

1923-2023

100 years  
of unconditional love  
to humanity

# Sahaj Calendar 2023



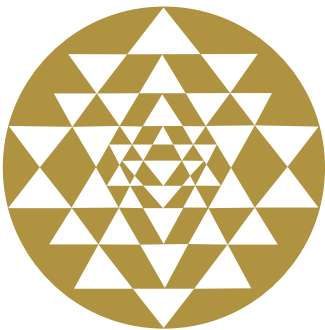
*“... So far we had kept Sahaja Yoga at a low ebb because I wanted you,  
first of all, to develop into really very beautiful sahaja yogis,  
so that from your life, from your lifestyle, from your behaviour,  
from your understanding, from your thoughts,  
people will realise that these people are very unique  
and very different type of people ...  
... You have to understand that all these powers are bubbling in you  
and just out of formality or maybe out of shyness  
or maybe little cowardice, you are hiding them ...  
... This is the new era we are starting from today.  
And this is the day I was waiting for all of you to realise  
that you are not sahaja yogis for only your selfish ends, nor for your families,  
nor for your communities, nor for your country, but for the whole world.”*

**Shri Mataji Nirmala Devi**  
Sahasrara Puja 1990, Fiuggi Italy





January  
2023



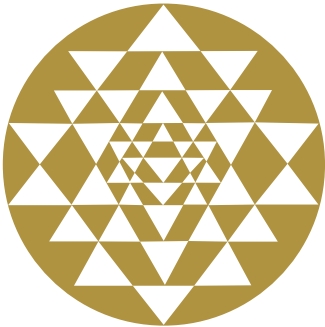
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	31	1
2	3	4	5	6	7 	8
9	10	11	12	13	14 <i>Sankranti day</i>	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5





February  
2023



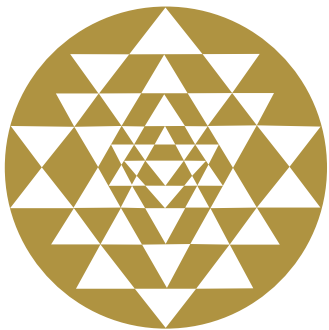
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	1	2	3	4	5
6	7	8	9	10	11	12





March  
2023



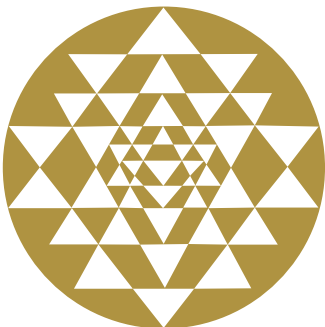
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	1	2	3	4	5
6	7 	8	9	10	11	12
13	14	15	16	17	18	19
20	21 <i>Sbri Mataji Birthday</i>	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9





April  
2023



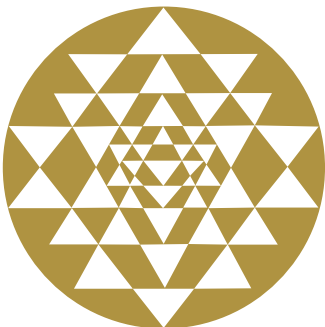
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
3	4	5	6	7	8	9 <i>Easter Puja</i>
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7





May  
2023



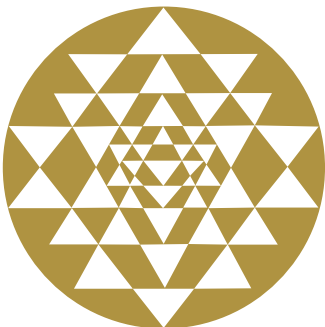
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5 	6	7 <i>Sabastrara Puja</i>
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11





June  
2023



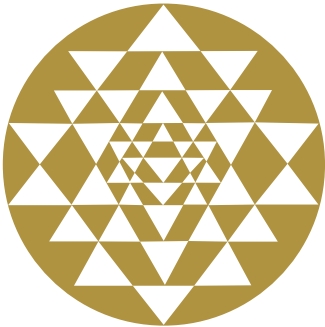
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	1	2	3	4  <i>Shri Adi Shakti Puja</i>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2 <i>Shri Adi Guru Puja</i>
3	4	5	6	7	8	9





July  
2023



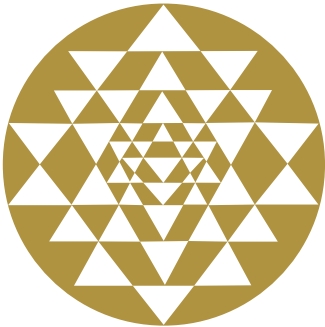
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	1	2 <i>Sbri Adi Guru Puja</i>
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6





August  
2023



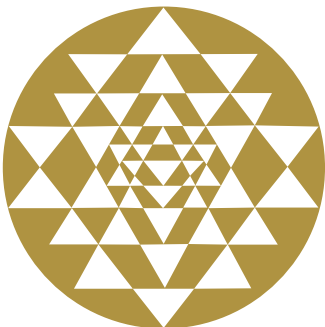
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1 	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 	1	2	3
4	5	6	7	8	9	10





September  
2023



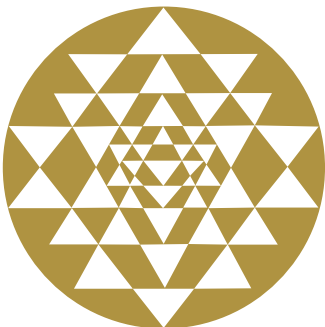
1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	31	1	2	3 <i>Sbri Krishna Puja</i>
4	5	6	7	8	9	10
11	12	13	14	15	16	17 <i>Shri Ganesha Puja &amp; Wedding Ceremony</i>
18	19	20	21	22	23	24
25	26	27	28	29	30	1
2	3	4	5	6	7	8





October  
2023



1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5





November  
2023



1923-2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	1	2	3	4	5
6	7	8	9	10	11	12 <i>Diwali</i>
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10



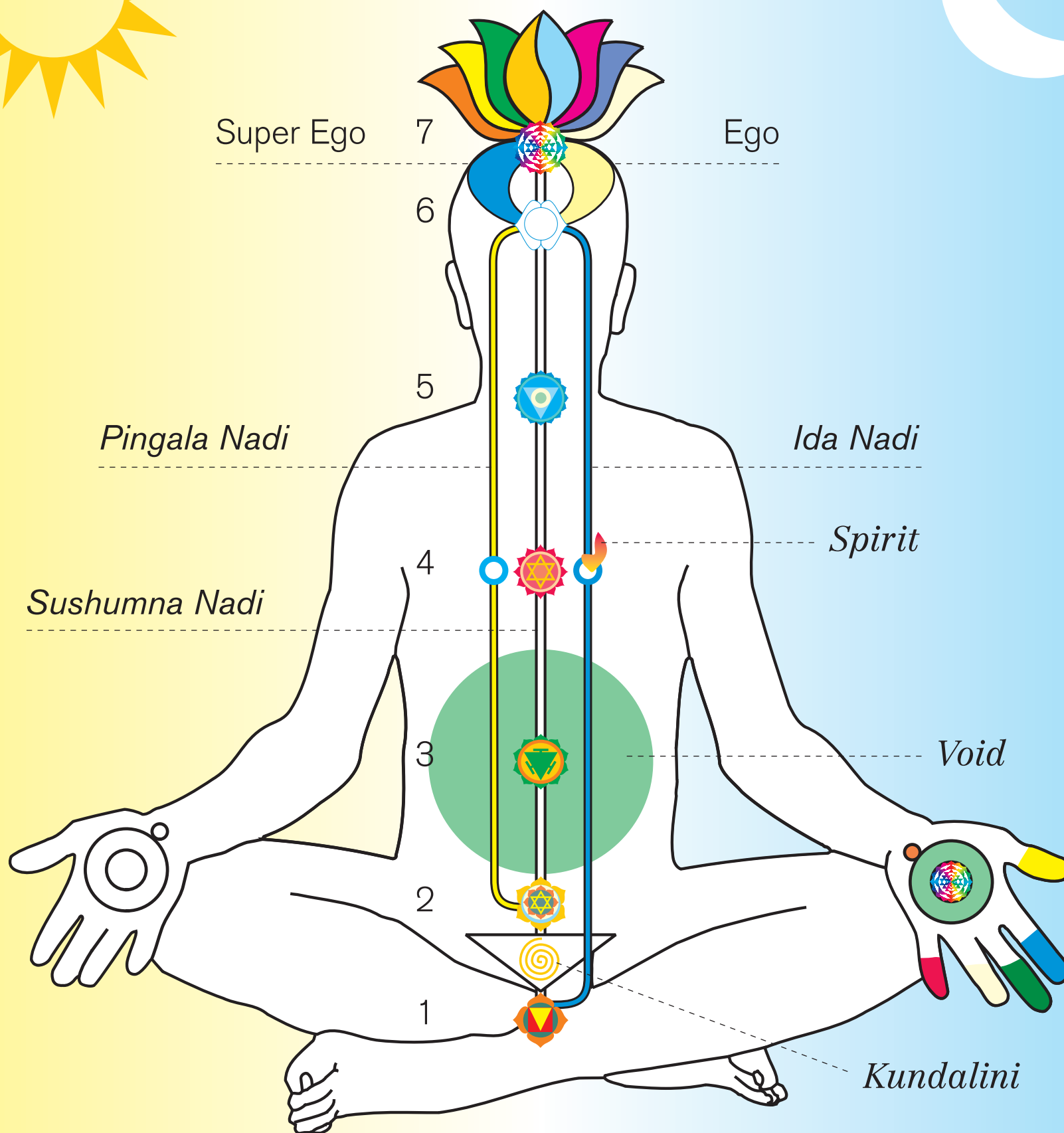









December  
2023



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7





- |   |   |   |  |   |   |   |
|---|---|---|--|---|---|---|
| 1   | 2   | 3   | 4  | 5   | 6   | 7   |
| <b>Mooladhara</b>   | <b>Swadisthan</b>   | <b>Nabhi</b>  | <b>Anahat</b>  | <b>Vishuddhi</b>  | <b>Agnya</b>  | <b>Sahasrara</b>  |
|  |  |  |  |  |  |  |
| <i>Innocence</i>  | <i>Creativity</i>   | <i>Evolution</i>  | <i>Security</i>  | <i>Collettivity</i>   | <i>Forgiveness</i>  | <i>Integration</i>  |

# Sahaj Calendar 2023

Nirmal Arts  
Academy  
[nirmalarts.org](http://nirmalarts.org)

Culture of  
the Spirit Festival  
[theatreofeternalvalues.com](http://theatreofeternalvalues.com)

Shri Mataji  
Foundation  
[shrimatajifoundation.org](http://shrimatajifoundation.org)

Daglio Camp  
[dagliocamp.com](http://dagliocamp.com)

Sahaja Seminars  
for beginners  
[sahajayoga.org](http://sahajayoga.org)

Parco Mongiardino  
Activities  
[parcomongiardino.it](http://parcomongiardino.it)