsa Mahapur. Tu** (x2)

You are the melody of the music, You are the overflow of the river of love.

**Denyasathi Atur. Tu, Anandatsa Sagar. Tu**

You are eager to give generously, You are the ocean of everlasting joy.

(You are the flood of love, which You are very anxious to share with others).

**Kiti Varnavi Tujhi Ga Stuti** (x...)

Words are inadequate to describe all Your qualities and praise them.

\* This line given by Shri Mataji, March 1990.

**ANDHAR. PHAR. AHE***(Kabir)*

Pan.Ti Zapun. Theva (x2)

Andhar. Phar. Ahe (x2)

Thora Ujed. Theva (x2)

**Chorus:**

Andhar. Phar. Ahe (x2)

Ale Chahu Dishani (x2) } (x2)

Tufan. Vismrutiche

Tufan. Vismrutiche

Nati Zapun. Theva (x2)

Shishira Taya Divyat. (x2) } (x2)

He Godhatil. Shant.

He Godhatil. Shant.

Hrudaye Zapun. Theva (x2)

Karlya Dhagat. Viz. (x2) } (x2)

Ahe Punha Tapun.

Ahe Punha Tapun.

Gharati Zapun. Theva (x2)

Shodhat. Kasturichya (x2) } (x2)

Ahet. Paradhi He

Ahet. Paradhi He

Har.Ne Zapun. Theva (x2)

Wat.Til Par.Ke (x2) } (x2)

Aphulech. Shwas. Ata

Aphulech. Shwas. Ata

Hatat. Hat. Theva (x2)

## PRATHAM. TULA VANDITO

Pratham. Tula Vandito Krupala	(x2)	
Gajanana Gan.Raya ...	(x2)	(Chorus)
Pratham. Tula Vandito Krupala	(x2)	
Vighnavinashak. Gunijan.Palak.	}	(x2)
Durit. Timir. Har.Ta		
Sukh.Karak. Tu Vitt.Vidarak.	}	(x2)
Tuch. Tujhyasar.Kha		
Vakr.Tunda Bramhand.Nayaka	}	(x2)
Vinayaka Karunaya		
Siddhivinayak. Tuch. Ananta	}	(x2)
Shivatm. Dya Mangala		
Sindhur.Vadana Vidyadisha	}	(x2)
Jyadipa Vatsala		
Divya Ishvara Sahayya Karave	}	(x2)
Ha Bhav.Sindhu Laraya		
Gaj.Vadana Tav. Rup. Manohar.,	}	(x2)
Shukrandan Shiv.Suta		
Chintamani Tu Asht.Vinayak.,	}	(x2)
Sakalanchi Devata		
Riddhi-Siddhichya Varajyaya,	}	(x2)
Dei Krupechi Chhaya		



## GAJANANA SHRI GAN.RAYA

### Chorus:

**Gajanana Shri Gan.raya**

O Gajanana (Elephant headed), Ganaraya (Lord of Ganas),

**Adi Vandhu Tujh. Moraya**

Our first praise goes to You, Moraya!

**Mangal. Murti Shri Gan.raya**

Shri Ganaraya, auspicious Form,

**Adi Vandhu Tujh. Moraya**

Our first praise goes to You, Moraya!

**Gajanana Shri Gan.raya**

O Gajanana (Elephant headed), Ganaraya (Lord of Ganas),

**Adi Vandhu Tujh. Moraya**

Our first praise goes to You, Moraya!

**Sindhur. Chaichit. Dhavali Ang.**

Your whole body is the colour of sindhur (coral red powder).

**Chandan. Uthi Khul.Virang. Khul. Virang.**

The sandalwood paste adding to Your beauty.

**Baghata Manas. Hote Dang. Hote Dang.**

After witnessing Your Form, O Lord, we get lost in ecstasy.

**Jiv. Jad.La Charani Tujhiya**

Our whole life we abandon at Your Lotus Feet.

**Adi Vandhu Tujh. Moraya**

Our first praise goes to You, Moraya!

**Gauri Tanaya Bhal.chandra**

Son of Gauri, Bhalachandra (wearing the moon as a crest jewel),

**Deva Krupecha Tu Samudra, Tu Samudra**

O God, You are the Ocean of Grace.

**Var.Da Vinayak. Karun. Gara, Karun. Gara**

O Vinayaka, Giver of blessings, Ocean of compassion,

**Av.ghe Vigh.ne Nisi Vilaya**

Please remove all obstacles!

**Adi Vandhu Tujh. Moraya**

Our first praise goes to You, Moraya!

## GAN.NAYAKA SHUBH.DAYAKA

### Chorus:

Gan.nayaka...  
 Gan.nayaka Shubh.dayaka  
 Yave Tumhi Giri Khandara  
 Sainyadhricha Hrudaya Madhye  
 Lenyadricha Ya Mandira  
 Gan.nayaka...

Shiv. Nericha Shiv. Shambhucha  
 Sahavas. Pavan. Labhala  
 Pukali Giri Tav. Mandiri  
 Ho Punya Sanchay. Avara  
 Giri Jatmaja...,  
 Giri Jatmaja Tav. Murti He  
 Sindhur. Char.chit. Sundara

Toduniya Bhav. Pash. He  
 Bhav. Talacha Gun.ha Tuni  
 Tapi Vaisale Bahu Kasht.le  
 Ka Viarth.te Yogi Muni  
 Bhakti Tujhi...,  
 Bhakti Tujhi Sukh.dayini  
 Sap.ka Uga Mag. Achara



## ZULZUL VAHE

(Ganesha Bhajan)

### **Chorus:**

Zulzul Vahe Punya Jarlatsa  
Nir.zar. Ho, Nir.zar. Ho  
Shri Vighneshwar. Sadhana Shubhankar.  
Ozhar. Ho, Ozhar. Ho

Gan.Rayala Vigh.nasur. Ye } (x2)  
Sharan. Jite, Sharan. Jite }  
Bhakta Janana Bhay. Davil. Ka  
Maran. Tite, Maran. Tite  
He Vigh.neshwar. Charan. Dayeche  
Pazhar. Ho, Pazhar. Ho  
Shri Vigh.neshwar. Sadhana Shubhankar.  
Ozhar. Ho, Ozhar. Ho

Krushna Shirletsa Mushak. Dhave } (x2)  
Da- Rashi, Da- Rashi }  
Taisha Par.te Bhaktanचा  
Sankat. Rashi, Sankat. Rashi  
Bhovya Chirante Mandir. Hechir.  
Sundar. Ho, Sundar. Ho  
Shri Vighneshwar. Sadhana Shubhankar.  
Ozhar. Ho, Ozhar. Ho



## MARAN.TSE MELE

(Rev Narayan Waman Tilak; Marathi Hymn Book  
Nirmal Sangeet Sarita - 'Atma Ki Chadar' - Sheet of Soul)

### **Chorus:**

**Maran.Tse Mele** } (x3)  
**Prabhu Mazhe Vijayi Zhale**

In the resurrection of Christ, death has suffered a humiliating defeat by its own death, and my Lord has emerged out victorious over death.

**Pashchim. Nat.li, Purava Hi Nat.li** (x2)

To celebrate the resurrection of the Lord, the whole Cosmos appears to be jubilant and have decked up to welcome the victorious Lord.

**Var. Dutanchi Sainya Bhar.li** (x2)

Likewise, even in Heaven, Angels have assembled like an army to accord their welcome to the resurrected.

**Anuraga Madhye Priti Ram.li** (x2)

Their belief and love in Christ is further accentuated by the Resurrection.

**Maran.tse Rad.le Prabhu Mazhe Vijayi Zhale**

Seeing all these celebrations, Death wept bitterly on its defeat.

**Tav. Gar.tachi Hasu Lag.li** (x2)

Everyone was in a mood of enjoyment and they were laughing merrily.

**Nisar.va Ne Phule Udhalali** (x2)

The nature also expresses its joy by showering the flowers all over.

**Sant. Mahante Shire Lav Vili** (x2)

Saints and Seers bow down in sheer reverence.

**Bhakt.hi Nam.le Prabhu Mazhe Vijayi Zhale**

Even the devotees bowed down in surrender, thus showing their devotion and faith in Jesus Christ.

**Nav Balala Naman. Karu Ya** (x2)

In resurrection, Christ was reborn and to this newborn we bow down and salute in reverence.

**Nav.sumananchi Marl. Arpuya** (x2)

By garlanding him with fresh flowers full of fragrance.

**Gani Manohar. Tyas Gavuya** (x2)

We will adulate him by singing his praises.

**Hrudi Mam. Bas.le Prabhu Mazhe Vijayi Zhale**

He has now created a permanent abode in my heart because of His glorious victory over death.

## GURU TOTZ. MANAVI KHARA MAZHA

(Nirmal Sangeet Sarita - 'Worship')

### **Chorus:**

**Guru Totz. Manavi Khara Mazha** (x2)

He only will be my true guru

**Guru Zhotz. Banavil. Mam. Mazha** (x2)

The One who makes me my own guru

**P N R- S / S R G- R / G P S N S D G P-**

**Anant. Yugatza Mazha Sampala Shodh.**

The seeking I was doing for infinite years has now come to an end

**Sakal. Dharma Satwatza Mazh. Zhala Ha Bodh** } (x2)

I have now attained the knowledge of the essence of the total religion

**Lopavila Trah. Anik. Ha Krodh.**

As a result the murmuring and the tempered ego has subsided

**Dhyan. Maya Bhogashi Zhalo Abhog**

As a result I have become detached from wealth, temptation and materialism.

**P N R- S / S R G- R / G P S N S D G P N**

**Sakshat. Guru Dev. Guru Ek. Mev** } (x2)

In actuality guru is God since your guru has no equivalent.

He is ultimate, beyond comparison

**Guru Dnyan.punji Duji Nahi Thev.**

The knowledge and the wisdom which guru gives is the only wealth I have and none other

**Guru Tutz. Vitthala Hari Tu Mahadev.**

O Guru You are all pervading, You are my Vithal, You are my Hari and also my Mahadev

**Guru Charani Payi Vidya Satya Mev.**

At Your Lotus Feet O Guru, I have attained the true knowledge.

**P N R- S / S R G- R / G P S N S D G M-**

**Guru Vin. Jivan. He Khar.ka Varil Bij.** } (x2)

The life without the guru is as meaningless as the seed lying on the rocky and infertile land

**Asuni Bhuvani Pari Puthe Na Ankurati**

Even though such a seed is on the Mother Earth it cannot sprout since the land is rocky and infertile

**Guru Prem. Vrushti Ne Zail. Bhed**

But one such seed and its land gets drenched by the incessant shower of love of the guru (which is manifested in his concern for his disciple)

**Guru Dnyan. Te Hoy. Pari Purnachi**

Then the intensity, energy and potency of such a shower is so great, that even though the seed is on rocky land, it sprouts and thus the knowledge which the guru showers on his disciple becomes fruitful and worthy of the guru.



## SHRI HANUMAN. STUTI

### Chorus:

**Anjanichya Suta, Tula Ramatza Var.dan.** } (x2)  
O, Son of Anjani, You have the blessings of Rama  
**Ek. Mukhane Bola, Bola Jay Jay Hanuman.**  
With one voice let us praise, Victory to Hanuman!

**He Divya Tujhi Ram. Bhakti, Bhavya Tujhi Kay.**

Your Body, as your devotion to Rama, both are huge

**Bal. Pani Gela Kitu, Suryala Dharaya, Ha!(x2)**

In Your childhood, You flew to catch the Sun

**Are Hadar.li Hi Dhar.ni, Thar. Thar.le As.man.**

Then Mother Earth trembled and sky quivered with fright

**Ek. Mukhane Bola, Bola Jay Jay Hanuman.**

With one voice let us praise, Victory to Hanuman!

**Lakshman. Ali Murcha, Laguniya Ban.**

When Lakshman was unconscious, wounded by an arrow

**He Dron.giri Sathi Raya, Kele Tu Udan.(x2)**

To bring Dronagiri Mountain You flew

**He Tal.hata Vara Ala, Gheuni Panch.pran.**

You carried the very life of Lakshman on Your hand

**Ek. Mukhana Bola, Bola Jay Jay Hanuman.**

With one voice let us praise, Victory to Hanuman!

**He Sitamayi Shodhasati, Ghatalisa Lanka**

In search of Sitaji You reached Lanka

**Tithe Rama Namatsa Tu, Vaz.vila Danka, Re Danka(x2)**

And there You started praising Rama's name in a loud voice

**Are Daitya Khava Ale Sare, Pari Has.le Bibhishana**

All the demons became angry, but Bibhishana (devotee of Rama) just laughed

**Ek. Mukhana Bola, Bola Jay Jay Hanuman.**

With one voice let us praise, Victory to Hanuman!

**Har. Tula Nav.ratnancha, Janakine Ghat.la**

Janaki (Sitaji) gave You a necklace of nine pearls

**Pahiles. Fodun. Moti, Rama Kothe At.la, Ha!(x2)**

You started breaking the pearls one by one, looking for Rama

**Are Ugh.duni Apuli Chati, Davile Prabhu Bhag.wan.**

Then You opened Your chest to show that Rama was there in Your heart.

**Ek. Mukhana Bola, Bola Jay Jay Hanuman.**

With one voice let us praise, Victory to Hanuman!

**He Ale Kiti Gele Kiti, Sampale Bharara**

So many have come and so many have gone.

**Tujhya Pari Nawatsare, Azuni Darara, Ha!(x2)**

But Your name is ever so powerful.

**He Dhavat.ye Lav.kari, Amhi Zhalo Re Hairana**

Please come quickly, as we are growing tired of fighting this negativity!

**Ek. Mukhana Bola, Bola Jay Jay Hanuman.**

With one voice let us praise, Victory to Hanuman!

**Dhanya Tujhe Ram.rajya, Dhanya Tujhi Seva**

Your Kingdom of Shri Rama is great, Your service to him is also great.

**Tujhe Bhakt. Amhi Sare, Gunavanta Deva, Ha!(x2)**

We, Your devotees, are good people (Sahaja Yogis).

**Bol. Kuni Ghetto Tula, Pingalevara Aza**

Today we are calling to You on our Pingala Nadi!

**Ek. Mukhana Bola, Bola Jay Jay Hanuman.**

With one voice let us praise, Victory to Hanuman!

**Shri Ram. Lakshman. Janaki Jay Bol. Hanuman. Ki !**

**GURU EK. JAGI TRATA**

**Sukhanchya Kshanat. Vyathanchya Ghanat.**

**Ubha Pathishi Ek Adrushya Hat.**

**Chorus:**

**Guru Ek. Jagi Trata (x3)**

**Guru Dayasindhu Guru din Bandhu (x2)**

**Guru Janani Janm. Data**

**Ghanat.mat. Zanu Dip. Chet.vi (x2)**

**Tan.manat. Chaitanya Zag.vi (x2)**

**Kan.kanat. Zanu Pran. Dol.vi (x2)**

**Ze ho Arup. Tya Dei Rup. (x2)**

**Kari Murt. To Amruta**

**Guru Saman. Kuni Nahi Soyara (x2)**

**Guru Vin. Nahi Thara (x2)**

**Guru Nidhan. Guru Moksh. Asara (x2)**

**Dev. Daiv. Labhe Sadaiv. (x2)**

**Guru Charan. Labh. Hota**

## HE PREM. MURT. JAGI ALE

(Hymn by Rev. Narayan Waman Tilak;  
Nirmal Sangeet Sarita - 'Mohobbat Ka Khazana')

### **Chorus:**

**He Prem. Murt. Jagi Ale (x2)**

This Form of Love has incarnated on the earth.

**Mam. Zhale, Man. Dhale (x2)**

My mind exulted with joy

**He sarv. Jagi Sanchar.le...**

This love has now spread in the whole world.

**Bal. Vadan. Tav. Baghuni Khrista (x2)**

I see Lord Christ as an eternal Child.

**Sakal. Durit. May. Zhale Asta (x2)**

When the world was drowning into sins

**Nav. Divya Rup. Jagi Lyale (x2)**

The new Divine Form took birth on this earth.

**Mam. Zhale, Man. Dhale (x2)**

My mind exulted with joy

**He Sarv. Jagi Sanchar.le...**

This love has now spread In the whole world.

**Manmath. Sakhaya Tujha Par.na (x2)**

Oh. Embodiment of Love, as I sing Your lullaby

(Par.na is a song sung during the ceremony in which a new born baby is given his name)

**Vadan.Vahile Tav. Sanstavana (x2)**

I offer myself fully through this voice of mine.

**He Sarv. Tula He Didh.le (x2)**

I surrender everything at Your Lotus Feet.

**Mam. Zhale, Man. Dhale (x2)**

My mind exulted with joy

**He Sarv. Jagi Sanchar.le...**

This love has now spread in the whole world.

# KESHAVA MADHAVA

(*Music of Joy 3'*)

## **Chorus:**

**Keshava Madhava**

O Keshava, O Madhava (Lord Krishna),

**Tujhya Namat. Re God.wa**

There is so much sweetness in Your name.

(x2) }

**Tujhya Sar.kha Tutz. Deva**

No one equals You.

**Tula Kunatsa Nahi Heva**

You have nothing to envy to anyone.

**Veloveli Sankatatuni Tarisi Man.va**

Every time we fell into calamities, You pulled us out of them, O Madhava.

(x2) }

**Veda Houn. Bhakti Sathi**

You are fond of devotion.

**Gop. Gadyansaha Yamune Kathi**

With all Your friends Gopas and Gopis, on the banks of River Yamuna,

**Nanda Gharicha Gayi Ha Kisi Gokuli Yadava**

You grazed the cows of Nanda's house in Gokul.

(x2) }

**Vir. Dhanurdhar. Partha Sathi**

With the brave archer Arjun,

**Chakri Sudhar.shan. Gheun. Hathi**

Taking the Sudarshan chakra in Your hand,

**Rath. Hakuniya Pandavancha Pal.visi Kaurava**

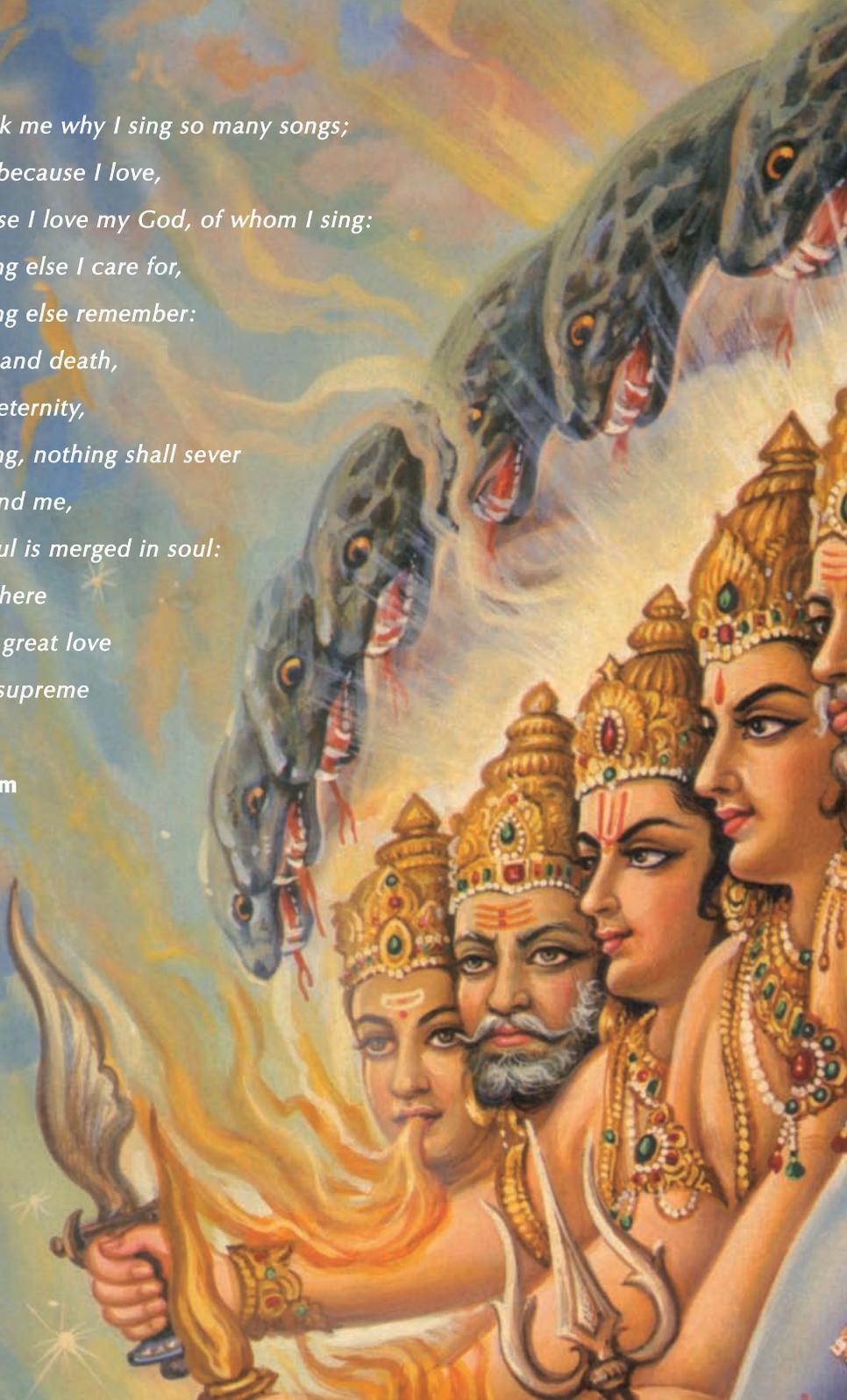
You became the charioteer of the Pandavas and made the Kauravas run for their lives!

(x2) }



*You ask me why I sing so many songs;  
I sing because I love,  
Because I love my God, of whom I sing:  
Nothing else I care for,  
Nothing else remember:  
In life and death,  
To all eternity,  
Nothing, nothing shall sever  
Him and me,  
For soul is merged in soul:  
Here, here  
In His great love  
Is joy supreme*

**Tukaram**





## HE GOVINDA

(Jagjit & Chittra Singh - 'Krishna Bhajans')

### **Sloka (Sanskrit):**

#### **VanCha Kalputaru Bhayesche**

Like the celestial tree (Kalpataru) that fulfills all the desires

#### **Kribasindhu Bye-Evache**

The ocean of divine grace, to those who are sinful and fallen

#### **Patitnam Pawanebhyu Vaishnuve Bhyu**

He is the Purifier. To that Vishnu

#### **Namoh Namah**

Salutations again and again

#### **He Krishna Karuna Sindhur**

O Krishna, Ocean of compassion

#### **Deena Bandhu Jagatit Pate**

Brother of the down-trodden, Father of the universe

#### **Gopesh. Gopikakant.**

Lord of the cow-herds, Beloved of the gopis (cow-girls)

#### **Radhakant. Namostute**

Salutations to the Beloved of Radha

#### **Hariharinaam, Hariharinaam,**

The name of Hari, the name of Hari

#### **Hariharinaam He Kev.lam**

Only the name of Hari

#### **Kalo Nastjev. , Nastjev. , Nastjev. ,**

In this kaliyuga, those who will die regardless

#### **Gatiranyatha**

Have no other path to their ascent than this

### **Chorus:**

#### **He Govind., He Gopal. (x2)**

O Lord attained by pure speech the protector of cows (also sense organs)

#### **He Dayal. Nam**

O Compassionate Lord

#### **Pran. Nath. Anath. Sakhe (x4)**

The Lord of the life breath, the friend of those who have no-one

#### **Din.dard. Nivas**

Remover of their pain

#### **He Somerath. Agamy Puran. (x4)**

O unfathomable Ancient Lord Almighty

#### **Mohamaya Ghal**

The Remover of attachments and illusion

#### **Andh. Kup. Mahabhayan. (x4)**

The dark well (of ignorance, also could be the ocean of illusion) is extremely terrifying

#### **Mataji Par. Utar**

Mother please lift us out of that by the enlightenment

# SHRI MATAJI VANDU TAV.CHAR.NA

(Raga Bhimpalasi; Bhajan from Australia for the 70th Birthday Celebrations of Shri Adi Shakti, Shri Mataji Nirmala Devi, Delhi, 21 March 1993; 'Music of Joy 1')

## **Chorus:**

**Shri Mataji Vandu Tav.char.na,**

Shri Mataji, we bow to Your Lotus Feet

**Nirmal he Vishwa apule**

You've created this faultless creation

*\*Namavito he Shisha Amuche*

We have one request on this auspicious day Shri Mataji

**Yoga tav.dila, Ashirvad. dya Amha**

And You have also given us Sahaja Yoga to enjoy the life.

*\*Apulya Janm. dina, Ashirvad. dya Amha*

On Your birthday, Let Your holy presence be in our hearts

**Vandu Tav.char.na**

Please give us Your Blessings as we worship Your Lotus Feet.

**Nirmal He Vishwa apule**

**Yoga tav. dila... Shri Mataji**

*\*Apulya Janm. dina, Shri Mataji*

On Your birthday, Shri Mataji,

**Tuts. Majha Janani, Vinati tav. Amuchi**

You are our Divine Mother

*\*Hya Shubhadini, Vinati tav. Amuchi*

On this auspicious day

**Amuchya Hridayat. Raho**

And we have a special request to You

**Mangal. Murti hi Apuli**

May Your auspicious presence be felt

**Mangal. Murti hi Apuli**

In our hearts all the time.

**Amuche Jivan, Tav. Sevet Lago**

Shri Mataji, we beg You that may our lives be spent in serving You and Your great work through Sahaja Yoga.

**Janmo Janmi Heets. Icha**

We have desired this for many lifetimes.

**Aap.nachi Charan.ganga**

May Your Lotus Feet, which are pure, auspicious and holy like the Ganges, and which emit endless Divine Vibrations,

**Amuchya Sahasrari Raho**

Reside in our Sahasraras.

\* These lines to be sung on Shri Mataji's birthday.

**SHRI GANESHA KINARYALA LAU***(based on performance at Alibag (fishing village) on 20/12/1990**'Music of Joy 3' & 'Mauli 2')***Chorus:****Hya Deshachi Budaleli Nau (x2)**

The boat of this country has lost it's direction/bearing

**Shri Ganesha Kinaryala Lau (x2)**

Shri Ganesha please steer it to the shore

**Bhaktachya-Hakela Ubha Rah.si (x4)**

You stand by Your devotees all the time

**Sankat.kali Tu Dhau.ni Yeshi (x4)**

In times of danger Your protection is immediate

**N.ko Dhan. Dau.la-Tishi Maz. Hau (x2)**

Please take away this greed and attachment to wealth and material possessions so that the right path can be revealed.

**Shri Ganesha Kinaryala Lau (x2)**

Shri Ganesha please steer our boat to the shore

**Tufan. Vad.li Sut.La Vara (x4)**

Our boat is on the water, the wind is blowing and a storm is brewing

**Ithe Na Kunatsa Adhar. Mala (x4)**

There is no-one around to help

**Roj. Nighe Majya Mukhi Tuzhe Nau (x2)**

We are Your devotees

**Shri Ganesha Kinaryala Lau (x2)**

Shri Ganesha please steer our boat to the shore

**Sukh. Na Hi Kothe Ale Hya Sansari (x4)**

O Shri Ganesha, there is no happiness in this world without You

**Saumsaratsa Bhar. Sara Doyiwari (x4)**

You are the support of the whole world

**Tu Dakhav. Maz. Mala Gao (x2)**

Please direct us to the village that is the Kingdom of God (Kingdom within/in my heart)

**Shri Ganesha Kinaryala Lau (x2)**

Shri Ganesha please steer our boat to the shore

**Saunsari Pal.Na Hya Nau.ketsa (x4)**

This boat can drift anywhere in the world

**Adhar. Ahe Ha Jivanatsa (x4)**

Shri Ganesha, our life is in your hands

**Hya Vishwa-chya Hakela Tu Dhau (x2)**

The universe is calling You, please come to our aid

**Shri Ganesha Kinaryala Lau (x2)**

Shri Ganesha please steer our boat to the shore

## VRINDAVANI VENU

(Ajit Khadhade)

**Vrindavani Venu Vazhe (x4)**

In Vrindavan, a sweet flute melody is heard.

**Vrindavani Venu**

In Vrindavan, a sweet flute...

**Venu Kavanacha May. Vazhe (x2)**

O Lord, You reside in this beautiful flute tune.

**Venu Nade Govar.dhanu Gazhe (x2)**

When this flute plays, the Mount Govardhan itself echoes with music.

**Pucch. Pasaruni Mayur. Viraje (x2)**

Its tail widely open, the peacock takes a seat.

**Maz. Pahata Bhas.Ti Yadava Raze (x2)**

Beholding the scene, I feel like the Yadhava King Himself sits on His throne.

**Trun. Tzara Taru Visarali (x2)**

Lost in this divine music, the cattle stops eating and stays still.

**Gayi Vyaghra Eke Thai Zhali (x2)**

Cow and tiger, both join together and listen.

**Pakshi Kule Nivant. Rahili (x2)**

All birds stay still, ashamed of their own singing,

**Vairabhava Samul. Visarali (x2)**

Forgetting their petty quarrels.

**Dhwani Manjul. Manjul. Umatati (x2)**

A sweet flute melody is heard,

**Vati Run. Zhun. Run. Zhun. Vazati (x2)**

Rhythmed by the wind which sounds like the anklets.

**Dev. Vimani Baisoni Stuti Gati (x2)**

All Gods, mounted on their flying chariots, sing the praise of the Gokul Lord,

**Bhanudasa Bhavali Prem. Bhakti (x2)**

While I, Bhanu Das, got lost in devotion and love.

**Prem. Bhakti, Prem. Bhakti**

Devotion and love.

**Venu Nade (x3) Govar.dhanu Gazhe (x2)**

When this flute plays, the Mount Govardhan itself echoes with music.

## MAVEN. NAYANI ANAND.

(Pune Yuva Shakti)

### **Chorus:**

Maven. Nayani Anand. Hridayat. Satchitanand. (x2)

Anand. Kiti Ha Motha

Saukyaas. Khadhi Na Tota

Kana Kanaat.

Kana Kanaat. Nirmalanand. } (x2)

Hridayat. Satchitanand.

Maven. Nayani Anand. Hridayat. Satchitanand.

Sagunat. Mauli Ali, (Ah...) (x2)

Nirgunat. Janiv. Jidhali

Neej. Rupi Rangale Dhyan. } (x2)

Jad. Tech. Wate Chaitanya

Anand. Kiti Ha ...

Lobhas. He Nirmal. Rup. } (x2)

Satchitanand. Ghan. Charan.

Yogyanche Antim. Sthan. } (x2)

Mokshache Sakshat Rup.

Anand. Kiti Ha ...

Hridayat. Jaya Dhyayile (Ah...) (x2)

Chitat. Jaya Sathavile

Pahun. Rup. Te Dola } (x2)

Anand. Hridhayi Jagiyala

Anand. Kiti Ha ...

Dainya Dukh. Pap. Nashiyale (Ah...)(x2)

Mokshatse Dar. Ughade

Dhanya Zhali Amuch. Bhakti } (x2)

Sapadali Jeevan. Mukti

Anand. Kiti Ha ...

**HE PRABHO***(Marathi Hymn Book)***Chorus:**

He Prabho Tu Nyana Rupe  
 Kalpavruksha Lavile (x2)  
 Baharalya Shakha Tayanchya  
 Chintani Man. Rangile  
 Vishwa He Samavile

Ya Padasi Akalili, Surya Chandrachi Prabha (x2)  
 Bheduni Tya Brahmarandhra  
 Vyapile Awaghya Nabha (x2)  
 Manthuniya Sapt. Sindhu Jagan. Te Je Vyapile (x2)  
 Vishwa He Samavile

Sanskrti Gangogh. Vahe, Tyamadhe Awagawuni (x2)  
 Shodhanya Shiv. Saty. Sundar.  
 Divya Shraddha Ghewuni (x2)  
 Chalale Path. Sadhanecha, Guru Padate Paw.le (x2)  
 Vishwa He Samavile

Nyan. Rupa He Virata, Anu Anut. Tuj. Pahude (x2)  
 Shakti Yukti Namrata De  
 Sheel. Shubh. Sankalp.de (x2)  
 Atmanyane Nishchaye Man., Chetana May. Jah.le (x2)  
 Vishwa He Samavile



## AVATARUNI MATE, KALIYUGI HYA

(Alibag Group)

### **Chorus:**

Avataruni Mate, Kaliyugi Hya (x2)

Marg. Sahaja Dawila

Na Ayi Amha Sahaj Yog. Tumhi Dila (x2)

Bhondugirichya Bazari Hya } (x2)

Wali Navata Peditana Hya

Hat. Phironi Tav. Mayecha (x2)

Dnyan. Deep. Tewila

Na Ayi Amha Sahaj Yog. Tumhi Dila (x2)

Phirun. Dam.lo As.ta Jawali } (x2)

Olakh. Tyachi Na Dili Koni

Tumhi Satyatsa Marg. Da-uni (x2)

Antari Prakash. Dila

Na Ayi Amha ...

Dev. Devatanchi Sthane Dawili } (x2)

Jya Jya Chak.ri Vas.elianchi

Mantra Ucharita Saptachakrantsa (x2)

Prakash. Antari Dila

Chaitanyalah.ri Vahu Lag.ta } (x2)

Garwa Mate Sharira Ala

Kundalini Mata Jagrut. Hota (x2)

Ananda Brahmandila

Dhar.ma Adhar.matsa Gholi Ghaluni } (x2)

Asuranhi Ha Khel. Mandila

Daya Kshama Shantitsa Sandesha Deuni (x2)

Vishwa Dharma Dila

Atmasakshatkar. Jagruti Deuni } (x2)

Par. Kele Tumhi Amhala

Bhagya Amutse Udaya Ale (x2)

Tavacharani Thawa Dila

## DHYAN. TE RANGERLE SAHASRARA DWARI

(Sangli, 1985 - 'Music of Joy 2')

**Dhyan. Te Rangerle Sahasrar. Dwari (x2)**

**Mukhi Naam. Ghetā (x2) } (x2)**  
**Nirmala Hi Tari**

**Dhyan. Te Rangerle Sahasrar. Dwari (x2)**

O Mother we are enjoying our meditation in Sahasrara  
 Whenever we take Your name, You are always there to help us

**Charani Tujhya Baisat. Mate, Man. Te Nivale (x2)**

**Sushumnachya Marge, (x2) } (x2)**  
**Swarupachya Tiri...**

When we are at Your Lotus Feet our attention is settled,  
 We are in the path of Sushumna and very close to Your Divine Form

**Akar. Ukar. Makar. Te Bramha (x2)**

**Chaitanyatsa Garbh. (x2) } (x2)**  
**Mooladhari Davi**

AUM (Akar. Ukar. Makar.) expresses the Brahma (Divine),  
 The essence of these vibrations brings us to the doorway of Mooladhara.

**Anandachya Urmi, Antari Baheri (x2)**

**Chaitanyachya Sagari (x2) } (x2)**  
**Amhi Maru Dubi**

There is immense joy within and all around  
 As we are immersed in the ocean of Vibrations.

**Sahasrar. Bhed., Konhi Nahi Kela (x2)**

**Adishakti Nirmala (x2) } (x2)**  
**Ata Karya K.ri**

No one has opened the Sahastrara en masse,  
 But Shri Mataji is doing this Divine work now.

**Yogiraj. Zhale, Sadhusant. Ale (x2)**

**Ayila Prarthile (x2) } (x2)**  
**Adnya Chakrawari**

Many great sages and saints have come before,  
 Trying to worship You through their Agnya Chakra (mental level)

**Bal. Dhaw. Vegi, Nako Rahoo Duri (x2)**

**Swarup. Sakshat. (x2) } (x2)**  
**Thujiyats. Samori**

We've tried everything; this childish attitude of running here and there should end  
 The time has come to see the Adi Shakti in Her Divine form

**Premachi Hi Ganga, Chaitanyachya Sagari (x2)**

**Anant. Swarupi (x2) } (x2)**  
**Vani Moun. Dh.ri**

Like the Ganges, our river of vibrations merges into the ocean of Divine bliss  
 There is so much more to be said but no words can express it ...

## TSALA CABELLA PUJELA

(Adapted from Ganesha bhajans 'Ranzan. Gawala'; Music od Joy)

### **Chorus:**

**Tsala Cabella Pujela Sajvu Sundar. Ma Nirmala (x2)**

**Mata Bhagavati Parvati Gauri Ganesha Vanduya (x2)**

Let's go to Cabella for the puja, and let's decorate our beautiful Mother Nirmala.

Shri Mataji is Bhagawati and Parvati (the Mother of Shri Ganesha),

so let's worship Her in the form of Shri Gauri Ganesha.

**Tripurasura ais. kope, Shiva shank.rala toke (x2)**

**Tripurasura ais. kope, Shiva shank.rala toke**

**Putra Ganapati Ganapati Rani Sahayala Dhawala (x2)**

When Lord Shiva was challenged by the demon Tripurasura, his son,

Shri Ganesha, ran to the battlefield to help his father.

**Tripuratsa nash. kela Gana Yetechi Raheela (x2)**

**Tripuratsa nash. kela Gana Yetechi Raheela**

**Daha Shundhantsa Shundhantsa (Aha)**

**Visa Hatantsa Shob.la (x2)**

Shri Ganesha assumed a majestic and gigantic form with 10 trunks and

20 hands, and killed the demon tripurasura all by himself without the help

of his Ganas.

**Rupa Devi Nirmalache amhi Pahu Sahasrarate (x2)**

**Rupa Devi Nirmalache amhi Pahu Sahasrarate**

**Amba Bhavani Janani Bhakta Tara Av.tar.lya (x2)**

The most beautiful form of the Devi Nirmala we can realise through our

Sahasrara. The great Mother, who is Queen of Bhava (the giver of life to the

the universe) and who is the Highest, Compassionate Mother, has incarnated

to give realisation to her devotees and to save her children.



**NASIK JOGAWA***(Dhananjay Dhupal & Nasik Sahaja Yogis - 'Viyayi Nirmal Sharade')***Chorus:****Jagadambetsa Jogawa magate**

We ask for Self Realisation from Shri Jagadamba

**Ayi Ambetsa Jogawa magate**

We ask for Self Realisation from Shri Ambe

**Ayi Nirmala Mahalakshmitsa Jogawa magate (x2)**

We ask for Self Realisation from Shri Nirmala who is Mahalakshmi

**Jagadambetsa Jogawa magate****Ayi Ambetsa Jogawa magate****Dur. saruni ahampana mal. mi ghalite**

Discarding our 'I'ness (ego), we humbly surrender to You.

**Antarangi shodhatsa Diva mi lavite**

We are seeking to enlighten the lamp within.

**Agnyanatsa kapur. Jaluni****Swayamprakash. Shodh.te**

Burning the camphor of ignorance, we seek the light of the spirit within.

**Jagadambetsa Jogawa magate....****Nyanachi sambal. Sambal. hati ghet.li**

Taking the drum of knowledge in our hands (the poet is imagining he/she is in a musical band)

**Nirmala ayichi div.ti mi pazal.li**

We wish to spread this light of Shri Mataji everywhere

**Kuwasanatsa pahad. Bhethun., Warila mi dzate**

After conquering the mountain of ignorance/conditionings (the seven deadly sins),

We come to offer Puja at Your Holy Lotus Feet.

**Jagadambetsa Jogawa magate....****Nirmala Mahadevi jhale mi nitsang.**

Shri Nirmala, we have dissolved into You, O Mahadevi (the drop becomes the ocean)

**Nartani kirtani jhale ho mi dang.**

In this 'oneness', we are dancing and singing Your praises with abandon

**Jhenda Sahaj Yogatsa mi mayene mir.vite**

Full of love and joy, we are proud to wave this flag of Sahaja Yoga (of enlightenment).

**Jagadambetsa Jogawa magate....**

## SAANG SAANG BHOLANATH

*(This is based on a children's song sung innocently asking God to fulfill all their dreams. In the original song, the children are asking God (in full faith knowing he can do anything) to make it rain so they don't have to go to school. With the same innocence, we are asking God and Shri Mataji as Sahaja Yogis to fulfill these dreams of having a perfect world. 'Music of Joy')*

### **Chorus:**

**Saang saang Bholanath, jag. sukhi howil kai?**

Please tell me God (Shri Shiva) will this whole universe be happy?

**Vishwa Nirmal Dharma madhye, Sahazi Moksha ghetil kai?**

Will all the people take to Vishwa Nirmal Dharma and get their moksha?

**Saang saang Bholanath, jag. sukhi howil kai?**

Please tell me God (Shri Shiva) will this whole universe be happy?

**Bholanath, sar.va sahaji jeetendriya hotil kai?**

O God, will the Sahaja Yogis master the five senses?

**Jaga madhye parameshwari shanti nandel kai?**

Oh Lord, will heavenly peace dwell in the world?

**Bholanath, Bholanath**

**Bholanath, atireki samool nasht. hotil kai?**

O God, will terrorism be completely eradicated?

**Bharat Pak deshan madhye ek.ta naan del kai?**

Will there ever be unity between India and Pakistan?

**Bholanath, Bholanath, kh.r.ts pauw sheel kai?**

O God, would you please bless us and make this come true?

**Jagat.le tante ladhe thamb. teel. kai?**

Will all the fighting across the world cease?

**Bholanath jaga madhye swarg. nandel kai?**

O God, will there be heaven on earth one day?

**Hindu Muslim Jew Christian ek.ts hotil kai?**

Will the Hindus, Muslims, Jews and Christians live together in peace?

**Bholanath dharma zat. nasht. hotil kai?**

O God, will the systems of caste and religion that divide us, come to an end?

**Vishwa Nirmal Dharma madhye Sahaji hotil kai?**

Will all the people embrace Vishwa Nirmal Dharma and become Sahaja Yogis?

**Bholanath sarvana, Jagruti milel kai?**

O God, will the whole world get self realization

**Sahaza madhye prasarat. gati ye-il kai?**

Will Sahaja Yoga spread more rapidly around the world

**Bholanath, Bholanath ase howil kai?**

O God, will all these desires be fulfilled?

**Nirmal Yogi Atma Ayi Char.ni rahil kai?**

Will all the Sahaja Yogis be granted a place at the Lotus Feet of Mother?

**JAI BOLA NIRMALA MATA KI***(Shrirampur Group)***Chorus:**

Jai Bola, Jai Bola, Nirmala Mata Ki } (x2)  
 Hi Mata Ahe Amchya Vishwadharmachi }  
 Vishwadharmachi, Maharashtrachi  
 Sahajyoganchi, Oh....

Kona Bhavani Kaya Jejuri (x2)

Kona Na Thawe Gada Shiv.Neri (x2)

Ani Marathe Aaja Visarale

Oh....

Ani Marathe Aaja Visarale

Lakh.Lakh.Ladhalya Tya Tal.Wari (x4)

Ya Matemadhe Veera Ujalale } (x2)

Tya Matene Parata Mhanawe

Desha Sathi Dhar.Masathi } (x2)

Balidan. Ho Jyani Kele

Oh.... Ah....

Jiva Shivanche Zadale Nate (x2)

Kona Na Kalale Kadhi Bhetale (x2)

Ayi Nirmala Putra Sahaja Yogi (x2)

Iti Haasacha Nabhi Ugawale (x2)

Sahiyadricha Kadhi Garazala

Ohh....

Sahiyadricha Kadhi Garazala

Tya Dagadani Parata Mhanawe (x4)

Punha Ekada Vishwamate Ne } (x2)

Ghar. Gharatuni Jan.Ma Yawe

Priya Apulya Ya Vishwala } (x2)

Lakh. Chiranjeeva Sahaj Yogi Dyawe

Oh.... Ah...

## TUJHYA DAARASHI ALO, TUJHYA DARBARI ALO

(Music of Joy; airport farewell 14<sup>th</sup> April 2006)

### **Chorus:**

**Tujhya Daarashi alo, Tujhya Darbari alo**

We have come to Your door, we have come to Your Royal Court,

**Tujhya Charnashi alo, Nirmal mauli**

We have come to Your Lotus Feet, Mother Nirmala

**Tu Majhya Hrudayat., Mi Tujhya Najaret.**

Mother You reside in my heart and I am so grateful that You have kept me in Your attention

**Nirmal bhaktachi sauli**

Mother, we are sitting under Your cooling shade

**Tuts. Ayi, tuts. Sayi, Nirmal Mauli (x2)**

You are my Mother, You are my Guru

**Tujhya Darashi alo.....**

**Hrudi tujhya Amrit. bharale**

Mother, Your heart is full of love and compassion

**Nayni tujhya premal jivala**

You have Motherly tenderness in Your eyes

**Bhaktasathi Avatar. Ambe ha tuja (x2)**

For Your children You have incarnated as Amba

**Marishi tu Shatrula Katakshane**

Mother, with a fiery glance You destroy Your enemies

**Tarishi tu bhaktala Prema-naj.rene**

And yet with a kind glance You save Your devotees

**Suryachya tejat. tu vase**

Mother, You reside in the power of the sun

**Chandrachya kir.nat. tu**

Mother, You reside in the moons cooling rays

**Phulanchya sughandat. Sughandat tuja (x2)**

Mother, You are the fragrance of flowers

**Ritambhara Pragnya tu Bhaktanchya hrudi**

You are verily the Mistress of the seasons (Ritambara Pragnya)

**Prematsa sagar. Tu Chaitanya lahari**

You reside in our hearts, You are the ocean of love and the waves of vibrations





# HINDI SONGS

दृष्ट्यंशे







*I am only sorry that people have no sense of understanding this great music that is in our country. If they listen to this music they'll have no diseases, no heart attacks, nothing. This is absolutely Divine and people should take to it in such a way that it's a blessing of God that we have such great artists in our country existing. My heart pines to see such artists not being properly recognised, appreciated and worshipped. I am sure one day will come when they will go all over the world and play this beautiful praise of Saraswati.*

**India - Madras - 27th January - 1986**

## JAY GANESH., JAY GANESH.

(Noida - 'Nirmal Darbar part 1'; 'Music of Joy 1')

### **Chorus:**

**Jay Ganesh., Jay Ganesh., Jay Ganesh. Deva (x2)**

Jay Lord Ganesh

**Mata Teri Par.Vati Pita Mahadeva (x2)**

Your Mother is Parvati, Your Father is Mahadeva

**O Ganapati Deva, Ganapati Deva (x2)**

**O Jai Jai Ganapati Deva, Ganapati Deva (x2)**

**Andhan. Ko Ankh. Det. Kodan. Ko Kaya (x2)**

You give sight to the blind, limbs to the crippled,

**Banjhan. Ko Putra Det. Nirdhan. Ko Maya (x2)**

You give sons to the childless, compassion to the poor

**O Ganapati Deva, Ganapati Deva (x2)**

**O Jai Jai Ganapati Deva, Ganapati Deva (x2)**

**Paan Chadhau Phul Chadhau Aur Chadhau Mewa (x2)**

People offer You leaves, flowers, dry fruits,

**Laddhuon Ka Bhog. Lage Sant. Kare Sewa (x2)**

laddu, Saints serve You

**O Ganapati Deva, Ganapati Deva (x2)**

**O Jai Jai Ganapati Deva, Ganapati Deva (x2)**

**Ek. Danth. Devadant. Char. Bhujadari (x2)**

Oh God, You are single-toothed, with four hands,

**Mas.Tak. Sindhur Shobhe Chuhe Ki Sawari (x2)**

the red sindoor suits Your forehead, and You are mounted on a humble mouse.

**O Ganapati Deva, Ganapati Deva (x2)**

**O Jai Jai Ganapati Deva, Ganapati Deva (x2)**

## RAGHUPATI RAM

**Raghupati Raghav. Raja Ram } (x2)**

**Patita Pawan. Sita Ram**

Highest Lord, O greatest of kings, Shri Rama

Even bad people get blessings from Shri Sita and Shri Rama

**Sita Ram Jay Sita Ram } (x2)**

**Bhaj. Pyare Tu Sita Ram**

Victory to Shri Sita and Shri Rama!

We pray you sing with us the praises to Shri Sits and Shri Rama

**Ishwar. Allah Tere Nam**

**Sab.Ko Samati De Bhag.Wan**

Hindu God or Muslim God is all one

Please God, give blessings to everyone

## AP.KO HAMARI KASAM

(Sanjay Talwar - 'Adi Shakti Poojan, Vol. 1')

### **Chorus:**

**Be Khabar Hoke Ab. Yu Na Jaiye (Chorus, x2, then aaa...)**

**Ap.Ko Hamari Kasam Laut. Aiye**

Do not turn away without knowing the truth, we pray! You return.

**Dal Dalo Me Hai Phase Anek. Jiv**

Many are stuck in this quicksand of life.

**Jan.Te Nahi, Ye Bat. Hai Ajib**

How ironic that they are ignorant of it.

**Jo Satya Hai Vo Kah Gaye Chiran.Jiv**

The truth has been revealed time and again by the Seers.

**Aj. Vahi Satya Jana Sajiv**

It has dawned on us today.

**Krupa Ho Shri Mataji Ki, Khud Ko Paiye**

By the Grace of Mother, attain thyself.

**Ap.Ko Hamari Kasam Laut. Aiye**

We pray you return .....

**Chhip Nashili Shaktiya Jahan. Me**

Hidden Satanic forces surround us.

**Sakshi Banke Inko Jan. Lijiye**

Be a witness to their volatile existence.

**Khair. Hai Isi Me Ap.Ki Huzur**

Beware, in your own interest,

**Atm.-Sakshatkar. Lijiye**

Seek your Self-realisation.

**Krupa Ho Shri Mataji Ki, Khud Ko Paiye**

**Ap.Ko Hamari Kasam Laut. Aiye**

**Zindegi Ke Ras.Te Ajib. Hai**

The ways of life, being unpredictable,

**Inme Is Tarah Chala Na Kijiye**

Why continue life in the same monotonous style?

**Sahaj. Me Utar Ke Dekhiye Huzur**

Try Sahaj Yoga and

**Kundalini Yog. Jan. Lijiye**

Get the knowledge of your Kundalini

**Krupa Ho Shri Mataji Ki, Khud Ko Paiye**

**Ap.Ko Hamari Kasam Laut. Aiye**

**Shri Mataji Ke Rup. Hi Anek. Hai**

Shri Mataji has numerous forms.

**Adi Shakti Unko Man. Lijiye**

Consider Her as the Adi Shakti.

**Ar.Ti Utariye Unki Huzur**

Perform Her aarti,

**Shraddha Rup. Dil Me Sthan. Dijiyee**

And with Devotion seat Her in your hearts.

**Krupa Ho Shri Mataji Ki, Khud Ko Paiye**

**Ap.Ko Hamari Kasam Laut. Aiye**

## **AJIB. DAS.TA HAI YE**

*(Sanjay Talwar)*

**Ajib. Das.Ta Hai Ye**  
**Kaha Shuru, Kaha Khatam (Chorus, x2)**  
**Ye Manzile Sahaj. Ki**  
**Shri Mataji Se Sam Jhe Ham**

**La, La, La, La, La, La...**

**Ye Roshini Ke Sath. Kyu**  
**Dhua Utha Chirag. Se**  
**Ye Khwab. Dekh.Te The Ham**  
**Ab Jag Pade Hai Khwab. Se** } (x2)

**Swadiksha Ho Agar Hame**  
**Gauri Ma Ko Pukar. Le**  
**Ye Shakti Jag. Jaegi**  
**Tab Nirvichar. Ham Bane** } (x2)

**Sahaj Me, Par. Ho Ke Ham**  
**Naya Jahan Basaenge**  
**Shri Mataji Ko Pake Ham**  
**Samuhikta Me Aenge** } (x2)

**Pukar.Te Hame Ke Ham**  
**Ki Ma Ke Nur. Ho Gaye**  
**Shri Mataji Ki Chaya Me**  
**Swayam Me Lin. Ho Gaye** } (x2)

**Na Gam Rahe Na Ho Khushi**  
**Sabhi Se Mukt. Ho Gaye**  
**Chaitanyata Me Rah Ke Ham**  
**Sachchitanand. Ho Gaye** } (x2)

## HAME MA SE PYAR. KIT. NA

(Sanjay Talwar - 'Adi Shakti Poojan Vol. 1')

Hame Ma Se Pyar. Kit.Na  
 Ye Ham Nahi Jan.Te  
 Magar Ji Nahi Sak.Te  
 Sahaj. Ke Bina  
 Hame Ma Se Pyar...

We know not how much we love our Divine Mother,  
 But we surely know we cannot live without Sahaj Yoga.

Sahaj. Jivan. Raz., Har. Jiv. Tatw. Ye  
 Zindegi Ke Jine Me  
 Sahaj. Ka Hi Khel. Hai  
 Na Hamne Dekha Tha, Na Tum Ise Jan.Te Ho  
 Yahi Chah.Te Hain, Ab.  
 Tum Bhi Samao  
 Niranand. Ke Is.  
 Mahautsavo Me

Sahaj Yoga, the answer of life is its very essence, which neither you nor we were aware of.  
 But we sincerely hope that you too enter Paradise through these great opportune moments of life.

Adi Shakti Ma Hi Hai Adi Guru Ma  
 Para Shakti Ma Hi Hai Ma Hai Virat  
 Mas.tak Sabhi Jhuk.Te Hai  
 Sh.ri Charanan. Me  
 Kshitij. Si Barh.ti Shraddha Ki  
 Kaisi Sima Jane  
 Bane Bund. Sagar, To  
 Kya Git. Gae

Mother, our Adi Shakti, our Adi Guru, Mother the Parashakti and Virat. We offer obeisance with bowed heads at Her feet. Just as our growing devotion is limitless, the merging of a drop in the ocean is beyond expression.

Madhy. Me Base, Sare Dev. Gan. Hai  
 Sato Shaktiya Hamari Ma Swarup. Hai  
 Ichca Prakat. Ho Jae  
 Sahaj. Jagruti Ho  
 Sabhi Chakr. Nir.mal. Hi  
 Niranjit. Viraje  
 Sabhi Pap. Dhul Jae  
 Sh.ri Char.no Me

All Deities reside in our central channel. All our seven shaktis represent Mother's Divine power. By mere expression of our desire, we experience spontaneous awakening. All our chakras get cleared and fall into a Divine pattern, clearing the path to the Kingdom of Heaven, where all our sins are forgiven.

## TERE HI GUN. GATE HAI

(Nasik Group - 108 Names of Shri Mataji)

**Sharan.gat.ki Raksha Kar.ti**

You always protect the one who is surrendered to You

**Din. Dukhi Ke Sab. Dukh. Har.ti**

You take away all the problems of the poor sorrowful people

**Jay.janani Jay. Mata Bhavani**

Victory to You oh Mother, oh Bhavani

**Nirmala Devi Jay. Jay. Sukh.kar.ni**

Mother Nirmala Victory to You, giver of happiness.

**Tere Hi Gun. Gate Hai**

We sing Your praise

**Tujh.ko Nis.din. Dhyate Hai**

We worship You every day

**Teri Sharan. Me Aye Hai**

We have surrendered at Your Lotus Feet

**Tu Hai Sare Jagat. Ki Janani (x2)**

You are the Mother of the whole universe

} (x2, Chorus)

**Tu Hai Shri Mata Nishchinta Garvita Lokatita**

You are Shri Mata, .....

**Tu Hai Nistula Nirmala Vandaru Janavatsala**

**Tu Hai Nirishwara Gambhira Nirantara Dharmadara**

**Tu Hai Nishkriya Niratyaya Bhaktipriya Nirakula**

**Teri Krupa Ho Jaye Ham Par**

May Your grace shower on us

**Tu Hai Sat Chit Ananda Rupini (x2)**

**Tu Hai Nirguna Niranjana Nishkalanka Chandika**

**Tu Hai Nirpaya Nirashraya Nirlepa Trigunatmika**

**Tu Hai Nishpap. Nirbhava Nishkala Nirupaplava**

**Tu Hai Nirmoha Nirmada Nirvikara Shamat Mika**

**Teri Krupa Ho Jaye Ham Par**

**Tu Hai Mahapatak.-Nashini (x2)**

**Tu Hai Maharatihi Gurumurtihi Shaswati Par.meshwari**

**Tu Hai Chitshaktihi Sudhamsrutihi Nirnasha Rakshakari**

**Tu Hai Vilasini Ekakini Vishnugranth. Vibhedini**

**Tu Hai Nirupadhihi Mahashaktihi Adishaktihi Shubhamkari**

**Teri Krupa Ho Jaye Ham Par**

**Tu Hai Sahaj. Yog. Dayini (x2)**

Tu Hai Niradhara Nirakara Nityayauvana Padmasana  
 Tu Hai Nirahankara Nilachikura Sandrakaruna Nishkarana  
 Tu Hai Mahamaya Nihsamshaya Bhaktigamya Raviprakhya  
 Tu Hai Chandranibha Sukhyaradhya Swabhav.Madhura Sukh.Prada

Teri Krupa Ho Jaye Ham Par  
 Tu Hai Nitya Leela Vinodini (x2)

Tu Hai Par.modara Mahapuja Punyalabhya Vishw.rup.  
 Tu Hai Mahadevi Bhag.wati Shobhana Sul.bha-Gatihi  
 Tu Hai Pashahantri Par.shaktihi Par.manu Pavan.kritihi  
 Tu Hai Nishkama Nirvikalpa Vir.mata Vishvagrasi

Teri Krupa Ho Jaye Ham Par  
 Tu Hai Bhavani Vishwasakshini (x2)

Tu Hai Nir.badha Achintyarup. Akula Dhir.samarchita  
 Tu Hai Vishw. Garbha Nitya-Mukta Dev.karyasamudyata  
 Tu Hai Shri Sadashiv. Shri Maharadni Vimala Vijaya Niraga  
 Tu Hai Swastha Lajja Nishparigraha Mahati Pushtihi Yogada  
 Tu Hai Sharmadayini Nirmama Rakshaghni Nishparigraha

Teri Krupa Ho Jaye Ham Par  
 Tu Hai Varda Kshipra Prasadini (x2)



## KYU JAE KAHA

Kyu Jae Kaha...

Kyu Jae Kaha (Chorus, x2)  
Jab. Tu Hai Yaha, O Ma...

Manoharini Pranav. Rupini (x2)

Adi Anadi Sagun. Nir.Guni (x2)

Nir.Mala Devi Tu Hi Janani (x2)

Tujh. Me Sara Vishw. Sama, O Ma... (x2)

Vedonka Tu Rup. Manohar. (x2) } (x2)

Rucha Mantra Ka Phal. Tu Sundar.

Karm. Yog. Ka Kar.Ne Jagar. (x2)

Hradaya Basi Tu Adima, O Ma... (x2)

Sahaj. Yog. Tu Dhyan. Dharan. (x2) } (x2)

Tu Sphurti Ki Divya Prerarn.

Dnyan. Dan. Ki Tu Hai Pratima (x2)

Shadripu Ki Tu Hai Daya Kshama, O Ma... (x2)

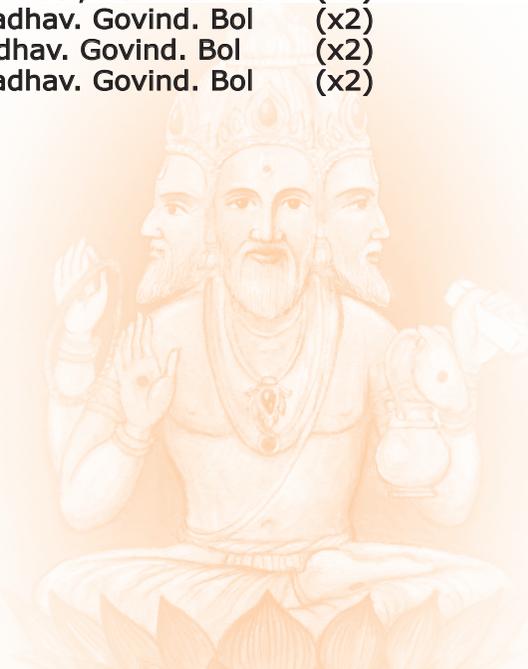
## HARI BOL

Hari Bol, Hari Bol, Hari Hari Bol (x2)

Mukund. Madhav. Govind. Bol (x2)

Keshav. Madhav. Govind. Bol (x2)

Mukund. Madhav. Govind. Bol (x2)



## VISHW. NIRMAL DHARAM

Vishw. Nirmal Dharm Ki Ye Dara  
 Ban. Jayegi Sab. Ka Sahara (Chorus, x2)  
 Jaise Nabh. Me Subah Ka Ho Tara  
 Mit. Jata Hai Man. Ka Andhera

Shri Mataji Nirmala Devi } (x2)  
 Sari Duniya Ki Hai Vo Janani }  
 Adi Shakti Janam. Leke Ai } (x2)  
 Jagrut Karti Hai Jo Kundalini }  
 Ap.Na... Ya Sahaj. Yog. Jis. Ne (x2)  
 Paya Atmaka Us.Ne Ujyara (x2)

Taswir Ma Ki Jo Sam.Ne Rakhega (x2)  
 Kum Kum Tilak Pe Nazar. Rakhega (x2)  
 Khyal. Jobhi Aye Apne Man. Me (x2)  
 Dhire Dhire Unhe Vo Khoega (x2)  
 Is Tarah... Dhyan Subah Sham. Karke (x2)  
 Mukti Paye Janam Na Dubara (x2)

Kundalini Hoti Hai Sharir. Me (x2) } (x2)  
 Jagrut Karne Tu Rahna Dhyan. Me }  
 Ma Karegi Krupa Jo Bhi Aya } (x2)  
 Sab. Chorke Uski Sharan. Me }  
 Thandi Lah.Ro Ko... Dekh.Na Karishma (x2)  
 Jab Bhi Tune Hai Ma Ko Pukara (x2)

Sat. Chakro Ke Hote Hai Swami (x2)  
 Dhyan. Ma Ka Tu Kar. Antaryami (x2)  
 Prasanna Ho Jayege Sare Swami (x2)  
 Na Rahegi Kisiki Gulami (x2)  
 Shaktiya Sari... Tujh.Ko Milegi (x2)  
 Khul. Jayega Sahastrar. Tera (x2)

## DENKO VAR.DAN.

(*'Pure Devotion'*)

Dhyan. Rahe Kabhi Na Chod.Na (x2)  
Sahaj. Dharan. Hai Dhyan.

Devi Nirmala Yaha Padhari (Chorus)

Deneko Var.Dan., Re  
Yaha Padhari, Re, Dene Var.Dan., Re (x2)

Vimukt. Ham. Me Tore Hai Bandhan. } (x2)  
Jat. Pat. Ke Rahe Na Lanchan.

Tan. Man. Ar.Pit. Ham. Sab. Bhavik. (x2)

Vishwa Dharm. Ki Jyot. Jagane (x2)

Jivit. Panch. Pran

Hame Mili Hai Antahprer.Na } (x2)  
Dhyan. Yog. Ki Divya Dhar.Na

Vanchit. Hamari Puran. Kamana (x2)

Bin. Mange Hi De Devi

Hamare Bhag. Ka Dhyan

Sharan Agat. Ham Sare Balak. (x2)

Devi Ma Hai Palak. Chalak. (x2)

Disha Disha Me Gunj. Raha Hai (x2)

Devi Nirmala, Devi Nirmala

Shri Mata Hai Jag Ka Dhyan



## SWAGAT. AGAT. SWAGATAM

### Chorus:

**Swagat. Agat. Swa-gatam** (x2)

Welcome to Your arrival

**Ham. Sab. Kar.te Swa-gatam** (x2, Chorus)

We all welcome You

**Aj. Hamare Bich. Padhare** } (x2)

Today You have come among us

**Shri Mataji Ap. Hain Tare**

Shri Mataji You are the Saviour

**Jhum-Jhumke, Jhum-Jhumke** } (x2)

Swaying all together

**Kar.te Hain Gan**

we sing Your praise

**Pujyavar. Mataji ke Dar.shan. Pakar** } (x2)

Having received the darshan of our respected Mother

**Kar.te Swagat. Dil. Se Gakar**

We welcome Her, singing from our hearts

**Prem Phulonki Mala Pah.Nate Hain Ham** (x2)

We offer Her a garland of flowers of love

**Nir.mala Ma Se Vinati Hamari** } (x2)

We pray to You Mother Nirmala

**Jivan. Sukh. Se Khar.de Bhari**

please make our lives full of joy

**Anand. Prem. Shanti Sada Hi Rahe** (x2)

May joy, love and peace always reside within us.

## DAR.SHAN. DEVO MA

**Dar.Shan. Devo Ma Mahakali** (Chorus)

**O, O, Ao, Aoma Vagh.Vali, Vagh.Vali**

**Hai Tu Jagat. Janani Mahamayi**  
**Sari Duniya Tunehi Banai**

**Bole Mile Vachan. Maiya Hoke Prasal.**  
**Ao Upparvali Chute Kesh.Vali Vadh.Tani**

**Kahe Rajeshvari Kar.Jordi**  
**Ao, Ao Bhavani Boli**

**Lagi Meri Lagan. Yake Joro Nayan.**  
**Ao Bhakato Kare Rakh.Vali**  
**Vadh.vati**

## JAY GANESH. JI KI MA AMBE

**Jay. Ganesh. Ji Ki Ma Ambe** (x2)

Victory to Amba, the Mother of Shri Ganesha Ji!

**Jay. Jagadambe, Jay. Jagadambe** } (x2, Chorus)

Victory to Jagadambe

**Jay. Ganesh. Ji Ki Ma Ambe**

Victory to Amba, the Mother of Shri Ganesha!

**Jay. Maha Kundalini Tu Ambe** (x2)

Victory to Maha-Kundalini, You, Ambe!

**Jay. Vishnu Ki Lakshmi Tu Ambe** (x2)

**Jay. Brahma Ki Sarasvati Tu Ambe** (x2)

**Jay. Shivaji Ki Par.vati Tu Ambe** (x2)

**Jay. Rama Ki Sita Tu Ambe** (x2)

**Jay. Krishna Ki Radha Tu Ambe** (x2)

**Jay. Yeshu Ki Mary Tu Ambe** (x2)

**Jay. Sahastrar. Swamini Tu Ambe** (x2)

She is the owner, the master, the ruler of the Sahasrara chakra.

**Jay. Moksha Pradayini Tu Ambe** (x2)

Sri Mataji not only grants us our liberation but at the same time gives us the power to share this gift with others.

**Jay. Nirmal. Mata Tu Ambe** (x2)

The immaculate great Mother.

**Jay. Adishakti Tu Jagadambe** (x2)

She is the Primordial Power of God.

The First Cause, the Creatrix of the universe.

**Jay. Adi Maya Tu Jagadambe** (x2)

**Jay. Maha Maya Tu Jagadambe** (x2)

**Jay. Sarva Swarupini Tu Ambe** (x2)

**Jay. Triguna Swamini** (x2)

**Jay. Nirmal. Mata Jagadambe** (x2)







*We must know that the only way we can keep healthy is through our music, our talas, our dancing. This is the blessing of our ancient gurus and we should not try to go to these adhogatti people of the west and spoil ourselves. On the contrary, they will appreciate it. May God bless them all, and bless you all that you are appreciating it. It's tremendous. I have no words to express the greatest joy I have felt today, with this beautiful music rendering. May God bless you.*

**India - Madras - 27th January - 1986**

## KHOJE TU JISE (Urdu)

(Nirmal Sangeet Sarita - 'Bandagi')

### **Chorus:**

**Khoje Tu Jise But.Khane Me Ya Kalisiyai Me**

One whom you are searching for in the church or Congregation

**Rah.Ta Hai Jo Hamesha Tere Dil Ke Dayere Me**

Is One who actually resides within the orbit of your heart.

**Paega Kya Use Bhat.Ke Gum. Rahiyo Me (x2)**

How will you be able to find Him among the misguided and lost

**Jo Soch.Te Hai Vo Milega (x2)**

**Mazahab. Ke Kohare Me**

Who think that He is found in the mist of (so called) religion

**Kaise Tu Dekh. Paega**

**Jab. Parakh. Nahi Nazaro Me } (x2)**

How will you be able to see Him when your eyes lack discrimination

**Jaha Sirf. Mah.Sus Kiya Hai (x2)**

**Use Dil Me Mahirone**

Whereas the experts have only experienced Him in the heart.

**Bag.Va Ko Jaise Sabhi Pyare Hai } (x2)**

**Gulshan. Paristi Me**

Like the gardener loves everybody (be it thorn, dried leaves, dirt or flowers) while gardening.

**Kya Bhala Kya Bura (x2)**

**Sabhi Pate Hai Ik.Lakh. Ke Maro Me**

Whether good or bad, everyone will be attended to by people who are divinely sincere.

**Neki Jitegi Badi Pe } (x2)**

**Sahaj. Ke Chakkar Chal.Ne Se**

Good will triumph over evil, once the turbulent movement of Sahaj begins

**Sada Gunj.Ti Hai Yahi Belos (x2)**

**Ma Ke Pukaro Me**

This sound is echoing Belous in the Holy Mother's call

## HAM.KO MAN. KI SHAKTI DENA

**Ham.Ko Man. Ki Shakti Dena (Chorus)**

**Man. Vijya. Kare**

**Dus.Ro Ki Jay. Se Pahle, Khud. Ko Jay. Kare**

**Bhed. Bhav. Ap.Ne Dil. Se Saf. Kar. Sake**

**Dus.Ro Se Bhul. Ho To Maf. Kar. Sake**

**Jhut. Se Dare Rahe Sach. Kadam. Bare**

**Dus.Ro Ki Jay. Se Pahle, Khud. Ko Jay. Kare**

**Mushkile Pare To Ah.Mpar. It.na Karm. Kar.**

**Sath. De To Dharm. Ka, Chale To Dharm. Par.**

**Khud. Pai Hausla Rahe, Badhi Se Na Dare**

**Dus.Ro Ki Jay. Se Pahle, Khud. Ko Jay. Kare**

**GHANE GHANE JANG.LA** *(Punjabi song)***Chorus:****Ghane Ghane Jang.La, Vich Rehndi Mata Meriye**

My Mother lives in the thick jungles on the mountain

**Dekh.ne Da Sundar. Nazar. Ho** (x2)

In the most beautiful scenery

**Dekh.ne Da Sundar. Nazar. Mata Meriye** (x2)**Dekh.ne Da Sundar. Nazar. Ho** (x2)**Suha Suha Cholamata Ang. Me Viraje** (x2)

O Mother You are looking so beautiful in red clothes!

**Kesar. Tilak. Lagaya Ho** (x2)

You have put a bindi of saffron on Your forehead.

**Kesar. Tilak. Lagaya Mata Meriye** (x2)**Kesar. Tilak. Lagaya Ho** (x2)**Nange Nange Pair. Mata, Ak.Bar. Aya** (x2)

The king Akbar himself came bare feet to see You

**Sone Da Chatar. Chadhaya Ho** (x2)

And offered You an umbrella of gold

**Sone Da Chatar. Chadhaya Mata Meriye...****Pan. Supari Mata Dhwaja Naree-al.** (x2)

The betel-leaf, the betel-nut, red cloth and a coconut are the things

**Pailari Bhet. Chadhaee ho** (x2)

we offer You with devotion in Your Puja.

**Kiri kirni Mata Tera Bhavana banaya** (x2)

Your house is made of flowers

**Arjuna chaula chardaya ho** (x2)

Arjuna himself offered a red shawl in devotion to You

**Mandhir de Ase Pase Koyal Bole** (x2)

On all sides of the temple the Indian cuckoos sing

**Teri Ware Jay. Jay. Kara ho** (x2)

Your Praise 'Jai!'

**Chausath. Paudhi Mata Chadiya na Jave** (x2)

Mother it is difficult to climb the sixty-fourth step

**Dur. Te Jay. Jay. Kara ho** (x2)

But still from afar I am doing Your 'Jai!'

**Chaurisi lakha Mata Paudhi Chardhaye** (x2)

8,400,000 steps (births) I have taken to come to You

**Panjadara Bhuvana banaya ho** (x2)

Through the five rivers (sense organs) of this house (body) that You have made

**Janmo Janmo Te Mata Punye Laye** (x2)

From many births we have gathered good deeds

**Ta Tere Darshan. Paye Hain.** (x2)

For this reason we are blessed to have sight of You

## TERI JYOT JALE

Mata Nir.mala Devi, Mata Nir.mala Devi (x2)

Teri Jot. Jale Din. Rain } (x2, Chorus)  
Mata Teri Jot. Jale Din. Rain. }

Jo Bhi Teri Sharan. Me Aya } (x2)

Us.ka Tap. Timir. Mitaya }  
Yog. Kshem. Diya Ma (x4)

Tu Hi Sab. Kudh. Karnewali } (x2)

Bera Par Laganevali }  
Mata Bholi Bhali (x4)

Nis. Din. Teri Jyot Jalaye } (x2)

Har. Dam. Tera Dip. Jalaye }  
(Teri Shan Nirali)

Tumhi Meri Mata, Tumhi Mere Pita } (x2)

Tumhi Mere Bandhu, Tumhi Mere Data }  
Tum Bin Aur. Na Koi (x4)

## SWAGATAM PARAM PUJYA MATA JI

Swagatam Swagatam Param Pujya Mata Ji

Mata Ji, Ap. Mangal. Dayini

Mata Ji, Ap. Shakti Dayini

Mata Ji, Ap. Vidya Dayini

Mata Ji, Ap. Vishwa Ki Ma Hain

Mata Ji, Ap. Hamari Ma Hain

Sewa Kar.Ne Ki Shakti Dijiyee

Mata Ji, Ap. Sahaj. Yog. Dayini

Mata Ji, Ap. Sahastrar. Swamini

Mata Ji, Hame Shakti Dijiyee

## TERI JAY JAY KAR. HO

Nirmala Devi Ma, O Ma, O Ma...  
Ganapatipule Me Ae Jo,  
Vo Kabhi Khali Hath. Na Jae  
Jay Ma...

Nirmala Devi Ma, Teri Jay Jay Kar. Ho (x2, Chorus)  
Jay Jagadambe Ma, Teri Jay Jay Kar. Ho (x2)

Kit.Na Pavan. Hai Yah Darshan } (x2)  
Sab. Karte Tera Vandan }  
O Ma... Devi Mata, Sab. Karte Tera Vandan  
Mangal. Kar.Ni Mata, } (x2)  
O Bhava Bhaya Har.Ni Mata }  
Tum. Dhyan. Dayini, Buddhi Dayini  
Jay Jay Kar. Ho, Teri Jay Jay Kar. Ho

Jay Jay Ma, Jay Jay Ma...

Jo Ganapatipule Me Aya, } (x2)  
Us.Ne Jivan. Ka Sukh. Paya }  
Ye Kaisi Teri Maya, Sab Kuch. Hai Maine Paya (x2)  
Tera Darshan. Paya, Ma Tera Hi Gun. Gaya (x2)  
Ma, Ma, Ma... Jay Jay Ma (x2)  
Jagat. Janani, Jay. Amba Teri, Jay Jay Kar. Ho (x2)  
Teri Jay Jay Kar. Ho

Jo Shri Dar.Shan. Ko Pae } (x2)  
Kabhi Khali Hath, Na Jae }  
Jay Jay Ma...  
Jo Shri Dar.Shan. Ko Pae } (x2)  
Kabhi Khali Hath. Na Jae }  
Tum Ho Jagadambe Mata, } (x2)  
Mai Tere Hi Gun. Gata }  
Tera Mera Natha, Hai Prem. Ka Ye Natha (x2)  
Naye Sal. Ke Shubh. Aw Sarpar (x2)  
Ashirvad. Do (x2)

## BHAR. DE

(*Nirmal Sangeet Sarita - 'Mirror of Sahaj'*)

**Bhar.De It.Ni Bhakti, Ma... Mere Ang. Ang. Me (x2)**

O Holy Mother, fill up my entire body with your pure and invigorating devotion

**Jaise Ram. Ke Baj.Rang. Me, Ma (x2) (Chorus)**

O Holy Mother, the devotion should be as the total surrender to Lord Rama

**Baj.Rang. Me, Baj.Rang. Me...**

Of Hanumana ....

**Bhar.De It.Ni Bhakti, Ma... Mere Ang. Ang. Me**

**Bhar. De It.Ni Priti Ma**

O Holy Mother, fill me up with ever abounding love

**Jit.Na Pani Sagar. Me**

As much as the water contained in the unending ocean.

**Kami Nahi Hogi Tabhi (x2)**

Even them will not be reduced or lessened

**Tanik Tere Pyar. Ke Sagar. Me...**

Out of your storage of every flowing love.

**Pyar. Ke Sagar. Me**

**Bhik. Tu It.Ni De De, Ma**

O holy Mother, You give so much benevolence

**Meri Maili Chadar. Me**

Even though I am soiled like a dirty sheet by the every day maya.

**Dar.Pan. Har.Pal. (x2)**

Grant me that your image should be permanently imprinted within me

**Dekho Tere Sat. Sang. Me...**

And that I always stay in the collectivity of saints.

**Sat.Sang. Me...**

**Bhar.De Har. Ek. Bagh. Ko, Ma (x2)**

O Holy Mother, fill up each and every garden

**Pyar. Ke Phul. Kaliyo Se**

With the fragrance of love so that each flower and bud will emit the fragrance of love.

**Mehak. Teri Hi Aegi Tab. (x3)**

Such is the power of your love, that this fragrance would be overflowing

**Sadak. Se Galiyo, Galiyo Se...**

From the roads and lanes

**Lagun. De Aisi, Mataji**

**Lagun. De Aisi**

**Lagun. De Aisi, Mataji**

**Jaise Raddha Ko Shyam. Se**

**Shraddha De Aisi, Mataji**

**Jaise Shab.Ri Ko Ram Se, Shab.Ri Ko Ram... Se**

## QAWWALI: SAJ.DE KAR.NE JHUKE

*(Baba Mama and Nirmal Sangeet Sarita - Short version)*

### **Chorus:**

**Saj.De Kar.Ne Jhuke Taslim Hobhi Chuke  
Abdiyat. Me Mere Rang. Bhar. Aenge  
Itne Kayal Tere Pyar. Ke Ho Gaye  
Ke Rihayi Milegi To Mar. Jaenge**

Before we bowed down in reverence,  
The salutations were already accepted.  
Therefore, my devotion towards You would become Rich and colourful.  
We have got so accustomed to Your love,  
That if we are freed of it we shall die!

**Thok.Re Darbadar Gam Aur Ruswaiya  
Sab Simatkar Tere Rub.Ru Aye Hai  
Pher. Li Gar Tune Ye Meh.Re Nazar  
Tere Imadad Ko Ham Kaha Paenge**

Having stumbled at every door,  
And having collected a bundle of sorrows and sufferings,  
We have now arrived face to face before You.  
If You turn away Your benign gaze of compassion and mercy,  
Where shall we find Your Divine help?

**Sabz. Ye Anjuman Ye Hawa Jhum.Ti  
Teri Belosi Me Aur Nikhar Aye Hai  
Jab Tu Hi Tu Basi Hai Ye Dono Jaha  
Ye Tare Bhi Saj.Do Me Jhuk Ayenge**

The beautiful greenery, swaying in the gentle breeze,  
Has enriched its qualities in Your purity and grace.  
When You, and only You, are all-pervading in both the worlds,  
Even the stars will come down to bow to You.

**Chali Leh.Ro Pe Leh.Re Chaman Dar Chaman  
Abid Pine Lage Hai Ye Abe-Hayat  
Jab Iradat Ibadat Me Dhalne Lagi  
To Belos., Sab. Paar. Ho Jayenge**

Vibrations are flowing over the garden of humanity,  
While the devotees have churned ambrosia out of these vibrations  
And are drinking them in abandonment.  
When the faith is being transformed into worship,  
Then, "belos" everyone will become realized!

## MUZ.RIM ADIL

(Nirmal Sangeet Sarita - 'Bandagi')

### **Chorus:**

**Muz.Rim Adil Ho Gaye Hai  
 Masum Katil Ho Gaye Hai  
 Sun.Kar. Log. Mayil Ho Gaye Hai  
 Kya Dilvale Aj. Bedil Ho Gaye Hai,  
 Bedil Ho Gaye Hai  
 Muz.Rim Adil Ho Gaye Hai**

Criminals have become judges.  
 Innocents have become murderers.  
 Hearing this, people have become melancholy.  
 Have the large-hearted become today heartless?  
 Criminals have become judges.

**Danishta Danisht Aj. Jahil Ho Gaye Hai (x2) } (x2)  
 To Jahil Dekho Shane Mahfil Ho Gaye Hai  
 Masahale Aur. Bhi Mushkil Ho Gaye Hai (x2)  
 Arij The Vo Mushtakil Ho Gaye Hai,  
 Mushtakil Ho Gaye Hai**

Knowingly, the knowledgeable have become uncouth,  
 While the uncouth have become the pride of society  
 The problems have become more complicated.  
 Those which were temporary have become permanent.

**Na Mumkin Jab. Ki Hasil Ho Gaye Hai (x2) } (x2)  
 Kya Yahi Ab. Ap.Ke Sahil Ho Gaye Hai  
 Mar.Hale Aur. Bhi Mukammil Ho Gaye Hai (x2)  
 Irade Ap.Ke Dhayal Ho Gaye Hai,  
 Dhayal Ho Gaye Hai**

While the impossible has been achieved,  
 Have these alone become your destinations?  
 Additional complex problems have further surfaced,  
 But your intentions have collapsed.

**Insani Muzahab. Batil Ho Gaye Hai (x2) } (x2)  
 Dekho Ruhani Sahaj. Me Shamil Ho Gaye Hai  
 Nashamil Khud.Se Gafil Ho Gaye Hai (x2)  
 Sab Ye Dekh "Belos" Tilttil Ho Gaye Hai,  
 Tilttil Ho Gaye Hai**

All man-made religions have become disproven.  
 See! All of them are now merged in the Divine Sahaj  
 The non-merged have become unaware of themselves.  
 Seeming all this, "belos" has become upset.

# KHUD. KI KHUDI KO KHOKAR

(Nirmal Sangeet Sarita - 'Bandagi')

## **Chorus:**

**Khud. Ki Khudi Ko Khokar } (x2)**  
**Khud. Tu Khuda Me Khoeja**

**Lafani Hai Vo Payeja**  
**Jo Fani Hai Vo Khoeja**

Losing your individual identity and ego,  
 You should get drowned in the identity of God.  
 In the process, attain what is imperishable,  
 And lose what is perishable.

**Ye Jango Zabar, Ye Tango Hava } (x2)**  
**Ye Dush.Mani Sab. Khud. Ki Nakamiya**

**Jo Tujh.Ko Tujh.Se Dur. Kare**  
**Usi Khudi Ko Tu Mitayeja**

All these world wars, tensions and animosity  
 Are failures purely attributable to ego.  
 The ego, which separates you from the divine identity must be destroyed.

**Ye Dhan Daulat., Ye Shano Shaukat } (x2)**  
**Fanihai, Ye Rish.Te Mit.Te Jayenge**

**Insa Ki Khidmat Ibadat. Hai**  
**Is. Bandagi Ko Badhaeja**

All the materialistic prosperity and the relative  
 Glory and grandeur are all perishable and mundane  
 Like the earthly relations which are transitory and ever changing.  
 While serving humanity is like the eternal worship of God  
 Which brotherhood should get propounded through your worship.

**Jab. Mai Hi Tujh.Se Dur. Hui } (x2)**  
**To Jan.Le Ke Galiban. Tu Vali Hua**

**Jannat. Ka Hoga Ilm. Tujhe**  
**Tu Ap.Ni Hasti Ko Mitayeja**

When the ego has deserted you,  
 Then, be assured that you would be like God himself.  
 The knowledge of bliss of Heaven will be unfolded on you.  
 As soon as you erase your ego-oriented self.

**Na Soch. Samajh. Khudi Ke Bagair } (x2)**  
**Kya Maqsad. Hai Tera, Kaise Manzil. Payeja**

**Har. Manzil. Hasil. Ayegi**  
**"Belos" Qadam Uthaeja**

Do not doubt or think as to what would be the purpose of your life without ego,  
 How would you reach your destination in its absence...  
 All goals will be automatically achieved, "belos"  
 When you march ahead in purity.

## PUKAR. KAR, BULA RAHI

(Sanjay Talwar - 'Adi Shakti Poojan Vol 1')

### **Chorus:**

**Pukar. Kar, Bula Rahi**

She calls you

**Ma Kundalini Tumhe**

Ma Kundalini beckons and calls you

**Jo Shaktiya Tumhari Hai**

**Unhi Ko Kyu Na Pa Hi Lo**

Come and attain your powers that lie dormant within

**Pukar. Kar, Bula Rahi**

**Na Thi Khabar Hame Sahaj. Gyan. Ki**

Unaware were we of Sahaja knowledge

**Na Thi Fikar Hamare Utthan. Ki**

Unconcerned were we about our ascent

**Pari Nazar Jo At.Ma Pe Ap.Ni**

No sooner we saw the light of our own spirit

**Utha Sawal. Kyu Na Isko Jan. Le**

It dawned, why not unfold this divine mystery?

} (x2)

**Koi Bhi Dosh. Ho Bhut. Kal. Ka**

Whatever be our mistakes of the past

**Kari Ho Galtiya Hazar., Tobhi Kya?**

So what, if we have committed a thousand errors?

**Jabhi Sabhi Ko Dil Se Maf. Kar Diya**

No sooner we have forgiven all from our hearts,

**Hui Krupa Ham Pe Adi Ma Ki**

The Grace of Adi Ma will be bestowed on us.

} (x2)

**Diya Jalalo Ma Ki Tas.Vir. Pe**

Light a candle before Mother's photograph

**Pasare Hath. Kar Lo Dhyan. Ma Pe**

With stretched hands meditate on Her

**Chadhi Bali Jabhi Ahankar. Ki**

No sooner we have surrendered our egos,

**Hriday Me Lau Jalegi Ma Ke Pyar. Ki**

The light of Her Love shall be kindled in our hearts.

} (x2)

## DURGA, ADISHAKTI

(Sanjay Talwar - 'Adi Shakti Poojan Vol. 2', 'Music of Joy 3')

### **Chorus:**

**Durga, Adishakti, Shri Mataji  
Shri Mataji Nirmala Devi**

**Ma Krupa Se Jana Hai, Khud. Ko Hi Pana Hai**

Through Your grace, Divine Mother, we know that what we seek lies within.

**Ap.Ni Shuddh. Iccha Ko Param Shakti Me Samana Hai**

By mere expression of pure Desire can we attain the Param Shakti.

**Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)**

Here-in lies our enlightenment and we now have the experience too.

**Mel Hua Jab. At.Ma Ka, Ap.Se Tab. Paar Hue Ham**

**Nirvichar Aur. Nirvikalp. Bhi**

**Sahaj. Me Hi Ho Gaye**

**Ma Prem Tumhara Ye, Bah.Ta Ek Sagar. Hai**

**Ham. Bund. Bane, Is. Sagar. Ki**

**Ab. Sama Hi Jana Hai**

**Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)**

Only then we knew what is Thoughtlessness and what is Doubtlessness. Divine Mother, all this is a vibrant flow of the ocean of your love. May we become a drop of this ocean, before the final merger?

**Mahalakshmi, Mahasarasvati, Mahakali,**

**Trigunatmika Ma**

**Kundalini Ap. Hi Hai, Saj.De Kar.Te Ap.Ko Ham**

**Is. Yog. Mahan. Se Naya Janm. Mila Ham.Ko**

**Sab. Rog. Chute, Duhkh.-Dard. Mite**

**Sab.Ne Ise Pana Hai**

**Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)**

Mother, You are Mahalaxmi, Mahakali and Mahasaraswati. You are Trigunatmika, the Kundalini within us – our salutations to Thee. Through this great Yoga we have had a new birth in this very life. With all our diseases gone and miseries shed, this yoga has come by Your Grace, as a gift for all.

**Brahm Chaitanya Ka, Madhyam Ab.**

**Deh. Hamara Ho Gaya**

**Jhuth. Satya Aur. Pap. Punya Me**

**Bhed. Kit.Na Jan Gaye Ham**

**Is. Sthul. Rup. Me, Ham. Suksham Ko Paye**

**Nir.Vichar. Me Samar.Pan. Hoka.,**

**Sthul. Ko Pana Hai**

**Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)**

With our bodies as the media for the flow of Param Chaitanya, we are able to discern truth from untruth and good from evil. In this physical form, we are to become subtler and subtler, to know that only through surrender in thoughtlessness can we attain the Zero State.

## HE MA! ADI KUNDALINI

(Sanjay Talwar - 'Adi Shakti Poojan Vol 2')

**He Ma! Adi Kundalini Gauri Ma (Chorus)**

**Adishakti, Ma Jagadamba!**

O Divine Mother! Adi Kundalini Gauri Ma!  
Adi Shakti! Ma Jagadamba!

**Karuna-Mayi Ma! Ki Hai Krupa Tune!  
Yog. Sahaj. Lakar, Atam-Bodh. Diya** } (x2)

O Merciful Mother, You have bestowed Your Grace upon us. With the Advent of Sahaj Yoga, You have given us Self-realisation, O Divine Mother.

**Aham. Samar.Pan. Shri Charano Me Kiya  
Chitanya Bahakar, Nav. Jivan. Hai Diya** } (x2)

We surrender our ego at Your lotus feet. Through flow of cool vibrations, You have given us a new life. O Divine Mother!

**Jivan. Gyan. Jo Ham.Ne Ekatr. Kiya  
Daivi Gyan. Dekar, Bhram. Se Mukh. Kiya** } (x2)

Till now we had accumulated our own knowledge of life. Through revelation of Divine Knowledge You have freed us from illusion. O Divine Mother

**Pich.Le Kar.Mo Ke The Sanskar. Bhare  
Atm.-Bodh. Se Hi Kshan. Me Dur. Hue** } (x2)

All our past actions that we have stored as Samskaras in our brains, Through Realisation, they too have disappeared. O Divine Mother!

Adi Kundalini Gauri Ma! Shakti! Ma Jagadamba!



## MATAJI KA RASHTRA

Pah.Le Bar. Aye Hai Ham. Yaha  
Tobhi Bar.So Pah.Le Se  
Jan.Te Hai Hindusthan. Ham! (x2)

Mataji Ka Yah. Rashtra Hai  
Hamare Hruday. Me (Chorus)  
Mataji Ka Maharashtra Hai  
Hamare Hruday. Me  
Ham. Hamare Hi Ghar. Aye } (x2)  
Sabhi Khushiyo Se  
Sabhi Khushiyo Se...

Suno Bhai!!!  
Tum Is. Ganga Zarur. Jan.Te Ho (x2)  
Sushumna Nadi Hai, Kundalini Ma (x2)  
Mahalakshmi Tatw. Bah.Ta Hai Jaha (x2)  
Bah.Ta Hai Jaha...

Suno Bahen!!!  
Kya Tum. Swayambhu Nahi Pah.Chan.Ti (x2)  
Rah.Ta Hai Jo Tumhare Andar. (x2)  
Ganesh. Rup., Muladhar. Me (x2)  
Muladhar. Me...

Suno Dost!!!  
Kit.Na Sukh. Tumhare Sangit. Se! (x2)  
Mere Atma Ko Mila, Mere Atma Ko (x2)  
Jo Dhyan. Se Maine Pahle Kabhi Suna Tha (x2)  
Kabhi Suna Tha...

Suno Log!!!  
Tum. Is. Hindusthan. Kyu Nahi Ate? (x2)  
Devi Ai Hai, Mangal. Desh. Me (x2)  
Ye Hamari Mata, Ham Inke Hi Bachche (x2)  
Ham Inke Hi Bachche...



*So it must be in beats. First of all, the tune should be such that forms a melody. That's important because any tune anywhere, going anywhere, moving anywhere – you see this type of composition takes your mind from this to that, that to that. But if it's a melody you come back again on the sound, on the same point, again on the same theme. When you come back on the same theme it's something like your attention is on the spirit.*

**Music night before Sahasrara Day Puja  
Vienna - 4<sup>th</sup> May - 1985**



## TUM. NE

Tum. Ne Mujhe Diya Hai...

Tum. Ne Mujhe Diya Hai Vishwa Sara (x2, Chorus)  
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)  
Tum. Ne Mujhe Diya Hai Vishwa Sara

Is. Duniya Par. ...

Is. Duniya Par. Tum. Ho Pyar. (x2)  
Tum. Ho Pyar., Prem. Ki Dhara (x2)  
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)

Man.Me Paida Kiye Hai...

Tum. Ne Paida Kiye Hai Phul Hazar. (x2)  
Phul Hazar., Chakr. Sahasrar. (x2)  
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)

Is. Duniya Par. ...

Is. Duniya Par. Tum. Ho Tara (x2)  
Tum. Ho Tara, Ap.Na Hi Dwar. (x2)  
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)



**ISI LIYE***(Sanjay Talwar - 'The Universe Sings', & 'Prerna')*

**Sat. Janam. Jo Punya Kiye Hai** } (x2)  
**Saf. Lo Hue Sare**

All the good actions done during these past seven births, have now given their fruits.

**Chorus:**

**Is. Liye Mataji Ham. Ko** } (x2)  
**Darshan. Hue, Tumhare**

Therefore, O Mother, we have been blessed with Your Darshan!

**Dukhiyo Ka Dukh. Dur. Kare Tu,** } (x2)  
 You take away all the sorrows of those people who are sad,  
**Ma Nir.mal. Devi**

O Mother Nirmala Devi.

**Ham. Sab. Ka Up. Kar. Kare Tu,** } (x2)  
 You are the Benevolent One Who grants us Realisation,  
**Shanti Sukh. Devi**

O, Goddess of Peace and Joy.

**Sab. Dharmo Ko Chor. Sharan. Me** (x2) } (x2)  
 All the religions have come to Your Lotus Feet  
**Aye Sharan. Tihare**

and have surrendered to You.

**Aham Bhav. Ko Chor. Tumhare** } (x2)  
 Having surrendered our egos,  
**Sharan. Sharan. Ata**

Your shelter is now upon us.

**Bhav.Sagar Ke Dukh.-Sukh. Se Vaha** } (x2)  
 From all the illusion of the worldly happiness and sorrow  
**Purn. Paar. Hota**

You have fully emerged us

**Na Andhi Ho, Na Ho Tufa** (x2) } (x2)  
 All storms and tempests of life are finished;  
**Sankat. Tal.hi Jaye**

now all sorrows will be dissolved.

**Kundalini Ko Jagrut. Kar.Ke** } (x2)  
 Having awakened this Kundalini  
**Mere Pap. Haro**

please dissolve my sins.

**Dekar. Mangal. Ashirvad. Tum** } (x2)  
 Having given me auspicious blessings  
**Pavan. Mujhe Karo**

please, make me pure.

**Janam.-Maran. Ke Fere Mit. Gaye** (x2)  
 The vicious circle of life and death is now broken

**Khul Gae Bhag. Hamare**  
 You have opened us the way for good fortune.

## HE ADISHAKTI MA

(Anup Jalota - New Sahaja version, 'He Nirmala Ma' Hindi 98))

### **Chorus:**

He Adishakti Ma, Nirmala Devi Ma } (x2)  
Agyan.ta se hame dur kar. de Ma

Tu swar. ki Devi, Yeh sangeet. tujh. se } (x2)  
Har. shabd. tera hai, Har. geet. tujh. se } (x2)  
Ham hai Akele, ham hai adhure (x2)  
Teri Sharan. ham, hame pyar. de Ma

Muniyo ne samjhi, Guniyo ne jani } (x2)  
Vedo ki bhasha, purano ki bani } (x2)  
Ham bhi to samjhe, ham bhi to jane (x2)  
Vidya ka ham. ko adhikar. de Ma



**TIRATH. KAHA JANA**

Ucha, Ucha, Sab. Chale (x2) } (x2)  
 Nicha Chale Na Koi  
 Tul.Si Nicha Jo Chale (x2)  
 Sab.Se Ucha Ho...

Tirath. Kaha Jana, Mere Bhai (Chorus, x3)

Ghat. Me Ganga, Ghat. Me Jamuna, } (x2)  
 Ghat. Me Saraswati Mayi, Hooo...  
 Bahar. Sab. Jag. Patthar. Pani (x2)  
 Bhatak. Bhatak. Ghar. Ai

Din. Din. Bhat.Ka Rat. Jagaya, } (x2)  
 Tab. Hi Nahi La Sayi, Hooo...  
 Ek. Kamayi Kar. De, Bhai (x2)  
 To Is. Me Sab. Kuch. Ai

Man. Me Makka, Man. Me Kashi, } (x2)  
 Man. Me Sare Duhayi, Hooo...  
 Atam Ganga...  
 Atam Ganga Man. Man. Nhayi (x2)  
 To Janam.-Maran. Mit. Jayi

Rang. Rang. Ke Kapre Pah.Ne, } (x2)  
 Darhi Muchh Utari, Hooo...  
 Jata Barhayi Kabak. Lagayi (x2)  
 Ye Sab. Jag. Thag.Vayi

## MA, TERI JAY. HO

*(Composed by Shri Mataji in 1941 - Raga: Bahar - Taal: Jhap)*

### **Chorus:**

**Ma, Teri Jay. Ho, Tera Hi Vijay. Ho**

Victory be to You, O Mother India!

**Tere Git. Se Aj. Jag. Ye Jivit. Ho**

Let this world get alive today with Your song!

**Ma, Teri Jay. Ho...**

Victory be to You, O Mother India!

**Tere Gaw Ke Khet. Bhi Ga Rahe Hai**

Even the fields of Your villages are singing today

**Tere Aj. Nagaro Me Jay Jay Ki Dhun. Hai**

and from the towns the melody of Your victory is coming

**Tumhe Dekh.Ke Ye Jagi Din. Duniya**

By seeing You only, this unhappy world

**Aur. Vo Ga Rahi Thi Ki...**

Is also singing 'Victory to You!'

**Jab Akho Me Asu Juba Pe The Chale (x2)**

Even when we had tears in our eyes

**Ye Dil Ga Raha Tha Ki...**

our hearts were still singing 'Victory to You!'

**Chitaye Hamari Gagan. Se Bhidi Thi (x2)**

And even when the flames of the pyres were reaching the heights of the sky

**Vaha Likh. Rahi Thi Ki...**

they were writing there 'Victory to You, O Mother!'

**Bolo Adishakti Nirmala Devi Ki Jay!!!**

## MATAJI...TUM. CHANDAN. HAM. PANI

### Chorus:

Mataji...Tum. Chandan. Ham. Pani (x2)

Jaki Ang. Ang. Bas. Samani (x2)

Mataji...Tum. Chandan. Ham. Pani (x2)

Mataji... Tum Ghan.Ban. Ham. Mora (x2)

Jaise Chit. Vat. Chand. Chakora (x2)

Mataji...Tum. Dipak. Ham. Batti (x2)

Jaki Jyoti Badhe Din. Rati (x2)

Mataji...Tum Moti Ham. Dhaga (x2)

Jaise Sone Hi Milat. Suhaga (x2)

Mataji...Tum. Swami Ham. Dasa (x2)

Aisi Bhak.Ti Kar Rahe Dasa (x2)



## MATAJI, BOLO!

### Chorus:

Mataji, Mataji, Mataji, Bolo! } (x2)  
Jay Jay Shri Mataji!

Mataji, Mataji Bolo! } (x2)  
Jay Jay Shri Mataji!

Jay Jay Mataji! Shri Mataji! (x2)

Mataji, Mataji, Mataji, Bolo! } (x2)  
Jay Jay Shri Mataji!

Jay Jesus. Jay Mary Mataji! } (x2)  
Jay Jay Shri Mataji!

Adishakti Jag. Janani (x2) Dayarlu } (x2)  
Krupavant Mauli!

Jay Jay Mataji! Shri Mataji! (x2)

Shwet Vastr Dharini Devata, } (x2)  
Jay Jay Shri Mataji!

Jagat Karini, Dukh. Harini, } (x2)  
Jay Jay Shri Mataji!

Bhakt Vatsale, Mahanmangale, } (x2)  
Jay Jay Shri Mataji!

Saukhya Dayini, Mukti Dayini, } (x2)  
Jay Jay Shri Mataji!

Bhav. Bhay. Harini, Shiv.Man Ramani, } (x2)  
Jay Jay Shri Mataji!

Kshama Dayini, Krupa Dayini, } (x2)  
Jay Jay Shri Mataji!

Adishakti Jag. Janani Dayarlu, } (x2)  
Krupavant. Mauli!

Jay Jay Mataji! Shri Mataji! (x2)

Adishakti Jagat Janani, Parabrahma Swarup.,  
Nirmala Mata ki .... JAY!

## PINJ.RE WALI MUNIYA

(Nirmal Sangeet Sarita - 'Sajda - Devotion')

**Chalat. Musafir. Moh. Liya Re** } (Chorus)  
**Pinj.Re Wali Muniya**

The Maina like soul (Adi Shakti) caged in a prison of pure heart has turned the human being.

**Ur. Ur. Baithi Mul.Dhara Davariya Ma Ji (x4)**

Holy Mother came flying (helping Kundalini ascend) and sat on the doorsteps of Mooladhara Chakra

**Ganesh Ke Sab. Ras. ... (... Omkar, Shanmukh, Siddhi ...)**

All essences & qualities of the deities & Gunas to do with that Chakra, like Shri Ganesha, the Omkara, the 6-faced God, the Powers, were collected by the soul and taken away in Divine sanctity

**Ur. Ur. Baithi Swadisthan Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Swadisthana Chakra,

**Ali Ke Sab. Ras. ... (... Vedo, Sangit, Kala ...)**

all essences and qualities of the Deities and the Gunas to do with that Chakra like Ali, the Vedas, music, art, etc. were collected by the soul and taken away in Divine sanctity.

**Ur. Ur. Baithi Nabhi Ke Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Nabhi Chakra,

**Lakshmi Ke Sab. Ras. ... (... Hari, Dharma ...)**

..... like Lakshmi, Hari, Dharma, etc. were collected by the soul .....

**Ur. Ur. Baithi Bhav.Sagar Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Bhavasagar Chakra,

**Guru Ke Sab. Ras. ... (... Nanak, Sai ...)**

..... like Guru, Nanak, Sai, etc. were collected by the soul .....

**Ur. Ur. Baithi Hriday Ke Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Hriday Chakra,

**Durga Ke Sab. Ras. ...**

**(... Kali, Rama, Jan.ki, Karuna, Shambhu, Bhole, Anant ...)**

... like Durga, Kali, Rama, Janaki, Karuna, Shambhu, Bhole, Anant, etc, were collected by the soul ..

**Ur. Ur. Baithi Vishuddhi Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Vishuddhi Chakra,

**Keshav Ke Sab. Ras. ... (... Radha, Murli, Raas ...)**

..... like Keshav, Radha, Murli, Raas, etc. were collected by the soul .....

**Ur. Ur. Baithi Agnya Ke Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Agnya Chakra,

**Yeshu Ke Sab. Ras. ... (...Mariyam, Gautam, Mahavir, Jina...)**

.... like Yeshu, Mariyam, Gautam, Mahavir, Jina, etc. were collected by the soul ....

**Ur. Ur. Baithi Sahastrar Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Sahasrara Chakra,

**Devi Ke Sab. Ras. ...**

**(...Shri, Mata, Moksh., Prabhu, Sangam, Nirmal...)**

.... like Devi, Shri, Mata, Moksha, Prabhu, Sangam, Nirmal, etc. were collected by the soul ....

**Ur. Ur. Baithi Sushumna Davariya Ma Ji (x4)**

As soon as the Adi Shakti came flying and sat on the doorsteps of Sushumna Chakra,

**Sahaj Ke Sab. Ras. ...**

all essences .... like Sahaj, were collected by the soul .....

## KRISHNA GOVIND.

(Nirmal Sangeet Sarita)

### **Chorus:**

**Krishna Govind. Govind. Gaya Karo (x2)**

Sing every day the praise of Shri Krishna

**Pyara Mohan Hriday Me Bithaya Karo (x2)**

Establish Shri Krishna, Who is the Charming One, within your heart!

**Krishna Govind. Govind. Gaya Karo (x2)**

**Lagaya Karo Dhyan. Chit. Me Samakar } (x2)**

Keep your attention inside and meditate on Shri Krishna

**Bhaga Man. Kahi Phir. Lawo Jamakar**

If the attention goes outside then bring it again back inside

**Bate Santo Ki Us.Ko Padhaya Karo...**

Read the writings of the saints

**Koi Kah.Te Hai Bhag.Van. Khate Nahi } (x2)**

Someone says that God doesn't eat anything

**Shabari Ki Tarah Koi Khilate Nahi**

But no-one tries to give food to Him with love and devotion like Shabari gave food to Shri Rama

**Yad. Nir.mal Ki Dil. Me Basaya Karo...**

One should always keep remembrance of Shri Mataji Nirmala Devi in the heart

**Mukh.Se Gaya Karo, Man Rangaya Karo } (x2)**

Sing about Shri Krishna and try to colour yourself with the devotion for Shri Krishna

**Rang Me Nhaya Karo, Tan Dulaya Karo**

Have a shower in devotion for Shri Krishna and clean your negativities by that shower of devotion

**Kahta Tuk.Rya Charan.Raj Lutaya Karo...**

The poet Tukrya Das says that we should always try to be in the Lotus Feet of Shri Krishna

**Govind. Bolo Hari Gopal. Bolo! (x4) } (x.....)**

**Radha Raman. Hari Gopal. Bolo! (x4)**

**Gopal. Bolo Hari Gopal. Bolo! (x4)**

**Govind. Govind. Govind. Bolo! (x4)**

**DURGATI HAR.NI DURGA AMBE***(Purushotamdas & Anup Jalota - Italy 1988 - 'Music of Joy 2')***Durgati Har.Ni Durga Ambe! [Sahasrara Swamini Durga Ambe]**

Oh Mother You are the saviour, Durga and the Sacred Mother

**Ambe He Ma Ambe Ma!**

Oh Mother Amba!

**Chorus:****Durgati Har.Ni Durga Ambe (x2)**

Oh Mother You are the saviour, Durga and the Sacred Mother

**Teri Jayjaykar. Ho (x3)**

We pay our salutations to You

**Teri Jayjaykar. Ho, Ma Teri Jayjaykar. Ho )****Bhav. Bhav. Har.Ni Bhavani Ambe**

Mother You are the destroyer of all the fears, You are the Queen of Shri Shiva

**Char.No Me Namaskar. Ho, Teri**

We bow at Your Lotus Feet

**Char.No Me Namaskar. Ho**

} (x2)

**Teri Hi Abhase Ma Jyoti. Suraj. Chandr. Sitare**

The sun, the moon, the stars, they all are enlightened because of Your glow and beauty

**Teri Hi Ma Shakti Lekar. Khade Hue Hai Sare**

Because of all Your powers, they exist in this world

**Sukh.Dayi Ho, Srushti Sari (x2)**

May all the world become full of joy

**Hal.Ka Dukh. Ka Bhar. Ho (x2)**

Please give joy to all the sad people because only You are the giver of joy

**Teri Jayjaykar. Ho**

We pay our salutations to You

**Teri Jayjaykar. Ho, Ma Teri Jayjaykar. Ho**

} (x2)

**He Mahadevi, He Kalyani ... Kalyani ...**

Oh Great Goddess, You are the benefactress

**He Mahadevi, He Kalyani,****Dushto Ka Samhar. Karo**

Please kill all the devils and bad people

**Mangal.May Var.Dan Do Maiya,**

Mother give us the auspicious blessings

**Bhav. Se Beda Par. Karo, Ma**

Take us away from the illusions

**Bhav. Se Beda Par. Karo****Bhav. Bhakti Me Sharanan. Ae (x2)**

We have come to Your Lotus Feet and with our devotions

**Bin.ti Ma Swikar. Karo (x2)**

Please accept our prayers

**Teri Jayjaykar. Ho**

We pay our salutations to You

**Teri Jayjaykar. Ho, Ma Teri Jayjaykar. Ho**

} (x2)

## ZINDAGI GAR.

(Nirmal Sangeet Sarita - 'Sajda - Devotion')

**Zindagi Gar. Sangit. Hai To ...**

**Zindagi Gar. Sangit. Hai To**

**Sahaj. Us.Ki Sar.Gam Hai**

If life is music, then Sahaj is the notation of that music.

**Zindagi Gar. Lay. Hai To**

**Sahaj. Us.Ki Sam. Hai**

If life is rhythm, then Sahaj is the first beat of the rhythm cycle.

**Zindagi Gar. Sukh. Hai To**

**Sahaj. Abe Jam.Jam. Hai**

If life is dry like a drought (Mecca), then Sahaj is like the never ending holy water of the well in Mecca.

**Zindagi Gar. Dukh. Hai To (x2)**

**Sahaj. Ilaje Gam. Hai**

If life is grief and sadness, then Sahaj is the treatment (therapy) of that grief.

### Chorus:

**Zindagi Gar. Bandagi Hai To**

**Sahaj. Us.Ka Pujan. Hai**

If life is devotion, then Sahaj is its worship.

**Zindagi Gar. Puja Hai To**

**Sahaj. Us.Ka Samiran. Hai**

If life is worship, then Sahaj is its meditation.

**Zindagi Gar. Samiran. Hai To**

**Sahaj. Us.Ka Samarpan. Hai**

If life is meditation, then Sahaj is its surrender.

**Zindagi Gar. Samarpan. Hai To (x2)**

**Sahaj. Us.Ka Puran. Hai**

If life is surrender, then Sahaj is its compilation.

**Zindagi Gar. Gardish. Hai To**

**Sahaj. Us.Ka Mas.Kan. Hai**

If life is a cycle of misfortune, then Sahaj is the terminus of that cycle.

**Zindagi Gar. Ankhe Hai To**

**Sahaj. Us.Ki Pal.Kan. Hai**

If life represents the eyes, then Sahaj is the eye-lashes protecting the eyes.

**Sa sa ni dha ni ni dha pa Dha dha pa ga pa pa ga pa dha ni**

**Sa sa ni dha ni ni dha pa Dha dha pa ga pa pa ga re sa re**

**Jhuk. Gayi Ankhe To Haya Ban Gayi**

If the eyes are brought down, they mean bashfulness.

**Mor. Li Ankhe To Ada Ban Gayi**

If you turn your eyes, it signifies a gesture experiencing your feelings.

**Pher. Li Ankhe To Kaja Ban Gayi**

If the eyes are closed permanently, then that signifies death.

**Uth. Gayi Ankhe To Duva Ban Gayi**

If the eyes are raised looking to the skies, then it becomes a prayer.

**Bol. Uthi Ankhe To Sada Ban Gayi**

If the eyes sparkle, they appear as though they are speaking or emitting sound from within them.

**Zindagi Gar. Ankhe Hai To**

**Sahaj. Us.Ki Pal.Kan. Hai**

If life represents the eyes, then Sahaj is the eye-lashes protecting the eyes.

**Zindagi Gar. Zindadili Hai To**

**Sahaj. Us.Ki Dhar.Kan. Hai**

If life is a pulsating heart with cheer and joy, then Sahaj is its heartbeat.

**Zindagi Gar. Raks. Hai To (x2)**

**Sahaj. Us.Ki Lach.Kan. Hai**

If life is a dance, then Sahaj is the flexibility (jerk) and grace of the dancer.

**Zindagi Gar. Barge Gul. Hai To**

**Sahaj. Us.Ki Shab.Nam. Hai**

If life is the petal of a flower, then Sahaj is the morning dew which makes it look refreshing and full of chaitanya

**Zindagi Gar. Dhalta Suraj Hai To**

**Sahaj. Ubhar.Ti Kiran. Hai**

If life is the setting sun, then Sahaj is the ray of the rising sun.

**Zindagi Gar. Parisha Hai To**

**Sahaj Ilaje Ul.Jhan. Hai**

If life is distressed and scattered like a puzzle, then Sahaj is the solution to the riddle of life.

**Zindagi Gar. Ayyari Hai To (x2)**

**Sahaj. Us.Ki Saukan. Hai**

If life is fraud/deception and cheating, then Sahaj is its better relation.

**Zindagi Siyayi Rat. Hai To**

**Sahaj. Mahe Anjum. Hai**

If life is a black (dark) night, then Sahaj is like the moon and stars lighting up the sky.

**Zindagi Gar. Maya Hai To**

**Sahaj. Khali Se Ar.Ma Se**

If life is materialism or Maya, then Sahaj is the pure desire which takes you away from maya.

**Zindagi Gar. Abodana Hai To**

**Sahaj. Us.Ka Khir.Man. Hai**

If life is water and food of every day, then Sahaj is its harvest.

**Zindagi Gar. Ruherva Hai To (x2)**

**Sahaj.Us.Ki Damkhan Hai**

If life is the flowing spirit (the soul), then Sahaj is its primordial energy.

**Zindagi Gar. Behoshi Hai To**

**Sahaj. Us.Ka Ausan. Hai**

If life is a state of unconsciousness, then Sahaj is the medium by which you are consciously aware of the happening around you.

**Zindagi Gar. Bar.Badi Hai To**

**Sahaj. Us.Ki Kad.Gan. Hai**

If life is destruction, then Sahaj is its prevention.

**Zindagi Gar. Beshkimat. Hai To**

**Sahaj. Us.Ka Pas.Ba Hai**

If life is precious, then Sahaj is the guardian and protector of life.

**Zindagi Gar. Nagina Hai To (x2)**

**Sahaj. Dure-E-Makanun Hai**

If life is a jewel, then Sahaj is a priceless jewel.

## AP.NE HRIDAY KE

(Sanjay Talwar - 'Roohani Roshni' & 'Puhar')

### **Chorus:**

**Ap.Ne Hriday Ke Sare Dwar. Khol**

Open all doors of your heart,

**Prem. Dayini Ma Ki Ho Kripa An.Mol**

and receive Mother's unlimited love, through Her Divine Grace.

**Ap.Ne Hriday Ke Sare Dwar. Khol**

Open all doors of your heart,

**Prem. Dayini Ma Ki Ho Kripa An.Mol**

(Chorus)

**Prem. Dayini Ma Ki Ho Kripa An.Mol**

(x3)

And receive Mother's unlimited love, through Her Divine Grace.

**Nir.mal. Ma Ko Jis.Ne Jana**

**Us.Ka Hi Hit. Hone Wala**

He who has recognized the pure Mother shall surely benefit.

} (x2)

**Jivan. Me Am.Rit Ras. Ghol.**

Churn the Divine Nectar in your life,

**Prem. Dayini Ma Ki Ho Kripa An.Mol**

And receive Mother's unlimited love, through Her Divine Grace.

**Jaag. Baware! Khud. Ko Jaan ...**

**Jaag. Baware! Khud. Ko Jaan!**

Wake Up! O lost one. Know thyself.

**Ap.Ne Hi Shakti Peh.Chaan!**

Realise your own powers within.

**Jagrit. Kar.Ke, Vo Path. Khol**

(x2)

Through awakening, open the central path,

**Niranand. Niranand. Jhare An.Mol**

So that blissful joy is sprinkled within.

**Soyi Atma Me Swanand. Jaga**

The joy of the self has awakened in the sleeping soul.

**Bramhanand. Ka Raag. Samaya**

The eternal being's joyous tune has penetrated its core.

**Lilanand. Me Jivan. Tol**

(x2)

Weigh your life's qualities, through this joyful play.

**Niranand. Niranand. Jhare An.Mol**

Blissful joy will be sprinkled within.

} (x2)

## YE KARISHMA (JANAM. SE JIVAN.)

(Sanjay Talwar - 'Roohani Roshni')

**Janam. Se Jivan. Pana, Sukshm. An.Honi Hai ...**

To be born realized is a subtle, unusual happening.

**Janam. Se Jivan. Pana,  
Sukshm. An.Honi Hai** } (x2)

To be born realized is a subtle, unusual happening.

**Aham. Se Bana Hai Kaisa,  
Adambar. Maya Ka** } (x2, Chorus)

From the ego has emanated the falsehood of illusion.

**Sahaj. Ka Lagam Chitt. Nirodh. Kar. Dega** (x2)

The reins of Sahaj will control the attention.

**Dekho Sahaj. Yog. Ka Ye Karishma,**

Behold! This charisma of Sahaj Yoga.

**Ye Karishma, Ye Karishma!..**

**Dharm. Mar.Tando Ne,  
Dharm. Ko Kuchal Diya Hai** (x2)

The so-called religious intelligence have crushed the very concept of religion.

**Is. Kaal. Me, To Dharm. Hi,  
Paripakw. Pakhand. Hai** (x2)

In these times, religion has become an established hypocrisy.

**Aatm. Tatw., Ye Paakhand. Hi**

**Chaak Kar. Dega** (x2)

The concept of the spirit will put an end to such hypocrisy.

**Dekho Sahaj. Yog. Ka Ye Karishma,**

Behold! This charisma of Sahaj Yoga.

**Ye Karishma, Ye Karishma!..**

**Chaitanya Ka Abhas,  
Mana An.Honi Hai** (x2)

To feel Divine vibrations is a near impossibility

**Yehi Sa-Vikalp,  
Shankamai Samadhi Hai** (x2)

Such strong determination of the doubting one appears like a samadhi.

**Saburi Me, Shankit.-Chitt.,  
Nirvikalp. Kar. Dega** (x2)

In collectivity, the doubting attention will establish doubtlessness.

**Dekho Sahaj. Yog. Ke Ye Karishma,**

Behold! This charisma of Sahaj Yoga.

**Ye Karishma, Ye Karishma!..**

## HAR. PAL. VICHARO ME

(Sanjay Talwar - 'Roohani Roshni' & 'Puhar')

**Har. Pal. Vicharo Me Vichar. Ti**

**Adi Ma Vo Ap. Hai**

Every moment You penetrate my thoughts, O Adi Ma!

**Ab. Yaha, To Ab Vaha,**

**Mujhe Bhas. Ti Hi Ap. Hai**

Here and there, I see You everywhere.

} (x2, Chorus)

**Duriyo Me Ap. Hai ...**

**Duriyo Me Ap. Hai,**

**Naz.Dikiyo Me Ap. Hai**

In distances and in proximity, You are everywhere.

**Mere Hriday Me Baith. Kar,**

**Meri Khudi Ka Nap. Hai**

Seated in my heart, You are the measure of my self.

**Nanha Sa Kat.Ra Ban Nazara ...**

**Nanha Sa Kat.Ra Ban Nazara,**

**Kar. Raha Hu Ap.Ka**

Like a speck, I am view You.

**Kat.Re Ki Mai Hai Mit. Gayi**

**Bas Ap Hi Ab Ap Hai**

Minus the ego, I can now see You and You alone.

**Na Rahi Bulbul Na Raha..**

**Na Rahi Bulbul Na Raha**

**Hai Vo Kafas Ka Shorgul**

Neither ignorance nor the mundane has prominence in my life,  
ever since light has permeated the core of my heart.

**Lkha te Jigar Raushan Hua**

**Vo Raushani Hi Ap Hai**

Because I know You are that light.



Illustration: Sandro Botticelli: "Magnificat Madonna".

**TERE CHAR.NA DE DETH.** (*Punjabi Song*)**Chorus:**

**Tere Char.Na De Deth. Van. Ganga Bage } (x2, Chorus)**  
**Nale Jyoti Jage Sheravaliye!**

The river Ganga flows beneath Your feet, which are illuminated with light

**Tu Hi Shakti Ambe Papi Tharthar Kampe } (x2)**  
**Nale Mafi Mage Sheravaliye!**

You are the strength and the sinners shiver with fear, and they also ask for forgiveness

**Tere Chunni Nu Lava Kinari, Ma Kinari (x2)**

**Tenu Pujegi Duniya Sari, Ma Sari (x2)**

I decorated Your shawl with a beautiful border. The whole world worships You!

**Tere Chunni Nu Lava Mai King.Ri, Ma King.Ri (x2)**

**Tenu Pujagi Sari Zindagi, Ma Zindagi (x2)**

I decorate Your shawl with a border. I'll worship You all my life. Mother You are strength.

**Tere Mukuta Nu Lava Mai Hire, Ma Hire (x2)**

**Thandi Thandi Pavan. Bage Sire, Ma Sire (x2)**

I like to decorate Your crown with jewels, and feel the cool breeze flowing out of our head

**Tere Sire Nu Lava Mai Mukuta, Ma Mukuta (x2)**

**Tere Char.Na Vich Sis Sara Jhuk.Ta, Ma Jhuk.Ta (x2)**

I like to put this crown on Your head, and I like to place my head on Your Feet

**Tere Hatho Nu Lava Mai Mehendi, Ma Mehendi (x2)**

**Thandi Hava Hatha Vich. Bah.Di, Ma Bah.Di (x2)**

I like to decorate Your hands with henna, and feel the cool breeze blowing out of our hands

**Tenu Pau Mai Sone Di Churi, Ma Churi (x2)**

**Dekho Chaitan Di Lahare Uri, Ma Uri (x2)**

I like to put gold bangles on You, and feel the waves of Chaitanya!

**Teri Ug.Li Nu Pau Anguthi, Ma Anguthi (x2)**

**Sare Badha Sada Layi Chhuti, Ma Chhuti (x2)**

I like to put a ring on Your finger, and all the negativity will be removed forever!

**Tere Paira Nu Pau Mai Payal, Ma Payal (x2)**

**Tu Hai Meri Kashti Di Sayal, Ma Sayal (x2)**

I like to put an anklet on Your Feet, You are the answer to all my questions

**Tere Mathe Nu Lava Mai Bindi, Ma Bindi (x2)**

**Duja Janam. Saju Tu De Di, Ma De Di (x2)**

I like to put Bindi on Your forehead. You are the One Who has given us our new birth

**Tenu Pau Mai Jari Di Sari, Ma Sari (x2)**

**Uthi Shakti Sushumna Nadi, Ma Nadi (x2)**

I like to give You a brocade sari. The Shakti rises in the Sushumna nadi!

**Tenu Bhog. Lagava Mithayi, Ma Mithayi (x2)**

**Janam Maran Te De De Rihayi, Ma Rihayi (x2)**

I like to offer You sweets. You are the One Who grants Salvation from the cycle of birth and death.

**Tenu Bhog. Lagava Mai Chane, Ma Chane (x2)**

**Tu Biraje Sabhi De Mane, Ma Mane (x2)**

I like to offer You chana. May You reside in everybody's heart.

**Teri Gau Mai Mangal. Ar.Ti, Ma Ar.ti (x2)**

**Apne Bhakta Nu Tu Hi Savar.Ti, Ma Savar.ti (x2)**

I like to sing Your aarti. You look after the well-being of Your devotees.

## **BITANA ARSA-E-JIST** (*Urdu Song*)

**Bitana Arsa-E-Jist. Tu Fizul. Din. Gin**

Do not just waste the span of your life by counting the days in futility.

**Pirole Bache Lamha-E-Moti**

Entwine the remaining precious pearl like moments

**Sahaj. Me Pal.Chhin (Chorus)**

In Sahaj at every opportunity or moment.

**Bitana Arsa-E-Jist. Tu Fizul. Din. Gin**

**Suna Hai Ki Daura-E-Zindagi Hoti Hai Bas. Char. Din (x2)**

It is said that the extent of life is only four days.

**Char. Din ...**

**Kya Pata Tujh.Ko Bulava Bekhabar**

**Ajaye Kis. Din**

You do not know when you may be summoned, unaware on which day.

**Bitese Lekar Tajur.Ba Baki Kar. Gil. Me Tad. Fin (x2)**

From the past only extricate experience, and the rest you bury in the absorbing Mother Earth.

**Tad. Fin ...**

**Har. Tanaffas. Agaze Hi Hal. Me Guj.Ri Sase Na Gin (x2)**

Because every breath you breathe is heralding the present, hence why indulge in the wasteful activity of living in the past?

**Ayinaye Dil Me Kashf. Le Utar. Tas.Vir. Akse Din (x2)**

*Having taken your realization through your pure heart, then bring out through this mirror of the heart, the reflection of God.*

**Akse Din ...**

**Ye Hakikat. Ruhani Meh.Sus. Kar. Le**

**Nahi Hai Tal. Kwin**

This actuality is Divine experience, and not a mere sermon or instruction.

**Ul.Jha Hua Tu Uljhano Me Hoga Mus.Tar Aur. Gam.Gin (x2)**

You are completely engulfed by the various complex problem of life which always make you depressed and grief stricken.

**Gam. Gin ...**

**Tavv.Kul Ki Tavv.Ko Me Tanha Khare Hai**

In great expectations and hope that you will join him in the worship of God, (so that you are redeemed of all your problems)

**"Belos." Tujh.Bin**

Belous is standing all by himself without you.

## AP.NE DIL ME

(Nirmal Sangeet Sarita - 'Glow of Love')

### **Chorus:**

**Ap.Ne Dil Me Sahaj. Ko Basaya Karo (x2)**

Let the Sahaj settle in your heart

**Rachaita Ki Tum. Rach.Na Rachaya Karo (x2)**

Let the Creator's creation be created again in you (you should have your re-birth)

**Ap.Ne Dil Me Sahaj. Ko Basaya Karo (x2)**

**Pah.Le Dhyam. Dharmo Chit. Kabhu Karo**

First be in meditation (dhyam) then take command of your attention (Chitta).

} (x2)

**Kundalini Tum Ap.Ni Jagaya Karo**

Then awaken your kundalini.

**Thand. Chaitanya Swayam Bahaya Karo**

Then allow the cool vibration (chaitanya) to flow through you.

**Muldhara Se Khili, Sahastrar Pe Khuli**

Kundalini, which initiated its flow on the Mooladhara, blossomed at Sahasrara in its full glory

} (x2)

**Nirmalta Se Sushumna Me Bah.Ti Chali**

It started flowing with all its purity in the Sushumna

**Adi Shakti Ko Aise Ubhara Karo**

In this way you should glorify and enhance the grace and valour of the Adi Shakti

**Shuddh. Ichha Karo, Sakshi Rup. Dharmo**

Only hanker for pure desire and be a witness to the happenings around you.

} (x2)

**Bhavsagar Moh. Ka Aise Paar. Karo**

Thus row across the bhavasagar of temptation and maya

**Niranand. Ka Kshitij. Tum Badhaya Karo**

And in the process let the horizon of unending joy be expanded and extended.

**Aye Sant. Kai, Uljhan Bharti Gayi**

Many saints took birth on this earth, but the confusion kept growing.

} (x2)

**Samjha Pae Koi Na Prabhu Ya Sayi**

Nobody could explain about God and the Saints.

**Sacche Sayi Ko Sahaj. Me Paya Karo**

In Sahaj one can find real Saints.

**Nirmal tum bolo Sahaji, Nirmal tum bolo...**

**Mataji, Mataji, Mataji bolo...**

## RAPANI BAN (A TUJH.KO DIKHAU)

(Sanjay Talwar - 'Prerna')

**A Tujh.Ko Dikhau Nayi Duniya Ka Nazara**

**Andha Parhe Lang.Ra Chale**

**Rahat. Divana Pa Jae**

Come, let me show you a scene from the new world,

where the blind can see, the lame walk, and the aimless find direction.

} (x2)

**Dekha Jallad. Ko ...**

**Dekha Jallad. Ko Tauhid. Me Dhalte Hue**

We have seen the cruel, merging with the oneness of God.

**Dekha Bazaru Tabiyat. Ruhani Bante Hue**

We have seen debased temperaments, become Divine.

**Dekha Bah.Ki Khudi Ko Bandagi Me Jhuk.Te Hue** (x2)

We have seen the aimless ego, become devotional.

**Dekha Tute Dilo Ko Pyar. Me Khilte Hue** (x2)

We have seen broken hearts, blossoming in love.

**Kar. Dur. Bharam. Ap.Na Hai Ye Vakt. Kayama**

Arise from your illusions, this is the Day of Judgement.

**Do Zakh.Me Tu Aa Jaega Gar. Abhi Na Jana**

Hell awaits those, who still do not understand.

**Rapani Ban, Rapani Ban, Rapani Ban,**

Become Saintly .....

**Roohani Ban**

Become spiritual .....

**Roohani Ban, Roohani Ban, Roohani Ban,**

**Rapani Ban**

**Jaise Phul. Kamal. Me Badalta Hai**

Just as any flower can become a lotus, the sun reflects moonlight.

**Suraj. Chand Ni Ugalta Hai**

To us, even the moon appears unblemished.

**Nishkalank. Chand. Ko Dekha Hai**

Such is the sight of paradise, we have seen.

**Ye Vo Jannat. Ka Nazara Hai**

Come, let me show you a scene from the new world.

**Ankho Se Ham.Ne Dekha Hai**

**Dekha Akash. Me Tas.Vir. Ko Saj.Te Hue**

We have seen the Divine image, reflecting in the sky.

**Dekha Char.No Me Dev.Tao Ko Jhuk.Te Hue**

We have seen the Devas, in obeisance to the Divine feet.

**Dekha Mata Ko Devi Rup. Me Saj.Te Hue** (x2)

We have seen Mother, adorned as the Devi,

**Pak.Khaish. Me Chaitanya Ko Bah.Te Hue** (x2)

And pure desire, flow as Divine Vibrations.

**Ab. Der. Na Kar. Hasile Maksad Ko Pahi Le**

Without further delay, achieve the goal that is now within your reach.

**Yahi Vakt.Ta Tayaggar Hai Ise Aj. Kho Na De**

This is the time for change, do not waste it.

**Murakh. To Satya Se Bhagega**

The stupid will always turn away

**Niranand. Se Mukh. To Morega**

From truth and blissful joy.

**Andho Ko Diya Dikhane Me**

It can take a lifetime

**Ik. Umr. Lagegi Ye Roshan**

Roshan, to show the light

**Bhat.Ko Ko Rah. Pe Lane Me**

Of spirituality to fools.

## AYA HU DAR.BAR. TUMHARE

(Nirmal Sangeet Sarita - 'Worship')

Aya Hu Dar.Bar. Tumhare (x2)  
Bahut. Janam. Ka Bhula Bhat. Ka (x2, Chorus)  
Lag.Vale Prabhu Charan. Saha, Re

Nir.mal Nam. Patit. Pavan. Hai (x2)  
Bahu Dis.Gavat. Sab. Saha Jan. Hai (x2)  
Is Amrut Se Pavan Hone (x2)  
Le Le Shri Ma Charam Tihare

Dhan. Nahi Mangu, Mangu Na Satta (x2)  
Dhunde Pathik Tere Pyar Ka Rasta  
Nahi Mangu Vishayan. Ki Mamata  
Dhan. Nahi Mangu, Mangu Na Satta  
Nirmal Chhao Ki Thandi  
Le Le Shri Ma Charan Tihare

Bhag. Bare Tum. Se Man. Laga (x2)  
Antar Atma Tab Se Jaga (x2)  
Sahaji Kahe Sun. AeJ. Hamare (x2)  
Le Le Shri Ma Charan Tihare



**HASILE MAKSAD.***(Nirmal Sangeet Sarita - 'Sajda - Devotion')*

**Hasile Maksad. Hai Gul Ka  
But. Hi Ki Kadambosi Ke Bad** } (x2)

The ultimate object of existence of the flower, nature's most beautiful fragrant gift to mankind, is achieved after it is offered as a floral tribute on the lotus feet of the Divine.

**Daura-E-Manzil Me Jate** (Chorus)

**Kuch.Le Kayi Hokar Yah Bar.Bad**

However, during this journey to its ultimate destination, Many get trampled under the merciless feet of the monster, and thus get destroyed before reaching their destination.

**Hasile Maksad. Hai Gul Ka  
But. Hi Ki Kadambosi Ke Bad** } (x2)

**Bekar. Hai Yah Samandar,  
Pyase Ki Pyas. Bujha Nahi Sak.Ta Hai Sailab** } (x2)

This enormous and vast ocean (maya) is futile and worthless, Since like the flood, it does not have the potency to quench the thirst of the thirsty.

**Kat.Ra-E-Ab Vaha Moti Hoga  
Dakhile Sadab Hone Ke Bad** } (x2)

A drop of water (ordinary soul) will turn into a pearl (worth and beauty) there, After entering into a shell (a protective cover of love and blessings).

**Patthar Khuda Kya Ho Jata Hai  
Me Gerua Rang. Charh.Ne Ke Bad** } (x2)

Can a stone achieve the status of God, just because it is coated with saffron colour?

**Dil. Yah Mandir Ho Jata Hai  
Belosi Me Dhone Ke Bad** } (x2)

This heart becomes a temple after it is washed with devotion.

**Fizul. Hai Zik.Re Khuda  
Pabandi-E-Dairo Haram Rakh.Ne Ke Bad** } (x2)

It is a wasted and futile exercise to take the name of God, After observing the rituals practiced by the temples and mosques which are so anti-God.

**Mukhatib Us.Se Hoga Ma Ke  
Pyar. Me Bandh.Ne Ke Bad** } (x2)

On the contrary, you will remain in the proximity of God if you tie yourself in the eternal and divine love of Mother.

**Hindu, Mus.Lim, Sikh. Me, "Belos", Kya Milega } (x2)  
Insan. Ke Bat.Ne Ke Bad**

What will you get "Belous", when human being which is the creation of God (in his own image) is fragmented by the society into Hindu, Muslim, Sikh etc.?

**Sahaj. Ka Sona, Sona Rahega  
Tuk. Re Bhi Hone Ke Bad** } (x2)

However, the gold of Sahaj will remain gold, even if it is fragmented, or broken into pieces. Similarly even though you are fragmented by the society, yet the Sahaj in you which is like gold, will not reduce and will help you to become whole from your fragmented condition.

**QAWWALI: SAJ.DE KAR.NE JHUKE***(Long version - Nirmal Sangeet Sarita — 'Sajda - Devotion')*

Chhor.Kar Ap.Ne Rab. Ko Dar. Mat.Bar (x2)

Ham Agar. Jaenge To ... Kidhar Jaenge

Har Taraf. Us.Ke Jal.Ve Hai Bikh.Re Hue

Jis Taraf. Bhi Lekar Nazar. Jaenge ...

Rahim Razzak. Reh.Man Ya Khuda (x2)

Rab. Ke Bande, Ye Nam Khud.Garzi Me Lete Hai

Aaaa ... Ram. Radha Raghunath. Ramaiyya

Ye Bhag.Wan. Ke Nam Bhakt. Ap.Ni Marzi Se Lete Hai

Mataji Ka Nam Sahaji Le Lekar (x2)

Ap.Na Jivan Ji Lete Hai

Dil. Ki Taraf. Gar.Dan Jhukakar

Saj.De Kar Lete Hai ... (x2)

Saj.De Kar.Ne Jhuke Taslim Hobhi Chuke

Abdiyat. Me Mere Rang. Bhar. Aenge

Itne Kayal Tere Pyar. Ke Ho Gaye

Ke Rihayi Milegi To Mar. Jaenge

Thok.Re Darbadar Gam Aur Rus.Waiya ...

Bole Kazine Na Parhe Namaz. To } (x2)

Rus.Vayi Hogi

Bole Pandit Na Gaye Mandir To Rusvayi Hogi (x2)

Bole Ustad Bagair "Tuition" Ki } (x2)

Na Parhayi Hogi

Bole Samdhi Bagair Dahej Ke Na Sagayi Hogi (x2)

Bole Biwi Ne Dudh. Jald. Na Laye To } (x2)

Vaha "Line" Hogi

Bole Pulis. Bagair Rishvat Ke Na Likhayi Hogi (x2)

Bole Ayin Jo Khilayega Uski Hi } (x2)

Sun.Vayi Hogi

Bole Malik. Makan Pagri Do To Kiyami Hogi (x2)

Bole "Conductor" Na "Line" Lagaye To } (x2)

Na Rawani Hogi

Bole Vyapari Bin Milavat Na Kamayi Hogi (x2)

Bole "Leader" Do "Vote" Sab Gam Se } (x2)

Tabhi Rihayi Hogi

Abadi Barhne Par Kuchh. Bhi Na Pabandi Hogi (x2)

Aur. Kuchh. Bolne Par. Bhi Na } (x2)

Manayi Hogi

Garibi, Bukh\_Aur Bekhari Ki Tab } (x2)

Tarakki Hogi

Thok.Re Darbadar Gam Aur Rus.Waiya  
 Sab Simatkar Tere Rub.Ru Aye Hai  
 Pher. Li Gar Tune Ye Meh.Re Nazar  
 Tere Imadad Ko Ham Kaha Paenge

Hai Tere Hi Raham Chhut. Dah.Ro Haram  
 Jaha Vas.Te Nahi Hai Kari Mo Dharam  
 Jab Tere Hi Karam Ban Gaye Ab Dharam  
 Har Bharam Se Ham Bahar Nikal Aenge

Sabz. Ye Anjuman Ye Hawa Jhum.Ti  
 Teri Belosi Me Aur Nikhar Aye Hai  
 Jab Tu Hi Tu Basi Hai Ye Dono Jaha ...

Shabnam Ki Nami Hai Tu, Dil Me Jamkar Jami Hai Tu  
 Dushmano Pe Chattano Si Tani Hai Tu  
 Mahke Bade Saba Ki Ravani Hai Tu  
 Bulbul Ki Chahak Hai Tu, Har Gul Ki Mahek Hai Tu  
 Jine Ka Maksad. Hai Tu, Jalwa-E-Jamal Hai Tu  
 Tu Hi As.Ma Hai Aur Ye Usfak. Bhi Hai Tu (x2)  
 Misal Tu, Jalal. Tu, Tariki Mashal. Tu  
 Har Sawali Ke Sawal. Ka Jawab. Hai Tu (x2)  
 Har Jawabi Ke Jawab. Ka Sawal. Hai Tu (x2)  
 Tu Hi Murshid, Tu Hi Musa, Tu Hi Maryam, Tu Hi Isa  
 Tu Hi Dhan Hai, Tu Hi Paisa, Batado Koi Tere Jaisa  
 Tu Hi Pyar Moh.Bbat Hai Tu, Anjum Aur Meh.Iab Hai Tu  
 Jo Na Dhale Vo Aftab Hai Tu, Har Mausam Ka Sharab. Hai Tu

Sabz. Ye Anjuman Ye Hawa Jhum.Ti  
 Teri Belosi Me Aur Nikhar Aye Hai

Jab Tu Hi Tu Basi Hai Ye Dono Jaha  
 Ye Tare Bhi Saj.Do Me Jhuk Ayenge

Chali Leh.Ro Pe Leh.Re Chaman Dar Chaman  
 Abid Pine Lage Hai Ye Abe-Hayat  
 Jab Iradat Ibadat Me Dhalne Lagi  
 To Belos., Sab. Paar. Ho Jayenge

(See Hindi 17 for partial translation)

## NAMOSTUTE BHAGAVATI SHRI MATAJI

Namostute Bhagawati Shri Mataji  
Moksh. Pradayini Nir.mala Ma (Chorus)  
Ki Jay. Ho, Jay. Ho ...  
Namostute Bhagawati Shri Mataji

Ham. Balak. Tere Anjan } (x2)  
Satya-Satya Ki De Pen.Chan }  
Varadanast. Se Pae Pran (x2)  
Brahmarandhrachhedini  
Tumhari Jay. Ho, Jay.Ho ...

Tumhi Mata Pita Hamari } (x2)  
Tum. Hame Prano Se Pyari }  
Samarpit. Hai Tere Charano Par (x2)  
Adishakti Bhagawati  
Tumhari Jay. Ho, Jay.Ho ...

Tum. Hi Vishwa Ki Raksha Kar.Ti } (x2)  
Tum. Ho Sakshat Parashakti }  
Paramatmase Hame Milao (x2)  
Parabrahmha Swarupini  
Tumhari Jay. Ho, Jay Ho ...

## KOI DAR.BAR. NAHI

Ma, Dar.Bar. Hazaro Dekhe Hai (x3)  
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)

Ma, Pyar. Hazaro Dekhe Hai (x3)  
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)  
Tere Dar.Sa Koi Dar.Bar. Nahi (x4)

Ma, Har. Phul. Me Tune Rang. Bhara (x3)  
Har. Gul. Me Hai Teri Khush.Bu (x2)  
Jis. Gul. Me Teri Khush.Bu Ni Na No (x2)  
Aisa To Koi Gul.Zar. Nahi (x4)  
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)  
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)

Ma, Suraj. Chand. Sitare Sab. (x3)  
Ma, Teri Jyot. Jagate Hai (x2)  
Sansar. Me Teri Maya Hai (x2)  
Jis.Ka Koi Par.Var. Nahi (x4)  
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)  
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)

Ma, Duniya Valo Se Kya Mangu (x4)  
Duniya Khud Ap. Bhikhari Hai (x2)  
Tere Age Hath. Pasara Hai (x2)  
Tu Karti Kabhi In.Kar. Nahi (x4)  
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)  
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)



## NAMAMI SHRI GAN.RAJ. DAYAL.

(Raga: Bhoopali; 'Pure devotion')

### **Chorus:**

**Namami Shri Gan.Raj. Dayal.** (x2)

We bow to You, Compassionate Ganesha!

**Karat. Ho Bhakt. Naka Pratipal.** (x2)

Verily You are the Protector and Supporter of devotees

**Namami Shri Gan.Raj. Dayal.** (x2)

We bow to You, Compassionate Ganesha!

**Nishidina Dhyan. Dhare Jo Prani**

The one who meditates every day

**Hare Sakal. Bhav. Jal.**

You free him from these worldly temptations

**Janam.-Maran. Se Hot. Nirala**

He who watches the cycle of birth and death as a witness

**Nahi Lag.Ti Kar. Mal.**

Obtains ultimate liberation from his Karmas

} (x2)

**Lambodar. Gaj.Vadan. Manohar.**

O round-bellied God, with Your lovely elephant head

**Galephulo Ki Mal.**

You wear a fragrant garland of flowers around Your neck

**Ridhisidhi Chamar. Dulave**

Wealth and Knowledge both stand at Your disposal

**Shobhatase Dur.Har.**

A red coloured garland decorates You

} (x2)

**Mushak. Vahan. Trishul. Pareshudhar.**

A mouse is Your vehicle, You who hold the trident & hatchet

**Chandan. Jhanak. Vishal**

The mark on his forehead made of sandalwood paste

is huge and very beautiful

**Bramhadip. Sab. Dhyavat. Tum Ko**

Bramhadeva Himself worships You

**Ar.ji Tuk.rya Bal.**

Thus speaks Tukarya Daas (saint from Nagpur)

} (x2)

# SHRI MA KE UJAALO

(Deepak Verma - 'Ujalay')

## **Chorus:**

**Shri Ma Ke Ujalo, Nir.mal. Ma Ke Ujaalo** (x2)

Shri Mother's brightness, Mother Nirmala's brightness...

**Ankho Me Simat. Ao, Andhero Ko Nikaalo** (x2, Chorus)

Please come in my eyes and dispel all the Darkness!

**Shri Ma Ke Ujalo, Nir.mal. Ma Ke Ujaalo** (x2)

Shri Mother's brightness, Mother Nirmala's brightness...

**Jab. Sahaj. Me Aye Hai To Ham. Ek. Hue Hai** (x2)

When we came into Sahaj, we got our integration.

**Ras.Te Pe Tere Chalke Sabhi Nek. Hue Hai** (x2)

Following Your path, we thus became pure people.

**Har. Pag. Pe Sambhala Hai To Age Bhi Sambhalo** (x2)

At every moment You protected us; please never stop that protection

**Bar.So Se Tumhe Dil Ki Nazar. Dhundh. Rahi Hai** (x2)

From ages, the eyes of my heart were looking for You.

**Jis. Ghar Me Basi Ho, Vahi Ghar. Dhundh. Rahi Hai** (x2)

The place where You reside, that is what they were searching.

**Ab. Karke Krupa Ma Mujhe Anchal Me Chhupa Lo** (x2)

Having now bestowed You Grace, please grab me in Your arms!

**Duniya Ka Ajab. Hal. Hai Insan. Ke Hatho** (x2)

This worlds poor condition is only the fault of people.

**Aisa To Na Hoga Kabhi Shaitan. Ke Hatho** (x2)

The devil himself would not have done such bad work.

**Ab. Chaaho To Akash. Pe Dharti Ko Uthalo** (x2)

If only they would wish it, those people could bring Heaven on this earth!





*t is my nature to be one with music. It's not necessary to understand all the intricacies and all that ^ but if you are in thoughtless awareness, the joy which was created by the artists starts flowing through your being and you can really enjoy the music.*

**Shri Mataji, India Tour 1992**

## HAME TRUPTI DE

(Raga Malkauns)

### **Chorus:**

Hame Trupti De, Ma } (x2)  
Hame Trupti De }  
Bund. Ki Jo Prasann.Ta Hi Sagar. Me (x2)  
Ham. Pe Bhar. De ...

Kaam. Krodh. Moh. Lobh. Hai Dushman. Ap.Ne (x2)  
In. Sab. Ko Janam Diya\_Ahamkar. Hi Ne (x2)  
Ap.Ke Putro Ko Shanti Hi Chahiye (x2)  
Hame Vinay. De ...

Is. Duniya Me Kai Dhundh.Te Hai Saubhagya Ko (x2)  
Kai Safalta Ko, Naam. Ko, Prasiddhi Ko (x2)  
Par. Niraanand. Paya, Ap.Ke Baccho Ne (x2)  
Hame Bhakti De ...

Jag. Vale Kah Rahe The Ki Prabhu Vishw. Me Nahi (x2)  
Ishwar Bina Jaldi Duniya Mar. Jaegi (x2)  
Kit.Ni Asha Di Hai Ap. Ne Jag. Aake (x2)  
Hame Raksha De ...



## HAR. DESH. ME TU

(by Saint Tukdya Daas - Deepak Verma - 'Bhakti')

Har. Desh. Me Tu, Har. Bhesh. Me Tu	(x2, Chorus)
Tere Naam. Anek. Tu Ek. Hi Hai	(x2)
Teri Rang. Bhumi Yah. Vishw. Bhara	(x2)
Sab. Khel. Me, Mel. Me Tu Hi To Hai	(x2)
Sagar. Se Utha Badal. Ban.Ke	(x2)
Badal. Se Phata Jal. Ho Kar.Ke	(x2)
Phir. Nahar. Bana Nadiya Gahari	(x2)
Tere Bhinna Prakar. Tu Ek. Hi Hai	(x2)
Chhoti Se Bhi Anu Par.Maanu Bana	(x2)
Sab. Jiv. Jagat. Ka Rup. Liya	(x2)
Kahi Parvat. Vruksha Vishaal. Bana	(x2)
Saundarya Tera Tu Ek. Hi Hai	(x2)
Yah. Divya Dikhaya Hai Jis.Ne	(x2)
Vah. Hai Guru Dev. Ki Purn. Daya	(x2)
Tuk.Dya Kahe Koi Na Aur. Dikha	(x2)
Bas. Mai Aur. Tu Sab. Ek. Hi Hai	(x2)



## JAY... GAN.PATI VANDAN. GAN.NAYAK

(Deepak Verma - 'Shraddha - Devotion')

### **Chorus:**

Jay Gan.pati, Jay Gan.nayak.. } (x2)  
Jay Ganesh, Jay Ganesh.. }

Jay... Gan.pati Vandan. Gan.nayak. (x2)  
Teri chhavi ati sundar. Sukh. dayak. (x2, Chorus)  
Jay... Gan.pati Vandan. Gan.nayak. (x2)

Tu Char. Bhujadhari  
Mastak. Sinduri Rup. Nirala  
Hai Mushak. Vahan. Tero,  
Tu Hi Jag. Ka Rakh.Vala  
Teri Sundar. Murat. Man. Me,  
Tu Palak. Siddhi Vinayak.

Man. Mandir. Ka Andhiyara,  
Tere Nam. Se Ho Ujjiyara  
Tere Nam. Ki Jyot. Jali To,  
Man. Me Beh.Ti Sukh. Dhara  
Tero Saumiran. Har. Pujan. Me,  
Sab. Se Peh.Le Phal. Dayak.

Tere Nam. Ko Jis.Ne Dhaya,  
Us. Par Reh.Ti Sukh. Chhaya  
Mere Rom.-Rom. Antar. Me,  
Ik. Tera Rup. Samaya  
Tere Mahima Tu Hi Jane,  
Shiv. Parvati Ke Balak.



## JAY GANESH. GAN.NAATH. DAYANIDHI

### Chorus:

Jay Ganesh. Gan.Naath. Dayanidhi (x2)

Charan. Sharan. Ham Lage Tihari (x2)

Vigh.Neshwar. He Naath. Krupanidhi (x2)

Sakal. Vighan. Karo Dur. Hamare

Jay Ganesh. Gan.Naath. Dayanidhi

Jo Bhi Dhyave Nam. Tumhara (x2)

Us.Ka Tum.Ne Kaaj. Savara (x2)

Mangal.Kari,

Mangal.Kari Naath. Kalanidhi (x2)

Bhav. Bhaktise Tum.Ko Pukare

Karunamaey Gaj.Vadan. Vinayak. (x2)

Paramanand. Param.Sukh.Dayak. (x2)

He Siddheshwar,

He Siddheshwar. He Vidyanidhi (x2)

Har. Mushkil Se Tu Hi Ubhare

Rishi Muni Yogi Sab. Aradhe (x2)

Nam. Tihara Jo Bhi Sadhe (x2)

He Shiv.Nandan.,

He Shiv.Nandan. Dev.Sudhanidhi (x2)

Sharanagat. Ke Kaj. Savare



**QAWWALI: NA TO CHAL.KE NA GHATE***(O Mother, let my cup of joy be filled)**(Nirmal Sangeet Sarita 'Glow of Love'; 'Anand Lahari')***Solo:****Mile Logoko, Gam se phur.sat. (x2)**

If people could get free from their sorrows and worries,

**To su nau mai Ap.na Afesana**

Then I could narrate them the story I have to tell

**Hairat. hai ke, Koi rind. Nahi (x2)**

Surprising it is to see that not a single person drinks

(the poet is referring to the seeker in pursuit of pure joy and everlasting happiness)

**Kab.se khula pada hai****Ish.rat. ka mai khana**

Even though the wine of pure joy and everlasting peace is being distributed openly at the tavern opened by Shri Mataji!

**Talaph na hoto kisi dar.se kuchh. Nahi hai Milta (x2)**

If one does not seek, he may try any door, Nothing will he receive.

**Agar. talaph. hai To, Dono Jahan se, Sab. Kuchh. hai Milta (x2)**

But if he is a seeker, from this whole world, He is bound to get everything he desires.

**Chorus:****Na to Chal.ke na ghate jam me ish.rat. kabhi (x2)**

The glass of wine which symbolises my cup of fulfilment of pure joy and peace should neither spill nor recede. It should always be full up to the brim. It should not spill because of overjoy nor should it recede because of sorrow or grief.

**Aise tabajjo ka talabh. gaar. hu (x2)**

The poet is desirous (talabgaar) of such an attention (tawajjo). He desires you to develop such attention which would not allow you to be overjoyed or get depressed but should remain undisturbed in any eventuality

**Muhabat ki ye lav na bhadake na-a bhuje (x2)**

Likewise the glow of love which is kindled within you should neither go ablaze or extinguish. The poet desires that your love be so detached that it should not flicker because of day to day mundane happenings but should remain as a pleasant glow enough to give you light within

**(Aise) Munnavar ta bajjo ka talabh. gaar. hu (x3)**

I am desirous of such bright (munabbar) hope

**Na to Chal.ke na ghate jam me ish.rat. kabhi (x2)****Na rahe dukh. ke aaso na rahe dardo gam**

(Oh Shri Mataji) let it happen that there remain neither tears of sorrow nor the pain of grief

**Khushi se aise rahajani ka talabh. gaar. hu (x3)**

I am desirous of such robbery at the hands of happiness and joy. (The poet desires that joy and happiness should rob away all the sorrow, grief, tears and unhappiness so that all the grief is wiped away and only joy remains.)

**Ho jaye naf.rat. ko naf.rat. se hi naf.rat. (x2)**

May the hatred start hating itself (The poet desires that hatred should suffer such humiliation and embarrassment that it should start hating itself)

**Aise pashemani ka talabh.gaar. hu (x2)**

I am desirous of such an event.

**Na to Chal.ke na ghate...**

} (x2)

**Mah.ke pyar hi pyar har. jeesm. se**

The aroma of love should carry its fragrance through everybody

**Dil ki aisi dhah.kan. ka talabh.gaar. hu mai**

I am desirous of such pulsating and love giving heart

**Aisi dil ki dhad.kan. ka talabh.gaar. hu mai**

**Dil ki aisi dhah.kan. ka talabh.gaar. hu mai**

**Havas. khud.ne paki jaha pe hu meh.rum**

Where greed and selfishness are totally prohibited

**Aisi hi mas.kan. ka talabh.gaar. hu**

I am desirous of such a habitat

**Na to Chal.ke na ghathe...**

} (x2)

**Ufak. jis.ki hadh. ho aas.ma jis.ki kad.ho**

The ones whose limit is the horizon and whose height is the sky

**Aise aala Sahajika talabh.gaar. hu mai (x3)**

I am desirous of such supreme Sahajis

**Ibadat. ma budh. ki begar.ze yaani Belous**

The worship of God should be selfless like the Belous

**Aise khudh.nisari ka talabh.gaar. hu**

I am desirous of such selfless surrender

**Na to Chal.ke na ghathe...**

} (x2)

## NIRMALAM KEVALAM GNYAN. MURTI

Jayanti Mangalakali Bhadrakali Krupalini

Durga Kshama Shivadhatri

Swaha Sada Namostute ...

Nirmalam Kevalam Gnyan. Murti (x2, Chorus)

Sakal. Jagat. Paripalini Mata (x2)

Sarv. Jagat. Kirti ...

Nirmalam Kevalam Gnyan. Murti (x2)

Bramh. Swarupini Adi Narayani (x2)

Devi Bhavani Asur. Nashini

Kamal. Nayan. Shanti Murti (x3)

Mata Devi Kasht. Nivarini (x2)

Durga Bhavani Bhav. Bhay. Harini

Mata Se Karengi Priti (x3)

Mata Maheshwari Jagat. Ki Janani (x2)

Sakal. Siddhi Adishakti Mata

Sab. Ke Dukho Ko Har.Ti (x3)

**SAINYA NIKAS. GAYE***(Kabir)*

Sainya Nikas. Gaye } (x2, Chorus)  
 Mai Na Lari Thi (x2) }

Na Kachhu Boli, Na Kachhu Chali (x2)  
 Nayana Jhukake } (x2)  
 Chup.Ke Khari }

Meri Gar Na Na Mano, Saheli Se Puchho (x2)  
 Chadar. Oruke } (x2)  
 Palanga Pari }

Rang. Mahel. Ke, Das. Dar.Vaze (x2)  
 Jane Kaun.Si } (x2)  
 Khir.Ki Khuli }

Kahat. Kamal, Kabira Ki Beti (x2)

**AWAZ UTHAENGE***(Original version from Marathi Hymn Book. See also p. 62)***Chorus:**

Awaz Uthaenge, Ham Saz Bajaenge  
 Hai Yeshu Mahan Ap.Na, Ye Git. Sunaenge

Sansar. Ki Sundar.Ta Me, Hai Rup. To Tera Hi  
 In. Chand. Sitaro Me Hai Ash.Ka To Tera Hi  
 Mahima Ki Teri Bate Ham Sab.Ko Bataenge  
 Hai Yeshu Mahan Ap.Na ...

Dil. Tera Khajana Hai, Ek. Pak. Mohabbat. Ka  
 Thah. Pa Na Saka Koi Sagar. Hai Tu Ulfatka  
 Ham Teri Mohabbat. Se Dil Ap.Ne Sajaenge  
 Hai Yeshu Mahan Ap.Na ...

Na Dekh. Saka Ham.Ko, Tu Pap. Ke Sagar. Me  
 Aur. Ban.Ke Manush. Aya Akash. Se Sagar. Me  
 Mukti Ka Tu Data Hai Duniya Ko Bataenge  
 Hai Yeshu Mahan Ap.Na ...



## MA HAM PE KRUPA KAR.NA

(Deepak Verma - 'Ujalay')

Ma Ham Pe Krupa Kar.Na } (x2, Chorus)  
Ma Ham Pe Daya Kar.Na }

Mother please keep Your grace on us. Mother please have Your compassion and kindness on us

Vaikunth. To Yahi Hai (x2)

Hiriday Me Raha Kar.Na

The heaven is on this earth for us, if You are in our hearts

Dhun. Denge Rag. Ban.Kar.Vina Ki Tar. Ban.Kar.

We will try to find out the joy of the spirit through divine music (sound of the Veena string)

Bas. Jao Shri Ma Nir.Mal

Hiriday Me Pyar. Ban.Kar. (x2)

O Mother Nirmala please reside in our hearts. Please come in my heart in the form of love

Har. Ragini Ki Dhun. Par.

Swar. Ban.Ke Utha Kar.Na (x2)

On every note of music, the voice becomes a message of love.

Ham Paar. Ho Gaye Hai Le Kar.Ke Sahaj. Bhakti

We have become realised by taking to Sahaj devotion.

Ap.Ni Sharan. Me Rakh.Na

Ma Nir.Mal Adishakti (x2)

Let me always remain in Your shelter, O Mother Nirmala, Primordial Power!

Ban. Sahastrar. Dhara (x2)

Prano Me Baha Kar.Na

By becoming a river in the Sahasrara, let Your Divine Vibrations flow!

Vaikunth. To Yahi Hai (x2)

Hiriday Me Raha Kar.Na

The heaven is on this earth for us, if You are in our hearts

Nachenge Mor. Ban.Kar. Ma Nir.mal. Tere Dware

We will dance as if becoming peacocks, O Mother Nirmala, at Your doorstep

Ma Nir.mal. Chhayi Rah.Na

Ban.Kar. Ke Megh. Kale (x2)

O, Mother please surround us by assuming the form of black clouds (which will bring the peacocks in to dance)

Amrit. Ki Dhar. Ban.Kar. (x2)

Pyaso Pe Daya Kar.Na

By becoming a flow of Ambrosia, please shower Your grace on the thirsty souls.

Vaikunth. To Yahi Hai (x2)

Hiriday Me Raha Kar.Na

The heaven is on this earth for us, if You are in our hearts

## MA NIR.MAL. PYAR. KA SAGAR. HAI

(Miss Nirmal Kanta; Deepak Verma - 'Ujalay')

Ma Nir.mal. Pyar. Ka Sagar. Hai } (x2, Chorus)  
Mother Nirmala is the ocean of love }

Ham Is.Me Dub.Te Jate Hai

We everyday feel that we are going deeper and deeper in Her ocean of Love

**Ham. Nav. Sahaj. Ki Charh. Baithe (x2)**

Now we are in a boat of Sahaja Yoga

**Bhavasagar. Ko Tar. Jate Hai**

So that we can easily go out from the ocean of illusion

**Ma Nir.mal. Pyar. Ka Sagar. Hai**

Mother Nirmala is the ocean of love

**Ham Is.Me Dub.Te Jate Hai**

We everyday feel that we are going deeper and deeper in Her ocean of Love

**Bholepan. Me Aa Kar.Ke**

When we become innocent

**Ganesh Tatw. Ko Pate Hai**

Then the powers of Ganesh are awakened in us

**Chaitanya Me Rah.Te Hue**

We are in the vibrations

**Ham Sacchidanand. Ho Jate Hai (x2)**

We become the true joy and love of God

**Shuddh. Vidya Ko Pa Kar.Ke**

We get the pure knowledge of God

**Bramh.Tatw. Ko Dhyate Hai**

when we meditate on the chakra of Shri Brahma

**Is Gyan. Ke Sagar. Me Dube**

In this ocean of knowledge

**Ham. Swayam. Guru Ho Jate Hai (x2)**

We become our own guru

**Nirvichar. Me Aa Kar.Ke**

When we are thoughtless

**Paramanand. Pate Hai**

We get the joy of the Divine

**Na Gam. Hi Rahe Na Khushi Rahe**

At this stage there is no sadness, no happiness

**Ham. Bandhan. Mukt.Ho Jate Hai (x2)**

We become free from all these things

**Samuhik.Ta Me Aa Kar.Ke**

In the atmosphere of collectivity

**Shri Mataji Ko Dhyate Hai**

We meditate on Shri Mataji

**Mahan. Ma Ke Charano Me**

On the Lotus Feet of our great Mother

**Ham. Khud. Ko Samar.Pit. Pate Hai (x2)**

We feel completely dedicated to Shri Mataji

**Ham. Tan. Man. Se Ma Ke Hokar**

We become completely dedicated

to Shri Mataji with mind and body

**Khud. Ap.Ne Ko Ma Me Khokar**

We forget ourselves in front of Mother

**Ham. Nur. Hai Shri Ma Nir.mal. Ke**

We are the resemblance of Shri Mataji

**Ham. Swayam. Lin. Ho Jate Hai (x2)**

And our attention goes inside ourselves and not on the outwardly artificial world.

## **E SARVARE (QAWWALI)**

Khuda Ka Nur, Tujh. Me Hu Bahu Hai (x2)

Khuda Pin.Ha Magar Tu Ruh Baruh Hai (x2)

Teri Az.Mat. Ka Andaza Ho Kisko

Khuda Hai Aur Khuda Ke Bad. Tu Hai

E Sarvare Duniya Hoti (x2)

Teri Nirali Shan. Hai

Dar. Hai Tera Rash.Ke Haram (x2)

Chaih.Ra Tera Kur. An. Hai

Tujhe Soch.Na Muhabbat, Tujhe Dekh.Na Ibadat

Yahi Meri Bandagi Hai, Mai Karu Teri Talavat.

Aka Chaih.Ra Tera Kur. An. Hai

Kali Kamali Vale Aka Chaih.Ra Tera Kur. An. Hai

Kaunain. Me Tu Vade Khuda Arfauwala

Kaunain. Ke Har. Goshe Me Hai Tujh. Se Ujala

Kur. An. Ko Ham Parte Hai Az.Raye Akidat.

Kur. An. Tujhe Parta Hai E Sainyade Wala

Mere Kali Kamali Vale Aka Chaih.Ra Tera

Khat. Me Rasul MuKh.Ta Hai Gul

Nabiyo Ka Tu Sultan. Hai

Surat Teri Us.Me Azal, Tujh. Pe Jaha Kur.Ban. Hai

Mang.To Ka Aka, Rakh. Bharm

Kar. De Karam Shahe Umang

Dukhiyo Ki Mush.Kil Tal.Na, Tere Liye Asan. Hai

Miraj. Ka Dula Hai Tu

Khali Ke Ghar Pahuncha Hai Tu

Tu Hai Habide Ki Biriya, Tu Arsh. Ka Meh.Man. Hai

Dar. Se Tere Babastegi, Dono Jaha Ki Baih.Tari

Nisbat Teri Ya Mustafa, Iman. Ki Pahunchan. Hai

E Sarvare Duniya Hoti Teri Nirali Shan. Hai...

## AWAZ UTHAYENGE

(Original tune from Marathi Hymn Book)

(Nirmal Sangeet Sarita - 'Worship'; 'Anand Lahari')

### **Chorus:**

**Awaz Uthayenge, Ham. Saaz. Bajayenge**

We shall raise the voice, we shall play the instruments in gaiety and in total abundance

**Hai Mata Mahan Ap.Ni, Yah. Geet Sunayenge**

Our Divine Mother is great and powerful, so we shall sing heralding Her arrival.

**(Hai Yeshu Mahan Ap.Na, Yah. Geet Sunayenge)\***

(We will sing the greatness of our Jesus)

**Chaitanya Bahe Jaha Tak.Ma**

Wherever the vibrations flow, Mother

**Hai Rup. Tumhara Hi**

It represents Your form.

**Hai Nirakar. Phir.Bhi**

Though formless,

**Hai Swarup. Thumhara Hi**

Yet it characterises Your boundless and omnipresent and enigmatic form

**Ye Shakti Rup. Tumhara**

This enigmatic form (Shaktirup, means the form of the primordial energy)

**Ham. Sab.Ko Dikhayenge**

We shall show to the entire world.

**Hai Mata Mahan Ap.Ni Yah. Geet Sunayenge**

Our Divine Mother is great and powerful, so we shall sing heralding Her arrival.

**An.Mol. Khazana Ban.Gaya**

My heart has become a priceless treasure

**Dil. Teri Mohabat. Se**

Because it is blessed with Your love.

**Parivar.Tit. Har.Shit. Ban.Gaya**

It is totally transformed and has become the habitat of eternal bliss and joy

**Ye Teri Ulphat. Se**

This transformation was only possible because of Your love.

**Pratibha Ki Teri Bate**

We shall sing and announce the glory and grandeur

**Ham. Sab.Ko Sunayenge**

Of Your Divine personality to one and all.

**Hai Mata Mahan Ap.Ni Yah. Geet Sunayenge**

Our Divine Mother is great and powerful, so we shall sing heralding Her arrival.

(\*This line sung at Christmas and Easter Pujas.)





*he depths that you feel in the poets,  
in the great musicians becomes their  
own nature. When they talk, when they walk,  
any rapport with them, you can feel the depth of  
their spirit....*

*How can you live in a place, in any place  
without any sound? You want to have a  
soundless area then why God has given you  
ears? See He has given you the ears to enjoy the  
music of his rhythm and that you can only feel  
when you become a realised soul..*

**Chiswick England, 10 July 1984**

## **JAGO SAVERA AYA HAI** (108 Names of Shri Mataji) (Noida Group - 'Ujalay')

### **Chorus:**

**Jago Saver Aya Hai, Mata Ne Jagaya Hai (x2, Chorus)**

O seeker, it is the dawn of the Golden Age, and Shri Mataji has awakened you!

**Sahasra Kamal. Dal. Nir.mal. Mata**

Seated in the throne in the pericarp of the thousand-petalled lotus, Shri Mataji

**Ne Dar.Bar. Lagaya Hai**

Is waiting for you in Her court.

**Jago Saver Aya Hai, Mata Ne Jagaya Hai (x2)**

O seeker, it is the dawn of the Golden Age, and Shri Mataji has awakened you!

**Shri Mataji (Jai Mataji), Shri Maharadni, (...)**

Devkarya Samudyata, Hai Mata Akula, Vishnugranthi Vibhedini,

Hai Mata Bhavani, Ma Bhaktipriya,

Ma Bhaktigamy, Ma Sharmadayini, Devi Niradhara,

Hai Mata Niranjana, Mata Nirlepa, Mahashakti Nirmala,

Ma Nish.kalanka, Hai Mata Nitya,

Ma Nirakara, Ma Nirakula

**Mata Nirguna Nir.mal. Ma Me (x2)**

**Poora nirakar. Samaya Hai**

Within Mother Nirguna Nirmala lies the whole Formless!

Hai Mata Nishkala, Mata Nishkama,

Ma Nirupaplava, Hai Nityamukta, Ma Nirvikara,

Ma Nirashraya, Mata Nirantara, Ma Nish.kar.na,

Ma Nirupadhi, Ma Nirishwara, Hai Mata Niraga,

Hai Mata Nirmada, Hai Mata Nishchinta,

Hai Nir.hankara, Mata Nirmoha, Hai Mata Nirmama,

Devi Nishpapa

**Hai Nisamshaya Devi Ma (x2)**

**Tune Sara Vishwa Jagaya Hai**

O Mother, Goddess Nisamshaya, by You only the whole world was awakened!

Hai Mata Nirbhava, Mata Nirvikalpa, Hai Nirabadha,

Hai Ma Nirnasha, Mata Nish.kriya, Hai Nishparigriha,

Mata Nistula, Ma Nil.chikura, Devi Nirapaya,

Devi Niratyaya, Janani Sukh.prada, Ma Sandrakaruna,

Mata Mahadevi, Ma Mahapujya, Mahapatat Nashini,

Hai Mahashakti, Hai Mahamaya

**Ap.Ke Karan. Maharati (x2)**

Out of Your greatest bliss, O Shri Maharati,

**Manav. Ne Khud. Ko Paya Hai**

the humans have realised their Spirit!

Hai Vishwarupa, Ma Pad.masana, Mata Bhag.vati,  
 Ma Rakshakari, Hai Rakshasaghni, Ma Parameshwari,  
 Hai Nityayauvana, Hai Punyalabhya, Hai Achintyarupa,  
Devi Parashakti, Ma Gurumurti, Hai Adishakti,  
 Ma Devi Yogada, Hai Ekakini, Hai Sukharadhya,  
Shobhana Mata, Sul.bhagati, Sat Chit Ananda, Ananda Rupini

Hai Devi Lajja Ji Tune (x2)

O Goddess Devi Lajja, by You only

Moksha Ka Raah. Dikhaya Hai

This path of Salvation was revealed!

Mata Shubhakari, Hai Mata Chandika,  
 Ma Trigunatmika, Hai Mata Mahati, Ma Pran.Rupini,  
Mata Par.Manu, Ma Pash.Hantri, Hai Vir.Mata,  
Mata Gambhira, Hai Devi Garvita, Hai Kshipra Prasadini,  
 Hai Sudhashruti, Hai Dharmadhara,  
 Hai Vishwagrasi, Meri Mata Swastha, Swabav. Madhura,  
 Hai Dhir. Samarchita, Ma Paramodara

Hai Mata Shashwati Devi (x2)

O Mother, Goddess Shashwati, by Your grace

Tune Sab.Ko Paar. Lagaya Hai

everyone got their enlightenment!

Ma Lokatita, Hai Shamatmika, Hai Lila Vinodini,  
 Ma Shri Sadashiv. , Ma Pushtih Devi,  
 Ma Chandranibha, Hai Raviprakhya, Hai Pavan.Kriti,  
 Ma Vishwagarbha, Hai Chittashakti,  
 Ma Vishwasakshini, Ma Vimala Devi, Ma Var.Da Devi,  
 Hai Mata Vilasini, Hai Mata Vijaya, Ma Vishwa Nirmala,  
 Ma Dharma Dayini, Sahajyog. Dayini

Vandaru Jan. Vatsala (x2)

O Goddess Vandaru Janavatsala, by You only

Tune Moksh. Ka Path. Dikh. Laya Hai

the path of liberation was shown!

**MAHAMAYA MAHAKALI, JAY SHERAWALI***(Noida Group - 'Nirmal Darbar 2' & 'Music of Joy 1')***Chorus:****Mahamaya Mahakali, Jay Sherawali**

You are the supreme creator of illusions even to the greatest of God,  
 You are the seed energy of God's desire, You are the one who resides on the lion

} (x2)

**Bhavani Nir.mala Ma**

You are the queen of Bhava who is Shri Shiva

**Nir.mal. Ma, Nir.mal. Ma (x4)****Mahamaya Mahakali...****Naam. Nirmala Shak.ti Data (x2)**

Your name is Nirmala and You are the giver of powers

**(he) Mata-Pita aur. Sakha Vidhata (x2)**

You are our Mother Father and friend and You are the one who decides everybody's luck

**(he) Shakti Data maya Sakha Vidhata (x2)****(he) Sakha Vidhata maya Shakti Data (x2)****Kare santo ki Rakh.wali, Jay Sherawali**

You are the saviour of Your devotees

**Bhavani Nir.mala Ma****Sara Vishw. tere gun.gae (x2)**

All the world is singing Your praise

**(he) Prem. pake Shraddha Suman. Chadhae (x2)**

and offering You the flowers of their devotion.

**(he) Tere gun. gae Maya Suman. Chadhae (x2)****(he) Suman. Chadhae Maya tere gun. gae (x2)****(Bane) Satya Sadh.na ke paali, Jay Sherawali**

We all have become the devotees of Truth

**Bhavani Nir.mala Ma****(Ham.) Charan. Kamal. ki bane Khada-u (x2)**

We all get a place in Your Lotus Feet

**(he) Ghirinit. Bhav. mite jag. Maha-u (x2)**

Nobody hates each other in this world

**(he) Bane Khadau maya mite jag. Maha-u (x2)****(he) Mite jag. Maha-u maya bane\_ Khadau (x2)****Is. jag. Gul.shan. ki mali, Jay Sherawali**

All the earth is like a garden and Sahaja Yogis are the flowers  
 and You are the one who is taking care of these flowers with love.

**Bhavani Nir.mala Ma****(Bane) Hamari Manzil. tere dwara (x2)**

Your love is our main goal

**(he) Tera ashra Maya Satya Sahara (x2)**

You give the shelter to everybody

**(he) Tera ik. dwara Maya Satya Sahara (x2)****(he) Satya Sahara Maya tera ik. dwara (x2)****Ab. tu hi tu prit. pali, Jay Sherawali**

Now only You are the saviour of the world.

**Bhavani Nir.mala Ma**

## MAAT. MERI PAT. RAKHIYO SADA

(Traditional; new words by Hemlata)

### **Chorus:**

Maat. Meri Pat. Rakhiyo Sada Shri Mataji (x2)  
 Ham. Tere Dware Pe Hai Aae, Haans. Lagakar  
 Daya Kar Maat. Daya Kar (x2)  
 Hai Aye Haans. Lagakar  
 Maat. Meri Hoo, Maat. Meri

Kundalini Maiya Sahaj. Jagae (x2)  
 Janam.-Janam. Ke Paap. Mithae (x2)  
 Mera Bhi Beda Paar. Laga Shri Mataji  
 Ham. Tere Charano Me Hai Aae, Haans. Lagakar

Rut.Ba Nirala Tune Hak. Se Ye Paya (x2)  
 Tere Bhok.To Ne Tujhe Shakti Bataya (x2)  
 Kah.Te Hai Ma Tu Hai Jagadamba Sherawali  
 Jay Ho !!!  
 Kah.Te Hai Ma Tu Hai Jagadamba Sherawali  
 Ham. Tere Dar. Pe Hai Aae, Haans. Lagakar

Maa The Parmrug. Mad. Ka Tita (x2)  
 Rakh.Ti Hai Maiya Dhyan. Sabhi Ka (x2)  
 Maat. Bhavani Tu Hai Jagadamba Meri Maata (x2)  
 Ham. Tere Dar. Pe Hai Aae, Haans. Lagakar

Jay Ho !!! Jay Ho !!!

Ho Gaye Ham To Maiya Tere Diwane (x2)  
 Kuchh. Nahi Jane Ham. Maharani  
 Kuchh. Nahi Jane Ham. Agyani  
 Ham To Ye Jane Tu Hai Jagadamba Sherawali  
 Ham. Tere Dar. Pe Hai Aae, Haans. Lagakar

Koi Nahi Mera Tere Siwa Meri Mata  
 Tu Hi Mera Bida Paar. Laga Meri Mata  
 Ham. Tere Charano Pe Hai Aae, Haans. Lagakar

Jay Mata Di !!! Jay Mata Di !!!

## MATA, O MATA

(Ravindra Jain - 'Music of Joy 2')

### **Chorus:**

**Mata, O Mata**  
**Ham. Tera Kare Jag.rata** } (x2)

Mother, O Mother! We do Jagrata to You (keeping awake the whole night and singing Your honour)

**Nirmala Mata Ka Shubh. Aag.man**

**Hame Pagal Banata**

The arrival of Shri Nirmala Mata makes us completely mad in expectancy!

**Hai... Mata, O Mata**

**Tu Hi Durga, Tu Hi Kali**

You are Durga, You are Kali,

**Tu Hi Chandi Bhavani**

You are Chandi Bhavani

**Ma Nirmala Ki Jay Bolo, Jay Bolo!** } (x2)

Let us say Nirmala Ma ki jai!

**Dush.man. Chal.ko Chal.ne Wali**

You are destroying the plans of our foes

**Bhak.to Ki Kalyani**

You are taking care of the benevolence of Your devotees

**Ma Nirmala Ki Jay Bolo, Jay Bolo!**

Let us say Nirmala Ma ki jai!

**Jhum.-Jhum. Nacho, Re Jhum.-Jhum. Nacho** (x2)

Let us sway and dance all together

**Maiya Ke Charano Ko Choom.-Choom. Nacho** (x2)

And, in our dance, let us kiss the Holy Feet of our Mother

**Mata, O Mata**

Mother, O Mother!

**Tera Rup. In Nain. Ko Bhata** } (x2)

Your beautiful Darshan is pleasing to our eyes

**Laal. Chunariya, Laal. Hi Naina**

You have a red shawl (Chunariya) to cover Your head and shoulders

**Laal. Hi Charan. Rangati**

You have a red bindi on Your forehead, red kumkum on Your feet

**Ma Nirmala Ki Jay Bolo, Jay Bolo!** } (x2)

Let us say Nirmala Ma ki jai!

**Laal. Rang. Ke Phulo Wali Mala Maiya Ko Bhati**

The garland (Maala) made of red flowers suits You well

**Ma Nirmala Ki Jay Bolo, Jay Bolo!**

Let us say Nirmala Ma ki jai!

**Jhum.-Jhum. Nacho, Re Jhum.-Jhum. Nacho** (x2)

Let us sway and dance all together

**Maiya Ke Charano Ko Choom.-Choom. Nacho** (x2)

And, in our dance, let us kiss the Holy Feet of our Mother

**Mata, O Mata**

Mother, O Mother!

**Tere Namu Ki Lambi Hai Gatha** } (x2)

There is a long story of Your names!

**Koi Puje Asht.bhuja, Koi**

Some people are worshipping You as the Goddess with eight arms

**Puje Das.bhuj.wali**

and some as the Devi with ten arms

**Ma Nirmala Ki Jay Bolo, Jay Bolo!**

Let us say Nirmala Ma ki jai!

**Jit.ne Sawali Ut.ni Hi Bahe**

Whatever the Sawalis ("Questioners" — devotees who have lots of questions and expectations) may ask as answers and blessings,

**Koi Gaya Na Khali**

None of them goes empty-handed from Your door-step.

**Ma Nirmala Ki Jay Bolo, Jay Bolo!**

Let us say Nirmala Ma ki jai!

**Jhum.-Jhum. Nacho, Re Jhum.-Jhum. Nacho**

Let us sway and dance all together

**Maiya Ke Charano Ko Choom.-Choom. Nacho**

And, in our dance, let us kiss the Holy Feet of our Mother

**Mata O Mata**

Mother, O Mother!

**Tera Laal., Teri Sewa Me Gata**

Your children are singing at Your Lotus Feet.

} (x2)

(x2)

(x2)

} (x2)



# VISHWAVANDITA

(Raga: Kirwani; Ravindra Jain & Hemlata; 'Sahaja Dhara 1' & 'Music of Joy 2')

## Introduction

Sar.va Mangala Mangalye Shive Sarvartha Sadhike • Sharanye Tryambake Gauri Narayani Namostute • Bramarupé Sadanande Paramananda Swarupini • Riddhi Siddhi Prade Devi Narayani Namostute • Sharanagat Dinartha Paritrana Parayane • Saravasvarthi Hare Devi Narayani Namostute

## Vishwavandita Nirmala Mata

Oh Mother Nirmala, You are the one to whom the whole world offers prayers

## Sarwapujita Nirmala Mata

Oh Mother Nirmala, You are the one who is worshipped everywhere

## Brahmaswarupini, Yoganirupini

The one who is in the form of Brahma, the giver of Yoga

## Shubhadam Varadam Namō Namah

Giver of auspiciousness, benevolence and boons, we bow to You

(Chorus)

## Jagat. Janani Nirmala

Mother of the whole world, giver of birth to everybody,

## Mulaprakriti Akhileshwar.ki

You are behind the whole Nature created by God

## Nitya Satya Sanatana

You are all the time everywhere, ever fresh, You are the truth

## Parashakti Parameshwar.ki

You are from the beginning to the end the Power of God Almighty.

## Vishwadharini, Mangalakarini

You are the one who supports the whole world & takes care of the benevolence of Her devotees

## Shubhadam Varadam Namō Namah

Giver of auspiciousness, benevolence and boons, we bow to You.

## Sahaj. Yogini Nirmala

Oh Mother Nirmala, giver of Sahaja Yoga

## Nirashraya Sarveshwari

The one who gives refuge to everybody and the Goddess of all

## Prem.murti Bhaktavatsala

The one who is of the form of love, affectionate and loving to her devotees

## Snehmayi Mateshwari

Our loving Mother

## Bhakti Pradayini, Mukti Pradayini

You are the giver of bhakti (devotion), You are the giver of salvation

## Shubhadam Varadam Namō Namah

Giver of auspiciousness, benevolence and boons, we bow to You

## Pragat. Saguna Nirguna

You are in the form of Saguna (with all Gunas), and in the form of Nirguna (beyond Gunas)

## Riddhi Siddhi ki dhatri hai

You are the giver of right rituals and siddhis (powers)

## Saumya Sarala Mahamaya

You are soft, simple, natural, always in balance and You are Mahamaya (supreme illusion)

## Patanjali Gunpatri hai

You are the One described in Patanjali (Yoga)

## Ghat. ghat. vasini, Atmavikasini

Living in every particle, nourishing our Atma and Kundalini

## Shubhadam Varadam Namō Namah

Giver of auspiciousness, benevolence and boons, we bow to You.

## SAHAJ. YOGINI

(Ravindra Jain and Hemlata - 'Sahaja Dhara 1')

### Chorus:

**Sahaj. Yogini, Sahaj. Dayini**

You are the Sahaj Yogini and also the One  
Who has offered us this Sahaja Yoga

} (x2)

**Sahaj. Gun. Ur.Dharini**

You have all the qualities of a Sahaj Yogini and You set an example

**Sneha Salila Nirmala**

Shri Nirmala Ma is Love and bashful Modesty

} (x2)

**Mateshwari Dukh. Harini**

She is the Master of all and the remover of all pain and sorrow

**Sahaj. Atmanand.**

Sahaj gives bliss to our inner being (Spirit)

**Paramanand. Sukh. Vistarini**

and also it is the highest pleasure

} (x2)

**Shakti Rupa, Vishwa Rupa**

Shri Mataji is the strength and assumes the form of the universe

**Mata Vishwadharini**

She is the One Who maintains or sustains the whole universe

**Sab. Manorath. Purn. Karati**

She fulfills all our hopes and desires

**Sakal. Sukh. Sancharini**

She gives us complete Peace

} (x2)

**Kshamashila Dayani,**

and makes us feel restful

**Agh.Nashini, Bhav.Tarini**

She has the Power to destroy a mountain and She helps one to cross the flood and get Salvation

**Chetana Jagrut. Kare**

She is the One Who enlightens the consciousness

**Atmanubhuti Prasarini**

She resides within our Spirit

} (x2)

**Shaktidatri, Muktidatri**

She generously gives one the Power and also the Salvation

**Vighnabadha Tarini**

She removes all obstacles or barriers from one's path

**Snigdha Hasini, Madhur. Bhashini**

She has a loving smile and a sweet and pleasant speech

**Agam.Nigam. Vicharini**

Her ways and Her ideas are inconceivable or impenetrable

} (x2)

**Swavalambini, Swabhimanini**

She is selfreliant and maintains selfrespect

**Mat.Sechhacharini**

One bows at Her holy Feet

**Har. Sahaj.Yogi Se, Sharanagat. Se** } (x2)  
She treats every Sahaj Yogi

**Sam.Vyav.Harini**  
with sympathy and alike

**Prarth.Navin, Yach.Navin**

She is our new Queen, with new ways

**Jagat. Jan. Up.Karini**

She is the One who is assisting this whole world

**Sahaj. Ka Sandesh. Lekar.** } (x2)  
With the message of Sahaj

**Akhil.Vishwa Viharini**

She has spread it in the whole world

**Tarkayukti, Pramanayukta**

She has the highest skill

**Yog.Par. Adhikarini**

And She is the Authority of Yoga



**MAM.TA MAYI***(Ravindra Jain and Hemlata - 'Sahaja Dhara 1')***Chorus:****Mam.Ta Mayi ... Ma Durgasi Lage**

Compassionate Mother like Shri Durga

**Sakshat. Lakshmi Ki ... Pratimasi Lage**

Verily you are Shri Laxmi's image

**Oh..., Bole Tumhari Vina Si Lage**

Oh..., your words sound like the Vina

**Yug. Ke Jagane Ko, Padhari Nir.mal. Ma**

To awaken the eras, arrived Nir.mal. Ma

**Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma**

Very Simple and loving, our Nir.mal. Ma

**Sadhaka Jano Ki, Sadhana Murti Hai**

For the seekers, (She is the) form of Penance

**Aaradhako Ki, Aaradhana Murti Hai**

For the Worshipers, (She is the) form of the Puja

**Santo Ki Yog.Dharati, Har. Aasha Purn. Karati****(x2)**

(She is the) Motherland of the saints, who fulfills (their) hopes (desires)

**Oh..., Nir.Vajya Prem. Ki Ganga Si Lage**

Oh..., (She is like the river) Shri Ganga, of unconditional love

**Sab. Ke Milane Ko, Padhari Nir.mal. Ma**

To unite all, arrived Shri Nir.mal. Ma

**Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma**

Very Simple and loving, our Nir.mal. Ma

**Jivan. Jo Dhanya Kare, Vo Dhanya Swarupa Hai**

(She is the) one who fulfills the life, The Divine form of fulfillment

**Man. Chetan. Se Bhare, Chaitanya Swarupa Hai**

(She is the) one who enlightens the mind, She is the Divine form of vibrations

**Aadhyatmik. Divya Jyoti, Dar.Shan. Se Trupti Hoti****(x2)**

(She is the) Spiritual radiant flame, who's Dar.shan.(glimpse) gives complete contentment

**Oh..., Mangal. Mayi Ki Upamasi Lage**

Oh..., most honorable auspicious One

**Shobha Badhane Ko, Padhari Nir.mal. Ma**

You came to beautify, O Nirmala Ma

**Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma**

Very simple and loving, our Nir.mal. Ma

**Bhat.Ke Hue Jag.Ko, Nayi Rah. Dikhai Hai**

To the world that has lost its way, you have shown the new path

**Dhar.Mandhata Sari, Mata Ne Mitayi Hai**

Mother has removed all blind faith

**Dware Pe Jo Bhi Aaye, Riddhi Pae, Siddhi Pae****(x2)**

Whoever comes to Her door receives the Riddhi and Siddhi (spiritual achievements and powers)

**Oh..., Bhav.Sagar. Me Naiyyasi Lage**

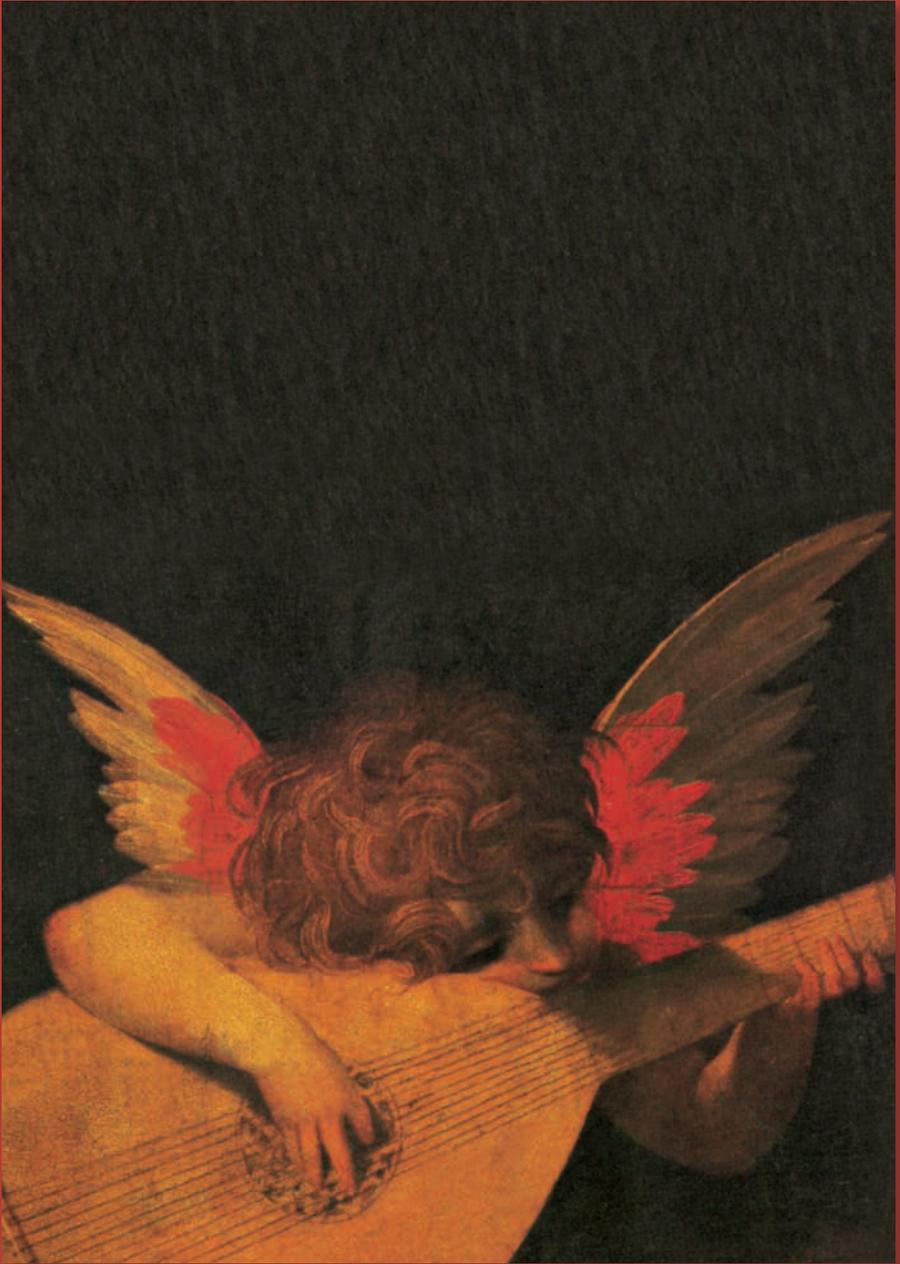
Oh..., you are like a boat on the ocean of illusion

**Mukti Dilane Ko, Padhari Nir.mal. Ma**

To give realisation, arrived Nir.mal. Ma

**Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma**

Very simple and loving, our Nir.mal. Ma



*Illustration: Rosso Fiorentino: "Musician Angel".*



*cannot compose anything  
without it (a glad ring,):  
for I translate into music the state of  
my heart. When I think of the grace  
of God my heart is so full of joy that  
the notes fairly dance and leap from  
my pen.*

**Joseph Haydn**

## JAB. SE HAM SAHAJ YOGI BANE

(Ravindra Jain and Hemlata - 'Sahaja Dhara 1')

### **Chorus:**

**Jab. Se Ham, Jab. Se Ham**

Since we , Since we

**Jab. Se Ham Sahaj Yogi Bane** (x2)

Since we became Sahaja Yogis

**Sacche Sukh. Ka Gyan. Hua,**

We got the knowledge of the true happiness

**Jivan. Ek. Var.Dan. Hua**

Life has become a Divine Blessing

**Jab. Se Ham, Jab. Se Ham**

Since we , Since we

**Jab. Se Ham Sahaj Yogi Bane** (x2)

Since we became Sahaja Yogis

**Sahaj. Yog. Ki, Sahaj. Shakti**

The spontaneous power of Sahaja Yoga

} (x2)

**Aisa Jahu Kar. Gayi**

Has brought miraculous (magical) change

**Bhed. Ke Saato Chakr. Kundalini**

Passing through the charkas Kundalini

} (x2)

**Saat. Samandar. Tar. Gayi**

Has crossed the seven seas

**Kitak. Kamal. Saman. Hua,**

The insect has become like a lotus

**Jivan. Ek. Var.Dan. Hua**

Life has become a divine blessing

**Are Jis. Milan. Ke Karan**

Since we met with Shri Mataji

**Sur. Ho Utha Adhira**

The melodie has become eager

**Suno Jis Mahamilan. Ne**

(Attention!) this great divine union

**Rach. Gaya Daas. Kabira**

Has been written by Kabir

**Raaj.Sukh. Chhor.Ke Sare,**

Sacrificing all the royal luxuries

**Diwani Ho Gayi Mira**

Mira immersed into bakti

**Sahaj. Hame Nir.mal. Ma Ne,**

Nir.mal. Ma has given us

**Diya Us. Milan Ka Hira**

The diamond of Sahaja Yoga

**Mahavir. Aur. Buddha Ne Gae,**

Mahavira and Buddha have sung

**Nirakar. Ke Git.**

The song of the Formless

**Sant. Mile Purab. Paschim Ke,**

Saints from East and West

**Jo Purane Mit.**

Who were friends for many life times

**Vishwa Milan. Aasan. Hua**

The universal Union became easier

**Jivan. Ek. Var.Dan. Hua**

Life has become a divine blessing

**Sahaj. Yog. Hai Sahaj. Jivan.**

Sahaja Yoga is spontaneous life ...

**Baat. Samajh. Ye Aa Gayi**

Now I've realised

**Sulabh Ho Gaya durlabh. Aatma**

It is now easy to know the spirit

**Ap.Ni Manzil Paa Gayi**

We've achieved our destiny

**Ap.Ne Par. Abhimaan. Hua**

I felt proud of myself

**Jivan. Ek. Var.Dan. Hua**

Life has become a divine blessing

} (x2)



**VIN.TI SUNIYE** (Composed by Shri Mataji in July 1992)  
(Nirmal Sangeet Sarita - 'Nirmal Prem')

**Chorus:**

**Vin.ti Suniye Adi Shakti Meri** (x2)

Oh Adi Shakti, please listen to my request

**Pujan. ka adhikar. dijiye** (x2)

Please give me the authority to do Your Puja

**Sharanagat. hai hriday. pujari**

Your worshipper is surrendered to You from the heart.

**Guru charanan. ki lagi lagan. hai** (x2)

Now we have got the divine attachment  
to the Lotus Feet of our Guru

**Tav. charanan. me utara swarg. hai** (x2)

All the heavens have come down at Your Lotus Feet

**Parmeshwar. hai mangal. kari** (x2)

God is giving the welfare to His devotees

**Khoye sadak. par. utari**

She gives realisation to those who are lost

**Preet. bahe avirat. nayanan. se** (x2)

Oh Mother, the love is flowing continuously from Your eyes

**He hridayeshwari bhava bhaya bhanjan. (x2)**

Oh Victorious Mother, please destroy all our fears

**Ma aisi shubh. shakti dijiye** (x2)

Oh Mother give us that auspicious power

**Sab. me jage anand. vihari**

by which in everyone this spirit will be awakened

**Aur. kahu kya antar.yami** (x2)

Oh Mother, what more can I say because  
You are Antarayami (the One who knows everything)

**Atma bodh. anubhuti ki datri** (x2)

You are the Giver of the self-realisation and the self knowledge

**Adi Guru guruon ki Mata** (x2)

You are the Mother of all the Gurus and Primordial Gurus

**Is. vineet. ko gurupad. dijiye**

Please give the status of Guru to Your humble devotees.

# JAY. JAY. JANANI SHRI GANESH. KI

(Nirmal Sangeet Sarita - 'Atma Ki Chadar' - Sheet of Soul)

## **Chorus:**

**Jay. Jay. Janani Shri Ganesh. Ki (x2)**

Victory, Victory Oh Mother of Shri Ganesh

**Pratibha Parameshwar. Paresh. Ki (x2)**

You are the intellect power of God almighty

**Jay. Jay. Janani Shri Ganesh. Ki (x2)**

Victory, Victory Oh Mother of Shri Ganesh

**Jay. Gaj. Vadan. Shadanan. Mata**

Oh Mother You are in the form of Gajanana, with hundreds of faces } (x2)

**Jay. Jay. Jay. Jay. Nirmala Mata**

Victory! Mother Nirmala

**Dhyan. Dan. Ki Sundar. Pratima (x2)**

You are the beautiful image of meditation and compassion

**Bani Vahini Shubh. Sandesh. Ki (x2)**

You are the giver of auspicious messages

**Jay. Adishakti Mata Nirmala**

Victory! Adishakti Mother Nirmala! } (x2)

**Jay. Jay. Jay. Jay. Bhakt. Vatsala**

Victory, Victory to the One who is intensely compassionate to Her devotees

**Bhakti Dan. Do Bhakti Gamy (x2)**

Please give us devotion, because You can be only realized by devotion

**Kariye Krupa Nir.mal. Ganesh. Ki (x2)**

Keep the grace of Shri Ganesh on us

**He Jagadambe Mata Bhavani**

Oh Mother of the universe, Oh Mother Bhavani } (x2)

**Shuddh. Vidya Tav. Charanan. Jani**

We came to know the pure knowledge in Your lotus feet

**Moksh. Dan. Do Moksh. Pradayini (x2)**

You are the giver of salvation, so please give us the moksha

**Tu Vilasini Bhav. Kalesh. Ki (x2)**

You are the destroyer of fears and distresses

**Savinay. Binati Suniye Hamari**

Please listen to my prayers } (x2)

**Ma Nir.mala Bholi Ati Pyari**

Mother Nirmala is very innocent and very sweet

**Man. Antar. Me Jyoti Jala Do (x2)**

please enlighten my heart

**Chandranibha Jyoti Dinesh. Ki (x2)**

You are luminous like the moon and light of Shri Chandra

**NIR.GUN. NIR.MAL. NISH.PAPA MA***(Noida - 'Ujalay')***Chorus:****Nir.gun. Nir.mal. Nish.papa Ma (x2)**

O Mother Who are Immaculate and beyond qualities and sin

**Hai hir.day ki ye abhilasa Ma (x2)**

Please accept my earnest desire

**Bahe man. se Prem. Ras. Dhaare, Ras. Dhaare**

That all hearts flow with the nectar of Your Love

**Jay. Bole Asht. Bhavani ki (x2)**

Let us sing in praise of Asht Bhavani!

**Agyani Pandit. bana diye, (x2)**

Those who had no knowledge

have now become Pandits (experts),

**Ma ne bujh.te dipak. jala diye, (x2)**

Mother has enlightened the lamps which were fading away

**Ki Mam.ta ki Bauchhaare, Bauchhaare**

She showered them with Her Motherly Love

**Jay. Bole Asht. Bhavani ki (x2)**

Let us sing in praise of Asht.Bhavani!

**Ma ne soyi Shakti jagayi hai, (x2)**

Mother has awakened a dormant Power

**Am.rit. ki Dhaar. Bahayi hai, (x2)**

She has let a stream of Ambrosia flow.

**Kar. diya bhedan. Sahasraare, Sahasraare**

She has pierced through our Sahastrar

**Jay. Bole Asht. Bhavani ki (x2)**

Let us sing in praise of Asht.Bhavani!

**Ma sharan. charan. Raj. payi hai, (x2)**

We have received the pollen of our Mothers Lotus Feet

**Ghat. bich. Ma Chhavi Samayi hai, (x2)**

She is filling our heart with Her Presence.

**Hua Nir.bal. ka uddhaare, uddhaare**

She has resurrected us out of our weaknesses.

**Jay. Bole Asht. Bhavani ki (x2)**

Let us sing in praise of Asht.Bhavani!

**Chaitanya Anand. suhana hai, (x2)**

We are overwhelmed by the Joy of the vibrations.

**Yah. shubh. sandesh. batana hai, (x2)**

This auspicious message we should now spread it.

**Kare pratigya nar. naare, nar. naare**

Let us now make this vow!

**Jay. Bole Asht. Bhavani ki (x2)**

Let us sing in praise of Asht.Bhavani!

## RANG. DE JHINI

(Nirmal Sangeet Sarita - 'Worship')

### Chorus:

**Rang. De Jhini Hari, Ma Ke Rang. Me Kaya (x2)**

Please colour my body (kaya) in the green colour (rang) which is the colour of my Holy Mother

**Rang. Na De Ise. Chanchal. Man. Ko (x2)**

Let my body not be adorned

**Ap.Ne Rang. Me Maya ...**

by the hideous colour of materialism

**Rang. De Jhini Hari, Ma Ke Rang. Me Kaya (x2)**

Please colour my body in the green colour which is the colour of my Holy Mother.

**Kale Pile Rango Ka Maila Ye Jag. Sara**

This world is full of dirt and filth represented by black and yellow colour

**Is. Duniya Ke Sab. Rango Se**

Your colour is however distinct and unique

**Tera Hai Rang. Nyara**

as compared with other worldly colours

**Sahaj. Ko Laga Hai Rang. Ye Tera (x2)**

The Sahaj movement is now totally drenched in Your colour which is so deep and long lasting,

**Koi Utar. Na Paya ...**

that nobody is able to remove this colour from Sahaja.

**Ham Kya Jane Bhakti Rang. Me**

Oh! Mother we are incapable of knowing as to what colour

**Man Kaise Rang. Paye**

our soul will take in your Devotion.

**Rang. Jayega Us. Rang. Me Tu**

It will definitely take the colour

**Jo Vo Rang. Charhaye**

which you put on it (because of its receptibility to you)

**Tum. Nir.mal. Ho Ham. Par. Kar.Na (x2)**

You are Pure therefore we request You to colour us

**Nir.mal. Rang. Ki Chhaya ...**

also in Your shade (chhaya) of purity (nirmal)

**Tere Rang. Me Aise Range Ham**

We are coloured so deep and complete in Your colour

**Duja Rang. Na Lage**

that no other colour will reflect through us

**Tum Bin. Koi Nazar. Na Aae**

We are unable to see (nazar) anything but You through these eyes,

**In. Naino Ke Aage**

because You are beyond and about all perceiving.

**Jal. Ko Sthal. Ko Sare Jagat. Ko (x2)**

You have (because of Your divinity) made not only water (jal) and land (sthal)

**Ranga Rang Banaya ...**

but the whole universe very colourful.

## JAGO KUNDALINI MA

(Sanjay Talwar - 'Roohani Roshni')

### **Chorus:**

**Jago Kundalini Ma** } (x2)  
Awaken, Mother Kundalini!

**Karo Sab Pe Krupa** }  
Bestow Your Grace upon all  
**Sahastrar. Me Aake** ( x2)  
With Your ascent to the Sahastrara

**Chhu Hi Lenge Vo Ham Aas. Man**  
We shall reach the Heavenly heights

**Mooladhar. Me Tum Baithi Ho Ma** } (x2)  
Seated in the Mooladhar O Mother

**Sadiyo Se Tum Soyi Hui**  
You have been sleeping through ages.

**Ichchha Hui Pale Tujh.Ko** ( x2)  
We now long for You

**Hasil Ho Tum, Jago Kundalini Ma**  
You are attainable. Awaken Mother Kundalini!

**Sama ja-o Ma majja me abhi** } (x2)  
Penetrate the spinal chord O Mother!

**Sabhi Chakr. Tum Niranjit. Karo** }  
Purify all the chakras

**Ganesha Swayam Puje Tujh.Ko** ( x2)  
Shri Ganesha Himself worships You

**Sharan. Me Teri, Jago Kundalini Ma**  
In full surrendering. Awaken Mother Kundalini!

**Soyi At.ma Me Prakash Bharo** } (x2)  
Shed light on the sleeping soul

**Jo Bikh.Re Hai Chitt. Ekatrit. Karo** }  
Unite the shattered attention

**Tabhi Dur. Honge Andhere** ( x2)  
Only then shall the darkness vanish

**Roshani Me Teri, Jago Kundalini Ma**  
In your light Awaken Mother Kundalini!

## PYAR. BHARE *(Nirmal Sangeet Sarita - 'Worship')*

### **Chorus:**

#### **Pyar. Bhare Ye Do Nir.mal. Nain.**

Behold these beautiful pure eyes (full of benevolence and compassion, expressing Mothers love),

#### **Jin.Se Mila Ye Amrit. Mai Chain.**

which have provided us eternal security and comfort.

#### **Koi Jane Na Is. Pyar. Ki Gah. Rayi**

Nobody knows the depth of the love and compassion they emit through their radiance

#### **In. Ankho Ki Gah. Rayi**

so also nobody has been able to fathom the depth of the eyes.

#### **Pyar. Bhare Ye Do Nir.mal. Nain.**

Behold these beautiful pure eyes.

#### **Jhil. Kahu Par. Us.Ko Bhi Hai Tal**

I can see the serenity and calm of the lake in the eyes but the two are not comparable since the lake has a bottom, while the qualities in these eyes are perennial.

#### **In.Ke Aage Saagar. Bhi Ozal**

Even the deep ocean appears shallow as compared to the depth of these eyes.

#### **Surya Prakash. Bhi Ho Jaye Ojhal**

Even the dazzling sunlight appears dim and hazy compared to the radiance & glory of these eyes.

#### **Tulna Se Bhi Upar. Uth.Gaya**

These eyes are beyond similes and beyond comparison: they are Divinely 'beyond and above all'.

#### **In. Naino Ka Sthal**

therefore how can they be compared with any other creation of God?

#### **Jaise Sarita Sagar.Me Jaye Ghul**

When the flowing river goes and meets the sea it loses its identity and is identified with the sea.

#### **Nir.mal. Mangal.Ta Me Gaye Ham Ghul**

Similarly when we Sahaja Yogis are blessed by these divine eyes we are totally submerged and drenched in the purity and the auspiciousness ever flowing from these beautiful eyes and lose our individualistic identity, and become collectively aware

#### **Bhut. Bhavishya Ki Chinta Gae Ham Bhul**

We don't worry any more about the past and the future,

#### **Sugandh. Maya Is. Chet.Na Se**

This vibratory awaneness is full of fragrance as though we Sahaja Yogis have risen to full glory

#### **Nikh.Re Hai Ye Phul**

and emitting the fragrance of collective awareness through our blossoming (it is blossom time)

#### **Aansu Jharjhar Bah. Nikale**

These eyes have manifold qualities, sometimes these eyes shed tears

#### **Anukampa Jab. Jati Gata Ban**

when the cloud of compassion built within bursts and is unable to contain itself within the eyes.

#### **Sun.Lo Inhi Nayano Se Kabhi**

While at the appropriate occasion the same eyes

#### **Nit.Kari Mithe Sache Khare Bain**

transform and become benevolent and preach us to be righteous and pure beings

#### **Jivan. Ka Sab. Sattw. Hai In. Me (x2)**

These eyes have so many qualities that the poet feels

#### **Khud. Ko Kar.Do Purn. Samarpan.**

that it contains all the essence & purpose of your being, i.e. your life (there the poet says that you should bow down before these life-giving eyes with all reverence and faith).

#### **Sab.Kuch Luta Do Pane Ko**

And you should sacrifice all your worldly possessions to be able to get the priceless treasure of love

#### **Jah.Pyar Ka An.Mol. Dhan**

contained in these immaculate and pure eyes.

## MAIYA TERE CHARANO KI

(Yamuna Nagar / Noida; Nirmal Darbar 1; 'Mauli 2')

### **Chorus:**

**Maiya Tere Charano ki** (x2)

O Mother, from Your Lotus Feet

**Yadi dhul. jo mil. Jaye**

Even if I could get a particle of dust

**Sach. keh.ta hu Nir.mal. Ma** (x2)

Then verily, O Mother Nirmala.

**Tak.dir. badal. Jaye,**

My life will be transformed

**Maiya Tere Charano ki** (x2)

O Mother, from Your Lotus Feet

**Ye man. bhada chanchal. hai** } (x2)

Mother, this mind of mine is very restless

**Kaise Tera dhyan. karu**

How can I meditate on You?

**Jit.na ise sam.jhaun**

The more I try to discipline it

**Jit.na ise behela-un**

The more I try to trick it

**Ut.na hi machal. Jaye**

The more restless it becomes.

**Sun.te hai Teri reh.mat.** } (x2)

We have heard of Your Compassion ...

**Din.rat. bar.s.ti hai**

...Showering day and night.

**Ek. bund. jo mil. jaye** (x2)

By getting just a drop of that Compassion

**Dil. ki Kali khil. Jaye**

The bud of the heart blossoms!

**Naj.ro se girana na** } (x2)

**Chahe kit.ni saja dena**

You may give me all the punishment You want

But let me not be drawn away from Your attention

**Naj.ro se jo gir. jaye** (x2)

The ones who fall

**Mus.kil. hi sambhal. Paye**

Have great difficulties in coming up.

**Maiya is. jivan. ki** } (x2)

O Mother, in this life of mine

**Bas. it.ni tamanna hai**

There is just one desire:

**Tum. samine ho meh.re** (x2)

That You are always there in front of me

**Mera jivan. hi sambhal. Jaye**

My life will then be complete

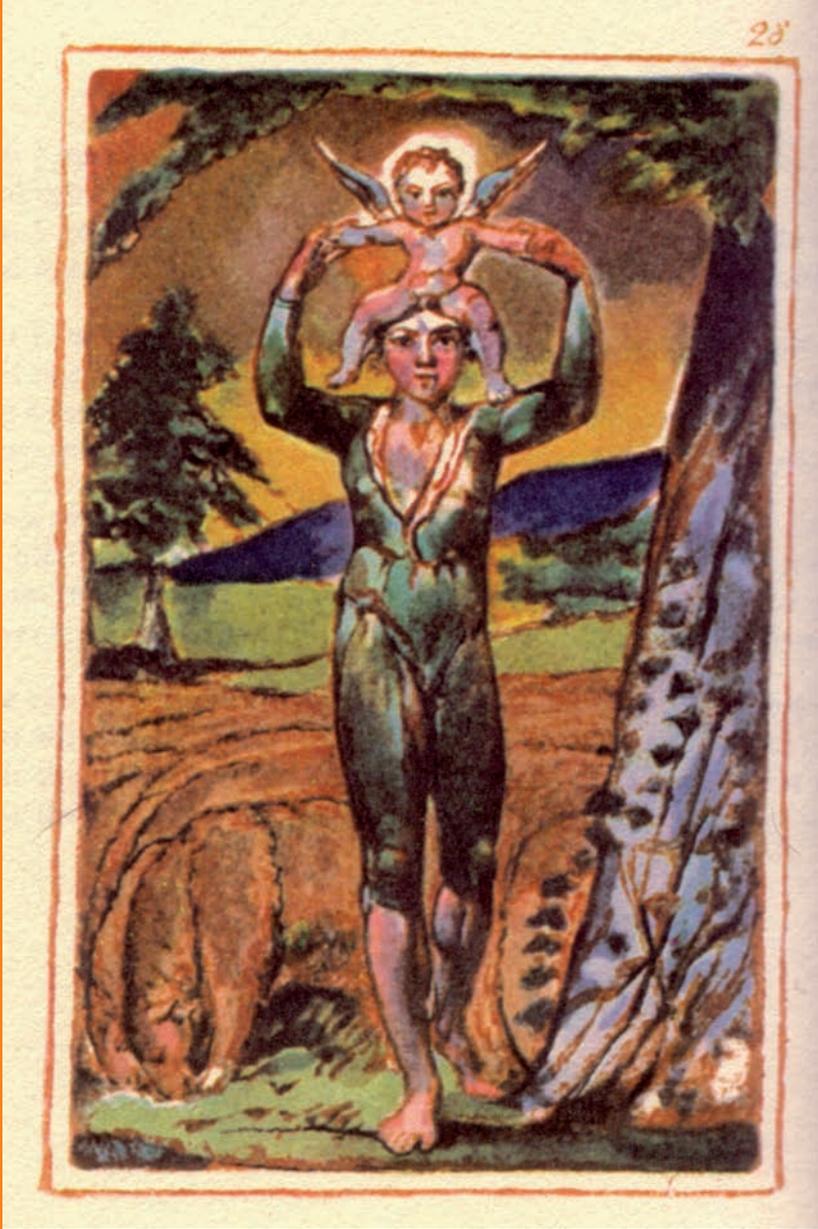


Illustration: William Blake: Frontispiece to "Songs of Experience".

# SHANKAR BHOLE BHALE (SHIVA STUTTI)

(*'Music of Joy 1'; Deepak Verma 'Samarpan - Surrender'*)

## **Introduction:**

**Lal**.Pe Hai Chandra Ma (x2)

**Chandra**. Ma (x2)

**Jat**a Me Gangadhar. Hai (x2)

**Gangadhar**. Hai (x2)

**Lal**.Pe Hai Chandra Ma (x2)

**Jat**a Me Gangadhar. Hai (x2)

**Chad**i Hai Bhasma Ang. Pe

**Ga**le Me Sarpahar. Hai

O Lord Shiva, the moon is shining on Your forehead. Your hair is tied as a Jata (coils) on top of Your head. A small stream of the River Ganges is flowing from this Jata. Your body is covered with incense powder and other Divine ointments.

**Nav**a Rahe Hai Shesh.Dev.

**Sar** Tumhari Bhakti Me

Hai **Ko**ti Surya Ka Prakash

**Shiv** Tumhari Shakti Mein (x3)

Shesha (the Serpent God) is coiled around Your neck like a garland. In His devotion to You, Shesha is doing a joyful dance by rhythmically swaying His head from side to side. The power of Your Shakti (Shiv Shakti) is illuminating Your Being as well as the cosmos with the radiance of a thousand suns.

## **Chorus:**

Shankar. **Bhole** Bhale, Shela **Bihari**, Tripurari

Teri **Le**ela Prabhu Sab.Se Hai **Ny**ari

O Lord Shankara (Shiva), the innocent one, You reside in the mountains in the abode Tripurari. Your Divine play (Leela) is the most spectacular and is beyond any comparison.

**Sab**.Devo Me Mahadev. Tu, **Tu**ch. Sa Koi Na Duja (x2)

**Bh**akti Bhav.Se Sab. Kar.Te Hai,

**Bh**ag.Van. Teri **Pu**ja (x2)

**Shiv**.Ji Tera To Hai (x2)

**Rup**. **Nir**ala, Bhol**a** **Bh**ala

Teri **Ch**avi Pe Sabhi Hai **Ba**lihari

Lord, You are unparalleled and the greatest among all Gods. The whole cosmos worships You with total devotion. O Lord Shiva, everyone is enchanted by Your form which is unique in splendour, innocence and purity.

**Sag**ar. Manth. Ke Sabhi Dev.Ta, **Am**.rit. Par. Lal. Chaye (x2)

**Tu**m Abhayankar. Vish.Ko Pekar. , **Neel**.Kanth. Kah.Laye (x2)

**Neel**.Kanth. Kah.Laye

Jo Bhi **Ay**a Shambho (x2)

**Sh**aran. **Ti**hari, Dukh.**H**ari

Uski **Nai**ya Tune Par. **U**tari

When the ocean was churned, Amruta as well as deadly poisons came out of it. Everyone desired to have the Amruta but You drank the poison for the benevolence of the whole cosmos. This gave Your throat a blue colour and You were called Neelakantha meaning the One with the blue throat. O Lord, whoever surrenders unto You is freed from all misery and is liberated from the ocean of illusion.

He Shiv.Shankar. Jaha Bhi Tera, Dam. Dam. Dam. Ru Baje  
He..... Shiv.Shankar. , He Pralayankar.  
He Shiv.Shankar, He Pralayankar, Ah.....  
He Shiv.Shankar. Jaha Bhi Tera, Dam. Dam. Dam. Ru Baje  
Dhar.Ke Nana Rup. Tere Gana  
Sang. Sang. Tere Nache, Sang. Sang. Tere Nache  
Tera Kisi Ne Bhi (x2)

**Bhed. Na Paya, Kaisi Maya, Bha-i Tujh. Ko To Nandi Ki Sawari**

O Lord, whenever Your Damru (drum) resounds the sound of dam dam dam, all the Gannas assume their forms and dance with You. O Lord of Destruction (Pralayankar), no-one has been able to fathom the depth of Your Being, as everyone is in an ocean of illusion. Still You are so humble that You like to have just a bull (Nandi) as Your vehicle.

## JANAM. DIN AYO

(Nirmal Sangeet Sarita - 'Atma Ki Chadar')

### Chorus:

**Janam. din. ayo, Adishakti ka**

Adi Shakti's birthday has come!

**Smaran. din. ayo, Nirmal. bhakti ka**

The day of recollection of Divine devotion has come!

} (x2)

**Chahu dis. dekho anand. chhayo** (x2)

Behold! The joy is spreading in all four directions!

**Dharti ambar. jhum.ke gayo** (x2)

Earth and sky, both are swaying and singing

**Aya hai rang masti ka...**

The colour of Joy has spread everywhere

**Sab gae ham mangal gan**

Let us all sing the auspicious hymns

**Ma Charano me kare pranam**

And let us all prostrate at the Lotus Feet of Mother

**Ashish. mange bhakti ka** (x2)

We shall ask for the blessings of devotion

**Ashish. mange mukti ka** (x2)

We shall ask for the blessings of liberation

} (x2)

**Ma ki Mahima hai ye ap.rampar** (x2)

Mother's Glory is boundless

**Ma krupa se khule hai dar** (x2)

Through Mother's grace, the gate has opened

**Darshan. dwara shakti ka...**

Her Darshan opens the way to our powers

**Indradhanushya ki ghata chhayi gagan. hai** (x2)

A multitude of rainbows has covered the sky

**Niranand. me Sahaji magan. hai** (x2)

The Sahajis are drowned in Niranand (pure joy)

**Swagat. kar.te Adishakti ka** (x2) **Adishakti ka...**

With folded hands, they all welcome the Adi Shakti

**AJ. KE DIN** (*Sanjay Talwar*)**Jab. rat. dhale subaha ke liye** (x2)

When night vanishes into morning

**Ho nayi kiran. Ma... aj. ke din**

May the new sun rays shine. O Mother, on this very day

**Khushiya bhar. de har.pal. ke liye** (x2)

Kindly fill our hearts with Joy for every moment in our life!

**Ruk. jae samay Ma... aj. ke din**

Let the time stop on this very day!

**Chorus:****Aj. ke din., Ma, Aj. ke din** (x3)

On this very day. O Mother, on this very day!

**Aj. ke din., ye janam. ke din**

On this very day, on this birthday!

**In. pyar. bhari ankho ke liye**

For these eyes which are filled with Love

**Ho sama suhana... aj. ke din**

Let this time be for rejoicement, this very day!

**Aj. ke din., Ma, aj. ke din** (x2)

On this very day, O Mother, on this very day!

**In. pyar. bhari ankho ke liye**

For these eyes which are filled with Love

**Ho sama suhana... aj. ke din**

Let this time be for rejoicement, this very day!

**Har. pushp. khile mus.kan. liye** (x2)

Each flower is blooming with a smile.

**Bani yad. rahe Ma... aj. ke din**

May the memories of this very day last forever!

**Aye hai Tere Darshan. ke liye**

We have all come for Your Darshan

**Mile ek Jhalak. Ma... aj. ke din**

So please, Mother, bestow Your Glance upon us on this very day!

**Aj. ke din., Ma, aj. ke din** (x2)

On this very day, O Mother, on this very day!

**Aye hai Tere Darshan. ke liye**

We have all come for Your Darshan

**Mile ek Jhalak. Ma... aj. ke din**

So please, Mother, bestow Your Glance upon us on this very day!

**Lae phul. hai ham ar.pan. ke liye** (x2)

We have come with flowers as an offering.

**Kare sparsh. Charan. Ma... aj. ke din**

Let us worship Your Lotus Feet on this very day!

**Ayi ho Ma ham. sab. ke liye**

You have come for our sake, O Mother

**Bas. ek bahane... aj. ke din**

Taking this very day as a pretext!

**Aj. ke din., Ma, aj. ke din** (x2)

On this very day, O Mother, on this very day!

**Ayi ho Ma ham. sab. ke liye**

You have come for our sake, O Mother

**Bas. ek. bahane... aj. ke din**

Taking this very day as a pretext!

**Bahe prem. hriday se jaha ke liye (x2)**

Your heart is flowing with Love for the whole universe.

**Barhe Yog. Sahaj. Ma... aj. ke din**

Let Sahaja Yoga prosper on this very day!



**MATAJI QAWWALI***(from 'Allah Hu', Nusrat Fateh Ali Khan - 'Music of Joy 1')***Alap:** *(First part sung to Ah...)***Maale Kul-Mulk., Lashari Ka Lahu (x2)****Wah. Dahu..., La Elaha Illahu (x2)****Shams. Tab.rez. , Gar. Kwuda-Talaband,****Kwush.bu Kha, La Elaha, Illahu.**

All gods reside within Shri Mataji and thus we can say that God is one, and for all the Sahaja Yogis it is the Goddess Shri Mataji Nirmala Devi.

**Mataji–ji–ji, Mataji–ji–ji****Mataji, Mataji, Mataji (x3)****Chorus:****Mataji, Mataji, Mataji (x3)****Ye Zamin Jab. Na Thi, Ye Jaha Jab. Natha (x2)****Chand. Suraj. Na The, Aas.ma Jab. Natha (x2)****Ra-Ze Haqq. Bhi Kisi Par. Aya Jab. Natha (x2)****Tab.na Tha Kuch. Yaha (x2)****Tha Magar. Tu Hi Tu, Mataji...**

When there was no earth, no world, no sun, no moon, no sky, the truth of God and Chaitanya was not known. At that time there was nothing but pure consciousness in the form of Chaitanya. And that was You, Shri Mataji.

**Interlude:** *(some of the 108 names of Shri Mataji)***Mataji, Adi Shakti, Nirmala Devi, Prana Rupini,**

Primal Power, first cause. Pure, spotless. Of the form of Divine breath of life.

**Kshipra Prasadini, Maharatih, Maharadni, Sahaj Yog Dayini**

Who showers grace on Her devotees. The greatest bliss. Great empress. Grants spontaneous Self-Realisation.

**Niskala (Niskala), Nistula (...), Nishkalanka, Nirupaplava,**

Indivisible, complete. Unequaled. Faultless brilliance. Indestructible.

**Nirguna, Nirvikalpa, Nirishwara**

Attributeless. Without mental activities. Supreme.

**Mahadevi, Mahashakti, Sharma Dayini, Parameshwari,**

Greatest of Goddesses. Greatest power. Giver of happiness. The ultimate ruler.

**Sudha Shrutih, Pavana Kritih, Shri Vilasini, Adi Ma...**

Ambrosial stream of bliss. Sacred form. The universe is Her place; She opens/closes the way to Self-Realisation.

**Pahunche Meraj. Me Arsh. Tak. Mustafa (x2)****Jab. Na Ma Bud. Bande Men Parda Raha (x2)****Tab Mala-Ik. Ne Haz.rat. Se Jhuk. Kar Kaha (x2)****Sari Makh. Luq. Men (x2)****Haqq. Numa Tu Hi Tu, Mataji...**

When the Prophet Mohammad made a trip to Heaven, there was no difference between Himself and God Almighty. All the angels bowed to Him and sang His glory: that in the whole universe, You are the Truth. Then Shri Mataji, we worship You in the form of Shri Mohammad.

**Interlude:****Khal. ke Khul hai Tu, is me kya guft.gu (x2)****Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)**

You are the Supreme Creator, how could it be denied?

You are the One, the only One! How could it be denied?

**Hindu ye samajh.te hai hassanam me kuchh. hai (x2)****Mus.lim ye samajh.te hai Haram me kuchh. hai****Ye dono galat hai ap.ni kaj.vahimi se****Ham to yahi samajh.te hai ki mast...****Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)**

Hindus see You in their idols. Muslims see You in the Ka'aba. Both of them have a limited view.

As for us, we just believe that You are the One, the only One! How could it be denied?

**Masjid mandir gurdware me teri lagan hai teri puja****Tu hi Tu hai, aur. koi na duja****Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)**

In mosque, temple and gurudwara, You are the One that is worshipped. You and no other!

You are the One, the only One! How could it be denied?

**Mandir. me tu, Haram me tu, arsh me tu, zamin me tu****Jiski pahunch jaha talak uske liye vahi me Tu****Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)**

In the temple, in the Ka'aba, in the heavens, on this earth,

For each seeker, You are there, as far as he can reach!

You are the One, the only One! How could it be denied?

**Sab hai jab ashik Tumhare Nam. ke****Kyu ye jag.re hai rahim aur raam. ke****Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)**

When each one worships Your Name, why do Muslims and Hindus fight?

You are the One, the only One! How could it be denied?

**Khal.ke Kul Hai Tu, Is Me Kya Guft.gu (x2)****Sare Alam Ko Hai Teri Hi Just.ju (x2)****Teri Jalwagari Hai Ala Char. Su (x2)****Ya Sharika-Lahu (x2)****Male Kul Mulk. Tu, Mataji...**

You are the completeness of the whole creation. This is the universal truth. The whole cosmos is trying to understand You, and everyone is worshipping You through meditation and devotion. Your glory is sung everywhere, You are the complete God.

**La Ilaha Teri Shan. Ya Wah.dahu (x2)****Tu Khayal O Tajassus, Tu Hi Ar.zu (x2)****Ankh. Ki Raush.ni, Dil Ki Awaz. Tu(x2)****Tha Bhi Tu, Hai Bhi Tu (x2)****Hoga Bhi Tu Hi Tu, Mataji...**

O God, Your glory is fathomless. You are always in our thoughts, in our imagination, and to reach Your real form is our humble desire. You are the light of our eyes, and You are the sound of our heart. Whatever has been, is, and will be — in this universe — is nothing but You, O Great Goddess, Adi Shakti.

## NIRMALA MA KAHIYE

(Music of Joy)

**Nirmala Ma, Nirmala Ma, Nirmala Ma, Kahiye** (x2)

**Jahi Vidhi Rakhe Ma, Tahi Vidhi Rahiye** (x2)

**Nirmala Ma, Nirmala Ma, Nirmala Ma, Kahiye** (x2)

Sing the praise of Mother Nirmala!

In whichever way She keeps You, remain that way!

**Asha Ek. Matajiki Duji Asha Chod. De** (x2)

**Nata Ek. Devima Se, Duja Nata Tod. De** (x2)

**Sahaj. Sang. Nirmala Rang., Ang. Ang. Rangiye** (x2)

**Swarth. Ras. Tyag. Pyare, Prem. Ras. Pagiye** (x2)

Our only hope is to be with Mother. Leave all other desires.

The Mother Goddess is your only relation. Forget all other attachments.

Through Sahaj, colour your very being with the colour of purity.

Abandon your selfish moods and take only to Love.

**Puja Ek. Matajiki Duji Puja Chod. De** (x2)

**Nata Ek. Chidanand. Se, Duja Nata Tod.De** (x2)

**Sahaj. Sang. Nirmala Rang., Ang. Ang. Rangiye** (x2)

**Aham Bhav. Tyag. Pyare, Bal. Rup. Angiye** (x2)

Worship only Shri Mataji. Leave all other adorations.

Consciousness and bliss are your only relations. Forget all other attachments.

Through Sahaj, colour your very being with the colour of purity.

Abandon this ego of yours and attain the childhood within.

**Laksh. Ek. Nirmala Rup. Duja Laksh. Chod. De** (x2)

**Satya Ek. Nirmala Dharma, Asatya Ko Chod. De** (x2)

**Sahaj. Sang. Nirmala Rang., Ang. Ang. Rangiye** (x2)

**Nashwar. Moha Tyag Pyare, Akshay Pad. Angiye** (x2)

Our only aim is to reach the form of Purity. Forget all other purposes.

The only true religion is Vishwa Nirmala Dharma. Give up all untruth.

Through Sahaj, colour your very being with the colour of purity.

Leave now your unending greed, friend, and attain the eternal status.



## SARE JAG ME TERI DHUM

(Simple - 'Chaitanya Dhara 2')

### **Chorus:**

**Sare jag me teri dhum, Adishakti Ma! (x8)**

Your fame is over the whole world, O Adi Shakti!

**Ate bare bare Maharaje**

The greatest of kings

**Teri shan sabhi ko saje**

Are overpowered by Your majesty!

**Mathe pyari Bindiya saje. Koi!**

A beautiful bindi decorates Your forehead.

**Koi laute na mehrum, Adishakti Ma! (x2)**

From You no-one returns empty-handed, O Mother Adi Shakti!

} (x2) (Chorus)

**Nirmal Darbar me jo bhi ae** (x4)

Whoever comes to Your Pure Court

**Muse mangi murade pae** (x4)

Sees all his desires fulfilled

**Jo bhi Sahaj Yog me aya**

Whoever came in Sahaja Yoga

**Usne jivan safal banaya**

Has achieved the goal of life

**Maaka bhed nahi hai paya. Koi!**

No-one could ever understand Your form of Mahamaya!

} (x2)

**Tere Dar.bar. ki kya shaan. hai** (x4)

How glorious is Your Court!

**Hanuman. khare dar.baan. hai** (x4)

Hanuman Himself is its doorkeeper

**Tere Nam ko jisne dhyaya**

Whoever takes Your name

**Tumne bighra kam banaya**

Has seen the end of all his troubles.

**Kali Yug me Teri Maya. Koi!**

Your Illusion pervades this Kali Yuga

} (x2)

**Bramha Vish.nu hai Tumko Manate** (x4)

Bramha and Vishnu Themselves try to please You

**Shankar ji hai dhyan. lagate** (x4)

Shankar-ji meditates upon You

**Tu hi Nirmal, Tu Mahamaya**

You are Nirmala, You are Mahamaya

**Nirmal Nam hai jag me chhaya**

The name of Nirmala is flowing throughout the world

**Sara jag Charno me aya. Koi!**

The whole world has come to Your Lotus Feet

} (x2)

**Sare Vishwa ko Sahaji banaya** (x4)

You turned the whole world Sahaj

**Ma Tune sara Bramhand. rachaya** (x4)

O Mother, You are the Creatrix of this vast universe.

**Suraj chanda tujhe bhi chhaye** } (x2)

Even the sun and the moon provide shade for You.

**Sare dekh. dekh. reh jaye**

Everyone is lost in deep contemplation

**Sare Tera dhyan lagaye. Koi!**

Everyone meditates upon You.

**Sab se sundar hai Nirmal nagariya** (x4)

The cities of Nirmala are the most beautiful of all

**Har. Sahaji pe Ma ki nazariya** (x4)

Our Mother's glance is on each Sahaja Yogi.

**Man mandir me karo basera** } (x2)

Mother, please reside in this temple of our hearts

**Chute janam-maran ka phera**

Please break this cycle of birth and death

**Dale Charno me ham dera. Koi!**

And let us make our abode at Your Lotus Feet, O Mother.

## JAGO HE JAGADAMBE

(Deepak Verma - 'Shradha')

**Jago he Jag.dambe, jago he Jwala**

Awaken, O Jagadambe! Awaken, O Jwala!

**Jago he Dur.ge Ma, jago Brij.pala**

Awaken, O Mother Durga, O Brijpala!

**Jago, Ma jago! Jago, jago, Ma jago**

Awaken, O Mother!

**Jago dilo ke andhkar. ko mita do** (x2) } (x2)

Awaken and dispel the darkness from our hearts

**Bhat.ke huo ko maiya Roshini dikha do** (x2)

Mother, please show Your Light to those who have gone astray

**Ap.ni hi jyoti ka kar.ke ujala** (x2)

By kindling the lamp of Your Brightness

**Sara zamana hua jyoti ka Divana** (x2) } (x2)

The whole world is drenched in Your Divine Light

**Maiya ham Charano me mange thikana** (x2)

O Mother, we beg for a place at Your Lotus Feet

**Jis pe Teri nazar maiya uska bol.bala** (x2)

The one who is under Your attention receives all fame

**Sher. pe savar. Mat. Asht.bhujadhari** (x2) } (x2)

The Mother who is mounted on a tiger is Goddess Ashtbhujadhari

**Dushto ki kal maiya bhakto ki rakhvali** (x2)

She slays all the evil and protects Her devotees

**Naino me tez. Tere mund. mala** (x2)

There is power in Your glance, O Mother, and a beautiful necklace decorates Your throat.

## JAGME SUNDAR HAI DONAM

Jagme Sundar Hai Donam  
Chahe Krishn. Kaho ya Ram.  
Bolo Ram. Ram. Ram.  
Bolo Shyam. Shyam. Shyam.

Makan brij me ek churave  
Ek bher kil nike kave  
Prem. bav.se bare anoke  
Dono ke he kam  
Chahe Krishn. kaho ya Ram. ....

Ek kans papi ko mare  
Ek dusht ravan sam hare  
Dono deen ke dukh harat hai  
Dono bal ke dam  
Chahe Krishn. kaho ya Ram. ....

Ek Radhika ke sang raje  
Ek Janaki sang bhi raje  
Chahe Sita Ram. kaho



## SITA RAM

(Ravindra Jain and Hemlata)

O Mangal bhavan amangel Hari (x2)  
 Dravau dashrath Ajit ... dashrath ...  
 Ram sia Ram sia Ram jai jai Ram (x3)

Gera jia bin deha nadi bin bhai  
 Kaise anath purush bin nari  
 Ram sia Ram sia Ram jai jai Ram (x3)

Gung aghate sahhi kir kaise  
 Khalke vachan sunt sah jaise  
 Ram sia Ram sia Ram jai jai Ram (x3)

Jinke jihe per satya sane hm ...  
 Sathie milke kachu sandhate hm ...  
 Ram sia Ram sia Ram jai jai Ram (x3)

Kaho kaho lage nam badhie e....  
 Ram n sakhie nam gun Gaie ...  
 Ram sia Ram sia Ram jai jai Ram (x3)

Zache rahe bhavana jaise ...  
 Prabhu ko rathi dache bin jaise  
 Ram sia Ram sia Ram jai jai Ram (x3)

Uthi Apane Ram ko ...  
 Rih bharo k. chege  
 Udato sidho chabh hi chate pade jo bija

Batana jagra jag jana Kalki ki Bhai  
 Bramha samana  
 Ram sia Ram sia Ram jai jai Ram (x3)

Koie hai choi jo Ram jo rachalei Ma  
 Ko pari badava jana  
 Ram sia Ram sia Ram jai jai Ram (x3)

Hari her ... Hari her  
 O har her ka charita ati Pavan  
 Madhur taras ati Pavan  
 Sunea binanti pas bueal buerie  
 Ram sia Ram sia Ram jai jai Ram (x3)

## BUDDHAM SHARANAM GACHAMI

### Chorus:

**Buddham Sharanam Gachami (x2)**

May I surrender to enlightenment

**Dhamam Sharanam Gachami**

Surrender to Dharma

**Sangam Sharanam Gachami**

Surrender to the collectivity

**Shri Ma Sharanam Gachami (x2)**

Surrender to Shri Mataji

Ghabaraya jab man amamol (aah...)

Hridaya ho uthe davha dol (oh...)

Ghabaraya jab man amamol aur

Hridaya ho uthe davha dol

Jab manav tu muchsa bol

Jab ashanti ka rag uthe } (x2)

Lal lahu ka rag uthe

Insan ki wo aag uthe

Man.v me Ma pashu jag uthe

Dharathi ki kaya kampe

Amber jag mag utha saya

Jab manav tu muchsa bol

Jab duniya sa payr uthe (x2) (aah...)

Nafrat ki diwar uthe

Ma ki Mamta pera giroin

Bate ki Talwar uthe

Dharti ki kaya kape

Amber jag mag uthe gaya

Jab manav Tu muchsa bol

Dur kiya jisane jan man ka wakul

Man ka andhi yara

Gisaki yak kiran ko chukere chamak

Uthaya jagsara

Dip satya ka sada jale daya

Ahinsa bada chale such shanti ki

Chayama jan man gan ka prem bane

Bharat Ma Bhagwan Buddha ka unhe

Ghar ghar mantra anmol

Jab man.v Tu muchsa bol

Buddham Sharanam Gachami

Jab manav Tu muchsa bol

## BOLO ADI SHAKTI SHRI MATAJI

(Simple - 'Chaitanya Dhara 1'; 'Sahaj Unlimited')

### Chorus:

**Bolo Adi Shakti Shri Mataji, Shri Nirmala Devi Ki Jai**

Salutations to the Adishakti Mataji Shri Nirmala Devi

**Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai**

Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

**Maha Lakshmi Ki Jai, Maha Saraswati Ki Jai Maha Kali Ki Jai !**

Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

**Bolo Adi Shakti...**

**Ma Bhakti Priya... , Ma Nishka Ma (x2)**

O Mother, You are The One who loves devotion and who is beyond all actions

**Hay Nirguna Ma... , Nishpapa Ma (x2)**

O Mother, You are beyond all Gunas and beyond all sins

**Sara Brahmand. Hai Jisme Racha Nirmal Ki Jai (x2)**

Salutations to You, O Mother, who has created this whole universe

**Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)**

Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

**Ma Nishkala... , Ma Nirmala (x2)**

O Mother, You are beyond all creativity and You are spotless, blemishless

**Shri Mataji... , Nirantara (x2)**

Shri Mataji, You are relentless

**Brahma Vishnu Shiv. Shakti Ma Nirmal. Ki Jai (x2)**

Salutations to You, O Mother, who encompasses the powers of Shri Brahma

Shri Vishnu and Shri Shiva

**Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)**

Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

**Ma Nirlepa... , Niranjana (x2)**

O Mother, nothing can smear You and You are the giver of unlimited blessings (of delight)

**Mahadevi Ma... , Hai Mahamana (x2)**

O Mother, You are the Goddess of Goddesses, You are the one with the greatest heart

**Sukh. Kar.ta Ma, Dukh. Harta Ma Kal.ki Ki Jai (x2)**

Salutations, O Mother, You are Shri Kalki, who is the giver of joy and You remove all misery

**Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)**

Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

**Mahamaya Ma... , Jag. Janani Ma (x2)**

O Mother, You are the supreme illusion, You are the Mother of the universe

**Shubh. Kar.ni Ma... , Dukh. Harini Ma (x2)**

O Mother, You provide bliss and abolish all hardships

**Bolo Vishwa Dharini Sahaj. Dayini Ma Ki Jai (x2)**

Salutations to You, O Mother, who sustains the universe and gives everyone their realisation

**Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)**

Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

## JISME SURAT SHRI MA KI

(Simple - 'Chaitanya Dhara 1')

(Each line is repeated twice)

### **Chorus:**

Jisme surat Shri Ma ki na aaye nazar  
Ab mujhe aisa darpan nahin chaahiye  
Gand jisme bhari ho ahankar. ki  
Woh dikhaye ka tika nahin chaahiye

Chorr kar is zamane ki Ranginiyan  
A gaya hun me Ma Tere Darbar par  
Sirf Bhakti se matlab he mere liye  
Koi Duniya ka Bandhan nahin chaahiye

Me jahan bhi Tumhe dekhon ao nazar  
Meri aankhon ko baksho Ma woh roshni  
Sirf iske Siva aur kuchh bhi nahin  
Koi jeevan ka sadhan nahin chaahiye

Maine darbar me Tere Choo-ke Charan  
Faisla kar liya hai Samajh soch kar  
Satya ki khak mil jaye mere liye  
Jhoothi duniya ka kanchan nahin chaahiye

Sadhuon ne jo puchha dili mazra  
Ek Sah.ji ne un sadhuon se kaha  
Shanti ka Pujari hun mere liye  
Dusht logon ka darshan nahin chaahiye

## RAM. NAM. RATH. THE RAHO

Ram. nam. rath. the raho  
 Jab. tak. gat. me Pran.  
 Kabhi tho deen dayaal ke bhanak pade gi kam

### Chorus:

Tere man me Ram. tan me Ram  
 Rom. rom. me Ram. re  
 Ram. sumir. le dhyam. laga le  
 Chod jat ke kam re  
 Bolo Ram. bolo Ram. bolo Ram. Ram. Ram.

Maya me Tu ulja ulja dardar pul udae (x2)  
 Ab kyun karta man bari jab Maya sath chudae (x2)  
 Din do peetha dono roop me daljaye na sham re  
 Bolo Ram. bolo Ram. bolo Ram. Ram. Ram. (x2)  
 Tere man me Ram. tan me Ram.

Tan ke beethar panch lutere dal rahe he Tera (x2)  
 Kam krodh madh lob mogh ne rujko kaisa Tera (x2)  
 Bul gaya Tu Ram. ratan mula pooja ka kam re  
 Bolo Ram. bolo Ram. bolo Ram. Ram. Ram.  
 Tere man me Ram. tan me Ram.

Bach ban peetha kel kel me bari javani soya (Alap)  
 Bach ban peetha kel kel me bari javani soya  
 Dekh buda pa ab kyun soche kya paya kya koya (x2)  
 Der nahi he abhi bande lele uska nam.re  
 Bolo Ram. bolo Ram. bolo Ram. Ram. Ram.

Bolo Ram. Sita Ram. ...  
 Bolo Shyam Radhe Shyam  
 Tere man me Ram. tan me Ram. ....

**SHRI JAGADAMBE AYI RE***(Noida; 'Mauli 1' & Sahaj Unlimited')***Chorus:****Shri Jagadambe ayi re, Meri Nirmala Ma (Ayi) (x2)**

Shri Jagadamba has arrived! My Immaculate Mother had arrived!

**Mere jag. uthe bhag. seer. pay charan-kamal. ki chau**

My great good fortune is awakened! Her lotus feet adorn my sahasrara!

**Sare jag. me padi badhayi re**

The whole world joins in the joy of Her arrival!

**Meri Nirmala Ma**

My Mother Nirmala

**(Ayi) Shri Jagadambe ayi re, Meri Nirmala Ma (x2)**

Shri Jagadamba has arrived! My Immaculate Mother has arrived!

**Ma ki Shakti hai bal.shali (x2)**

Mother's might is all-powerful;

**(Ye) Nirmala Devi Sherawali (x2)**

Mother Nirmala, rider of the tiger.

**Is. dar. pay na rahe koyi khali (x2)**

No one who comes to Her door leaves empty-handed.

**(Ye) Jag.gul.shan. ki hai rak.hawali (x2)**

She is the Protector of all creation.

**Janani hai Janma dayini, Sahaja Yoga Dharm. Dayini**

Mother gives rebirth and Sahaja Yoga truths,

**Hriday me na khushi samayi re, Meri Nirmala Ma**

Blessing my heart with profound joy. Oh Mother Nirmala.

**Manau rach.na me Ma ka ansh. para hai (x2)**

Mankind, created with Mother's love,

**Rat.no ka bhandar. bhara hai (x2)**

Contains Her precious powers.

**Manav. me ahankar. bhara hai (x2)**

But mankind is full of ego,

**Ap.ni Shakti se dur. khada hai (x2)**

Divorcing itself from its own powers.

**Peedith. narak. me bhayi, Par. kare Nirmala mayi**

Mother Nirmala grants realisation even to those suffering in hell.

**Devi par.marth. ko ayi re, Meri Nirmala Ma**

She has arrived for the salvation of all mankind, my Mother Nirmala.

**Bhagya ude hu-a bhayi tera (x2)**

The fortunes off all are rising

**Jagadambe ka lag. gaya fera (x2)**

as Shri Jagadamba takes us into Her protection.

**Chit. chinta ka katega ghera (x2)**

Illusions and worries that circle the mind disappear.

**Swarg. banega jivan. tera (x2)**

Know that your life will become heavenly.

**Sache dil se dhyan. karle, Mataji ka man. Karle**

Meditate with humility in a pure heart

**Roohani avaz. he ayi re, Meri Nirmala Ma**

for your spirit is calling you. Oh Mother Nirmala.

**Jab. jab. hani howe dharam. ki (x2)**

Whenever dharma declines,

**Nar. bhoole shakti antar.man. ki (x2)**

And humanity forgets its inner powers,

**Tab. shak.ti jagrut. ho Brahm. ki (x2)**

The Shakti of the Eternal Spirit

**Kare stapith. moorti sat.karam ki (x2)**

Establishes the essence of all Truth.

**Karm. dayini Vishwa Nirmala, Dharm. dayini Maat. Garvita**

The Universal Mother, the Great Doer, proudly granting Dharma,

**Man me alokik jyoti jalaae re, Meri Nirmala Ma**

Has blessed my heart with Divine Enlightenment. Oh Mother Nirmala.

## CHUK CHUK CHUK CHUK

(Kishore Chaturvedi - 'Bhajan Dhara')

**Chuk Chuk Chuk Chuk. rail chalee hai Jeevan ki (x3)**

**Hasna rona, jagna sona, khona pana sathie hai dukh-sukh**

**Chuk chuk... (x2)**

**Choti-choti see bato se moti-moti khabron tak (x2) } (x2)**

**Yeh gadi le jayagee hamko Ma ki god se kabro tak**

**Sabo chilathey rah jayangey Ruk-ruk-ruk-ruk**

**Chuk chuk... (x2)**

**Saman bandh ke rakh lo lekin } (x2)**

**Choron se hoshiyar raho**

**Jane kab chalna padh jaye chalney ko tyaar raho**

**Jane kab seetie baj jaye...**

**Jane kab seetie baj jaye, signal jaye jhuk**

**Chuk chuk... (x2)**

**Raat aur din is rail ke dibbey } (x2)**

**Aur sanson ka engine hai**

**Umar hai is gadhi ke pahiye aur chita station hai**

**Jaisey do patri hai vaisey saatha chaley dukh-sukh**

**Chuk chuk... (x2)**

**Pap aur punya ki gathri bandhey satya } (x2)**

**Nagar ko jana hai**

**Jeevan nagari chodh kar hamko Nirmal Nagari aana hai**

**Yeh bhi soch lo hamne kya kya maal kiya hai book**

**Chuk chuk... (x2)**

**Rail chalee hai jeevan ki (x3)**

*Note: for "Adi Shakti Ma" which was on p. 93, see "Sare Jag Me Teri Dhum", p. 83*



*You are very spontaneous, like your Mother. It all comes there, isn't it, just comes, that's it, just comes. Allow it. See, don't think too much, don't, don't try to plan too much. It will be there, you'll see that. Everything. Everything works out. Have faith in yourself. Just works out. It's all there, but it's not so clear-cut you see, because it must have a beautiful mystery. Must have a mystery. Whatever happens it must have a beautiful mystery behind it. So suddenly you find something, you see, and then you feel ah, it's a surprise, pleasant surprise. That's what it is. That's how you'll feel the Divine trying to bless you, make you happy, to give you ideas, to do things for you. It is the Divine that will work it out. And you'll be suddenly, you see, surprised with great joy. Allow it to work out. Don't think yourself. Just allow it to work out. It works out very well. All right?*

**Australia - Melbourne - 16th March - 1985.**



## VANDHANA

### Chorus:

Vandhana vandhana  
 Sab karo vandhana  
 Shri Mataji ki sab karo vandhana } (x2)  
 La la la la ...

Jin ko puje hai ravi } (x2)  
 Charo aur unki chavi  
 Chandra Maa ki chandhani  
 Karte hai vandhana

Dharti tarasti sparsha ko } (x2)  
 Sagar ka karan pao to  
 Adi Shakti Shri Mataji ki  
 Kar rahe sab vandhana

Maa prano mein hai } (x2)  
 Har saaso mein hai  
 Aisi Maa ki Dhayana mein  
 Kar rahe sab vandhana

## NIRMAL DHAM (TERE CHARAN. KAMAL.)

*(Nirmal Sangeet Sarita - 'Nirmal Dham')*

### Chorus:

**Tere Charan.kamal. me Rehnevalo me Likh.le Mera Nam (x2)**

May my name be added to the one of those who are seeking refuge at Thy Lotus Feet,

**Ye Hai Sukh. Shanti Ka Dham (x2)**

For this is the heavenly abode of Joy eternal and Peace,

**Nirmal Dham, Nirmal Dham, re (x2)**

The abode of Divinity and Purity.

**Aya Tha Shraddha Suman. Charhane Dale Jholi Me**

I had come to offer the flowers of pure faith at the Lotus Feet of Our Mother,

**Ma Se Paunga Mai Kuchh. Dan. Bhi Dalu Jhole Me**

Expecting to be rewarded for my offering,

**Saumya Prakash. Chet.na Dekhi (x2)**

But I found myself overwhelmed by the pleasant Chaitanya,

**Jaise Bhor.ki Lali Me**

Radiating like a rising sun.

**Swar.pan. Kar.ke Bola Mai (x2)**

Surrendering myself to Her, I humbly requested

**Kuchh. Na Dalu Jholi Me**

That no reward should be given,

**Nir.peksh. Yahi Bhakti Kutir Hai Chaitanya Ka Aisa Dham**

As I realised that worship can only exist through selfless Surrender to the Lotus Feet of Shri Mataji, the very abode of Chaitanya.

**Ar.pit. Hai Tan.man. Dhan. Ap.na (x2)**

I totally surrender my mind, body and wealth

**Charan. Nahi Ye Swar.ga Ki Rach.na**

To the Lotus Feet of Mother, as There lies my Paradise.

**Vast.vik. Hai Nahi Ye Kal.pana**

This is not imagination, but actualization of the Divine Truth, the ultimate reality.

**Aise Dham. Ki Kare Kyu Tul.na**

Why should we then compare this abode with any existing shrine?

**Mandir. Masjid. Gurudware Ka Ab Nahi Koi Kam**

As it is, all these temples, churches and gurudwaras have now become redundant.

**Agni Kund. Hai Ahamkar. Ka (x2)**

At the Lotus Feet of Mother, I have been able to burn my ego,

**Jatil. Mere Hi Bhut. Kal. Ka**

My past and all my negativity.

**Jab. Se Bana Bhikshuk. Is. Dwar. Ka (x2)**

Ever since I have become a resident of this Heaven,

**Bhavishya Ujwal. Sahaj. Pyar. Ka**

My future, through Sahaj Love, has become very bright and full of promises.

**Yahi Hai Makha Yahi Karbala Ganga Jamuna Charo Dham**

For here verily lie the Mecca, Medina, the Ganges, the Yamuna and all four Shrines.

**Charanamrut. Se Pawan. Kar. Do (x2)**

With the Nectar flowing from Your Lotus Feet, Oh Mother, please sanctify my life,

**Nirmal.may. Ye Jivan. Kar. Do**

And give it its real purpose by making it wholesome truthful and pure.

**Anu Renu Me Chaitanya Bhar. Do (x2)**

Fill all the animate and inanimate with Your Divine Vibrations,

**Kitabo Me Nahi Gyan. Vah. De Do**

And give us the Pure Divine Knowledge that cannot be found in the Holy Scriptures,

**Yahi Hai Gita Ved. Yahi Hai Yahi "Bible" Kuran**

For I verily read and understand epics like Geeta, the Vedas, the Bible or the Koran by a mere glance at Your Lotus Feet.

## MOHABBAT KA KHAZANA

(Nirmal Sangeet Sarita - 'Mohabbat Ka Khazana')

### **Chorus:**

**Kaam. Jiska Fakat.ye Daulat. dil ki Lutana Hai**

What a delightful task it is to freely distribute Love, this treasure of the heart!

**Mohabbat Ka Khazana Bhi Kya Khub Khazana Hai**

Such a treasure will never diminish by that, but will grow evermore.

**Kud.rat. Jo Hazara Karishma Dikhati Hai**

Nature in its splendour produces many miracles which manifest in many ways.

**Vo Bhi To Ek. Tarha Se Insa Ko Mohabbat Batana Hai**

This gesture of Nature is by itself a token of Love for human beings.

**Shabnam Se Moti Bad-E-Saba Ki Taz.Gi Gulo Ki Mehek**

The dew-drop which shines like a pearl, the morning breeze which carries with it

The ever-refreshing fragrance of flowers,

**Kaenat. Ke Ziyafat. Ka Ye Ek. Dilchasp. Bahana Hai**

This again is an interesting excuse of Nature showing its hospitality to the human beings on one pretext or the other.

**Har. Pat. Me Har. Kali Me Chhipa Paegame Mohabbat. Hai**

Every leaf, every bud has a hidden message of love and beckoning in its nature.

**Har. Pankhuri Ke Labho Pe Ul.fat. Ka Ye Tarana Hai**

Even the rustling of the petals and the leaves is like a song of love.

**Kya Duniya Ne Samjha Hai, Kya Logo Ne Jana Hai**

What does this world, these people believe we are?

**Ham. Khak Nashino Ke Thokar Me Dekho Zamana Hai**

Even though we are humble, we are not meek or cowardly. We can rise to any occasion because to us Love is an energy and not merely our emotional expression.

**Har Pak. Rishte Ki Buniyad. Mohabbat Hai**

The foundation of every pure and divine relation is love.

**Ma Bachhe Ka Atul Bandhan Us.ka Hi Ek Namuna Hai**

One such glowing example is the permanent bond of love between mother and child.

**Kya Chiz Mohabbat. Hai, Duniya Na Samajh. Payi**

The world is experiencing love at a mundane level only and has therefore not really understood the deeper and ultimate meaning and purpose of love.

**Yu Kah.Ne Ko To Gar.dish. Me Sadiyo Se Zamana Hai**

Even though it has been in a turmoil for many a years now.

**Ye Labz-E-Mohabbat Ka Ad.na Sa Fasana Hai**

The story of love in a nutshell is as follows:

**Simte To Dile Ashik Feleh To Samana Hai**

When shrunk to the barest minimal, it is symbolised in the heart of the lover,

but when it expands to its full potential, it is capable of engulfing the whole universe in its fold.

**Fizul. Vo Hai Dino Dharam, Jaha Mohabbat. Basti Nahi**

All the religions and places of worship are useless if there is no love in them,

**Jis. Dil Me Mohabbat. Hai Vahi Jo Uska Tikhana Hai**

Because God only resides in such hearts where there is love.

**Pat.var Mohabbat. Ki Hatho Me Rahe Har.dam**

The only equipment you need to have is the oar of love,

**Duniya Bhi Tapero Se Gar Sakine Ko Bajana Hai**

By which alone you can navigate through the turbulent sea  
of deceit and fraud that you see in the world.

**Ye Ishk. Ruhani Ab Zarurat Ban Gayi Ad.Mi Ki**

This divine love has now become the need of the day for all human beings,  
particularly in the world of strife, hatred, suspicion and deceit,

**Ik Bat Yehi To Mujh.Ko Belos Batana Hai**

And as such, this is the only message Belos wants to give to the world.



## AP.NI PANAAH. MEIN HAME RAKH. NA

(*Music of Joy 2*)

Shri Mataji: "This is a song from a film and is sung by a little boy, a very beautiful film as well as this boy acted very well...and it says that 'O God keep me in your protection all the time'. 'Panaah' is protection. But it's a very beautiful song, I hope you all like it."

(Evening before Shri Ganesha Puja, Cabella 1996)

### Chorus:

**Ap.ni panaah. mein hame rakh.na... } (x2)**  
**Sikhe ham. nek. rah. par chal.na**

Mother, please keep us in Your protection all the time,  
 and with Your guidance may we live a balanced and righteous life.

**Kaam. krodh. lobh., moha matsar } (x2)**  
**Aur ahankar. se, ham.ko bachana**

Please, O Mother, protect us from the six great enemies of mankind (which are):  
 lust (Kaam), anger (krodh), greed (lobh), attachment (moha),  
 hatred (matsar), and ego (ahankara).

**Maya me gir ja-un na Mata (x2)**

Mother, please protect us from falling into Maya (illusion),

**Ananya bhakti de, Sahaji banana... Oh Oh**

And kindly grant us the Ananya Bhakti (in our devotion, may we see You  
 in all our thoughts and actions, and be guided by You).  
 And please make us Sahaja instruments.

**Ap.ni nigah. me hame rakh.na....**

Please keep us within Your Divine Attention and Protection.

**Ap.ni panaah. mein hame rakh.na**

**Shama-van. koyi, tujh. sa nahi Ma } (x2)**  
**He Parameshwari, He Shubhakari**

There's no one greater than You, O Goddess, in forgiving us.  
 Glory to You who is the Greatest Goddess (Parameshwari),  
 and who is the embodiment of beneficence (Shubhakari) for all Her devotees.

**Nya-n. kar.ma, Bhakti de Devi (x2)**

O Goddess, please give us pure knowledge, righteous deeds and devotion

**Ma char.no Ak-shay. pad. dena... Oh-Oh**

O Devi, please grant us an eternal place at Your Lotus Feet.

**Karuna ki chav. me hame rakh.na**

Please keep us in the cooling shade of your compassion.

**Ap.ni panaah. mein hame rakh.na**

## HE NIRMALA MA (*'Music of Joy 1'; &'Mauli 2'*)

### Chorus:

**He Nirmala Ma, He Nirmala Ma**

O Nirmala Ma,

**Tera pyar. moksha ka Anand. hai Ma**

Your unbounded love is the bliss of complete fulfilment of moksha.

**Tu swar ki Devi, Ye sangeet. tujh. se**

You are the Goddess of music, and this song,

**Har shabd. tera hai Har. geet. tujh. se**

all its words and the tune, comes from You.

**Ham paar Sahaj. me, teri krupa se**

Only with Your compassion we become paar in Sahaj.

**Nirmala Vidya ka vardan. de ma**

Please grant us the boon of Shri Nirmala Vidya.

} (x2)

**Devo ne sam.jhi, Muniyo ne jani**

Devas and great sages understand the language

**Chaitan ki bhasha, Purano ki vani**

of vibrations and the great prophesies of the Puranas.

**Sadhak. ye sam.jhe, Manav ye jane**

May the seekers of Truth understand, may humanity realise

**Ye Anamol. ghadiya, ye Avatar. tera**

these precious moments and Your great incarnation.

} (x2)

**Tu Adi Shakti, Sahasrar viraji**

You are the Adi Shakti seated on the cosmic Sahasrara

**Chaitan lutati, Saty.yuga jagati**

showering Chaitanya and heralding the beginning of Satya Yuga.

**Vishwa ki Janani, tu Mahadevi**

You are the Mother of the universe and you are the Mahadevi.

**Tere Putra banne ki Patrata de Ma**

Mother please grant us all the qualities and virtues

by which we can be Your children in reality.

} (x2)

## PREMSE BOLO

### Chorus:

Mataji Mataji Ye Hai, Sukh-Dukh Dayhi Nam (x2)

Premse Bolo Jai Mataji (x2)

Dilse Bolo Jai Mataji (x2)

Jorse Bolo Jai Mataji (x2)

Ban.De Hai Jo Bigade Kam

Ye Sansar. Hai Dukhka Sagar

Sab.Ko Ye Kar.Na He Paar

Mataji Ke Nam. Mantra Se (x2)

Sab.Ko Miljata Adha

Kali Yuga Me Avah He Dekho

Adi Shakti Avatar

Yehi Thirth Hai

Yeh Mandire Hai

Yehi Hai Charo Dham

Bula Rahi Kundalini Tuo Bhulja Dukh There (x2)

Andhakhar Me Atmaghyanka Diya Tej.Karle (x2)

Mataji Ke Rup. Me Aye (x2)

Mahomad. Jesus. Aur Ram (x2)

Mataji Mataji Ye Hai, Sukh-Dukh Dayhi Nam (x6 to finish)

## PURVA-ISE

(Nirmal Sangeet Sarita - 'Glow of Love')

### Chorus:

Purva-Ise Sugandh. Chali } (x2)  
Maheki Maheki Ye Mand. Chali }

Prakruti Ko Mukti Me, Nahelate Chali (x2)

Jaise Shab. Nam Dhoy Hriday. Ki Kali

Ham Mukta Khade } (x2)  
Cheh.tan. Path. Per (x2) }

Niranand. Me Hai

Vileen. Tat. Per (x2) } (x2)  
Hai Tar. Chidi Ganjan. Faili (x2)

Nir.mal. Ma Ki Kripa Hui

Nishank. Hue  
 Han Chet. Gaye (x2) } (x2)  
 Sam. Pan. Se  
 Unnat. Hai Bhaye (x2)  
 Ahankar. Ki Ik. Bhi Na Chali (x2)  
 Nir.mal. Ma Ki Kripa Hui

Na Piche Ki Ham.Ko  
 Sudh. Hi Rahi (x2) } (x2)  
 Na Aagay Ki Ko-i  
 Khoj. Rahi (x2)  
 Murat. Me Prabhu Chabi Dhali (x2)  
 Nir.mal. Ma Ki Kripa Hui

Jo Kal Ke Chale  
 Ab Bhi Hai Chale (x2) } (x2)  
 Cab Pahu Chen Ge  
 Jo Aj. Chale (x2)  
 Na Chal. Ke Bhi Manzil. Pa Li (x2)  
 Nir.mal. Ma Ki Kripa Hui

Puran. Se  
 Sampurna Bano (x2) } (x2)  
 Saguna Se  
 Nir.guna Bano (x2)  
 Hai Suksh. Me Anubhuti Pa Li (x2)  
 Nir.mal. Ma Ki Kripa Hui

Raj.ni Ke Aachal  
 Se Nik.li Lalati (x2)  
 Amirt. Me Hai  
 Sudha Milati (x2)  
 Tum Badhte Chalo  
 Akshay Aachal. Me (x2)  
 Nir.mal. Ma Hai  
 Tumhe Bulati (x2)  
 Vriksha Hai Ma Tum. Ho Dali (x2)  
 Nir.mal. Ma Ki Kripa Hui

# JAI HE, JAI HE, JAI HE DEVI

(Raga: Shankara - Pune Yuva Shakti)

## **Chorus:**

**Jai He, Jai He, Jai He Devi**

Victory to You O Mother

**Moksh. Pradayini Nirmal. Ma**

Shri Mataji, You are the giver of salvation

**Jai He**

Victory to You, O Mother

} (x2)

**Sarva Mangal. Karini**

O Mother You are the one who makes everything auspicious

**Sahaj. Yoga Pradayini**

O Mother You are the giver of Sahaja Yoga

**Sarva Manav. Vasini**

O Mother You are the one who resides in every human being

**Sakshatkar. Pradayini**

O Mother You are the giver of Self Realisation

**Prasanna Vadana, Divya Tejasa**

O Mother You are the glorious face of divine illuminance

**Mahan Mangala Nirmal. Ma**

You shower great auspiciousness Shri Nirmala Ma

} (x2)

} (x2)

**Sarva Vyadhi Nivarini**

O Mother You are the remover of all problems

**Sarva Manav. Tarini**

O Mother You are the One who grants emancipation to all human beings

**Sarva Rakshasa Mardini**

O Mother You are the Destroyer of all negativity (Rakshasas)

**Sarva Dev.Ta Dharini**

O Mother You are the embodiment of all the Deities

**Vishwakarini, Vishwadharini**

O Mother You are the one who creates and sustains the entire Universe

**Vishwarakshini Nirmal. Ma**

You are the protector of the Universe, Shri Nirmala Ma

} (x2)

} (x2)

**Sadashiv. Hridaye Swamini**

O Mother, You are the Ruler of the heart of Shri Sadashiva

**Sadashiv. Hridaye Dharini**

O Mother, You are the heart of Shri Sadashiva

**Sarva Swarupa Sar.Veshi**

O Mother, You are all the forms and omnipresent

**Sarva Mantra Swarupini**

O Mother, You are in the form of all Mantras

**Sarv.Vyapini Sarva Sakshini**

O Mother, You are the all encompassing witness

**Sarva Shasini Nirmal. Ma**

The Divine Ruler, Shri Nirmala Ma

} (x2)

} (x2)

**Putra Vatsala Kalyani**

O benevolent Mother, You love all Your children

} (x2)

**Maha Patak. Nashini**

O Mother, You are the Destroyer of even the greatest of sins

**Yoga Kshema Vivardhini**

O Mother, You are the Giver of Yoga and well being

} (x2)

**Niranand. Pradayini**

O Mother, You are the Giver of eternal joy

**Maharupa Mahapujya**

O Mother, You are the All pervading Divine being, one who is worshipped by everyone

**Adimata Nirmal. Ma**

Eternal Mother, Shri Nirmala Ma

**Jai Mahalakshmi Nirmal. Ma, Jai Mahakali Nirmal. Ma (x2)**

Victory to our Immaculate Mother, who is Shri Mahalakshmi and Shri Mahakali

**Jai Mahasaraswati Nirmal. Ma Adhya Shakti Nirmal. Ma (x2)**

Victory to our Immaculate Mother, who is Shri Mahasaraswati

And who is the Primordial energy who created everything



**NAMAN. KARE BARAMBAR SHRI MATAJI***(Raga: Durga - Dr Mathur - Delhi Yuva Shakti)***Chorus:****Naman. Kare Barambar Shri Mataji**

We bow to you Shri Mataji again and again

**Gaye Mil. Jayjaykar Shri Mataji**

We all sing your glory together

} (x2)

**Sagar. De Woh Anand. Hilore**

The ocean ripples with Joy

**Bahat. Sugandh. Bayar Shri Mataji**

The fragrant breeze is flowing, O Mother

**Bhumi Devi De Pushpa Prem. Se**

Mother Earth is giving the flowers with love

**Swagat. Hehu Nyochhar Shri Mataji**

They are being offered in the welcome of Shri Mataji

**Chaudishi Gunjat. Mangal. Shehnai**

All directions echo with the auspicious sound of the Shehnai

**Ambar. Gulalan Phag Shri Mataji**

The sky is full of joyful colours (like in Holi), Shri Mataji

**Anant. Ashish. Se Jholi Bhar.Di**

You have filled us with infinite blessings

**Kripa Param. Apar Shri Mataji**

Shri Mataji your compassion is immense

**Charan. Kamal. Me Ashray Sada**

We always find refuge at Your Lotus Feet

**Jharat. Chaitanya Puhar Shri Mataji**

Showering a spray of vibrations, Shri Mataji

**Bali Bali Jawat. Sakal. Sahaj. Jana**

All the Sahaja Yogis are overjoyed

**Dhanya Dhanya Ham.Re Bhag Shri Mataji**

How blessed and fortunate we are, Shri Mataji

**At.Ke Bhat.Ke Janako Tare**

To all the lost people, You grant salvation

**Diyo Ad.Bhut. Adhikar Shri Mataji**

You have given us this extraordinary power (to give realisation), Shri Mataji

**Shraddha Bhakti Badhe Nirantar.**

O Mother, our faith and devotion increase every day

**Badhe Sahaj. Parivar Shri Mataji**

And so does the family of Sahaja Yoga, Shri Mataji

**Saba Jag. Ho Jaye Par. Shri Mataji**

May the whole world get its realisation

**Gad. Gad. Sab. Bali Har Shri Mataji**

With overjoyed hearts, we totally dedicate ourselves to You, Shri Mataji

# JAY JAY JAY SHRI NIRMAL. MA

(Delhi Yuva Shakti)

## **Chorus:**

**Jay Jay Jay Shri Nirmal. Ma**

Hail to Shri Nirmala Ma

**Leeladhar. Shri Nirmal. Ma**

The Illusive Shri Nirmala Ma

} (x2)

**Shant. Sagar. In. Charano Me**

There is an ocean of Peace in Your Lotus Feet

**Shar.Na Gati De Nirmal. Ma**

Please give me protection Shri Nirmala Ma

**Jay Jay Jay...**

Hail.....

(x2)

**He Sarwavyapk Anand. Sagar.**

O Omnipresent ocean of Joy

**Prem. Bhav. De Nirmal. Ma**

Please give me the feeling of Love Shri Nirmala Ma

**Sakshi Swarup. De Nirmal. Ma**

Please make me a witness Shri Nirmala Ma

(x2)

**He Sarvagyan Shanti Sagar.**

O all knowledgeable Ocean of Peace

**Kshama Bhav. De Nirmal. Ma**

Please give me the sense of forgiveness, O Nirmala Ma

**Nirvichar. De Nirmal. Ma**

Please give me thoughtless awareness, O Nirmala Ma

(x2)

**Sarva Swarupa Shakti Sagar.**

O Forms of all forms, Ocean of Power

**Tejasvita De Nirmal. Ma**

Please illuminate my being O Nirmal Ma

**Shar.Nagati De Nirmal. Ma**

Please give me protection O Nirmal Ma

(x2)

**He Param Shant. Karuna Sagar.**

O Immensely Peaceful Ocean of compassion

**Bhakti Bhav. De Nirmal. Ma**

Please give me the sense of Bhakti O Nirmal Ma

**Atma Swarup. De Nirmal. Ma**

Please make me the Spirit, O Nirmal Ma

(x2)

**He Karuna May. Chaitanya Sagar. (x2)**

O Compassionate Ocean of Vibrations

**Dharaye Ham. Nirmal. Ma, Ham.**

**Dharaye Shri Nirmal. Ma**

**Ananya Bhav. De Nirmal. Ma**

Please make me one with You, O Nirmala Ma

## SAHAJA BINA KOI NA UTARA PAR.

(Nirmal Sangeet Sarita - 'Mirror of Sahaj'; 'Anand Lahari')

### **Chorus:**

**Sahaj. Bina Koi Na Utara Par. (x2)**

Without the help of Sahaj, nobody will be able to cross the ocean of Maya and meet the Divine.

**Kyon Ghadiyan Jivan. Ki Khota (x2)**

Why are you wasting precious moments of your life in futile pursuits?

**Mat. Kar. Pag.Le Soch. Vichar. (x2)**

Oh madman, do not ponder or think any more.

**Nir.mal. Se Tu Kar. Le Pyar.**

**Mataji Se Kar. Le Pyar**

Take your self-realisation, so that you could love Shri Mataji, who is the embodiment of purity.

**Sahaj. Bina Koi Na Utara Par. (x2)**

**Asha Onke Sap.Ne Sajaye**

**Kam. Na Tere Aye (x2)**

**Sundar. Jo Har. Mahel. Banaye**

**Mati Me Mil. Jaye (x2)**

**Sath.Na Kuchh. Bhi Jata Murakh.**

**Yahi Dhara Rahai Jata Murakh.**

**Joda Dhan. Jo Apar.**

You have till now wasted your time dreaming of building castles, oblivious to the fact that all this is of no real worth to you. Whatever you have achieved in the material sense by building ornamental places is again worthless, because all this materialistic wealth will be totally ruined by the passage of time. O fool, you should know that nothing that is materialistic will go with you. Every worldly achievement and all the wealth will compulsorily be left behind when you make the final journey.

**Dur. Hate Gi Sari Chinta**

**Dhiraj. Man. Me Dhar.Le (x2)**

**Dekar. Dori Hath. Shri Make**

**Tu Ik. Nishchayya Kar.Le (x2)**

**Pap. Nivareng Sab. Tere**

**Kaj. Savareng Sab. Tere**

**Pyari Nirmal. Ma**

All your worries will wither away if you become a patient seeker of God. To be so you should totally surrender by handing over the string of your life to the Holy Mother, and become resolute and firm in your surrender. In Her benevolence and compassion, She will redeem you from all your sins and will also glorify you and your work.

## VISHWA NIRMALA DHARM

(Tune of 'Ragupati Raghav. Raj. Ram')

### Adi Shakti Sat Guru Mata Mahan

The Supreme Mother Is The Primordial Energy which Is The True Guru

### Dharam Dayini Nirmala Ma

The immaculate Mother Is The Source Of All Religion

### Vishwa Dharm Jai Nirmala Dharm

Victory To The Immaculate Religion, the Universal Religion.

### Vishwa Nirmala Dharm Mahan

Vishwa Nirmala Dharm Is Supreme.

### Nirmala Devi Hai Mahan-Nam

Nirmala Devi Is The Supreme Mantra Of This Religion

### Sab.Ko Sahaj Yoga De Bhag.Van

Sahaja Yoga Has Come As A Blessing From God.

} (x2)

} (x2)

## JAI RADHA MADHAV.

(Jagjit & Chittra Singh - 'Krishna Bhajans'; 'Mauli 2')

### **Chorus:**

### Jai Radha Madhav.

Hail to Shri Madhav.

Who is the beloved of shri Radha

### Jai Kunj. Bi Hari

Hail to the one who plays His Leela in the garden

} (x3)

### Jai Gopi Jana Vallabha

Hail to the one who is the beloved

of all the gopas and gopis

### Jai Gir.Var. Dhari

Hail to the one who is holding up the mountain on his finger

} (x3)

### Yeshoda Nandan. Braja Jan. Ranjan. (x8)

Son of Yeshoda, Divine Entertainer of the people of Braj village

### Yamuna Tir. Van. Chari

You are the one who roams in the forest near the shores of the river Yamuna



*You must yourself create the music, that's the point. Jazz that is created by others cannot come up to the point. But you can create the jazz yourself, yourself a symphony. You can create it. Why not?*

**Australia - Perth - 28<sup>th</sup> February - 1985**



## KRISHNA JINKA NAM. HAI

(Jagjit & Chitra Singh - 'Krishna Bhajans'; 'Anand Lahari')

### **Chorus:**

**Krishna Jinka Nam. Hai**

The One whose name is Krishna

**Gokul. Jinka Dham. Hai**

The One whose abode is Gokul

**Aise Shri Bhag. Van. Ko (x2)**

To such a Lord

**Varamvar. Pranam. Hai (x2)**

We bow to thee, again and again

**Yeshoda Jinki Maiya Hai**

The One whose mother Is Yashoda

**Nand. Ji Bapaya Hai**

And Nand Is the father

**Aise Shri Gopal. Ko (x2)**

To such Gopal (the protector of the cows)

**Varamvar. Pranam. Hai (x2)**

We bow to thee, again and again

**Lut. Lut. Kaji Makhan. Khayo**

The one who naughtily steals the butter to feast upon

**Bal. Bal. Sang Dhenu Charayo**

Who, along with little children, takes the cows for grazing

**Aise Leela Dham. Ko (x2)**

To such a creator of the Great Play

**Varamvar. Pranam. Hai (x2)**

We bow to thee, again and again

**Drupad. Suta Ko Laj. Bachayo**

The One who protected the dignity of Draupadi

**Rahase Gajako Phanda Churayo**

He rescued an elephant on the way

**Aise Kripa Dham. Ko (x2)**

To such benevolent Lord

**Varamvar. Pranam. Hai (x2)**

We bow to thee, again and again

# JAI AMBE KUNDALINI MA

(Ragas Marva & Purya Danashri - Nirmal Sangeet Sarita - 'Mirror of Sahaj')

## **Chorus:**

**Jai Ambe Kundalini Ma (x2)**

**Sun. Le Ganesha Pukaar. (x2)**

Oh glorified Goddess Ambe. Oh Mother of primordial energy,  
Please listen to the beckoning call of Shri Ganesha on your doorstep.

**Patit. Udharan. Shakti Thihari (x2)**

**Honge Hum Sab. Paar.**

Uplifting the downtrodden is only within your Divine powers  
Through which we all will achieve self-realisation.

**Adimaya Adi Shakti Tu } (x2)**  
**Sab. Chakro Ke Chakra Varti Tu }**

Oh primordial Maya, Oh Primordial energy,  
You are the Master and the Majestic Queen of all the Chakras.

**Mamata Ki Hai Murat. Tu Ma (x2)**

**Daya Prem. Apaar.**

You are also the embodiment of motherly love,  
Compassion and pure vibrations.

**Ma Bhavani Bhav. Bhaya Harini } (x2)**  
**He Aparna Asura Mardini }**

O Mother Bhavani, the redeemer of fear, You are like a lotus,  
And yet You are the destroyer of all negativity which is like a demon.

**Chala Bhavar. Me Tere Sahare (x2)**

**Ab Tu Par. Utaar.**

Surrendering myself to your Supreme power, I am getting into the whirlpool of Maya,  
From which You alone can redeem me, and take me safely to the other shore.

**Mangal. May. Var. Dayini Tu Hai } (x2)**  
**Bhakta Vatsal. Kripasindhu Hai }**

You are auspiciousness personified and the bestower of blessings, grantor of wishes,  
You have the Motherly benevolence and attention on Your devotee and You are the River of mercy.

**Chaitanya Se Tere Jagrut. Hoke (x2)**

**Hoga Sab. Ka Udhaar.**

Because of your vibrant vibrations, we are all awakened out of our dormancy and are lit within,  
Which salvation has redeemed us from all our negativity.

**QAWWALI***(Mausi — Shri Mataji's sister - Guru Puja 1991)*

Pyar. Ka Daria Hai Yaha (x2)

Rahaman Ka Rahanuma Hai Yaha (x2)

Pyar. Ka Daria Hai Yaha

Pyar. Ka Daria Hai Yaha

Rahaman Ka Rahanuma Hai Yaha

Bhatake Rahi Ki Manzil Hai Yaha (x2)

Bhatake Rahi Ki...

Bhatake Rahi Ki Manzil Hai Yaha

Aise Ma Ka Darbar Hai Yaha (x2)

Aise Ma Ka...

Aise Ma Ka Darbar Hai Yaha

Yahan Sahaj. Ki Maifil Jami (x3)

Jab. Kundalini Jag. Uthi (x2)

Jab. Kundalini Jag. Uthi (x2)

Yahan Sahaj. Ki Maifil Jami (x2)

Jab. Kundalini...

Kundalini...

Jab. Kundalini Jag. Uthi (x2)

Yahan Sahaj. Ki Maifil Jami (x2)

Kabhie Gafalat. Mein Soye The Hum (x2)

Kabhie Gafalat. Mein (Ma Pa Dha Ni Sa,

Ma Pa Dha Ni Sa, Ma Pa Dha Ni)

Gafalat. Mein Soye The Hum

Kabhie Gafalat. Mein Soye The Hum

Soye The Hum

Jab. Sahaj. Ka Danka Baja (x2)

Jab. Sahaj. Ka Danka Baja... (Solo)

Jab. Sahaj. Ka Danka Baja... (Chorus follows)

Jo Aya So Par. Hua (x2)

Jo Aya So Par. Hua (x2)

Yahan Sahaj. Ki Maifil Jami (x2)

Jab. Kundalini Jag. Uthi (x2)

Yahan Sahaj. Ki Maifil Jami (x2)

Nasha Hume Tha Jab. Khudgarajika (x2)  
Na Chain. Tha Na Manaka Meet. Tha  
Na Chain. Tha...

Kaliyug. Ke Ik. Masihane (x2)  
Masiha...

Kaliyug. Ke Ik. Masihane

Jab. Dil. Ka Saj. Chheda (x2)  
Saj. Chheda (x2)

Tab. Dil Ka Sukun. Paya

Tab. Dil Ka Sukun. Paya (x2)

Jo Aya So Par. Hua (x2)

Jo Aya So Par. Hua (x2)

Yahan Sahaj. Ki Maifil Jami (x2)

Jab. Kundalini Jag. Uthi

Jab. Kundalini Jag. Uthi

Yahan Sahaj. Ki Maifil Jami (x2)

Kabhie Mandir Me Jate The Hum (x2)

Kabhie Mandir Me Jate The Hum (x2)

Kabhie Mandir Me Jate...

Masjid Me Jate The Hum

Kabhie Masjid Me Jate The Hum

Kabhie Girje Me Gate The Hum (x2)

Gate The Hum

Sabhie Sahaj Mein Ek. Hua (x2)

Jo Aya So Par. Hua (x2)

Jo Aya So Par. Hua

Yahan Sahaj. Ki Maifil Jami (x2)

Jab. Kundalini Jag. Uthi (x2)

Jab. Kundalini Jag. Uthi

Yahan Sahaj. Ki Maifil Jami (x2)

Vedon Se Kya Pana Hai Jab. (x2)

Upanishadon Ka Sar. Mile Jab. (x2)

Ek. Sadvipra Bahudha Vadati (x2)

Isi Prashnaka Jawab. Nirmal. (x2)

Mahavira Siddhartha Ke Pravachan. (x2)

Dnyanraj Aur. Kabir. Nanak. (x2)

Sabhie Panthoka Samyak. Darshan. (x2)

**Samyak. Darshan.**

**Sabhie Panthoka Samyak. Darshan.**

**Samyak. Darshan. (x2)**

**Shri Ma Ke Deedar Me Paya**

**Shri Ma Ke Deedar Me Paya...**

**Shri Ma Ke Deedar Me Paya...**

**Jo Aya So Par. Hua**

**Jo Aya So Par. Hua**

**Yahan Sahaj. Ki Maifil Jami (x2)**

**Jab Kundalini Jag. Uthi**

**Jab Kundalini Jag. Uthi**

**Yahan Sahaj. Ki Maifil Jami (x2)**

**Ab Bida Lenese Pahale (x2)**

**Ab Bida Lenese (x2)**

**Ab Bida Lenese Pahale**

**Kuchha Araj. Karate Hai (x2)**

**Ab Bida Lenese Pahale (x2)**

**Ab Bida Lenese Pahale**

**Kuchha Araj. Karate Hai (x2)**

**Mabud. Ke Is. Milap. Mein (x2)**

**Guru Nirmal. Ki Ibadat. Mein (x2)**

**Ashish. Milien, Ashish. Milien (x2)**

**Ashish. Milien, Ashish. Milien (x2)**

**Tabhie Naiyya Sahil. Pahunche... (Solo)**

**TAbhie Naiyya Sahil. Pahunche... (Chorus follows)**

**Jo Aye So Par. Huye (x2)**

**Jo Aye So Par. Huye (x2)**

**Yahan Sahaj. Ki Maifil Jami (x2)**

**Jab. Kundalini Jag.Uthi (x4)**

**Jab. Kundalini...**

**Jab. Kundalini Jag.Uthi (x2)**

**Yahan Sahaj. Ki Maifil Jami (x2)**

**Jab. Kundalini Jag.Uthi (x2)**

**Jab. Kundalini Jag.Uthi (x2)**

**Yahan Sahaj. Ki Maifil Jami (x2)**

**Yahan Sahaj. Ki (x2)**

**Yahan Sahaj. Ki Maifil Jami**

## TERA DAR.SHANA CHAHATE HAI

(Noida - 'Nirmal Darbar 3')

### **Chorus:**

Tera Dar.Shana Chahate Hai } (x4)  
 O Nir.mal. Meri Ma }  
 He Jaga Janani Sankat. Harani } (x2)  
 Dar.Shana De Ik.Bar }  
 Tera Dar.Shana Chahate Hai } (x4)  
 O Nir.mal. Meri Ma }

Har. Dar. Pe Jaakar. Dekha (Ha Dekha, Ha Dekha)  
 Ghanti Baja Baja Kar. Dekha (Ha Dekha, Ha Dekha)  
 Chit. Naha Naha Kar. Dekha (Ha Dekha, Ha Dekha)  
 Sabkuch Luta Luta Ka. Dekha (Ha Dekha, Ha Dekha)  
 Kahibhi Man. Ko Chain. Mihe Na  
 Manka Kamal. Hi Bhi Khile Na  
 Sach Hai Tera Dar.Bar

Kundalini Jagrut. Kar.Do (Ha Kar.Do, Ha Kar.Do)  
 Man Ko Ander.Ja Milado (Milado, Milado)  
 Kundalini Jagrut. Kar.Do  
 Man Ke Ander. Jyot. Jalado  
 Khola Ter. Sahastrar

Man Se Andakar. Mitado (Mitado, Mitado) } (x2)  
 Hamko Sachchi Raha Dikhado (Dikhado, Dikhado) }  
 Sach Hai Tera Dar. Bar

Is. Jag.Ne Mujh.Ko Roka (Ha Roka, Ha Roka) } (x2)  
 Tere Sharan. Me Ma Rukungga (Rukungga, Rukungga) }  
 Tere Se Beda Par



## **BRIJ. SE AYI - Holi Song**

*(Nirmal Sangeet Sarita - 'Mirror of Sahaj')*

### **Chorus:**

**Brij. Se Ayi Masti Me (x2)**

**Sahaji Ki Ye Toli (x2)**

The poet imagines that a group of Sahejis have come from the abode of Lord Krishna (i.e. Brij) in full force and in total abandonment and jubilation

**Krishna Rup. Me Maiya Se**

**Kanaihya Ke Rup. Me, Maiya Se**

**Khelane Rangin. Holi (x2)**

In the guise and rupa of Krishna they have come to play a very colourful and joyous Holi with the Holy Mother

**Abhir. Gulal. Kya Lal. Mila (x2)**

**Rango Se Bhari Hai Jholi (x2)**

The Sahejis have brought with them a bag full of auspicious colours to brighten the colourful festival.

**Dhol. Manjire Pe Jhum.Kar (x2)**

**Gopiya Bajaye Tali (x2)**

The swinging and dancing female playmates (gopis/devotees) clap on the pulsating rhythm of the Indian drums

**Pyari. Dular. Hai Rang. Ma Ka (x2)**

**Hai Pyari Pyari Bholi (x2)**

Love and doting and over caring are some of the colours which She plays Holi with the Sahaja Yogis and accepts their devotions towards Her by speaking to them in a very sweet and gentle manner

**Dahni Rang. Ka Ghagara Hai (x2)**

**Hare Rang. Ki Choli (x2)**

While playing such Holi, She is wearing a very ornate and beautiful petticoat of light green shade and matching colourful blouse thus making the occasion very festive and colourful

**Lalo Ko Tere De De Ma (x2)**

**Teri Amar. Ye Lali (x2)**

Please give to Your children, O Holy Mother, the immortal radiance of vitality and energy which is ever transmitting from Your Divine being.

**Lage Ho Lalum.Lalum. Lal (x2)**

**Holi Ho Ya Diwali (x2)**

So eventually Your children become eternally radiant and vibrant and be reflections of Your colourful Divine personality, be it Holi or Diwali.

**AYI SINGHA PE SAWAR. MAIYA***('Music of Joy II')***Chorus:****Ayi Singha Pe Sawar. Maiya Odhe Chunari (x4)****Odhe Chunari O Maiya, Odhe Chunari (x2)****Ayi Singha Pe Sawar. Maiya Odhe Chunari (x4)**

Behold the mother riding the lion and adorned with the chunari (scarf)

**Adishakti Hai Mata Bhavani Jai Dur. Ge Mahakali (x2)**

O Mother, Adi Shakti, Bhavani, Shir Durga and Shri Mahakali, Praise be to You.

**Bade Bade Rakshas Samhari Ranchan Di Mat.wali (x2)**O Mother, You who strike terror in the battlefield,  
have destroyed the most powerful rakshasas.**Karde Bhakto Ka Udhar. Maiya Odhe Chunari (x4)**

Please redeem Your devotees (bhaktas).

**Mahishasur.sa Maha Bali Devon Ko Khub. Sataya (x2)**

Mahishasura, the most evil raksha, tormented even the Devas

**Cheen Liya Indrasan Aur. Devon Ko Mar. Bhagaya (x2)**

He managed to wrest the throne of Indra, and the Devas had to retreat

**Kari Devone Pukar. Maiya Raksha Tu Kari (x4)**

In one voice, the heartfelt appeal of the Devas reached the Goddess.

**Durga Ka Avatar. Liya Zat Mahishasura Samhari (x2)**

In that instant, the Goddess took the form of Shri Durga, and vanquished Mahishasura

**Dur. Kiya Devon Ka Sankat. Leela Teri Nyari (x2)**O Mother, amazing is Your leela (play),  
that You have freed the Devas from their worries**Kiya Devon Ka Udhar. Maiya Odhe Chunari (x4)**O Mother, the One adorned with the chunari (scarf),  
You have truly redeemed the Devas.**Nirmal. Mata Mata Bhavani Adi Shakti Shri Kundalini (x2)**

O Immaculate Mother, Shri Bhavani, Shri Adi Shakti, Shri Kundalini

**Jag.-Andhakar Mitanewali Jot. Jagane Wali (x2)**

You are the one who removes darkness of the entire universe through enlightenment

**Man. Me Jyoti Jagane Wali**

By enlightening the mind

**Tere Charano Me Aya Maiya Moksha Pane Ko (x4)**

We have assembled at Your Lotus Feet to receive the blessings of eternal liberation (moksha).

# Laughing Song

When the green woods laugh with the voice of joy  
And the dimpling stream runs laughing by,  
When the air does laugh with our merry wit,  
And the green hill laughs with the noise of it.

When the meadows laugh with lively green  
And the grasshopper laughs in the merry scene,  
When Mary and Susan and Emily,  
With their sweet round mouths sing Ha, Ha, He.

When the painted birds laugh in the shade  
Where our table with cherries and nuts is spread  
Come live & be merry and join with me,  
To sing the sweet chorus of Ha, Ha, He.

**William Blake.** *Songs of Innocence*



## Laughing Song

When the green woods laugh with the voice of joy  
 And the dappling stream runs laughing by,  
 When the air does laugh with our merry wit,  
 And the green hill laughs with the noise of it.

When the meadows laugh with lively green  
 And the grasshopper laughs in the merry scene,  
 When Mary and Susan and Emily,  
 With their sweet round mouths sing Ha Ha He.

When the painted birds laugh in the shade  
 Where our table with cherries and nuts is spread,  
 Come live & be merry and join with me,  
 To sing the sweet chorus of Ha Ha He.

**SAHAJ. KI DHARAOUN KA** (Sanjay Talwar - 'Sahaj Sadhana')**Chorus:****Sahaj. Ki Dharaoun Ka Hum****Amrit. Pite Hai (x2)**

We drink the nectar of the flowing vibrations of Sahaj.

**Jai Shri Devi, Jai Shri Mata****Keh.-Keh. Kar. Hum. Jite Hai**

} (x2)

In every breath we say: Jai Shri Devi! Jai Shri Mataji!

**Akash Se Aao Ya Dharti Se****Hame Uthaati Ho (x2)**

Come from the Heaven or the earth, O Devi! You have certainly lifted us.

**Hriday Me Baith Mahadevi**

Having entered our hearts, O Mahadevi!

**Mahalakshmi Keh.Lati Ho (x2)**

That's how we have known you, O Mahalaxmi!

**Chaitanya Ki Bar.Kha Ko (x2)****Jaise Ham Pite Hai (x2)**

We stand honoured in the shower of your vibrations.

**Jai Shri Devi, Jai Shri Mata, Keh.-Keh. Kar. Ham Jite Hai (x2)**

In every breath we say: Jai Shri Devi! Jai Shri Mataji!

**Jai Shiva, Jai Shiva, Ga Rahe****Ye Hriday Ka Kaval Saja Rahe**

} (x2)

As we chant: Jai Shiva! Jai Shiva! The lotuses of our hearts are adorned.

**Atma Bodh. Hi, Shiv Ka Man. Hai**

"Self-realisation marks the true recognition of Lord Shiva.

**At.Ma Hai Ham, Ye Atma Gyan. Hai**

} (x2)

"We are the spirit" is the true knowledge of the spirit.

**At.Ma Me Dosh. Kabhie Ma Rahe**

"The spirit is totally devoid of any guilt".

**Neel. Kanth. Swar Madhur Ga Rahe**

Thus sings Lord Shiva, the Neelkantha, in sweet melodies.

**Shankar Mahadevi Ga Rahe**

And as Lord Shankara, the Mahadeva sings,

**Ye Hriday Ka Kaval Saja Rahe**

The lotuses of our hearts are adorned

**(Chorus)****Yogi Jan.To Par. Hue**

Now, with the saints being realized,

**Jag. Ko Ma Ab. Par. Karo (x2)**

Oh Mother! We pray for the emancipation of the whole world.

**Kaliyug. Me Rah.Te Sare**

May all living beings of this Kaliyuga,

**Sab. Ke Av.Gun. Maf.Karo (x2)**

Be forgiven for their ignorant misdeeds.

**Charano Ka Ashray Lekar (x2)**

Under the protection of your Divine feet,

**Ansoo Nahin Pite Hai (x2)**

We no longer take refuge behind tears.

**Jai Shri Devi, Jai Shri Mata, Keh.-Keh. Kar.Ham Jite Hai (x2)**

**Jai Shiva, Jai Shiva, Ga Rahe**  
**Ye Hriday Ka Kaval Saja Rahe** } (x2)  
**Shri Mataji Swayam, Devi Rup. Me**  
**Kaiee Bar. Janm. Le, Rakshatm. Rah. De** } (x2)

The Devi Herself, having come in the form of Shri Mataji, has taken many births, to show us the protective of ascent.

**Tandav. Nritya Kar Bata Rahe**  
**Jo Dusht. He, Unhe Swade Mita Rahe** (Thunder)

Lord Shiva, in his dance (tandav nritya) has shown the destruction of evil forces (a pointer towards introspection).

**Bholenath. Banke Vish Pi Rahe**  
**Aur. Ganga Him Ki Baha Rahe**

Lord Shiva, the bholenath (the innocent one), drinks the veil poison (of negativity). Yet from him emerges the flow of the Ganga (the divine water of love and compassion).

(Chorus)

**Baso Hriday Me Ma Tum. Ab.**  
**Akshay Pad. Ka Dan. Karo** (x2)

Reside in our hearts, Oh Mother! Grant us the "akshay" state (when our powers are so activated that our mere presence brings auspiciousness).

**Nanhe Hatho Se Mange**  
**Sthitya Pragya Var.Dan. Karo** (x2)

With our little hands spread out, we seek the state of absolute zero.

**Sahaj. Yog. Ko Pakar** (x2)  
**Dukh. Dard. Se Rite He** (x2)

Having achieved Sahaj Yoga, we are now beyond grief and sorrow.

**Jai Shri Devi, Jai Shri Mata, Keh.-Keh. Kar. Ham Jite Hai** (x2)

In every breath we say: Jai Shri Devi! Jai Shri Mataji!

**Jai Shiva, Jai Shiva, Ga Rahe**  
**Ye Hriday Ka Kaval Saja Rahe** } (x2)

As we chant: Jai Shiva! Jai Shiva! The lotuses of our hearts are adorned.

**Hriday Me Sat. Chakr. Ke**  
**Jo Bandhan. He**  
**Paridhi He Bana Rahe**  
**Ye Dharm. Dhan. He** } (x2)

The auras of the seven chakras around the hearts, have formed a protective circumference, providing the boundaries of our dharmas (our true wealth).

**Sab.Ke An.Hat. Me Saman Rahe**  
**Shri Parvati Ki Shaktiyan Luta Rahe**

Residing in every anhat (heart chakra) Lord Shiva stands as an embodiment of Shri Parvati's powers.

**Shankar Mahadev. Ga Rahe**  
**Ye Hriday Ka Kaval Saja Rahe**

And as Lord Shankara, The Mahadevi sings, The lotuses of our hearts are adorned.

(Chorus)

## TERI BINDIYA PYARI LAGE MA

(Deepak Verma - 'Nirmal Jyoti')

### **Chorus:**

Teri Bindiya Pyari Lage Ma  
Ise Dekhata Jaoun  
Man. Aur. Kahin Na Jaye Ma  
Is. Dekhata Jaoun

} (x2)

Is. Bindiya Me Brahma Chupa Hai  
Chanda Ki Shitalta Hai  
Gagan Ko Is.Me Dekhun  
Me Taroun Ko Utara Paoun

} (x2)  
} (x2)

Yahan Vahan Nahi Dole Man., Ye  
Bindiya Pe Ja Tikata Hai  
Chaitan Lehero Ki Thandak., Me  
Is. Bindiya Ma Paoun

} (x2)  
} (x2)

Roohani Chamak Ankhon Me Aye  
Man Ko Mere Hai Bhaye  
Sab. Vedon Ka Sar. Katha  
Geeta Ki Is.Me Paoun

} (x2)  
} (x2)



# AYA MATA KA PUJAN DINAYA

(*Music of Joy 2'*)

## **Chorus:**

**Shraddha bhakti nyana karam. sab**

**Ma char.no me rak.do**

Let's all surrender all our Devotion, our Faith, all the Knowledge we have acquired in this lifetime, All our Actions, All our Karmas, and everything else, at the Lotus Feet of Shri Mataji.

**Shiva Shakti rupi Mata Bhavani**

**Tav. char.no me sharan. do**

**Ma tav.char.no me sharan. do (x2)**

O Goddess, in the form of Shri Shiva Shakti and Shri Bhavani, Please grants us a place at Your Lotus Feet unto eternity.

**Aya Mata ka Pujan dinaya** } (x2)  
**Shivaratri ka anand. chaya**

The great and auspicious day to worship our Holy Mother has come And the whole atmosphere is filled with the joy of Shivaratri.

**Maharadni bhakti priya kima heema** } (x2)  
**Sakal Brahmand. gaye**

All the three worlds, all the Gods and Goddesses and Yogis sing the glory of the Great Goddess Who is the Great Empress of this Universe (Maharadni).

**Vishwa Kundalini jagrut. karata** } (x2)  
**Ma Nirmal Kehelaye**

This Great Mahamaya is known as Shri Mataji Nirmala Devi. O Sahaja Yogis, brothers and sisters,

**Nirananda dayini Mukti dayini**

**Ma Nirmal ko sawaro**

On this Puja day, let us decorate our Mother who is the giver of Nirananda (the joy of Sahastrara) And Who also gives us Mukti (the Salvation).

**Ma Trigunatmika, He Mata Ambika**

**Teri jay jay kar. ho, Ma** (x3: 1:Men, 2:Ladies, 3:All)

Glory to You, O Mother, In the form of Trigunatmika and Shri Ambika.

**Adishakti Ma Kal.ki ka Paavan** } (x2)  
**Avatar. kaliyug samhara**

This Holy (Paavan) incarnation of Shri Adi Shakti in the form of Shri Kalki In its compassion, has come to end the Kali Yuga.

**Sahaj. Yog. ki Ma-ta Akula** } (x2)  
**Nav.yug Satyayug jagaye**

The Mother of Sahaja Yoga, Shri Akula, is heralding a new age in the form of Satya Yuga.

**He Nyana dayini Bhakti dayini**

**Ma Nirmal ko sawaro**

On this Puja day, let us decorate our Mother Who gives us the greatest Divine knowledge and the devotion itself.

**He Nitya Mukta Shamatmika**

**He Mahadevi jaya ho** (x3: 1:Men, 2:Ladies; 3:All)

O Mother, in the form of Nitya Mukta (Eternally Free) Shamatmika (the Goddess of Forgiveness) And Shri Maha Devi (the Greatest Goddess) GLORY BE TO YOU!

# DAM DAM DAM DAM DAM.RU BAJE

(108 names of Shri Shiva - Music of Joy)

## **Chorus:**

**Dam dam dam dam dam.ru baje, dam.ru baje**

**Are Bhole nath. Shiva shambhu nache**

**Are Gauri nath. Shiva shambhu nache**

The whole atmosphere is filled with joy when the whole creation is witnessing Shri Shiva dance with the Dam.ru (Shri Shiva's drum) in His hand, and the vibrations resounding in the form of 'Dam dam dam...'

**Ghan ghan ghan ghan ghan ta baje (x2)**

**Adi Ma ko dekh. Kundalini jage**

**Jagan Ma ko dekh. Sahasrara jage**

The devotees of the Goddess Shri Adi Shakti Nirmala Devi are also ecstatic with joy witnessing Shri Shiva dance to His Dam.ru and the Great Goddess offering unending joy and Blessings through Her very pleasing and radiant countenance. The bells in the temple of all Sahaja Yogis hearts are resounding 'Ghan ghan ghan...' in the glory of Shri Shiva Shakti, and while the joy has permeated all the worlds Shri Kundalini Ma (wanting to share the divine experience of Shri Shiva Shakti leela) rises to Sahasrara.

**Dam dam dam dam dam.ru baje, dam.ru baje**

**Are Bhole nath. Shiva shambhu nache**

**Are Gauri nath. Shiva shambhu nache**

**Shri Shiva rupi Ma, Bolo Jai Shri Mataji (Pure)**

**Shri Shankar rupi Ma, Bolo... (Compassionate)**

**Shri Sway-ambu Ma, Bolo... (Born out of Himself)**

**Shri Pashu-pati Ma, Bolo... (Lord and protector of animals)**

**Shri Kshama-Kshetra Ma, Bolo... (Field of forgiveness)**

**Shri Priya-bhakta Ma, Bolo... (Favourite of the devotees)**

**Shri Kama-deva Ma, Bolo... (God of love)**

**Shri Sadhu-sadhya Ma, Bolo... (Achieved easily by the saintly)**

**Shri Hrtpund-dari-kasi-na, (Occupying the lotus of the heart)**

**Shri Jaga-dhitai-sin Ma, Bolo... (Well wisher of the Universe)**

**Shri Vyaghra-komala Ma, Bolo... (Tender to the tiger)**

**Shri Vatsal rupi Ma, Bolo... (Beloved)**

**Shri Deva-sura-guru, Bolo... (Preceptor of the Gods and of the Asuras)**

**Shri Shambhu rupi Ma, Bolo... (Bestower of blessings)**

**Shri Loko-tara-sukha-laya, (Abode of the most excellent happiness)**

**Shri Sarva-saha Ma, Bolo... (Bearer of everything)**

**Shri Svad-hrta Ma, Bolo... (Self supported)**

**Shri Eka-nayaka Ma, Bolo... (Sole Lord)**

**Shri Vat-sala Ma, Bolo... (The darling of the Goddess)**

**Shri Shubada rupi Ma, Bolo... (Bestower of auspiciousness)**

**Shri Sarva-sattva-avalam-bana, (Supporter of all living beings)**

**Shri Savari-pati Ma, Bolo... (Lord of the night)**

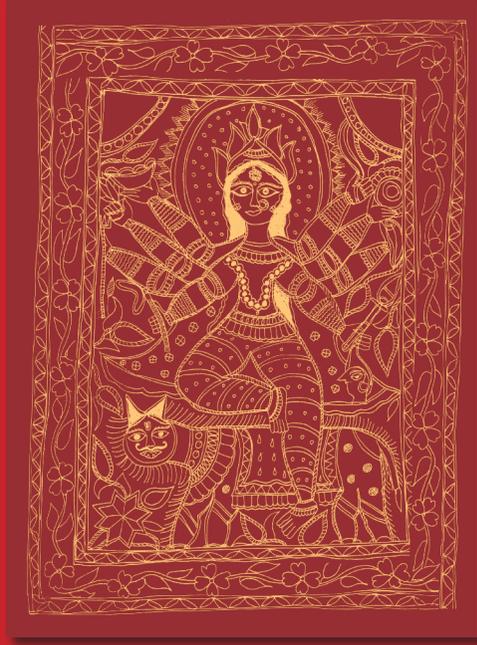
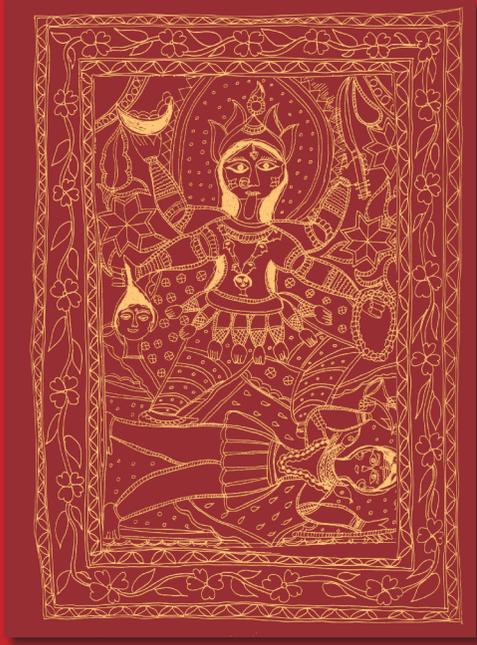
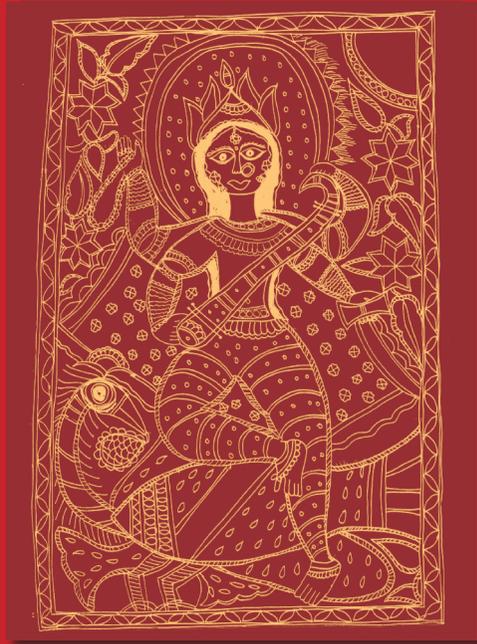
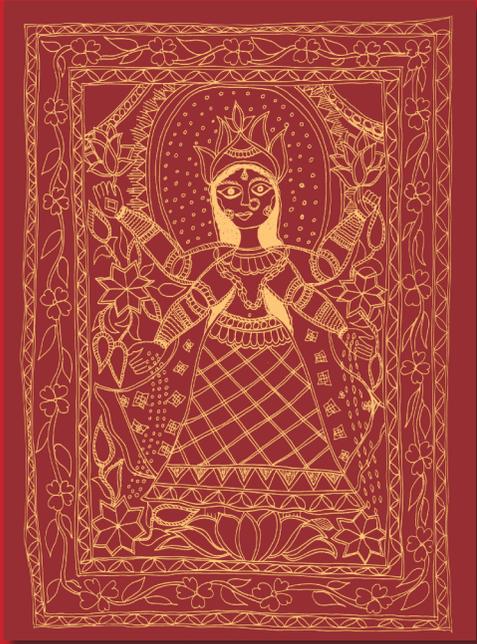
**(Chorus)**

Shri Varada rupi Ma, Bolo... *(Bestower of boons)*  
 Shri Vayu-vahana Ma, Bolo... *(Having the wind of vibrations as vehicle)*  
 Shri Kaman-dalu-dhara, Bolo... *(Holding water-pot)*  
 Shri Nadish-wara Ma, Bolo... *(Lord of the rivers)*  
 Shri Prasad-asva Ma, Bolo.. *(Lord of the wind)*  
 Shri Sukha-nila Ma, Bolo... *(Pleasing wind)*  
 Shri Naga-bhushana Ma, Bolo... *(Having serpents for His ornaments)*  
 Shri Kailash-shikha-vasin, Bolo... *(Residing on the top of Mount Kailash)*  
 Shri Trilo-chana Ma, Bolo... *(Three eyed)*  
 Shri Pinak-pani Ma, Bolo... *(Holding the mighty bow)*  
 Shri Shramana rupi Ma, Bolo... *(Ascetic)*  
 Shri Achel-eshwara Ma, Bolo... *(Lord of the mountain)*  
 Shri Vyaghra-chara-mam-bara, *(Wearing the tiger hide)*  
 Shri Unmat-tesha Ma, Bolo... *(Having the guise of a mad one)*  
 Shri Preta-charin Ma, Bolo... *(Going about surrounded by bhoots)*  
 Shri Hara rupi Ma, Bolo... *(Destroyer)*  
 Shri Rudra rupi Ma, Bolo... *(Fierce)*  
 Shri Bhima-para-krama, Bolo... *(Of terrible exploits)*  
 Shri Natesh-wara Ma, Bolo... *(Lord of the dance)*  
 Shri Nataraj rupi Ma, Bolo... *(King of the dance)*  
 (Chorus)

Shri Ishwar rupi Ma, Bolo... *(The Lord of spiritual reality)*  
 Shri Param-Shiva Ma, Bolo... *(The Great Shri Shiva)*  
 Shri Param-atma Ma, Bolo... *(The Soul of the Cosmos)*  
 Shri Paramesh-wara ma, Bolo... *(The Supreme Lord)*  
 Shri Viresh-wara Ma, Bolo... *(The Lord of heroes)*  
 Shri Sarvesh-wara Ma, Bolo... *(The Lord of All)*  
 Shri Kamesh-wara Ma, Bolo... *(The Lord of Love)*  
 Shri Vishwa-sakshin Ma, Bolo... *(The Witness of the Universe)*  
 Shri Nityan-tara Ma, Bolo... *(Ever dancing)*  
 Shri Sarva-vasa Ma, Bolo... *(Abode of All)*  
 Shri Maha-yogi Ma, Bolo... *(The Great Yogi)*  
 Shri Sada-yogi Ma, Bolo... *(Primordial, Immutable Yogi)*  
 Shri Sada-Shiva Ma, Bolo... *(God the Almighty)*  
 Shri Atma rupi Ma, Bolo... *(The Self)*  
 Shri Ananda rupi Ma, Bolo... *(The Joy)*  
 Shri Chandra-mauli Ma, Bolo... *(With the moon for His crest jewel)*  
 Shri Mahesh-wara Ma, Bolo... *(The Great Lord)*  
 Shri Sudha-pati Ma, Bolo... *(Lord of nectar)*  
 Shri Amrut-apa Ma, Bolo... *(Drinker of nectar)*  
 Shri Amruta-maya Ma, Bolo... *(Full of nectar)*  
 Shri Pranat-atmaka Ma, Bolo... *(Soul of the devotee)*  
 Shri Purush rupi Ma, Bolo... *(Divine spiritual Being)*  
 (Chorus)

Shri Pracchan rupi Ma, Bolo... *(Hidden one)*  
 Shri Sukshma rupi Ma, Bolo... *(Very subtle)*  
 Shri Karni-kara-priya, Bolo... *(Fond of the pericarp of the Lotus)*  
 Shri Kavi rupi Ma, Bolo... *(The poet)*  
 Shri Amogh-adanda Ma, Bolo... *(Of never failing punishment)*  
 Shri Nila-kanta Ma, Bolo... *(With a blue throat)*  
 Shri Jatin rupi Ma, Bolo... *(Having matted hair)*  
 Shri Pushpa-lochan Ma, Bolo... *(Having flowery eyes)*  
 Shri Dhyana-dhara Ma, Bolo... *(The object of meditation)*  
 Shri Brahman-dharta Ma, Bolo... *(The Heart of the Universe)*  
 Shri Kamash-asan Ma, Bolo... *(Chastiser of Manmatha)*  
 Shri Jita-kama Ma, Bolo... *(Conqueror of lust)*  
 Shri Jiten-driya Ma, Bo]o... *(Conqueror of the sense organs)*  
 Shri Atin-driya Ma, Bolo... *(Beyond the scope of the sense organs)*  
 Shri Nakshtra-malin Ma, Bolo... *(Having a garland of stars)*  
 Shri Anad-yanta Ma, Bolo... *(Having neither beginning nor end)*  
 Shri Atma-yoni Ma, Bolo... *(The origin of the Self)*  
 Shri Nabho-yoni Ma, Bolo... *(The origin of the firmament)*  
 Shri Karuna-sagara Ma, Bolo... *(Ocean of mercy)*  
 Shri Shulin rupi Ma, Bolo... *(Owner of the trident)*  
 Shri Mahesh-vasa Ma, Bolo... *(Having a great bow)*  
 Shri Nishkal-anka Ma, Bolo... *(Spotless)*  
 (Chorus)

Shri Nitya-sundara Ma, Bolo... *(Ever beautiful)*  
 Shri Ardha-nara-narish-wara, *(Whose other half is Shri Parvati)*  
 Shri Uma-pati Ma, Bolo... *(The Lord of the Mother)*  
 Shri Ra-sada Ma, Bolo... *(The bestower of sweetness)*  
 Shri Ugra rupi Ma, Bolo... *(Frightful)*  
 Shri Maha-kala Ma, Bolo... *(The Great destroyer)*  
 Shri Kala-kala Ma, Bolo... *(The destroyer of death)*  
 Shri Vyagra-dhurya Ma, Bolo.. *(The Leader of the nature of the tiger)*  
 Shri Shatru-prama-thin, Bolo... *(The suppressor of enemies)*  
 Shri Sarva-charya Ma, Bolo... *(Preceptor of all)*  
 Shri Sama rupi Ma, Bolo... *(Equanimous)*  
 Shri Atma-prasanna Ma, Bolo... *(Contented Soul)*  
 Shri Nara-naray-ana-priya, *(Fond of Nara and Narayana: Shri Shesha and Shri Vishnu)*  
 Shri Ra-sagnya rupi, Bolo.. *(The knower of the taste)*  
 Shri Bhakti-kaya Ma, Bolo... *(Whose body is devotion)*  
 Shri Loka-vira-grani, Bolo... *(The leader of the heroes of the world)*  
 Shri Chiran-tara Ma, Bolo... *(Eternal life)*  
 Shri Vishwam-baresh-wara, Bolo... *(Lord of the Earth)*  
 Shri Navat-mana Ma, Bolo... *(Born again soul)*  
 Shri Nava-Je-rusa-lemesh-wara, *(Lord of the New Jerusalem)*  
 Shri Adi Nirmal-atma, Bolo... *(The Primordial Self of Shri Mataji)*  
 Shri Sahaja Yogi-priya, Bolo... *(Fond of Sahaja Yogis)* (Chorus)



## SHIVA BHOLA BHANDARI,

(Raga Shankara)

(This is a bhajan praising the innocence of Shri Shiva, which is why he is often referred to as 'Bhola Bhandari', meaning one who is a great embodiment of innocence.)

### **Chorus:**

**Shiv. Bhola Bhandari, Sadhu Bhola Bhandari**

**Sai Bhola Bhandari, Shiv. Bhola Bhandari**

**Shiv. Bhola...., Shiv. Bhola.....**

The Great Lord Shiva who is a Great Sage is the embodiment of innocence.

**Bhas.masur. ne kari tapasya var. deena tripurari**

**Jis.ke seer. par. hath. lagave bhasma howe sansari**

**Shiv. Bhola...., Shiv. Bhola.....**

A rakshasa called Bhasmasur performed penances to please Lord Shiva. In turn he received a boon from Lord Shiva that whoever's head Bhasmasur puts his hand on, that living being will turn to ashes instantly.

**Shiv. ke seer. par. hath. dharan. ke man. me dushta vichari**

**Bhage phirat. chahudish. shankar. laga daitya dar. bhari**

**Girija rup. dhar. Harihar. bole, bat. asur. se pyari....**

**Jo tu muj.ko nach. dikhawe, ho-u nar. tumhari**

**Shiv. Bhola...., Shiv. Bhola.....**

On receiving the boon, the rakshasa had an ill thought of testing the boon on Lord Shiva. So Lord Shiva was running helplessly in all directions to escape from Bhasmasur. Seeing this, Lord Vishnu (Harihar) turned himself into a very enticing woman, and said to Bhasmasur that if he danced well, he could win her.

**Nach. karat. ap.ne seer. par. dhar. bhasma bhayu matihari**

**Brahmanand. dete jo hi mange, Shiv. bhaktan. Hitakari**

**Shiv. Bhola...., Shiv. Bhola.....**

While dancing (as per Shri Vishnu's trick) Bhasmasur put his hand on top of his own head and got destroyed. Lord Shiva, who is very easy to please, who also gives Brahmanand (Joy of Brahma), fulfils all the desires of His devotees.

**Shiv. Bhola Bhandari, Sai Bhola Bhandari (x2)**

**Shiv. Bhola Bhandari, Sadhu Bhola Bhandari (x2)**

**Shiv. Bhola...., Shiv. Bhola.....**

# BOLO SHIVA SHIVA SHAMBHU BAM BAM BAM

(*Music of Joy 2'*)

## **Chorus:**

**Bolo Shiv. Shiv. Shambhu bam bam bam (x4)**  
**Are gao re, ye nam har.dam, ye nam har.dam**  
**Jab.tak. hai bhayi dam me dam, bhayi dam me dam**  
**Bolo Shiv. Shiv. Shambhu bam bam bam (x4)**

Let's all take the name of Lord Shiva and remember his powers all the time.

**He Pralayankar., bheem. Bhayankar.**  
**He Prabhu Shankar. swami (x2)**  
**He Vishveshwar. He Parameshwar.**  
**Ishwar. Antar.yami (x2)**

**Ye dhun. hai...., uttam anupam, uttam anupam,**  
**Sare jag. ke yahi peeta param, yahi peeta param**

O God who brings Pralay (the total destruction of the creation), who is very powerful and also can be very terrible, O Lord Shankar, You govern us. You are the whole cosmos. You are the Greatest Lord, and one who knows everything subtle and gross within us. You are the Father of this whole world.

**Shiv. akam. hai, Dayadham. hai,**  
**Shiv.kanam. hai Saiyam (x2)**  
**Shiv.ji hai Mukti, Shiv.ji hai Shakti**  
**Shiv.ji hai Bhakti ka Sangam (x2)**  
**Shiv.mahima mat. sam.jo kam, mat. sam.jo kam,**  
**Mit. jayenge duniya ke gam, duniya ke gam**

Lord Shiva is the eternal witness. He is the embodiment of compassion. Lord Shiva is also known for His patience and self control. Shivji is the salvation. Shivji is the Shakti, and also Shivji is the essence of devotion. No one should underestimate the Glory of Lord Shiva.



## CHELLO SAHEJI, CHELLO

(Noida)

### **Chorus:**

**Chello Saheji, Chello ek. bar. le chello**

**Hame Nirmal. maiya ke Dar.bar. le chello**

All the Sahajis please come and take all of us at once to Shri Mataji's Darbar (Palace/Court)

**Dekhana he hamko Shri Mataji ka kelere**

We want to see the Divine play of Shri Mataji,

**Jyoti jagi jiski bina bati bina tel.re**

That there is light even without any cotton wick (bati) or oil (telre).

**Jukh.ta he jaha sansar. le chello**

Where all the world bow down to Her.

**Hame Nirmal. maiya ke Dar.bar. le chello**

Come Sahajis let us go to the palace of Mother Nirmala

**Dik.lado Nar.gol. jaha jaga dola ta**

Show us that Divine place called Nargol where

**Pahilbar. Ma ne jaha Sahasrara khola ta**

the Mother (Shri Adishakti) opened the Sahasrara,

**Hu-we jaha Ma ke chatmatkar. le chello**

Where all the Divine miracles happened.

**Hame Nirmal. maiya ke Dar.bar. le chello**

Come Sahajis let us go to the palace of Mother Nirmala

**Chind.wara jake dekhu bhoomi Avatar. ki**

Let us immediately go and see the place (bhoomi) of birth

**Jisi gharme jan.mi Nirmal. maiya sansar.ki**

where the Divine Mother took Her Avatar (incarnation)

**Beheti he jaha Ganga dhar. le chello**

Where the Ganga of Divine Vibrations is flowing

**Hame Nirmal. maiya ke Dar.bar. le chello**

Come Sahajis let us go to the palace of Mother Nirmala

**Ganapatipule jaha teert.kar nazar. he**

Lets go to Ganapatipule which is the Sahaja pilgrim place,

**Sahaj. ki wo nag.ri jaha jhoomo jagi sara he**

The village where the whole world dances with joy

**Khool.ta he jaha Sahasrara le chello**

and where the Sahasrara of the world opens up.

**Hame Nirmal. maiya ke Dar.bar. le chello**

Come Sahajis let us go to the palace of Mother Nirmala



## ADI SHAKTI MERI NIRMALA MATA

(Music from qawwali: 'Ganj-E-Shakar', by Nusrat Fateh Ali Khan)

### **Chorus:**

Adi Shakti Meri Nirmala Mata (x2)

Sahasrara Swamini Nirmala Mata (x2)

Jai ShivaShakti Mata, Jai MahaDevi Mata (x2)

Sab. jag. ga-ye-, Jay jay Nirmal. Mata

Adi Shakti Meri Nirmala Mata (x2)

The Primordial Goddess (Shri Adi Shakti) has incarnated as Shri Nirmala Mata  
She is the Empress of the Sahasrara.

We praise the Goddess in the form of Shri ShivaShakti and Shri MahaDevi.

All the world is singing the glory of Shri Mrmala Mata.

Sab. Sahaji puje Mataji (x2)

Yogada, Vatsala, Nirma Ma he

Sab. Sahaji puje Mataji (x2)

All the Sahaja Yogis are doing Puja to Shri Mataji.

She has given us Yoga, and She looks after Her children.

Har dil me basti Nirmala Ma (x2)

Leela Vino-dini Ma he... Adi Shakti!

Sab. Sahaji puje Mataji (x2) (etc...)

She resides in all the hearts. She is the enjoyer of Her divine play.

### **Verse 1:**

Jab. bhi andhera jag. par. chaya

Parameshwari ne, Jag. ko bachaya

Vedo ne aur. Purano ne

Jai Jagadamba Ghosh. karaya

Sab. Pujan. kar. Ma Nitya ka (x2)

Akula, Nirbhava, Devi Ma hai

Adi Shakti!, Sab. Sahaji...

Whenever darkness descended upon the earth,  
The Supreme Goddess saved the world.

All the Vedas and all the great scriptures of the world

Sing eternal glory to Shri Jagadamba for Her victory over negativity.

Everyone is worshipping the Eternal Goddess

Who is Akula (beyond all dimensions) and Nirbhava (unborn).

**Verse 2:**

Vishwa rupa, Jagako bana-ya-  
 Kal.ki rupa, paa-r. lagaya  
 ParaShakti ka, Maha Puja ka  
 Gambhira ka koyi, Bhed. na paya  
 Sab. dhyan. kare Ma Nirmal. ka (x2)  
 Moksha Pradayini Ma- he—  
 Adi Shakti!, Sab. Sahaji...

Shri Mataji, who is the embodiment of the whole universe, manifested the creation. She is the incarnation of Shri Kalki, and She has given Self Realisation to all the seekers of truth.

She is the Ultimate Power, and She is the Highest Goddess to be worshipped. But She has so much fathomless depth (which is beyond space and time) that no one has understood Her completely.

Everyone meditates upon Ma Nirmala, because She is the one who gives moksha to everyone.

**Verse 3:**

Ma Shub. kari he Pashahantri  
 Pad.masana Ma, Shri Chittashakti  
 Devi- Mata he Shri Pushti-  
 Swasta Laja- Jai Parashakti  
 Sab. Pujan. kar. Ma Vimala ka (x2)  
 Sahaj Yog dayini- Ma hai—  
 Adi Shakti!, Sab. Sahaji...

Shri Mataji is Beneficent, She is the one who destroys all the bonds of maya.

She is seated in the lotuses (the Chakras), and She dispels all ignorance and confusion.

She is the Mother Goddess, and She is the Divine nourishment in the form of vibrations.

She is bashful modesty, Complete in Herself, Who establishes Herself in Her devotees.

Everyone is worshipping Her in their heart.

She is most pure, and She has given Sahaja Yoga to the world.

**Verse 4:**

Ma Shashwati hai, Achintya Rupa  
 Ekakini Ma, Prem. Swarupa  
 Vandaru Jan. Vatsala Ma  
 Bhagawa-ti- Jai Guru Murti Ma  
 Sab. Pujan. kar. Ma Var.da ka (x2)  
 Kshipra Prasa-dini Ma he  
 Adi Shakti!, Sab. Sahaji...

Shri Mataji is Eternal, Ever present, and She is beyond the reach of thought.

She is alone and She is the embodiment of the Purest form of love.

Shri Mataji cuts the knot of maya, and so She is worshipped as the Highest Guru by one and all, including the Gods.

Everyone is worshipping Shri Mataji who showers grace on Her devotees, and in Her compassion She fulfills every desire.

## HE DAYANIDHE

(Raga Shiva nat Bhairav - Music of Joy; 'Mauli 2')

### **Chorus:**

**He Dayanidhe**

O Compassionate One,

**Karuna nidhe**

O Merciful One,

**He Shiva swaroop. Nirmal**

Shri Nirmala, You are Sakshat Shri Shiva.

**Atmane Shiva sudhe**

The river of compassion flows from my heart.

**Atmalinga Bholenath.**

You are the pure spirit, You are the ocean of forgiveness,

**Bhal.chandra Tum**

And You are the One who bears the moon on your forehead.

**Neel.kanth. Aap. hi,**

Praise to the Blue Throated One,

**Himalaya Nivasi**

Who resides in the Himalayas.

**Poojan. ka Adikar. do**

Please allow us to do Your Pooja.

**Ham ap.ke vinit. hai**

**Nat. Bhairava Kal.nath**

We are surrendered to the one who is the Lord of Dance and Art,  
and the Lord of Time.



## **NIR.MAL MA KE CHAR.NO MEIN**

*(Noida)*

### **Chorus:**

**Man. Ho ja diwana re**

We should get immersed in

**Nir.mal Ma ke Char.no mein**

The lotus Feet of Nirmala Ma

**Asht. Sidh. Nav.nidh. ki hai dati**

You are the giver of eight powers

**Deeno ke bigare kaj. Banati**

You solve people's problems

**Sara jhuk.ta zamana re**

The whole world bows down

**Nir.mal Ma ke Char.no mein**

At Mother Nirmala's Holy Feet

**Sahaj Yog. Mein jo bji aate**

Who ever comes to Sahaj,

**Un. Ke dukh. Nikat. Nahi aate**

all their problems get dissolved

**Sabsi dhyan. Lagana re**

Please place your attention, devotion

**Nir.mal. Ma ke Char.no mein**

At Mother Nirmala's Holy Feet

**Kal.yug. main Av.tar. hai Ma ka**

Mother you have come as an incarnation in this era of Kali Yuga

**Jivan. Dena kam.hai Ma ka**

Mother you are the giver of life

**Meri binati sunana re**

Mother, please hear my prayers

**Nir.mal. Ma ke Char.no mein**

Offered at Your Holy Lotus Feet

**Kundalini Nirmal.hai Mata**

Mother kundalini is pure

**Sahaj. Yog. Ki Nir.mal. data**

Mother Nirmala you are the giver of Sahaja Yoga

**Sara jhuk.ta zamana re**

The whole world bows at Your

**Nir.mal. Ma ke Char.no mein**

Holy Feet Mother

**He Ma, He Ma, Bolo Ma, He Ma**

(all of you) O mother! O Mother! Say O Mother! O Mother!

**Man. Ho ja diwana re**

All of you should get immersed in

**Nir.mal. Ma ke Char.no mein**

The Lotus Feet of Nirmala Ma

**ADI SHAKTI MATAJI NIRMALA MA** *(Music of Joy)***Chorus:****Adi Shakti Mataji Nirmala Ma** (x2)

Hail to Shri Mataji Nirmala Devi our Divine Mother

**Parashakti Mataji Nirmala Ma** (x2) \*

Hail to Shri Nirmala Ma, our Immaculate Mother who has ultimate power

**Sahaja Yoga Dayini Nirmala Ma** (x2)

Hail to Shri Nirmala Ma who has given Sahaja Yoga to the world

**Moksha Pradayini Nirmala Ma** (x2)

Hail to Shri Nirmala Ma who grants salvation

\***[Pranaam. Janam din Mata Nirmala Ma (x2) ]**

Shri Mataji, we humbly bow down on the occasion of Your Birthday

\* This line to be sung on Shri Mataji's Birthday

**Ganeshji ki Mataji Nirmala Ma** (x2)

Hail to Shri Mataji, immaculate Mother of Shri Ganesh

**Devi Dev.ta Gaye Nirmala Ma** (x2)

All the Gods and Goddesses are singing Her praise

**Sahaja Yogi ki pyari Nirmala Ma** (x2)

Shri Nirmala Ma, loving Mother of the Sahaja Yogis

**Parashakti Mataji Nirmala Ma** (x2)**Krupa Kijiye Mata Nirmala Ma** (x2)

Mother Nirmala please bless us

**Bhakti dijiye Mata Nirmala Ma** (x2)

Mother Nirmala please give us with devotion

**Shakti dijiye Mata Nirmala Ma** (x2)

Mother Nirmala please give us strength

**Parashakti Mataji Nirmala Ma** (x2)**Chaitanya ko bar.sa-o Nirmala Ma** (x2)

Mother Nirmala please shower us with Your vibrations

**Pap. ka Vinash karo Nirmala Ma** (x2)

Mother Nirmala, please destroy all our sins

**Dil.me Sahaji ke padhare Ma** (x2)

O Mother, please take Your seat in the hearts of all Sahaja Yogis

**Parashakti Mataji Nirmala Ma** (x2)**Krupa sindhu sagar. Nirmala Ma** (x2)

Mother Nirmala You are the ocean of compassion

**Sahaja Atma Prakash. Nirmala Ma** (x2)

Mother Nirmala You are the light of the eternal spirit

**Ahankar. mardini Nirmala Ma** (x2)

Mother, You are the one who destroys all ego

**Parashakti Mataji Nirmala Ma** (x2)**Shar.na gat. ki rakshini Nirmala Ma** (x2)

Mother, You protect the ones who surrender to You

**Bhakto ko abhay dani Nirmala Ma** (x2)

Mother Nirmala You grant devotees the power of fearlessness

**Chaitanya ki Rakh.wali Nirmala Ma** (x2)

Mother Nirmala You are The Guardian of Chaitanya

**Parashakti Mataji Nirmala Ma** (x2)

**NAAM RAT. LE TU MA KA NAAM RAT.LE***(Noida - 'Nirmal Darbar 3')***Chorus:****Naam rat. le tu Ma ka naam rat. le (x2)**

Recite again and again the name of Shri Nirmala

**Paap. Tere kat. jayenge naam rat. le (x2)**

And all your sins will be destroyed

**Mat gar.v. kare kaya ka (x4)**

Why are you so proud of your body?

**Mat gar.v. kare kaya ka (x2)****Kaya to mati hu jayegi naam rat. le (x2)**

It will eventually be part of mother earth (upon your death)

**Mat gar.v. kare maya ka (x4)**

Why are you so proud of your wealth?

**Mat gar.v. kare maya ka (x2)****Maya to chor le jayenge naam rat. le (x2)**

The thieves will rob you of your wealth

**Mat gar.v. kare yaro ka (x4)**

Why are you so proud of your friends ?

**Mat gar.v. kare yaro ka (x2)****Mittarto dokha de jayenge naam rat. le (x2)**

They will betray you one day

**Mat gar.v. kare kumbe ka (x4)**

Why are you so proud of your relatives ?

**Mat gar.v. kare kumbe ka (x2)****Kumba to nyara ho jayega naam rat. le (x2)**

They will leave you stranded

**Mat gar.v. kare lad.ko ka (x4)**

Why are you so proud of your sons?

**Mat gar.v. kare lad.ko ka (x2)****Tuj. me bhi his. batayenge naam rat.le (x2)**

Upon your death, they will fight for your wealth and you!

**Bas. gar.v. kare tu Nirmal. Ma ka (x4)**

Only be proud of your Mother Nirmala

**Bas. gar.v. kare tu Ambe Ma ka (x2)**

Only be proud of your Mother Amba

**Bas. gar.v. kare tu Dur.ge Ma ka (x4)**

Only be proud of your Mother Durga

**Bas. gar.v. kare tu Nirmal. Ma ka (x2)**

Only be proud of your Mother Nirmala

**Andhere dil.ke hat. jayenge naam rat. le (x2)**

And the darkness of your heart will disappear

## **BOLO SHIVA SHAMBHU SHIVA SHANKARA**

*(Music of Joy; 'Music of Joy 3' & 'Mauli 2')*

### **Chorus:**

**Bolo Shiva Shambhu Shiva Shankara (x2)**

Let us take the name of Shri Shiva, The bestower of blessings

**Nirmal Ma me samaye Shiva Shankara (x2)**

Who resides in Shri Mataji Nirmala Devi

**Bolo Shiva Shambhu Shiva Shankara (x2)**

Let us take the name of Shri Shiva

**Sahaj Yogi ke pyare Shiva Shankara (x2)**

Shri Shiva Shankara who is beloved of all Sahaja Yogis

**Dil.me samaye tum. Hara Shiva Shankara (x2)**

Shri Shiva, who is the destroyer, who is pure, who is compassionate

**At-ma- jyoti Saman (x2)**

Shri Shiva, who resides in our hearts as the flame of the eternal spirit

**Nirmal Shiva, Shiva, Ugra Shankar. he (x2)**

Shri Shiva, who resides in Shri Mataji in the frightfull form of Ugra

**Sahaji ka pranaam. swikaro (x2)**

Please accept our salutations.

**Nilakantha Shankara Mahayogi Shankara (x2)**

Shri Mataji, who has a blue throat (Neelakantha), who is the Great Yogi

**Sahaj Yogi Bhakti priya (x2)**

And who is fond of the devotion of Her bhaktas (devotees)

**Sada Shiv. varada- Shankar. he (x2)**

Shri Mataji, who is God Almighty and the giver of all blessings

**Sahaji ka pranaam. swikaro (x2)**

Please accept our salutations.

**Daya karo Sahaji par. Nirmal Shankara (x2)**

O merciful and Immaculate One, please bless all the Sahaja Yogis

**Atma anubhuti pradan (x2)**

Please give us the experience of our spirit

**Umaji ke pyare Shiva Shankar. he (x2)**

Shri Shiva, who is beloved by His consort, Shri Umaji

**Sahaji ka pranaam. swikaro (x2)**

Please accept our salutations.

# AYI DIWALI (Nirmal Band — France - 'Chaitanya Ananda')

## **Chorus:**

**Ayi ayi ayi, Aaj Diwali hai ye a-yi**

The day of Diwali has arrived

**Aise shubhaw.sar par hum, Puje Mahalakshmi**

On this auspicious occasion allow us to worship Shri Mahalaxmi

**Sabhi Dev. Devata Aap. hi ko Puje**

All the Gods and Goddesses worship you O Devi

**Nir.mala Ma, O Maiya Nir.mala Ma**

O Shri Nirmala Ma, O Mother Nirmala

**O Chind.wara wali Ma-halakshmi Mataji (x2)**

O Mahalaxmi Mataji Goddess of Chindwara

**He Mahalakshmi Ma Gauri- tu ap.ni aap. hai joh.ri**

O Mother Gauri Mahalaxmi, You are Your own appraisor

**Teri kimat. tu hi jane- tu bura bhala pehechane**

You are the only one who can comprehend Your greatness and know what is good and bad

**Ye kehe din. aur rate- teri likhna jaye bate**

You have complete control over time (day and night), words are not enough to express Your greatness

**Koi mane yana mane- ham. Bhakt. tere diwane (x2)**

Regardless of anybody's acceptance, we are Your devotees and extremely fond of you

**Tere- paw. sari duniya pakha-rati, Ah....**

The whole world is falling at Your Lotus Feet

**He krupa shali Mahalakshmi- he Bhagyadati Bhagawati**

The bestower of blessings, O Mother Mahalaxmi, the giver of good fortune, O Bhagawati

**Meri suna ye binanti- mera chola rang. Basanti**

Please heed my prayers and envelop me in Your Divine hue (spring colours)

**He dukh. bhanjan sukh.dati- hame sukh. dena din.rati**

O the Destroyer of all sorrows and Giver of all joy, please give us complete satisfaction day and night

**Jo teri Mahima gaye- mukh. Mange murade paye (x2)**

The one who sings your praise gets all his desires fulfilled

**Har. aankh. teri aur- ni ha-rati (Ah..)**

Everyone is looking at You with complete adoration

**He Mahakali Mahashakti- hame dede aisi bhakti**

O Mother Mahakali, Mahashakti please give us devotion

**He jag. Janani Mahamaya- hai tuhi dhup aur. Chhaya**

O Mother of the universe Shri Mahamaya, You are light and shade

**Tu Am.rut. jal Avinashi- tu an.mit. puran. Mashi**

You are the nectar, You are indestructible and You are the everlasting full moon night

**Sab. Kar.ke dur. Andhere- hame baksho ne- sawere (x2)**

Please remove all darkness and give us enlightenment

**Tu to bhak.to ki bigari sambha-I.ti (Ah...)**

You look after Your devotees

**He Dhan. Dati Dhan. Lakshmi, He Dayawan. Gajalakshmi**

O Mother Lakshmi and giver of wealth, O merciful, Majestic Mother

**He Vishnupriya Vaishnavi - He Sahaj. Yog. Dayini**

O Vishnupriya (beloved of Shri Vishnu), Vaishnavi (wife of Shri Vishnu), giver of Sahaja Yoga

**Ye Suraj. Chand Sitare- sab. Tere hi gun. Gati**

The Sun, the Moon and the stars are all singing Your praise

**Tu shanti roopi shantini- hame dena Vishwashanti (x2)**

O Devi in the form of peace, please give us a peaceful world

**Tu to Chaitanya ki Ganga baha-ti (Ah...)**

You are the source of flowing vibrations

## ALLAH HU

(Sabri Brothers version)

### **Alap:**

### **Rubai:**

It.da la illaha il Allah (x2)

Intaha la ilaha il Allah (x2)

Zingadi, zindagi, zindagi karama patala

Tu nazar aiya muje,

Jami kardi apani hasti Tu nazar aiya muje

(Tu) Khaliqe kul hai tu, is.me kya guft.gu (x3, 1/2)

### **Girah:**

O..., Jap hudi baikara insa sini kal jati hai

Me hudi alame bala tukh.bara lati he

Sana to bal teri jis.rat tu nazar. jati he

Khus noko te dhukh. khud.rat teri ya dati he ti

Khaliqe kul hai tu, is.me kya guft. gu (x2, 1/2)

You are the Creator of all, without doubt.

Khaliqe kul hai, khaliqe, khaliqe kul hai tu,

Khaliqe kul hai tu, is.me

Sare alam ko hai, teri hi just. ju

Tere jalmenigah home hai char.su

Teri jalwagari hai aiya char.su

La sharika lahu maliqe mulk. tu

Your glory is sung is sung everywhere, You are the complete God.

### **Chorus:**

**Mataji, Mataji, Mataji, Mataji** (1st time slow and then repeat fast)

La sharika lahu, maliqe mulk. tu (repeat)

### **(Chorus)**

La illaha teri shan. ya wah. dahu

O God, Your glory is fathomless.

Tu khayal oh tajassus tu hi ar.zu

You are always in our thoughts, in our imagination, and to reach Your real form is our humble desire.

Akh.ki roush.ni dil ke awaz. tu

You are the light of the eyes and the sound of the heart.

Tu hai sharabsha nazadike dard al ulu

### **(Chorus)**

Tu hai sharabsha nazadike dard al ulu (repeat)

**Maika jagara hi kya, is.me kya guft.gu (x2)**  
**Jho bhi tha khuda ne us.ko nahi ah manu (x2)**

There is no denial, no dissension. Only those who surrender completely are rewarded with Grace.

**Tere jalmenigah home hai char.su (x6)**

**Hai, koyi nahi hai fakar tu hi tu**

You are the only one. There is no one else.

(Chorus, fast)

**Koyi nahi hai fakar tu hi tu**

**(Hai) tu hi tu, tu hi tu, tu hi tu, tu hi tu, Mere Mata / Tere Allah**  
**Oh, hai mere Allah, tu hi tu, tu hi tu**

**Girah:**

**Tu ke fakar. bakare ne ki ya**

**Mere siva, koyi nahi**

**Me hi me hoo, isjahame, tu soorat koyi nahi**

**Jabna maime tar hudi**

**Te laya de asama bune**

**Hai ludi jalkar juri, tardat me kim asabune**

**Hos do hagdi, are jabada**

**Tardo jis.me zar rume**

**Kug-lukha, kug-bisa, kugbik gaya, asabume**

**Rehe gayi arte fakar tu**

**Maime shunale keh leye**

**Le gaya, nakdar foone, jurki banane keh leye**

**Zar buke so te sejis.dam, tarte gabhara ne lagi (3)**

**Me ke dadare bas tu hi tu ki sada ae lagi**

**(He) tu hi tu, tu hi tu, tu hi tu, tu hi tu, Mere Mata / Tu hi Allah**  
**Hai, Koyi nahi hai fakar tu hi tu**

(Chorus, fast)

**Dai nate do arnam ka ik. az. tu**

When the human being escapes love of self.

**Sab.ka anja mutoo sab.ka awaz. tu**

Submission elevates him to a higher plane.

**Me habib fakar me tu me ki awaz. tu**

Whenever I look at the artistry of Your creation,

**Nagme nagme me tu saaz. me saaz. Tu**

I am reminded of Your complete power.

(Chorus, fast)

**Mataji, Mataji, Mataji, Mataji, Mataji**

## MAN KUNTO ALI MAULA

*(Qaul Tarana - Amir Kusrau)*

### **Alap - Rubai:**

**Ali imane manostho manam gulame Ali (x2)**

**Hajar jane girami fidhae name Ali**

**Ahai man kunto maula** (repeat with improvisation)

**Fahaz. Ali, Un** (RGRS GPDP) **Maula** (repeat)

**Dara dile dara dile dare daani Jai Mataji** (repeat)

**Ham tum tanananana tananana re** (repeat with improvisation)

**Ham tum tanananana tananana re**

**Yalalala yalalala yalalala re**

**Ahai man. kunto** (repeat with improvisation)

**Man kunto Ali maula** (repeat with improvisation)

**Man kunto Ali Ali maula** (repeat with improvisation)

**Ali imane manostho manam gulame Ali (x2)**

**Hajar jane girami fidhae name Ali**

**Maula Ali Maula** (repeat with improvisation)

**Ali Ali Dam Ali (x4)**

**Maula Ali Maula, Maula Ali Maula** (repeat higher pitch)

**Ham tum tanananana tananana re** (repeat and in higher pitch)

**Dara dile dara dile dare daani**

**Ahai Man. kunto Maula**

**Ahai man. kunto (x2)**

**Ahai man. kunto maula**



**MOHAMMED, KALI KAMALI YA WALE***(Sabri Brothers)*

Mehe boob. ho tum Allah ke	(x2)	Partial Translation: The wish that keeps me alive is You. The world we live in is You.
Tori ada pe main korban huu		
More kali kamali ya wale	(x3)	Oh beloved one of Allah, You have come to show us the way, The right way, The way of peace, Of love, Of humanity, The way to God.
Mehe boob ho tum Allah ke	(x2)	
Tori ada pe main korban huu		
<b><u>Chorus:</u></b>		
More kali kamali ya wale	(x2)	
(O) more kali kamali ya wale	(x2)	
(Hai) more kali kamali ya wale	(x2)	
Mohammed, kali kamali ya wale	(x3)	
Harkar jogi bankar aya	(x2)	(Allah..)
Harkar jogi bankar aya	(x2)	
Seeda rasta sabako dikhaya	(x2)	
Prema ka danka tumine bajaya	(x2)	
Allah hoo ka naguma sunaya	(x5)	(Allah...)
Pyare ho Allah ke	(x2)	
Tori ada pe main korban huu		
Mat. Bhari aake moh.ni soorat.	(x2)	
Mat. Bhari aake moh.ni soorat.	(x3)	
Kale keshu dil.kas. kaya mat.	(x2)	
Sar.se patak. rehemat. rehemat.	(x2)	
Dekhi ke sarpar taje naboo wat.	(x2)	
Oh, dekhi ke sarpar taje naboo wat.		
Jhuk gai duniya wale	(x2)	
Tori ada pe main korban huu		
Char.no me sar. dhar.te aye	(x2)	
Tera kalma bar.te aye	(x2)	
(oh) Tera kalma bar.te aye		
Kaap. te aye dhar.te aye	(x2)	
Hak.ki puja kar.te aye	(x3)	
Dair. Kalisa wali	(x2)	
Tori ada pe main korban huu		
Aya pur.pat. khurd. bari se	(x2)	
Hoke manuar. nur. kisi se	(x3)	
Bhate hui jit. reele ali se	(x2)	
Bhate hui jit. reele ali se	(x3)	
Le gaya tumko far.she jami se	(x2)	
Arshe maula wale	(x2)	
Tori ada pe main korban huu		

## VAISHNAV JAN TO

(One of Mahatma Gandhi's favourite bhajans - By Narsimh Mehta)

### Vaishnav Jan To Tene Kahiye Je Pid Parayi Jane Re

He who knows the troubles of others is a true "Vaishnav" (by which the poet implies the perfect human being...)

### Par-Duhkhe Upakar Kare Toye Man Abhiman Na Ane Re

He brings happiness to others but still does neither feels proud about it nor needs to be thanked

### Vaishnav Jan To Tene Kahiye Je ...

### Sakar Lok Man Sahune Vande

He worships everybody in the world.

### Ninda Na Kare Keni Re

He does not criticize anybody.

### Vach Kachh Man Nishcharl Rakhe Dhan-Dhan Janani Teni Re

His mother is indeed great who keeps his mind and his tongue under control.

### Vaishnav Jan To Tene Kahiye Je ...

### Sam-drishti ne trishna tyagi

He is fair to one and all. He does not covet anything.

### Par-Stri Jene Mat Re

Another man's wife is like his mother to him.

### Jihva Thaki Asatya Na Bole

No falsehood escapes his tongue.

### Par-Dhan Nav Jhali Hath Re

He does not touch another's gold.

### Vaishnav Jan To Tene Kahiye Je ...

### Moh-Maya Vyape Nahi Jene

He is not affected by attraction to earthly goods.

### Dridh Vairagya Jena Man Man Re

His is a firm ascetic by mind.

### Ram Nam Sun Tarli Lagi

### Sakar Tirath Tena Tan Man Re

All the holy pilgrimages are in his body.

### Vaishnav Jan To Tene Kahiye Je ...

### Van-Lobhi Ne Kapat-Rahit Chhe

He is not greedy. He is devoid of any trickery.

### Kam-Krodh Nivarya Re

He has conquered lust and anger.

### Bhane Narasaiyyo Tenun Darshan Karta

Narsaiyyo (the poet Narsimh Mehta) sings that just seeing him

### Kuri Ekoter Taraya Re

rescues 71 generations from the cycle of life and death.

### Vaishnav Jan To Tene Kahiye Je ...



## ALI ALI ALI MAULA ALI ALI (QAWWALI)

(Nirmal sangeet Sarita - 'Atma Ki Chadar; 'Mauli 2')

### **Kata:**

**Jang. me Hindu kahe te he Baj.rang. bali**

The Hindus jump in the war by taking the name of the Bajarangbali (source of inspiration, Divine strength and courage)

**Razm.me Musulma kahe te he Ya Ali**

In the holy war the Muslims shout Ya Ali, since the name symbolises valour, courage and Divine strength.

**Dono hi namo me jab. rawa he (x2)**

The poet says: As both the names convey and provide

**Joshe khuda ka pai gam**

The Divine inspiration,

**Sahaji ke jang.me koi kahe baj.rang. bali**

Therefore in the war of Sahaj (against negativity and evil)

**To koy kahe Ya Ali**

Some take the name of Baj.rangbali while others take the name of Ali

### **Chorus:**

**Ali Ali Ali Maula Ali Ali (x2)**

The Qawwali begins with the chanting of the name of Ali

**Mataji milane ham.ko sang.le chali**

Shri Mataji is explaining the real meaning of Ali to the seeker

(She initiates the seeker by taking him along with Her to meet Ali)

**Tha umr. bhar [zind.gi se gila (x3)]**

The seeker had a life long complaint with the lifestyle he was leading

**Raha gir mila [rahebar. na mila (x3)]**

He had other seekers with him but no guide who could guide him to achieve self realisation.

**Rahe zan mila rehe nu Ma na mila (x2)**

There were a lot of bandits and plunderers who were eager to plunder his possessions but there was no one to lead him in the right direction

**Rahemat. he Ma ki hame raheman na mila**

It is in Her gracious kindness that the seeker is able to see the ultimate God

**Tar.ke khuda [ki thi puri taiyari (x3)]**

The seeker being disillusioned was in complete readiness to give up his belief in God.

**Dekh. ke [dar weshi ki aiyari (x3)]**

Seeing the fraudulent behaviour of the priests and custodians of religion.

**Uth.gay. thi tawak kul se ae tabari (x2)**

In view of the fraud perpetrated by the spiritual leaders, the seeker had lost faith in his devotion

**Gani mat. Mataji ne hi zind.gi ubhari**

It is through the saving grace of Shri Mataji that the seeker's life has been redeemed.

**Kaha Mataji ne [tujhe maula dikadu (x3)]**

Having redeemed the life of the seeker, She assures him of showing him God almighty.

**Tujhe me [tera insan jila du (x3)]**

She further assures that she would revive the soul of the seeker within him which is dormant.

**Buniya di hak.ka tujhe sila du (x2)**

She also assures of aprising the seeker of the fundamental right of taking self realisation

**Chani jo kar.bala me wo jaam pila du**

Shri Mataji assures the seeker that she will make him like Ali symbolically, by giving him the goblet of the Divine spirit which was manifested in Ali's readiness to sacrifice his own sons (Hassan and Hussain) in Karbala.

**Kata:****Chal ban [tu mera ham safar (x3)]**

In order to achieve the above She beckons the seeker to become Her co traveller.

**Roshan kar [ap.ni raha guzar (x3)]**

She advises that the seeker must remove the darkness within in order to be able to walk to his goal of meeting Ali.

**Rahate ruh.ki [tujhe ar.zu (x3)]**

While your desires are seeking the comfort of your soul,

**Khuda kya he ye [teri jiust. jiu (x3)]**

What is God? is the seeker's perpetual quest.

**Roshan kaha he teri ye ruh**

Since your soul is not enlightened

**Kara he hala ke ti rub. rhu**

Even though you are in the close proximity of God and virtually knocking on the doors of his kingdom.

**Kaise me dikhau [tujhe tera nabi (x3)]**

How can Shri Mataji show the seeker the God he is seeking,

**Siya ye duba [khud.se aj. nabi (x3)]**

When the seeker is plunged in darkness and is not able to see his own identity

**An.war ho kar bhi tujhe dikha he kabhi**

Even though God is self luminous and emitting light, yet the seeker is not able to see Him because the seeker is not enlightened

**Anko ka par.da khata kar. dek. tum abhi**

Shri Mataji advises that unless the seeker removes the curtain of doubt and lack of surrender, the seeker will not be able to see the Divine.

**Kata:****Kar kash.te khudi ka belos Kundalini**

Shri Mataji finally advises the seeker to get his Self Realisation by the purest form of energy known as Kundalini.

**Dekh. uruj ap.ne hastika zarie Kundalini**

The seeker can see the ascent and growth of his inner being with the help of his Kundalini.

**Pahe chan khud. ko tu ruhani roshni**

Then the seeker will be able to know himself within because of the Divine enlightenment he will achieve.

**Dikhe ga tujh.ko tujh.me Ali****Is Roshni se (x2)**

The seeker will be able to see the Ali hidden within himself through the Divine light of Kundalini.

## HAZIR HAIN

(Sabri Brothers)

**Hazir Hai, Hazir Hai, Hazir Hai Ham**

We are present! We are present!

**Charano me tere Ma hazir hai ham**

Oh Mother, we are present at Your Lotus Feet

**Labeck. Allah houma labecka. labecka. (x2)**

We humbly submit ourselves to You, O Allah

**La sharika lack. labeck**

You are unique, the one and only

**Inale hamda vanya amata (x2)**

We worship Thee

**Lack. val mulk la sharik. lack**

In your entire Kingdom there is no-one like You

**Laya te hamdo sana tere siva koyi nahi (x2)**

**Sunde vala asi yonki il teja koyi nahi (x2)**

**Do butoko jo banade na khuda koyi nahi (x2)**

**Jolia par.de jo sunkar mukta ha koyi nahi (x2)**

**Ha siva tere siva (x2)**

**Tere siva koyi nahi**

**Ha siva tere siva tere siva koyi nahi**

**Tar. he dar mal bhi hamare (x2)**

**Aur. aurdha he bhi hadim**

**Eh do arnam ke nighe va e ali muk-e-habi (x2)**

**Yard. teri dil navado zik.ra tera dil pardi (x2)**

**Rango kush. do kush. no ilmo nur. tuj. se e must. ni (x2)**

**Had. nahi jis.ki wo hai bakshish teri rabeck hadi (x2)**

**Or karam fera karam (x2)**

**Or karam fera khudaya (x2)**

**Bemisalo benazir**

**Or karam fera khudaya bemisalo benazir**

**Tere he dar mal ar gaye hai (x2)**

**Dali be likh. ful karam**

**Ye safar hajkar safar big.re banata hai nasi (x2)**

**Ye safar rakh.no pulko halik se galkar hai kari (x2) Allah**

**Ye safar yani marizo se mular kar.te tabi (x2)**

**Ho mulkar tar se agar har far dhikar me danasi (x4)**

**Ye do ar mano kade ho kar mahar par-e-adi (x2)**

**Ho gulame Mustafa me (x4)**

**Na-hu apana bhi natar**

**Hazir hai hazir hai hazir hai ham**

**Charano me tere Ma hazir hai ham**

Oh Mother, we are present at Your Lotus Feet

## ADI SHAKTI MATAJI

(Simple)

### **Chorus:**

**Adi Shakti Mataji Tere Charano me aya hu mein**

Adi Shakti Shri Mataji I have come to your Lotus Feet

**Shyam Savere Gun. Tere gaon Tera hi jaya hu mein**

Morning and evening I sing Your praise

**Shri Ma Tere hi jaya hu mein**

Shri Mataji I have received second birth from You

**Tu Adi Shakti Sahastrar viraje**

You are Adi Shakti who resides in Sahasrara

**Hathon me Veena mukut. sarpe saje (Aaa...)**

You have a Vina in Your Hands and a crown on Your Head

**Tu hi Bhavani, Tu Mahamaya**

You are Bhavani, You are Mahamaya

**Tujhe me hi sara Vishwa sa maya (Aaa...)**

You have the whole universe in You

**Tu hi Sada Shiva Antar.yami**

You are Sadha Shiva and You are all knowledge

**Devi Devon ki Tum.hi ho Swami (Aaa...)**

You are the supreme God of all the Gods and Goddesses

**Mate ki bindiya Man. ko lubhaye**

Mother, one glance of the Kumkum on your forehead gives us joy

**Char.no me Tere Sahaji ho aye (Aaa...)**



## **VANDE MATARAM**

*(Bankim Chandra Chatterjee - 1874; 'Pure Devotion')*

*(For poetic translation, see Appendix)*

### **Chorus:**

**Vande Mataram, Vande Mataram**

Salutations to Mother India

**Suj.lam Suf.lam Malajej. sheet.lam**

Water, fruits, mountains, coolness from Himalayas,

**Shashya Sham.lam Mataram**

Dark, rich, fertile soil.

**Vande Mataram**

Salutations to Mother India

**Shubr.jotsna phul.kit. Yamini**

Splendour of white moon which adorns the night

**Phuly. kusumeet. Drum.dala Shobhini**

Bedecked with trees full of blooming flowers

**Suhasini Sum.dhur. bhashini**

Beautiful smile, voice is sweet,

**Sukh.dam var.dam Mataram**

Bestower of happiness and boons.

**Vande Mataram**

**Sapt. koti kanth. kal. kal. Ninad. kar.le**

Who will call you weak?

**Dwi sapt. koti bujeyee Dhrut. khar. kal.vale**

When 70 million voices take your name?

**Ab.la kayeeno Maaeto bole**

140 million inspired hands, dreaded by the enemies

**Bahu bal. dharini Namami tarini**

The one who is mighty, we bow to the saviour,

**Ripu dala varini Mataram**

The destroyer of the enemies.

**Vande Mataram**

**Tumi Vidya Tumi Dhar.mam**

You are the knowledge, You are the dharma,

**Tumi hrudi tumi Mar.mam**

You are the love, You are the essence of everything.

**Twam hi pranah Sharire Bahute**

You are the life of our body,

**Tumi Ma Shakti**

You are the power of our hands.

**Hrudaye tumi Ma Bhakti (x2)**

You reside in our hearts as bhakti.

**Tomari pratima gadi mandire mandire**

Your image is present everywhere, in temples etc.

**Vande Mataram**

} (x2)

**Twam hi Durga dajh. praharan. dharini**

You are Durga, the one who holds the ten weapons,

**Kamala kamal. dal. viharini**

And dwells in the lotus as Shri Lakshmi.

**Vani vidya dayini**

You bestow knowledge (and give voice to that knowledge).

**Namami twam namami kamalam**

Salutations to You, Salutations to Shri Lakshmi,

**Amala atulam Suj.lam suf.lam Mataram**

The pure one, incomparable, the one with waters, fruits, etc.

**Vande Mataram**

**Shyamalam saralam susmitam bhushitam**

The one dark in colour, innocent, with beautiful smile,

**Dharanim Bharanim Mataram Mataram**

These are Her ornaments. You are Mother Earth.



## SHIVA SHANKAR. BHOLE BHALE

Shiva Shankar. Bhole Bhale (x2)  
Voto bhakton ke rakh. Vale (x2)

Parvati ji sang. Hai jin.ke (x2)  
Tino lo ko ke raja hai vo (x2)  
Voto bhasma ra mane vale (x2)  
Voto bhakton ke rakh. Vale (x2)

Natho ke vo nath. Hai swami (x2)  
Sab. Kucha jane antara yami (x2)  
Voto Kailash pe rehene-vale (x2)  
Voto bhakton ke rakh. Vale (x2)

Seer. Pe jin.ke Ganga so he (x2)  
Tino loko ke man.ko dohe (x2)  
Voto bhasma ra mane vale (x2)  
Voto bhakton ke rakh. Vale (x2)



**JAI JAI BOLO NIRMAL GANESH. KI***(Song for Shri Ganesha Puja, 2005 - Music of Joy)***Chorus:****Jai Jai bolo Nirmal Ganesh. Ki**

Victory to Shri Nirmal Ganesha

**Jai Jai bolo Shiv. Nandan ki**

Victory to the son of Lord Shiva

**Jai Jai bolo Ashthavinaya ki**

Victory to Ashtavinayaka

**Shri Mataji Nirmala Devi**

Victory to Shri Mataji Nirmala Devi

} (x2)

**Abodhita dena sab. Saha-ji ko**

Lord Ganesha, please give us innocence

**Nirmal bhakti dena sab.ko**

Lord Ganesha, please give us devotion

**Shri Ganeshaji ki punya bhoomi par \***

In this land of Shri Ganesha

**Ek.ta ki Shakti sab.ko**

Please grant us the power of collectivity

**Ma ke Char.no pe ham. Leen. ho**

Let us surrender to the Lotus Feet of our Mother

**Ma ke Char.no ki ham dhul ho**

Let us be the dust of Thy Holy Feet

**Ma ke Prem. bhakti geet. ga kaar**

Let all the Sahaja Yogis be intoxicated with Divine Joy

**Sab.—Sahaji jhum. ho**

Singing the praise of Shri Nirmala Mata

**Ma ki Adnya sar. ankho paar**

Let us be ever ready to obey our Mother

**Aisi Shakti dena ham. ko**

Please grant us this power

**Rudraji ki Punya Param Shakti se**

Let the power of Shri Rudra

**Agyaan. ka nash. karo**

Destroy all ignorance

\* Change this line according to your country, e.g. for USA:

**Radha Krishnaji ki punya bhoomi par**

In this land of Shri Radha Krishna



## **TUZ. NAMO, TUZ. NAMO**

*(Nirmal Sangeet Sarita - "Maa Ki Sharan. Me" - In the Mother's Protection)*

### **Chorus:**

#### **He Bhavani Bhagavati Ma Tuz. Namu, Tuz. Namu (x2)**

Shri Bhavani, Queen of Bhava i.e. Shiva; giver of life to the whole universe,  
Shri Bhagavati, Power of God; the one who embodies the Six basic attributes of God,  
Salutations to thee, Salutations to thee.

#### **He Dayani Adi Shakti Ma Tuz. Namu, Tuz. Namu (x2)**

Shri Dayani, ever compassionate, Shri Adi Shakti, salutations to thee, salutations to thee

#### **He Jagatananda Karini**

Shri Jagatanadna karini, the one who is the cause of the total bliss of the universe

#### **He Bhavabaya Bhanjan. Harini**

Shri Bhavabaya Bhanjan Harini, the one who destroys the sorrows of the devotees

#### **Tuz. Namu, Tuz. Namu**

Salutations to thee, salutations to thee

#### **He Adi Shakti Ma Bramha Swarupa**

Shri Adishakti, all pervading, who resides in all universes

#### **He Anupa Ma, He Ma Anupa**

Shri Anupama, the consort of Lord Shiva, Shri Ma Anupa, the ever compassionate

#### **Tuz. Namu, Tuz. Namu**

Salutations to thee, salutations to thee

#### **He Sandra Karuna He Ma Sukha Pradha**

Shri Sandra Karuna, the one who is intensely compassionate to her devotees, Shri

#### **He Mangala Karini He Mav. R.dha**

Shri Mangal Karini, the one who is giver of auspiciousness, Shri Mavradha, the one who has Divine sweetness in Her voice

#### **Tuz. Namu, Tuz. Namu**

Salutations to thee, salutations to thee

**HE MAN GURU SHARAN. ME RAHI O***(Nirmal Sangeet Sarita - "Maa Ki Sharan. Me")***Chorus:****He man Guru Sharan. me rahi O, rahi O**

O my heart, please stay under the Guru's Protection

**He man Ma ki Sharan. Me rahi O rahi O**

O my heart, please stay under the Mother's Protection

**Har. Pal. Nir.mala Nir.mala kahi O (x2)**

Please say Nirmala Nirmala every moment

**He man Guru Sharan. me rahi O, rahi O**

O my heart, please stay under the Guru's Protection

**He man Ma ki Sharan. Me rahi O rahi o**

O my heart, please stay under the Mother's Protection

**Guru hamari Adishakti (x2)**

My Guru is the Adishakti

**Karale he man. in.ki bhakti (x2)**

O my heart, please do Her Bhakti

**In. ke hi guna gaye oh... (x2)**

Please sing Her praises only...

**Guru hot. He gyan. Ki punji (x2)**

The Guru is the treasure of the knowledge

**Moksha dwar. Ki he vo kunjji (x2)**

She holds the key to the door to Moksha (Salvation)

**Char.n.n. p.r. ful. W.hi oh... (x2)**

Let me be that flower at Her Lotus Feet

**Guru hamari prem.ka sagar (x2)**

Our Guru is the ocean of love

**Bhar.le bande ap.ni gag.r. (x2)**

Come on people, fill up your vessel (pot)

**Anand. Me hi rahi oh... (x2)**

Always stay in that joyous state

**Guru hot. He nath. Anath. (x2)**

Guru is Lord of all those who have no one

**In. Char.no me rak.de Mata (x2)**

Please Mother, keep me in Your Attention

**Ashish. In. ka pahi oh... (x2)**

And receive Your blessings

**Kar.de kishti Ma ke h.wale (x2)**

Surrender the journey of life to Mother

**Swast. Swash. Ma ap. Sambhale (x2)**

Mother, only You look after our health and spiritual well-being

**In. p.r. kripa kar. Jahi oh... (x2)**

Please look after all of us

**Kar.le bin.ti Ma Nir.mal. se (x2)**

Let us make this request to our Nirmala Ma

**Kar.th.ke bandhan. Sab. Jiwan. Se (x2)**

That we have Your protection for all our life

**Nirmal. Ta bhar. Dayi oh (x2)**

Fill up the purity in our life

## KOYI KAHE GOVIND. KOYI GOPALA

*In this song the poet is giving examples of names that different people call Shri Krishna to show their affection, love and dedication. This is a kind of Bhajan where devotees are trying to chant Lord Krishna's name to offer their devotion at his Lotus Feet.*

### Chorus:

**Koyi kahe Govind. koyi Gopala**

Some call You the one who lives with cows,  
Some call You the one who takes the cows to grass,

**May to kahun Savariya basuri wala**

But I call You my dusky blue Lord who plays Divinity on His flute.

**Govinda Gopala (x2)**

**Radha ne Shyam. kaha, Meera ne Gir.dhar**

Radha calls You the dark one, Meera calls You the one who raises the mountain on His finger,

**Krishna ne Krishna kaha kub.ja ne Nat.war**

You call Yourself Krishna, Kubja calls You the dancing Master of Drama,

**Gwalo ne pukara (x2) kehe k.r. ke Gwala**

The cowherds call You one of their own,

**May to kahun savariya basuri wala**

But I call You the dusky blue Lord who plays Divinity on His flute.

**Maiya to keh.thi thi tum. ko Kanaiyia**

Your mother always called You her darling,

**Ghan. Shyam. kah.te the Balaram. Bhaiyia**

Your Brother Balaram calls You the dazzling dark one,

**Sura ki akhon ke (x2) Thum. te ujala**

The blind poet Soor calls You the light in everyones' eyes,

**May to kahun savariya basuri wala**

But I call You the dusky blue Lord who plays Divinity on His flute.

**Bhishma ke ban.wari, Ar.jun ke mohan**

Bishma calls You the one who roams the forest,

Arjuna calls You his dear friend,

**Chaliya jo kehekar. bulaya Dhuriyodhan**

Dhuriyodhana calls You the trickster,

**Kansa to keheta tha (x2) jal.k.r. ke Kala**

Kansa called You blacker than coal out of jealousy.

**May to kahun savariya basuri wala**

But I call You the dusky blue Lord who plays Divinity on His flute.

**Ach-yut yudhistharke, udho ke Madhav**

Yudhishtira calls You indestructible, Udho says You are sweet as honey,

**Bhakton ke Bhagawan. santon ke Keshav**

Your devotees call You God while the Saints call You the all powerful one,

**Manav. sab. bhaj.ten hen (x2) keh.kar. Kripala**

Everyone praises You as the Blessed Lord who loves and protects,

**May to kahun savariya basuri wala**

But I call You the dusky blue Lord who plays Divinity on His flute.

**Names:** **Govind:** one who lives with cows - **Gopala:** one who takes the cows to grass paddocks  
- **Shyam:** whose skin is bit dark - **Girdhar:** one who had mountain on his finger - **Natwar:** master of  
Drama - **Gwala:** same as Gopala - **Kanhaiya:** nick name of Shri Krishna - **Ghan Shyam:** dark like water  
filled clouds - **Banwari:** who wanders around in the forest - **Mohan:** one who is dear to the heart  
**Chaliya:** master of Diplomacy - **Kala:** whose skin is dark - **Ach-yut** - **Udho:** one of Shri Krishna's friends  
- **Bhagawan:** God - **Keshav:** one who has all the powers - **Kripala:** one who bestows blessings

**MA KA JANAM DIN***(Nirmal Sangeet Sarita - "Maa Ki Sharan. Me")*

Sa Ma Dha Pa Dha\_\_\_ Pa Ma | Re Sa Ni Sa Re |  
Ni Sa Re Ma Ga\_\_\_ Ma Sa | Ni Dha Pa Ga Ma ||

**Chorus:****Ma ka janam din Aya\_\_\_ ke**

As our Mother's birthday (janam din) has come

**Hil.mil. Mangal. Ga-o re**

Let's gather together and dance and sing

**Sab.ka man Har.shaya\_\_\_ ke**

Everybody's mind is full of joy

**Hil.mil. Mangal. Ga-o re**

So let's gather together; dance and sing

**A-j. ka din. He, Kit.na\_ pawan**

This day, today is so much pure (pawan)

**Shubh. Sandesh. He laya\_\_\_ (x2)**

It brings an auspicious (shubh) message (sandesh)

**Ke Hil.mil. Mangal. Ga-o re (x2)**

So let's gather together; dance and sing

**Naino me sab.ki, Cha-yi masti**

In everybody's eyes (naino), is joy and excitement

**Dar.shan. Ma ka pa-ya, O\_\_\_\_\_ (x2)**

As we have had the darshan of our Mother

**Ke Hil.mil. ...****Ma Nir.mal. he, Prem.ka sagar**

Mother Nirmala is the ocean (sagar) of love (prem)

**Bh.r. bh.r. ke Chal.kaya (x2)**

This ocean is overflowing with Mother's love

**Ma ki Mam.ta, He ye jag.me**

Mother's compassion and love (mamta) is all around the world (Jag)

**Jag. Ujyara chaya, O\_\_\_\_\_ (x2)**

And the world has become enlightened

**Ma ka janam. Din, Sab.ko mubar.k.**

We wish (mubarak) all "Happy Mother's Birthday!"

**Vandan. Ma ka gaya (x2)**

In this, we are singing Mother's praise

**Nat. Mastaka ho sheesh. Jhukaye**

Bowing our head to the Lotus Feet of our Mother

**Ashish. Ma ka paya, O\_\_\_\_\_ (x2)**

We have got the blessings (Ashish) from Her.

## **DAR. PE TERE JO BHI AYA ... MA MERI SHERAWALI**

*(Noida - 'Nirmal Darbar Part II')*

Dar. pe tere jo bhi aya  
Wo to shradha ke phool.le aya  
Ma meri Sherawali (x2)

Bhavan. tera bari dur.maiya (ho) (x2) } (x2)  
(ke) Tere bhagato ne ana zarur. maiya }  
Tere sewak. hain lakho Pujari (x2)  
Ma meri Sherawali (x2)

Ambe maiya meri Jagadambe maiya (ho) (x2) } (x2)  
Tera bhagat. kabi na kambe maiya }  
Teri sundar chhavi hai Nirali (x2)  
Ma meri Sherawali (x2)

Arz. meri maiya manzur. karo (ho) (x2) } (x2)  
Khali jholi meri bhar.pur. bharo }  
Ap.na sewak. na bhejo na khali (x2)  
Ma meri Sherawali (x2)



Adyam samarpayami  
Antyam samtarpayami

## ANYATHA SHARANAM NASTI

(Ravindra Jain & Hemlata - 'Sahaja Dhara 2')

Anyatha Sharanam nasti  
Twamewa sharanam mamah.

Hridayam samarpayami  
Sarvam samarpayami  
Tawa pad padmi Mataha  
Sarvam samarpayami

Twamewa sakshat Hari priya  
Twamewa Ma Vageshwari  
Maha Durga Maha Kali  
Maha Maya Maheshwari  
Bhagyam samarpayami  
Karmam samarpayami  
Tawa pad padmi Mataha  
Sarvam samarpayami

Sawayam Sadhya swayam siddhi  
Sawayam sidha swayam Prabha  
Saguna Ratna sukruta krutya  
Sumati Ganga Samu jwalam  
Manam samarpayami  
Ganam samarpayami  
Tawa pad padma Mataha  
Sarvam samarpayami

Anira wachani Anandi  
Sukha Karani Dukha Harini  
Yoga sanstha panarthaya  
Avirala Vishwa Viharini  
Sangam samarpayami  
Punyam samarpayami  
Tawa pad padma Mataha  
Sarvam samarpayami

Timira vruta Dishahina  
Atmasya Papanashini  
Bahujana Hitayo wani tawa  
Shashwat Satya Prakashini

Tawa pad padma Mataha  
Sarvam samarpayami

Nowhere else is my refuge,  
You are the only shelter. (chorus)

I surrender my heart,  
I surrender my prana  
At your Lotus Feet, Mother,  
I surrender everything.

You are beloved of Vishnu.  
You are the Goddess of Speech.  
You are Mahadurga, Mahakali,  
Mahamaya, Maheshwari.  
I surrender my fate,  
I surrender my deeds  
At Your Lotus Feet, Mother.  
I surrender everything.

You are the One who does penance  
To achieve Yourself.  
You are the Siddhis.  
You are the One who has achieved Yourself.  
You are the Enlightenment of Your Own Self.  
You are a gem having good virtues  
Who does only auspicious deeds.  
You are the Ganga of Wisdom.  
You are the Ganga of Enlightenment.  
I surrender my self consciousness,  
I surrender all songs,  
At Your Lotus Feet, Mother.

Inexplicable joy giver You are.  
The One who gives happiness  
And removes unhappiness.  
In order to establish Yoga in the world  
You are constantly travelling.

Those indulgent souls who are still lost  
In sensual pleasures are pardoned by You  
And their sins are also destroyed by You  
Your voice is benevolent for the masses



Which you are proven by establishing the truth



*(January 2006, Burwood, Sydney, Australia - Music of Joy)*

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**DAM MAST. QALANDAR. MAST. MAST**

Sa Re Sa.. / Ne Sa Pa Ni Ma Sa...  
 Ma Pa Ni Ga Re Ga Re../Sa Re Sa..  
 Sa Sa Re Re Ga Ga Re Re... (More Vocals)  
 Dam Mast. Qalandar. Mast. Mast  
 Sa Re Sa Ga Re Ga Re Ga Pa Ma Ga Ma Ga Re Sa

**Chorus:**

Iko Vird. Hai Dam. Dam. Ali Ali  
 Sakhi Laal. Qalandar. Mast. Mast  
 Jhoole Laal. Qalandar. Mast. Mast  
 Dam Mast. Qalandar. Mast. Mast

Akhi Ja Malanga Tu Ali Ali Ali  
 Akhi Ja Malanga Saje A Pe Man Lar keh  
 Aj Nai Te Kal Sare Ali Ali Kara Gayi  
 Mast. Mast. Mast. Mast.  
 Dam Mast. Qalandar.

Rab Ne Kinne Shaan Banaye  
 Be Karma Te Karm Kamaye  
 Jera Vi, tere Dar teh Aaye  
 Aounna Kabhi Bhi Khaali Aaye

**Chorus:**

Shanna Uchiyaan Terian Pira  
 Hovan Door Haneriya Pira  
 Hassan Hai, Batheriya Pira  
 Sun Larza, Aj Meeriya Peera

**Chorus:**

Nazar Karam Di Paavi Saiyyan  
 Beriyan Banne Lavi Saiyyan  
 Phulna Kidare Jaavi Saiyyan  
 Lagiya Thor Nibave Saiyyan

**Chorus:**

Akhi Ja Malanga Tu Ali Ali Ali Ali  
 ...Maula, Maula Ali Maula Ali Maula Ali Maula Maula  
 Ali Maulaaaa... Maulaa Maula Ali Maula Maula Ali Maula  
 Maula Ali Maula Maula Ali Maula

Akhi Ja Malanga Tu Ali Ali Ali Ali  
 Akhi Ja Malanga Sache aape Man Lar Ke  
 Aj Nay Te Kal Sare Ali Ali Kein Ge  
 Mast. Mast. Mast. Mast.  
 Dam Mast. Qalandar. Mast. Mast (x4)

## **DAM DAM DAMRU ("OM NAMA SHIVAYA")**

(Deepak Verma; 'Shraddha')

Dam Dam Dam Dam Damru Bajaye Shiv Shankar Kailash Pati. } (x2)  
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati.

### **Chorus:**

Om Nama Shivaye (x3) Bolo Om Nama Shivaye (x2)  
Dam Dam Dam Dam Damru Bajaye Shiv Shankar Kailash Pati. } (x2)  
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati.

Mathe Upar, Thilak Chandrama, Pahene Nag Ki Mata (x2)  
Dam.ru Ki Dhar.kan. Pe Nache, Shrishti Ka Rakh.wala (x2)  
Nij Bhaktan Ke Khasht Mitaye, Shiv Shankar Kailash Pati. } (x2)  
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati.

Jata Joot Se Baheti Ganga. Sab Ke Taph Mithathi. (x2)  
Dharti Aur Pyase Jeevo Ki. Maiya Pyas Bhuja Thi. (x2)  
Nij Ghir.pa Jagate Barsa Ye. Shiv Shankar Kailash Pati. } (x2)  
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati.

Mangal Kari Nam Hai Un.ka. Wo Hai Shakti Data (x2)  
Bhav Sagar Se Tar Jaye Wo. Jho Shiv Nam Hai Gata (x2)  
Mahamaya Se Man Ko Churaye, Shiv Shankar Kailash Pati. } (x2)  
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati.

# SHRI HANUMANA CHALISA

**Doha:**

**Shri Guru Charan. Saroj. Raj.,**

I bow to the Lotus Feet of the Divine Guru

**Nij. Manu Mukuru Sudhari.**

Having cleansed the mirror of my soul with the dust of the guru's lotus feet,

**Bharanaun Raghubara Bimal. Jasu,**

I describe Raghuvara's spotless glory, the bestower of the four fruits of life

**Jo Dayaku Phal. Chari**

Dharma (Virtue and right conduct) Artha, (Purpose, Wealth) Kama (Love and desire) and Moksha (Liberation, Salvation)

**Buddhihin. Tanu Janike,**

Realising that I am void of all wisdom,

**Sumiraun Pavan. Kumar.**

I meditate on the son of the Wind;

**Bal. Buddhi Bidya Dehu Mohin,**

May He bless me with strength, wisdom and knowledge

**Harahu Kales. Bikar.**

And rid me of my sufferings and sins.

**Choupai:**

**Jay. Hanuman. Gyan. Gun. Sagar,**

Hail Hanuman, ocean of knowledge and virtue!

**Jay. Kapis. Tihun-Loka Ujagar.**

Hail to the King of Monkeys who illumines the three worlds.

**Ram. Dut. Atulit. Bal. Dhama,**

Rama's messenger, of measureless strength,

**Anjani-Putra Pavan.-Sut. Nama**

Son of Anjani. You are called Pavansuta (the Wind God's son)

**Mahabir. Bikram. Baj.rangi,**

Great and powerful warrior, with limbs as sturdy as Vajra (Indra's mace),

**Kumati Nivar. Sumati Ke Sangi**

Remover of wickedness and friend of the wise

**Kanchan. Baran., Biraj. Subesa,**

Golden hued brilliant and well attired

**Kanan. Kundal. Kunchit. Kesa**

With pendants sparkling in your ears, on your head curly hair.

**Hath. Bajra Au Dhawaja Birajai,**

n your hands flash the mace and banner,

**Kandhe Munj. Janeu Sajai**

I across your shoulder the sacred thread of munja.

**Sankar. Suvan. Kesarinandana,**

Oh Shankara's son, the delight of Kesari,

**Tej. Pratap. Maha Jaga Bandana**

the greatness of your glory is adored all the world over.

**Bidyavana Guni Ati Chatur.,**

Learned, virtuous and wise,

**Ram. Kaj. Karibe Ko Atur.**

ever eager to accomplish Rama's work.

**Prabhu Charitra Sunibe Ko Rasiya,**

You delight in listening to the Lord's ambrosial acts,

**Rama Lakhana Sita Mana Basiya**

With Rama Lakshmana and Sita enshrined in your heart.

**Sukshm. Rup. Dhari Siyahin Dikhava,**

You appeared before Sita in a tiny form,

**Bikata Rup. Dhari Lank. Jarava**

In a figure awesome to behold you burnt the city of Lanka.

**Bhim. Rup. Dhari Asur. Sanhare,**

In a gigantic form you slew the demons,

**Ramachandra Ke Kaja Sanware**

Thus Rama's cause was entirely accomplished.

**Laya Sanjivan. Lakkan. Jiyaye,**

You brought the Sanjivani (life giving herb) and revived Lakshmana,

**Shri Raghubir. Harashi Ura Laye**

Joyously Rama embraced you.

**Raghupati Kinhi Bahuta Baraai,**

Rama praised you:

**Tum. Mam. Priya Bharatahi Sam. Bhai**

"You are as dear to me as Bharat."

**Sahas. Badan. Tumaharo Jas. Gavain,**

"The thousand-headed serpent (Seshnag) hymns your glory"

**As. Kahi Shripati Kanth. Lagawain**

Said Lakshmi's Lord, pressing you to his heart.

**Sanakadik. Brahmadi Munisa,**

Sanaka, his brothers, Brahma and other great sages;

**Narad. Sarad. Sahit. Ahisa**

Narada, Sharada and the serpent king, Seshnag.

**Jam. Kuber. Diggpal. Jahan Te,**

The Gods of Death (Yama), Wealth (Kubera), Guardians of all the Directions (Diggpals),

**Kabi Kobid. Kahi Sake Kahan Te**

Poets and scholars, cannot sing your glory.

**Tum. Up.kar. Sugrivahin Kinha,**

You served Sugriva greatly, bringing him to Lord Rama,

**Ram. Milaya Raj. Pad. Dinha**

Crowning him you got back for him his lost kingship.

**Tumharo Mantra Bibhishan. Mana,**

Vibhishan heeded your advice and

**Lankeshwar. Bhaye Sab. Jag. Jana**

Became King of Lanka, which the whole world knows.

**Jug. Sahastra Jojan. Par. Bhanu,**

From a distance of twelve thousand yojans

**Lilyo Tahi Madhur. Phal. Janu**

you mistook the sun for a fruit and swallowed it.

**Prabhu Mudrika Meli Mukh. Mahin,**

No wonder, putting Ram's ring in your mouth,

**Jaladhi Langhi Gaye Acharaj. Nahin**

You leapt across the ocean.

**Durgam. Kaj. Jagat. Ke Jete,**

All the worlds tasks, no matter how difficult,

**Sugam. Anugraha Tumhare Tete**

are made easy by your grace.

**Ram. Duare Tum. Rakhware,**

You guard the doorsteps of lord Ram,

**Hot. Na Agnya Binu Paisare**

No one can enter the divine abode without your permission.

**Sab. Sukh. Lahain Tumhari Sarana,**

Those who seek refuge in you enjoy all bliss,

**Tum. Rakshak. Kahu Ko Darana**

When you are the protector why should one fear.

**Apan. Tej. Samharo Apai,**

Your blazing power you alone control,

**Tinon Lok. Hank. Ten Kampai**

all the three worlds tremble at your deafening roar.

**Bhut. Pisach. Nikat. Nahin Awai,**

Evil spirits dare not come near

**Mahabir. Jab. Nam. Sunavai**

When your name, O Mahavir, is recited.

**Nasai Rog. Harai Sab. Pira,**

Disease is destroyed and suffering dispelled by

**Japat. Nirantar. Hanumat. Bira**

the constant repetition of the name of valiant Hanuman.

**Sankat. Ten Hanuman. Chhuravai,**

Hanuman delivers a person from all misery

**Man. Kram. Bachan. Dhyan. Jo Lavai**

If one meditates on Him with thought, word and deed.

**Sab. Par. Ram. Tapasvi Raja,**

Though Rama is a supreme ascetic, Lord of all,

**Tin.ke Kaj. Sakal. Tum. Saja**

yet you, Hanuman, fulfilled all his missions successfully.

**Aur. Manorath. Jo Koi Lavai,**

All those who come to you with a desire in mind,

**Soi Amit. Jivan. Phal. Pavai**

has their wish fulfilled, you also secure for them the countless fruits of life.

**Charon Jug. Partap. Tumhara,**

Your glory is famed through all the four ages,

**Hai Parsiddh. Jagat. Ujyara**

Shedding its lustre on on the terrestrial sphere.

**Sadhu Sant. Ke Tum. Rakh.ware,**

Your are the protector of every saint and sage,

**Asur. Nikandan. Ram. Dulare**

Destroyer of the demons, and Rama's pet.

**Ashta Siddhi Nav Nidhi Ke Data,**

Bestower of the eight Siddhis (Yogic Powers) and nine Nidhis (types of Wealth),

**As. Bar. Din. Janaki Mata**

Such is the boon bestowed by Mother Janaki.

**Ram. Rasayan. Tumhare Pasa,**

You possess the Divine Elixir of Rama's name.

**Sada Raho Raghupati Ke Dasa**

You remain ever the servant of Lord Rama.



**Tumhare Bhajan. Ram. Ko Pawai,**

By hymns sung in your praise one reaches Shri Ram

**Janam. Janam. Ke Dukh. Bis.ravai**

And forgets the sufferings of many lives.

**Ant. Kala Raghubar. Pur. Jai,**

Such a one in the end enters the City of Raghuvira (the Divine Abode),

**Jahan Janma Hari Bhakta Kahai**

After death. If reborn he called God's devotee.

**Aur. Dev.ta Chitt. Na Dharai,**

Your devotees need not remember any other deity.

**Hanumat. Sei Sarb. Sukh. Karai**

All happiness is assured by Lord Hanuman.

**Sankat. Katai Mitai Sab. Pira,**

One who remembers Hanuman,

**Jo Sumirai Hanumat. Bal.bira**

the brave, is freed from all difficulties and pain.

**Jay Jay Jay Hanuman. Gosain,**

Hail, hail, hail to Hanuman! Lord of my entire self.

**Kripa Karahu Guru Dev. Ki Nain**

I surrender completely to you. Shower your grace on me like a Divine Guru.

**Jo Sat. Bar. Path. Kar. Koi,**

One who recites this Chalisa a hundred times

**Chhutahin Bandi Maha Sukh. Hoi**

Will be delivered from difficulties and will attain great joy.

**Jo Yah. Parhai Hanuman. Chalisa,**

One who recites the Hanumanchalisa

**Hoya Siddhi Sakhi Gaurisa**

will become a Siddh Purush (attains perfection) to which Lord Shiva testifies.

**Tul.sidasa Sada Hari Chera,**

Tulsidas who is ever the servant of Hari says:

**Kijai Nath. Hridaya Mahan Dera (x2)**

O Lord, may you always reside in my heart."

**Doha:**

**Pavan. Tanay. Sankat. Haran.,**

O Son of the Wind God, deliverer from miseries,

**Mangal. Murati Rup.**

Embodiment of all blessings.

**Ram. Lakhan. Sita Sahit.,**

King of the Devas, please reside in my heartWW

**Hridaya Basahu Sur. Bhup..**

with Ram, Lakshman and Sita

## **SAHASTRARA SWAMINI MA**

*(Pt. B. Subramanian- 'Ma Hamari Vandana')*

**Ma, he Ma, Sahastrara Swamini Ma (x2)**

O Mother, the Queen of Sahasrara

**Sahasrara Swamini Ma Nirmal tum hi**

Queen of Sahasrara, no doubt You are

**Vandana karate Sahaja Yogi jana**

We, the Sahaja Yogis with folded hands

**Do kar jode tava charanan mein**

Bow to thee, at Your Lotus Feet

**Karen samarpit tana aur mana**

And we surrender our body and soul

**Ma, he Ma, Sahastrara Swamini Ma (x2) (CHORUS)**

O Mother, the Queen of Sahasrara

**Sahasrara ka kiya vibhedan**

By piercing the Sahasrara chakra

**Ye hampar upkar hai bhari**

You have benefited the whole of humanity

**Ma Nirmal ho bhar do ham mein**

Please pervade our being with purity

**Apni ye Nirmalta sari**

With the Purity that defines You

**Tere hi anchal ke saye mein**

It was in Your motherly protection

**Nava janma mila, pale badhe hain**

That we got reborn, nurtured, evolved and matured

**Tera hi dar hai sabse sundar**

Your abode is the most magnificent and graceful haven on earth

**Tere hi dar pe an khade hain**

The doorsteps of which we come, now, to ask for Your blessings





# SANSKRIT SONGS







*When you were singing I felt the clouds were catching the notes, weaving them within themselves, and when it would rain, the rain would sing the song again, as if the valleys were resounding, so beautifully, and the echo was very gentle and filling the whole atmosphere. Perhaps you are not aware of the subtlety of the Divine, how much it is anxious to work it out. But our trumpets and our flutes and our drums have to be all right. There has to be co-ordination - complete synchronising – then the melody is played in a beautiful way. Clouds only carry the purest water, the purest hymns, so when we are spreading the message we have to understand that it has to come from a pure soul. Purity is very important.*

**Sheffield seminar - U.K. - 12<sup>th</sup> September - 1985**

# JAY JAY BHAVANI

## Chorus:

**Jay jay Bhavani, jay jay Shivani**

Victory to Shri Mataji Nirmala Devi who is  
the Queen of Bhava (Shiva, giver of light to the universe

} (x2)

**Nir.mal. Mata jay. Devi**

Victory to the Goddess Mother Nirmala

**Mangal. Dayini Nir.mal. Ma (x2)**

O Mother Nirmala, You are the Giver of auspiciousness

**Vidya Dayini Nir.mal. Ma (x2)**

O Mother Nirmala, You are the Giver of knowledge

**Shakti Dayini Nir.mal. Ma (x2)**

O Mother Nirmala, You are the Giver of power to Your devotees

**Jay. Mahalakshmi Nir.mal. Ma (x2)**

Victory to Shri Mataji Nirmala Devi who integrates the power of Mahalakshmi,

**Jay. Mahakali Nir.mal. Ma (x2)**

Victory to Shri Mataji Nirmala Devi who integrates the power of Mahakali,

**Jay. Mahasaraswati Nir.mal. Ma (x2)**

Victory to Shri Mataji Nirmala Devi who integrates the power of Mahasaraswati

**Sahaj. Yog. Dayini Nir.mal. Ma (x2)**

O Mother Nirmala, You are the One who grants spontaneous self-realisation

**Sahasrar. Swamini Nir.mal. Ma (x2)**

The One who resides on Sahasrara

**Moksh. Pradayini Nir.mal. Ma (x2)**

And gives us moksha, liberation from birth and death

**Vishw. Vilasini Nir.mal. Ma (x2)**

O Mother Nirmala, the whole universe is for Your pleasure

**Vishw. Vinodini Nir.mal. Ma (x2)**

You are magnetic and fascinating so You win the heart of the whole universe

**Vishw. Samharini Nir.mal. Ma (x2)**

And You are the One who protects the whole universe

**Anand. Dayini Nir.mal. Ma (x2)**

O Mother Nirmala, You are the giver of joy to Your devotees

**Brahmanand. Dayini Nir.mal. Ma (x2)**

O Mother Nirmala, You are the giver of supreme joy to Your devotees

**Chidanand. Dayini Nir.mal. Ma (x2)**

O Mother Nirmala You are the giver of complete bliss and awareness to Your devotees

**Bhuvan.-mohini Nir.mal. Ma (x2)**

Oh Mother Nirmala You are the one who is fascinated by the universe of Shri Yama

**Jag.doddharini Nir.mal. Ma (x2)**

Oh Mother Nirmala You are the giver of liberation from death and birth to the universe

**Jagahit.-karani Nir.mal. Ma**

Oh Mother Nirmala You are the cause of the benevolence of the whole universe

**Gar.v. Nashini Nir.mal. Ma (x2)**

**Dukh. Vilasini Nir.mal. Ma (x2)**

**Satt. Gatti Dayini Nir.mal. Ma (x2)**

**Shakti Dayini Nir.mal. Ma** (x2)  
**Bhakti Dayini Nir.mal. Ma** (x2)  
**Jagahit. Karini Nir.mal. Ma** (x2)

O Mother Nirmala, You are the source of benevolence for the whole universe

**Nir.mal. Mata Jay Devi** (x ...)

## AYI GIRI NANDINI

(Shankaracharya's Praise Of The Divine Mother - 'The Universe Sings')

**Ayi Giri Nandini Nandit. Medini**

O beloved Daughter of the mountains, the One who brings about great joy to the earth,

**Vishw. Vinodini Nandinute**

The One who brings joy to the whole universe, I prostrate myself before You  
Who are of the form of complete bliss

**Girivar. Vindhya Shirodhini Vasini**

Your holy abode is in the king of the mountains, the Vindhya's

**Vishnu Vilasini Vishnu Nute**

Shri Vishnu is filled with joy when He meditates on You. I seek refuge at Your Lotus Feet

**Bhagavati He Shiti Kanth. Kutumbini**

O great Creatrix of this universe, the great Goddess who is the Wife of Lord Shiva,  
the blue throated one, and of the family of Lord Shiva

**Bhu ri Kutumbini Bhu ri krute**

You belong to the universal family and for You the whole universe is Your family.

You are the One who does the greatest of great actions, namely giving Self-Realisation.

**Chorus:**

**Jay. Jay. Hai Mahishasur. Mardini** } (x3)

Victory to You O Great Goddess

Who killed the terrible demon, Mahishasura

**Ramyak. Par.dini Shailasute**

You are the One with the beautiful luminous face, Daughter of the king of the Mountains,  
Shri Parvati, the Wife of the One who has the matted locks, that is Lord Shiva

**Sur.var. Varshini Dur.dhar. Dhar.shini**

On the Gods You shower auspicious blessings. Enemies of the Gods are so powerful,  
Yet You are able to keep them away.

**Dur.mukh. Marshini Har.sharate**

You are the Destroyer of the evil faced ones (demons). You are the giver of uninterrupted happiness

**Tribhuvan. Poshini Shankar. Toshini**

You are the One who looks after and sustains all the three worlds,

The One who is the ultimate joy of Lord Shankara.

**Kilmisha Moshini Ghosharate**

You alone can destroy all our sins which You do by giving us self-realisation. Yet for the enemies of  
The Gods and of Your children, You always wear a ferocious expression that says "beware!"

**Danuj. Niroshini Kshit. sut.roshini**

You show to the Gods that You are pleased with them. Yet to the sons of Diti who are the demons,  
(different from Aditi, the Mother of the Gods) You always show Your displeasure.

**Dur.mud. Shoshini Sindhusute**

Even though there may be demons who have great strength, You can take their evil strength away.

### **Ayi Shat. Khanda Vikhandit. Runda**

O Goddess You cut the demons into 100 parts and then cut them again and scatter the pieces

### **Vitundit. Shunda Gajadhipate**

And pulverise the remaining parts into less than dust —

Even those demons that could be described as powerful as the King of Elephants.

### **Ripugaja Ganda Vidarana Chanda**

The demons who are as strong as elephants or as ferocious as lions,

### **Parakrama Shunda Mrugadhipate**

You alone, O Great Goddess, cut them and smash them into nothing

### **Nijabhuj. Danda Nipatit. Chanda**

All this You do by using Your own powerful arms, without the help of anyone else. And after having destroyed them completely, if anything remains there, You scatter that also away

### **Vibhatit. Munda mathadhipate**

You cut off their heads in one sweep and toss them away like balls

### **Dhanu Ranu Sanga Rana Kshana Sanga**

In the battlefield You are so absorbed in the battle that Your arm moves continuously shooting arrows. Your entire body shakes as if You are dancing and Your bangles make musical sounds

### **Parisphut. Danga Natatkatake**

Even while You are continuously brandishing the force of the Gods, You do it with total concentration, with grace and beauty

### **Kanak. Pishanga Pushatka Nishanga**

O Great Goddess, You destroyed the demon Vatuke, when You shot Your arrows in the battlefield

### **Rasad Bhata Shrunga Hata Batuke**

They looked like flashes of gold and yellow light shining from Your bow

And they made sounds that are pleasing to the ear

### **Krut. Chaturanga Bala Kshiti Ranga**

And Your very presence fills this army of Gods with enthusiasm, joy and valour, and even their arrows which are in the quiver on their backs shine forth with new colours

### **Ghatad. Bahu Ranga Ratad. Batuke**

Seeing all this, Lord Bhairava dances in front of You in great ecstasy, repeating over and over again "Jai Mataji, Jai Mataji!"

### **Jay. Jay. Japya Jaye Jay. shabda**

O Great Goddess, who brings salvation to the world, our complete prostration before You.

Constant incantation of Your Holy Name is the most supreme prayer that a devotee can take for his own meditation

### **Parastuti Tatpara Vishwanute**

And when he gets absorbed in saying Your Name, the need for other sounds and language falls away.

O Goddess, who has brought salvation to this world, we constantly prostrate ourselves before You.

### **Jhana Jhana Jhinjhita Jhinkruta Nupura**

Lord Shiva, who, though beyond sound and language, when He hears the sound of Your wondrous ornaments moving against one another,

### **Jhinjita Mohita Bhutapate**

When You are in battle or in dance and make sounds like Jhana JhanaJhinjita and Jhinkruta, He becomes totally filled with joy and leaving His meditation desires to hear these heavenly sounds again and again.

### **Natina Natartha Natin. Nata Nayaka**

O Great Goddess, who took the form of Shri Ardhha Narishwara, when You dance in the company of other great dancers, You put them all to shame

### **Natita Nataya Yuganu Rate**

For Your divine cosmic dance You always have the greatest musicians and singers accompany You.

**Ayi Sumanas Sumanas Sumanas**

(Here the poet uses the word Sumanah 4 times; each time it denotes a different aspect of the Devi.)  
With Your beautiful mind, You are also like a soft flower. Though we are seeing You in the form of Shri Durga, Your mind is as that of Lord Shiva and Shri Parvati

**Sumanas Sumanohara Kantisute**

Your being is so beautiful, and seeing You in this beautiful form our minds become as pure as those of the Gods, and we worship You even more because You are the one who is totally effulgent and all kinds of lights emanate from You.

**Shrit. Rajani Rajani Rajani**

(Here the word Rajani has four different meanings)

The night takes Your protection. Beautiful, You are the one whose Aarti we do

**Rajani Rajani kara Vakravrate**

You are the One who has no birth; You are eternal; in Your hand You hold a lotus;  
Your noble face shines like a full moon

**Sunayana Vibhrama Rabhrama Rabhrama**

We see Your beautiful eyes under the lovely dark eyebrows that look like a cluster of bees

**Rabhrama Rabhrama Radhipate**

Your name is also Shri Brahmari Devi; when You raise Your eyebrows, the three lines that are formed on Your forehead are the three worlds themselves, and simply by the movement of Your eyebrows You create and dissolve the three worlds

**Sahita Maharnava Malla Mattalika**

In the battlefield when You are faced with great fighters

**Vallika Rallika Mallarate**

You do battle with them in the way in which they fight

**Vir.chita Vallika Pallika Mallika**

When You are confronted with such powerful demons who use no weapons,  
You become totally absorbed in that battle

**Jhillika Bhillika Vargavrate**

And make plans to destroy them after You have tired them. All this brings great joy to the Bhil tribes who were being harassed by these Mallas.

**Sitakruta Phulli Samulla Sitaruna**

Your actions are so beautiful, like the rays of the rising sun, and become apparent to us as if flowers are suddenly blossoming on creepers

**Tallaja Pallava Sallalite**

Seeing all these beautiful actions Lord Shiva becomes pleased.

**Kamala Dalamala Komala Kanti**

Those beautiful pure clusters of lotuses that emit very gently and sweetly beautiful light

**Kala Kalikamala Bhala Late**

You have made these flowers blossom by Your own powers and have put them in Your hair.

**Sakala Vilasa Kala Nilayakrama**

Heavenly swans have the power to discriminate and when they recognise all of your great work,

**Keli Chalatkala Hansa Kule**

They are filled with complete joy and move around in an excited manner

**Alikula Sankula Kuvalaya Mandala**

Just as clusters of bees are attracted to groups of fragrant lotuses

**Mauli Milad Bakulati Kule**

The stars come in clusters attracted to Your forehead.

## **SAR.VA MANGALA**

*(Adi Shankaracharya - Devi Mahatmayam Chapter 11)*

*(Swiss Sahaja Yogis - 'Music of Joy 1')*

**Sar.va Bhuta Yada Devi  
Bhuktimukti Pradayini  
Twam Stuta stutaye Ka Wa  
Bhavantu Paramoktayah**

When You have been lauded as the embodiment of all beings, the Devi (the Effulgent One), and Bestower of the enjoyment and liberation, what words, however excellent, can praise You?

### **Chorus:**

**Sar.va Mangala Mangalye  
Shive Sarvartha Sadhike  
Sharanye Tryambake Gauri  
Nirmala Ma Namostute**

Salutation be to You, O Shri Nirmala Ma, O You who are the good of all good, O auspicious Devi, who accomplishes every object, the Giver of refuge, O three-eyed Gauri!

**Sarvasya Buddhi Rupena  
Janasya Hrudi Samsthite  
Swargapavarga De Devi  
Nirmala Ma Namostute**

Salutation be to You, O Shri Nirmala Ma, O You who abide as intelligence in the hearts of all creatures and bestow enjoyment and liberation.

**Kalakasthadi Rupena  
Parinama Pradayini  
Vishwas. Oparatau Shakte  
Nirmala Ma Namostute**

Salutation be to You, O Shri Nirmala Ma, You who, in the form of minutes, moments and other divisions of time, bring about change in things, and have thus the power to destroy the universe.

**Sruti Sthiti Vinashanam  
Shakti Bhute Sanatani  
Gunashraye Gunamaye  
Nirmala Ma Namostute**

Salutation be to You, O Shri Nirmala Ma, You who have the power of creation, sustentation and destruction and are eternal. You are the substratum and embodiment of the three Gunas.

**Shankha Chakra Gada Sharnga  
Gruhita Paramayudhe  
Prasida Vaishnavi Rupe  
Nirmala Ma Namostute**

Salutation be to You, O Shri Nirmala Ma, O You who hold the great weapons of conch, discus, club and bow, and take the form of Vaishnavi (Shakti of Vishnu), be gracious.

**Lakshmi Lajje Mahavidye  
Shraddhe Pushti Swadhe Dhruve  
Maharatri Mahamaye  
Nirmala Ma Namostute**

Salutation be to You, O Shri Nirmala Ma, who are good fortune, modesty, great wisdom, faith, nourishment and Swadha, O You who are immovable, O You, great Night and great Illusion.

**Sarva Swarupe Sarveshe  
Sarovashakti Samanvite  
Bhayaebhyastrahi No Devi  
Durge Devi Namostute**

O Queen of all, You who exist in the form of all, and possess every might, save us from error, O Devi. Salutation be to You, Devi Durga!

**Etat Te Vadanam Saumyam  
Lochanatraya Bhushitam  
Patu Nah Sarva Bhibebhyah  
Katyayani Namostute**

May this benign countenance of Yours adorned with three eyes, protect us from all fears. Salutation be to You, O Katyayani!

**Jwala Karala Matyugram  
Sheshasura Sudanam  
Trishulam Patu No Bhitir  
Bhadrakali Namostute**

Terrible with flames, exceedingly sharp, destroyer of all the asuras, may Your trident guard us from fear. Salutation be to You, O Bhadrakali!

## **SAT CHIT ANAND. RUPAH**

**Sat Chit Anand. Rupah  
Shivo Ham, Shivo Ham  
Sat Chit Anand. Rupah  
Shivo Ham, Shivo Ham**

When I become the embodiment of truth and Joy I become one with Shri Shri

## **JAY JAGADAMBE**

**Jay Jagadambe Mata Bhavani  
Nirmala Mata Jagadambe  
Jay Jagadambe Purna Kadambe  
Nirmala Mata Jagadambe**

Victory to you, O Mother of the Universes, Divine Mother, pure Mother, complete Mother of all bountifulness. Victory to you

## YA DEVI SARVA BHUTESHU

(Aparajita Hymn, from chapter 5, Devi Mahatmyam)

**Namo Devyai Maha Devyai  
Shivayai Satatam Namah.  
Namah. Prakrutyai Bhadrayai  
Niyatah Pranatah Sma Tam**

The Gods said: Salutation to the Devi, to the Mahadevi. Salutation always to Her who is ever auspicious. Salutation to Her who is the primordial cause and the sustaining power. With attention, we have made obeisance to Her.

**Raudrayai Namō Nityayai  
Gauryai Dhatryai Namō Namah  
Jyotsnayai Chendu Rupinyai  
Sukhayai Sutatam Namah.**

Salutation to Her who is terrible, to Her who is eternal. Salutation to Gauri, the supporter (of the universe). Salutation always to Her who is of the form of the moon, moonlight and happiness itself.

**Kalyanyai Pranatam Vruddhyai  
Siddhyai Kurmo Namō Namah.  
Nairutyai Bhubhrutam Lakshmyai  
Sharvanyai Te Namō Namah.**

We bow to Her who is welfare; we make salutations to Her who is prosperity and success. Salutation to the consort of Shiva who is Herself the good fortune as well as misfortune of beings.

**Durgayai Durga Parayai  
Sarayai Sarva Karinyai ,  
Khyatyai Tathaiva Krishnayai  
Dhumrayai Satatam Namah.**

Salutations always to Durga who takes one across in difficulties, who is the author of everything; who is the knowledge of discrimination; and who is blue-black as also smoke-like in complexion.

**Atisaumy Atiraudrayai  
Namastasyai Namō Namah.  
Namō Jagat. Pratishthayai  
Devyai Krutyai Namō Namah.**

We prostrate before Her who is at once most gentle and most terrible; we salute Her again and again. Salutation to Her who is the support of the world. Salutation to the Devi who is of the form of the volition.

**Ya Devi Sarva Bhuteshu  
Vishnumayeti Shabdhitā  
Namastasyai Namastasyai  
Namastasyai Namō Namah.**

*Magic Of Vishnu*

Salutations again and again to the Devi who in all beings is called Vishnumaya (Magic of Vishnu).

**Ya Devi Sarva Bhuteshu  
Chetanetya bhidhiyate  
Namastasyai Namastasyai  
Namastasyai Namō Namah.**

*Consciousness*

Salutations again and again to the Devi who abides in all beings as consciousness.

**Ya Devi Sarva Bhuteshu  
Buddhi Rupena Samsthita  
Namastasyai Namastasyai  
Namastasyai Namostamam.**

*Intelligence*

<b>Nidra</b>	<i>Sleep</i>	<b>Kshuddha</b>	<i>Hunger</i>
<b>Chaya</b>	<i>Reflection</i>	<b>Shakti</b>	<i>Cosmic power</i>
<b>Trushna</b>	<i>Thirst</i>	<b>Kshanti</b>	<i>Forgiveness</i>
<b>Jati</b>	<i>Cast</i>	<b>Lajja</b>	<i>Modesty</i>
<b>Shanti</b>	<i>Peace</i>	<b>Shraddha</b>	<i>Faith</i>
<b>Kanti</b>	<i>Loveliness</i>	<b>Lakshmi</b>	<i>Good fortune</i>
<b>Vrutti</b>	<i>Activity</i>	<b>Smruti</b>	<i>Memory</i>
<b>Daya</b>	<i>Compassion</i>	<b>Tushti</b>	<i>Contentment</i>
<b>Matr.</b>	<i>Divine Mother</i>	<b>Bhranta</b>	<i>Error</i>

**Indriyanam Adhishthatri  
Bhutanam Cha Khilleshu Ya  
Bhuteshu Satatam Tasyai  
Vyapti Devyai Namostamam.**

To the all-pervading Devi who constantly presides over the senses of all beings and governs all the elements

**Chiti Rupena Ya Krutnam  
Etad. Vyapya Sthita Jagat  
Namastasyai Namastasyai  
Namastasyai Namostamam.**

Salutations again and again to Her who, pervading this entire world, abides in the form of consciousness.

**Stuta Suraih Purvam bhishta Samshrayattatha  
Surendrena Dineshu Sevita  
Karotu Sa Nah Shubha Hetur Ishwari  
Shubhani Bhadranya Bhihantu Cha Padah**

Invoked of yore by the Devas for the sake of their desired object, and adored by the lord of the Devas every day, may She, the Ishwari, the source of all good, accomplish for us all auspicious things and put an end to our calamities!

**Ya Sampratam Choddhata Daitya Tapitai  
Rasmabhir Isha Chasurair Namasyate  
Ya Cha Smruta Tat Kshanam Eva Hanti Nah  
Sarvapado Bhakti Vinamra Murtibhih**

And who is now again, revered by us, Devas, tormented by arrogant asuras and who, called to mind by us obeisant with devotion, destroys this very moment all our calamities.

# MAHALAKSHMI STOTRAM

## SHRI NIRMALA DEVI NAMOSTUTE

(*The Universe Sings*)

**Namastestu Mahamaye**  
**Shri Pithe Sur.pujyite**  
**Shankh. Chakra Gada Haste**  
**Shri Nirmala Devi Namostute**

O Shri Mahalakshmi, salutations to You who are Mahamaya, who are the seat of wealth and beauty, who are worshipped by Gods, & who have the conch, the wheel & the mace in Your hands.

**Namaste Garuda Rudhe**  
**Kolha Sur. Bhayankari**  
**Sarv. Pap. Hare Devi**  
**Shri Nirmala Devi Namostute**

O Shri Mahalakshmi, salutations to You who is riding on Garuda (the eagle), who creates terror in the demon kola and who is the Goddess removing all sins.

**Sarvagnye Sarv. Var.De** } (x2)  
**Sarva Dusht. Bhayankari** }  
**Sarva Dukh. Hare Devi**  
**Mahalakshmi Namostute (x2)**

O Shri Mahalakshmi, salutations to You who are omniscient, who are giving all the boons, who are the terror to all the wicked and who are the Goddess removing all the sufferings.

**Siddhi Buddhi Prade Devi** } (x2)  
**Bhukti Mukti Pradayini** }  
**Mantr. murte Sada Devi**  
**Mahalakshmi Namostute (x2)**

O Shri Mahalakshmi, salutations to You who are the Goddess giving fulfilment (Siddhi) and intelligence, who gives enjoyment and salvation and who are always the mantra personified.

**Adyantar. Hite Devi**  
**Adyashakti Maheshwari**  
**Yog. je Yog. Sambhute**  
**Shri Nirmala Devi Namostute**

O Shri Mahalakshmi, salutations to You who have no beginning and no end, who is the Adi Shakti (primordial Divine Power) and the great Goddess who is born of Yoga.

**Sthul. Sukshma Maha Raudre**  
**Maha Shakti Maho Dhare**  
**Maha Pap. Hare Devi**  
**Shri Nirmala Devi Namostute**

O Shri Mahalakshmi, salutations to You who are subtle and solid (sthul), who are very fierce, almighty and with a big belly and who removes great sins.

**Padmasan. Sthite Devi** } (x2)  
**Parabrahma Swarupini** }  
**Parameshi Jagan Matah**  
**Mahalakshmi Namostute**

O Shri Mahalakshmi, salutations to You who are seated on the lotus, who are in the form of Parabrahma, who are the greatest controller and who are the Mother of the universe.

**Shwetambar. Dhare Devi** } (x2)  
**Nana Alankar. Bhushite**  
**Jagat Sthite Jagan Matah**  
**Mahalakshmi Namostute**

O Shri Mahalakshmi, salutations to You who are clad in white robes, who are adorned with various ornaments, who exist everywhere in the universe and are the Mother of the universe.

**Shri Nirmalam Stakam Stotram**  
**Yat Pathed Bhakti Mannarah**  
**Sarv. Siddhi-Ma-Vapnoti**  
**Rajyam Prapnoti Sarvada**

This hymn to the great Goddess of Wealth, if read with devotion, will bestow all success, will grant all worldly position.

**Ek.-Kalam Parhennityam**  
**Maha pap. Vinashanam**  
**Dwi-Kalam Yah Pathennityam**  
**Dhan.-Dhanya Samanvitah**

If always read once a day, great sins will be destroyed. If always read twice a day, wealth and prosperity will ensure.

**Trikalam Yah Pathennityam**  
**Maha Shatru Vinashanam**  
**Shri Nirmala Devi Bhavennityam**  
**Prasanna Var.dha Shubhah**

If always read three times a day, the great enemy (ego) will be destroyed. Mahalakshmi will be ever pleased with that auspicious one

**Namastestu Mahamaye**  
**Shri Pithe Sur. Pujite**  
**Shankh. Chakra Gada Haste**  
**Shri Nirmala Devi Namostute**

**Namastestu Mahamaye** } (x2)  
**Shri Pithe Sur. Pujite**  
**Shankh. Chakra Gada Haste**  
**Mahalakshmi Namostute** (x2)

**Om... Twamewa Sakshat...**  
**Shri Jagan Mata...**  
**Mahalakshmi Sakshat...**  
**Shri Nirmala Devi Namoh Namah.** (x3)

If one recites these verses in the praise of Shri Mataji with devotion,  
 then one is endowed with powers  
 Reciting them once a day regularly – destroys all sins  
 Reciting them twice one gets material wealth  
 Reciting them thrice all enemies are destroyed  
 However, worshipping Shri Mataji regularly,  
 the goddess is pleased and bestows blessings and auspiciousness

## GURU STUTI

(Sanjay Talwar - 'Adi Shakti Poojan Vol. II')

**Brahmha nandam, Param. Sukh.dam  
Kevalam Gyan. murtim  
Dwandatitam Gagan. sadrisham  
Tatwamasyadi Lakshyam**

Primordial egg of the universe, giver of Joy and peace  
Alone, all- knowing, beyond pain, heavenly being  
Highest sign of auspiciousness.

**Ekam Nityam Vimalam Achalam  
Sarvadhilakshmi Bhutam  
Bhavatitam Triguna Rahitam  
Sadgurum Tam Namah**

Alone, pure, eternal, Immovable Mountain  
Wise, seeing all creatures.  
Purest soul, beyond the three gunas  
Object of our meditation.

**Chaitanyam Shashwatam Shantam  
Vyomatitam Niranjanam  
Nadibindu Kalatitam  
Tasmai Shri Guruve Namah.**

The name of that Guru is eternal peace,  
Heavenly purity, rays of the sun beyond time.  
Reverence to that holy Guru.

**Gurur Brahma, Gurur Vishnuh,  
Gurur Devo Maheshwarah  
Guruh Sakshat Parabrahma  
Tasmai Shri Guruve Namah.**

That Guru is the essence of Brahma, of Vishnu, of Mahesha.  
That Guru is truly the Parabrahma.

**Dhyan. Mulam Guru murti  
Puja Mulam Guroh Padam  
Mantra Mulam Guroh Vakyam  
Moksha Mulam Guroh Krupa**

That Guru is the root of meditation,  
The source of worship is the Lotus Feet.  
That Guru's speech is the source of Mantras.  
Truly the very form of that Guru is the source of Moksha.

**Akhand. Mandala Karam  
Vyaptam Yen. Chara Charam  
Tat Padam Darshitam Yena  
Tasmai Shri Guruve Namah.**

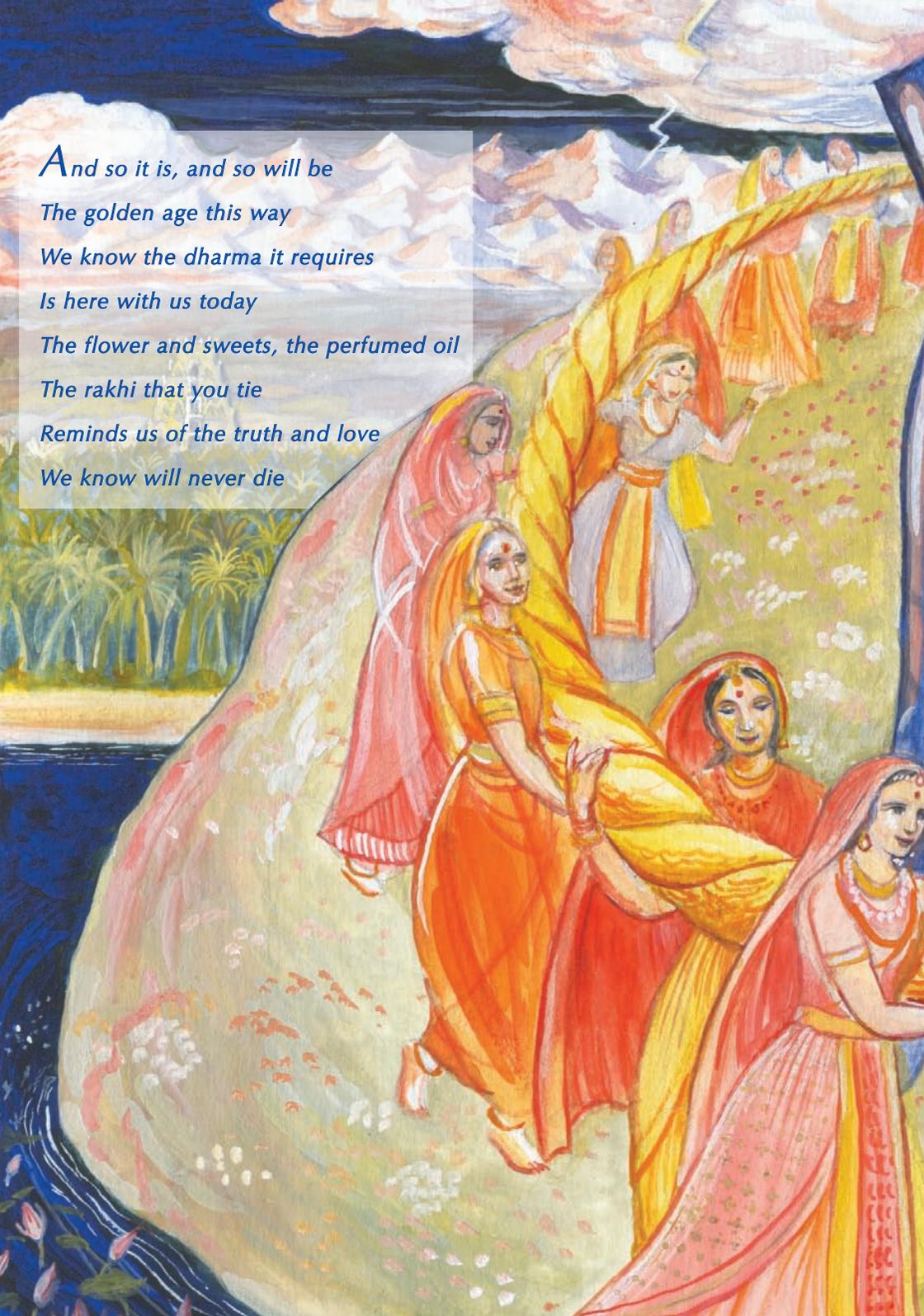
Miraculously, the circles of my wandering have ended  
At the sight of the Guru's Lotus Feet.  
All praise to that Guru.

**Agyana timi randhasy.  
Gyanamjan. Shalakaya  
Chakshurun militam. Yen.  
Tasmai Shri Guruve Namah.**

That Guru points us beyond ignorance  
To the hidden opening in the lotus which leads  
to the nectar of divine knowledge



*And so it is, and so will be  
The golden age this way  
We know the dharma it requires  
Is here with us today  
The flower and sweets, the perfumed oil  
The rakhi that you tie  
Reminds us of the truth and love  
We know will never die*





## GANESH. STUTI *(Hem.ja Sutam Bhaje)*

### Chorus:

**Hem.ja Sutam Bhaje Ganesh. Mish. Nandanam  
Ek.dant. Vaktund. Nag. Yagya Sutr.kam  
Rakt. Gatr. Dhurm. Netr. Shubhr. Vastr. Manditam  
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam**

I worship Shri Ganesh who is the son of Shiva and Parvati, who has the sacred thread of a snake, who is adorned with white robes and who has the face of an elephant. O Lord, salutations to You who have one tooth and red limbs and smoke-like eyes and who fulfils all our desires and who verily is the protector of devotees.

**Pash. Pani Chakr. Pani Mushakadi Rohinam } (x2)  
Agni Koti Surya Jyoti Vajr. Koti Nirmalam  
Chitr. Mal. Bhakti Jal. Bhal. Chandr. Shobhitam  
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam**

I worship Shri Ganesh who rides a mouse, who is pure and bright like millions of flames of fire like the splendour of the sun and like millions of diamonds, one who is decorated with a net of beautiful designs of colourful garlands and also with a crescent moon on the forehead. O Lord, salutations to You who fulfils all our desires and who are the protector of devotees.

**Bhut. Bhavya Havya Kavya Bhrigu Bharg. Varchitam } (x2)  
Divya Vahini Kal. Jal. Lok. Pal. Vanditam  
Purn.Brahm. Suryavarn. Purusham Purantakam  
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam**

I worship Shri Ganesh who is the past and future, who is oblations and who is worshipped by Bhrigu and Bhargawa (Rishis). The One who has a Divine army, who is the trap of death itself, who is saluted by all the eight Lokpalas (protectors of the worlds), who is Purna, Brahma, who is bright like the sun, the ancient and first God. O Shri Ganesh, salutations to You who fulfil all our desires and who are the protector of devotees.

**Vishw. Virya Vishw. Surya Vishw. Karm. Nirmalam } (x2)  
Vishw. Harta Vishw. Karta Yantr. Tantr. Pujitam  
Chatur Mukham Chatur Bhujam Sevituram Chatur Yugam  
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam**

I worship Shri Ganesh who is the valour of the universe, the sun of the universe, who performs various tasks, who is holy (pure), who is the destroyer and creator of the universe, who is worshipped here and there (by yantra and tantra), who has four faces, four hands and who is worshipped throughout the four ages. O Shri Ganesh, salutations to You who fulfil all our desires and who is the protector of Your devotees.



## SANSKRIT SHLOKAS

(Marriage Ceremony)

Swasti Shri Gananayakam Gaj.mukham Moreshwaram Siddhidam  
Ballari Stu Vinayakastath Marndhe Chintamani Sthevaram  
Lenyadri Girijatmakam Suvaradam Vighneshwaram Ojharam  
Graye Ranjan Sansthit Ganapatih Kuryat Sada Mangalam

Kasturitolakam Lalatapatale Vakshah.sthale Kaustubh.  
Nasagrevar Nav Mauktikam Karat.le Venukare Kankanam  
Sarvange Harichandanam Sulalitam Kanthe Cha Muktavali  
Gop.si Pariveshthito Vijayate Kuryat Sada Mangalam

Ramo Raj.mani Sada Vijayate Ramam Ramesham Bhaje  
Ramenabhithata Nishacharacharam Ramay.tasmai Namah.  
Ramannasti Parayanam Parataram Ramatya Daso Smayaham  
Ramachittalayah Sada bhavatu Me Kuryat Sada Mangalam

Yam Bramhavarunedraru Dramarutah Stunvanti Divyestavai  
Vedam Sangapradakramopanishade Gayantti Yam Samagah  
Dhyanavastita Tadgaten Manasa Pashyanti Yam Yogino  
Yasyant Vidur Sura Suragana Kuryat Sada Mangalam

Ya Kundedutushar Har Dhav.la Ya Shubhravastravruta  
Ya Vinavar Dandamandit.kara Ya Shwet.padmasana  
Ya Bramhachyut Shankar.prabhutibhirdeve Sada Vandita  
Samanpatu Saraswati Bhagawati Kuryat Sada Mangalam

Lakshmih Kaustubhparijatak. Sura Dhanvantarishchandrama  
Gavah Kamadudha Sureshwar.gajo Rambhadi Devangana  
Ushvah Saptmukho Vish Haridhanu Shankhohmrut. chambuye  
Ratnanih Chaturdesh Pratidin Kuryat Sada Managalam

Ganga Sindhu Saraswati Cha Yamuna Godavari Narbhada  
Kaveri Sharayu Mahendrananaya Charmanvati Vedika  
Kshipra Vetr.vati Mahasur.nadi Khyata Cha Ya Gandaki  
Purn Purnajaleh Samudr. Sahita Kurvantu Me Mangalam  
Shubh.lagan Sav.dhan

# JAY GAN.RAYA, SHRI GAN.RAYA

(Simple - 'Maa Adi Shakti')

**Jay Gan.raya..., Shri Gan.raya...**

Victory be to Shri Ganesh, the Lord of Ganas!

## **Chorus:**

**Jay Gan.raya..., Shri Gan.raya...  
Jay Gan.raya, Shri Gan.raya  
Mangal. Murti Moraya** } (x2)

O Auspicious One, O Moraya!

**Siddhi Vinayak., Mangal. Data ...** (x2)

O Granter of all powers, O Giver of Auspiciousness

**Asht. Vinayak., Mangal. Dayak.** } (x2)  
O God who assumed eight forms as swayambhus,  
Giver of Auspiciousness

**Mangal. Murti Moraya**

O Auspicious One, O Moraya!

**Sindhur. Vadana, Sankat. Har.na ...** (x2)

O Holy One whose face is red with Sindhur (kumkum), O destroyer of all sorrows

**Sindhur. Vadana, Sankat. Har.na** } (x2)  
**Mangal. Murti Moraya**

O Auspicious One, O Moraya!

**Moraya ..., O Moraya ...**



**CHITANAND. RUPAH.***(Adi Shankaracharya; Noida; Dr Subramaniam)***Chidanand. Rupah., Shivo.ham, Shivo.ham (x2) (Chorus)**

I am eternal bliss and awareness, I am Shiva, I am Shiva

**(Nirmalananda Rupah., Shivo.ham, Shivo.ham (x2) )****Shri Ma Nir.mal, Shivo.ham, Shivo.ham (x2)****Manobuddhyahamkar. Chittani Na Aham (x2)**

I am neither intelligence nor mind, nor chitta am I, nor ego am I

**Na cha Shrotr. Jihve, Na cha ghraan Netre**

I am neither the ears nor the tongue, nor smell, nor sight, nor touch

**Na cha vyom. Bhumir Na Tejo Na Vayu**

Nor water, fire and air, ether and earth, nor light

**Na Cha Pran. Sandnyo, Na Vai Panch. Vayur (x2)**

I am neither the Prana nor the five vital breaths

**Na Va Sapt. Dhatur, Na Va Panch. Kosh.**

I am not the seven elements of the body nor any of the five sheaths of the body's being

**Na Vak Pani Padayoh, Na cho Psth.payu**

Nor hands, nor feet, nor tongue, nor heart, nor the eyes, nor the head

**Na Me Dwesh. Ragau, Na Me Lobh. Mohau (x2)**

No liking, loathing, greed have I within,

**Mado Naiva Me Naiva Matsarya Bhavah**

Nor mind's desire of things, nor desired things

**Na Dharmo, Na Chartho, Na Kamo, Na Moksh.**

I have nothing of pride or liberation, nor ego, nor Dharma itself

**Na Punyam, Na Papam, Na Saukhyam, Na Duhkham (x2)**

I know no virtue, vice, pleasure and pain

**Na Mantra, Na Tirtham, Na Veda, Na Yagyah**

Nor mantra or sacred place, nor sacrifice, I know nothing of Vedas

**Aham Bhojanam Naiva, Bhojyam Na Bhokta**

I am neither the eater nor the food, nor the act of eating

**Na Me Mrutyur Shanka, Na Me Jati Bhedah (x2)**

I have no death, nor lineage

**Pita Naiva Me Naiva Mata Na Jan.mah**

No father have I got, nor mother, nor birth

**Na Bandhur Na Mitram, Gurur Naiva Shishyah**

Nor brother, not even friends, nor Guru nor disciple

**Aham Nirvikalpo, Nirakar. Rupo (x2)**

I have no form or fancy, everywhere I am, existing far beyond the senses

**Vibhutvaachch Sarvatr. sarvendriyanam**

I am all pervading, I am not to be known; I am, and that is all that can be known

**Sada Me Samatvam Na Muktir Na Bandhah**

I surrender neither to liberation nor to entanglements

**Shivo.ham, Shivo.ham } (x...)**  
**Satchidanando.ham }**

## GURU ASHTAKAM

*(Adi Shankaracharya - Eight Stanzas In Praise Of The Guru)*

**Shareeram Suroopam Sada Roga Muktam**

Though your body be comely and ever remain in perfect health,

**Yashashcharu Chitram Dhanam Meru Tulyam**

Though your name be unsullied, and mountain-high your hoarded gold

### **Chorus:**

**Manashchenna Lagnam Guroranghri Padme**

Yet if the mind be not absorbed in the Guru's Lotus Feet,

**Tatah Kim Tatah Kim Tatah Kim Tatah Kim**

What will it all avail you? What indeed will it all avail?

**Jai Mataji, Shri Mataji, Jai Mataji, ...**

**Kalatram Dhanam Putra Pautra Adi Sarvam**

Even if fortune blesses you with riches and a virtuous wife

**Gruham Bandhawah Sarvam Etaddhi Jatam**

With children and their children, with friendship and the joys of home

**Shadangadi Vedo Mukhe Shastra Vidya**

Though the lore of the Vedas take up its dwelling on your tongue

**Kavitvadi Gadyam Supadyam Karoti**

Though you be learned in scripture, gifted in writing prose and verse

**Videsheshu Manyah Swadesheshu Dhanyah**

Even if you be honoured at home and famed in foreign lands

**Sadachara Vruteshu Matto Na Chanyah**

Given to pious deeds and ever averse to wickedness

**Kshama Mandale Bhoopa Bhoopala Vrundaih**

Though you become, at last, the emperor of the universe

**Sada Sevitam Yasya Padara Vindam**

Though you possess for servants the mightiest of kings of the earth

**Yashash Ched Gatam Dikshu Dana Pratapat**

Even if every nation resounds with your beneficence

**Jagadvastu Sarvam Kare Yat Prasadat**

Yet if the mind be not absorbed in His Lotus Feet, by whose grace everything in this world is won

**Na Bhige Na Yoge Na Va Vaji Medhe**

Though you pursue no pleasures, derive no happiness from wealth or spouse

**Na Kanta Sukhe Naiva Vitteshu Chittam**

Reject the powers of yoga, and scorn the fruits of sacrifice

**Aranye Na Va Swasya Gehe Na Karye**

Even if you are ready to dwell in the forest as at home

**Na Dehe Mano Vartate Me Twanardhye**

No more attached to work, unstrained by the body

**Gurorashtakam Yah Pathet Punya Dehi**

That noble soul who ponders these verses in the Guru's praise

**Yatir Bhoopatir Brahmachari Cha Gehi**

Of all ascetics and students, of all rulers and worldly men

**Labhhed Vanchhitartham Padam Brahma Sangyam**

Will attain the Brahman, the treasure coveted by all

**Gurorukta Vakye Mano Yasya Lagnam**

By applying his mind with constant zeal to the Guru's teaching

**GANESHA, GANESHA**

(English Sahaja Yogis; 'Mauli 1')

**Chorus:**

**Ganesha, Ganesha (x2)**

Ganesha, O Ganesha!

**Jai Jai Shri Ganesha**

Victory to Lord Ganesha!

**Sumukha Ekadanta (x2)**

You are the One with a beautiful face and one single tusk

**Kapila Gajakarnaka (x2)**

The Eternal One who has elephant ears

**Gajakarnaka (x2)**

The One who has elephant ears

**Lambodar Vikata (x2)**

You are the big-bellied God, having a huge form

**Vighnanasha, Ganadhip (x2)**

Destroyer of all obstacles and leader of the Ganas

**Ganadhip (x2)**

Leader of the Ganas

**Dhumraketu Ganadhyaksha (x2)**

You are the grey-bannered Chief of the Ganas

**Bhalachandra Gajananah (x2)**

Elephant-headed God who supports the moon on His forehead

**Gajananah (x2)**

Elephant-headed God

## SHRI NIRMALA NAMASKAR

(Italian Folk Tune )

Shri Maha Nirmala Mahati  
Shri Maha Rajni Adi Shakti  
Shri Mahagrasa Mahasana  
Shri Maha Tripurasundari (x2)

Shri Sarveshwari Sarvamayi  
Shri Sarva Mantra Swarupini  
Shri Jayatsena Tripureshi  
Shri Maheshwari Mahadevi (x2)

Shri Mahalakshmi Mahakali  
Shri Sarvadhara Maharupa  
Shri Papahara Mahapujya  
Shri Maha Pataka Nashini (x2)

Shri Maha Maya Maha Sattva  
Shri Maha Shakti Maharathi  
Shri Mahabhoga Rajy.lakshmi  
Shri Maha Virya Maha Buddhi (x2)

Shri Mahabala Mahasiddhi  
Shri Maha Yogeshwari  
Shri Maha Tantra Maha Mantra  
Shri Mahayantra Shiva Murti (x2)

Shri Maha Kailasha Nilaya  
Shri Maha Bhairava Pujita  
Shri Maheshwari Mahakalpa  
Shri Maha Tandava Sakshini (x2)

Shri Vishwa Mata Vishwa Grasa  
Shri Nirakara Nirvikara  
Shri Nirmalambika Prakriti  
Om Twamewa Parameshwari (x2)

Shri Maha Kamesha Mahisi  
Shri Maha Yogini Malini  
Shri Maha Mata Nirmala Ma  
Shri Adi Devi Srivastava (x2)

Namastasye Namastasye } (x2)  
Namastasye Namoh Namah  
Namastasye Namoh Namah

## RUPAM DEHI

*(From Markandeya Purana; from Argalaa Stotra, in praise of Chandika)*

**Aum Namashchanidakayai**

**Jayanti Mangala Kali Bhadrakali Kapalini**

**Durga Shiva Kshama Dhatri Swaha Swadha Namostute**

**Jay. Twam Devi Chamunde Jay. Bhuta Paharini**

**Jay Sarvagate Devi Kalaratri Namostute**

**Mahishasur Nirnasha-Vidhatri Varade Namah**

Obeisance to Chandika

Victory to You O Devi Chamunda, O Destroyer of evil beings.

O all-pervading Devi, You are even victorious over time itself.

We bow to Sri Durga, wife of Shri Shiva, She Who is Patient Forgiveness and also Svaha and Svadha, to that adorable Kali who wears the ornament of skulls of the demons.

### **Chorus:**

**Rupam dehi Jayam dehi Jasho dehi Dvisho jahi**

You must now manifest and give victory over all our foes

**Raktabija Badhe Devi Chandamunda Vinashini**

O Vanquisher of Raktabija, O Destroyer of Chanda and Munda

**Chatur Bhuje Chatur Vaktra Samstute Parameshwari**

O Great Sovereign having four arms and four faces, praise to you

**Nirmala Ma Himachala Suta natha Samstute Parameshwari**

O Snow capped mountain, O Sweet Refuge, Praise to You O Great Queen of All

**Dehi Saubhagya Marogyam Dehi Devi Param Sukham**

Give us the greatest blessings and happiness, O Devi destroyer of infirmities

**Videhi Devi KalyanamVidehi Vipulam Shriyam**

O Devi grant us the widest support and distribute prosperity

**Achintyarupa-Charite Sarva Shatru-Vinashini**

O You who attains unimaginable forms destroy all our foes

**Vidyavantam Yashasvantam Lakshmivantamscha Man Kuru**

You must grant to me safe passage, knowledge and wealth

**Shri Adi Shakti Samstute Shashvad Bhaktya Sadambike**

The innumerable devotees of Shri Adi Shakti salute Our Eternal Mother.

## **TWAMEWA MATA** (*Prayer for Forgiveness*)

### **Twamewa Mata sah Pita Twamewa**

You are the Mother, You are the Father,

### **Twamewa bandhu sah sakha Twamewa**

You are the relation, You are the friend

### **Twamewa vidya dravinam Twamewa**

You are the technique, You are mercy,

### **Twamewa sarvam, mama Deva Deva**

You are everything, O my God, my God.

### **Apradah sahasrani**

I must have committed a thousand sins

### **Kriyante ahernisham maya**

In my life from day to day;

### **Daso'ham iti mam Matwa**

Please accept me as Your servant.

### **Kshamaswa Parameshwari** (x2)

O Mother, forgive me.

### **Kshamaswa Parameshwara**

O Father, forgive me.

### **Awahanam na Janami**

I know not how to invoke You,

### **Na Janami tavarchanam**

I know not how to welcome You,

### **Poojam shaiwa na Janami**

I know not how to do Your Puja

### **Kshamya tam Parameshwari** (x2)

Forgive me, Adi Shakti.

### **Kshamya tam Parameshwara**

Forgive me, O Supreme One.

### **Mantrahinam kriyahinam**

I have no mantras, I hve done nothing,

### **Bhaktihinam Sureshwari**

I have no devotion, O Great Goddess,

### **Yat pujitam mayadevi**

And yet whatever my prayers have been to You,

### **Pari purnam tadastu me**

Please fulfil them, O Mother, through Your grace.

## **MATAJI NIRMALA DEVI** (*Bala*)

### **Mataji Nirmala Devi** (Chorus x2)

Mother Nirmala Devi

### **Adi Shakti Parabrahma** (x3)

You are the Primal power, You are the Supreme Soul

### **Nishkalanka Parameshwari** (x3)

You are faultless brilliance, You are the ultimate ruler

### **Nityamukta Nirmal Vinodini** (x3)

You are ever free; You are the source of pure joy

### **Padamasana Bhuvaneshwari** (x3)

You are seated in the lotuses (the Chakras); You are the Goddess of the world

## SONG TO SHRI KRISHNA

Adaram Madhuram, Vadanam Madhuram  
Nayanam Madhuram, Bhajitam Madhuram  
Rudayam Madhuram, Kam.lam Madhuram  
Madhuradipate Rakhilam Madhuram

Vach.nam Madhuram, Charitam Madhuram  
Vach.nam Madhuram, Malitam Madhuram  
Chalitam Madhuram, Bramitam Madhuram  
Madhuradipate Rakhilam Madhuram

Vinur Madhurana, Renur Madhurana  
Panir Madhurana, Padav Madhurana  
Mrutham Madhuram, Sathyam Madhuram  
Madhuradipate Rakhilam Madhuram

Geetham Madhuram, Pritham Madhuram  
Bhuktham Madhuram, Suktam Madhuram  
Rupam Madhuram, Tilak Madhuram  
Madhuradipate Rakhilam Madhuram

Prar.nam Madhuram, Tarnam Madhuram  
Har.nam Madhuram, Smr.nam Madhuram  
Bhavitam Madhuram Sh.mitam Madhuram  
Madhuradipate Rakhilam Madhuram

Gunja Madhura, Mala Madhura  
Yamuna Madhura, Viji Madhura  
Sarilam Madhuram, Kam.lam Madhuram  
Madhuradipate Rakhilam Madhuram

Gopi Madhura, Veena Madhura  
Yuktam Madhuram, Bhuktam Madhuram  
Drushtam Madhuram, Sistam Madhuram  
Madhuradipate Rakhilam Madhuram

Gopa Madhura, Wawo Madhura  
Yastir Madhura, Srusti Madhura  
Dalitam Madhuram, Phalitam Madhuram  
Madhuradipate Rakhilam Madhuram (x3)

## PRAYER FOR SURRENDER

**Aa wahanam na Janami**

I know not how to invoke You,

**Na Janami ta varchanam**

I know not how to welcome You,

**Poojam chaiwa na Janami**

I know not how to do Your Puja

**Kshamyatam Parameshwari** (x2)

Forgive me, Adi Shakti.

**Kshamyatam Parameshwara**

Forgive me, O Supreme One.

**Mantrahinam kriyahinam**

I have no mantras, I hve done nothing,

**Bhaktihinam Sureshwari**

I have no devotion, O Great Goddess,

**Yat pujitam maya devi**

And yet whatever my prayers have been to You,

**Pari purnam tadastu me**

Please fulfil them, O Mother, through Your grace.

**Gatam Papam Gatam Duknam**

**Gatam Daridra me Vacham**

**Aagatam Parama Chaitanyam**

**Punyo Aham Tava Darshanat**

**Anyataha Sharanamnasti**

**Twameva Sharanam Mama**

**Tasmad Karunya Bhavena**

**Raksha Raksha Parameshwari** (x2)

**Raksha Raksha Parameshwara**

**Apradha Sahasrani**

**Kriyante Ahernisham Maya**

**Dasoyam Iti Mam Matwa**

**Raksha Raksha Parameshwari** (x2)

**Raksha Raksha Parameshwara**

**Karacharana Kritam Vakayajam Karmajamwa**

**Shravana Nayana Jamwa Mansam va Paradham**

**Vihitam Vihitamwa Sarva me Tat Kshamasva**

**Jai Jai Karunabde Shri Mahadev Shambho** (x3)

## SHRI GANESHA PANCHA RATNAM

*(Names of Shri Ganesha; Pune Yuva Shakti)*

**Muda Karata Modakam, Sada Vimukti Sadhakam  
Kala Dhara Va Taunsa Kam, Vilasi Loka Rakshakam  
Anaya-Kaika-Nayakam, Vinashi Tebha Daityakam  
Nata shubhashu Nashakam, Namami Tam Vinayakam**

Salutations to Lord Ganesha, who holds a modaka (sweet) in his hand, bestows salvation to all; who protects all; who is the leader of those without leaders; who is the destroyer of rakshasas; who destroys all sins of those who surrender to him.

**Na Te Tarati Bhirkaram, Na Voditarka Bhasvaram  
Na Mat Surari Nirjaram, Na Tadhi Kapa Duddharam  
Sureshvaram Nidheeshvaram, Gajeshvaram Ganeshvaram  
Maheshvaram Tamashraye, Paratparam Nirantaram**

I seek refuge in him who is the destroyer of all enemies of the Gods; who is respected by all the Gods; who protects all the Gods; who is God of all the Gods; who is the Lord of the elephants; who is the Lord of the ganas; who is the Greatest God; who is eternal.

**Samasta Loka Shankaram, Nirasta Daitya Kunjaram  
Dereta Rodaram Varam, Vare Bha Vaktra Maksharam  
Krupa Karam Kshama Karam, Muda Karam Vashas Karam  
Manas Karam Namaskrutam, Namas Karomi Bhasvaram**

Salutations to the one who gives compassion to the whole world; who destroyed the elephant-rakshasa called gajasura; who is imperishable in the three worlds; who has a modaka (sweet) in his hand; who is merciful, forgiving, propitious (benevolent, gives good fortune).

**Akincha Nati Marjanam, Chiranta Nokti Bhajanam  
Purari Poorv. Nandanam, Surari Garva Charvanam  
Prapancha Nasha Bheeshanam, Dhananjay Adi Bhooshanam  
Kapola Dana Varanam, Bhaje Purana Varanam**

He is the ancient elephant God who destroys pain and suffering of the destitute (utterly poor); who is the first son of Lord Shiva; who destroys pride of rakshasas; who is fierce and fearful to look at during the time of destruction (of the world, ie, literally, of the five elements -prapanch); who wears serpents (one of them was called Dhananjay) as his ornaments.

**Nitanta Kanta Danta Kanti, Manta Kanta Katmajam  
Achintya Rupa Manta Heena, Manta Raya Kruntanam  
Hrdantare Nirantaram, Vasanta Meva Yoginam  
Tameka Danta Meva Tam, Vichintya Yami Santatam**

I eagerly salute the God with one tusk, who is the son of Lord Shiva; whose form is inconceivable (extraordinary, amazing, incredible), who is eternal; who removes all obstacles and resides in the hearts of all yogis; who destroys all the darkness from the lives of those who always (meditate upon him) have him in their attention.

**Namami Tam Vinayakam, Namami Tam Vinayakam (x2)  
Namami Tam Vinayakam, Namami Tam Vinayakam (x2)  
Namami Tam Vinayakam, Namami Tam Vinayakam (x ...)**

## SHIVA-ASHTAKAM

*(Adi Shankaracharya; Shivaratri Puja; Italy 1991; Sarita)*

**Pashunam Pateem Papa Nasham Paresham  
Gajendrasya Krutim Vasanam Varenyam  
Jata Joota Madhye Sphuradganga Varim  
Maha Devam Ekam Smarami Smararim**

How do I cherish the Lord of Living creatures, the Almighty one, the Slayer of sin, Who is adored by all, Within whose matted locks the Ganga wanders murmuring: Him do I cherish—Shiva, the Great God, the One without a second, the destroyer of lust

**Mahesham Suresham Surarati Nasham  
Vibhum Vishwa Natham Vibhootyanga Bhoosham  
Viroopaksha Min Dwark. Vahni Trinetrām  
Sadananda Mide Prabhum Pancha Vaktram**

Him do I praise: the Lord Supreme, the God of Gods, the Demon-slayer, Who is the Spirit pervading all, The Lord of the world, whose body is ash-besmeared, whose three eyes are the sun, the moon, and the fire: Him do I praise—Shiva, the Ever Blessed, the Five-faced One.

**Gireesham Ganesham Gale Neela Varnam  
Gavendradhi Roodham Ganateeta Roopam  
Bhavam Bhasvaram Bhasmana Bhooshitangam  
Bhavani Kalatram Bhaje Panch. Vaktram**

Him do I worship, the king of the holy mountains, the Lord of hosts, the Blue-Throated God, Who dwells in the three gunas, The Primal Cause, the Shining One, whose body is white with ashes, who rides on the sacred bull: Him do I worship—Shiva, the five faced one, whose consort is Bhavani.

**Shiva Kanta Shambo Shashankardha Mole  
Maheshana Shoolin Jata Joota Dharin  
Twameko Jagad Vyapako Vishwa Roop.  
Praseed. Praseed. Prabho Poorn. Roop. (x3)**

O Lord of Uma! Shambhu, whose brow is adorned with the crescent moon! O Mahadeva, Wielder of the trident, wearer of matted locks! O Thou who alone pervades the universe! O Thou of Cosmic form! O Lord, eternally complete! Be Thou propitious unto us! Be gracious unto us, O Lord!

**Paratman. Mekam Jagad Veej. Madyam  
Nireeham Nirakaram Omkara Vedyam  
Yato Jayate Palyate Yen. Vishwam  
Tameesham Bhaje Leeyate Yatr. Vishwam**

Him do I Worship, the Paramatman, One and without a second, Who is the cause of the universe, The Primal Being, Spirit formless and action-less, who is attained through the syllable Om: Him do I worship—Shiva, of whom the universe is born, by whom it is sustained, in whom it merges.

**Na Bhoomir Na Chapo Na Vahir Na Vayur  
Na Chakasham-Aste Na Tandra Na Nidra  
Na Greeshmo Na Sheetam Na Desho Na Vesho  
Na Yasyasti Murtis Trimoortim Tameede**

Him do I worship, who is neither earth nor water, who is neither fire nor air nor ether, Who is unvisited by sleep, yet evermore unwearied, Beyond both heat and cold, without a country and without a home; Him do I worship—Shiva, the Formless One, the Trimurti.

**Ajam Shashvatam Karanam Kar.nanam  
Shivam Kevalam Bhasakam Bhasakanam  
Tureeyam Tamah Par.madyant. Heenam  
Prapadye Param Pavanam Dvaita Heenam**

In Him do I take refuge, the Birthless, the Everlasting, the Cause of all causes, The transcendental, who is beyond all darkness, The Auspicious One. The Self-existent, the light of lights, who is without beginning or end: In Him do I take refuge—Shiva, the Supreme Purifier, the One without a second.

**Namaste Namaste Vibho Vishwa Moorte  
Namaste Namaste Chidanand. Moorte  
Namaste Namaste Tapo Yoga Gamyā  
Namaste Namaste Shruti Dyan. Gamyā**

O All-pervasive Spirit! Thou whose visible form is the universe! Thee I salute again and again;  
O Thou who art the Embodiment of Consciousness and Bliss! Again and again do I salute Thee.  
Thee I salute again and again, who art attainable through yoga and self-control; Again and again do I salute Thee, who art only to be known through knowledge of the Vedas.



## OM NAMASHIVA, OM NAMASHIVA

(Ravindra Jain; from Ramayana TV series)

### **Chorus:**

**Om Namashiva, Om Namashiva,  
Om Namashiva, Namashiva, Namashiva**

O Lord Shiva, Salutations to You again and again

**Dam.ru Paani, Shool. Paani He Nat.rajan.  
Namo Namo, Namo Namo, Namo Namo**

O Natarajan (the Supreme Dancer) who has the Dam.ru in one hand, and Trident (Trishu) in the other hand, Salutations to You again and again

**Sheesh. Gang. Bhasm. Ang. Kar.te Dharan.  
Namo Namo, Namo Namo, Namo Namo**

**Dam.ru Paani, Shool. Paani He Nat.rajan.  
Namo Namo**

You are the one who has the holy river Ganges on Your head and as ornaments You are smearing Your body with ashes out of which You create beautiful beings. Salutations to You again and again.

**Tum. Adi Dev. anadi ho, Tum. ant. heen. anant. ho  
Om Namashiva**

**Shrimant. Ho Bhag.vant. Ho, He Nath. Gir.ja kant. ho  
Om Namashiva Namashiva Namashiva Namashiva**

**Sashil. Rachat. Tan.virath., He Trilochan. Namo Namo...**

You are the beginning and have no beginning. You are endless and ever present. You are the Supreme and Sole Controller of everything. O Lord, You are the husband of the daughter of Himalaya (Shri Parvati). You are the embodiment of all virtues and You are the Supermost that is the Omnipotent. O Lord who has three eyes (Trilochan), Salutations to You again and again.

**(Chorus)**

**Nisaar. Is. Sansar. Me Shivanam. Keval. Saar. He  
Om Namashiva**

**Shiv. Shakti He, Shiv. Bhakti He, Shiv. Mukti Ka Adhar. He  
Om Namashiva Namashiva Namashiva Namashiva**

**Rom. Rom., Om Om, He Agnashan.**

**Namo Namo, Namo Namo, Namo Namo**

This universe has nothing in essence and You are the only essence of this universe. (The world is futile, transient, and impermanent, and You are the very Essence, Omnipotent, Omniscient, and Omnipresent). Your name is present in each and every atom and molecule of this universe — Om, that is Omkara. O Lord Shiva, the Destroyer of all materialistic desires, Salutations to You again and again.

**(Chorus)**

**GAIYE GANAPATI JAGAVANDANA***(Tulsidas; Deepak Verma; 'Samarpan')***Chorus:****Gaiye Ganapati Jagavandan. (x4)**Let us sing the praise of the leader of the Ganas,  
who is respected by the whole world**Gaiye Ganapati Jagavandan. (x2)**Let us sing the praise of the leader of the Ganas,  
who is respected by the whole world**Shankara Suvana Bhavani Nandan (x2)**

He is the son of Shiva and the Devi

**Gaiye Ganapati Jagavandan. (x2)**Let us sing the praise of the leader of the Ganas,  
who is respected by the whole world**Siddhi Sadan. Gaj. Vadan. Vinayak. (x4)**He has an elephant face; he is lord of the powers  
to attain fulfilment ie, self realisation**Kripa Sindhu Sundar. Sab. dayak. (x2)**

He is the ocean of love, who grants beauty to all

**Modak. Priya Muda Mangala Data (x4)**He is fond of 'modaka' (specific sweet)  
and the one who grants auspiciousness**Vidya Vaaridhee Buddhi Vidhata (x2)**

He grants knowledge, intellect

**Mangat. Yogijan. kar. Jore (x4)**

Yogis with hands joined in prayer humbly request

**Basahy Shri Mataji Manas. more (x2)**

That 'may Shri Mataji remain in our minds forever'



the  $\mathbb{R}^n$ -valued function  $\mathbf{f}$  is a solution of the system (1) if and only if  $\mathbf{f}$  is a solution of the system (2).

Let us assume that  $\mathbf{f}$  is a solution of the system (2). Then, for any  $t \in \mathbb{R}$ , we have

$$\mathbf{f}(t) = \mathbf{f}(0) + \int_0^t \mathbf{f}'(s) ds = \mathbf{f}(0) + \int_0^t \mathbf{A}(s) \mathbf{f}(s) ds.$$

Since  $\mathbf{f}$  is a solution of the system (2), we have  $\mathbf{f}(0) = \mathbf{0}$ . Therefore, we have

$$\mathbf{f}(t) = \int_0^t \mathbf{A}(s) \mathbf{f}(s) ds.$$

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# ENGLISH SONGS







*he mind which is covered with thoughts, which is thickened, which is gross, can be thinned out at certain points, and can be very sensitive at certain points. For example, some people could be very sensitive to music. Some could be to art. Some could be to human beings. Some could be to other things which might make them something of rare people. But these subtler things which create your personality always indicate in your being that there is something of the Beyond which is throwing some images within you.*

*Such people are conscious of that – that there are some images which are throwing these subtle ideas within you. They are erupting some new commotion within you, and once you start seeing them, you are compelled to put them down somewhere. That's how the poets are created, musicians are created, great masters are created.*

**September, October - 1982**

# OM BHUR BHUVAH

*(English Sahaja Yogis)*

## **Chorus:**

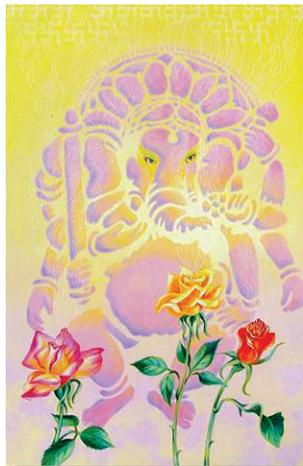
Shri Ganesha, Jai Shri Ganesha!  
Shri Ganesha, Jai Shri Ganesha!  
Om Bhur Bhuvah Swaha  
Mahaganapati Deva namah  
Om Bhur Bhuvah Swaha  
Mahaganapati Deva namah

We bow to the son of Lord Shiva  
We sing to our glorious Lord  
We pray to the One who is worshipped first  
Our elephant headed God

Your first tooth You have and four holy hands  
The blessing, rope and goad  
The fourth offers food to your devotees  
As they worship their innocent lord

You are the One who removes obstacles  
The One who bestows all success  
Eternal and pure and beautiful  
The wisdom by which we are blessed

We see You in our children's eyes  
We see You in our brothers  
We pray that Your innocence leads us on  
To the Lotus Feet of our Mother



## I DANCED IN THE MORNING

*(Traditional)*

I danced in the morning when the world was begun  
 I danced with the moon and the stars and the sun  
 I came down from heaven and I danced on the Earth  
 At Bethlehem I had my birth

### **Chorus:**

Dance, dance, wherever you may be  
 I am the Lord of the Dance, said he  
 And I'll lead you all wherever you may be  
 And I'll lead you all in the dance said he

} (x2)

I danced for the scribe and the pharisee  
 But they wouldn't dance  
 And they wouldn't follow me  
 I danced for the fishermen, for James and John  
 And they came to me and the dance went on

I danced in the morning when the sky turned black  
 It's hard to dance with the devil on your back  
 They buried my body and they thought I'd gone  
 But I am the dance and I still go on

I came down low and I leapt up high  
 I am the Light that will never, never die  
 I live in you and you live in me  
 For I am the Lord of the Dance said he.

## MATAJI , MATAJI

*(Gregoire)*

Mataji, Mataji  
 Your face shines like a thousand suns  
 You have given us  
 More than we could ask for  
 Bliss and peace and harmony

## **ONWARD VALIANT NIRMALITES**

*(Hymn arranged by Australian Sahaja Yogis at Shri Mataji's request- March 1985)*

Onward valiant Nirmalites  
Marching as to war  
With our Mother's bandhan  
Going on before!  
Mataji our redeemer  
Leads against the foe  
Forward into battle  
See the banners go!

### **Chorus:**

Onward valiant Nirmalites  
Marching as to war  
With our Mother's bandhan  
Going on before!

Like a mighty army  
Moves the love of God  
Brothers we are treading  
Where the saints have trod!  
We are not divided  
All one body we  
One in truth and one in peace  
And one in harmony!

Onward then ye people  
Join our joyous throng  
Blend with us your voices  
In the triumph song!  
Glory laud and honour  
Unto Mataji!  
And for countless ages  
Men of God we'll be!

## JERUSALEM

*(By William Blake)*

And did those feet in ancient time  
Walk upon England's mountains green?  
And was the holy Lamb of God  
On England's pleasant pastures seen?  
And did the Countenance divine  
Shine forth upon our clouded hills?  
And was Jerusalem builded here  
Among those dark satanic mills?

Bring me my bow of burning gold!  
Bring me my arrows of desire!  
Bring me my spear!  
O clouds, unfold!  
Bring me my chariot of fire!  
I will not cease from mental fight  
Nor shall my sword sleep in my hand  
Till we have built Jerusalem  
In England's green and pleasant land!

## JAY SHRI NIRMALA DEVI MATAJI

*(Robert Henshaw)*

Jay Shri Nirmala Devi Mataji	(x4)
Please let us be Your devotees	(x2)
Om Shri Ma, we are Your devotees	(x2)
Fill our hearts with the pure desire	(x2)
Om Shri Ma we are Your devotees	(x2)
Om jay Shri Shuddh-Iccha	(x2)
Jay jay Shri Nirmala Ma	(x7)

## O MA, I BOW TO THEE

Mother gave me eyes to see  
The inner light of ecstasy  
Mother gave me ears to hear  
The sound that saved my soul from fear

### Chorus:

O Ma, I bow to Thee  
O Ma, I bow to Thee  
O Ma, I bow to Thee  
O Ma, I bow to Thee

Mother gave me mouth to speak  
Proclaim the joy that all men seek  
Mother gave me heart to love  
Her grace that showers from above

Myself in Mother, Ma in all  
I stand amidst the waterfall



# O QUEEN OF UNIVERSE

*(Pune Yuva Shakti)*

## **Chorus:**

O Queen of universe  
O Queen of universe  
O Shakti of Lord Shiva  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of universe  
O Queen of seven worlds  
O Shakti of Lord Shiva  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Mooladhara  
O Queen of Mooladhara  
O Mother of Ganesha  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Swadisthan  
O Queen of Swadisthan  
O Shakti of Shri Brahma  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Manipur  
O Queen of Manipur  
O Shakti of Shri Vishnu  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Anahat  
O Queen of Anahat  
O Mother Jagadamba  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Vishuddhi  
O Queen of Vishuddhi  
O Mother of Shri Krishna  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Agnya  
O Queen of Agnya  
O Mother of Jesus Christ  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of Sahasrara  
O Queen of Sahasrara  
O Shri Nirmala Ma  
We surrender to You  
We adore You  
And keep You in our hearts

O Queen of holy world  
O Queen of holy world  
O Adishakti Ma  
We surrender to You  
We adore You  
And keep You in our hearts

## OUR HOLY MOTHER

*(English Sahaja Yogis)*

### **Chorus:**

Our Holy Mother  
Residing everywhere  
Holy is your name!

Truly You are Nirmala  
And the three worlds  
Sing Your fame!

You are Mahashakti, You are Kali  
Yours is the last judgement  
You are the Creator and the Preserver  
To destroy the evil You came

You are the Teacher  
You are the knowledge  
You are the literature  
To understand the knowledge  
You are the poetry, You are the literature  
You are the speech, You are the silence

You are the Sun and You are the Moon  
You are the star that shines in the gloom  
You are the living and You are the life  
You are the Earth that bears the life

You are the joy, You are the happiness  
And the one who prays to You  
Receives eternal happiness  
The Mother of Lord Ganesha,  
Kartikeya and Jesus are You  
Please accept us as yogis  
As Your children too

## PASS IT ON

It only takes a spark  
To get a fire going  
And soon all those around  
Can warm up in its glowing  
That's how it is with Mother's joy  
Once you've experienced it  
You spread this joy to everyone  
You want to pass it on

What a wondrous time is spring  
When all the trees are budding  
The birds begin to sing  
The flowers start their blooming  
That's how it is with Mother's joy  
Once you've experienced it  
You want to sing, it's fresh like spring  
You want to pass it on

I wish for you my friend  
This joyful life that I have found  
On Her one can depend  
It matters not where you are bound  
I'll shout it from the mountain top  
I want the world to know  
The source of joy has come to earth  
I want to pass it on

I'll shout it from the mountain top  
I want the world to know  
The source of joy has come to earth  
I want to pass it on  
The source of joy has come to earth  
I want to pass it on

## **BATHE IN THE WATERS**

### **Chorus:**

Bathe in the waters!  
Bathe in the waters, children!  
Bathe in the waters!  
Mother's gonna vibrate the waters!

I see that band all dressed in white  
Mother's gonna vibrate the waters!  
Look like a band of Nirmalites  
Mother's gonna vibrate the waters!

See that band all dressed in red!  
Mother's gonna vibrate the waters!  
Look like a band by the Spirit led  
Mother's gonna vibrate the waters!

Remember one thing and it's certainly sure  
Mother's gonna vibrate the waters!  
Judgement is here and my heart is pure  
Mother's gonna vibrate the waters!

Down from the mountain Shri Kalki rode  
Mother's gonna vibrate the waters!  
Out of His mouth came fire and smoke  
Mother's gonna vibrate the waters!

I heard a rumblin' up in the sky  
Mother's gonna vibrate the waters!  
Must-a-been Jesus passing by  
Mother's gonna vibrate the waters!

Down in the valley, down on my knees  
Mother's gonna vibrate the waters!  
Askin' my Mother to save me please  
Mother's gonna vibrate the waters!

You can hinder me here, you can hinder me there  
Mother's gonna vibrate the waters!  
But the Mother in Heaven will hear my prayer  
Mother's gonna vibrate the waters!

The enemy's great, but Shri Durga is strong!  
Mother's gonna vibrate the waters!  
Shri Mataji's love transforms the world  
Mother's gonna vibrate the waters!

She is the One come to save all mankind  
Mother's gonna vibrate the waters!  
By showing us how to get above the mind  
Mother's gonna vibrate the waters!

Our Sacred Mother is fond of Her devotees  
Mother's gonna vibrate the waters!  
She gives Divine Bliss, Shri Sharma Dayini  
Mother's gonna vibrate the waters!

Shri Nirmala is the Purest of all  
Mother's gonna vibrate the waters!  
She's Eternal and Indestructible  
Mother's gonna vibrate the waters!

She has no doubts, She's beyond everything  
Mother's gonna vibrate the waters!  
And the love that She showers makes my heart sing  
Mother's gonna vibrate the waters!

## **THE VISION** *(Kim Pearce)*

### **Chorus:**

Can you see the Vision  
See the Vision?  
Can you see the Vision  
Look for the Vision

Shri Ganapati, shall we see you dance at Uluru?  
Shall the prophecies of ages past be proven true?  
Oh, visions of a universe  
That's filled with the vibrations!  
The Devi's great Mantras  
Being sung by every nation!

Oh, Markandeya! Did you know  
The world would be alright?  
And could you see Sahaja Yogis  
Holding forth Her light?  
And Michelangelo! Did you see Her face  
Among the clouds?  
Shri Shankaracharya did you sing  
Her praises out aloud?

O Mother! Will I wake to find  
Your hand upon my face?  
And will I feel the Devi's glance  
So full of tender grace?  
And shall Your children find their rest  
In just one smile so sweet?  
The longing in our hearts fulfilled  
To touch the Devi's feet?

## ETERNAL BLISS

*(Adi Shankarasharya, set to traditional South American melody)*

I am neither intelligence nor mind,  
 Nor chitta am I, nor ego am I  
 I am neither the ears nor the tongue,  
 Nor even smell, nor even sight, nor even touch  
 Nor water, fire and air, ether and Earth,  
 Nor light itself  
 I am eternal bliss and awareness  
 I'm Shiva, I'm Shiva, I am Shiva

I am neither the five vital breaths  
 Nor any of the five sheaths of body's being  
 I am neither the prana nor the hands, nor heart,  
 Nor the eyes, nor head and feet  
 I'm not the seven elements of body itself,  
 Nor sound of shell  
 I am eternal bliss and awareness  
 I'm Shiva, I'm Shiva, I am Shiva

Nor liking, loathing, greed have I within,  
 Nor mind's desire of things, nor desired things  
 Ain't got nothing of pride or liberation,  
 Nor ego, nor dharma itself, nor dharma itself  
 I am neither the eater nor the food,  
 Nor the act of eating food  
 I am eternal bliss and awareness  
 I'm Shiva, I'm Shiva, I am Shiva

I know no virtue, pleasure, vice and pain,  
 Nor mantra or sacred place, nor sacrifice  
 I know nothing of vedas nor of fears,  
 Ain't got no death, nor birth itself  
 No father, mother, brothers have I got,  
 Not even friends, nor caste or end  
 I am eternal bliss and awareness  
 I'm Shiva, I'm Shiva, I am Shiva

I have no form or fancy, everywhere I am,  
 Existing far beyond the senses  
 I'm all pervading. I'm not to be known,  
 I am, and that is all, that can be known  
 I am beyond expressions beyond words,  
 Or any hope, or any thought  
 I am eternal bliss and awareness  
 I'm Shiva, I'm Shiva, I am Shiva





*Music is so much appreciated.  
I think there is nothing in  
this so-called modern music, but it's the  
rhythm with which they capture the heart.  
And the rhythm is anahat, the force is  
anahat, is the heartbeat. Heartbeat is the  
beating of the vani. It's the beating of the  
force within you which makes the sound,  
and that's why beats are very important.*

**Music night before Sahasrara Day Puja  
Vienna - 4<sup>th</sup> May - 1985**

## **RAKHI BROTHER'S SONG**

*(Pavan Keetley and Matthew Fogarty)*

It seems to me sweet sister  
That there could hardly be  
A love more like our Mother's  
Than the one you've offered me  
With face so fair and innocent  
No other motives there  
Except, expressed right from the heart  
True respect and care

### **Chorus:**

I am your rakhi brother  
A spiritual brother to you  
And this bond between us  
Will last our whole life through

The giving of a gift like this  
Is more than I could say  
You've touched me very deeply  
And in a holy way  
Now I'll think of you each day  
Wherever I may go  
My soul will reach across that space  
And try to let you know

And so today, as through the years  
Your face again I see  
Reflecting there the grace and good  
That is Shri Mataji  
Your sweetness and your beauty shine  
Inspiring me and so  
Thank you again sweet sister  
You've helped me much to grow

And so it is, and so will be  
The golden age this way  
We know the dharma it requires  
Is here with us today  
The flower and sweets, the perfumed oil  
The rakhi that you tie  
Reminds us of the truth and love  
We know will never die



## **MOTHER, I ADORE YOU**

Mother, I adore You,  
All my life I give You,  
How I love You

## **MORNING HAS BROKEN**

*(Traditional Hymn)*

Morning has broken  
Like the first morning;  
Blackbird has spoken  
Like the first bird.  
Praise for the singing,  
Praise for the morning,  
Praise for them, springing  
Fresh from the word.

Sweet the rain's new fall  
Sunlit from heaven,  
Like the first dewfall  
On the first grass.  
Praise for the sweetness  
Of the wet garden,  
Sprung from completeness  
Where His feet pass.

Mine is the sunlight;  
Mine is the morning  
Born of the one light  
Eden saw play.  
Praise with elation,  
Praise every morning,  
God's recreation  
Of the new day.

## **SHE'S GOT THE WHOLE WORLD IN HER HANDS**

She's got the whole world in Her hands  
She's got the whole wide world in Her hands  
She's got the whole world in Her hands  
She's got the whole world in Her hands

She's got the whole Virata in Her hands (x3)  
She's got the whole world in Her hands

She's got all the saints...

She's got the cool vibrations...

She's got Kundalini power...

She's got the subtle system...

She's got the Cosmic play...

She's got all the Deities...

She's got the Shakti power...

She's got all the religions...

She's got our awareness...

She's got evolution...

She's got Nirvikalpa Samadhi...

## **THE LORD'S MY SHEPHERD**

The Lord's my shepherd, I'll not want  
He makes me down to lie  
In pastures green, He leadeth me  
The quiet waters by

My soul He doth restore again;  
And me to walk doth make  
Within the paths of righteousness,  
E'en for His own name's sake.

Yea, though I walk in death's dark vale  
Yet will I fear no ill;  
For Thou art with me, and Thy rod  
And staff me comfort still

My table Thou hast furnished  
In presence of my foes;  
My head Thou dost with oil anoint,  
And my cup overflows.

Goodness and mercy all my life  
Shall surely follow me;  
And in God's house for evermore  
My dwelling place shall be

"After years, you see, when I was a child, I used to sing this very much. Now after years to hear that from all of you, so beautiful it is. All my wishes are fulfilled.

I feel so many things. I feel so many things, I wish one day I could relate to you. How all it has happened so beautifully. It's tremendous, that's all!"

Shri Mataji, Burwood Ashram, 13th March 1985

## ANGELS FROM THE REALMS OF GLORY

Angels from the realms of glory  
Wing your flight o'er all the Earth  
Ye who sang creation's story  
Now proclaim Messiah's birth

Gloria, in Excelsis Deo (x2)

Shepherds in the fields abiding  
Watching o'er your flocks by night  
God with man is now residing  
Yonder shines the Infant light

Sages leave your contemplations  
Brighter visions beam afar  
Seek the great desire of nations  
Ye have seen His natal star

Saints, before the altar bending  
Watching long with hope and fear  
Suddenly the Lord, descending  
In His temple shall appear

Though an infant now we view Him  
He shall fill his Father's throne  
Gather all the nations to Him  
Every knee shall then bow down

See his Mother now rejoicing  
Her immaculate son born  
Once again She's come to find us  
As She proclaims the golden dawn



## MOTHER YOU ARE

*(Russian Sahaja Yogis)*

### **Chorus:**

You are Mahalakshmi, You are Mahakali, } (x4)  
You are Mahasaraswati, Mother You are }

Mother You are Trigunatmika,  
Vishnu, Brahma and Lord Shiva.  
You are the atma in every man  
Kundalini at Your command...for You are...

The stars in the heaven shine through Your eyes  
The warmth of the sun is in Your smile  
One glance from your eyes and we feel our worth  
When we look at your smile we feel see heaven on earth...for  
You are...

You hold the universe in Your hand  
The lotus unfolds at your command  
You save your children from the dark  
Sheltering them inside Your heart...for You are...

You are Shri Ganesha, childlike and wise  
You give us the power of innocent eyes  
You are Mahakali, our pure desire  
O Ocean of Mercy please take us higher...for You are...

You are Mahalakshmi, You are Mahakali,  
You are Mahasaraswati, Mother You are ...



## O COME, ALL YE FAITHFUL

O come, all ye faithful, joyful and triumphant  
O come ye, o come ye to Bethlehem  
Come and behold Him, born the King of Angels

O come, let us adore Him (x3)  
Christ the Lord

God of God, light of light  
Lo! He abhors not the Virgin's womb  
Very God, begotten, not created

Sing, choirs of angels, sing in exultation  
Sing, all ye citizens of Heav'n above  
Glory to God, in the highest

Yea, Lord, we greet Thee, born this happy morning  
Jesus, to Thee be glory giv'n  
Word of the Father, now in flesh appearing

**SILENT NIGHT** *(From the German by Father Joseph Mohr,  
music by Franz Gruber Oberndorf, Austrian Tyrol; 1818)*

Silent Night, Holy Night  
All is calm, All is bright  
Round yon Virgin Mother, and Child  
Holy infant so tender and mild  
Sleep in Heavenly Peace,  
Sleep in Heavenly Peace.

Silent night, Holy night  
Shepherds quake at the sight  
Glories stream from heaven afar  
Heavenly hosts sing 'Alleluia'  
Christ our Saviour is born  
Christ our Saviour is born.

Silent night, Holy night  
Son of God, Loves pure light  
Radiant beams from Thy holy face  
With the dawn of redeeming grace  
Jesus Lord at Thy birth  
Jesus Lord at Thy birth.

Silent night, Holy night  
 Wondrous star, Lend your light  
 With the angels let us sing  
 Alleluia to our king  
 Christ our Saviour is born  
 Christ our Saviour is born.

Stille nacht, Heilige nacht  
 Alles schlaaft, ensamwacht  
 Nur das traute, hock heilige paar  
 Holder Knabe in lockigem haar  
 Sclaf in himmlischer ruh (x2)

## **HARK! THE HERALD ANGELS SING**

Hark! The herald angels sing  
 Glory to the new-born King  
 Peace on earth and mercy mild  
 God and sinners reconciled  
 Joyful all ye nations rise  
 Join the triumph of the skies  
 With the angelic hosts proclaim  
 Christ is born in Bethlehem

Hark! The herald angels sing  
 Glory to the new-born King

Christ, by highest heav'n adored  
 Christ, the everlasting Lord  
 Late in time behold Him come  
 Offspring of a Virgin's womb  
 Veiled in flesh the Godhead see  
 Hail the incarnate Deity  
 Pleas'd as man with man to dwell  
 Jesus, our Emmanuel!

Hail the Heav'n-born Prince of Peace  
 Hail the Sun of righteousness  
 Light and life to all He brings  
 Risen with healing in His wings  
 Mild He lays His glory by  
 Born that man no more may die  
 Born to raise the sons of Earth  
 Born to give them second birth

# SITTING IN THE HEART OF THE UNIVERSE

(Sanjay Talwar & Paddy- 'Sahaj Sadhana' (Spontaneous Meditation))

## **Chorus:**

Sitting in the heart of the universe } (x2)

We know Your love is flowing through us } (x2)

Aah, aah, aah, aah, aah, aah (x2)

Shri Mataji we love You (x4)

Sitting in the heart of the universe } (x2)

We know Your love is flowing through us } (x2)

You are Mahakali, Mahalakshmi, } (x2)

You are Mother Adi Shakti } (x2)

The power within us when we feel it } (x2)

Our hearts rejoicing in bhakti } (x2)

When we surrender we are in paradise. (x2)

You are the Supreme Creator } (x2)

Playing the game of creation } (x2)

You have given us Shri Ganesha } (x2)

For us to have realisation } (x2)

When we surrender we are in paradise. (x2)

Gods, Goddesses of Vaikuntha } (x2)

Bless us when w get together } (x2)

On the shores of Ganapatipule } (x2)

Our hearts get united through You, Mother } (x2)

When we surrender we are in paradise. (x2)

# I VOW TO THEE MY COUNTRY

*(Music by Gustav Holst)*

I vow to thee my country, all earthly things above  
Entire and whole and perfect, the service of my love  
The love that asks no questions,  
The love that stands the test  
That lays upon the altar  
The dearest and the best  
The love that never falters,  
The love that pays the price  
The love that makes undaunted  
The final sacrifice

And there's another country I've heard of long ago  
Most dear to them that love her  
Most great to them that know  
We may not count her armies  
We may not see her king  
Her fortress is a faithful heart  
Her pride is suffering  
And soul by soul and silently  
Her shining bounds increase  
And her ways are ways of gentleness  
And all her paths are peace



## THE EXTOLLATION OF THE DEVI

*(From Devi Mahatmyam, chapter 1)*

O You who are the Soul of everything,  
Who is capable of extolling You?  
Eternal and Imperishable One,  
You are the embodiment of the Sacred Word,  
You are Savitri and the Supreme Mother of the Devas.

By You this universe is born, by You this world is created,  
By You it is protected, O Devi,  
And You always consume it at the end.

O You who are always of the form  
Of the whole world,  
At the time of creation,  
You are of the form of the creative force,  
At the time of sustenation,  
You are of the form of the protective power,  
And at the time of the dissolution of the world,  
You are of the form of the destructive power.

You are the supreme knowledge  
As well as the great nescience,  
The great intellect and contemplation,  
As also the great delusion,  
The great Devi as also the great Asuri.

You are the primordial cause of everything,  
Bringing into force the three qualities,  
You are the dark night of periodic dissolution  
You are the great night of final dissolution,  
And the terrible night of delusion.

You are the Goddess of good fortune,  
The ruler, modesty, intelligence  
Characterized by knowledge;  
Bashfulness, Nourishment, contentment,  
Tranquility and forbearance.

Armed with sword, spear, club, discus, conch,  
Bow, arrows, slings and iron mace,  
You are terrible and at the same time, You are pleasing;  
Yea more pleasing than all the pleasing  
Things and exceedingly beautiful.

Om Twamewa Sakshat,  
Shri Mahalaxmi, Mahasaraswati, Mahakali, Trigunatmika,  
Kundalini Sakshat,  
Shri Adi Shakti Mataji,  
Shri Nirmala Devi, Namoh Namaha.

Om Twamewa Sakshat,  
Shri Kalki Sakshat,  
Shri Adi Shakti,  
Shri Nirmala Devi Namoh Namaha.

Om Twamewa Sakshat,  
Shri Kalki Sakshat,  
Shri Sahasrara Swamini,  
Moksha Pradayini Mataji  
Shri Nirmala Devi, Namoh Namaha.



## **THIS LITTLE LIGHT OF MINE**

This little light of mine } (x3)  
We're going to let it shine  
Let it shine, let it shine, let it shine.

Shri Ganesha holds it up, } (x3)  
This little light of mine  
Let it shine, let it shine, let it shine.

Up through Swadistana, } (x3)  
This little light of mine  
Let it shine, let it shine, let it shine.

It sits in our Nabhi chakra, } (x3)  
This little light of mine  
Let it shine, let it shine, let it shine.

It glows in our Heart } (x3)  
This ...

It spreads in our Vishuddhi } (x3)  
.....

It opens our Agnya chakra } (x3)  
.....

It shines in our Sahasrara } (x3)  
.....

And who makes it shine? } (x3)  
.....

Shri Mataji makes it shine. } (x3)  
.....

Let it shine, let it shine, let it shine.

# RISE AND SHINE

*(Pune Yuva Shakti)*

## **Chorus:**

Rise and shine and give God the glory glory  
Children of the Lord.

Mother said to the children,  
Let it be floody floody,  
Go and help out those in the muddy muddy.  
I am in your hearts.  
We are Nirmalites.

We are the children of Adi Shakti Mataji.  
We are the lucky ones blessed by Shri Mataji.  
We are the pioneers of new world.  
We are Nirmalites.

We shall take the message of love,  
We shall sing the song of love.  
We shall light the lamps of innocence.  
We are Nirmalites.

## **BE THOU MY VISION**

Be Thou my vision, O Queen of my heart,  
Naught be all else to me, save that Thou art -  
Thou my best thought, by day or by night,  
Waking or sleeping, Thy presence my light.

Be Thou my wisdom, be Thou my true word;  
I ever with Thee, Thou with me, Lord;  
Thou my great Mother, I Thy true Son;  
Thou in me dwelling, and I with Thee one.

Be Thou my battle shield, my sword for the fight,  
Be Thou my dignity, Thou my delight;  
Thou my soul's shelter, Thou my high tower;  
Raise Thou me heaven-ward, O Power of my Power.

Riches I heed not, nor man's empty praise,  
Thou my inheritance, now and always;  
Thou and Thou only, first in my heart,  
High Queen of heaven, my treasure Thou art.

Goddess of heaven, after victory won,  
May I reach heaven's joys, O bright heaven's Sun!  
Heart of my heart, whatever befall,  
Still be my vision, O Ruler of all.

**MADUR GITA** *(Sweet Song)*  
*(Sarah Labade)*

**Chorus:**

O Shri Krishna please dance,  
And play Your sweet Flute,  
So that it may be the Madura Shakti

You are the Leela in life's greatest drama,  
The One who's the witness, Protector of Dharma.  
The mischievous One who showed us the lightness,  
Removed austerity, provided laughter.

The sound of Your flute can teach us the Hita,  
Perfection of sweetness, the Bhagavad Gita.  
Our Mother illumines Your knowledge within us,  
To know and develop our spiritual purpose.

The time we live is Virata Shakti,  
The weapons of killing now weapons of peace.  
Complete humility like fruits on the tree,  
That bend over giving the Sahaja Yogis ...



## **KUNDALINI, SACRED MOTHER**

*(IPO, 'Blossomtime' CD)*

Can you feel the cool wind blow, how it flows and it flows,  
There's a silence in my heart, it grows and it grows  
See the light shine within, a beam of love so pure  
You may say it's all a dream, but we can show it's true  
Yes we can show it's true

### **Chorus:**

Kundalini, Sacred Mother, Holy Spirit, Pure White Dove  
Kundalini, Sacred Mother, Make us rise on Your wings of love

She guides us every day, as fortune comes our way  
All we have to do is listen, to the flow of love within  
So arise and join us, do not wonder any more  
In a maze of illusions, the sons of man may know,  
Yes, the sons of man may know

We are the creation of Mother Earth and Sea  
The wind of inspiration is blessing you and me  
Our Mother is the khumbar, She carries everywhere  
The water of the Spirit, that we may grow aware,  
That we may grow aware

Kundalini, Sacred Mother, Holy Spirit, Pure White Dove  
Kundalini, Sacred Mother, Make us rise on Your wings of love  
Make us rise on the wings of love (x2)  
Make us rise (x3)

**ETERNAL SHAKTI** (*Navaratri*)  
(Michelle Shete, Navaratri 2002)

Ma Durga Mata  
Mother Jagadamba  
Slayer of Chanda  
Slayer of Munda

Devi Chamunda  
O Narayini  
Slayer of Madhu  
Slayer of Kaitabha

(Instrumental)

Devi Jai, Devi Jai, Devi Jai, Devi Jai!

Parameshwari, Goddess Supreme  
Ambika Devi, God's worship Your Lotus Feet  
Holy Mahamaya Nirmala Devi  
You are eternal Shakti

O Kalaratri, Goddess of the last night  
Slayer of Shumbha  
And of Nishumbha

Devi Chandika, Goddess Mother Kali  
You slayed Raktabeeja  
You slayed Mahishasura

Parameshwari, Goddess Supreme  
Ambika Devi, God's worship Your Lotus Feet  
Holy Mahamaya Nirmala Devi  
You are eternal Shakti

(Instrumental)

\_Devi Jai, Devi Jai, Devi Jai, Devi Jai!

On the last night of Navaratri  
We sing Your victory  
Jai Shri Mataji

} (x2)



## **SILENCE YOUR MIND**

*(Michelle Shete)*

**M: Sisters you are searching for the Spirit in your heart**

**L: Brothers you are looking for a simple joyful world**

**M: The Spirit is the giver of the Music of Joy**

**L: Shiva is the dancer in the festival of life**

**M: Sit upon the Mother Earth and silence your mind**

**L: And dance when you feel the spontaneous joy.**

**M: Sisters you are searching for the Spirit in your heart**

**L: Brothers you are looking for a simple joyful world.**

**L: Let your innocent dance express the beauty of your soul**

**M: Let your mind be silent so the innocence can grow**

**L: Joyful hearts will join you when the noisy thoughts have ceased**

**M: Then we will be dancing at Shri Ganesha's Lotus Feet**

**L: Sit upon the Mother Earth and silence your mind**

**M: Then dance when you feel the Kundalini rise.**

**L: Let your innocent dance express the beauty of your soul**

**M: Let your mind be silent so the innocence can grow**

**M: Brothers let Ganapati clap with your hands**

**L: Sisters let Ganapati into your minds**

**M: Stand and namaskar to Shri Ganesha's Mother**

**L: For letting us be blissful in the company of Shiva**

**All: We are all blissful in the company of Shiva (x2)**

**All: Sit upon the Mother Earth and silence your mind**

**All: And dance when you feel the Kundalini rise.**

**M: Brothers let Ganapati clap with your hands**

**L: Sisters let Ganapati into your minds**

**All: Sit upon the Mother Earth and silence your mind**

**M/L: And dance when you feel the Kundalini rise, (x2)**

**And dance when you feel the Kundalini rise, (x4)**

**And dance when you feel the Kundalini rise. (x4)**

## **MOTHER GOD**

You are my Mother, You are my Father  
You are my Guru and my Friend  
You are Beginning, You are the Centre,  
And You are beyond the end

**Chorus:**

For I love You Mother, You help me feel,  
Feel You in all, Feel You in me,  
Mother I'm in You and You're in me,  
Mother I'm in You and You're in me,  
I'm in You and You're in me.

You are the Fountain of all Joy,  
You are the Cool Breeze of Truth,  
You are the mountains, You are the rivers,  
The sky and the sea.

I want to know You, I want to feel You,  
I want to be by Your side,  
I want to serve You, O how I love You,  
Nirmala Devi.

You are my Mother, You are my Father  
You are my God, You are my Friend  
You are Beginning, You are the Centre,  
And You are..., Beyond the end.

**WESTERN SEEKER'S BHAJAN***(Michelle Shete)*

- All: Shri Mataji found us in the Red Sea of illusion in the west  
A turbulent sea, a void, a maya, an ocean of unrest
- M: And with Her love and forgiving heart,  
Shri Mataji opened Sahasrar
- L: Shri Mataji opened Sahasrar
- M: Shri Mataji opened up the sea...
- All: Mataji, Shri Mataji, Jai Mataji, Mataji (x3) Mataji...
- M: Saints and sages, seekers and seers  
come forward to feel the breeze
- L: The secret knowledge of original Gnostics is available for free
- M: Socrates sanctioned universities to establish the truth
- L: The tree of life is the fountain of youth
- M: Shri Mataji is Nirmala Vidya
- L: The knowledge of love is the true dharma...
- All: Mataji, Shri Mataji, Jai Mataji, Shri Mataji (x3) Mataji...
- All: Listen to the music with vibrations,  
Songs of God are opening the heart  
Bhajans in the languages of nations,  
Our universe is praising Her
- L: The feminine power of creation, she does all the living work
- M: God is a witness of this earth
- L: Mother Earth is the creator
- M: She does all the living work...
- All: Mataji, Shri Mataji, Jai Mataji, Mataji (x3) Mataji...
- M: The Holy Ghost is the Kundalini and She plays in Sushumna
- M: The cool breeze of the Holy Spirit is Paramachaitanya
- All: Mahasaraswati, Mahalakshmi and Mahakali (x3)
- M: Shri Mataji is the Counsellor
- L: Shri Mataji is the Comforter
- All: Shri Mataji is the Redeemer
- All: Mataji, Shri Mataji, Jai Mataji, Mataji (x3) Mataji...

## **HAPPY DIWALI**

*(Michelle Shete)*

We were all asleep on the darkest night  
The Adi Shakti fought with the evil foes  
And now we bow before the Saviour of the world  
To celebrate Her victory, Happy Diwali!

We have cleaned our souls and we have cleaned our homes  
We wear our finest gold and our bright new clothes  
Because we bow before the Saviour of the world  
To celebrate Her victory, Happy Diwali!

The blessings of Shri Lakshmi have come abundantly  
Mahalakshmi's love now starts to blossom in our hearts  
Because we bow before the Saviour of the world  
To celebrate Her victory, Happy Diwali!

Our Holy Mother lights our candles in the night  
She lights a candle here She lights them everywhere  
And all across the globe we see the lights in rows  
The Sahaja Yogis singing: Happy Diwali!

On the darkest night, the doors of hell are wide,  
The souls are sorted left the souls are sorted right  
But we bow before the Saviour of the world  
Who has transformed our lives, Happy Diwali!

And all across the globe we see the lights in rows  
The Sahaja Yogis singing, Happy Diwali!  
The Sahaja Yogis singing, Happy Diwali!

And now we bow before the Saviour of the world } (Repeat)  
To celebrate Her victory, Happy Diwali!

Kundalini Gauri Shri Adi Shakti } (Repeat)  
Shri Mahalakshmi Jai Shri Mataji ! }

**COME ALL YE ANGELS** *(Christmas / Easter)**(Michelle Shete)*

Shri Jesus You are Yeshu,  
 Christ You are the Krista,  
 Lord Krishna was Your Father,  
 Yeshoda was His Mother,  
 Yeshu, Maria, Yeshu, Maria,  
 Yeshu, Maria! Come,  
 Come all Ye Angels to the Puja  
 Of our Holy Mother's First Son

You looked up at the blue sky  
 Revealing through Your fingers  
 The power of Your Father  
 And Mahalakshmi Your Mother  
 Mary Madonna, Mary Madonna,  
 Mary Madonna, Come,  
 Come all Ye Angels to the Puja  
 Of our Holy Mother's First Son

We celebrate Your birth  
 And Your resurrection  
 We pray that like You all the seekers  
 Will be born again  
 Dwijaha, Dwijaha, Dwijaha, Come,  
 Come all Ye Angels to the Puja  
 Of our Holy Mother's First Son

You came as Lord Ganesha,  
 You are our eldest Brother  
 Through Your Holy Grace } (x2)  
 We came to worship the Great Mother  
 Shri Nirmala Mata, Nirmala Mata,  
 Shri Nirmala Mata, Come,  
 Come all Ye Angels to the Puja  
 Of our Holy Mother's First Son

Come all Ye Angels to the Puja  
 Of our Holy Mother's First Son



## **RAINING ON THE ROCK**

*(John Williamson - 'True Blue')*

Pastel red to burgundy and Spinifex to gold  
 We've just come out of the mulga  
 Where the plains forever roll  
 And Albert Namatjira has painted all the scenes  
 And a shower has changed the lustre of this land.

### **Chorus\*:**

And it's raining on the Rock  
 In a beautiful country  
 And I'm proud to travel this big land  
 As a Sahaj Yogi.  
 And it's raining on the Rock  
 What an almighty sight to see  
 And I'm wishing that the whole world  
 Will know Shri Mataji.

Everlasting daisies and the beautiful desert rose  
 Where does their beauty come from,  
 Heaven knows.  
 I could ask the wedge-tail  
 But he's away too high  
 I wonder if he understands  
 It's wonderful to fly.

It cannot be described in a picture  
 The mesmerising colours of the Olgas  
 Or the grandeur of the Rock  
 Uluru has power!

*\* Chorus for Public Programs:*

And it's raining on the Rock  
 In a beautiful country  
 And I'm proud to travel this big land  
 As an Aborigine.  
 And it's raining on the Rock  
 What an almighty sight to see  
 And I'm wishing that the whole world  
 Will live in harmony.

## **TO MOTHER** *(Kate Henshaw)*

### **Chorus:**

Mother You are in all that is beautiful  
Mother You are in all that is true  
Mother You are the Joy of Creation  
All of our joy comes from You.

Mother You are in the flowers of the jungle  
Mother You are in all the stillness of the plain  
Mother You are in the surge of the ocean  
Mother You are in the wind and the rain.

You are in the bond between brother and sister  
You are in the love between husband and wife  
You are the peace that will grow between nations  
In the midst of our families, the strength and the light.

Mother You are in our singing and dancing  
Mother You are in our poetry and prayer  
Mother You are in our deepening and sharing  
In all that is beautiful, Mother is there.

## **INDIA** *(Kim Pearce)*

Shri Kundalini Mata  
We bow down to You.  
Shri Yamuna, Shri Ganga  
Flowing pure and true.  
Shri Sita Ram, Laxshmana  
Arrows in Your hand.  
Please guide us on our journey  
Through this timeless land.

India, India (x2)

For lifetimes I've been waiting  
Endlessly I've roamed.  
Your very Earth vibrating  
Now my Spirit's home.  
We'll climb to Saptashringi  
Touch the Sahastrara  
Shri Adi Shakti Nirmala Devi –  
You are India.

India, India,  
India – Nirmala Devi.

## TO PLEASE, TO PLEASE OUR MOTHER SO HIGH *(Music of Joy)*

### Chorus:

To Please, to please our Mother so high  
There never shall be a purpose so high.  
To Please, to please our Mother so high  
There never shall be a purpose so high.

Mother please come into my heart  
Dwell in the blossom that opens apart.  
Sit on Your throne, O fragrant Goddess,  
My Queen so noble, Compassion so tireless!

In my heart let Your feet rest,  
So that I may toil to treat them best,  
With fragrance and pollens and extollations,  
To those working feet, emitting vibrations!

Let me be free from delusion  
So that I may see without confusion  
All blessings and joys that You have given me,  
I thank you now and eternally.

## WE'RE ALL IN HER BANDHAN

### Chorus:

We are your Brothers  
We are your Sisters  
And we are ever one.  
We are together  
You'll leave us never  
These ties won't be undone

When ever you touch the silence  
Be sure we'll meet you there  
When ever you feel collective  
Know its with us you share

So when you feel that feeling  
of being far apart  
Think back to now and hear again  
The way we feel at heart

Last line on 2nd Chorus "We're all in Her Bandhan"

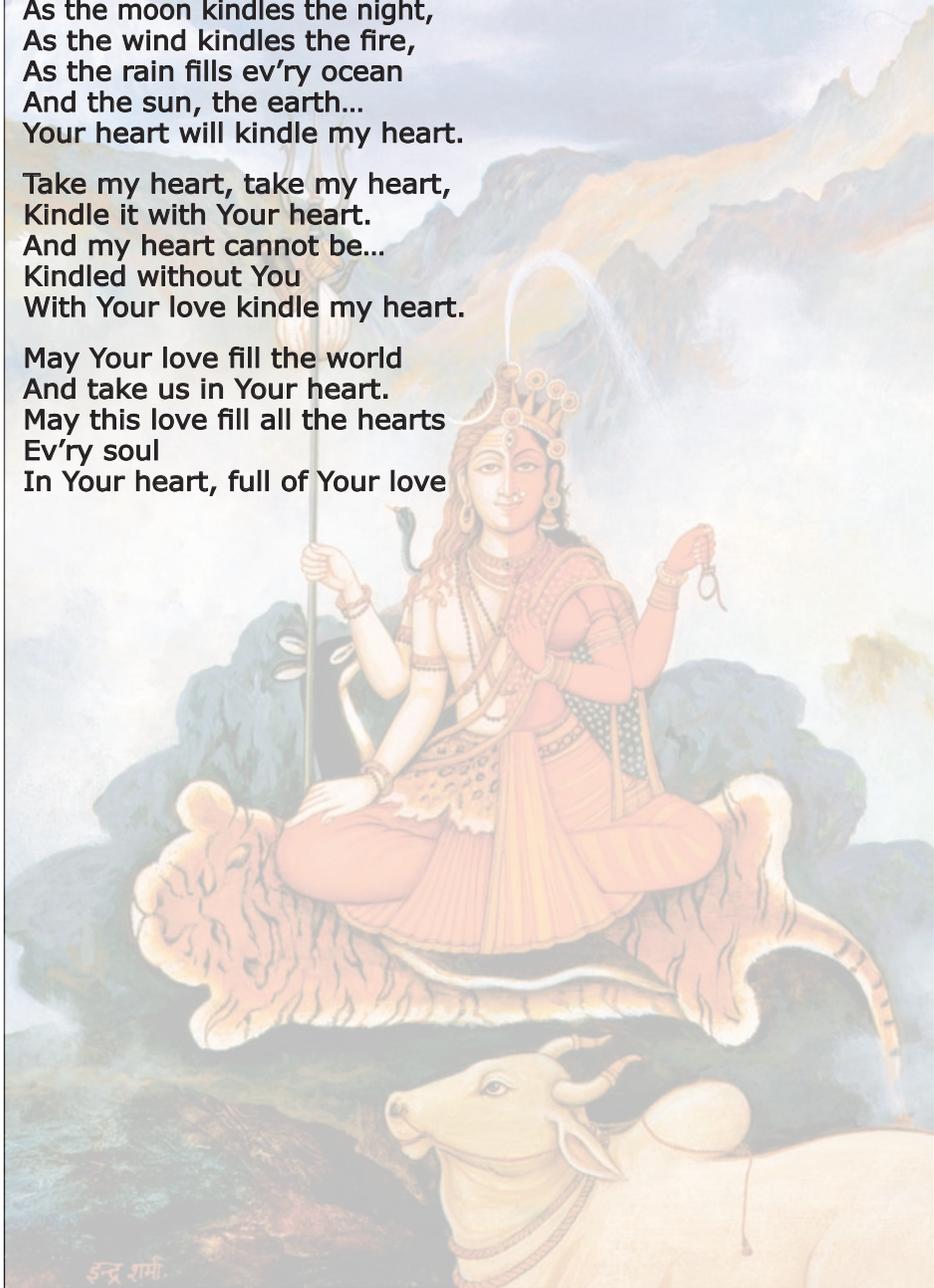
## KINDLE MY HEART

*Words (inspired by William Blake) and Music by Patrick Doyle from the film 'A little Princess' (1995)*

As the moon kindles the night,  
As the wind kindles the fire,  
As the rain fills ev'ry ocean  
And the sun, the earth...  
Your heart will kindle my heart.

Take my heart, take my heart,  
Kindle it with Your heart.  
And my heart cannot be...  
Kindled without You  
With Your love kindle my heart.

May Your love fill the world  
And take us in Your heart.  
May this love fill all the hearts  
Ev'ry soul  
In Your heart, full of Your love



*An excerpt from an interview with the composer of 'Kindle My Heart', Patrick Doyle.*

*Let's speak about "A Little Princess", one of your finest scores for a little film. How did you meet director Alfonso Cuaron and how did you approach the music?*

*Alfonso Cuaron heard an interview I gave on national public radio in the US and felt that I may perhaps have been the composer he was searching for. He is a very erudite and culturally perceptive man with a keen, eclectic taste and understanding of music. The music of the film, like the story, needed to be delicate, intimate and childlike, full of magic and wonder. The film was very spiritual and I felt I needed to capture this spiritual energy within the music.*

*Unlike with Henry V, where you recreated the period with a late 19th century idiom, you used authentic Indian instruments for "A Little Princess". Did you enjoy that and what's the difference between the two films as far as the authentic mood is concerned?*

*In my preparation for "A Little Princess" I listened to lots of Indian music and read a little about Indian spiritual and cultural heritage, in particular the legend of Rama and Sita, which features in the film. What gives me great pleasure is the fact that the character of the Indian Servant in the film, played by Sandeep Walia, avoids becoming a stereotype, and instead establishes himself as a vehicle for the spirituality of the film. He came across as a guardian angel with far more strength and power than any other character in the film.*

*Like some other scores, "A Little Princess" featured some vocal parts performed by your daughter. Do you like doing vocals and what was the idea behind this specific song, "Kindle your Heart"?*

*It was a great pleasure writing the lyrics for the song "Kindle My Heart". When I was first commissioned to write it, Alfonso (Cuaron) asked that the lyrics for the song contain words such as 'kindle', 'spirit' and 'heart', and as such these emotive words formed the foundation of the song. My daughter, Abigail, was coincidentally, age-wise, a contemporary of Liesel Matthews who played Sara. Her singing voice was entirely untrained, and thus held the natural innocence required for the song. Originally I only asked Abigail to sing a demo of the song to let the filmmakers hear it. Everyone, unsurprisingly, fell in love with her voice, so much so it inspired rather a charming series of events. Complete with the accompaniment of ethnic instruments, the demo tape was sent to Los Angeles... When Alfonso Cuaron heard it, he was immediately so inspired that he cancelled the day's scheduled filming, and created a whole new idea for a scene. The set was redressed and what followed was the scene against which the song is now played, when Sara dances beautifully in the snow. Today it is one of the most famous scenes in the film.*

## **BRAMHAPURI SONG**

Mother You are Nirmala  
Nirmala Mata, Nirmala Kundalini  
Mother You are Nirmala  
Nirmala Bhakti, Nirmala Bhagawati  
Mother You are Nirmala  
And You make us Nirmala too,  
Nirmala too.

Mother You are Nirmala  
Nirmala Shakti, Nirmala Shanti  
Mother You are Nirmala  
Nirmala Vidya, Nirmal Vedanta  
Mother You are Nirmala  
Please make us more like You,  
Nirmala like You.

Mother You are Nirmala  
Nirmala Tantra, Nirmala Saraswati  
Mother You are Nirmala  
Nirmala Mantra, Nirmal Vishuddhi  
Mother You are Nirmala  
Please keep us nearer to You,  
True to You.

Mother You are Nirmala  
Pure in joy and pure in attention,  
Mother You are Nirmala  
You take us into a pure new dimension,  
Mother You are Nirmala  
This heart is purely for You,  
Nirmala for You,  
Nirmala for You.

## LET'S SING IN PRAISE OF OUR CREATOR

Let's sing in praise of our Creator

Let's sing Her name:

Mataji Nirmala Devi

Joy, Joy to all who listen

'Twas for them She came.

## LIKE THE PETALS OF A FLOWER

Like the petals of a flower,

O God, how small are we

Yet to see all of creation

Bowing at Your Feet

Is Yourself in Your child -

Your great vision complete



## **TREE OF LIFE**

Shri Ganesha sits at the roots of the tree  
Merry, Merry King of the world is he  
Dance, Shri Ganesha, Dance Shri Ganesha  
Gay your life must be.

Shri Saraswati sits at the base of the tree  
Playing her Veena so beautifully  
Play Shri Saraswati, Play Shri Saraswati,  
Play so Joyously

Shri Laxhmi sits on the trunk of the tree  
Standing on the Lotus so gently  
Smiling Sweetly, Smiling Sweetly  
Peace you give to me

Shri Durga sits in the middle of the tree  
Riding on the tiger so gracefully  
Fight Shri Durga, Fight Shri Durga  
Love removes our fear

Shri Shiva sits at the fork of the tree  
The shining spirit in you and me  
Love you give us, Light and Joy  
For all the world to see

Shri Krishna sits in the branches of the tree  
Playing on his flute so merrily  
Play Shri Krishna, Play Shri Krishna  
Together we shall be

Shri Mary sits at the top of the tree  
She loves the children playing happily  
Joy Shri Mary, Joy Shri Jesus  
Joy in you and me

Shri Mataji reigns at the crown of the tree  
Joyful Joyful Mother of the world is She  
Enjoy Shri Mataji, Enjoy Shri Mataji  
Great you world must be

Thank You Shri Mataji, for everything  
Your love does flow and our hearts sing  
Thank you Shri Mataji, Namaste Shri Mataji  
Your children all love you.

## **WHAT A TIME!**

*(Michelle Shetty)*

### **Chorus:**

Oh the Kingdom of Heaven is here  
And Your Majesty rules from within  
Your name is Goddess Nirmala  
Speechless, we are blessed with Your darshan

Wisdom of the ages in the children's eyes.  
A cool breeze from a havan and diamonds in the sky.  
What a place, what a place, what a wonderful place.  
What a race, what a race, what a marvellous race.  
What a sight! What a life! What a time!  
What a time to be a-live!

Faces growing younger with a timeless light.  
Voices of angels sing through the night.  
What a place, what a place, what a wonderful place.  
What a race, what a race, what a marvellous race.  
What a sight! What a life! What a time!  
What a time to be a-live!

Miracles and stories, too many to record.  
Beyond our biggest dreams, a new reality unfolds.  
What a place, what a place, what a wonderful place.  
What a race, what a race, what a marvellous race.  
What a sight! What a life! What a time!  
What a time to be a-live!

59th Wedding Anniversary - 7th April 2006, Sydney, Australia



# WORLD SONGS





*A*ctually, the whole thing plays like  
a torrential movement of his heart.

*Absolutely like that it moves, very fast, and  
then he (Mozart) brings it down, stops it  
– beautiful it is. But only a realised soul can  
understand that. It is a new venture which can  
work out, and anything new will appeal very  
much to the western mind.*

**Australia - Perth - 28th February - 1985**



## O SOLE MIO

Che Bella Cosa E 'Na Giornata 'E Sole  
N'aria Serena Doppo 'Na Tempesta  
Pe' L'aria Fresca Pare Gia 'Na Festa  
Che Bella Cosa E 'Na Giornata 'E Sole

### Chorus:

Ma N'atu Sole  
Cchiu Bello Oine  
O Sole Mio  
Sta 'N Fronte A Te  
O Sole, O Sole Mio  
Sta 'N Fronte A Te  
Sta 'N Fronte A Te

Luceno E Llastre Da' Fenesta Toia  
'Na Lavannara Canta E Se Ne Vanta  
E Pe' Tramante Torce, Spanne E Canta  
Luceno E Llastre Da' Fenesta Toia

Quanno Fa Notte E O Sole Senne Scenne  
Me Viene Quase 'Na Malincunia  
Sott'a Fenesta Toia Restarria  
Quanno Fa Notte E O Sole Senne Scenne



## MADRE NOSTRA

Madre, Tu Che Ci Hai Dato  
 Un Sogno Transformato In Una Vita  
 E L'acqua Pura Che Sul Capo Chino  
 Così Fresca E Pulita

Madre Tu Sei La Terra  
 Afflita Dai Dolori E Dalle Pene  
 Che Tutti Nutre Di Materno Bene  
 E Nun Se Stanca Mai

### **Chorus:**

Madre, Madre,  
 Tu Che Li Cori Traboccare Fai  
 Tu Che La Pace Porti Fra Di Noi  
 Tu Fai Dell'erbe Amare Un Bel Giardino  
 Odor Di Gelsomino  
 Madre, Madre,  
 Tu Che Ci Sazi Tenere E Paziente  
 Tu Che Sei Come Un Pascolo Abbondante  
 Tu Delle Pene Ne Fai 'N Ramo In Fiore  
 Nasciamo Figli Tuoi  
 Nun Te Scordamo Mai  
 E Grazia Sia Con Voi

Madre Sta Voce Tua  
 Che Chiama A Noi Tuoi Figli Nel Silenzio  
 E Ci Sussurra "Nun Ave Paura!"  
 "Io Basto E Nun Avanzo!"  
 L'occhi Che Vedon Dentro  
 Trafiggon Le Bassezze E La Paura  
 E L'attenzione Tua  
 Ci Leva Da St'arsura  
 E N'acqua Chiara E Pura

## **FUNICULI, FUNICULA**

Oine, Venite Tutti Insieme Ampresso  
Venite Acca! Venite Acca!  
Ca Ce Facciamo `Na Bella Festa  
Pe' Festeggia! Pe' Festeggia!  
Co `Na Ghirlanda E Fiore Fatt'apposta  
Fiore E Lilla! Fiore E Lilla!  
Che Mo C'incoroniamo AMadre Nostra  
Nirmala Ma! Nirmala Ma!

### **Chorus:**

Iamme, Iamme, Iamme, Iamme, Ia!  
Iamme, Iamme, Iamme, Iamme, Ia!  
Funiculi, Funicula!  
Funiculi, Funicula!  
Iamme, Iamme, Ia!  
Funiculi, Funicula!

Guaglio! Sia Fatta E Botto `Na Poltrona  
Di Taffetta! Di Taffetta!  
E Nu Guanciaie Fino E Penne Di Pavone  
Portalo Acca! Portalo Acca!  
E Nu Quintale `E Fiore E Gelsomino  
Pe' Carita! Pe' Carita!  
Nu Mazzo `E Margherite De Giardino  
Nirmala Ma! Nirmala Ma!

E Mille Bastoncine Di Profumo  
De Qualita! De Qualita!  
Pe' Sparge Addor `E Fiore `N Torno O Mundo  
Fatte Cchiu Alla! Fate Cchiu Alla!  
E Mille Litre D'olio Puro E Fino  
Per Appiccia! Per Appiccia!  
De Mille Lanternelle Lo Stoppino  
Nirmala Ma! Nirmala Ma!

`Na Cuofana De Latte Ben Cagliato  
 Che N'aggio A Fa? Che N'aggio A Fa?  
 De Zucchero E De Burro Gia Squagliato  
 De Miele E La! De Miele E La!  
 `Na Pentola De Acqua De Sorgente  
 Pe' Poi Lava, Pe' Poi Lave,  
 Li Piedi Santi De `Sta Santa `E Sante  
 Nirmala Ma! Nirmala Ma!

Na Profusione `E Sari `E Seta Colorate  
 Chi Me Le Da? Chi Me Le Da?  
 De Scialle E Fazzulette Ricamate  
 Per Addobba! Per Addobba!  
 Giuielle `E Oro E Argento Fatte A Mano  
 Che Luccica! Che Luccica!  
 `Na Pietra, `Nu Diamante Paglierino  
 Nirmala Ma! Nirmala Ma!

`Na Serie E Guagliungelle Fresche, Fresche  
 Venite Acca! Venite Acca!  
 C'a Pelle Vellutata Comm'e Pesche  
 Su Vien' Acca! Nun Aspetta!  
 `Nu Coro De Guagliune Giovincelle  
 Figaro Qui! Figaro La!  
 Pe' Canta `Na Fanfara De Trionfo  
 Nirmala Ma! Nirmala Ma!



## **CIURI, CIURI**

A Madre Nostra Che Ci Ha Accesso I Cuori  
Cantiamo Tutti In Coro Questi Fiori  
Sperando Che Sian Tutti Degni E Puri  
Di Un Aranceto Tali Ai Begli Odori

### **Chorus:**

Ciuri, Ciuri, Ciuridi Ttuttu L'annu  
L'amuri Ca Mi Dasti Ti Lu Tornu  
Ciuri, Ciuri, Ciuridi Ttuttu L'annu  
L'amuri Ca Mi Dasti Ti Lu Tornu

Il Primo E Un Fiore Bello Della Terra  
Tutto Arancione E Aroma Della Mirra  
Protegge La Saggezza E Fa Alla Guerra  
Poi Porta La Saggezza Sulla Terra

Il Due Ci Da La Pura Conoscenza  
E Gioia Di Creare Che Ci Avanza  
La Forza, L'energia, La Vera Scienza  
De Quelle Che Mai Vengono Abbastanza

Il Terzo Quelle Leggi Ci Ha Portate  
Pe' Mantenere Sante Queste Vite  
La Fede L'onesta, Piu La Salute  
Dal Cielo Gli Son State Regalate

Il Quarto Porta Il Nome Il Piu Importante  
Come Una Coppa Vucta Si Riempie  
Ci Da Coraggio, Amore E Sentimento  
E Ci Dobbiamo Stare Sempre Attenti

Lu Quinto E Un Fiore Vivo Della Rocca  
Che Danza, Suona Il Flauto E Si Balocca  
Ci Ha L'universo Intero Nella Bocca  
Chi Contro A Lui Si Mette Guai Ne Tocca!

Lu Sestu E Certo Il Piu Puro Dei Fiori  
Senza Vestito, Scarpe Ne Denari  
Che Tuto Il Male Ci Fa Perdonare  
Chiamatu Gigliu De Nostro Signuri

E In Cima A Tutti E Il Fiore Piu Odroso  
Di Tutti I Mille Petali Dischiuso  
Mille Colori E Mille Variazione  
La Piu Suprema Dei Benedizione



## MATAJI JAY

*(Australian version)*

### **Chorus:**

Mataji Jay!  
Mataji, Mataji, Jay! } (x2)  
Mataji, Mataji, Jay!  
Mataji, Mataji, Jay!

Nosotros Sahaj. Yogis, Detodo el mundo entero  
Ponemos las manos juntas, Para resibir Tu amor  
O Ma, O Madre que vendici-on, O Ma,  
O Madre que vendici-on, Que Tu,  
Que Tu as Traido a la Tierra

We, the Sahaja Yogis of the world  
Place our hands together to receive Your love.  
O Ma, O Ma, such a great blessing  
You've brought down to Earth

Vinimos buscandote, Por vidas y vidas enteras  
O Madre que gran placer, Sa-ver que tambien buscaste,  
Por nos Por nosotros con carinyo, Por nos  
Por nosotros con carinyo, Que so  
Que solo una Madre tiene

We've come looking for You, through many lives  
O Mother, it's such a great joy  
To know that You looked for us as well  
For us, with love that only a Mother can have.

Como agradecerte Madre  
Por tanto que Tu nos has dado  
(H)as iluminado el camino  
Nuestro buscar a terminado

How to thank you Mother, for so much that You have endowed  
You have lit the way, and our search has finished

## QUE VIVA MATAJI!

*(Long Live Shri Mataji)*

Entre Flores, Emociones Y Alegrias

Between flowers, emotions and happiness

Nacio En Nosotros La Madre Del Amor

was born in us the Mother of love

Solo En Dios Pudiera Haber Tanta Belleza

Only God could have such beauty

Y Es Imposible Que Pueda Haber Dos

and it is impossible to have two (two Goddess's like this)

Y Todo El Mundo Sabe Que Es Verdad

and all the world knows that is the truth

Y Ya Todos La Quieren Adorar

and now they all want to adore Her.

**Chorus:****Por Eso Se Oye Este Refran:**

This proverb is heard

**Que Viva Mataji!**

Long live Shri Mataji!

**La Gente Canta Con Fervor:**

The people sing with enthusiasm

**Que Viva Mataji!**

Long live Shri Mataji!

**La Vida Tiene Otro Color**

The life has different color

**Que Viva Mataji!**

Long live Shri Mataji!

**Llego Y Todo Lo Cambio,**

She arrived and She changed all

**Mataji Es La Mejor!**

Shri Mataji is the best!

**En Los Dias Luminosos De Los Pujas**

In the luminous days of the Pujas

**Todos Los Ninos Juntos Frente A Su Altar**

All the children together in front of Her altar

**Sonriente Y Bondadosa, Ella Dispone**

Smiling sweetly She gives

**Con Esa Gracia De Diosa Maternal**

with the maternal grace of a Mother

**El Mundo Con Su Brisa Vibra Ya**

The world with her breeze vibrates now

**Empieza A Despertar La Humanidad**

The humanity starts to awake

**Que bonito es ser un sahaja yogi**

How beautiful it is to be a yogi

**Nadie resiste a ser un hermano mas**

No one resists becoming a brother

**Y que bello es entregarse y renacer**

How beautiful it is to surrender and to be reborn

**Y cantar bhajans hasta el amanecer**

and sing bhajans till dawn

**Mataji A Siempre Sido Y Sera**

Shri Mataji has always been and always will be -

**Eterna Madre Nuestra Sin Igual**

our eternal Mother without compare.

## **CUNCTI SIMUS CONCANENTES**

*(from the Red Book of Montserrat, 14th C. Spain)*

### **Chorus:**

**Cuncti simus concanentes: Ave Maria (x2)**

Let us all sing together: Hail Mary

**Virgo sola existente en affuit angelus**

As the Virgin was alone, lo an angel appeared

**Gabriel est appelatus atque missus celitus**

He is called Gabriel and sent from Heaven

**Clara facieque dixit: Ave Maria (x2)**

And with shining mien he said: Hail Mary

**Clara facieque dixit audite karissimi (x2)**

And with shining mien he said, hear, most beloved,

**En concipies Maria, Ave Maria (x2)**

lo You shall conceive, Mary: Hail Mary

**En concipies Maria, audite karissimi (x2)**

Lo You shall conceive, Mary, hear, most beloved,

**Pariesque filium, Ave Maria (x2)**

You shall bear a son, Mary: Hail Mary

**Pariesque filium, audite karissimi (x2)**

You shall bear a son, hear, most beloved,

**Vocabis eum Ihesum Christum, Ave Maria (x2)**

You shall call him Jesus Christ: Hail Mary.

# **POLORUM REGINA**

*(from the Red Book of Montserrat, 14th C. Spain)*

## **Chorus:**

**Polorum Regina omnium nostra**

Our Queen of all Heaven

**Stella matutina, dele scelera**

Morning star, take away our impurities

**Ante partum virgo deo gravida**

Before the birth, Virgin, blessed by God

**Semper permansisti inviolata**

You remained eternally inviolate

**Stella matutina dele scelera**

Morning star, take away our impurities

**Et in partu nirgo deo fecunda**

And in labour, Virgin, made fertile by God

**Semper permansisti inviolata**

You remained eternally inviolate

**Stella matutina dele scelera**

Morning star, take away our impurities

**Et post partum virgo mater enixa**

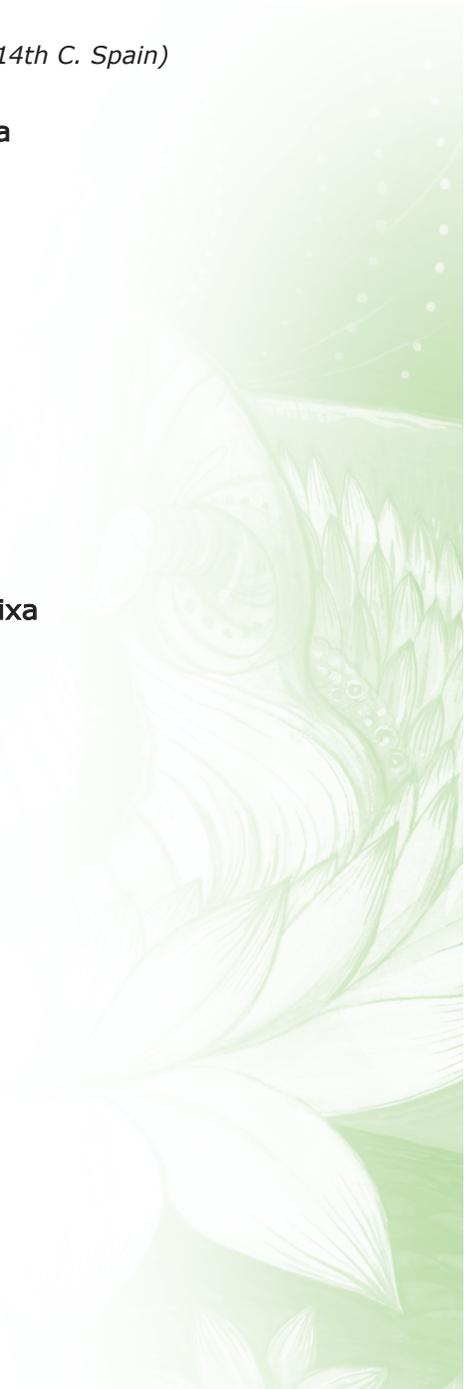
And after the birth, Virgin, Mother

**Semper permansisti inviolata**

You remained eternally inviolate

**Stella matutina dele scelera**

Morning star, take away our impurities



## **MARIAM, MATREM VIRGINEM**

*(from the Red Book of Montserrat, 14th C. Spain)*

### **Chorus:**

**Mariam Matrem Virginem, attolite**

Praise Mary, Virgin Mother

**Ihesum Christum extollite concordite**

Honour her with Jesus Christ

**Maria, seculi asilum, defende nos**

Maria, shelter of mankind, defend us,

**Ihesu, tutum refugium, exaudi nos**

Jesus, safe refuge, hear us

**Iam estis nos totaliter diffugium**

Now You are our whole protection

**Totum mundi confugium realiter**

Truly the complete haven of the world

**Ihesum suprema bonitas verissima**

Jesus, supreme and truest goodness,

**Maria, dulcis pietas grantissima**

Mary, sweet most gracious kindness

**Amplissima conformiter sit caritas**

May Your charity be as full to us

**Ad nos quos pellit vanitas enormiter**

As the world's vanity compells

**Maria facta saeculis salvatio**

Mary grants salvation to all

**Ihesu damnati hominis redemptio**

Jesus redeems the damned

**Pugnate quem viriliter per famulis**

They fight fiercely for their servants,

**Persussis duris iaculis atrociter**

enduring hard beatings and cruel blows

**Maria, Virgo humilis, te colimus**

Mary, humble Virgin, we honour You,

**Ihesu, desiderabilis, te querimus,**

Jesus, desirable, we seek after You

**Et volumus mentaliter in superis**

and we would have joy above

**Frui cum sanctis angelis perhepniter**

With the holy angels forever

**JAY SHRI GANESHA**

Jay Shri Ganesha  
 Jay Shri Nirmal. Ganesha  
 Jay Shri Ganesha  
 Jay Shri Ganesha Jay } (x2)

Jay Shri Ganesha  
 Jay Shri Ganesha  
 Jay Shri Ganesha, Mahaganesha  
 Jay Shri Ganesha Jay

**SHIVA SHIVA MAHADEVA**

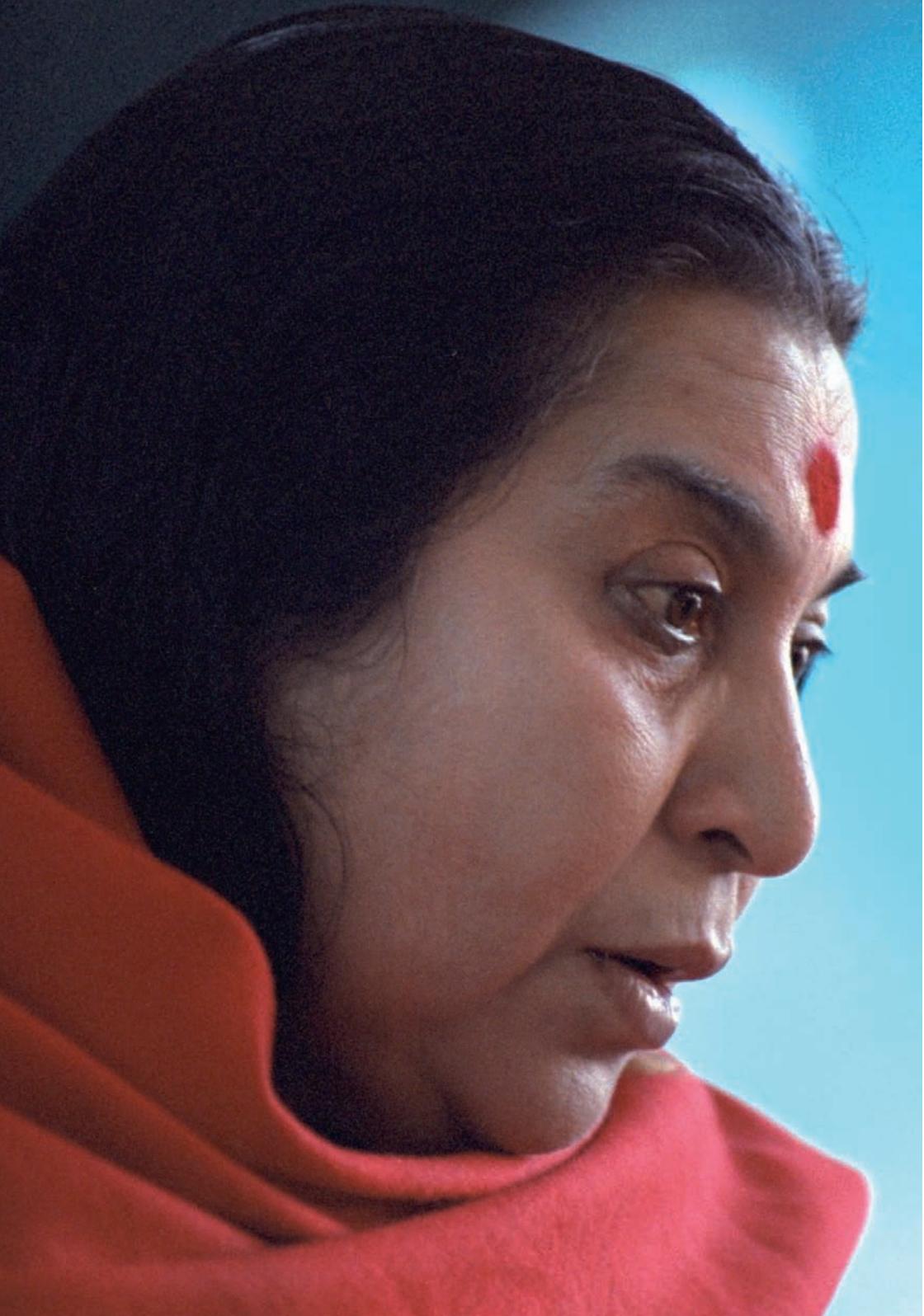
Shiva Shiva Mahadeva  
 Namoh Shivaya Sadashiva } (x2)

Durga Durga Mahamaya  
 Namoh Durgaya Namoh Namah } (x2)

Kali Kali Mahamata  
 Namoh Kaliki Namoh Namah } (x2)

(Repeat verses ad lib)

Namoh Shivaya Sadashiva  
 Namoh Durgaya Namoh Namah  
 Namoh Kaliki Namoh Namah  
 Namoh Shivaya Sadashiva





*ay, music, for art, for anything you have to have pure attention and that comes through your innocence. Say a person who is an artist and who's very money-oriented, say for example, a person who is doing some paintings and all that. His art cannot become eternal art. Cannot. That's why we see in modern times whatever art is created, it just comes and goes. It has no eternal value. Same with the modern music that they're having. The same thing is happening. It comes and goes and no one knows where it has disappeared. Behind it is money orientation and that money orientation results into a kind of a creation which is not perfect.*

**Shri Ganesha Puja 1991, Cabella, Italy,**

## JAY SHRI MATAJI

*(Togliatti yuva shakti)*

### **Chorus:**

Jay Shri Mataji Nirmala Devi (x2)

Tî Sahaja-yogu dala nam

*You gave Sahaja Yoga to us*

Tî Sahaja-yogu dala (Chorus)

Tî prichina prichin Nishkarana

*You are causeless; the cause of all causes*

Nyeizmyenaya Nirvikara

*Unchanging*

Chistatu i mudrast dala nam (x2)

*You give us purity and wisdom*

Chistatu i mudrast dala (Chorus)

Tî dayosh fsye znaniya Nirmal Vidya

*You give us all knowledge*

Dastizhima Bhakti - Bhakti Gamyā

*Attainable*

Tvorchyeskiye znaniya dala nam (x2)

*You give us creative knowledge*

Tvorchyeskiye znaniya dala (Aah)

Tî daruyesh Dharmu Dharma Dayani

*You give us dharma*

Tî vilikaya tsaritsa Maharagi

*You are the Great Queen*

Udavlyetvaryeniye dala nam

*You give us satisfaction, generosity*

Shyedrast mir i radast dala nam

*peace and joy*

Shyedrast mir i radast dala (Chorus)

Tî spasilyelnitsa nasha Rakshakari

*You are our Saviour*

Ubivayesh zlíye silí Rakshasagni

*You kill the evil forces*

Muzhistva tî f syertsye dala nam (x2)

*You give courage to our hearts*

Muzhistva tî f syertsye dala (Aah)

**Tî vnye deistviy fseh Nishkriya**

You are beyond actions

**Tî illyuziya bagof Mahamaya**

You are the Great Illusion

**Sladastnast Shri Krishnî dala nam**

You gave us Shri Krishna's sweetness of tongue

**Nyeprichastnast Shri Krishnî dala nam**

Shri Krishna's poer to witness

**Nyeprichastnast Shri Krishnî dala (Chorus)**

**Tî lishyonnaya gardîni Nirmala**

You have no pride

**Tî byes egaizma Nirahamkara**

You are without ego

**Fsyeprashyeniye k lyudyam dala nam**

You gave us the power of forgiveness

**Sastradaniye k lyudyam dala nam**

and the power of compassion

**Sastradaniye k lyudyam dala (Instrumental)**

**Tî daruyesh sshastiyе Sharma Dayini**

You give happiness

**Vyelichaishtaya Mahadevi**

You are Great

**Shri Vimala, Shri Vilasini**

**Shri Sahaja Yoga Dayini**

**Tî Sahaja-yogu dala nam (x2)**

**Tî Sahaja-yogu dala**

**Jay Shri Mataji Nirmala Devi (x2)**

**Tî Sahaja-yogu dala nam (x4)**

**Tî Sahaja-yogu dala**



# PLEASE, KUNDALINI RISE

*(Russian-English)*

## **Chorus:**

A Nirmala Mata, Mata (2 times)  
You are my life, you are my heart,  
You are my life  
So, please, Kundalini rise.

## **1 verse:**

Kundalini rise, Shri Ganesha,  
Kundalini rise, Nirmala Mata  
Kundalini rise, Saraswati,  
Kundalini rise, Adi Shakti,  
Kundalini rise, Mahalakshmi,  
Kudalini rise, Nirmala Mata,  
Kundalini rise, Adi Guru,  
Kundalini rise (3 times)

## **2 verse:**

Kundalini rise, Durga Mata,  
Kundalini rise, Nirmala Mata,  
Kundalini rise, Jagadamba,  
Kundalini, rise, Adi Shakti,  
Kundalini rise, Vishnumaya,  
Kundalini rise, Nirmala Mata,  
Kundalini rise, Mahalakshmi,  
Kundalini rise (3 times)

## **3 verse:**

Kundalini rise, Kundalini,  
Kundalini rise, Nirmala Mata,  
Kundalini rise, Bhagavati,  
Kundalini rise, Adi Shakti,  
Kundalini rise, Kundalini,  
Kundalini rise, Nirmala Mata,  
Kundalini rise, Bhagavati,  
Kundalini rise (3 times)

# NIEBA

## Verse 1:

**Laskawi vietzir zalatoy**

The soft, golden wind

**Stutchkami niejnemi eegraiet**

plays with tender clouds.

**Pachniet sotchnai svitzea scoschenenai travoi**

It smells of succulent, fresh grass.

**Schelest leestiev schum dashdia napaminaiyet**

Rustling leaves sound like the rain.

**Loog ziloni razlilsya na tselee mir**

The meadow's green peace spills to the entire universe

**Atrazifschiss skromna vmalenkay raseenkye**

And I see this eternity reflected in a dew-drop.

**Gorb halma tsvetami vyishetei zastil**

Chilly hills wrap themselves in embroidered flower blankets.

**Pauchock zavis vblestiashey pautinkye ...**

A tiny insect hangs suspended in this sparkling web of life.

## Chorus:

**Nieba soncier i vietsyer**

Sky, sun and wind.

**Soncier vietsyer preetihh**

Sun shines and the wind becomes mild.

**Golub bielee krujitsya veeotza vnibesahh galubeechh**

A white pigeon circles in the blue sky.

## Verse 2:

**Pasreedzy gustoy travwee stayit malish**

A little one stands in dense grass;

**Ibezdonnymee glazamee saziersaiyet**

He looks at all things with wise eyes.

**Kakrastiot iksontsu tianietsa kamwish**

The reed grows and is pulled to the sun.

**Kakzimlia liubov iradasts vaspivalet**

The Earth sings of love,

**Fsio ediot svaiyim abitchnym cheredom**

And peacefully turns

**Sontsa sviet fplyetaiyet fkosu mirazdanya**

While the sun plaits the golden locks of our universe.

**Fsio shto yarkim svetam rastsveetiot patom**

May this universal light make everything bloom with beauty.

**Nashy chistiye prikrasniye jelanya.**

This is our most pure desire.

## KARAVAN

### Verse 1:

**Nash karavan aatpravlya-yetsa vIndiyu**

Our Caravan is leaving for India.

**Sotni veerbloodaf pad nami revoot**

Hundreds of camels are ready to go.

**Goree Iranskiye Goree Afghanskiye**

The Iranian mountains, the Afghanistan mountains,

**I Pakistanskiye mima pleevoot**

and the Pakistan mountains flow past us.

**Om \_\_\_\_\_ Kundalini Gimalayi \_\_\_\_\_ tvoi hhram**

Om Kundalini, the Himalayas are Your temple.

### Verse 2:

**Choodnaya India fsyem ooli-bayetsya**

Miraculous India smiles to everyone.

**Yeta strana dlya iskati-lyei klad**

This country is a treasure trove for the seekers.

**Bogi rajdayutsa I naslaj-dayutsa**

The Gods are born here and enjoy themselves;

**Iv meditatsi yogi sidyat**

the Yogis sit in meditation.

**Om \_\_\_\_\_ Shri Ganesha Maharastra \_\_\_\_\_ tvoi hhram**

Om Shri Ganesha, Maharastra is Your temple.

### Verse 3:

**vAfriku nashi slani atrpravlya-yootsa**

For Africa our elephants are leaving.

**Nyes-kalka sutak idiom byes vadi**

Several days we travel without water,

**No tier-peelivim idjoongli yav-lyayutsa**

but to the patient, the jungles appear

**Samiya boowee-nyew vmire sadi**

the most nourishing gardens in the world.

**Om \_\_\_\_\_ Shri Saraswati fsya savanna \_\_\_\_\_ tvoi hhram**

Om Shri Saraswati, all the savannah is Your temple.

### Verse 4:

**Nash karavan atdi-hayet vItaliyi**

Our caravan is stopping in Italy to have a rest.

**Nashi veerbloodi spaghetti yid-yat**

Our camels eat spaghetti.

**Vozduhi chudniye no-satsa ari-yi**

Wonderful arias are wafting in the air.

**Sladkai istomaiyu putnik abyat**

We, the travellers, are full of a gentle sweetness.

**Om \_\_\_\_\_ Shri Gruha Lakshmi \_\_\_\_\_ Apeenini \_\_\_\_\_ tvoi hhram**

Om Shri Gruha Lakshmi, the Appennines are Your temple.

### Verse 5:

**Pa akianu iloosi skita-yemsya**

In the ocean of illusion we wander.

**Fpo-iskahh istiini krutyim shturval**

In search of truth we turn the steering wheel.

**Mwee pereeseich aki-an pastarayemsysa**

We will try to cross the ocean.

**Shri Adi Guru nam putz ukazal**

Shri Adi Guru has shown us the path.

**Om \_\_\_\_\_ Shri Adi Guru vnashem voidiye \_\_\_\_\_ tvoi hhram**

Om Shri Adi Guru, in our void is Your temple.

**Verse 6:****Syertse na etom putsee atkrivaietsa**

Our hearts are opening. On this path

**Shiva siyayet skla-nyayemtsa nyits**

Shiva shines and we bow down.

**Radasts dukhovnaya nye preekrash-ayetsa**

The joy of the Spirit does not stop.

**Eta lubof byes vremyon i granits**

This love is beyond time and without borders.

**Om \_\_\_\_\_ Shri Durga Mata Anahata \_\_\_\_\_ tvoi hhram**

Om Shri Durga Mata, the Anahata is Your temple.

**Verse 7:****Pyesnyi I tansi lyubof virajhayoot**

Songs and dance express love.

**Bagof praslav-lyayoot I stroyat knyim most**

They praise the Gods, and build bridges towards them.

**Krishna egrayet ifsyo rast-sveetaiyet**

Lord Krishna plays and everything blossoms.

**I sonce siyayet kak tisachi zvyost**

The sun shines like a thousand stars.

**Om \_\_\_ Shri Radha Krishna \_\_\_ fsyo prastranstva \_\_\_\_\_ woi hhram**

Om Shri Radha Krishna, the Cosmos is Your temple.

**Verse 8:****Kak milasyer-diye nye-aphadima**

As mercy is necessary

**Niye-aphadima droog drooga prastits**

it is also necessary to forgive each other

**Shtobi da boga daiti nye-vre-dyeemim**

in order to get to God unharmed

**If tsarstva nyebesnaye dver atvarit**

and to open the gates of the Kingdom of Heaven.

**Om \_\_\_\_\_ Shri Mahalakshmi \_\_\_\_\_ fseprash-che-niye tvoi hhram**

Om Shri Mahalakshmi, all forgiveness is Your temple.

**Verse 9:****Dvier atvarilas blajhenstva yavilas**

The gates have opened, bliss has come.

**I nash karavan pripadayet kwadye**

Our caravan nears the water.

**Eta byes-kra-inyaya bojiya meelasts**

This is the unlimited ocean of Godly mercy.

**Ya rastvarilas i Pravda vezdye**

I-ness dissolves and truth is everywhere.

**Om \_\_\_\_\_ Shri Nirmala Devi \_\_\_ Sahastrara \_\_\_\_\_ tvoi hhram**

Om Shri Nirmala Devi, the Sahasrara is Your temple.

## **NKOSI SIKELEL' IAFRIKA**

*(South African National Anthem)*

**Nkosi Sikelel' iAfrika  
Maluphakamis' uphondo lwayo  
Yizwa imithandazo yethu  
Nkosi sikelela, Nkosi sikelela**

**Nkosi Sikelel' iAfrika  
Maluphakamis' uphondo lwayo  
Yizwa imithandazo yethu  
Nkosi sikelela, Thina lusapho lwayo**

**Woza moya (sikelela Nkosi sikelela)  
Woza moya (sikelela Nkosi sikelela)  
Woza moya, Oyingcwele  
Nkosi sikelela, Thina lusapho lwayo**

**Morena boloka sechaba sa Heso  
O fedise dintwa le Matswenyeho**

**Morena boloka sechaba sa Heso  
O fedise dintwa le Matswenyeho**

**O se boloke (O se boloke)  
O se boloke (O se boloke)  
Sechaba sa Heso  
Sechaba sa Afrika**

**O se boloke Morena (O se boloke)  
O se boloke Morena (O se boloke)  
Sechaba sa Heso  
Sechaba sa Afrika**

**Makube njalo! Makube njalo!  
Kude kube nguna phakade  
Kude kube nguna phakade!**

## FREEDOM IS COMING

Oh Freedom, Oh Freedom, Oh Freedom  
 Freedom is coming, Freedom is coming  
 Freedom is coming Oh yes I know

Oh Yes I know, Oh, Yes I know, Oh Yes I know  
 Oh Yes I know, Oh Yes I know  
 Oh Yes I –Know, Oh Yes I know

Oh Freedom, Oh Freedom, Oh Freedom  
 Freedom is here now, Freedom is here now,  
 Freedom is here now, Oh yes we know

Oh Yes we know, Oh Yes we know, Oh yes we know  
 Oh Yes we know, Oh Yes we know  
 Oh Yes we—know, Oh Yes we know

Oh Mother, Oh Mother, Oh mother  
 Shri Adi Shakti Nirmala Devi  
 Nirmala Mata, Shri Mataji

## SIYAHAMBA

Siyaham Ekookha Nyen Kwenkos (x2)  
 Siyahamba, hamba, hamba, hamba } (x2)  
 Hamba, Siyaham Ekookha Nyen Kwenkos

We are marching in the Light of God

We are dancing in our Mother's Joy

Siyaham Ekookha Nyen Kwenkos (x2)  
 Siyahamba, hamba, hamba, hamba } (x2)  
 Hamba, Siyaham Ekookha Nyen Kwenkos

## **HAIDA**

*(Eastern European - chassidic)*

Haida, haida, haidida-daida, haida, haida, haida  
Haida, haida, haidida-daida, haida, haida, haida

Adi Shakti Nirmala Devi, Mata, Shri Mataji  
Mata Nirmala Devi, Mata, Shri Mataji

## **ALLELUIA CANON**

*(WA Mozart)*

Adi Shakti Nirmala Devi  
Adi Shakti Nirmala Devi Nirmala Mata Shri Mataji  
Adi Shakti, Nirmala Devi, Nirmala Mata, Shri Mataji  
Adi Shakti, Adi Shakti, Shri Mataji  
Adi Shakti, Adi Shakti, Shri Mataji  
Nirmala Devi, Shri Mataji  
Adi Shakti- Shri Mataji  
Nirmala Devi, Shri Mataji  
Adi Shakti Nirmala Devi  
Nirmala Mata, Shri Mataji  
Adi Shakti, Adi Shakti, Shri Mataji



# APPENDIX

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### Sing for Health

A recently-released study by the University of California suggests that singing can make one healthier. Increased levels of disease fighting proteins were discovered in the mouths of persons singing in the study.

These proteins are used by the immune system of the body to fight disease. An increase of up to 150% was noted with the singers during rehearsals and around 240% increase was noted during performance.

Many singers also reported a sense of happiness or euphoria when they sang. Robert Beck and Thomas Cesario who

both conducted the study for the college of medicine suggested that the increase in levels of immune proteins might be because of the singer's state of mind as they became more familiar with the music.

Some of the subjects reported having deeply emotional reactions to performing. It was speculated that there could be a link between immune response and singer's emotions.

So, this study suggests that singing could be very good for our emotional and physical health. (July 24, 2001)

## SHRI MATAJI EXPLAINS AND TRANSLATES 'JOGAVA'

Pratishthan, 15th October 1988

Saint Eknath was from 'Pratishthana', called as 'Paithan' and he is the one, who has written this "Jogava", means the Yoga and at that time he sang this in a very village language and it sung by so many people all over the Maharashtra. You can imagine that this song was written so many years back and now they have converted into a kind of a - for Sahaja Yoga - but it is a very - absolutely precisely described - what they wanted at that time. Now, in the beginning he says - the Goddess of Maharashtra was called as "BAYA". You will be amazed - in my childhood my name was Baya. They use to call me in my family as Baya. So, he is saying that I will ask Mother to give me the Yoga. In the villages it is said "Jogava" - again he says - 'Bayecha Jogava'.

Now 'ANANDI NIRGUNI' the one which is without any gunas has manifested this "Bhawani" on this earth, and She has come to kill this Mahishasura. Also she has come 'Trividh TAPANCHI KARAVAYA JHADANI' to remove our three types of heating pains and now She is going to come for our 'Nirvana', that time he had said, he says that what I will I do when she will come for my 'Nirvana-Dwaitya' - I have got, means I am thinking about myself as separate from God. 'Dwaita' is that you think this world is separate from God, then I will remove this 'Dwaita' and I will put a garland to Her and in my hand I will take the flag of enlightened knowledge (already he is describing it) and without any discrimination about cast or religion or anything I will go to visit Her. Then what I will do, for nine days I will do nine types of Bhakti of this Goddess and then I will give up all other asking or anything and I will ask for a son who is knowledge.

Then I will do (this is a lady singing, he sings like a lady) so he says that this world is full of ego, 'Dambha' is false pride, so I will give up that kind of bad son. It is the bad son and what will I do in the 'PARADI' (basket) is the place in which you carry flowers for the God. In the 'Paradi' I will put complete enlightened knowledge and all the 'ASHA MANISHANCHA' means all the desires and all aspirations. I will finish them, completely break them. 'MANOVIKARA VIKARA KAREEN KURVANDI' all my 'Manovikaras', you see all the mind, which is so much conditioned; (like they say in Hindi that you take out the bad eye). So I will take out as that from my mother earth. 'AMRIT RASACHI BHAREEN ME DHURDI - basket I will be filling with the 'Amrit Rasa' that is the ambrosia. 'AATA SAZANI', (She is telling her friend) O my friend, now I have become completely detached NISANG and my husband who was a doubt, I have given up living with that husband of mine, means the doubt has disappeared from me. Then she says that the 'Kama and Krodha' these two are 'MANG' is the one, scheduled caste people who burn the bodies and I have given them up

and what ever left I have made my - I have opened out my tunnel - that is of Sushumna - see now.

Such a Yoga I have asked and kept it with me when I got it. I went to the great door and I thanked the God Almighty and I have now come out of this life and death problems.

At that time he wrote all this and today you are getting the results. Just that, so clearly and a lady singing this, we have to take some vows, something about yourself and about others. We have to remember one great thing - that we are Yogis now. That too we are Sahaja Yogis and as Sahaja Yogis, we have to be 'par excellence', in our behaviour, in our temperament, in our dealing with others, tackling any situation or getting solution out of some problems. You have to be of 'par excellence'. Now some of you find that you have very good brain, I mean - intelligence - but you lack in your heart. Some of you have got very large heart but you lack in your brains. So the balance must be brought. But the greatest knowledge - greatest of all the greatest knowledge is to know that GOD IS LOVE. HE IS LOVE and if you cannot even love a Sahaja Yogi, then also must know that there is something very wrong in you, which must go out. The love has to be there and this love is what we call as 'Nirvajya' means there is no interest on you, just the capital, meaning you love each other in such a manner that you just give and don't expect anything. Just give and enjoyment of giving is the highest.

I tell you from my experience. To me the greatest joy is when I can give Realisation, second one is when I can give away things. The third one could be that I can give it to others. So now, as you are not the people, who are sitting at the receiving end, but at the giving end, you must know what you have given to others. On the contrary, even now, if you just give your tempers, you show your greed and all kinds of things that does not behaves a Sahaja Yogi, then, you have to know that there is something still left behind. Or else if you are so particular about small things like clothes, like food, like comforts then know that there is something is missing, that personality is not full and also remember one sentence always, "ask a question to your self - Have I fulfilled my destiny?".

This is one question you should ask, have I fulfilled my destiny? and that will clarify the situation for you, because now you are a guru of your own, you know, you understand. You know so much about Sahaja Yoga mentally. But when it penetrates into your being and the whole knowledge becomes a part and parcel of your being, then it's a very different thing.

The whole attitude about facing anything is very different for a realised soul. Like me, I would say - if I see a problem, immediately I go into meditation, immediately, and the problem is solved. Because that's my power. In the same way if you see a problem and if you go into meditation, the problem will be

solved by me. That means in meditation you surrender to me, then it is my job. But if you start solving it mentally or orally, you will fall into traps. So, the best thing is, any such problem that bothers you, you should just go into meditation, don't have to even pray - just go into meditation with that problem and you will come out victorious.

What today you have been asking me for the victory, I have to tell you that you are very safe in the fort of your meditative state and very well in meditation only you can grow, you cannot grow otherwise. It is like the sunshine for any tree. You have to be in meditation, in Nirvichara, you don't have to oppose anybody, you don't have to agree anybody, you don't have to say anything. Specially for other Yogis, You don't have to say anything. Anybody whom you find to be funny, just go into meditation and you will be amazed how things will change, and this is your power. How many people have got realisation in this world? Very few. They are growing up - all right, they are working it out. But what is lacking in them is the Meditative Force.

The best way is to surrender and the surrendering is easier. You just put me in your heart, all the time, the simplest way. Then you cannot live without it. You cannot exist without it. You feel completely lost. It's kind of a very detached love. You just feel absolutely rested, blissful, and content. Then you don't want anything. That is the state, one has to establish. It is so easy for you because i am in person with you. Only problem that is there as i told you in sahaja yoga that you have to recognise me to begin with. But to recognise me is rather difficult because I am a Mahamaya and so normally you might come into that mess created by Mahamaya. But as I told you the other day that you could not have faced me in my other form. Imagine a person with a sword in the hand sitting on a lion. Could not have faced it. So I had to be Mahamaya and this is what it is, that in this form you can come close to me, you can talk to me, you can also take my advice, if you want. So this counseling can be done better. I could decode everything to you. I could tell everything about it. But to KNOW THAT YOU ARE SITTING BEFORE MAHAMAYA ITSELF IS VERY HELPFUL. So don't get lost into the garb of Mahamaya. In your protocol, in your understanding, in everything you have to remember that we should not make mistakes and we should try to surrender. Automatically you will learn everything. There is nothing to be taught to you.

That state is such - like a tree. When it comes to its full bloom, it gives flowers and the flowers come to it's own maturity that give fruits. That is how you are built in. That is how you grow. What then happens you yourself feel your own growth and enjoy it and just live happily with it. So ultimately my destiny is one that I should make you all very happy and joyous. That is my destiny. That is why all this struggle is going on. I hope I fulfill my destiny and your destiny too.

MAY GOD BLESS YOU

## **Omkar. Swarupa - Saint Gnaneshwara**

(Translation given by Baba Mama at Bavasagara Puja, Brisbane, 1991)

This is a song praising the Guru,  
singing how high the Guru is.  
What is the height of the Guru

### **The chorus says:**

O Guru, You are the incarnation of Omkara.  
You are the Sadguru, who knows good teaching.  
You are the 'Samartha,' the one capable of giving good teaching.  
You are the patron of the orphan,  
You are the Father of the orphan,  
And therefore I bow to You, I bow to You, I bow to You.

### **Verse 1:**

I bow to You like my father,  
Because you hold the treasures of mercy and kindness.  
You have broken me away from the ties of temptation,  
And the ties of Maya.  
I bow to You.  
I was full of questions.  
Who will remove these ties of temptation  
And this net of Maya?  
The answer is You.  
Only You, O Guru, could make this breakthrough.  
I was so deeply enmeshed in these temptations,  
And in this materialism.  
Only someone of Your stature,  
Of Your ability, Your dimension,  
Could redeem me from the world of temptation and Maya.  
Therefore I bow down to You, O Guru.

**Verse 2:**

O Guru, You are the ocean of Joy.  
 The three worlds are supported by You and Your knowledge.  
 O Guru, You are so luminous  
 That before Your glorious light  
 Even the moon and the sun fade.  
 In Your light I have been able to understand the Vedas,  
 The mysteries of the Divine.  
 I could not understand these mysteries  
 In the light of the sun  
 Or the light of the moon.  
 O Guru, I needed the brilliant light  
 Emanating from You  
 To see, and understand the Vedas.  
 Therefore I bow down to You, O Guru.

**Verse 3:**

O Guru, You are the Parabrahma  
 You are the over all, above all, Brahma,  
 The pervading Brahma.  
 Your holy name is always in my mouth.  
 Always I am speaking Your name  
 So that I shall never forget  
 That You are the Parabrahma.  
 Therefore  
 I bow down to You, O Guru.  
 I bow down to You, O Guru.  
 I bow down to You, O Guru.

## VANDE MATARAM (poetic translation)

(from *ASHindi 63*)

Mother, I bow to thee!  
 Rich with thy hurrying streams,  
 Bright with orchard gleams,  
 Cool with thy winds of delight,  
 Dark fields waving Mother of might,  
 Mother free.

Glory of moonlight dreams,  
 Over thy branches and lordly streams,  
 Clad in thy blossoming trees,  
 Mother, giver of ease  
 Laughing low and sweet!  
 Mother I kiss thy Feet,  
 Speaker sweet and low!  
 Mother, to thee I bow.

Who hath said thou art weak in thy lands,  
 When the sword flesh out  
 in the seventy million hands  
 And seventy million voices roar  
 Thy dreadful name from shore to shore?  
 With many strengths  
 who art mighty and stored,  
 To thee I call Mother and Lord!  
 Though who savest, arise and save!  
 To Her I cry who ever her foeman drove  
 Back from plain and Sea  
 And shook herself free.

Thou art wisdom, thou art law,  
 Thou art heart, our soul, our breath  
 Though art love divine, the awe  
 In our hearts that conquers death.  
 Thine the strength that nerves the arm,  
 Thine the beauty, thine the charm.  
 Every image made divine  
 In our temples is but thine.

Thou art Durga, Lady and Queen,  
 With Her hands that strike  
 and Her swords of sheen,  
 Thou art Lakshmi lotus-throned,  
 And the Muse a hundred-toned,  
 Pure and perfect without peer,  
 Mother lend thine ear,  
 Rich with thy hurrying streams,  
 Bright with thy orchard gleams,  
 Dark of hue O candid-fair

In Thy soul, with jewelled hair  
 And Thy glorious smile divine,  
 Loveliest of all earthly lands,  
 Showering wealth from well-stored hands!  
 Mother, mother mine!  
 Mother sweet, I bow to thee,  
 Mother great and free!

## Beautiful words in Hindi

Adi Kundalini	Primal Seed Energy
Adi Shakti	Primal Power
amrit	ambrosia
anand	Joy
andhere	darkness
atma	soul
aum	primordial sound, origin of creation
avatar	incarnation
bhakti	devotion
Bhavani	Queen of Bhava (Shiva)
bhavasagar	ocean of illusion
binati	request
bolo	say
chaitanya	vibrations
chakra	`wheel' energy centre in the body
charano	lotus feet
chitta	attention
darshan	God reveals Her divine form
dharma	religion, righteous path
dhyan	meditation
dil	heart
dua	blessings
duniya	world
Durga	Mother Goddess - literally `difficult to approach'
gaya (karo)	sing
gita, geet	song
hriday	heart
iccha	desire
ishq	love (Urdu)
isiliye	because of this
jag	world
Jagadamba	Mother of the world
jago	awaken
jagruti	awakening
jai	victory

kali yuga	age of darkness/ignorance
kamal	lotus
kripa	grace
Ma, Mataji, Mata	Mother
Mahadevi	Greatest of Goddesses
Mahakali	The seed energy of God's desire. She represents Divine Energy within the ida nadi (left channel).
Mahalakshmi	Lakshmi is the Goddess of wealth and prosperity. In her "Maha" form She represents the Divine Energy within the sushumna nadi (central channel).
Mahasaraswati	Saraswati is the Goddess of knowledge, learning and creativity. Her 'Maha' form represents Divine Energy within the pingala nadi (right channel).
mala	garland
man	heart/mind
mohabbat	love (Urdu)
moksha	salvation
Moksha Pradayini	Bestower of salvation
namaskar	bow in respect / surrender
namoh namah namostute	to bend and bow i.e 'I bow to Thee'
Nirguna	Beyond the three gunas/channels
Nirmala	Without blemish, Pure
Nirvikalpa	Beyond mental activity
Nishpapa	Without ignorance or false ideas
Omkara Swarupa	Embodiment of the energy of the sacred word
Parameshwari	The ultimate ruler
phul, gul	flower
prakash	light
Prana Rupini	Of the form of the Divine Breath of Life
prem	love
puja	worship
punya	righteous act, virtue
purana	'old' but also ancient sacred books

pyar	love
rang	colour
ras	essence
roshani	light
rupa	form
Sahaja sang(ha)	collectivity
Sahaja Yoga Dayini	Giver of spontaneous self-realisation
Sahasrara Swamini	Queen of heaven
samjhi	understand
sangita	music
sat, sach	truth
satya yuga	age of truth/enlightenment
shanti	peace
sharan	surrender
Shri Mata	Sacred Mother
shubh	auspiciousness
shuddha	pure
sukh	happiness
swagat	welcome
swar	note(s)
thand	cool
Trigunatmika	When She becomes the creation She assumes the form of the threes gunas
tu, tum	you
vardan	boon
vidya	knowledge
Vishwa Rupa	in the form of the universe
Vishwavandita	worshipped throughout the universe

*Sitting in the heart of the universe,*



*we know your love is flowing through us...*





*think gradually we are all  
going to the ocean, but we  
want to keep our identity. But I think  
my identity is music, and we all should  
pour our music into the ocean of love  
of Shri Mataji.*

**H.P. Salve (Babamama).**



